

JAN 28 2026

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**A BILL FOR AN ACT**

RELATING TO PHYSICIAN CONTINUING MEDICAL EDUCATION.

**BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:**

1           SECTION 1. The legislature finds that proper nutrition has  
2 been shown to reduce the frequency and severity of chronic  
3 diseases in the United States.

4           The legislature also finds that nutrition and metabolic  
5 health education provides essential knowledge that demonstrates  
6 the connection between dietary habits and physical and mental  
7 well-being.

8           The legislature further finds that the continuing medical  
9 education curriculum for physicians should include training in  
10 nutrition and metabolic health. Continuing medical education  
11 serves to improve, develop, and expand physician knowledge,  
12 skill, and performance to support high-quality medical care.  
13 Requiring physicians to receive education in nutrition and  
14 metabolic health will equip them with a stronger understanding  
15 of dietary principles and metabolic function, enabling them to  
16 offer informed recommendations that help prevent and manage  
17 chronic diseases.

S.B. NO. 3124

1 SECTION 2. Section 453-6, Hawaii Revised Statutes, is  
2 amended by amending subsection (c) to read as follows:

3 "(c) A physician, osteopathic physician, or surgeon shall  
4 meet the category 1 or 1A continuing medical education  
5 requirements by obtaining credit hours in a category 1 or 1A  
6 continuing medical education program accredited by the American  
7 Medical Association or the American Osteopathic Association or  
8 in other approved category 1 or 1A continuing medical education  
9 as provided in the board's rules[-]; provided that one hour of  
10 continuing medical education shall be on nutrition and metabolic  
11 health. To determine compliance, the board may conduct a random  
12 audit. A physician, osteopathic physician, or surgeon selected  
13 for audit shall be notified by the board. Within sixty days of  
14 notification, the physician, osteopathic physician, or surgeon  
15 shall provide to the board documentation to verify compliance  
16 with the category 1 or 1A continuing medical education  
17 requirements."

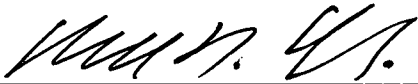
18 SECTION 3. No later than December 31, 2026, the Hawaii  
19 medical board shall adopt rules to implement section 2 of this  
20 Act.

21 SECTION 4. Statutory material to be repealed is bracketed  
22 and stricken. New statutory material is underscored.

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1           SECTION 5. This Act shall take effect upon its approval;  
2 provided that section 2 of this Act shall take effect on January  
3 1, 2027.

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INTRODUCED BY: 

BY REQUEST

# S.B. NO. 3124

**Report Title:**

Hawaii Medical Board; Physician; Nutrition; Continuing Medical Education Requirement

**Description:**

Requires nutrition and metabolic education as part of the physician continuing medical education requirements.

*The summary description of legislation appearing on this page is for informational purposes only and is not legislation or evidence of legislative intent.*

## JUSTIFICATION SHEET

DEPARTMENT: Office of the Governor

TITLE: A BILL FOR AN ACT RELATING TO PHYSICIAN CONTINUING MEDICAL EDUCATION.

PURPOSE: To require nutrition and metabolic health education as part of the physician continuing medical education requirements.

MEANS: Amend section 453-6(c), Hawaii Revised Statutes (HRS).

JUSTIFICATION: Current physician continuing medical education requirements lack sufficient nutrition and metabolic health training. Nutrition education provides essential knowledge about the relationship between dietary habits and overall well-being. A foundational understanding of proper nutrition can serve as a preventive health measure, reducing the incidence and severity of chronic disease. Strengthening preventative health care efforts will also result in cost savings for patients and health care systems, particularly in rural communities where access to medical services may be limited.

This bill is needed to require physicians to complete one hour of nutrition and metabolic health education as part of their continuing medical education obligation.

Impact on the public: The bill serves the public interest by enhancing physician knowledge in nutrition and metabolic health, enabling providers to offer higher quality recommendations and counseling that support the prevention, treatment, and management of chronic diseases. Improved physician competency in these areas will promote better health outcomes and overall community well-being.

# SB. NO. 3124

Impact on the department and other agencies:

The bill will impact the Hawaii Medical Board and the Professional and Vocational Licensing Division within the Department of Commerce and Consumer Affairs by amending the continuing medical education associated with physician license renewal, including the adoption of rules.

GENERAL FUND: None.

OTHER FUNDS: None.

PPBS PROGRAM  
DESIGNATION:

OTHER AFFECTED  
AGENCIES: Department of Commerce and Consumer Affairs  
- Hawaii Medical Board, Department of  
Health, Hawaii Health Systems Corporation,  
and Department of the Attorney General.

EFFECTIVE DATE: Upon approval with a delayed effective date  
of January 1, 2027, for section 2 of the  
bill.