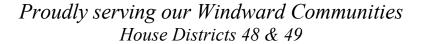


Office of Representative Lisa Kitagawa Office of Representative Scot Matayoshi





Windward Community Resources for our Vulnerable Populations

This document will be updated as more resources become available.

Food Resources

Meals on Wheels – Meal home delivery for seniors

Phone: (808) 356-8519

Description: Seniors can call and choose how many meals a week they would like delivered to

their home. Each meal is \$8.50 and there is a minimum purchase of 5 meals.

Additionally, Meals on Wheels is working on creating emergency food boxes for anybody who is <u>already signed up</u> for the program. The emergency boxes will include food, hand sanitizer, and toilet paper. More information about these emergency food boxes coming.

The Salvation Army, Kāne'ohe Corps

Phone: 808-235-1408

Address: 45-175 Waikalua Rd, Kāne'ohe, HI 96744

Tuesday – Friday, 9am – 12pm, afternoons by appointment

Emergency Food Pantry

Description: Held Tuesdays from 9am-12pm. Any closures will be posted at building. Individual and family must be permanent resident(s) of any Windward community from Waimanalo north to Kahuku.

You must complete an application and provide the following documents: a picture ID for adults in the household, proof of residence (lease agreement or current utility bill), proof of income (recent check stub, documentation of government assistance, or any other forms of income), identification for children living in the home (birth certificates, custody paperwork, etc.)

St. Anne's Church – Project Share Pantry

Phone: 247-3092 x128

Address: 46-129 Haiku Rd, Kāne'ohe, HI 96744

Monday - Friday, 1pm - 2pm

Description: If you need canned goods, please call to make an appointment. Walk-ins will not be accepted. Canned goods only. The Kaneohe food pantry serves eastside residents, from Waimanalo to north shore (including Kailua, Kāne'ohe, Kahalu'u, Waiāhole). Please bring some form of identification and your own reusable bag if possible.

Windward Community Resources for our Vulnerable Populations (page 2)

Information collated by the Offices of Representative Lisa Kitagawa & Representative Scot Matayoshi and will be updated as more resources become available.

Reporting

If you are sick and have been diagnosed with COVID-19 or are suspected to have COVID-19 because you have been exposed to someone with COVID-19, follow the steps below to help prevent the disease from spreading to peple in your home and community.

- Stay home and avoid contact with others, except to seek medical care.
- If you need medical care, call ahead to your doctor's office to see if you need to be tested. Your doctor with work with the Department of Health (DOH) to determine if you need to be tested. Be prepared to discuss your symptoms and recent travel history. Currently, a doctor's authorization is needed for a COVID-19 test.
- If you have difficulty accessing medical care or have questions about how to care for yourself at home, call the DOH at (808) 586-4586.
- If you are having difficulty breathing or a life-theatening emergency, please call 911 or visit the nearest emergency department.

General COVID-19 Information

Aloha United Way

For more information or questions about COVID-19:

CALL 2-1-1 (from 7:00am to 10:00pm, 7 days a week)

TEXT at 877-275-6569 (include your ZIP code)

CHAT at www.auw211.org

EMAIL at info211@auw.org

Or SEARCH their online database 24/7 at www.auw211.org/Search.aspx

Hawai'i State Department of Health

NEW COVID-19 Hawai'i Department of Health website: https://hawaiicovid19.com/ Request COVID-19 Email Updates: https://health.hawaii.gov/news/covid-19-updates/

American Cancer Society

For any patient questions, including questions on COVID19; patients can consult with nurse specialists.

Information line: 1-800-227-2345, open 24/7

Alzheimer's Association of Hawai'i

If you are caring for an individual with Alzheimer's disease, this website provides helpful tips during this COVID-19 pandemic:

https://alz.org/help-support/caregiving/coronavirus-(covid-19)-tips-for-dementia-care? ga=2.175725351.461394524.1584471188-652436959.1584471188

For more information, call their 24/7 helpline at (800) 272-3900