# Dr. Kealohaku'ualohaku'upoki'l E. Balaz (Dr. Poki'i Balaz)

# GOV. MSG. NO. 704

Licensure

State of Hawai'i License: APRN RN State of Hawaii License: RN

Active Active

#### Education

Executive Master of Business Education Shidler College of Business, Honolulu, Hawai'i

Doctor of Nursing Practice, Family Nurse Practitioner University of Hawai'i at Hilo, Hilo Hawai'i

Master of Science, Nursing Education Oklahoma University, Oklahoma City, Oklahoma

Bachelor of Science, Nursing, University of Hawaii at Manoa, Honolulu, Hawaii

#### Professional Experience

Oct 2020 - Present

Lunalilo Home

Honolulu, HI

Interim Executive Director

Responsible for all operations and acting as contact for all staff, residents, prospects, community organizations, government agencies, and the public. Provided oversight through each department and training, developing policies and procedures, and maintaining compliance with the state licensing agency

Aug 2020 – Present

Chaminade University

Honolulu, HI

Provide instructional assistance to students with continues monitoring of their progression. Advised students on the academic progression and completion. Serve on academic committees within the School of Nursing and the University.

Jun 2020 - Present

Lunalilo Home

Honolulu, HI

Director of Nursing

Assistant Professor:

Manage and leads the nursing department operations including financial budgets, development of goals, establishment of new policies, oversees patient care processes, coordination with all departments, and developing staff leadership.

Mar 2020 – May 2020 Clinical Adjunct Chaminade University

Honolulu, HI

Provides clinical instruction to students in a clinical setting. Demonstrating skills and encouraging critical thinking and supporting the learning environment while developing curriculum and completing evaluations. Specific area this semester Complex Nursing: Geriatrics.

May 2019 - Present

Rosalyn Carter Institute

Honolulu, HI

Coach/Facilitator

Resources Enhancing Alzheimer's Caregiver Health

Dealing with Dementia

In home tailored caregiver support intervention over a period of 12 months where education, safety, support, and skills building for the caregiver and person living with dementia is provided with a focus on managing behaviors.

Mar 2019 – Present

Kokua Kalihi Valley Health Center

Kalihi, HI

Nurse Practitioner

Grace Project Coordinator:

Conduct Geriatric assessments in patient's home as well as provide all necessary clinical and referral services in home. Individualized care plans are developed and implemented as ongoing care management is provided. Lead of Interdisciplinary and Implementation meetings.

Dec 2018 – Present

**Emory University** 

Atlanta, GA

Consultant:

Developing a distance education system aimed at extending access and capacity in communities thorough evidence-based interventions. Focus will be to train Savvy leaders and help to develop culturally tailored courses.

Oct 2018 - Present

Papakolea Homestead

Papakolea, HI

Consultant:

Assisting in developing health care services, creating initiatives, programs, research, and supporting the overall vision of the community.

Sep 2016 – Present

Savvy Caregiver

Aiea, HI

Facilitator:

This training course provides the skills and knowledge that caregivers of person's with Alzheimer's disease and other related dementias will utilize to develop their individualized plan of care for their care recipient and themselves while obtaining a better understanding of the present changes, preparing for what is to come and how to prepare for all aspects of care.

Sep 2017- Apr 2018

Hawaii Pacific Neuroscience

Honolulu, HI

Nurse Practitioner

Residency in Neurology and Geriatrics

Junior Faculty, Hawaii Pacific Neuroscience

Sub-Investigator, Clinical Research Center

Head of Brain Health and Wellness Center

Provided care as a clinician to neurology and geriatric patients who included patients with dementia, seizures, neurodegenerative diseases, stroke, and migraines.

Developed and opened the Brain Health and Wellness Center, oversaw the infusion center, and was point of contact between the research department and providers.

Aug 2015 - Sep 2016

Pu'uwai 'O Makaha

Wai'anae, HI

Resident Care Manager/Interim Director of Nursing:

Oversaw the daily nursing operations of the facility. Implemented new programs and initiatives while reviewing and updating current policies. Worked closely with management team, staff, and the interdisciplinary health care team to deliver quality of care to the residents.

July 2013 – 2019

Kahu Malama

Honolulu, HI

Registered Nurse:

Caring and treating patients in various settings including, hospital rehabilitation, long term care centers, and various organizations.

Aug 2013 - Dec 2013

Asia Pacific Surgery

Honolulu, HI

Post Anesthesia Care Unit Nurse:

Oversaw patients post-surgery as head nurse in PACU using critical thinking and the nursing process with minimal training in the OR. Worked together with physicians and nurses to ensure except care to all patients.

May 2011 – Aug 2012

Cedars Sinai

Los Angeles, CA

Registered Nurse:

Utilized the nursing process, enhanced leadership and management skills, and educating staff on a Medical Surgical unit with a gynecology oncology focus. Involved in unit and house wide committees, education, and ambassador for CS Link (EHR) staff training.

Feb 2010 - May 2011

Comanche County Memorial

Lawton, OK

Registered Nurse:

Combined the nursing process with leadership skills while working with a multidisciplinary team to provide and plan the best care for patients of the pediatric and general medical surgical population. Part of the unit and house wide committees

### Research Experience

2017 – 2018 Sub-Investigator

ALZHEIMER'S DEMENTIA Mild (DAYBREAK Study) NIH Clinical Trial Info Randomized, Double-Blind, Placebo-Controlled and Delayed-Start Study of LY3314814 in Mild Alzheimer's Dementia Protocol I8D-MC-AZET

## ALZHIEMER'S PREVENTION INITIATIVE (GENERATIONS 2) NIH Clinical Trial Info

Randomized, double-blind, placebo-controlled, parallel group study to determine the effects of CNP520 on cognition, global clinical status, and underlying AD pathology in people at risk for the onset of clinical symptoms of AD based on their age, APOE genotype and elevated amyloid.

### ALZHEIMER'S DEMENTIA AGITATION- ITI Study NIH Clinical Trial Info

Randomized, Double-Blind, Placebo-Controlled, Multi-Center Study to Assess the Efficacy and Safety of ITI-007 in the Treatment of Agitation in Patients with Alzheimer's Dementia.

NEUROGENIC ORTHOSTATIC HYPOTENSION (RESTORE) Clinical Study of Patients with Symptomatic Neurogenic Orthostatic Hypotension to Assess Sustained Effects of Droxidopa Therapy. NIH Clinical Trial info

EPILEPSY OPUS STUDY: Randomized, Double-Blind, Placebo-Controlled, Phase 2 Study Exploring the Efficacy, Safety, and Tolerability of Natalizumab (BG00002) as Adjunctive Therapy in Adult Subjects with Drug-Resistant Focal Epilepsy NIH Clinical Trial Info

EPILEPSY ARISE Study: Randomized, Double-Blind, Placebo-Controlled, Dose Finding Study to Evaluate the Efficacy and Safety of Padsevonil as Adjunctive Treatment of Focal-Onset Seizures in Adult Subjects with Drug-Resistant Epilepsy NIH Clinical Trial Info

EPILEPSY NEURELIS Study\_Phase 3, 12-Month Open-Label, Repeat-Dose Safety Study of NRL-1 in Epilepsy Subjects with frequent breakthrough seizures or Acute Repetitive Seizures (ARS). NIH Clinical Trial Info

EPILEPSY MONOSOL PK Study: Multi-center, open label, single-dose Study to Assess the Pharmacokinetics and Safety of DBSF in Adult Subjects with Epilepsy. Clinical Trial Info

Jan, 2014 - Dec. 2016

Improving Financial Resources for Native Hawaiian Caregivers of person's with Alzheimer's disease and other related dementias

#### **Certifications and Training**

- 2020 Council for Native Hawaiian Advancement Ku Hana Business Program
- 2019 Positive Approach to Caregiving Skills Building Certification for PAC training
- 2019 National Council of Certified Dementia Certification
- 2018 Positive Approach to Care Philosophy, Champion Training
- 2018 Dealing with Dementia Facilitator: Rosalyn Carter Institute
- 2018 Dementia Friends Champions Training
- 2018 ECHO Sessions
- 2018 Positive Approach to Care Workshop Series by Dorothy Colby
- 2017 Internship and Residency at Hawai'i Pacific Neuroscience
- 2017 Positive Approach to Care Workshop by Dorothy Colby
- 2017 ECHO Sessions
- 2016 ECHO Sessions
- 2016 National Task Group (NTG) Regional Trainer on Intellectual Disabilities and Dementia Practices
- 2016 Savvy Caregiver Program Certified Facilitator Training
- 2015 American Heart Association Basic Life Support for Healthcare Providers (BLS)
- 2015 American Heart Association Advanced Cardiac Life Support (ACLS)
- 2012 Ambassador for CS-Link staff training
- 2011 Cedars Sinai Unit Educator
- 2010 Emergency Management Institute (FMEA)

#### Professional Service

2020 - Present	NHPI: Contract Tracing, Policy, Support, and Research Committee
2020 - Present	Alzheimer's Association, Vice Chair, Ambassador, Policy Chair
2020 - Present	Sigma Theta Tau, President
2020 - Present	Hawai'i: ANA, Secretary
2019 – Present	The Longest Day, Engagement Committee,
2018 – Present	Hawai'i Pacific Gerontological Society, Publicity Chair
2010 - Fresent	nawan racing Gerontological Society, Publicity Chair

2018 - Present	Sigma Theta Tau, Induction and Governance Chair
2018 - Present	Walk to End Alzheimer's Planning Committee, Alzheimer's Ass.
2018 - Present	State Champion, Ambassador, Advocacy Council, Alzheimer's Ass.
2017 - 2019	Support Group Facilitator, Alzheimer's Ass.
2017 - 2019	Savvy Caregiver Master Trainer
2012 - 2012	Care link Ambassador
2011 - 2012	Cedars Sinai, Member of the Unit Base Council
2011 - 2012	Cedars Sinai, MD/RN Collaboration Council
2010 - 2011	Comanche, Unit Base Council
2007 - 2007	Quentin Burdick Rural Health Program
2006 - 2008	Student Nurse Organization Officer – President of Class.

Professional Projects

2020	NHPI and COVID Response
2020	Alzheimer's Disease and related Dementia State Plan
2020	Memory Clinic Expansion, KKV
2020	Hawai'i Alzheimer's State Plan
2020	H4 Designation
2019	Hawai'i Alzheimer's State Plan
2019	Dementia in the Family Workshop
2019	Hawaiian Adaption of Savvy Caregiver Program
2018	Papakolea Community Initiative
2018	Local adaptation of Savvy Caregiving Program
2018	Native Hawaiian adaptation of Savvy Caregiving Program
2018	Brain Health and Wellness Department
2017	Caregiving Financial Resources Brochure
2016	Developed Discharge List for facility
2016	Nurse station safety
2016	Developed pre-admission bins
2016	Implemented survey preparation audits
2016	Implemented monthly summaries
2016	Implemented skin assessments
2016	Restructure of resident baths
2016	Restructure of CNA floor assignments
2016	Music Therapy/Healthy Noise for patients
2015	Developed Stars Program for staff
2011	Developed hysterectomy pamphlet for pre/post-surgical patients

# Professional Affiliation

2020	)	Kokua Kalihi Valley Contact Tracing, Memory Care
2020	)	Native Hawaiian Pacific Islander Covid Response Team
2020	)	Hawai'i Association of Professional Nurses
2020	)	Best Buddies
2019	)	American Nursing Association: Hawai'i Professional Designation
2019	)	Chaminade Nursing Advisory Board
2019	)	Hawai'i Young Healthcare Professionals
2019	)	Chamber of Commerce Young Professionals
2019	)	Alzheimer's Association Leadership Board: Vice Chair
2019	)	The Caregiver Foundation – Board Member
2018	3	Hawai'i Autism Foundation
2018	3	Hawai'i Pacific Gerontological Society – Board Member

2018 2018 2018 2018 2018 2018 2018 2017 2016 2016 2016 2016 2016 2016 2012 2012	Rosalyn Carter Institute Emory University Papakolea, KULA American Nurse Credentialing Center Self-Advocacy Advisory Council The Autism Community in Action (TACA) Hawai'i Association for Behavioral Analys Alzheimer's Association, Aloha Chapter Savvy Caregiver Program University of Hawai'i Center on Aging, Hawai'i Alzheimer's disease Initiative American Academy of Nurse Practitioner American Nurses Association Sigma Theta Tau International Honor So Kahiau Hawaiian Club	sis (HABA)
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Presentation		\
Oct 2020 Oct 2020	Dementia, Caregiving, and Holidays Alzheimer's Association: COVID updates	
Sept 2020	Alzheimer's Association: Covid and Caregiving	
July 2020	KITV4 Covid and Large Crowds	
July 2020	Dementia in the Family Workshop	
July 2020	HPGS: Panel Discussion Covid and the Commu	nitv
Jun 2020	Papa Ola Lokahi: Dementia Basics, COVID, Nat	3
Jun 2020	Papa Ola Lokahi: Caregiving, COVID, Native Ha	
May 2020	KHON2: Kupuna Caregiver and Covid-19	
Apr 2020	KITV 4: Aging Well Kupuna, Caregivers, and Co	vid-19
Mar 2020	Alzheimer's Ass. Aloha Ch. Webinar: COVID-19	
Feb 2020	KITV: COVID-19 and Kupuna Update	
Jan 2020	Dementia in the Family Conference	
Dec 2019	KITV 4: The Caregiver Foundation	
Oct 2019	Hawai'i News Now: Alzheimer's Association	
Jul 2019	SAVVY and DWD at Kokua Kalihi Valley	
Jun 2019	Dementia in the Family Conference – Speaker	
Jun 2019	Think Tech Hawai'i: Alzheimer's Research and E	Education
Jun 2019	KHON: Kupuna Caregiver Series	
Apr 2019	West Pearl Harbor Rotary Club: Dementia and C	Caregiving
Apr 2019	HPGS: Dementia and Caregiving	
Apr 2019	Wahiawa Rotary Club: Dementia and Caregiving	
Feb 2019	Paul Harris Event (Hon, Rotary Club) Dementia	and Caregiving
Jan 2019 Nov 2018	HPGS – Brain health, Dementia, Caregiving Star Advertiser	
Oct 2018		
Sep 2018	Generations Magazine, AM 690, The Cure KITV 4 News,	
Mar 2018	HPN, 'Olelo , Brain Health & Wellness	
Mar 2018	HPN Educational Forum	
Mar 2018	Castle Ground Rounds	Kailua, HI
May 2016	DNP Symposium	Hilo, HI
Feb 2012	Cedars Sinai Unit Education Presentation	Los Angeles, CA
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# Awards and Honors

2020	Next Avenue Highlight	PBS
2020	Young Professional Highlight	Chamber of Commerce
2020	Professional and Family Caregiver Spotlight	Hawai'l Business Magazine
2020	Young Professional Spotlight	Chamber of Commerce
2020	Caregiver/Advocate Spotlight	Alzheimer's Association
2019	Kupuna Caregiver	KHON 2
2018	Young Caregivers	Star Advertiser
2018	Caregiver Champion	Alzheimer's Association
2016	Nursing Scholarship	Zonta Club of Hilo
2012	Clinical Ladder CN III	Los Angeles, CA
2012	Academic Achievement Award	University of Oklahoma
2012	Outstanding Academic Achievement Graduate Stu	dent Association
2008	Leadership Award	University of Hawai'i

**Conferences Attended** 

Comerences Attended		
2020 CMS LTC and COVID	zoom	
2020 Alzheimer's Foundation of America	zoom	
2020 Alzheimer's Association International Conference	zoom	
2020 Hawia'i Business Magazine Leadership Conference	zoom	
2020 TACA Conference	zoom	
2020 Best Buddies Conference	zoom	
2020 SupervisionPlus	Hawai'i	
2020 Nursing: Body Mind, Spirit	Hawai'i	
2019 Hali'a: Annual Memory Care Conference	Hawai'i	
2019 Dementia, Navigating the Journy	Hawai'i	
2019 Alzheimer's Forum	D.C.	
2018 Dementia in the Family: Care Options and Resources	Hawai'i	
2018 Positive Approach to Caregiver	Hawai'i	
2018 Savvy Caregiver Master Trainer	Hawai'i	
2016 Dementia Capable Care of Adults with ID and Dementia	Hawai'i	
2016 MACRA Preparation Workshop	Hawai'i	
2016 Genetics and Genomics	Hawai'i	
2016 11 <sup>th</sup> International Bioethics Conference	Hawai'i	
2015 Wound, Ostomy and Continence Care Conference	Hawai'i	
2015 Conference on Long-Term Care	Hawai'i	

## Volunteer

2020 - 2020	Native Hawaiian Pacific Islander Response Team
2019- 2020	Best Buddies Board
2019 - 2020	Hawai'i - ANA Board
2018 - 2020	Special Olympics
2016 - 2020	Alzheimer's Association, Aloha Chapter
2012 - 2020	Sigma Theta Tau
2007 - 2009	Homeless Outreach and Medical Education (Next Step Shelter)
1998 - 2012	Pa Ku'i A Lua

## Study Abroad

2006 - 2006	Transcultural Health Care, Mendoza Argentina
2003 - 2006	History of Art, Europe
2002 - 2010	Pa Ku'i A Lua Cultural Exchange, Aotearoa