

RESUME

Brian Alston

WORK EXPERIENCE

**Resident Assistant**

Mental Health Kokua - Lihue, HI  
June 2016 to Present

On the weekend I currently manage two homes with formerly chronic homeless adults struggling with severe mental illness. We oversee their day to day chores, activities ,medication management etc

**Resident Services Manager**

Lihue Court Townhomes  
January 2012 to December 2016

One of two Managers overseeing the site of Lihue Court Townhomes, a 173-unit affordable rental property near downtown Lihue, I was principally responsible for handling resident complaints, mediating conflicts, making assessments and referrals for employment, domestic violence intervention, substance abuse prevention, etc. I developed programs and services for 450 residents (seniors, families, single adults, youth, and children), and established stakeholder relationships with social services and other community resources in the areas of community building, economic sufficiency, food sustainability and youth development.

**ONLINE College Teaching** 2005 – 2012 in Ethics, Philosophy, World Religion, and NeuroTheology.

**Recovery Coach**

Paradise Recovery - Honolulu, HI  
September 2007 to April 2009  
Honolulu, HI Sept 2007 - April 2009

Provide listening, feedback and support during client's day to day residential admission. Accompany clients on escorts providing sober support in real world interactions. Provide group therapy to help clients' process and integrate therapeutic interventions into life experiences.

**Staff Therapist (full-time)**

Addiction Treatment Center - Brighton, MA. June 2003 to July 2007

Provided individual and family counseling to adult substance dependent and dual diagnosed clients; and Facilitated weekly educational groups in anger management, cocaine recovery, and relapse prevention; Facilitated weekly men's group addressing life issues such as meeting educational and employment goals, maintaining good physical, mental/emotional health, and social well-being.

## EDUCATION

Doctorate in Clinical Psychology  
(50 Graduate credits)  
Walden University - Minneapolis, MN  
September 2011 to August 2013

MA Cognitive Science and religion  
Boston University - Boston, MA  
September 2002 to May 2003

MA Theology and Ethics  
Hartford Seminary - Hartford, CT  
September 1998 to October 2001

BA Religion, Anthropology and Sociology  
Amherst College - Amherst, MA  
September 1982 to May 1986

Diploma  
Boston Latin High School - Boston, MA  
September 1978 to June 1982

Diploma (Chinese Culture) in Chinese Culture  
Hangzhou University - Hangzhou, CN  
June 1981 to August 1981