

CURRICULUM VITAE  
DR. JUDY KOVELL, MD  
Designated Institutional Official  
Director, Professional Health Education  
Tripler Army Medical Center

BOARD CERTIFICATION:

American Board of Psychiatry and Neurology – Current through December 2021

LICENSURE:

HAWAII: CURRENT. ACTIVE. EXPIRES 1/31/2022

NORTH CAROLINA: CURRENT. ACTIVE. EXPIRES 10/18/2021

PROFESSIONAL EXPERIENCE

Designated Institutional Official, Director Professional Health Education/Graduate Medical Education Tripler Army Medical Center, Tripler HI	2021
Program Director, General Psychiatry Residency Tripler Army Medical Center, Tripler, HI	2016 - present
Chief of Inpatient Psychiatry (Tripler AMC, Honolulu, HI) Inpatient Supervisor and Faculty Staff Psychiatrist for 13 bed ward	2014-2016
Primary Investigator, Caring Letters Project, Tripler AMC site	2014-17
Associate Program Director, General Psychiatry Residency Tripler Army Medical Center, Honolulu, HI	2013-2016
Chief of Inpatient Psychiatry (Womack AMC, Fort Bragg, NC) Inpatient and Consult-Liaison Psychiatrist, Medical Director, Clinical Supervisor and Faculty Staff Psychiatrist for 10 bed ward.	2012-2013
Primary Investigator, Army STARRS, Womack AMC, Fort Bragg, NC site	2012-2013
Chief, Medical Operations – 528 <sup>th</sup> CSC (Deployed – Afghanistan) Supervised behavioral health operations and provided psychiatric care for combat deployed units in RC North	2012
Chief, Behavioral Health Clinic, Robinson Health Clinic 82d Airborne Division, Fort Bragg, NC Senior supervisor and senior medical staff for 40 personnel caring for the 82d Airborne Division's 22,000 Paratroopers	2010-2012

**CURRICULUM VITAE – COL JUDY KOVELL, M. D.**

**Chief, Behavioral Health Operations – 14<sup>th</sup> MED Task Force (14<sup>th</sup> CSH)  
(Iraq – Deployed) 2009**  
Senior supervisor and senior medical staff officer leading a multi-disciplinary behavioral health team providing care for combat deployed units in support of the US Army Detainee Health Care mission

**Staff Psychiatrist, Robinson Health Clinic  
82d Airborne Division, Fort Bragg, NC 2009**

**EDUCATION**

**Tripler Army Medical Center  
General Psychiatry Residency**

**University of Cincinnati  
College of Medicine – M.D.**

**George Washington University, Washington, D.C.  
Bachelor of Arts – International**

**Chatham College, Pittsburgh, PA**

**CURRENT SERVICE**

**Commission Source: ROTC/HPSP  
Years Active Service: 25**

**MILITARY SCHOOLS**

**COMMAND & GENERAL STAFF OFFICER COURSE 2014  
FORT SHAFTER, HAWAII**

**COMBAT CASUALTY CARE COURSE 2006  
FORT SAM HOUSTON, TEXAS**

**COMMAND & STAFF SERVICE SCHOOL 1992  
FORT LEAVENWORTH, MISSOURI**

**MILITARY INTELLIGENCE ADVANCE OFFICER COURSE 1990  
FORT HUACHUCA, ARIZONA**

**MILITARY INTELLIGENCE BASIC OFFICER COURSE 1985  
FORT HUACHUCA, ARIZONA**

**COMBAT DEPLOYMENTS**

**OPERATION ENDURING FREEDOM 2012  
CAMP MOSEL, RC-NORTH  
RC- NORTH PSYCHIATRIST AND BEHAVIORAL HEALTH LEAD**

**OPERATION IRAQI FREEDOM 2010  
CAMP CROPPER, BIAP BASE, IRAQ  
CHIEF, BEHAVIORAL HEALTH CLINIC, 14<sup>TH</sup> CSH**

**OPERATION DESERT SHIELD/STORM 1990  
BRIGADE ADJUTANT**

CURRICULUM VITAE – COL JUDY KOVELL, M. D.

MILITARY AWARDS

BRONZE STAR – 1 OLC  
MERITORIOS SERVICE RIBBON – 4 OLC  
ARMY COMMENDATION MEDAL  
ARMY ACHIEVEMENT MEDAL – 2 OLC

MILITARY SERVICE:

Team Leader, Transportation Team 3-37 <sup>th</sup> Calvary Regiment, 4 <sup>th</sup> BDE, Ft. Knox, KY	1998-2001
Battalion Intelligence Officer 15 <sup>th</sup> Psychological Operations Battalion	1997-1998
Endoscopic Surgical Trainer Ethicon Endo-Surgery Blue Ash, OH	1995-1997
Battalion Operations Officer 519 <sup>th</sup> Military Intelligence Battalion, Airborne, Fort Bragg, NC	1993-1994
Commander A CO (Interrogations) 519 <sup>th</sup> Military Intelligence Battalion, Fort Bragg, NC	1992-1993
Battalion Logistics Officer 519 <sup>th</sup> MI Battalion, Airborne, Fort Bragg, NC	1991-1992
Brigade Adjutant 525 Military Intelligence Brigade, Airborne, Fort Bragg, NC	1990-1991
Division Security Officer 25 <sup>th</sup> Infantry Division, Light, Schofield Barracks, HI	1988-1990
Company Executive Officer HHD, 125 <sup>th</sup> Military Intelligence Battalion, Schofield Barracks, HI	1987-1988
Battalion Intelligence Officer 125 <sup>th</sup> Military Intelligence Battalion, Schofield Barracks, HI	1986-1987

TEACHING AND GRADUATE MEDICAL EDUCATION EXPERIENCE

Psychiatry General Residency Program Director Tripler Army Medical Center	2016 - Present
Associate Program Director Psychiatry General Residency Tripler Psychiatry Residency	2013 –2016
Psychiatry Core Faculty	

**CURRICULUM VITAE – COL JUDY KOVELL, M. D.**

Psychiatry General Residency  
 Tripler Psychiatry Residency 2013-2016

Integrated Physician Assistant Program Core Faculty,  
 Womack Army Medical Center

Site Faculty - Womack Army Medical Center 2011-2013  
 Methodist University Physician Assistant Program

Adjunct Faculty to: 2011-2013  
 Virginia Tech Medical School  
 Blacksburg, VA

Campbell University College of Medicine 2011-2013  
 Campbell, NC

**HONORS**

Dr. Michael K. Yancey Award 2020  
 For Outstanding Faculty and Educational Contributions  
 Tripler Army Medical Center, Hawaii

Victor J. Teichner Award 2020  
 To Further Psychodynamic Education  
 American Association of Directors of Psychiatry Residency Training

Faculty of the Year for Excellence in Teaching and Mentoring – AY 2014-2015 &  
AY 2015-201

Chief Resident 2009  
 Tripler Army Medical Center General Psychiatry Residency

Esprit de Corps Award – recognizes the Resident who most positively  
 impacted the residency program 2007 and 2009  
 Tripler Army Medical Center General Psychiatry Residency

**PROFESSIONAL MEMBERSHIPS:**

American Psychiatric Association (APA), Fellow 2005 – Present

American Association of Psychiatry Residency Directors (AADPRT), 2014 – present

**INVITED PRESENTATIONS**

"ACGME CLER Pathways 1.1: Implementing the Guidelines on Wellbeing, Preparing  
 your Program for Change" May 2020  
 American Psychiatric Association Annual Meeting, Philadelphia, PA

"Caring for the LGTPQ patient; Practical steps to improve provider understanding  
 and patient outcomes." November 2019  
 Tripler Army Medical Center Hospital Grand Rounds.

"Revitalize your Sleep Prescriptions" May 2019  
 American Psychiatric Association Annual Conference, San Francisco, CA

"Caring for our Patients by Caring for Me: Focusing on Provider Wellness to Improve  
 Our National Health Outcomes" May 2018  
 American Psychiatric Association Annual Meeting, New York, NY

## CURRICULUM VITAE – COL JUDY KOVELL, M. D.

- "How to build a Residency Wellness Program from the Ground Up: Practical steps for Program Directors, Department Leadership and Residents to improve personal wellbeing through process improvement initiatives" October 2017  
Tripler Army Medical Center Hospital Grand Rounds
- "Caring for our Nation by Caring for Me: Focusing on Provider Wellness to Improve Our National Health Outcomes" September 2017  
Reginal Health Command – Pacific Behavioral Health Summit, Tripler AMC
- "Fuzzies, Spots and Birds: The psychodynamic and psychosocial issues behind promotions in the US Military" May 2017  
American Psychiatric Association Annual Meeting, San Diego, CA
- "Treating the Poorly Resilient Veteran" May 2013  
American Psychiatric Association Annual Conference, San Francisco, CA,
- "Working as a Civilian Behavioral Health Provider within the DOD" May 2013  
American Psychiatric Association Annual Conference, San Francisco, CA,
- "Certification in Military Behavior Health – A Training Program for Civilian Mental Health Providers working with Military Service Members, Veterans and Families." Abstract accepted for American Psychiatric Association Annual Conference, San Francisco, CA. 16-21 May 2009

### PROGRAMS OF INSTRUCTION:

Fundamentals of Psychiatry Seminar: 20 session seminar for second-year psychiatry residents focusing on diagnostic criteria, epidemiology, comorbidities, differential diagnoses and treatment for the major Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition

Introduction to Outpatient Psychiatry Seminar: 10 session seminar for second-year psychiatry residents preparing for their 12-month continuous outpatient experience with emphasis on therapeutic relationships, boundaries, supportive psychotherapy skills, community resources and how to handle difficult patient interactions.

Supportive Psychotherapy Seminar: 10 session seminar for first year psychiatry residents that focuses on the core tenants of psychodynamically informed supportive psychotherapy.

Operational Psychiatry Seminar: 25 session seminar for Senior Psychiatry Residents with the goal of preparing them to succeed and thrive at their first duty assignment. Focus is on honing leadership skills and understanding operational structure, key relationships, roles and responsibilities within the Behavioral Health Service Line, the Medical Command, and both medical and non-medical operational units.

Civilian Behavioral Health Provider Training Program: Co-developed and taught a two week course that trained civilian behavioral health providers in Army culture and customs, dual agency requirements, administrative procedures with focus on promoting health and function within the Military Health Systems.