

Valerie Rose, MPH, RDN.

Work Experience

State of Hawaii Rural Health Coordinator - Program Specialist V January 2025 - Present
40 hours/week

Coordinates Rural Health initiatives, analyzes community needs and implements targeted programs according to the Hawaii State Department of Health Office Primary Care and Rural Health.

- Ensures timely grant compliance, enhancing rural health outcomes through strategic oversight
- Foster collaboration and partners for effective deliverables
- Provides technical support, empowering stakeholders to grant writing and capacity building
- Analyzes program operations, recommending improvements for enhanced efficacy and impact.

Bilingual Health Aide Coordinator - Public Health Educator IV March 2020 – January 2025
40 hours/week

Assisted the Chronic Disease Prevention and Health Promotion Division (CDPHPD) efforts to ensure health care access, resources, and education for the most underserved communities. This was partly accomplished through overseeing the Bilingual Health Aide Services (BHAS) and Easy Access Project (EAP) who assist our Non-English Language Preference communities in accessing various resources

- Improved efficiency of the BHAS and EAP programs by increasing the utilization of technology such as Pear Suite, MS Teams, and Canva
- Improved partnerships with organizations and coalitions such as Hep Free Hawaii, Kalihi Connection Coalition, and Hawaii Coalition for Immigrant Rights to assist BHAS and EAPs in helping their communities
- Assist Division goals by conducting community education through evidence based trainings

WIC Supervisor/ Registered Dietitian January 2014 - March 2020
40 hours/week

Supervised the planning, development, implementation, and evaluation of the WIC program including coordinating WIC activities with other agency programs and effectively oversees WIC operations to assure that all activities are carried out effectively, efficiently, and in a timely manner with State WIC guidelines.

- Provide nutritional assessments of client's social wellbeing, medical data relative to nutritional status, and identify high risk individuals
- Plan and develop health education program for the community with members of a multi-disciplinary team
- Keep statistics regarding outcome data surveys and evaluations
- Conduct monthly staff meetings and trainings

WIC Public Health Nutritionist March 2012 - January 2014

40 hours/week

Counsel low income families about food safety, healthy eating, development, and health care.

- Develop individualized nutrition education plans
- Assess nutrition intake for High Risk participants
- Make referrals for health care needs

Education

Masters in Public Health, Nutrition

Liberty University, Online

Washington State University Coordinated Program Dietetics

Washington State University, Puyallup, WA.

Bachelor of Science, Food Science and Human Nutrition – Dietetic

Washington State University, Pullman, WA

- Honors College Graduate
- Cum Laude

Trainings

- Master Trainer for Brief Tobacco Intervention Training
- Master Trainer for the Healthy Heart Ambassador Training
- Diabetes Self Management Program