JAN 2 0 2023

A BILL FOR AN ACT

RELATING TO MENSTRUAL EQUITY.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. The legislature finds that menstrual products
- 2 are necessary every month for approximately half of Hawaii's
- 3 population, beginning in the school-aged years, between the ages
- 4 of ten through fifteen, or the average of twelve years old.
- 5 The legislature further finds that "period poverty", the
- 6 term that refers to an inability to access menstrual products,
- 7 may negatively impact an individual's health and well-being.
- 8 Period poverty is often the result of circumstances, including
- 9 but not limited to income constraints, inadequate menstrual
- 10 health and hygiene education, cultural or societal shame or
- 11 stigma surrounding menstruation, and a lack of running water or
- 12 sanitary locations to maintain personal hygiene. Period poverty
- 13 disproportionately affects menstruating students, members of
- 14 low-income households, persons experiencing houselessness,
- 15 individuals who identify as nonbinary or transgender, and
- 16 individuals with a history of involvement with the justice
- 17 system. The legislature notes that economic challenges have



- 1 been exacerbated by the coronavirus disease 2019 pandemic,
- 2 magnifying menstrual inequity in Hawaii.
- 3 The legislature additionally finds that half of the
- 4 respondents to a statewide survey on menstruation reported
- 5 missing school or work because of the respondent's menstruation.
- 6 According to the 2021 study of the Hawaii state commission on
- 7 the status of women and Mai Movement Hawaii, nearly one in three
- 8 respondents reported that the respondent, or someone in the
- 9 respondent's household, experienced difficulty obtaining
- 10 menstrual products due to cost.
- 11 Additionally, it has been reported that the inability to
- 12 adequately manage menstruation, specifically the lack of access
- 13 to menstrual products in schools, limits full participation in
- 14 school, contributes to higher rates of school absenteeism and
- 15 missed activities, and negatively impacts a student's ability to
- 16 learn. The 2021 study of the Hawaii state commission on the
- 17 status of women and Mai Movement Hawaii reported that forty-two
- 18 per cent of respondents missed class or left school because the
- 19 respondents did not have access to menstrual products, and
- 20 nearly twenty-two per cent of respondents missed school
- 21 entirely. Of those who missed school entirely, nearly twelve

- 1 per cent missed three to five school days, and six per cent
- 2 missed six to ten school days in an academic year.
- 3 The legislature also finds that chronic absenteeism is one
- 4 of the most powerful predictors of student success or failure.
- 5 It is a priority for Hawaii public schools, including the
- 6 State's higher education system, to minimize or eliminate
- 7 chronic absenteeism. Students miss school for many reasons, but
- 8 absenteeism due to inadequate menstruation management is
- 9 avoidable. In August 2021, Mai Movement Hawaii began conducting
- 10 a statewide pilot project and study called the Hoohanohano
- 11 initiative. Through the Hoohanohano initiative, Mai Movement
- 12 Hawaii distributed menstrual products to students at certain
- 13 schools on the islands of Oahu, Hawaii, Maui, and Kauai; tracked
- 14 menstrual product usage over time; and conducted pre- and post-
- 15 surveys of students and faculty members. Mai Movement Hawaii
- 16 noted that both student and faculty survey respondents reported
- 17 experiencing or witnessing students missing part of, or the
- 18 entire, school day due to challenges with menstruation. Mai
- 19 Movement Hawaii found that eight out of ten students have
- 20 difficulties accessing menstrual products, indicating
- 21 embarrassment, cost, and education as the major barriers. It

- 1 has been well-studied and proven that the lack of adequate
- 2 menstrual products directly and adversely impacts student
- 3 health, including medical issues caused by the use of menstrual
- 4 products for longer than the recommended duration or the use of
- 5 substandard alternatives. The Hoohanohano initiative revealed
- 6 that students used unhealthy alternatives like newspapers, old
- 7 rags, diapers, folder paper, and leaves when the students did
- 8 not have access to menstrual products. This jeopardizes the
- 9 safety and health of students and increases the risk of serious
- 10 medical issues, including preventable infections that make
- 11 students susceptible to cervical cancer; infertility;
- 12 reproductive tract infections; and toxic shock syndrome, which
- 13 can result in death.
- 14 The legislature further finds that there is convincing
- 15 evidence that free menstrual products have positive impacts on
- 16 education. The midyear assessment of the Hoohanohano initiative
- 17 revealed reductions in reported barriers to access, missed
- 18 classes, and absences. The number of faculty that reported
- 19 witnessing students experiencing difficulties accessing
- 20 menstrual products dropped from fifty-six per cent to one per
- 21 cent. Further, only sixteen per cent of students reported

- 1 embarrassment as a barrier to access, compared to thirty-three
- 2 per cent at the beginning of the year. Additionally, students
- 3 reported missing fewer classes, a seven per cent improvement,
- 4 and fewer school days, a nine per cent improvement, as a result
- 5 of increased access to menstrual products through the
- 6 Hoohanohano initiative.
- 7 More than ten states, including Arkansas, California,
- 8 Colorado, Delaware, Georgia, Illinois, Nevada, New Hampshire,
- 9 New York, Oregon, Rhode Island, and Washington, have laws or
- 10 policies advancing menstrual equity in the states' public school
- 11 and higher education systems. The Menstrual Equity Act for All,
- 12 introduced earlier this year in the United States Congress,
- 13 seeks to comprehensively address period poverty in schools, as
- 14 well as menstrual inequity in other spaces. Countries around
- 15 the world, including Kenya, New Zealand, and Scotland, have also
- 16 adopted laws providing free menstrual products to students.
- 17 The legislature finds that a basic principle of the
- 18 University of Hawaii, expressed in section 304A-101 of the
- 19 Hawaii Revised Statutes, is that no person shall be deprived of
- 20 the privileges of the university because of sex. The lack of
- 21 access to menstrual products is an obvious form of gender-based



- 1 exclusion. Menstrual products are vital for the physical and
- 2 mental health, well-being, and full participation of
- 3 menstruating students, including but not limited to women and
- 4 transgender, nonbinary, and gender non-conforming individuals.
- 5 The legislature further finds that national and state data
- 6 clearly establish that students who menstruate and cannot afford
- 7 menstrual products, or are unable to access these products for
- 8 other reasons, face a significant barrier to education that
- 9 biologically male students do not experience.
- 10 The purpose of this Act is to require the University of
- 11 Hawaii to uphold educational and gender equity by providing
- 12 menstrual products to all students, free of charge, on any
- 13 University of Hawaii campus, including the community colleges.
- 14 SECTION 2. Chapter 304A, Hawaii Revised Statutes, is
- 15 amended by adding a new section to part I, subpart A, to be
- 16 appropriately designated and to read as follows:
- 17 "\$304A- Menstrual products; availability. (a) The
- 18 University of Hawaii shall provide menstrual products free of
- 19 charge to all students on any University of Hawaii campus,
- 20 including the community colleges.

1	(b) For purposes of this section, "menstrual products"
2	includes but is not limited to disposable menstrual pads and
3	tampons."
4	SECTION 3. New statutory material is underscored.
5	SECTION 4. This Act shall take effect on July 1, 2023.
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	THURDODUCED BY.

Report Title:

Menstrual Equity; Menstrual Products; University of Hawaii

Description:

Requires the University of Hawaii to provide menstrual products free of charge to all students on any University of Hawaii campus, including the community colleges.

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