

Professional Objective:

Continue to utilize counseling, communication, and human relations skills to effectively assist members of the community.

Professional Experience:

YWCA Kauai, Lihue, HI

Domestic Violence Therapist

Specialized in intimate partner, family, and community violence. Helped Clients improve self-regulation and communication skills. Individual and group counseling. Client intake and assessment.

Mental Health Counselor, Private Practice, Hawaii

Individual and family counseling. Client assessment and therapy implementation. Work with clients to promote optimum mental health. Assist clients with challenges related to family, work, addiction, self-esteem, communication, and anger management.

Hawaii Department of Education, Lihue, HI

School Counselor – Individual/Group Counseling, designed curriculum for assertiveness/self-esteem and anger management groups. School testing coordinator for Hawaii State Assessment. Coordinated Peer Mediation Program. Suicide Assessment. Designed classroom curriculum. Facilitated meetings with students, family, and school staff. Developed behavioral and academic interventions.

Care Hawaii Inc., Lihue, HI

Crisis Intervention Specialist – provided emergency mental health intervention for adults and families. Facilitated follow up/long-term care for clients. Linked clients to community services.

Duquesne University, Pittsburgh, PA

Program Director /Instructor – Youth Entrepreneurship Training Program

Conducted business/entrepreneurship training program for high school students. Developed curriculum and taught courses in communication, marketing,

Education:

Duquesne University, MEd. Counseling Education - May 2001

Individual Therapy, Group Therapy, Family Therapy, Crisis Intervention, Multicultural Counseling, Vocational Counseling

University of Pittsburgh, MBA - April 1999

Tuskegee University, BS Management Science - May 1993

Additional Training/ Credentials

LMHC – State of Hawaii, Licensed Mental Health Counselor

ADHD Treatment training,

NCC (Nationally Certified Counselor), National Board of Certified Counselors