

JANET COVINGTON, LMFT, LMHC, NCC

GOV. MSG. NO. 730

Summary: I am an organized, detail-oriented, and reliable clinical and administrative leader with strong analytical skills, professional acumen, and impeccable ethics and integrity. Adept at working with people of varying race, ethnicities, cultures, genders, and social/economic backgrounds, I am an innovative team player, self-starter, and strategic thinker. I possess 15-years of clinical experience providing evidence-based treatment to individuals, couples, and families and over 25-years of supervisory, administrative, and managerial expertise working within non-profit and for-profit organizations.

Leadership Experience:

- Plan and implement a comprehensive, integrated, service delivery system. Develop annual clinic plan, maintain statistical data to ensure accountability for program growth, effectiveness, and acceptance.
- Interface with the Cohen Veterans Network (CVN) and Child & Family Service (CFS) Central Offices staff, serving as the primary conduit for integrating the CVN/CFS missions, policies, and communications.
- Work with partner organization on ensuring CARF accreditation requirements are met.
- Knowledge of third-party billing and credentialing processes.
- Highly organized and detail-oriented, consistently meets deadlines working in high-pressure environments performing multiple tasks. Excellent oral and written communication skills.
- Effective at building community coalitions. Stimulate partnerships with public and private businesses and organizations, and federal, state and county government.
- Developed standard operating procedures for behavioral health program.
- Served as company spokesperson, fielding media inquiries, handling radio, television and print interviews and performing public speaking engagements.
- Skilled at conflict resolution and fostering a strong team within a supportive, flexible environment.
- Non-profit executive responsible for all aspects of the state's largest cultural festival, including fiscal management, fundraising, operations, event management, volunteer recruitment/retention, marketing, and public relations.
- Managed development department of state's largest animal welfare organization, including annual giving, major donor, planned giving, and trust programs. Cultivated donors, wrote grants, maintained donor database. Proficient at Raiser's Edge.
- Developed creative strategies, planned promotions, produced and placed advertising, wrote and distributed press releases and maintained media relationships.
- Offered consultation services for military commanders, teachers and support staff.
- Experienced speaker; created multi-media presentations on a variety of behavioral health topics to encourage preventative care and reduce stigma. Implemented risk reduction practices.
- Developed/maintained effective outreach programs, working with and providing services to military service members and their families in geographically-isolated areas, including neighbor islands.
- Supervised, trained, evaluated, developed, and managed the performance of staff members and volunteers.
- Proficient at using Microsoft Outlook, Word, Excel, and PowerPoint.

Clinical Experience:

- Serve as clinic leader for an interdisciplinary team focused on providing time-limited, evidence-based practices in a non-profit, outpatient clinic. In-person and telehealth services offered.
- Counsel adults, adolescents, children, couples, families, and groups on matters pertaining to military lifestyle issues (deployment, reintegration, training, benefits, relocation, discharge, etc.), family dynamics, parent-child interaction, couples communication, stress reduction, addictions, and more.
- Support Veterans, Active Duty, National Guard and Reserves service members and their families from all branches of service, regardless of time served and discharge status.
- Experience treating and diagnosing PTSD and co-morbid diagnoses using evidence-based treatments.

Clinical Experience (cont.):

- Responsible for individual and group supervision to clinical staff, ensuring the clinical program meets the highest standards of evidence-based practice and quality care. Clinician duties include risk management, assessment, administering measures, diagnosing, formulating/managing treatment goals, and charting.
- Evaluate clinician utilization rates and clinic data, work with CST on identifying strengths and areas needing improvements.
- Engaged in wellness promotion activities focusing on mental health education, early intervention, crisis response and post-incident recovery efforts. Participated with Traumatic Event Management team.
- Delivered school-based counseling services for students and their families at the primary and secondary school levels.
- Provided in-home intervention to youth and their family members with the goal to stabilize and preserve the family's capacity to improve the youth's functioning and to prevent the need for outside placement.

Work History:

- Independent Contractor, Janet Covington, Wahiawa, Hawaii 1984-Present
- Clinic Director, Steven A. Cohen Military Family Clinic at Child & Family Service, Mililani, Hawaii 2021-Present
- Lead Clinician, Steven A. Cohen Military Family Clinic at Child & Family Service, Mililani, Hawaii 2020-2021
- Psychological Health Coordinator, Tridant Solutions/Dunhill/Armed Forces Services Corp 2014-2020
- Military Family Life Counselor, MHN Government Services/National Sourcing 2010-2014
- Behavioral Health Specialist, DOE, Wahiawa, Hawaii 2007-2010
- Intensive In-Home Therapist, Hale Kipa, Honolulu, Hawaii 2006-2007
- Therapist Intern, Marriage & Family Therapy Center, Schofield, Hawaii 2005-2006
- Development Director, Hawaiian Humane Society, Honolulu, Hawaii 2004-2005
- Executive Director, Aloha Festivals, Honolulu, Hawaii 1994-2004

Education:

- Chaminade University, Master of Science, Counseling Psychology, Graduated
- University of Hawaii at Manoa, Bachelor of Arts, Journalism, Graduated
- Duquesne University, Journalism major

Training/Certifications:

- Cognitive Processing Therapy (CPT)
- Prolonged Exposure Therapy (PE)
- Accelerated Resolution Therapy (ART)
- Cognitive Behavioral Therapy (CBT)
- Play Therapy
- Rational Emotive Behavioral Therapy (REBT)
- Motivational Interviewing (MI)
- Trainer, Applied Suicide Intervention Skills Training (ASIST)/Youth Mental Health First Aid (YMHFA)

Licensure/Professional Affiliations:

- Licensed Marriage & Family Therapist, Hawaii, #MFT-576
- Licensed Mental Health Counselor, Hawaii, #MHC-215
- Certified, National Board for Certified Counselors, #216064
- Secret Security Clearance/National Agency Check with Inquiries (NACI)
- Member, American Association for Marriage & Family Therapy
- Member, Hawaiian Islands Association for Marriage & Family Therapy
- Member, Hawaii Psychological Association

References:

Furnished upon request.