

LIANNE T. PHILHOWER, Psy.D., MPH, DBTC

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License: Clinical Psychologist, HI- 927

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## EXPERIENCE

### Professional

Hawaii School of Professional Psychology at Chaminade University of Honolulu  
1140 Waialae Avenue, Honolulu, HI 96816

*Director of Clinical Training/Associate Professor*

*January 2020 - Present*

- Oversee the internship process for the students as outlined by HSPP, APA, CCTC, and APPIC standards.
- Hold monthly intern meetings for support and connection between students on internship.
- Collaborate with the other Directors of Clinical Training.
- Teach 12 credits per academic year.
- Consult with relevant parties in support of remediation plans for students who are encountering issues related to their internship.
- Oversee the review of internship student evaluations and related paperwork and serve as the primary contact for interns.
- Manage the proper storage and/or dissemination of training data.
- Engage with local training directors and supervisors, conduct internship site visits, or more frequent visits as indicated.
- Assist with the APA Accreditation process.
- Chair Clinical Training Committee and participate in other departmental and school wide committees.
- Assume other faculty duties as assigned by the program director of HSPP.
- Advise Students, Supervise dissertation research

*Associate Professor*

*April 2019 - December 2019*

- Teach courses: Cognitive-Behavioral Theory & Therapy, Professional Issues: Ethics, Conduct, & Law, Child Psychotherapy, Advanced Practicum Seminar and Intervention Practicum Seminar
- Teach 24 credits per academic year.
- Creation of course curriculum and syllabi appropriate to course description and course objectives set by HSPP and Chaminade University.
- Create and evaluate exams and projects that assessed learning of course material
- Grade exams, papers, and assignments
- Serve on assigned HSPP committees: Clinical Training Committee - Current Chair, Scholarship Committee - Current Member, Curriculum Committee - Current Member, HSPP Student Professional Development Committee - Past Chair, Alternate Member
- Advise Students, Supervise dissertation research.

**Present Mind Institute of Hawaii**  
**45-270 Wm. Henry Rd. , Suite 207, Kaneohe, HI 96744**  
**CEO, Founder, Licensed Clinical Psychologist**  
**July 2017 - Present**

- Clientele: individual, couples, & family therapy
- Treatments: Cognitive-Behavioral Therapy, Mindfulness and Acceptance-Based Therapy, Dialectical Behavior Therapy, Acceptance & Commitment Therapy, Financial Therapy, EMDR
- Provide supervision to psychotherapists, post-doctoral fellows, and practicum students.
- Train community service providers in evidence-based and early intervention treatment methods.
- Coordinate monthly ecotherapy events for the public.
- Consult with community psychologists in private practice and state government systems.

**Primary School Adjustment Program (PSAP), Aina Haina Elementary**  
**801 W Hind Dr., Honolulu, HI 96821**  
**PSAP Team Consulting Psychologist**  
**September 2009 - Present**

- Consult with school-based team on new students needing special support in their transition to Aina Haina Elementary.
- Consultation areas include emotional and behavioral concerns associated with transition adjustment, family and school environmental stress, depression, anxiety, and social skill development.
- Support PSAP team in developing appropriate ways to approach complex issues.

**PSAP, Wilson Elementary School**  
**4945 Kilauea Ave., Honolulu, HI 96816**  
**PSAP Team Consulting Psychologist**  
**September 2015 - June 2023**

- Consult with school-based team on new students needing special support in their transition to Wilson Elementary School.
- Consultation areas include emotional and behavioral concerns associated with transition adjustment, family and school environmental stress, depression, anxiety, and social skill development.
- Support PSAP team in developing appropriate ways to approach complex issues.

**Independent Contractor, Ventura Learning Systems**  
**5126 Ralston Street, Ventura, CA 93003**  
**November 2018 - December 2019**

- Subject Matter Expert for Domain: Ethical Practices on Project: EPPP2 Content Development.
- Develop study material and exam questions.

**Family Programs Hawaii**  
801 S. King Street, Honolulu, HI 96813  
*Independent Contractor*  
*January 2017 – March 2018*

- Collaborate with program staff and leaders to further meet goals and outcomes
- Provide program evaluation and research technical assistance, including tools and instruments to conduct research on the Na'u e Koho program.
- Support the evaluation of strategies and methods utilized by the program
- Help to determine necessary changes to program design
- Review literature of similar programs
- Develop program logic model for the program
- Design outcome evaluations for the program
- Program evaluation

**Hawaii Center for Psychology (HCP)**  
1001 Bishop St., Ste. 2870, Honolulu, HI 96813  
*Licensed Clinical Psychologist*  
*January 2011 – April 2015*

- Cognitive-Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Developmental, Individual, Relational Therapy (DIR), Eye Movement Desensitization Reprocessing (EMDR), Mindfulness & Acceptance Therapy
- Therapy for children, adolescence, and adults with anxiety, depression, transition issues, developmental, and relational challenges.

**Dr. Lianne T. Koki, LLC (Private Practice)**  
401 Kamake'e St., Honolulu, HI 96814  
*Licensed Clinical Psychologist*  
*October 2009 – January 2011*

- Cognitive-Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Developmental, Individual, Relational Therapy (DIR), Mindfulness & Acceptance Therapy
- Therapy for children, adolescence, and adults with anxiety, depression, trauma, transition issues, developmental, and relational challenges utilizing evidence-based intervention

**Hawaii School of Professional Psychology at Argosy University/Hawaii**  
400 Pacific Tower, 1001 Bishop St., Honolulu, HI 96813  
*Full-Time Faculty*  
*September 2005 – March 2019*

- Teach courses: Cognitive-Behavioral Theory & Therapy, Mindfulness & Acceptance Theory & Therapy, Theory & Application of Self-Care for Therapists, Developmental Psychopathology, Lifespan Development, Professional Ethics & Conduct, Qualitative Inquiry, Child Psychotherapy, Infant, Child, & Adolescent Development and Treatment, Professionalization Group, Intervention Practicum & Seminar, MA Integrative Paper

- Creation of course curriculum and syllabi appropriate to course description and course objectives set by Argosy University.
- Create and evaluate exams and projects that assessed learning of course material
- Grade exams, papers, and assignments
- Serve on assigned committees: Student Conduct Committee, Student Professional Development Committee – Interim Chair, Scholarship Committee –Member, Institutional Research Board – Member.

***Internship Consortium Director/Full-Time Faculty***  
***September 2006 – August 2011***

- Maintain current training sites and develop additional training sites within the Consortium.
- Coordinate and run Quarterly Consortium meetings, regular meetings with site DOT's..
- Coordinate and host annual Consortium Open House, an all-day event in which representatives from each site present information regarding their training site to potential applicants.
- Coordinate intern application and match process
- Create, disperse, and attain necessary paperwork from both training sites and interns within the Consortium (e.g. Consortium membership agreements, data sheets, learning contracts, evaluation paperwork, Consortium handbook)
- Maintain due process and grievance procedures and manage grievances lodged by sites and/or interns
- Maintain APPIC membership (i.e. ensure all required policies and procedures fulfilled, submit necessary renewal documents to APPIC)
- Provide program evaluation, implementation, and ongoing program improvement

**The Institute For Family Enrichment (TIFFE)**  
**615 Piikoi St., #105, Honolulu, HI 96814**  
***Licensed Clinical Psychologist***  
***November 2005 – September 2009***

- Provide therapeutic intervention for children and families.
- Provide Training for Early Intervention Services Providers
- Supervise Early Intervention (EI) providers and EI staff, pre-doctoral and post-doctoral interns
- Provided autism consultation for schools, families, and treatment teams

**The Institute For Family Enrichment (TIFFE)**  
**615 Piikoi St., Suite 105, Honolulu, HI 96814**  
***Program Administrator/Supervisor/Training Coordinator/MH Therapist***  
***May 2004 – November 2005***

- Plan, Develop and Implement Early Intervention Services Program for Zero-to-Three population.
- Provide Training for Early Intervention Services Providers
- Supervise Early Intervention (EI) providers and EI staff.
- Direct Clinical Training Program
- Therapeutic Intervention for Children under DOH and DOE Behavioral Contracts
- Provide community outreach and education for developmentally appropriate intervention for children.
- Clinical Liaison for clinicians and staff during implementation of eHana programming

- Coordinate research and publications projects

**Child and Adolescent Resources for Education (CARE)**

677 Ala Moana Blvd., Ste. 1003, Honolulu, HI 96813

*Clinical Therapist*

*July 1999 – September 2002*

- Provided intensive in-home and in-school therapy for children
- Provided school consultation services
- Supervised therapeutic aide services
- Provided individual and family therapy
- Participated in treatment planning and development of IEP goals related to mental health and life skills.
- Coordinated and implemented pilot Bio-Psycho-Social (BPS) inter-session program for children with developmental disabilities

**Parents and Children Together (PACT)**

200 N. Vineyard, Honolulu, HI

*Therapist I*

*July 1998 to June 1999*

- Provided intensive in-home and in-school therapy for children qualifying for Felix services (with specialization in Developmental Disorders)
- Provided case management
- Participated in treatment planning
- Provided staff training on treatment for children with developmental disorders.

**The Queen's Medical Center, Oncology Data Registry**

1301 Punchbowl St., Honolulu, HI

*Health Record Analyst*

*March 1993 to December 1997*

- Identified, collected, maintained and utilized cancer data for large hospital-based Cancer Research Institute
- Organized Tumor Board Conferences
- Prepared special studies and reports for physicians and other hospital based professionals
- Other duties included: case-finding, abstracting, coding, data maintenance and quality control of cancer information

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**EDUCATION**

**Quantum University**

735 Bishop St., #200, Honolulu, HI 96813

Ph.D. in Integrative Medicine

January 2018 - Present

Anticipated Year of Completion: 2025

**Kansas State University**

Manhattan, KS 66506

Post-Graduate Coursework in Financial Therapy

September 2014 – May 2015



**The American School of Professional Psychology at  
Argosy University/Honolulu (APA Accredited Program)**

400 Pacific Tower, 1001 Bishop St., Honolulu, HI 96813

PsyD in Clinical Psychology

September 2003

*Clinical Research Project:* Maternal Development in  
Context: Raising a Child with Autism

**University of Hawaii at Manoa**

2600 Campus Road, Honolulu, HI 96822

Master of Public Health (MPH) in Education

May 1996

*Final Oral Seminar/Paper:* Cutting the Umbilical Cord:  
On the Journey Toward Detachment

**University of Oregon**

220 Oregon Hall, Eugene, OR 97403

Bachelor of Science in Biology

December 1989

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**AWARDS, CERTIFICATIONS & LICENSURE**

Certified Mental Wellness Coach - 2022

Professor of the Year, Hawaii Psychological Association - 2019

Certified Dialectical Behavior Therapist - 2017

Faculty Member of the Year, Argosy University - 2008

Psychology License, Board of Psychology, Hawaii - 2005

Award for Clinical Excellence, Argosy University - 2003

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**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

National Alliance on Mental Illness - Member

American Psychological Association - Member

Hawaii Psychological Association - Member

*HPA Positions Held: Secretary 2023-2025*

*Chair & Co-Chair Child & Adolescent Committee 2020 - 2022*

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**PRESENTATIONS & SCHOLARSHIP**

**Philhower, L.** (March/June 2024). Secretary's Commentary. *Hawaii Psychologist*.

Inouye, A. M., Wolfgang, A. S., & **Philhower, L. T.** (December 2023). MDMA-assisted dialectical behavioral therapy for borderline personality disorder: A qualitative study of mental health clinicians. *Journal of Psychedelic Studies*. DOI: 10.1556/2054.2023.00281

**Philhower, L.** (December 2023). Nature speaks: The human bionetwork. *Hawaii Psychologist*.

Inouye, A. M., Wolfgang, A. S., & **Philhower, L. T.** (November 2023). MDMA-assisted therapy for borderline personality disorder. *Journal of Psychedelic Studies*.

DOI:10.1556/2054.2023.00196

- Friedheim, R. E. & **Philhower, L.** (October 2023). Innovating psychology: Ethical considerations for moving treatment outdoors to promote harmony. Workshop presentation, Health Hawaii Behavioral Health & Wellness Convention.
- Philhower, L.** (September 2023). HPA board member leadership ecotherapy retreat. *Hawaii Psychologist*.
- Philhower, L.** (June 2023) Nature speaks: From the screen into the green. *Hawaii Psychologist*.
- Philhower, L.** (March 2023). Nature speaks: Respecting relationships that affect mental wellbeing. *Hawaii Psychologist*.
- Halevi, N., **Philhower, L.**, Lichton, A., & Gerson, J. (September 2021) HPA Statement on Anti-Semitism.
- Gerson, J. & **Philhower, L.** (October 2019) Use of Avatar in Development of Identity, Poster presentation, HPA Annual Convention, Honolulu, HI
- Philhower, L.** (Fall 2019) Self-care corner: Conscious business, *Hawaii Psychologist*.
- Philhower, L.** (December 2018) Self-care corner: Forgetting about self-care, *Hawaii Psychologist*.
- Lawson, M. & **Philhower, L.** (October 2018) Compulsive Buying: A Qualitative Inquiry & Clinical Implications. Paper presentation, HPA Annual Convention, Honolulu, HI
- Philhower, L.** (October 2017) Incorporating Mindful Therapeutic Interventions in an Out-of-Office Format. Poster presentation, HPA Annual Convention, Honolulu, HI
- Philhower, L.** (Spring 2016) Self-care corner: When is enough is enough, *Hawaii Psychologist*
- Philhower, L.** (Summer 2016) Self-care corner: On the Importance of Self-Renewal, *Hawaii Psychologist*.
- Philhower, L.**, Lawson, M., & Kadooka A. (November 2015) The Role of Psychologists in Financial Health: Providing Insight on How Culture Influences Money Behaviors. Poster presentation, HPA Annual Convention, Honolulu, HI
- Philhower, L.**, Lawson, M., & Kadooka A. (November 2015) Integrating Psychological and Financial Health: The Missing Component in the Training of Psychology Graduate Students. Poster presentation, HPA Annual Convention, Honolulu, HI
- Philhower, L.** (Fall 2015) Self-care corner: Finding a balance through self-awareness, *Hawaii Psychologist*.
- Koki, L.** & Ackerman, D. (July/August 2013). What happens when phenomenology and cognitive science meet autism? Poster presentation, APA Annual Convention, Honolulu, HI.
- Moon, J. (January 2013). Guns, violence and mental health. (**L. Koki**, Contributor). Honolulu, HI: *Midweek*.
- Latimes.com (2013). Creating connections with children who have autism. (D. Royko & **L. Koki**, Contributors). Los Angeles, CA.
- Aronowitz, K. & **Koki, L.** (March 2012). Mabul: An introduction to autism and Judaism. Expert Panel and Open Discussion presented at the Doris Duke Theatre, Honolulu, HI.



## REFERENCES

**Sean Scanlan, Ph.D.**  
Clinical Psychology Program Chair  
HSPP at Chaminade University of Honolulu

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**Nancy Halevi, PsyD**  
Licensed Clinical Psychologist

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**Angeline Dickson, PsyD**  
Licensed Clinical Psychologist

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**Vilmarie Baez, PsyD**  
Associate Professor  
HSPP at Chaminade University of Honolulu

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