
EXPERIENCE

<u>Project Return Peer Support Network, Commerce, CA</u>	2007 -Oct. 2014
Recovery Facilitator. (Volunteer stipend position). Facilitated 2 - 3 groups on a weekly basis with the focus being recovery oriented. Assisted with coping skills, communication skills, problem solving, conflict management, and community resources.	
<u>San Fernando Community Mental Health Center, Inc., Van Nuys, CA</u>	2005
Stipend Volunteer. Switchboard operator.	
<u>San Fernando Community Mental Health Center, Inc., Van Nuys, CA</u>	2001
Warm Line peer staff supervisor. Scheduling hours, train, oversee smooth operation, assist with enhancement of communication skills while supporting callers with coping skills/conflict management/problem solving skills.	

CERTIFICATES

<u>Hawaii State Certified Peer Specialist (Grandfathered in)</u>	Oct. 2023
<u>Beacon Hill Career Training</u>	Fall 2023
<u>Crisis Prevention & Intervention</u>	
<u>First Aid Training</u>	
<u>Project Return Peer Support Network, Commerce, CA</u>	Spring 2012
Train The Trainer. A 30 hour training on effective public speaking and presentation essentials & skills.	
<u>Los Angeles County Department of Mental Health, Los Angeles, CA</u>	
Client Leadership 101	2011
Client Leadership 202	2012
<u>San Fernando Valley Community Mental Health Center, Inc., Van Nuys, CA</u>	2000 - 2001
Certified Peer Counselor/Life Coach. Introduction to mental illness, symptoms, and general treatment processes, intake processing, and consumer assessment. Also covered the importance of confidentiality, as well as HIPAA.	

EDUCATION

<u>National Institute of Technology, Toledo, OH</u>	1981-1982
Certificate in Specialized Servicing Electronics Technician. Basic through advanced electronics leading to troubleshooting to the component level skills.	
<u>Pasadena City College, Pasadena CA</u>	1973 - 1975
Telecommunications, television broadcasting, technical theater, and printing.	
<u>Pasadena High School, Pasadena CA</u>	1970 - 1974
General and advanced placement studies, Electives focused on audiovisual, technical theater and at the Pasadena Unified School District television studios.	

VOLUNTEER WORK

<u>Service Area Advisory Committee 8 (SAAC 8), Long Beach, CA</u>	2013 – April 2015
Voting volunteer member of the AI/AN consumer population. Tasks: reading materials needed to vote. Disseminate meeting information at the clinic. Encourage other consumers to become active in local/personal advocacy.	
<u>Long Beach Mental Health Center, Long Beach, CA</u>	2011 - 2014
Photocopying, sending faxes, co-facilitated groups in the wellness center. Referrals to community programs, support groups, shelters, & food banks. Attended required trainings: HIPAA, Sexual Harassment, Field Safety.	
<u>Wellness Outreach Worker (WOW), Long Beach, CA</u>	02/2011-04/2013
Assigned to Long Beach MHC. Co-facilitate in clinician-lead groups by demonstrating interactive skills empowering attendees to be more active in their recovery. Provided 1:1 meetings for those needing additional support. Requested by the Field Capable Clinical Services team as a life coach. Supervision of the computer laboratory and assisted with intake.	