Family Disaster Preparedness Plan

Emergency Shelters and Taking Care of Our Pets

Area Schools

Benjamin Parker Elementary Kaneohe Elementary Kapunahala Elementary **Puohala Elementary** Ahuimanu Elementary Heeia Elementary Kahalu'u Elementary Waiahole Elementary Kalaheo High School Castle High School King Intermediate

Statewide List of Emergency Shelters provide water and food for their pets

www.honolulu.gov/demevacuate/hurricaneinfo.html

Know Your Shelter

Special Health Needs Shelters provide limited support to persons with special health needs. These evacuees must either be capable of taking care of their own

Pet Friendly Shelters

cared for safety and owners should

entering a pet friendly shelter must be

Food and water (include can opener, food and water bowls.) Collar with ID tag

Pet Carrier (one for each pet if evacuating to a Pet Friendly Shelter.)

> Sanitation (Pet litter/litter box), newspapers, plastic trash bags, cleaning solution.

Our Pet Supplies

7 Days

of Essentials

Pictures—You and your pet in case of separation.

Pet Preparedness

www.honolulu.gov/rep/site/dem/dem_docs/ pamphlets/Pets Revised DEC13.pdf

Neighbor Helping Neighbor

- Establish a personal support system. A personal support network is made up of individuals who will check on you in an emergency to ensure you are okay and to give
- Working with neighbors can save lives and property
- Meet with your neighbors to plan how the neighborhood could work together in the event of a disaster and until help arrives.
- If you are a member of a **Neighborhood Security Watch**, introduce disaster preparedness as a new activity
- ► Know your neighbors special skills (e.g., medical, technical) and consider how you can help neighbors who have special needs, such as disabled and elderly persons.
- Make plans for child care in case parents can't get home.



The Windward Neighborhood Security Watch consists of about 28 individual neighborhood security watches organized in various areas of Kaneohe and Kahalu'u to help improve residential security.

For information about a neighborhood watch in your area please contact the **Honolulu Police Department Windward Community Policing Team**







Aloha Neighbor,

As we move into this year's hurricane season, it is important to be prepared and remain vigilant. Do you have a plan for your family in the event of a natural disaster or emergency situation? What would you do if basic services like water, electricity, or phones were cut off? Where would go if you needed to evacuate your neighborhood? Disasters of all types can strike quickly and without warning. As a community, it is our responsibility to plan and prepare together so that if something does happen we are ready to respond, take care of ourselves, and

I hope this guide will help your family's planning efforts in the event of a disaster. Please share this with your family! Stay safe from Rep. Keohokalole, Wife Kuulani and his three children



SET,



Step 1 - Have a Household DISASTER PLAN

Develop a disaster plan with your family members to prepare for what to do. how to find each other, and how to communicate in an emergency.



Step 2 - Have a **DISASTER PREPAREDNESS** KIT

Keep enough supplies in your home to survive on your own for up to 7 days. If possible, keep these materials in an easily accessible, separate container or special cupboard.

You should indicate to your family members that these supplies are for emergencies only. Check expiration dates of food and update your kits every three months

Step 3 - Have a **GO BAG**

Every family member should pack a Go Bag—a collection of items you may need in the event of an evacuation.

A Go Bag should be packed in a sturdy, easy-to-carry container such as a backpack or suitcase on wheels. A Go Bag should be easily accessible if you have to leave your home in a hurry.

Interested in helping your community prepare for a disaster?

The Kaneohe/Kahalu'u Community Emergency Response Team (CERT) training prepares individuals to take care of themselves and their families in any emergency. CERT also prepares people to help their neighbors and to recover quickly from any kind of disaster.

Our Kaneohe/Kahalu'u CERT program meets on the 2nd Tuesday of every other month at the Hui Alaiaha Pl. recreation center in Temple Valley from 6:30-8pm. Contact Marie Samudio at (808) 239-2212 or mariesamudio46@gmail.com for more information.



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Family Disaster Preparedness Plan







Together, We Prepare, Survive and Thrive



volunteers (your neighbors) who would activate themselves immediately after a disaster to assist their families neighbors and communities

until responders can reach affected areas. Primary volunteer functions include: disaster preparedness, emergency triage, search & rescue, and evacuation.



The aim of the Hawaii Hazards Awareness Resilience Program (HHARP) is to help communities prepare to be self-reliant during and after natural hazard events, improve their ability to take care of their own needs, and reduce the negative impacts of

disasters. HHARP enhances community resilience through education and outreach sessions that build awareness and understanding of hazard mitigation, preparedness, response and recovery. State and county emergency management agencies have partnered to administer HHARP in support of community leaders willing to implement the program







For More Information on CERT or HHARP, Email: bsager42@gmail.com or Tel: (808) 375-1114 Together, We Prepare, Survive and Thrive Together, We Prepare, Survive and Thrive

Stock emergency supplies and assemble a

Take a Red Cross first aid CPR class.

Disaster Supplies kit.

Create a Disaster Plan

Meet with your family and discuss the need to prepare for disasters. **Explain** the dangers of fire, severe weather and earthquakes to children. **Plan** to share responsibilities and work together as a TEAM.

 Discuss the types of disasters that are most likely to happen. Explain what to do in each case.
 Pick two places to meet:
 Right outside your home in case of a sudden emergency, like a fire. Outside your neighborhood in case you can't return home. (Everyone must know the address and phone number.)
 Ask an out-of-state family member or friend to be your family contact. The phone system will most likely become unavailable after a disaster. This is almost always caused by overuse of the system. Please stay off all phones (land line and cell) unless you need to CALL 911 for a life-threatening situation. Sending a text message may be more reliable. After a disaster, your family contact becomes a relay point to share information with all household members. Your plan depends on everyone knowing your out-of area contact phone number.
 Discuss what to do in an evacuation. Plan how to take care of your pets.

	household members. Your plan depends on ever	eryone knowing your out-of area	a contact phone number.	
	Discuss what to do in an evacuation. Plan how to	to take care of your pets.		
	Complete	This Checklist		
_	Post emergency telephone numbers by phones (fire, police, ambulance, etc.) Teach children how and when to CALL 911	Find two ways out from Find the safe spots in	your home for each type	
	or your local Emergency Medical Services number for emergency help. Show each family member how and when to	Emergency Meeting Place:	Outside your home)	
	turn off the water, gas and electricity at the	Meeting Place:(Out	side your neighborhood)	
	Check if you have adequate insurance coverage.	Family Contact:		
	Teach each family member how to use the fire extinguisher, and show them where it's kept.	Phone: () Day Email:	_ (Phone) ()Evenir	ng
	Install smoke detectors on each level of your home, especially near bedrooms.	Res	sources	
	Conduct a home hazard hunt.	State Civil Defense	www.scd.hawaii.gov	733-

Disaster Preparedness Kit

Family Disaster Preparedness Plan

A number of lists are available on-line of **suggested items** to include in your disaster preparedness kit. Some are listed below.

www.ready.gov www.scd.hawaii.gov www.honolulu.gov/dem

It is **suggested** that a good way to assemble your kit is to do it over the space of several weeks selecting those items which are used on a day-today basis and would be critical to have if it is necessary to evacuate.



The following items are considered essential to a basic disaster preparedness kit:

	<u> </u>	
	Water, one-gallon of water per person per day, for drinking and sanitation for	seven days.
	Food, at least a seven-day supply of non-perishable food.	
	Battery-powered radio and a NOAA Weather Radio with tone alert, and extra	a batteries for both
	Flashlight and extra batteries.	,
	First-Aid kit.	
	Whistle to signal for help.	-
	Infant formula and diapers.	
	Moist towelettes, garbage bags and plastic ties for personal sanitation.	
	Dust masks.	
	Plastic sheeting and duct tape to shelter-in-place.	
	Wrench or pliers to turn off utilities.	
	Can opener for food (if kit contains canned food.)	
	Prescription medications for each family member.	
0	ther items to consider adding to your kit are:	-

An extra change of clothes for each family member. Blanket or sleeping bag for each family member.

Mess kits, paper cups, plates and plastic utensils.

Personal hygiene items including feminine supplies.

Cash or traveler's checks, change.

Matches in a waterproof container.

Toilet paper, paper towels.

Medicine dropper.

Important family documents.

for emergency prescription refills.

Additional items for elderly and disabled individuals:





Your Go Bag

Every family member should pack a Go Bag—a collection of items you may need in the event of an evacuation. A Go Bag should be packed in a sturdy, easy-to-carry container such as a backpack or suitcase on wheels. A Go Bag should be easily accessible if you have to leave your home in a hurry. Make sure it is ready to go at all times of the year.

_	Copies of your important documents in a waterproof and portable container (insurance cards, photo IDs, family photo, proof of address, copies of prescriptions, etc.)	
_	Extra set of car and house keys.	
_	Credit and ATM cards and cash, especially in small denominations.	11
_	Bottled water and non-perishable food such as energy or granola bars.	
_	Flashlight and extra batteries.	
_	Charger and external power pack for your cell phone.	My Go Bag
_	Battery-operated AM/FM radio and extra batteries.	
_	Medications and other essential personal items. Be sure to refill medications before they excep a list of the medications each member of your family takes, why they take them, and	•
_	First-aid kit including bandages and antibiotic ointments.	
_	Change of clothes, sturdy, comfortable shoes, lightweight rain gear, coat and blanket.	
	Contact and meeting place information for your family, and a small regional map.	

Maintaining Your Disaster Kit

Child care supplies (diapers, wipes, food, formula) or other special care items.

Your emergency kit is not something that you can put together and forget about. It needs regular maintenance so that it will be in top shape for any disaster.



-	Kel	nace	lile water	every	SIX IIIOHUIS.
	_				

 Replace	tile Calli	ieu ioou e	very year.	

Replace batteries. Since aging batteries can swell and leak, they should be removed from the device they are intended to power and stored in plastic bags.

Replace any medicines or other items with limited life.

- Inspect all items for deterioration, leaking containers and other problems.
- Wash clothes and bedding. Check children's clothes to make sure that they still fit.
- Update any of your important documents.



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Ready.Gov

Dept. of Emergency Management

www.honolulu.gov/dem

American Red Cross (State Chapter) www.hawaiiredcross.org 734-2101

Federal Emergency Management Agency www.fema.gov

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Special equipment -- canes, walkers, wheelchairs, braces, eyeglasses, hearing aids etc.

Household chlorine bleach – You can use bleach as a disinfectant (diluted nine parts water to one part bleach), or in an emergency you can also use it to treat water. Use 16 drops of regular household liquid bleach per gallon of

Life-sustaining medications -- seizure, blood pressure, and heart medications, insulin, etc. to last through the

disaster and recovery period. There may be no phone service and pharmacies may close. Plan with your physician

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