

## Are you prepared? Use the checklist below to make sure you have what you need.

Hurricane season runs from June 1 to November 30. While many families have already stocked up on essential items because of COVID-19, make sure your emergency kit is stocked with essential items that you would need in the event of a natural disaster.

### Emergency Essentials — 14 day supply

- Bottled Water — one gallon per person per day for drinking and sanitation
- Nonperishable Food — ready to eat canned meat, fruit, veggies, powdered milk, crackers and snacks; manual can opener; paper plates, cups, plastic utensils, napkins; butane/propane stove or charcoal grill with fuel; ice chest and ice/frozen ice packs
- Radio and Flashlight (battery-powered, hand crank, or solar-powered); extra batteries
- Electronics — cell phone, laptop or tablet, solar chargers
- Personal Hygiene & Care Items — soap, toilet paper, toothpaste, toothbrush, garbage bags, feminine supplies, moist towelettes, tissue, cotton swaps, hand sanitizer, disinfecting wipes, disinfecting bleach
- First Aid Kit, Health & Medical Supplies
- Cash/Traveler's Checks & Important Documents — identification, bank info, insurance policies, emergency contact list, immunization & medical records)
- Supplies for Unique Needs — diapers, wipes, formula/bottles for infants; books, games, toys for entertainment; eyeglasses, hearing aids, contact lens cleaner; pet food and water, leashes, and carriers
- Whistle, duct tape, wrench/pliers, fire extinguisher, matches/lighter

### Family Emergency Communication Plan

Get together with your family to create a plan for what your family will do in emergencies; keep a paper copy of contact information of family members and other important people/offices; practice your plan so everyone knows that what to do.

For help creating a plan visit: <https://www.ready.gov/plan>

### Evacuation Essentials

- Cash, important documents, photos
- Complete change of clothing, sturdy shoes, rain gear, sleeping bag, blanket

### Prepare Your Home

- Secure or store all loose objects (plants, propane tanks)
- Unplug electric appliances you may not need or use
- Cover windows and door openings with boards or shielding materials

### First Aid Kit, Health & Medical Supplies

- Prescription medications
- Non-prescription medications — pain relievers, anti-diarrhea, antacids, laxatives, cough and cold
- Wound care — antiseptic solution/towelette, antibiotic ointment, petroleum jelly, saline, bandages, roller gauze, adhesive tape, super glue
- Eye shield/pad, eyewash solution
- Cotton ball/cotton swab
- Thermometer
- Rubber tourniquet, finger splint
- Tweezers, scissors, safety pins, duct tape
- Disposable nonlatex examination gloves, surgical mask



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