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# A BILL FOR AN ACT

RELATING TO PHYSICAL EDUCATION ASSESSMENTS.

**BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:**

1 SECTION 1. The legislature finds that nutrition, diet, and  
2 exercise are key components in chronic disease prevention.  
3 Prioritizing preventative health and physical activity promote  
4 healthier living outcomes and reduce costs of care and incidence  
5 of preventable hospitalization.

6 The legislature also finds that students are leading  
7 increasingly sedentary lifestyles due to greater screen time and  
8 shifts toward indoor, virtual leisure activities. Schools  
9 provide an important opportunity for students to become  
10 physically active throughout the day. Physical activity  
11 supports students' academic and behavioral success, promotes  
12 healthy habits, and enhances socialization and critical thinking  
13 skills that extend beyond the school environment.

14 The legislature further finds that the reinstatement of the  
15 presidential fitness test as the main assessment tool for the  
16 presidential fitness award, will provide a strong foundation for  
17 developing physical activity and will incentivize healthy

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1 competition. Reinforcing physical and mental wellbeing in  
2 schools will help build healthier, more resilient communities.

3 Accordingly, the purpose of this Act is to require the  
4 board of education to amend the statewide performance standards  
5 for physical education to reinstate the presidential fitness  
6 test.

7 SECTION 2. Section 302A-201, Hawaii Revised Statutes, is  
8 amended to read as follows:

9 **"§302A-201 Statewide performance standards.** (a) The  
10 board shall establish statewide performance standards and the  
11 means to assess the standards based upon the recommendations in  
12 the final report of the performance standards commission  
13 established pursuant to Act 334, Session Laws of Hawaii 1991;  
14 provided that the board may review and modify the performance  
15 standards, as the board deems necessary, to reflect the needs of  
16 public school students and educational goals adopted by the  
17 board.

18 (b) The board shall update standards within the Hawaii  
19 content and performance standards III for physical education K-  
20 12 to fully reinstate the presidential fitness test and comply  
21 with any reporting or other requirements imposed by the guidance  
22 associated with federal executive order 14327 of July 31, 2025.

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1           (c) The board shall implement the updated standards no  
2 later than the 2028-2029 school year."

3           SECTION 3. Statutory material to be repealed is bracketed  
4 and stricken. New statutory material is underscored.

5           SECTION 4. This Act shall take effect upon its approval.

6

7           INTRODUCED BY: Melanie K. Nathan

8

BY REQUEST

JAN 26 2026

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**Report Title:**

Presidential Fitness Test; Department of Education; BOE; Performance Standards; Physical Education

**Description:**

Requires the Board of Education to update content and performance standards to reinstate the Presidential Fitness Test.

*The summary description of legislation appearing on this page is for informational purposes only and is not legislation or evidence of legislative intent.*

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## JUSTIFICATION SHEET

DEPARTMENT:

Education

TITLE:

A BILL FOR AN ACT RELATING TO PHYSICAL EDUCATION ASSESSMENTS.

PURPOSE:

To update the standards in the Hawaii content and performance standards III for physical education K-12 to be in compliance with the reestablishment of the federal Presidential Fitness Test by requiring the Board of Education to amend the Hawaii content and performance standards III for physical education.

MEANS:

Amend section 302A-201, Hawaii Revised Statutes.

JUSTIFICATION:

This bill serves to reestablish the Presidential Fitness Test within public and charter schools for the betterment of physical and mental wellbeing of students across the State. The Presidential Fitness Test will encourage healthy habits for the investment of preventative health.

Impact on the public: There will be daily physical impacts on students in grades K-12 through physical education assessments.

Impact on the department and other agencies: The Department will need to implement the updated standards and assist the Board of Education with any reporting or other requirements imposed by the guidance associated with federal Executive Order 14327 of July 31, 2025

GENERAL FUND:

None.

OTHER FUNDS:

None.

PPBS PROGRAM

DESIGNATION:

None.

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OTHER AFFECTED  
AGENCIES: None.

EFFECTIVE DATE: Upon approval.