JOSH GREEN, M.D. GOVERNOR KE KIA'ĀINA



CATHY BETTS
DIRECTOR
KA LUNA HO'OKELE

JOSEPH CAMPOS II
DEPUTY DIRECTOR
KA HOPE LUNA HO'OKELE

STATE OF HAWAII KA MOKU'ĀINA O HAWAI'I

DEPARTMENT OF HUMAN SERVICES

KA 'OIHANA MĀLAMA LAWELAWE KANAKA
Office of the Director
P. O. Box 339
Honolulu, Hawaii 96809-0339

March 22, 2023

TO: The Honorable John M. Mizuno, Chair

House Committee on Human Services

FROM: Cathy Betts, Director

SUBJECT: HCR 203/ HR 207 - REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST

DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES

ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

Hearing: March 23, 2023, 9:00 a.m.

Conference Room 329 & Via Videoconference, State Capitol

DEPARTMENT'S POSITION: The Department of Human Services (DHS) offers comments.

<u>PURPOSE</u>: This resolution requests that DHS Med-QUEST Division (MQD) take steps necessary to ensure that adequate provider rates are established for applied behavioral analysis services (ABA); to assess current reimbursement rates for ABA; and to submit a report of its findings and recommendations on appropriate reimbursement rate increases, including any proposed legislation, to the Legislature no later than twenty days prior to the convening of the Regular Session of 2024.

MQD can assess reimbursement rates for ABA services and submit a report on its findings to the Legislature no later than twenty days before the convening of the Regular Session of 2024. As background, when the Medicaid reimbursement rates were developed for ABA, MQD analyzed other payers of Tri-Care and available commercial rates and matched them. Currently, the primary utilized service code is differentiated by the provider level, e.g., Licensed and Board Certified Behavioral Analyst, Board Certified Assistant Behavioral Analyst,

or Registered Behavioral Technician. This ABA rate paid by MQD continues to be equivalent to Tri-Care for two of the three providers. Additionally, a brief review of several other states' Medicaid fee schedules for ABA showed that Hawaii rates tend to be higher than most and about the same as others. A more comprehensive analysis can be conducted as it is well understood that all health care providers face challenges, including those providing ABA services, particularly on the neighbor islands.

Thank you for the opportunity to provide comments on this measure.



3/21/23

Re: HCR 203/HR 207- REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

I support bills HCR 203 & HR 207 which aim to ensure that Med Quest provider rates are raised for Applied Behavior Analysis (ABA) Services. As a service provider for ABA, I have been considering changing my profession as my company is unable to reimburse me enough for me to make a living with prices rising everywhere. In order to continue to provide good care for our clients, the rates need to be raised.

Aloha, Hannah Greenwood, BCBA, LBA



3/21/23

Re: HCR 203/HR 207- REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

I support bills HCR 203 & HR 207 which aim to ensure that Med Quest provider rates are raised for Applied Behavior Analysis Services.

The bills HCR 203 and HR 207 will allow the clinic I work for to increase my wage so that I can keep working as an RBT (Registered Behavioral Technician). I love my job but it is not a livable wage. There is much to do as an RBT. I spend more hours working than I am being paid to work. Between preparing and cleaning up after the clients, creating materials, inputting data and writing notes to insurance, if I have a child with challenging behavior that I must keep a close eye on, I am not able to complete everything I need to complete within the billing hours. Working in this field can be emotionally and physically taxing but nevertheless, our work is a necessity for our community as a whole.

Increasing wages for RBT's on the island would help RBT's continue doing their job without having to work a second job and undoubtedly bring more RBT's into the field which would increase the amount of families able to get the behavioral services they need. I urge you to support the bills HCR 203 and HR 207 to help families with children with autism get the quality services they need and help those who work in the applied behavior analysis services get the wage they need to survive. Passing the bills HCR 203 and HR 207 will allow positive change in our communities for generations to come.

Aloha, Valerie Eshelman

Valerie Eshelman

Written Testimony

House Committee on Human Services

Thursday, March 23, 2023 / 9:00 am Conference Room 329, Hawai'i State Capitol

By

Christine K. Walton, PhD, BCBA-D, LBA President, Behavior Analysis No Ka Oi, Inc.

HCR 203/HR 207 – REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

Chair Mizuno, Vice Chair Amato and members of the committee

Thank you for the opportunity to submit testimony in **support of HCR203/HR 207** which appropriates funding for Med-Quest division for non-covered or under-covered behavioral health services for med-Quest beneficiaries.

I am the President of Behavior Analysis No Ka Oi, Inc., a Kaka'ako-based clinic that has been serving people with autism for over 15 years. At our clinic, we provide applied behavior analysis (ABA), which is a medically necessary, empirically validated treatment approach for children diagnosed with autism and other related disorders. Since the passing of Luke's Law in 2015, which requires health insurance coverage for the diagnosis and treatment of autism, there has been no change to the Medicaid fee schedule for ABA.

The operational costs of running a clinic have increased significantly since 2015. Specifically, costs related to rent, health insurance for employees, the IRS standard mileage reimbursement rate for employees who commute to the families' homes or other community sites, have all increased.

As a direct result of no increases to the Medicaid fee schedule for ABA, we have been struggling with hiring. Interviewees request competitive wages, comparable to school-based services which reimburse at a higher rate. We not only struggle with recruiting the best providers, but also in retaining our most qualified providers, where several have relocated to the mainland where the cost of living is lower and fee schedules are higher. We are simply not able to serve clients due to the challenges of recruiting and retaining providers, resulting in a current wait list for services of approximately 3 years. While the passage of Luke's Law was a monumental advancement in securing services for the people of Hawai'i, it is not

impactful if those it was meant to ensure services for cannot find providers.

In conclusion, in order to provide medically necessary services, funding for Med-Quest division for non-covered or under-covered behavioral health services for Med-Quest beneficiaries must be increased.



Committee on Human Services

Thursday, March 23, 2023 9:00 a.m. VIA VIDEOCONFERENCE Conference Room 329 State Capitol 415 South Beretania Street

SUPPORT HCR 203/HR 207 RELATING TO THE DEPARTMENT OF HUMAN SERVICES

Chair Mizuno, Vice Chair Amato, and members of the Committee:

On behalf of the Hawai'i Association for Behavior Analysis (HABA) we thank you for the opportunity to submit testimony in strong support of HCR 203/ HR 207 which requests the department of human services Med-QUEST division take steps necessary to ensure that adequate provider rates are established for applied behavior analysis services. Applied behavior analysis (ABA) is a medically necessary service provided for QUEST beneficiaries under the age of 21 with an autism diagnosis for intensive behavioral therapy (IBT), as mandated by section 1905(r) of the Social Security Act for Early and Periodic Screening, Diagnostic and Treatment (EPSDT). Autism is classified as a mental health condition, included in the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) and ABA treatment is the leading behavioral health treatment to ameliorate symptoms associated with this diagnosis and focuses on improving independence and decreasing the level of supports and services needed over the lifetime.

Providers across the state have reported they are not able to meet the needs of QUEST members largely due to difficulty hiring and retaining providers given our high cost of living and the demand for increased wages. Reimbursement rates for QUEST services were set in 2015 and have not increased, creating a hardship for behavioral health providers. This has resulted in significant delays for beneficiaries to access services, as well as not being able to meet the full service needs for children and families in our state.

Below market reimbursement rates—the current reimbursement rate for Registered Behavior Technicians (RBTs) is below market rate in Hawaii. The American Medical Association (AMA) Current Procedural Terminology (CPT®) codes for ABA services are carrier priced, meaning the Centers for Medicare & Medicaid Services (CMS) Medicare Physician Fee Schedule (MPFS) does not currently set rates for our services. This means that other measures that are focused on bringing Medicaid payments to 100% of Medicare (like SB397 SD2), would not include ABA services. This has resulted in a lack of parity for these intensive behavioral health services in our state.

Other payors in the state, including the Department of Education (DOE) and Department of Health (DOH) Development Disabilities Division (DDD) pay higher rates for these services, with a difference of \$25 per hour for DOE neighbor islands and \$19.45 for DOH-DDD respectively.

Other states, with lower costs of living, have increased their reimbursement rates over the years while the QUEST reimbursement rates have remained the same. A sample of Medicaid state rates for RBTs is included in Table 1.

| Funder | RBT rate per hour |
|------------------|-------------------|
| Alaska Medicaid | \$76.08 |
| Arizona Medicaid | \$81.48 |
| Nevada Medicaid | \$52.04 |
| Oregon Medicaid | \$55 |
| Hawai'i Medicaid | \$50 |

Table 1. Medicaid rates in other states for comparison with links to state fee schedules.

Waitlist for services, limited provider network—QUEST beneficiaries are too often faced with a lack of access to services across the state, especially on neighbor islands. Providers report having to maintain waitlists, with families sometimes waiting for years to access their medically necessary behavioral health treatment. Research demonstrates that early intensive intervention and provision of services in line with the <u>professional standards of care</u> for treatment dosage produce the best gains for individuals and can decrease the costs of care over the lifetime.

Due to low reimbursement rates and the high cost of living here in the islands, there is a shortage of providers, creating provider network adequacy issues. An increase in reimbursement rates would allow providers to pay livable wages and create additional jobs to serve QUEST beneficiaries.

We urge you to pass these resolutions to address the urgent need for parity in payments for applied behavior analysis services for the Medicaid population. Thank you for the opportunity to submit this testimony.

Mahalo,

MEGADIT

Kristen Koba-Burdt, BCBA, LBA Legislative Chair Hawai'i Association for Behavior Analysis



Committee on Human Services

Thursday, March 23, 2023 9:00 a.m. VIA VIDEOCONFERENCE Conference Room 329 State Capitol 415 South Beretania Street

SUPPORT HCR 203/HR 207 RELATING TO THE DEPARTMENT OF HUMAN SERVICES

Chair Mizuno, Vice Chair Amato, and members of the Committee:

Thank you for the opportunity to submit testimony in **support of HCR 203/ HR 207**. BAYADA is a not-for-profit health care company committed to serving our community. We provide services across the state, with behavioral health services for QUEST members on Oahu and Maui.

As a behavioral health service provider, we have struggled to meet the needs of children with autism on Med-QUEST due to the increased costs of operating a business without increased rates for our services. QUEST rates for the coverage of intensive behavioral therapy (IBT) for treatment of children under 21 years of age with autism spectrum disorder (ASD), also referred to as applied behavior analysis (ABA), were set in 2015 and have not increased, despite the increased costs of living and increased costs for employers over the last 8 years. Wages have gone up nearly 30% since 2015 in Hawai'i, forcing businesses to shoulder the cost without proportionate rate increases, making it harder to attract candidates and businesses to the field of supporting individuals with autism and their families.

• Rate differences—There is a significant disparity in reimbursement between Med-QUEST and other departments within the state who pay a higher rate for Registered Behavior Technicians (RBT), who are an integral part of providing applied behavior analysis (ABA) services. In the table below, publicly available rates in the state are included for comparison. Additionally, these other funding sources allow for more service activities to be billed in comparison to QUEST, resulting in even lower reimbursement.

| Funder | RBT rate per hour |
|--------------------------|-------------------|
| TRICARE Hawai'i | \$65.56 |
| DOH-DD Waiver | \$69.48 |
| DOE for neighbor islands | \$75 |
| MedQUEST | \$50 |

Table 1. Publicly available rates for the same service in Hawai'i.

Difficulty hiring and retaining providers—as an organization, we have struggled to hire and
retain providers to meet the needs of QUEST members and other clients in need of services.
Often during the recruitment process, providers are asking for wages we are not able to provide
due to the current reimbursement rates. We're receiving more applications than ever, and
offering more conditional offers, however we're seeing lower position acceptance or transition
to hired.



- Staffing differences: for comparison, at our Maui location we have been able to hire
 double the amount of RBTs in the last year to work in the DOE (which has a higher
 reimbursement rate) than we have been able to hire for our QUEST and insurancefunded services.
- Waitlist to access services—currently we must maintain a waitlist for clients to access services
 because there is more demand than we are able to meet with our current providers. At our
 Oahu location, 40% of those on our waitlist are QUEST members. At our Maui location, 66% are
 QUEST members. We closed our Big Island and Kauai insurance-based services, despite ongoing
 community need, due to losses based on unsustainable rates in 2018. These waitlists are only
 representative of our organization and are similar across providers.
- Access to care behavioral health services provided during critical early years can decrease the
 overall costs to the state by preventing children and families needing to remain reliant on state
 resources for care as they grow. Current waitlists and provider adequacy limitations, prevent
 access to access to behavioral healthcare that allows children to build needed skills and
 decrease symptoms that reduce the need for supports from DOE, DHS, and DOH-DDD as they
 age.
- Career and Workforce Development—with improved funding in behavioral health organizations such as ours, providers can increase access to jobs for our local community with livable wages in healthcare careers supporting QUEST members here in Hawai'i. With adequately funded and competitive reimbursement rates we believe we can improve member access to much needed services not only on Maui and Oahu, but to Big Island and Kauai as well.

We respectfully request the Committee pass this resolution in support of increasing rates for what we believe are under-covered behavioral health services.

Thank you,

Josliene Miller BAYADA Behavioral Health



March 22, 2023

March 20, 2023

Re: HCR203/HR207

REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

I write to you today on behalf of The Council of Autism Service Providers (CASP) in support of HCR203/HR207 .CASP is a non-profit association of organizations committed to providing evidence-based care to individuals with autism. CASP represents the autism provider community to the nation at large, including government, payers, and the general public. We provide information and education and promote standards that enhance quality of care.

Of particular interest to our members is the coverage of evidence-based care in both private health insurance plans as well as through Medicaid.

The State of Hawaii took an important step in 2015, when it passed legislation requiring coverage of medically necessary care for ASD. Since then, individuals diagnosed with ASD have had access to meaningful interventions, reducing their need for special education services, improving their quality of life, and opening doors for further education and employment.

This coverage includes children under the age of 21 who are enrolled in MedQUEST, assuring access to medically necessary care pursuant to Medicaid's Early Periodic, Screening, Diagnostic and Treatment (EPSDT) mandate and CMS' Informational Bulletin on Clarification of Medicaid Coverage of Services to Children with Autism.¹

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¹ Center for Medicaid and CHIP Services. Informationa Bulletin, Clarification of Medicaid Coverage of Services to Children with Autism, July 7, 2014 (hereinafter "CMS Informational Bulletin"), available at http://www.medicaid.gov/Federal-Policy-Guidance/Downloads/CIB-07-07-14.pdf.

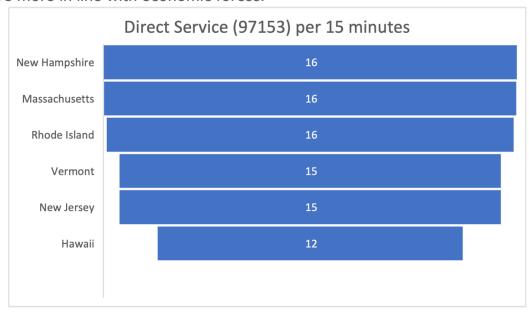
EPSDT requires that these services be provided without delay. The previously referenced CMS bulletin² states:

EPSDT also requires medically necessary diagnostic and treatment services. When a screening examination indicates the need for further evaluation of a child's health, the child should be appropriately referred for diagnosis and treatment without delay. Ultimately, the goal of EPSDT is to assure that children get the health care they need, when they need it – the right care to the right child at the right time in the right setting.

The role of states is to make sure all covered services are available as well as to assure that families of enrolled children, including children with ASD, are aware of and have access to a broad range of services to meet the individual child's needs.

Ensuring an adequate network is established by offering appropriate rates is critical. The existing MedQUEST rates have not been adjusted since 2015, even though the cost of providing these services has skyrocketed. This has caused our member organizations to maintain wait lists for children who are in dire need of services and is in direct contradiction to the requirements of EPSDT.

Additionally, as indicated below, other states with similar costs of living have rates that are more in line with economic forces:



² Ibid.

According to the most recent estimates from the Centers for Disease Control, 1 in every 44 children is diagnosed with autism spectrum disorder. This means that 2% of Hawaii's children who are on Medicaid have an autism spectrum disorder and to date, many are unable to access the most basic, evidence-based treatments for their diagnosis. Because of this, we respectfully request that you pass HCR203/HR207, which ensures that necessary steps are taken to establish adequate rates for autism service providers.

Thank you for your work in the past and moving forward to ensure that Hawaii's autistic children who are enrolled in Medicaid have access to life-changing, evidence-based care.

Respectfully,

Judoth Worth

Judith Ursitti

Vice President of Government Affairs

<u>HR-207</u> Submitted on: 3/21/2023 10:16:27 AM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|---------------------|--------------|---------------------------|---------------------------|
| Melissa Tamashiro | Individual | Support | Written Testimony Only |

Comments:

Support

HCR-203

Submitted on: 3/21/2023 12:35:22 PM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|---------------------|--------------|---------------------------|---------------------------|
| Jenifer Olin | Individual | Support | Written Testimony Only |

Comments:

supporting HCR203/HR207 in support of increasing Med-QUEST rates for providers. ABA rates under QUEST have been the same since 2015, despite increased costs of living, resulting in difficulty meeting the needs of QUEST beneficiaries in our state.

HCR-203 Submitted on: 3/21/2023 1:01:20 PM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|---------------------|--------------|---------------------------|---------------------------|
| Deborah Ho'ohuli | Individual | Support | Written Testimony Only |

Comments:

I am in support of HCR203/HR207.



DATE: 03/21/23

Re: HCR 203/HR 207- REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

I support bills HCR 203 & HR 207 which aim to ensure that Med Quest provider rates are raised for Applied Behavior Analysis Services.

Aloha, Mia Onorato

HR-207

Submitted on: 3/21/2023 2:46:43 PM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|---------------------|--------------|---------------------------|---------------------------|
| Naomi Tachera | Individual | Support | Written Testimony Only |

Comments:

Aloha,

This resolution is crucial in ensuring that adequate provider rates are established for applied behavior analysis services for Med-QUEST beneficiaries under the age of twenty-one with an autism spectrum disorder diagnosis. The reimbursement rates for these services were set in 2015 and have not increased, despite the increasing cost of living and staff costs. This has resulted in a shortage of providers and delays in access to services, which can negatively impact the outcomes of individuals with autism. I urge you to support HR207.

Mahalo,

Naomi Tachera

<u>HR-207</u> Submitted on: 3/21/2023 2:48:39 PM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|---------------------|--------------|---------------------------|---------------------------|
| Marija Colic | Individual | Support | Written Testimony Only |

Comments:

I am supporting this bill!!



3/21/23

Re: HCR 203/HR 207- REQUESTING THE DEPARTMENT OF HUMAN SERVICES' MED-QUEST DIVISION TO TAKE STEPS NECESSARY TO ENSURE THAT ADEQUATE PROVIDER RATES ARE ESTABLISHED FOR APPLIED BEHAVIOR ANALYSIS SERVICES.

I support bills HCR 203 & HR 207 which aim to ensure that Med Quest provider rates are raised for Applied Behavior Analysis (ABA) Services.

I have been fortunate to work in the state of Hawai'i, implementing ABA procedures since 2008. ABA is the science of behavior. As practitioners of ABA we aim to understand an individual's behavior to the very best of our abilities, create contexts that enrich and enhance learning and cooperation, and teach skills that will help individuals be as independent as they possibly can.

Developing a meaningful, productive, and successful ABA program requires a significant amount of training and oversight. Consistent and ongoing staff training and development, direct training and supervision of front-line staff while working with a learner, ongoing monitoring and oversight of the individualized program, and training of stakeholders are all HUGELY important requirements that are necessary for ideal outcomes.

As you are aware, the costs associated with running a business during the pandemic have been astronomical. The unexpected expenses of PPE, cleaning supplies, additional training, and other safety considerations are costs that directly impact how much we can pay our staff. To recruit and retain top talent and to mentor staff to develop skills that will truly address our consumers' individual needs, it is critical that the rates are raised.

We are in this field to make a difference. Please support the efforts to allow us to continue to create an environment where our consumers can be heard, seen, and ultimately flourish.

Aloha,

Sara Sato, M.Ed., BCBA, LBA PhD Candidate Clinical Director Behavior Analysis No Ka Oi, Inc.

HR-207

Submitted on: 3/21/2023 6:41:10 PM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|--------------------------|--------------|---------------------------|---------------------------|
| Anastasia Keller-Collins | Individual | Support | Written Testimony Only |

Comments:

Thank you so much for your consideration toward this initiative to ensure that individuals with disabilities can continue to access services with licensed behavior analysts.

HCR-203

Submitted on: 3/21/2023 9:12:07 PM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|--------------|--------------|---------------------------|---------------------------|
| Meir Mok | Individual | Support | Written Testimony Only |

Comments:

I have worked as a Registered Behavior Technician for the past 3 years and I think it's imperative that we pass bills HCR 203 and HR 207 which aim to ensure that Med Quest provider rates are raised for applied behavior analysis services. With inflation causing an even higher cost of living, the rates for applied behavior analysis services should also increase, as the minimum wage in Hawaii has increased.

HR-207

Submitted on: 3/22/2023 7:41:31 AM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|--------------------|--------------|---------------------------|---------------------------|
| Kristen Koba-Burdt | Individual | Support | Written Testimony Only |

Comments:

I support this resolution focused on increasing QUEST rates for ABA services, given the disparity between rates in our state compared to higher rates in other states that have a lower cost of living. Thank you for your consideration of this important resolution.

HR-207

Submitted on: 3/22/2023 8:40:59 AM

Testimony for HUS on 3/23/2023 9:00:00 AM

| Submitted By | Organization | Testifier Position | Testify |
|---------------------|--------------|---------------------------|---------------------------|
| Brian Burdt | Individual | Support | Written Testimony Only |

Comments:

I support this resolution focused on increasing ABA rates under QUEST.