

Dr. Carol Petith-Zbiciak DNP, APRN-Rx, FNP-BC

Profile:

I am a retired nursing faculty member from the University of Hawaii Maui College and a family nurse practitioner, committed to life-long learning, and promoting health care services for the community, including the poor and underserved.

Patient Care Philosophy:

My preferences are for universal access to health care, for care that is evidence-based, provided in the motivational interviewing style, with an emphasis on health promotion.

College and University Education:

- University of Hawaii Manoa DNP My Doctor of Nursing Practice project was entitled Closing the Gap in Health Care Services for Homeless Persons on Maui
- University of Hawaii at Manoa MS in Nursing Family Nurse Practitioner with clinical experience in adult, womens', and pediatric health care at MCC Health Center, Maui Medical Group, Kaiser Permanente, with Dr. William Kepler, Dr. Dennis Rowe, Mr. Frank Hollister P.A., and elsewhere. About 400 clinical hours.
- Maui Community College AS Nursing
- University of Hawaii at Manoa Masters in Social Work coursework
- Antioch University San Francisco BA
- Maui Community College AA
- University of Hawaii at Manoa coursework
- New York University coursework
- Columbia University coursework

Other Education:

- Continuing education (CE) in family nurse practitioner topics, motivational interviewing, nursing education, and other topics. Examples include:
 - Audio-Digest Family Practice CE
 - Prescriber Letter CE
 - Fitzgerald Health Education Pharmacology Courses and Family Nurse Practitioner Review Courses
 - Fourth Cross-Cultural Health Care Conference: Collaborative and Multidisciplinary Interventions sponsored by the Hawaii Consortium for Continuing Medical Education, 1/16 and 1/17/15, Honolulu, Hawaii
 - Motivational Interviewing 3 Day Advanced Training with Steve Malcolm Berg Smith 10/2010, and 3 Day Intensive 5/2010 San Francisco, CA
 - Hawaii State Nursing Consortium Sessions
 - SART / SANE training for sexual assault nurse examiners 5/2000
- Mobile Intensive Care Technician Training (MICT) 1980
- Emergency Medical Technician Training (EMT)1979

Licenses and Certifications:

- APRN Rx 405 State of Hawaii since 6/2012
- FNP-BC from the American Nurse Credentialing Center since summer 2001
- APRN 405 State of Hawaii since summer 2001
- RN State of Hawaii since summer 1991
- Former certifications: Certified Emergency Nurse (CEN), Certified Critical Care Nurse (CCRN), Mobile Intensive Care Technician (MICT) License

Work Experience:

- UH Maui College Assistant Professor of Nursing. Started fall 2001 as an instructor. Retired in 2018. Worked as course coordinator in second year in the ADN program in writing intensive courses since 2006. Responsibilities included course development and organization, faculty mentoring, classroom teaching, simulation, laboratory and clinical teaching. Sites for clinical teaching included a telemetry unit at Maui Memorial Medical Center and a pediatric unit at KWCMC, and other clinical areas. Some of the areas I developed new work include transitioning to the HSNC curriculum, patient education in the motivational interviewing style, emergency exercise simulation, an evidence-based practice project, the Health Fair for the Homeless in partnership with Rosemary Perreira.
- Maui Community College as an E Health nurse providing monitoring and education to patients with diabetes and Native Hawaiian ancestry through the Research Corporation of the University of Hawaii 1999-2001 in a research study.
- Home Health and Home Care RN, and case manager, School Nurse Hawaii Job Corp, Interim Health Care 5/1999-4/2001
- Flight Paramedic (MICT/RN) Mercy Air Hawaii 3/94-12/95, examined, treated, and transported emergency patients by helicopter from the scene to the hospital, and transferred ER and ICU patients by helicopter, inter-facility.
- MICT RN Supervisor for International Life Support of Medic 3 ambulance station in Kihei, Maui, 1991-1994. MICT Supervisor Medic 3 1989-1991. MICT on emergency contract ambulance 1980-1989. EMT for International Life support 1979-1980.

Community and Campus Involvement:

- TISAC member from 2018.
- My DNP Project included a needs assessment of unmet healthcare service needs of homeless persons living on Maui. The results of the needs assessment provided information on ways to better meet the health care service needs of homeless persons on Maui, increase access to primary care services, reduce unnecessary emergency department visits, decrease acute care hospital lengths of stay, and reduce costs and while improving quality of life.
- Organize and conduct a pilot outreach wound care program for homeless persons 5/2017
- Member Maui Homeless Alliance
- Church activity as a Eucharistic minister, sometimes providing communion to the homebound from 2009 to 2013, and 2019 to 2020.
- Donor to Maui Food Bank, Feed My Sheep, Salvation Army, and Hale Kau Kau. – some years as much as 900 pounds of fruit that my husband and I grew.
- Volunteer Nurse Practitioner at Maui Oral Health Center and MCC Health Center more than 100 hours to 2005

- Scripted victim roles for the campus Active Shooter Exercise with Campus Security, Maui Police Department and Maui Fire Department 5/2014
- Mentored a UHMC instructor during her MS in nursing coursework
- Vice Chair nursing program curriculum committee
- Department Promotion Committee as member and chair, and Tenure and Promotion Committee
- Writing Intensive committee member

Honors:

- Graduation with honors from the University of Hawaii at Manoa DNP program
- Outstanding Academic Achievement MCC Nursing Program
- Award in Literary Studies MCC
- Kiwanis Good Guy of the Year

Languages:

- Some Spanish

Research and Quality Improvement Activities:

- Received University of Hawaii Institutional review Board approval, and conducted a community needs assessment on unmet health care service needs of homeless persons on Maui using a mixed method approach and semi-structured interviews of homeless persons, most of whom were unsheltered, and service providers familiar with homeless persons on Maui. Analyzed the data using NVivo software. The completed dissertation was published in ProQuest. Results were shared with interested persons, health care providers, public officials, TISAC and the news media.

Professional Organizations:

- Membership in the following:
 - American Academy of Nurse Practitioners
 - American Nurses Association