

DAVID Y. IGE

JOSH GREEN LT. GOVERNOR

STATE OF HAWAII OFFICE OF THE DIRECTOR DEPARTMENT OF COMMERCE AND CONSUMER AFFAIRS

335 MERCHANT STREET, ROOM 310 P.O. BOX 541 HONOLULU, HAWAII 96809 Phone Number: 586-2850 Fax Number: 586-2856 cca.hawaii.gov CATHERINE P. AWAKUNI COLÓN DIRECTOR

JO ANN M. UCHIDA TAKEUCHI DEPUTY DIRECTOR

Testimony of the Department of Commerce and Consumer Affairs

Before the Senate Committee on Health Monday, February 7, 2022 1:00 p.m. Via Videoconference

On the following measure: S.B. 2467, RELATING TO MENTAL HEALTH SCREENINGS

Chair Keohokalole and Members of the Committee:

My name is Colin M. Hayashida, and I am the Insurance Commissioner of the Department of Commerce and Consumer Affairs' (Department) Insurance Division. The Department offers comments on this bill.

The purpose of this bill is to require that one annual mental health screening be included in health insurance coverage for diagnosis and treatment of mental disorders.

This bill would amend Hawaii Revised Statutes § 431M-4(b) to provide that the "coverage for diagnosis" currently required by that subsection include one annual mental health screening.

We appreciate the importance of efforts to improve access to mental health services. Although we are unable to speak definitively as to whether this bill may be construed as "in addition to the essential health benefits" within the meaning of 45 Code of Federal Regulations (CFR) § 155.170(a) or subject to defrayment provisions under 45 CFR § 155.170(b), the approach to this issue in this bill appears the least likely to pose a defrayment issue.

Testimony of DCCA S.B. 2467 Page 2 of 2

Thank you for the opportunity to testify on this bill.

<u>SB-2467</u> Submitted on: 2/4/2022 1:16:02 PM Testimony for HTH on 2/7/2022 1:00:00 PM

Submitted By	Organization	Testifier Position	Remote Testimony Requested
Michael Golojuch Jr	Testifying for Stonewall Caucus of the Democratic Party of Hawaii	Support	Yes

Comments:

Aloha Senators,

The Stonewall Caucus of the Democratic Party of Hawai'i (formerly the LGBT Caucus) Hawai'i's oldest and largest policy and political LGBTQIA+ focused organization fully supports SB 2467.

We hope you all will support this important piece of legislation.

Mahalo nui loa,

Michael Golojuch, Jr. Chair and SCC Representative Stonewall Caucus for the DPH



February 5, 2022

The Honorable Jarrett Keohokalole, Chair The Honorable Rosalyn H. Baker, Vice Chair Senate Committee on Health

Re: SB 2467 – Relating to Mental Health Screenings

Dear Chair Keohokalole, Vice Chair Baker, and Committee Members:

Hawaii Medical Service Association (HMSA) appreciates the opportunity to testify on SB 2467, which requires that one annual mental health screening be included in health insurance coverage for diagnosis and treatment of mental disorders.

HMSA supports the intent of this measure to increase access to mental health services in Hawaii. At HMSA we take mental health very seriously. HMSA provides comprehensive treatment to our members with a serious mental illness which includes outpatient and inpatient hospital visits.

Additionally, HMSA members are also given a mental health and wellbeing questionnaire during their annual physical exams with their primary care provider who can refer interested individuals to a mental health provider for additional care. Mental health care is also readily available 24/7 via telehealth through HMSA Online Care which is available to anyone in Hawaii.

Thank you for the opportunity to testify on SB 2467.

Sincerely,

Matthew W. Sasaki Assistant Vice President Government & External Relations



HIPHI Board

Kilikina Mahi, MBA Chair KM Consulting LLC

JoAnn Tsark, MPH Secretary John A. Burns School of Medicine, Native Hawaiian Research Office

Debbie Erskine Treasurer Kamehameha Schools

Keshia Adolpho, LCSW Molokai Community Health Center

Camonia Graham - Tutt, PhD University of Hawai'i - West O'ahu

Carissa Holley, MEd Hale Makua Health Services

May Okihiro, MD, MS John A. Burns School of Medicine, Department of Pediatrics

Misty Pacheco, DrPH University of Hawai'i at Hilo

Michael Robinson, MBA, MA Hawai'i Pacific Health

Kathleen Roche, MS, RN, CENP Kaiser Permanente

Dina Shek, JD Medical-Legal Partnership For Children in Hawai'i

Garret Sugai MDX Hawaiʻi

Titiimaea Ta'ase, JD State of Hawai'i, Deputy Public Defender

HIPHI Initiatives

Coalition for a Tobacco-Free Hawaiʻi

Community Health Worker Initiative

COVID-19 Response

Hawai'i Drug & Alcohol Free Coalitions

Hawai'i Farm to School Hui

Hawai'i Oral Health Coalition

Hawaiʻi Public Health Training Hui

Healthy Eating + Active Living

Kūpuna Food Security Coalition

Date: February 6, 2022

- To: Senator Jarrett Keohokalole, Chair Senator Rosalyn H. Baker, Vice Chair Members of the Committee on Health
- Re: Support for SB 2467, Relating to Mental Health Screenings
- Hrg: February 7, 2022 at 1:00 PM via videoconference

The Hawai'i Public Health Instituteⁱ (HIPHI) is in **support of SB 2467**, which requires annual mental health screenings to be covered by health insurance.

HIPHI is committed to the prevention of disease and a holistic promotion of health. Mental health care is a critical tool in addressing chronic disease. Though mental health has conventionally been approached as separate and secondary to physical health, studies have shown that mental illness is integral to overall health and has been linked to chronic diseases such as diabetes, cardiovascular disease, and cancer. Much of mental illness could be caught early in life, as the majority of lifetime mental health conditions begin before the age of 25.ⁱⁱ

Acccording to the National Alliance on Mental Illness Hawai'i in its 2021 Hawai'i State Fact Sheet,ⁱⁱⁱ 187,000 adults in Hawai'i have a mental health condition, and of the 31,000 adults in Hawai'i who did not received needed mental health care in the last year, 15.6% did not because of cost.^{iv} Among Hawai'i youth experiencing depression, the majority did not receive care in the last year.^v Covering annual mental health screenings will help to normalize routine mental health "check-ups" and reduce stigma around mental health and mental illness, increase access to care, and would likely lead to earlier detection and treatment of mental illness, which could reduce the prevalence of chronic disease. For these reasons, HIPHI respectfully requests that the Committee **PASS** SB 2467.

Thank you for the opportunity to provide testimony.

Mahalo,

tomandus

Amanda Fernandes, JD Policy and Advocacy Director ⁱⁱ Kessler RC, Berglund P, Demler O, Jin R, Merikangas KR, Walters EE. (2005). Lifetime Prevalence and Age-of-Onset Distributions of DSM-IV Disorders in the National Comorbidity Survey Replication. Archives of General Psychiatry, 62 (6) pp. 593-602. doi:10.1001/archpsyc.62.6.593.

ⁱⁱⁱ National Alliance on Mental Illness Hawaiʻi, Mental Illness in Hawaiʻi State Fact Sheet (February 2021). <u>https://www.nami.org/NAMI/media/NAMI-Media/StateFactSheets/HawaiiStateFactSheet.pdf</u>.

^{iv} Kaiser Family Foundation analysis of Substance Abuse and Mental Health Services Administration (SAMHSA)'s restricted online data analysis system (RDAS), National Survey on Drug Use and Health (NSDUH), 2017 and 2018, Substance Abuse and Mental Health Data Archive. <u>https://www.kff.org/state-category/mental-health/</u>.

v Ibid.

ⁱ Hawai'i Public Health Institute is a hub for building healthy communities, providing issue-based advocacy, education, and technical assistance through partnerships with government, academia, foundations, business, and community-based organizations.

DAVID Y. IGE GOVERNOR OF HAWAII



STATE OF HAWAI'I STATE COUNCIL ON DEVELOPMENTAL DISABILITIES PRINCESS VICTORIA KAMĀMALU BUILDING 1010 RICHARDS STREET, Room 122 HONOLULU, HAWAI'I 96813 TELEPHONE: (808) 586-8100 FAX: (808) 586-7543 February 07, 2022



ELIZABETH A. CHAR, M.D. DIRECTOR OF HEALTH

The Honorable Senator Jarrett Keohokalole, Chair Senate Committee on Health The Thirty-First Legislature State Capitol State of Hawai'i Honolulu, Hawai'i 96813

Dear Senator Keohokalole and Committee Members:

SUBJECT: SB2467 Relating to Mental Health Screenings

The Hawaii State Council on Developmental Disabilities **SUPPORTS SB2467** which requires that one annual mental health screening be included in health insurance coverage for diagnosis and treatment of mental disorders.

Many individuals with intellectual/developmental disabilities (I/DD) often have dual diagnoses (having both a disability and a mental health disorder). Providing mental health screenings can help better care for individuals who may have a dual diagnosis that has not been discovered yet.

Thank you for the opportunity to submit testimony in **support of SB2467**.

Sincerely,

tu Bartillia

Daintry Bartoldus Executive Administrator



<u>SB-2467</u> Submitted on: 2/6/2022 8:56:23 PM Testimony for HTH on 2/7/2022 1:00:00 PM

Submitted By	Organization	Testifier Position	Remote Testimony Requested
Jo-Ann M Adams	Individual	Support	No

Comments:

This bill is necessary in all times and even more so as the effects of the pandemic continue to grind on us.

Personally, I am taking advantage of telehealth to engage in weekly sessions. It has been tremendously helpful in navigating effects on my wellbeing from the pandemic and the relative isolation it causes.