
A BILL FOR AN ACT

RELATING TO MEDICAL EDUCATION.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

1 SECTION 1. The legislature finds that heart disease
2 remains one of the leading causes of death in Hawaii and across
3 the United States, driven in large part by poor diet and
4 inadequate physical activity. Nutrition plays a central role in
5 the development and progression of chronic diseases. Diets high
6 in processed foods and low in whole, nutrient-dense options
7 significantly increase the risk of heart disease, type 2
8 diabetes, obesity, and even certain cancers.

9 The legislature believes that in Hawaii, diet-related
10 health challenges are especially evident. Approximately
11 twenty-five per cent of residents are classified as obese, and
12 about ten per cent live with diabetes. These high rates of
13 chronic disease place substantial strain on both individuals and
14 the health care system.

15 The legislature further finds that, despite the
16 well-established connection between nutrition and health,
17 physicians typically receive very limited formal training in



1 nutrition during medical school. This gap leaves many future
2 physicians underprepared to counsel patients on preventive
3 lifestyle measures that are rooted in evidence-based dietary
4 guidance.

5 Accordingly, the purpose of this Act is to require the
6 university of Hawaii's John A. Burns school of medicine to
7 establish a comprehensive, evidence-based nutrition and
8 metabolic health curriculum for medical students. With this
9 training, physicians will be better equipped to prevent chronic
10 diseases and improve long-term health outcomes for Hawaii
11 residents.

12 SECTION 2. Chapter 304A, Hawaii Revised Statutes, is
13 amended by adding a new section to part IV, subpart L, to be
14 appropriately designated and to read as follows:

15 **"§304A- John A. Burns school of medicine; nutrition and**
16 **metabolic health curriculum.** (a) The board shall establish and
17 implement an evidence-based nutrition and metabolic health
18 curriculum.

19 (b) Beginning on a date established by the board,
20 completion of the nutrition and metabolic health curriculum
21 shall be a requirement to earn a doctor of medicine degree.



1 (c) The nutrition and metabolic health curriculum shall:

2 (1) Include nutrition counseling competencies;

3 (2) Include information on the role of nutrition in

4 preventing and managing chronic disease;

5 (3) Require a minimum of twenty-five contact hours, or the

6 equivalent, of nutrition education, which may be

7 satisfied through a standalone course or as part of an

8 integrated curriculum; and

9 (4) Satisfy minimum instructional standards and learning

10 outcomes.

11 (d) As used in this section, "board" means the board of

12 regents of the university of Hawaii."

13 SECTION 3. No later than twenty days prior to the

14 convening of the regular session of 2028, the university of

15 Hawaii shall submit a report to the legislature on the status of

16 the nutrition and metabolic health curriculum. The report shall

17 contain:

18 (1) A summary of the curriculum and the ways in which it

19 will be taught;



SECTION 4. New statutory material is underscored.

10 SECTION 5. This Act shall take effect upon its approval.

11

INTRODUCED BY:

JAN 21 2026



H.B. NO. 1748

Report Title:

UH; JABSOM; Medical School Curriculum; Nutrition and Metabolic Health; Report

Description:

Requires the University of Hawaii Board of Regents to establish a nutrition and metabolic health curriculum for medical students at the John A. Burns School of Medicine. Requires a report to the Legislature.

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