JAN 2 3 2020

A BILL FOR AN ACT

RELATING TO THE UNIVERSITY OF HAWAII.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. The legislature finds that an urgent need
- 2 exists for greater access to mental health services at the
- 3 university of Hawaii. Nationally, the percentage of teenagers
- 4 and young adults aged twenty-six and younger who report mental
- 5 distress, depression, and suicidal ideation has increased
- 6 significantly over the past decade. As anxiety and depression
- 7 swells among students across the nation, student counseling
- 8 centers in Hawaii, like their mainland counterparts, are unable
- 9 to keep up with demand.
- 10 The legislature further finds that mental health counselors
- 11 in Hawaii have noted that the issues exhibited by students are
- 12 becoming more serious. For example, according to officials at
- 13 the university of Hawaii at Manoa, anxiety diagnoses among
- 14 students have surpassed depression diagnoses, and reported
- 15 suicidal ideations have increased. Despite this, students at
- 16 the university of Hawaii at Manoa are required to wait an
- 17 average of twenty-three days from their initial call for help to



S.B. NO. 3068

- 1 the time that they meet with a licensed counselor. Further,
- 2 despite having the largest enrollment of students of any
- 3 community college in the university of Hawaii system, Leeward
- 4 community college does not have any psychologists on staff and
- 5 must refer any of its students in need to other university of
- 6 Hawaii campuses.
- 7 The legislature notes that the International Association of
- 8 Counseling Services recommends a ratio of one mental health
- 9 professional for every one thousand to one thousand five hundred
- 10 students. The university of Hawaii at Hilo and Kauai community
- 11 college are the only two university of Hawaii system campuses
- 12 that meet this recommended ratio. Most other campuses would
- 13 require at least five additional counselors per campus to meet
- 14 this recommended ratio.
- Accordingly, the purpose of this Act is to increase student
- 16 access to mental health services by appropriating funds for
- 17 additional psychiatrist, psychologist, and counselor positions
- 18 across the university of Hawaii system.
- 19 SECTION 2. There is appropriated out of the general
- 20 revenues of the State of Hawaii the sum of \$ or so much
- 21 thereof as may be necessary for fiscal year 2020-2021 for

- 1 additional psychiatrist, psychologist, and counselor positions
- at all campuses of the university of Hawaii system. 2
- 3 The sum appropriated shall be expended by the university of
- 4 Hawaii for the purposes of this Act.
- 5 SECTION 3. This Act shall take effect on July 1, 2020.

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S.B. NO. 3068

Report Title:

UH; Mental Health Services; Appropriation

Description:

Appropriates funds to increase access to mental health services across the University of Hawaii system.

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