

# HANNAH PRESTON-PITA, PSY.D. ED.D, CSAC

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Committed, innovative, and enthusiastic individual with extensive leadership and management experience

## EXPERIENCE

### 2012 TO PRESENT

#### **CHIEF EXECUTIVE OFFICER, BIG ISLAND SUBSTANCE ABUSE COUNCIL**

Responsible for providing oversight of organizational operations. Supervises over 65 employees.

### 2011 TO 2012

#### **LICENSED CLINICAL PSYCHOLOGIST, BIG ISLAND SUBSTANCE ABUSE COUNCIL**

Provided integrated behavioral health services and program development. Conducted assessments, individual, couples and group therapy.

### 2009 TO 2011

#### **LICENSED CLINICAL PSYCHOLOGIST, PRIVATE PRACTICE**

Provided integrated behavioral health services and program development. Conducted assessments, individual, couples and group therapy within a Primary Care Physician's Office and Kahuku Hospital.

### 2008 TO 2010

#### **LICENSED CLINICAL PSYCHOLOGIST, WAIMANALO COMMUNITY HEALTH CENTER**

Provided integrated behavioral health services and program development. Conducted assessments, individual, couples and group therapy within a Primary Care setting.

## EDUCATION

### 2015 TO 2020

#### **DOCTORAL PROGRAM IN EDUCATION AND LEADERSHIP, CONCORDIA UNIVERSITY - PORTLAND**

RECEIVED DOCTORATE IN EDUCATION – TRANSFORMATIONAL LEADERSHIP

- 3.96 GPA

## **2005 TO 2008**

### **DOCTORAL PROGRAM IN CLINICAL PSYCHOLOGY, ARGOSY UNIVERSITY – HONOLULU, HAWAII**

RECEIVED MASTERS AND DOCTORATE IN CLINICAL PSYCHOLOGY

Related Honors and Awards:

- 3.8 and above GPA
- Native Hawaii Health Scholar

## **2000 TO 2002**

### **BACHELORS IN PSYCHOLOGY, UNIVERSITY OF HAWAII WEST HAWAII**

Related Honors and Awards:

- Dean's List
- Graduated Cum Laude
- Member of Phi Theta

## **1998 TO 2000**

### **ASSOCIATES IN LIBERAL ARTS, UNIVERSITY OF HAWAII – WINDWARD COMMUNITY COLLEGE**

Related Honors and Awards:

- Dean's List
- Graduated Cum Laude
- Member of Phi Theta

## **PRE/POST DOCTORAL INTERNSHIP**

### **2008 TO 2010**

#### **PRE AND POST-DOCTORAL INTERNSHIP, I OLA LAHUI – WAIMANALO COMMUNITY HEALTH CENTER**

### **2008 TO 2009**

#### **PRE-DOCTORAL INTERNSHIP, I OLA LAHUI – MOLOKAI COMMUNITY HEALTH CENTER AND NA PU'UWAI**

## **PROFESSIONAL PUBLICATIONS**

### **2023**

Masuda, A., Nakamura, L., Preston-Pita, H., Hermosur, S., et al (2023) Native Hawaiians' views on depression and preferred behavioral health treatments: a preliminary quality investigation. Manuscript awaiting publication.

### **2022**

Elia, J., Pang, C., Preston-Pita, H., Onoye, J., and Salvador, M., (2022). Implications for a system of care in Hawaii for pregnant and parenting women in substance use. Hawaii State Department of Health – ADAD, UH JABSOM and Hawaii Youth Services Network.

## 2020

Milette-Winfrey, M., Orimoto, T., Preston-Pita, H., Schwiter, G., & Nakamura, B. J. (2020). Improving rural mental health service quality through partnerships and innovation. *The Journal of Rural and Community Development*, 15(1), 33–48.

## 2017

Orimoto, T.E., Nakamura, B.J., Schwiter, G., Milette-Winfrey, M., & Preston-Pita, H.K. (2017, November). *Examining predictors of successful client discharge between intensive outpatient or intensive outpatient plus therapeutic living within a rural substance abuse treatment program*. Poster presented at the 51<sup>st</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, San Diego, CA.

Orimoto, T.E., Preston-Pita, H.K. Schwiter, G., & Nakamura, B.J. (2017, October). *Examining outcome predictors in substance abuse treatment in rural Hawai'i*. Poster presented at the Annual Convention of the Hawai'i Psychological Association, Honolulu, HI.

## 2016

Orimoto, T.E., Preston-Pita, H.K. Schwiter, G., & Nakamura, B.J. (2016, October). *Rural mental health quality improvement efforts through partnerships and innovation*. Poster presented at the Annual Convention of the Hawai'i Psychological Association, Honolulu, HI.

Orimoto, T.E., Nakamura, B.J., Schwiter, G., & Preston-Pita, H.K. (2016, October). Predictors of successful client discharge within a rural substance abuse treatment program. Poster presented at the 50<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

## 2015

Orimoto, T.E., Vincent, A.M., Nakamura, B.J., Schwiter, G., & Preston-Pita, H.K. (2015, November). One foot in the door: Predictors of client treatment attendance within a rural substance abuse treatment program. Poster accepted to the 49<sup>th</sup> Annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

## AUTHORED AND SELF-PUBLISHED BOOKS AND THERAPEUTIC RESOURCES

### 2023

A Mama's Love

Relaxation, manage anger/stress, etc,

### 2021

*Dash Finds His Inner Peace*

*Kahana the Laulau Man*

Hawaiian values

*Finding My Inner Calm Workbook and Cards*

Anger and anxiety management

*Devin The Angry Volcano*

Anger management and coping strategies

*Makoa Changes His World*

Positive thoughts

*Let's Talk Story*

Conversation prompts

*Tutu Momma*

Family game

*Mixed Plate of Emotions*

Identifying emotions

*Kid's Daily Positive Vibing*

Positive aspirations

*Daily Positive Vibing  
Proud To Be Me!*

Positive aspirations  
Self esteem

## **AWARDS & ACCOMPLISHMENTS**

Produced Hānau Hou Arts and Fashion Show 2023

Hawaii Public Health Institute Outstanding Service Provider in Tobacco Control – Individual  
*Awarded to individual provider whose attention has been focused on issues associate with tobacco use and has demonstrated an impact on tobacco control through extensive and outstanding service.*

Hawaii Psychological Association Rural Psychologist of the Year  
*Recognized excellence in the provision of clinical psychology in rural underserved areas.*

Mental Health of America Outstanding Mental Health Leader  
*Recognized as a leader who helps communities thrive.*

Council for Native Hawaiian Advancement ‘Oiwī Leader  
*Recognized to individuals who exemplify leadership qualities and are engaged in their community.*

Hawaii County Committee on the Status of Women 2 years

Hawaii County Subarea Health Planning Council

Board of Director for Mental Health of America 3 years

Board of Director State of Hawaii Substance Abuse Council 5 years

Board of Director Hui Malama Ola Na ‘Oiwī 3 years

State of Hawaii Licensed Clinical Psychologist (Lic # Psy 1165) since 2008

Weinberg Fellowship Program 2015

Post Doctoral Fellowship, I Ola Lāhui (APPIC accredited site) 2008 - 2009

Internship Program, I Ola Lāhui on the islands of O‘ahu and Molokai 2007 – 2008

State of Hawaii Department of Alcohol and Drug Abuse Division – Certified Substance Abuse Counselor since 2010

## **QUALITIES**

*Experienced and reputable leader  
Innovative  
Community-minded*

*Dedicated*  
*Loyal*  
*Compassionate*  
*Advocacy*  
*Servant Leader*  
*Public Speaker*  
*Change Manager*

## **EXPERIENCE**

*Business Administration*  
*Financial Management*  
*Fundraising*  
*Human Resource Stewardship*  
*Grant Writing*  
*Capacity and Systems Building*  
*Strategic Planning and Implementation*  
*Non-Profit Sector*  
*Governance*  
*Public Speaking*

## **REFERENCES**

Provided upon Request