



Anthony Mendez, CSAC

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### Profile

Certified Substance Abuse Counselor in the state of Hawaii, CSAC, and Certified Master Trainer of Neural Linguistic Programming specializing in group counseling, individual counseling, and co-counseling. Ability to identify co occurring disorders and seek additional help as needed. I have the ability to use the DSM -5. I understand how to determine the degree of severity. And provide treatment recommendations based on diagnostic tools and level of severity. Using psychoeducationl and personality test tools.

### Experience

#### **SELF EMPLOYED 2017 PRESENT**

Teaching for the department if Health. I created and Psychoeducationl tool to assist clinicians to engage patient into treatment faster. The curriculum was accepted in 2014 and has been taught continually since then. Ride share driver for Lyft and other driving apps.

#### **THE INSTITUTE FOR FAMILY ENRICHMENT 2003-2016**

Responsibilities included: Substance abuse counseling services worked under supervision. Group and individual counseling. Worked with Adolescents 12 to 19 at Kaimuki High school, and Waialua High school. I did individual counseling for Kids that were court ordered for intensive out patient treatment. Taking DAP notes and submitting paperwork in a timely manner. Worked at OCCC education department teaching Nurturing Fathers program. Gained the ability to assess on a broad range of client problems including family and life skills.

#### **Psychiatric Assistant, Queens Medical Center, 1999-2005**

Responsibilities included: Daily milieu management. Maintaining peaceful environment with a high risk population. Worked with Beneficiaries of military families. Checking patients for participation and enrollment for day to day activities. Keeping all Patients on task. Handling violent situations de-escalation those situations.

## Education

Leeward community college. Certified Substance Abuse Counselor. American Pacific University 2007-2008 Hypnosis, Master Trainer of NLP

## Skills

Currently applying to be on the commission on fatherhood for the state of Hawaii. Currently attending monthly meetings on how to engage fathers in their roll. Ability to present to Large groups, Lead meditation groups, Tech NLP Skills in a counseling setting and in sales. Ability to communicate assessing the listener and adjusting my communication style.

## References