

MAR 08 2024

SENATE RESOLUTION

URGING A TRANSITION TO A PLANT-BASED LIFESTYLE.

1 WHEREAS, a plant-based lifestyle that incorporates plant-
2 based nutrition and plant-based construction materials offers a
3 multitude of beneficial impacts to human health, animal welfare,
4 and the environment; and
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6 WHEREAS, a plant-based lifestyle also champions Aloha ‘Āina
7 by fostering a respectful and nurturing relationship with the
8 land, encouraging practices that protect and enhance the natural
9 environment, thereby ensuring the well-being of future
10 generations; and
11

12 WHEREAS, in particular, a plant-based lifestyle aligns with
13 traditional Hawaiian dietary practices, enriching biodiversity
14 through the cultivation of endemic and canoe plants, supporting
15 the restoration of the Ahupua‘a system, aiding in the prevention
16 and mitigation of natural disasters, advancing food security,
17 and advocating for the use of sustainable building materials,
18 thereby fostering a holistic approach to environmental
19 stewardship, cultural preservation, and community well-being;
20 and
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22 WHEREAS, plant-based nutrition consists primarily of
23 fruits, vegetables, whole grains, legumes, beans, nuts, and
24 seeds, while minimizing or eliminating animal products, such as
25 meat, poultry, fish, eggs, and dairy products; and
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27 WHEREAS, many health care associations advocate for a
28 plant-based diet including the Physicians Committee for
29 Responsible Medicine, American Heart Association, and MD
30 Anderson Cancer Center at the University of Texas; and
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32 WHEREAS, a study conducted by the University of Oxford
33 found that a plant-based diet can dramatically reduce greenhouse
34 gas emissions and other harmful effects caused by the meat and
35 dairy industry; and
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1 WHEREAS, other academic and international institutions like
2 Stanford University; University of California, Berkely; and the
3 United Nations Food and Agriculture Organization have all
4 reported that phasing out animal agriculture can have an
5 enormous positive impact on reducing the effects of climate
6 change; now, therefore,
7

8 BE IT RESOLVED by the Senate of the Thirty-second
9 Legislature of the State of Hawaii, Regular Session of 2024,
10 that this body urges a transition to a plant-based lifestyle;
11 and
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13 BE IT FURTHER RESOLVED that certified copies of this
14 Resolution be transmitted to the Governor, Comptroller, Director
15 of Health, Superintendent of Education, Chair of the Board of
16 Education, Director of the Department of Agriculture, Director
17 of the Office of Planning and Sustainable Development, and
18 mayors of each of the counties.
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OFFERED BY: *Mike Gabbard*

