

Michael S. Jaffe, D.O., FSMB, AAOE



Education and Training:

Fellowship: Pain Management. American Board of Physical Medicine and Rehabilitation 2002

Residency: Physical Medicine and Rehabilitation. 7/1993-6/1996
Rehabilitation Institute of Michigan/Wayne State University
Detroit Michigan. Director Bruce Gans, MD

Residency: Internal Medicine. 7/1992-6/1993
Bi-County Community Hospital/Michigan State University
Warren Michigan. Director Joanna Pease, DO

Internship: Rotating Internship. 7/1991-6/1992
Bi-County Community Hospital/Michigan State University
Warren Michigan

Medical School: Kirksville College of Osteopathic Medicine 8/1987-6/1991
Kirksville, Missouri

College: Bachelor of Arts in Biology. 9/1982-6/1987
University of California at Santa Barbara
Santa Barbara, California

Fellowships:

FSMB- Federation of State Medical Boards
AAOE- American Board of Osteopathic Examiners

Specialty Board Status:

Board Certified in Chronic Pain Management American College of Physical Medicine and Rehabilitation. 9/2002- current
Board Certified American College of Physical Medicine and Rehabilitation. 5/1996 -current

Medical Licensure:

National Board of Osteopathic Medical Examiners – 7/1992
Hawaii State Medical Board 6/2017 current
California Osteopathic Medical Board – 7/1997 current
Fluoroscopy certification state of California – 9/2004

Professional Experience:

Private Practice, Hawaii Brain and Spine: Physical Medicine & Rehabilitation /Pain Management January 2018- present.

Member Hawaii State Medical Board 2019-2023

Hawaii Consortium for Continuing Medical Education / Project ECHO Department of Geriatrics. John Burns School of Medicine. January 2018-December 2019

Director, Physician in Charge, Kaiser Permanente of San Diego Department of Pain Management, San Diego Kaiser November 2014-December 2018. (We reduced high dose opiate use in Kaiser San Diego by 72% and all opiate use Kaiser San Diego by 28%)

Staff Physician Physical Medicine and Rehabilitation, Southern California Permanente Medical Group in San Diego – August 1996 – December 2017

Director Amputee Clinic at Kaiser Permanente San Diego
Director of Intrathecal Baclofen Pump Program at Kaiser Permanente San Diego
Director of Lymphedema Physical Therapy CDT Program Kaiser Permanente San Diego
Director Low Back Pain Clinic Kaiser Permanente San Diego
Director of Spasticity Management Kaiser Permanente San Diego
Clinical competence in the utilization of Botulinum toxin in Spasticity management, Myofascial pain, Migraine, and Cervical Dystonia.
Course work on Musculoskeletal Ultrasound

Adjunct Clinical Assistant Professor of Physical Medicine & Rehabilitation, ATSU School of Osteopathic Medicine in Arizona 2021- present

Clinical instructor PM&R for Western University of Health Sciences Medical School, Pomona California 2004-present

Volunteer Physician. International In-Line Skating Association. National Racing Circuit. – July 1992-August 1996

Honors and Awards:

Top Doctors Award Honolulu Magazine October 2019, 2020, 2021,2022, 2023

Top Doctors Award San Diego Magazine October 2008- 2018

Del Harder Research Award. Detroit Medical Center. - May 1996

National Osteopathic Honorary Fraternity. Sigma Sigma Phi. – September 1989

Dean's Honors. University of California at Santa Barbara. – 1986

Eagle Scout. Boy Scouts of America. – February 1974

Membership in Professional Organizations:

Federation of State Medical Boards 2019-2026

Hawaii Association Osteopathic Physician & Surgeons (HAOPS)– Board Member 2019- present

American Board of PM&R 2009 – present

Program Chairman HAOPS Primary Care Update Conference 6/24/2023 (8 hours CME)

Reviewer for Manuscripts- Archives of Physical Medicine and Rehabilitation 2016- present

Hawaii Society of Physical Medicine and Rehabilitation (Vice-president) 1/2018 – present

Hawaii Society of Pain Management 1/2018 - present

San Diego Osteopathic Medical Association. - President – 1998-2000

Association of Academic Physiatrists – 6/1996-present

American Association of Physical Medicine & Rehabilitation. – 7/1993-present

American Osteopathic Association. – 6/1991-present

Physicians for Social Responsibility, Chapter President

Northeast Missouri. – 9/1988-6/1990

American Medical Student Association, Chapter President

Kirksville College of Osteopathic Medicine. – school year 1989

Publications:

Improved Sensitivity of Functional Assessment for Sub-acute Rehabilitation Using:

The Mobility, Occupational & Vocational Exam (M.O.V.E.) Functional Test

Submit to the Archives of Physical Medicine and Rehabilitation May 2008

Presented at the XVIIth WFN World Congress on Parkinson's Diseases and Related Disorders December 9-13 2007 Amsterdam, The Netherlands

Elective Bilateral Above the Knee Amputation In T4-Complete Spinal Cord Injury: A Case Report

Spinal Cord; August 2008 Volume 46, 585-587

Book: Play Golf Forever; Treating Low Back Pain and Improving Your Golf Swing Through Fitness. Literary Architects Publishing. January 2006 (see amazon.com)

Intrathecal Baclofen for Generalized Dystonia: A Case Report

Archives of Physical Medicine and Rehabilitation

June 2001, Volume 82, Number 6, p853 to p855

The Influence of Age on Fibromyalgia Symptoms

Journal of Aging and Health. Vol. 14, Number 3 August 2002, p370-p384

A Population Based Study: Injury Profile for In-line Skating.
The Archives of Physical Medicine and Rehabilitation,
December 1997, Volume 78, Number 12, p1352 to p1357

Speakers Boards:

US World Meds -Myoblock Botulinum toxin type B
Medtronic- Intrathecal Baclofen Therapy
Allergan Neurosciences – Botox

Research Projects:

Functional Restorative Exercise Program for Chronic Pain Patients-
Department of Integrated Pain Management San Diego Kaiser 2014

Current: The Group Education Model for the Treatment of Low Back pain: Improving Access in Physical Medicine & Rehabilitation and Demonstrating Improved Department measures in patient Satisfaction, Quality of Life, and Disability Department of Physical Medicine and Rehabilitation, Kaiser Permanente, San Diego

Aquatic Therapy Program for Chronic Low Back Pain. Department of Physical Medicine and Rehabilitation. Kaiser Permanente, San Diego. January 2001

Osteopathic Manipulative Therapy for the Obstetrical Patient. paper presented at Tulsa Regional Medical Center, Tulsa, Oklahoma. 1990

Osteopathic Medicine. paper and lecture presented to medical students and physicians at the Baylor College of Medicine, Houston, Texas 1988

Cultivation of Scallop Larvae for Commercial Ocean Agriculture. Independent Student Research Project, Director, Joe Connel Ph.D., Dept. of Marine Biology, University of California Santa Barbara, 1986

Activities:

Mountaineering- Mt. Kilimanjaro, Mt. Rainer (lead expedition), Mt Shasta (lead multiple expeditions), Mt. Whitney, Mt. Fuji, Mt. Olympus, most of the peaks in California.

Mountain biker – race at the sport level

Snowboarder for twenty-five years and snowboard instructor

Road bike- 100 mile Century races

First place finish relay road bike Race Across America, San Diego to Atlantic City (3,000 miles) in 6 days and 5 hours, June 2004

Marathoner-24 to date- last Sydney , Australia 6/2023

Age Bracket winner Spartan Hawaii Race 2021

La Jolla Cove Swim Club swimming 1-3 miles every Saturday for 17 years.

International Dance and Exercise Association –Aerobics instructor, Fitness West. Pacific Beach California 1996-1998

International In-line Skating Association –Instructor since 1996

Triathlon races – half Iron-man distances

Team leader for medical tent Rock-N-Roll Marathon 1999, 2001

Team Leader for medical tent, Hawaii Iron-Man Triathlon Championship 1999, 2000, 2001

San Diego Track Club member and sports medicine physician-1999

Coaching youth soccer at La Jolla Youth Soccer League

Coaching Intermediate / Varsity School Tennis Team Le Jardin Academy, Hawaii
PTA president Kailua Elementary School 2020
Assistant Scout Master Pack 223 Kailua Cub Scouts- Scouting BSA
Golf and tennis player

References:

At your request