### A BILL FOR AN ACT

RELATING TO STUDENT HEAT EXPOSURE SAFETY.

#### BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. The legislature finds that Hawaii has
- 2 experienced rising air temperatures, with annual peak averages
- 3 consistently breaking record highs. These increases, along with
- 4 Hawaii's high average annual relative humidity, pose significant
- 5 challenges for human thermoregulation.
- 6 The legislature further finds that exercising in hot and
- 7 humid weather can be dangerous, as the body's ability to cool
- 8 itself through sweating becomes less effective under humid
- 9 conditions. When sweat cannot evaporate efficiently due to high
- 10 moisture levels in the air, the risk of heat-related illnesses
- 11 increases.
- 12 The legislature also finds that children and younger
- 13 athletes are particularly vulnerable to exertional heat illness
- 14 due to slower heat acclimatization, reduced thermoregulation
- 15 capabilities compared to adults, and external pressures from
- 16 coaches and parents to exceed their physical limits.
- 17 Additionally, children often lack control over the timing and



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- 1 conditions of outdoor activities, such as recess and sports
- 2 practices, and may have limited access to hydration during these
- 3 activities.
- 4 The legislature further finds that shade can significantly
- 5 reduce the risk of heat-related illnesses by providing cooler
- 6 spaces for students to exercise, train, and play. Expanding
- 7 shaded areas on school campuses and properties is critical for
- 8 creating safer environments during outdoor activities.
- 9 Additionally, identifying and developing areas on campuses to
- 10 increase shade access is an essential strategy for protecting
- 11 children from dangerous levels of heat.
- 12 The legislature also finds that wet-bulb globe temperature
- 13 measurements are the gold standard for assessing heat stress, as
- 14 adopted by organizations such as the United States military,
- 15 Occupational Safety and Health Administration, National
- 16 Collegiate Athletic Association, and professional sports
- 17 leagues. Wet-bulb globe thermometers are also relatively
- 18 affordable for schools and athletic departments to acquire and
- 19 use, making them a practical tool for ensuring safer outdoor
- 20 activities.

1 Despite these known challenges and expected increasing 2 temperatures, Hawaii currently lacks statewide guidelines for 3 managing extreme heat during outdoor recreational activities, 4 leaving children at risk of preventable heat-related illnesses. 5 An in-depth study is necessary to determine the current 6 practices for managing heat exposure and to develop a plan if 7 the current practices are insufficient in ensuring student 8 safety from heat exposure. 9 Accordingly, the purpose of this Act is to require the 10 department of education, in collaboration with the department of 11 health and state public charter school commission, to conduct a 12 study on the current practices of managing heat exposure in state public and charter schools to protect students' health 13 14 during outdoor activities and to develop a plan if the current practices are insufficient in managing heat exposure. 15 16 SECTION 2. (a) The department of education shall conduct 17 a study, in collaboration with the department of health and 18 state public charter school commission, on the current practices 19 of managing heat exposure in state public and charter schools to

protect students' health during outdoor activities.

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1	(b)	If the department of education determines that the
2	current p	ractices are insufficient in safeguarding the
3	well-bein	g of students from heat exposure in the course of
4	conductin	g the study, the department shall develop a plan that
5	includes	guidelines for managing heat exposure to protect
6	students'	health during outdoor activities. The guidelines
7	shall:	
8	(1)	Apply to all public and charter schools in the State;
9	(2)	Be utilized for sports practices, conditioning
10		workouts, recess, marching band practice, junior
11		reserve officers' training corps activities, and other
12		outdoor activities;
13	(3)	Be based on wet-bulb globe temperature as the standard
14		for measuring heat stress;
15	(4)	Include recommendations for expanding shaded areas on
16		campuses to provide cooler environments for exercise,
17		training, and play;
18	(5)	Include thresholds for modifying, postponing, or
19		canceling outdoor activities based on wet-bulb glob
20		temperature measurements;

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1	(0)	include protocols for ensuring adequate hydration
2		during outdoor activities;
3	(7)	Include training for school staff on recognizing and
4		responding to symptoms of exertional heat illness;
5	(8)	Include measures to safeguard students with medical
6		conditions or medications that impair
7		thermoregulation;
8	(9)	Include recommendations for acclimatizing or
9		reacclimatizing students returning to outdoor
10		activities after a period of absence; and
11	(10)	Include recommendations for schools to identify and
12		develop areas on campuses to expand shade access as a
13		strategy to improve outdoor safety and reduce heat
14		exposure.
15	(c)	In developing the plan pursuant to subsection (b), the
16	department	of education shall assess the ongoing cost of
17	guideline	implementation and continued maintenance and include
18	the assess	sment in the department's study.
19	(d)	The department of education shall submit the study,
20	including	any findings, recommendations, and proposed

- ${f 1}$  legislation, to the legislature no later than twenty days prior
- 2 to the convening of the regular session of 2026.
- 3 SECTION 3. This Act shall take effect on July 1, 3000.

### Report Title:

Department of Education; DOH; State Public Charter School Commission; Heat Exposure; Study; Plan; Guidelines

### Description:

Requires the Department of Education, in collaboration with the Department of Health and State Public Charter School Commission, to conduct a study on the current practices of managing heat exposure in state public and charter schools to protect students' health during outdoor activities and to develop a plan if the current practices are insufficient in managing heat exposure. Effective 7/1/3000. (HD1)

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