

Sherrie M. Takushi-Isara, Psy.D., ABPP



Education and Certification

**Board Certification in Clinical Psychology**, American Board of Professional Certification (ABPP), November 2020.

**Doctor of Psychology degree in Clinical Psychology**, American Schools of Professional Psychology (ASPP)/Hawai'i Campus, Honolulu, HI, October 1999.

**Master of Arts degree in Clinical Psychology**, American Schools of Professional Psychology (ASPP)/Hawai'i Campus, Honolulu, HI, June 1995.

**Bachelor of Arts degree in Psychology**, University of Redlands, Redlands, CA, May 1992.

Clinical Training and Work Experience

**Clinical Psychologist**, Private Practice, Aiea, HI March 2001-Present.

- Provides individual and family therapy
- Provides clinical consultation and supervision

**Clinical Psychologist**, Sex Abuse Treatment Center, Honolulu, HI March 2022-Present

- Provides clinical supervision
- Provides temporary assistance with clinical auditing to meet grant requirements
- Provides consultation and assistance regarding programming issues

**Clinical Program Manager**, Sex Abuse Treatment Center, Honolulu, HI July 2018-March 2022.

- Plans, administers, oversees, monitors, and evaluates assigned services/programs
- Assists with management and administration of the department
- Reviews and updates job descriptions and criteria-based performance appraisals
- Assists with program planning, development, and evaluation
- Develops, implements, evaluates standards of care consistent with the Performance Improvement Programs
- Promotes the delivery of quality services in area of operations
- Acts as a resource to medical, professional, and administrative staff
- Provides individual and family therapy to victims of sexual assault
- Provides legal advocacy to victims of sexual assault
- Meets with members of the community as required to promote good community relations and develop resources
- Collaborates with and provides consultation to other agencies and professional groups in identifying and meeting health and social needs of communities and stimulates development

- of additional needed resources
- Works with community groups and state agencies to resolve problems and develop resources on behalf of patients
- Maintains departmental reports and records
- Collects statistical data for administrative and regulatory purposes
- Selects staff
- Trains/orients subordinate personnel
- Prepares work schedules and allocates assignments
- Provides supervision to clinical therapists
- Monitors and evaluates work performance
- Recommends/initiates personnel actions
- Performs human resource management responsibility
- Ensures staff is current on annual requirements
- Develops and recommends department operating budget and ensures that department operates within budget
- Ensures compliance with applicable federal, state, and agency regulations.
- Practices effective communication and interpersonal skills to enhance positive teamwork
- Promotes excellence in customer/patient relations
- Participates in departmental and organization quality improvement efforts
- Attends staff meetings/in-service trainings
- Enhances professional growth and development through participation in educational programs, current literature, in-service meetings, and workshops
- Assumes administrative responsibilities for the department in the absence of the director
- Provides assessment for potentially imminent situations that require involuntary hospitalization and/or activation of emergency response

**Lead Psychologist, Sex Abuse Treatment Center, Honolulu, HI September 2010-July 2018.**

- Provides individual and family therapy to victims of sexual assault
- Provides legal advocacy to victims of sexual assault
- Participates in monthly case conferencing
- Supervises Master's level therapists
- Assists with training activities in the community

**Clinical Psychologist, Sex Abuse Treatment Center, Honolulu, HI May 2001-February 2009**

- Provided individual and family therapy to victims of sexual assault
- Provided legal advocacy to victims of sexual assault
- Participated in monthly case conferencing

**Clinical Psychologist, Senior Connections, Honolulu, HI November 2001-February 2003**

- Supervised work provided by therapist
- Provided psychological assessments
- Attended multidisciplinary care review meetings

Takushi, Sherrie M.

Page 3

- Provided individual therapy services to residents in a nursing facility

**Clinical Therapist, Private Practice, Honolulu, HI** September 2000-March 2001.

- Conducted clinical evaluations under the supervision of a licensed psychologist to assist in determining eligibility for mental health services through the Department of Health in the State of Hawaii.
- Provided individual and family therapy
- Participated in planning of individualized educational program for clients

**Post Doctoral Fellow, Child and Family Service, Ewa Beach, HI** September 1999-September 2000.

- Conducted clinical evaluations under the supervision of a licensed psychologist to assist in determining eligibility for mental health services through the Department of Health in the State of Hawaii
- Provided individual, family, and group therapy
- Provided school consultation
- Participated in case conferences
- Participated in planning of individualized educational program for clients
- Participated in training activities
- Coordinated training activities for providers

**Per Diem Educator, Sex Abuse Treatment Center, Honolulu, HI** September 1998-January 2000.

- Provided education at health and wellness fairs in the community
- Participated in speaking engagements to provide information about Sex Abuse Treatment Center services

**Psychology Intern, Child and Family Service, Ewa Beach, HI** September 1998-September 1999.

- Conducted clinical evaluations under the supervision of a licensed psychologist to assist in determining eligibility for mental health services through the Department of Health in the State of Hawaii
- Provided individual and family therapy
- Provided school consultation
- Participated in case conferences
- Participated in planning of individualized educational program for clients
- Participated in training

**Mental Health Specialist III, Child and Family Service, Ewa Beach, HI** December 1997-June 1998.

- Conducted clinical evaluations under the supervision of a licensed psychologist to assist in determining eligibility for mental health services through the Department of Health in the State of Hawaii

Takushi, Sherrie M.

Page 4

**Crisis Worker**, Sex Abuse Treatment Center, Honolulu, HI, December 1995-August 1998.

- Provided supportive paraprofessional-level counseling to victims of sexual assault and their family members
- Provided legal advocacy
- Provided referral information
- Conducted preliminary evaluation and emergency management of people in crisis
- Assisted professionals in collection of evidence and medical-legal examinations
- Assisted in training of new crisis workers

**Practicum Student**, Central Oahu Family Guidance Center Branch, Pearl City, HI, September 1996-June 1997. (573.5 hours)

- Provided psychological testing and diagnostic assessment for children and adolescents in the Central Oahu School District
- Provided time-limited individual and group therapy
- Conducted intake assessments
- Participated in treatment planning
- Provided consultation to teachers of various clients
- Provided case management services

**Practicum Student**, Hawaii State Hospital, Kaneohe, HI, September 1994-May 1995. (562.5 hours)

- Provided time-limited individual and group therapy
- Conducted annual psychological assessments
- Participated in a weekly psychology colloquium
- Participated in a multidisciplinary treatment planning team
- Participated in neuropsychological case conferences
- Assisted in development of rating scale to assess patient motivation
- Provided co-supervision of undergraduate student

**Part-time Teacher**, Palisades Elementary School, Pearl City, HI, October 1993-June 1994.

- Assisted third-grade level teachers with children who possessed difficulties in language, mathematics, and reading
- Corrected assignments, projects, and examinations
- Acted as proctor in the administration of the Stanford Achievement Test

**Residential Teen Counselor**, Child and Family Service, Pearl City, HI, October 1992-July 1993.

- Supervised adolescent girls in a therapeutic group home setting
- Participated in implementation of behavior management system
- Provided supportive paraprofessional-level counseling
- Participated in weekly group therapy sessions

Takushi, Sherrie M.

Page 5

**Summer Counselor**, Hale Kipa, Honolulu, HI, June 1991-August 1991.

- Supervised adolescent boys and girls in an emergency shelter setting
- Coordinated daily activities
- Provided supportive paraprofessional-level counseling

**Medical Assistant**, Guy Yatsushiro, M.D., Honolulu, HI, February 1985-August 1990.

- Assisted doctor and nurse in patient preparation for medical examination (i.e., blood pressure, temperature, pulse)
- Conducted various laboratory tests under the direct supervision of the physician
- Recorded patient case histories
- Conducted audio and visual screening
- Assisted in instrumentation of electrocardiograph
- Provided patient education
- Assisted in office maintenance (i.e., answered telephones, processed medical insurance claims, monitored accounts receivable/payable, staff training)

### Research Experience

**Dissertation Research**, Ethnocultural Identification: Americans of Japanese Ancestry in Hawaii and California. Clinical Psychology program, American Schools of Professional Psychology/Hawai'i Campus, Honolulu, HI, August 1999.

- Examined differences in ethnocultural identification of Americans of Japanese Ancestry living in Hawaii and California using the Japanese Multi-Index Ethnocultural Identification Scale

**Master's Thesis Research**, Patterns of Diet and Nutrition as Underlying Factors of Similar Psychopharmacological Responses Found in Asian Populations. Clinical Psychology program, American Schools of Professional Psychology/Hawai'i Campus, Honolulu, HI, June 1995.

- Critical literature review of psychopharmacological responses found in Asian populations and possible effects of diet and nutrition as underlying factors

### Presentations

Accessing Meaning. Oral presentation at the Sex Assault Centers Statewide Training for the Clinicians. Virtual presentation, May 12, 2021.

Complex Case Study Presentation. Oral presentation at the Sex Assault Centers Statewide Training for the Clinicians. Honolulu, HI, April 3, 2019.

Challenges of Adult Sexual Assault Populations. Co-presentation with Christy Werner, LCSW for the Office of the Prosecuting Attorney and the Honolulu Police Department.

Takushi, Sherrie M.  
Page 6

Honolulu, HI, April 16, 2015.

Treatment Considerations in Treating Childhood Sexual Abuse. Oral presentation for therapists at the US Army Health Clinic, Schofield Barracks, Child & Family Behavior Health Services. Honolulu, HI, September 10, 2014.

Crisis Intervention for Youth Who Have Been Sexually Assaulted. Oral presentation to the School Based-Behavior Health providers, Department of Education, Central Division. Pearl City, HI, August 29, 2012.

Overview of Sexual Assault. Co-presentation with Dr. Evie Yanagida to the Department of Health, Maternal and Child Health Branch. Honolulu, HI, October 6, 2011.

Trauma Treatment and Services. Oral presentation to the School Based-Behavior Health providers, Department of Education, Central Division. Pearl City, HI, September 28, 2011.

### **Volunteer Experience**

#### **Vice President, Hawaii Psychological Association Foundation**

- Assists with the establishment of a non-profit corporation to support psychological research, education, and awareness
- Duties include administrative responsibilities, program development, and participation in quarterly board meetings

#### **Oral Examiner, American Board of Clinical Psychology**

- Critical review and scoring of written material submitted by applicant for board certification in clinical psychology.
- Participates as examiner in 3-panel oral examination of applicant

#### **Executive Director & Founder, Making Ends Meet, 501(c)3 non-profit founded in 2008.**

- Established non-profit organization to provided emergency financial assistance to individuals who experience temporary financial setbacks due to a personal hardship or traumatic experience
- Duties include fundraising, coordination of applications, facilitation of biannual board meetings, administrative responsibilities, and program development

#### **Scholarship Committee Participant, 100<sup>th</sup> Infantry Battalion Legacy Organization, Legacy Scholarship Award in 2009, 2010, 2011, 2017.**

- Meets with committee members to review annual scholarship applications and selects

scholarship recipient(s)

**Big Sister**, Big Brothers/Big Sisters of America, September 1991-May 1992.

- Invested approximately three or more hours a week with an eleven-year-old girl
- Engaged in creative play

#### **Conferences, Workshops, and Webinars Attended**

Sadeh-Sharvit, S. (2025). Integrating AI into clinical practice: Ethical, practical, and human considerations. Webinar hosted by the Hawaii Psychological Association on March 3, 2025.

Sullivan, A. (2025). Treating bipolar disorders: An introduction for clinicians. Workshop hosted by the Hawaii Psychological Association on January 17, 2025.

Hollister, C. (2025). Bridging divides: The power of storytelling in conflict negotiation, advocacy, personal change, and healing. Webinar hosted by the Hawaii Psychological Association on January 6, 2025.

Ignacio, L. & Taylor, G. (2024). Self-meaning based therapy: An integrative model of psychotherapy. Webinar hosted by the Hawaii Psychological Association on December 2, 2024.

Campbell, S. (2024). Essentials of trauma-informed care. Webinar hosted by the Hawaii Psychological Association on October 7, 2024.

Wigtil, C. (2024). Overview of the WAIS-5. Webinar hosted by the Hawaii Psychological Association on September 9, 2024.

Kaysen, D. (2024). CPT for diverse populations: Global to local. Webinar hosted by the Hawaii Psychological Association on August 5, 2024.

State of Hawaii Crime Victim Compensation Commission (2024). Advancing practices in mass violence incidents: Cultural awareness, psychological first aid, & skills for psychological recovery training. University of Hawaii-Kapiolani Community College, June 24-25, 2024.

Maloney, G. (2024). Finding the humor in psychotherapy: Considerations about the use of humor in session. Webinar hosted by the Hawaii Psychological Association on July 1, 2024.

Taube, D. (2024). Ethics and risk management of navigating new frontiers in psychological practice. Workshop hosted by the Hawaii Psychological Association on June 22, 2024.

McQuaid, J. (2024). The VA/DoD Clinical practice guidelines for depression: Overview of process and recommendations. Webinar hosted by the Hawaii Psychological Association on April 1, 2024.

Goodyear, B. (2024). Clinical case consultation: Mental capacity evaluations. Webinar hosted by the Hawaii Psychological Association on February 26, 2024.

Dutton, S. (2024). Why psychologists make very good prescribers. Webinar hosted by the Hawaii Psychological Association on February 5, 2024.

Sanchez-Johnsen, L. (2024) Multiracial identity, being hapa, and cultural humility. Webinar hosted by the Hawaii Psychological Association on January 19, 2024.

Sue, D.W. (2024). Difficult racial dialogues: Implications for civil discourse. Webinar hosted by the Hawaii Psychological Association on January 19, 2024.

Brown, V. (2023). Unveiling minds: A journey through the history of neurofeedback. Webinar hosted by the Hawaii Psychological Association on January 8, 2024.

Levrini, A. (2023). Helping clients succeed with adhd: Strategies for mental health professionals. Webinar hosted by the Hawaii Psychological Association on December 4, 2023.

Lopez, S. & Cromer, L. (2023). Trauma informed sleep solutions for children. Webinar hosted by the Hawaii Psychological Association on November 6, 2023.

Chun, K. (2023). Experiencing secondary trauma. Webinar hosted by the Hawaii Psychological Association on September 18, 2023.

Brymer, M. & Watson, P. (2023). Psychological first aid. Webinar hosted by the Hawaii Psychological Association on August 19, 2023.

Reis, H. (2023). Promoting relationship well-being: Positives matter too. Webinar hosted by the Hawaii Psychological Association on August 7, 2023.

Hawaii Psychological Association (2023). Hawaii Behavioral Health & Wellness Convention Live Virtual Event. October 19 & 20, 2023.

Siegel, A. (2023). Telepsych and PSYCHPACT. Webinar hosted by the Hawaii Psychological Association on May 1, 2023.

Diamond, G. (2023). Use of attachment-based family therapy for adolescents struggling with depression and suicidal thoughts. Webinar hosted by the Hawaii Psychological Association on April 28, 2023.

Kamakwiwo'ole, P. (2023). Gender identity: A man's perspective (masc-trans). Webinar hosted by the Hawaii Psychological Association on April 17, 2023.

Greenberg, T. (2023). Complex topics regarding complex trauma. Webinar hosted by the American Psychological Association on April 14, 2023.

State of Hawaii Crime Victim Compensation Commission. (2023). Behavioral health response to mass violence incidents training. Oahu Veterans Center, February 13-14, 2023.

Langman, P. (2023). The minds, lives and motivations of mass attackers. Webinar hosted by the Hawaii Psychological Association on January 27, 2023.

Seabury, A.A. (2023). Native Hawaiian mental health and mauli ola: Insights for therapy and community engagement. Webinar hosted by the Hawaii Psychological Association on January 6, 2023.

Sue, D.W. (2023). Microintervention strategies: Disarming microaggressions. Webinar hosted by the Hawaii Psychological Association on January 6, 2023.

Bonano, G. (2022). Trauma and the resilience paradox: The crucial role of regulatory flexibility. Two-Day Virtual Convention hosted by the Hawaii Psychological Association, NASW Hawaii Chapter, and the Hawaiian Islands Association for Marriage and Family Therapy on November 17 & 18, 2022.

Weininger, R. (2022). Heart medicine in clinical practice: How to heal longstanding recurrent painful patterns on and off the couch. Webinar hosted by the Hawaii Psychological Association on August 1, 2022.

Sharff, J.S. (2022). The challenge of teletherapy with young children. Webinar hosted by the Hawaii Psychological Association on July 18, 2022.

Straus, M. (2022). Wait, what? The impact of technofherence of empathic listening and why it matters. Webinar hosted by the Hawaii Psychological Association on July 11, 2022.

Suer-Zavala, S. (2022). Neuroticism: A new framework for emotional disorders and their treatment. Webinar hosted by the Hawaii Psychological Association on June 6, 2022.

Spira, J. (2022). Assessing extreme mental and emotional distress (EMED). Webinar hosted by the Hawaii Psychological Association on February 28, 2022.

Lehrer, P. (2022). The importance of psychophysiological components in stress management psychotherapy. Webinar hosted by the Hawaii Psychological Association on February 7, 2022.

Kinscherff, R. (2022). Potpourri of ethics: Living in a virtual world of rapid change and risk. Hosted by the Hawaii Island Psychological Association on January 29, 2022.

33<sup>rd</sup> Annual Crimes Against Children Conference. (2021). Virtual conference hosted by the Dallas Children's Advocacy Center from August 9-December 17, 2021.

Ashen, C. (2021). Trauma focused cognitive behavior therapy: Initial training. Virtual training on November 3-4, 2021.

Smith, D. (2021). A course for trauma-focused cognitive behavioral therapy. Virtual training hosted by TF-CBT Web on October 31, 2021.

Avalle, D. (2021). De-escalation techniques for potentially violent individuals. Virtual training hosted by Institute on Violence, Abuse, and Trauma on September 23, 2021.

Briere, J. (2021). Treating risky and compulsive behavior in trauma survivors. Webinar hosted by Hawaii Psychological Association, August 2, 2021.

Attachment Trauma Center (2021). Dysregulation dilemma: rolling with resistance. Webinar hosted by the Attachment Trauma Center, July 30, 2021.

Anderson, L. (2021). Charting the course: what we know about how sexual orientation and gender identity develops and how to speak to young people about them. Webinar hosted by Hawaii Psychological Association, June 1, 2021.

32<sup>nd</sup> Annual Boston International Trauma Conference. (2021). Virtual Conference, May 26-29, 2021.

Galietti, C. & Bufka, L. (2021). COVID-19 and In-person services. Webinar hosted by Hawaii Psychological Association, May 24, 2021.

Kase, R. (2021). EMDR refresher course. Webinar on May 7, 2021.

Anderson, L. (2021). The water we swim in: gender stereotypes and the harm they do to us. Webinar hosted by Hawaii State Department of Health, May 5, 2021.

Connors, K. (2021). Dissociation with adults. Webinar hosted by the Institute on Violence and Trauma, March 31, 2021.

Watter, D. (2021). The relationship between death-anxiety and sexual behavior: An alternative view of sexual addiction, Part II. Webinar hosted by Hawaii Psychological Association, February 22, 2021.

Siegel, J. & Waters, F. (2021). Treatment of dissociative children. Webinar hosted by the

Takushi, Sherrie M.

Page 11

Institute on Violence and Trauma, February 17, 2021.

Morrison, S. C. (2021). How ACEs knowledge can be applied in all spaces. Webinar hosted by the Institute on Violence and Trauma, January 19, 2021.

Hawaii Judiciary History Center (2021). Black lives matter and the Hawaii experience. Panel presentation (virtual), January 15, 2021.

Department of Health Alcohol & Drug Abuse Division (2021). Connecting for meaningful partnerships. Panel presentation (virtual), January 11, 2021.

Slavin, L., Orimoto, T. & Yin, V. (2021). What you need to know about the Hawaii mental health minor consent law. Webinar hosted by Hawaii Psychological Association, January 4, 2021.

Carney, C. (2020). Integrating insomnia treatment into your practice. Webinar hosted by the Hawaii Psychological Association, December 4, 2020.

Bryan, C. (2020). Brief interventions to prevent suicide: An introduction. Webinar hosted by the American Psychological Association/PREVENTSREACH, November 20, 2020.

Bryan, C. (2020). Innovations in suicide risk screening and assessment. Webinar hosted by the American Psychological Association/PREVENTSREACH, November 18, 2020.

Boucher, N. (2020). A virtual playroom. Webinar hosted by the New Center for Psychoanalysis-Los Angeles, November 14, 2020

Tirch, D. (2020). Self-compassion and courage: An introduction to compassion focused therapy for anxiety and shame-based difficulties. Webinar presented by the Hawaii Psychological Association, November 2, 2020.

National Alliance for Safe Housing and Regional Housing Legal Services (2020). What survivor advocates should know about the low-income housing tax credit program. Webinar, September 30, 2020.

Luskin, F. (2020). The need for compassion of self and other. Webinar, September 15, 2020.

Vasques, M. (2020). Multicultural Therapy, social justice, and anti-racism. Webinar hosted by the Hawaii Psychological Association, August 28, 2020.

32<sup>nd</sup> Annual Crimes Against Children Virtual Conference (2020). Webinar hosted by Dallas Crimes Against Children, August 10-13, 2020.

Conradi, L., Kisiel, C., & Briggs-King, E. (2020). Conducting trauma-informed mental health assessments using tele-mental health. Webinar hosted by the National Children's Alliance, June 30, 2020.

Sammons, M., Siegel, A., & Martin, J. (2020). How COVID-19 is impacting the regulatory community and what the future might hold. Webinar hosted by the National Register, May 14, 2020.

Garrett, M. (2020). Psychotherapy for psychosis. Webinar hosted by the Sex Abuse Treatment Center, May 27, 2020.

EVAW International (2020). Building your trainer toolbox part 1: Using and citing research. Webinar, May 6, 2020.

Bean, A. (2020). Geek therapy. Webinar hosted by the Sex Abuse Treatment Center, April 8, 2020.

Garrett, M. (2020). Hawaii psychological association grand rounds: Psychosis and near-psychosis in outpatient practice. Honolulu, HI, April 6, 2020.

Tallent, C., Carson, R., McClanahan, S., Clinch, J., & Schneller, K. (2020). Hawaii college and university eating and related disorders symposium. Honolulu, HI, February 10, 2020.

Anderson, F. (2020). Treating complex trauma with internal family systems (IFS). Honolulu, HI, February 13-14, 2020.

Hawaii Psychological Association Convention (2019). Honolulu, HI, October 25-26, 2019.

Jobes, D. (2018). Innovations in the assessment and treatment of suicide risk. Honolulu, HI, October 26, 2018.

Jensen, C. (2018). Sex offender: Responding to crimes against children. Honolulu, HI, May 8, 2018.

EWAI International Conference on Sexual Assault, Domestic Violence, and Gender Bias (2018). Chicago, IL, April 3-5, 2018.

Department of the Attorney General (2017). Effective grant writing=effective projects training. Honolulu, HI, September 5, 2017.

NSVRC National Sexual Assault Conference (2017). Dallas, TX, June 3-9, 2017.

Kelly, D. & Boardman, J. (2017). Trauma informed victim interviewing. Honolulu, HI March 9, 2017.

Lowenstein, L. (2017). Creative play therapy interventions for children and families. Honolulu, HI, February 23-24, 2017

Freedle, L. (2016). After the towers fell: A neuropsychological perspective on how sandplay heals trauma. Honolulu, HI, November 11, 2016.

Tripler Army Medical Center Behavioral Health Continuing Education Program (2016). Ethics for behavioral health professionals. July 14 & 15, 2016.

NSVRC National Sexual Assault Conference (2016). Washington, DC, August 31-September, 2016.

Parrett, B. (2016). Weekend 2 of the EMDR basic training. Honolulu, HI, April 1-3, 2016.

Parrett, B. (2015). Weekend 1 of the EMDR basic training. Honolulu, HI, December 4-6, 2015.

Briere, J. & Lanktree, C. (2015). Integrative treatment of complex trauma for adolescents. Pre-conference workshop, 12<sup>th</sup> Hawaii International Training Summit. Honolulu, HI, March 24, 2015.

NurrieStearns, M. (2015). Radical self acceptance, mindfulness, and yoga: Effective treatments for trauma and mood disorders. Honolulu, HI, January 29 & 30, 2015.

12<sup>th</sup> Hawaii International Training Summit on Preventing, Assessing, & Treating Trauma Across the Lifespan (2015). Honolulu, HI, March 31-April 2, 2015.

Struve, J. & Anderson, C. (2014). Breaking the silence, offering hope, healing, and support for male survivors of sexual abuse and assault. Honolulu, HI, March 11, 2014.

Van der Kolk, B. (2014). Trauma, attachment & neuroscience. Honolulu, HI, February 11, 2014.

Sharp, C. (2014). Using play therapy with the sexually abused child. Honolulu, HI, January 29, 2014.

Gentry, J.E. (2014). Recognizing & managing compassion fatigue: Professional & personal resiliency for the 21<sup>st</sup> century. Honolulu, HI, 2014.

American Psychological Association (2013). 121<sup>st</sup> Annual Convention. Honolulu, HI, July 31-August 4, 2013.

Fukunaga, K. & Mee-Lee, D. (2013). Legal and ethical issues in behavioral health in HI.

Takushi, Sherrie M.

Page 14

Honolulu, HI, May 22, 2013.

Child Abuse & Family Violence Summit (2013). Fourteenth Annual Summit. Portland, OR, April 23-26, 2013.

Hawaii Psychological Association (2012). Psychology in the age of health-care reform: establishing collaborations, partnerships, and allies in healthcare. Annual Hawaii Psychological Association convention, Kaneohe, HI, October 19 and 20, 2012.

Simpson, P. (2012). Treating compulsive sexual behaviors. Honolulu, HI, March 30, 2012.

Avosed, A. (2011). Prolonged exposure therapy (PE) clinical didactic series. Honolulu, HI, Spring 2011.

OVC The Ultimate Trainer (2011). Honolulu, HI, July 19-21, 2011.

Child Abuse & Family Violence Summit (2011). Twelfth Annual Summit. Portland, OR, April 26-29, 2011.

Joyful Heart Foundation (2011). Transforming trauma. Honolulu, HI, March 30, 2011.

Kaysen, D. (2010). Cognitive processing therapy, 2-day seminar. Honolulu, HI, October 11 & 12, 2010.

Child Abuse & Family Violence Summit (2009). Tenth Annual Summit. Portland, OR, May 5-8, 2009.

Archambault, J. (2009). Sexual assault investigative techniques and false reporting. Honolulu, HI, February 9, 2009.

Department of the Prosecuting Attorney County of Maui (2008). Fourth Annual Statewide Multi-Disciplinary Sexual Assault Training. Kaanapali, HI, September 18 & 19, 2008.

The Judiciary, First Circuit and the Sex Abuse Treatment Center (2008). Intimate partner sexual violence. Honolulu, HI, May 28 & 29, 2008.

Collins, P. (2008). Paedophilia, paraphilias, & the online offender. Honolulu, HI, April 10, 2008.

Alliant University and the Institute on Violence (2008). Fifth Annual Preventing, Assessing, and Treating Child, Adolescent, and Adult Trauma Conference, Honolulu, HI, April 2-4, 2008.

Miller, S. (2008). Snatching victory from the jaws of defeat: Improving the outcome of

your most challenging cases. Honolulu, HI, 2008.

Alliant University and the Institute on Violence (2007). Fourth Annual Preventing, Assessing, and Treating Child, Adolescent, and Adult Trauma Conference, Honolulu, HI, March 2007.

Grant, R. (2005). Compassion Burnout: Secondary trauma and compassion fatigue. Honolulu, HI, November 14, 2005.

Department of the Prosecuting Attorney & the Sex Abuse Treatment Center (2005). Statewide sexual assault multi-disciplinary training conference. Kahuku, HI, May 23-25, 2005.

The Family Violence & Sexual Assault Institute (2004). Assessing and treating childhood trauma: A mini conference. Honolulu, HI, April 7-8, 2004.

The Law Practice of Jackie Kong (2004). Parenting coordinators: Working with high conflict families. Honolulu, HI, July 16, 2004.

American Psychological Association 112<sup>th</sup> Annual Convention (2004). Honolulu, HI, July 28-August1, 2004.

Shafranske, E. (2004). Integrating religious and spiritual interventions in psychological treatment. Honolulu, HI, July 28, 2004

Tsushima, W. (2004). How to give a deposition. Honolulu, HI, August 1, 2004.

The State of Hawaii Judiciary (2004). Emerging trends/issues in the assessment, treatment, and case management of youth with sexual behavior problems. Honolulu, HI, October 28, 2004.

American Professional Society on the Abuse of Children: First Annual Trauma Treatment Clinic (2003). Maui, HI, December 1-5, 2003.

Warner, C. (2003). Assessment and treatment of borderline personality disorder. Seminar presented by PESI, Honolulu, HI, October 6, 2003.

Newman, R. (2003). Getting read for HIPAA: What you need to know now. Seminar presented by the Hawaii Psychological Association and Forensic and Behavior Sciences Institute, Inc., Honolulu, HI, March 21, 2003.

Duehn, W. (2003). Child sexual abuse: Dealing with the traumatic aftermath presented by the Oahu Children's Justice Center Task Force, Honolulu, HI, March 6-7, 2003.

Shelby, J. (2003). Play therapy for sexually abused children. Seminar presented by the Hawaii Association for Play Therapy, Honolulu, HI, February 15, 2003.

Grant, R. (2002). Posttraumatic stress disorder. Seminar presented by Cortex, Honolulu, HI, October 5, 2002.

Anthony, M. (2002). Understanding anxiety. Seminar presented by Cortex, Honolulu, HI, July 31, 2002.

Chadwick Center for Children and Families, Children's Hospital-San Diego (2002). Translating ideas into actions. San Diego Conference on Child and Family Maltreatment, San Diego, CA, January 21-25, 2002.

Barris, B. (2001). Understanding anger. Seminar presented by Cortex, Honolulu, HI, December 4, 2001.

Yapko, M. (2001). Brief therapy. Seminar presented by Cortex, Honolulu, HI, April 10, 2001.

Yapko, M. (2001). Families and depression. Seminar presented by Cortex, Honolulu, HI, April 9, 2001.

Scharff, D. & Scharff, J. (2000). Principles of object relations therapy with couples. Workshop presented by the Hawaii Psychological Association, Honolulu, HI, February 11, 2000.

Hawaii Psychological Association (1999). Psychology 2000. Annual Hawaii Psychological Association convention, Honolulu, HI, October 20-22, 1999.

Quinn, B. (1999). The aging of the brain, the aging of the mind. Seminar presented by Cortex, Honolulu, HI, November 12, 1999.

Annon, J. (1999). Practice issues & ethical dilemmas for psychologists. Workshop presented at the Annual Hawaii Psychological Association convention, Honolulu, HI, October 22, 1999.

Hamada, R. (1999). ADHD in children and adolescents: Advanced topics. Workshop presented at the Annual Hawaii Psychological Association convention, Honolulu, HI, October 21, 1999.

Bibb, J. and Nowak, C. (1999). A complicated clinical case: Competing perspectives. Workshop presented at the Annual Hawaii Psychological Association convention, Honolulu, HI, October 21, 1999.

Befitel, N., Clark, B., Houck, D., & Sheriff, P. (1999). Individuals with disabilities education act in Hawaii. Seminar presented by Lorman Education Services, Honolulu, HI, July 23, 1999.

Zola, S. (1999). Memory. Seminar presented by Cortex, Honolulu, HI, March 26, 1999.

Sharp, C. (1999). "Build-A-House technique: Using play in family assessment." Workshop presented by Hawaii Association for Play Therapy, Kaneohe, HI, February 19, 1999.

Walker, L. (1999). Survivor therapy for abused women & children. Workshop presented by the Hawaii Psychological Association, Honolulu, HI, February 12, 1999.

Chorpita, B. and Yim, L. (1998). Cognitive behavioral treatment of anxiety disorders in children and adolescents. Workshop presented at the Annual Hawaii Psychological Association convention, Honolulu, HI, October 29, 1998.

Hawaii Psychological Association (1998). Malama Kuleana. Annual Hawaii Psychological Association convention, Honolulu, HI, October 28-30, 1998.

Makini, G. (1998). Integrating Native Hawaiian beliefs and values into psychotherapy or "Working together with taro." Workshop presented at the Annual Hawaii Psychological Association convention, Honolulu, HI, October 29, 1998.

Hawaii Psychological Association (1997). Annual Hawaii Psychological Association convention, Honolulu, HI, November 6-7, 1997.

Hawaii Psychological Association (1996). Ho'amana. Annual Hawaii Psychological Association convention, Honolulu, HI, January 25-26, 1996.

Hawaii Psychological Association (1995). Change and evolution. Annual Hawaii Psychological Association convention, Honolulu, HI, February 9-10, 1995.

Marsella, A. (1995). Cross-cultural psychopathology: Hawaiian, Japanese, and Filipino perspectives. Workshop presented at the Annual Hawaii Psychological Association convention, Honolulu, HI, February 10, 1995.

### Professional Membership

American Psychological Association, Member  
Hawaii Psychological Association, Member

### Publications

Ikeda, M., Takushi-Isara, S., & Chan, Y. (2023). Therapy dogs effectively reduce stress in college. *Journal of Emerging Investigators*, 6, 2-7.

Sex Abuse Treatment Center. (2021, April 11). Preventing Sexual Grooming Parts I & II [Audio podcast]. In Spotify.

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Shooters Film Production. 2012, February 14). Sex Abuse Treatment Center-Personal Safety [Video]. Vimeo. <https://vimeo.com/search?q=sex%20abuse%20treatment%20center-Personal%20>

### **Honors and Awards**

Elected as the fourth-year Class Representative for the Psy.D. program, American Schools of Professional Psychology/Hawai'i Campus, Fall 1997-Spring 1998.

Selected as an Outstanding Young Woman of America, Outstanding Young Americans, McLean, VA, 1997.

Recipient of the Dr. Hans & Clara Zimmerman Foundation Grant, Hawai'i Community Foundation, Honolulu, HI, Fall 1998-Spring 1999, Fall 1996-Spring 1997, Fall 1994-Spring 1995, Fall 1989-Spring 1992.

Recipient of the Hawaii Veteran's Memorial Scholarship Fund, Hawai'i Community Foundation, Honolulu, HI, Fall 1996-Spring 1997, Fall 1994-Spring 1995.

Recipient of the Community Scholarship Fund, Hawai'i Community Foundation, Honolulu, HI, Fall 1998-Spring 1999, Fall 1996-Spring 1997.

Recipient of the Racial and Ethnic Diversity Scholarship, American Schools of Professional Psychology/Hawai'i Campus, Fall 1995-Spring 1996.

Membership in Mortar Board National Honor Society, University of Redlands, Fall 1991-Spring 1992

Membership in Psi Chi National Honor Society, University of Redlands, Fall 1991-Spring 1992

Participant in the University of Redlands Study Abroad Program, Salzburg, Austria, Fall 1990. Studied in Salzburg, Austria with scheduled trips to Greece, Italy, Hungary, Eastern Germany, and Czechoslovakia

Recipient of the Marion Maccarrell Scott Scholarship Fund, Hawai'i Community Foundation, Honolulu, HI, Fall 1989-Spring 1992.

Recipient of the Bicultural Award, University of Redlands, Redlands, CA, Fall 1988-Spring

Takushi, Sherrie M.

Page 19

1992.

Recipient of the American Business Women's Association Scholarship, Honolulu, HI, Fall 1988.

Recipient of the Aiea High School Scholarship, Aiea, HI, Fall 1988.

**References**

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