

Benjamin G Ramos

OBJECTIVE

I am seeking a Nurse position to serve as a Hawaii nursing board member to better serve the community, nurses, and patients. With the many years spent in many settings in the nursing field, I will be a valued asset to the board. I strive to make a difference in my community and be a vessel that can be used to facilitate positive change and empower my fellow nurses.

Personal Summary

Excellent communication skills

Patience and self-confidence remain calm under stressful environments

Profound skills in wound care, IV insertions, problem solving, utilizing the nursing process, and nursing management.

Have an in-depth knowledge of policies and procedures and plays an important role in the management team (Supervisory Position)

Always wanting to learn and takes constructive criticisms positively.

JOB EXPERIENCE

Certified Nursing Assistant, Dec. 2001-2005. Ann Pearl Nursing Facility and Rehabilitation. 45-181 Waikalua Road Kaneohe, HI. 96744 Tel # (808) 247-8558

Patient Care Technician, Dec. 2005-2008. Ann Pearl Nursing Facility and Rehabilitation. 45-181 Waikalua Road Kaneohe, HI. 96744 Tel # (808) 247-8558

Charge Nurse, October 2012-2016. Ann Pearl Nursing Facility and Rehabilitation. 45-181 Waikalua Road Kaneohe, HI. 96744 Tel # (808) 247-8558

Wound Nurse/Supervisor October 2012-2016. Ann Pearl Nursing Facility and Rehabilitation. 45-181 Waikalua Road Kaneohe, HI. 96744 Tel # (808) 247-8558

CPR Instructor, Sept. 2014-2016. Ann Pearl Nursing Facility and Rehabilitation 45-181 Waikalua Road Kaneohe, HI. 96744 Tel # (808) 247-8558

Regional Wound Consultant/Unit Manager/Educator, January 2016-Present. Avalon Care Center Honolulu. 1930 Kamehameha IV Road Honolulu, HI 96819 Tel #(808) 847-4834

Job Description (Certified Nursing Assistant)

Delivered patient care duties under the supervision of a licensed nurse and assisted in maintaining a safe and positive environment for the residents.

Protected and promoted the resident's rights.

Assist in the admission process by

- Inventory personal items
- Orient resident to their new environments such as how to operate the beds, make use of the call lights
- Orient residents to the units and introduce residents to their new meal tables and other residents

Obtain specimens, weights, and vital signs.

Measure and recorded residents fluid intake and output.

Assist residents in ADL's such as bathing, grooming, hygiene, oral care, dressing, toileting, transferring and ambulating.

Provided residents with daily restorative nursing care and services in accordance with the residents assessment, care plans as directed by our supervisors.

Ensured that each residents needs were met and exceeded while maintaining the highest degree of dignity.

Make beds and maintain resident's room, inventory of supplies, sterilized equipment, maintain a neat and presentable ward.

Monitor resident's progress.

Report any changes to Charge Nurse.

Provide end of life care.
Orient new aides on different care procedures.
Chart on daily basis on residents daily performances.
Care of dementia and or cognitively impaired residents.
Provide emotional support to residents and family members.

PCT (Patient Care Technician)

Provide non-invasive treatments, assist with wound care, colostomy care, Ostomy care, and provide tube feedings under the supervision of the license nurse.
Monitor residents condition and accurately documents treatments provided.
Communicates with the healthcare team about any findings associated with wound care.
Records daily observation and discontinues treatments following consultation with license nurse when appropriate.
Restock all necessary supplies for the treatment cart and maintains a neat and clean treatment cart.

CN/UNIT MANAGER

- A. Assess residents and analyzes obtained information to develop appropriate interventions to prevent decline; records signs of change in condition; notifies appropriate staff per facility protocol to evaluate weight loss, decline in ADL's (Activities Of Daily Living), skin breakdowns and other changes; observe conditions that include possible need for rehabilitation then communicate with appropriate staff to evaluate resident; informs the physician of changes in assessment when appropriate.
- B. Administer medications and treatments to residents; monitors administration of intravenous fluids; places orders for medications with the pharmacy.

- C. Assess residents on the admission to develop interim care plan and further assess in depth to contribute to the complete care plan. Updates care plans as warranted and required. Attends and participate at plan of care meetings as scheduled.
- D. Responds to emergencies; assesses the condition of the resident; decides on the type of medical attention required; calls appropriate ambulances services if needed; notifies family if resident is needed to be transferred to the hospital; notifies the physician when a change in condition occurs.
- E. Confers with residents and families; makes referrals to the other departments when appropriate.
- F. Maintains resident's clinical files; keeps chart updated; documents.
- G. Complete employee and resident incident report forms; completes follow up investigation forms.
- H. Make rounds to see each resident daily and as needed.
- I. Ensures that residents are aware of the services available to them; encourages residents to participate in activity programs and provides staff support to enable residents to get to and from activities and to participate in them.
- J. Maintains accountability for controlled substances; inventories medications at the beginning and end of the shift.
- K. Support the facility's medical supply system; follows procedures for resident charge items.
- L. Correlates accurate and complete documentation and its impact on reimbursement and federal regulations.
- M. Communicates status of resident to incoming personnel according to established procedures with physicians; transcribes, clarifies and implement physicians' orders.
- N. Supervises the certified nursing assistants and the unit clerk and determines work procedures; prepares work schedule; expedites work flow, evaluates, counsels and disciplines.
- O. Ensure that all certified nursing assistants, unit clerks and all supervised personnel adhere to standard job requirements.

Regional Wound Care Consultant/Wound Care Certified/Diabetic Wound Care

Certified/Certified Wound Specialist-Job Summary: The Wound Care Specialist is a licensed professional responsible for planning and providing care for patients with complicated wounds, pressure ulcers, and/or any patient who has a potential skin care

problem, in order to assist the patient in achieving a maximum level of wellness and independence. The

Wound Care Specialist will consult with other members of the health care team in the management of acute and chronic

wounds, and will be actively involved in the management and prevention of pressure ulcers.

Demonstrates expertise in the execution of daily patient care, providing collaboration, direction, and instruction to the staff in the application and utilization of current wound care protocols.

- o Promote a team approach through coordination of the efforts of all members of the Health Care Team
- o Serves as patient advocate. The ultimate goal is to maximize the patient's return to an optimal level of functioning.
- o Provides safety, comfort care, and treatment of patients according to established legal, ethical, and institutional standards.
- o Serves as a consultant to patients, families, and staff.
- o Initiates, evaluates and revises plans of care that reflect a multidisciplinary approach to patient care
- o Coordinates with physician, nursing, and other personnel, patient and family in the meeting of wound care needs of the patient.
- o Elects, implements, and evaluates comforting, therapeutic, restorative, and preventative measures for

selected patients.

- o Analyzes selected patient care plans for evidence of documentation of standards of practice, shares findings with staff, and collaborates in developing a variety of valid and reliable assessment tools to assist staff with documentation records.
- o Maintains and teaches others the specialized knowledge and skill necessary to perform techniques and routines in wound care
- o Offers consultative services to provide expertise in the planning and delivery of special patient care problems.
- o Performs, assists with, and/or participates in planning, development, execution and evaluation of clinical research projects.
- o Participates in the Quality Improvement Program; collaborates in setting standards of care and monitors indicators of quality.
- o Promotes and uses cost-saving routines during procedures and activities.
- o Adheres to internal controls established for department.
- o Maintain current knowledge base on the prevention and treatment of wounds through attendance of educational programs/seminars/conferences reading journals and participating in committee or group programs.

Develop treatment plan according to current wound care protocols and explain dressing rationale

- o Institute preventive measures and monitor results of care delivered
- o Advise physicians on status of wound patients

- o Provide demonstrations/education on dressing techniques, principals of aseptic technique
- o Monitor prevalence and incidence of wound and skin care patients
- o Monitor for nutritional deficiencies that will impact or impede wound healing.
- o Ensure adequate materials are on hand for every patient
- o Attend wound care education programs designed to enhance the benefits patients can derive from the most recent techniques/procedures available
- o With consultation from the health care team assesses patient condition by reviewing all systems, the patient.s health records and/or history and recommends to the interventions for wound healing
- o Interview patients and family members during screening and consults with health care team members to determine kind of care needed.
- o Coordinates health care needs through making referrals to other specialty clinics and community resources.
- o Provides counseling and teaching to patients and families on preventive, curative and rehabilitative measurers involved in health care.
- o Documents all patient education activities and response of patients/families.
- o Assumes responsibility for maintenance of aseptic technique and adequacy of supplies.
- o Provides hands on care and teaching to patients who have complex and/or non healing wounds.
- o Assists in the review and authorization of wound care supplies. Evaluates new and currently used pröducts for wound care.
- o Participates in medical record audits for quality and utilization purposes and compliance.
- o Participates in writing and updating policies, procedures and teaching documents related to complex

wound management.

- o Pre counsels patients for surgery and follow up after surgery.
- o Provides follow up and interventions to patients regarding problems concerning wound management
- o Conducts continuing educational programs regarding wound care management including but not limited to:
 - Prevention
 - Early Identification/Risk Assessments
 - Causes of Skin Breakdown
 - Wound Assessment
 - Wound Management Interventions
 - Documentation

Oversee ALL wound care of the Avalon Care Group facilities in the state of Hawaii. Works closely with ALL of the major hospitals in the State of Hawaii and consult for specialty Doctors such as plastic surgery, orthopedic, burn unit, infectious disease, and diabetic limb clinic.

CPR Instructor

Provides thorough education to staff within the company in regards to CPR and its updates. Also performs re-certification classes when needed.

SCHOOL

American Red Cross, 2001. Certified Nursing Assistant Program. 4155 Diamond Head Road, Honolulu, HI 96816

(808) 734-2101

American Red Cross, 2014. CPR Instructor course. 4155 Diamond Head Road, Honolulu, HI 96816

Certificate Patient Care Technician Program, 2005. Healthcare Training & Career Consultants, INC. 2130 North King St. Honolulu, HI 96817

Bachelors Degree In Nursing,
Ilcos Norte, Philippines

Northwestern University Brgy. 45, Laoag City,

Wound Care Certified, 2015. Wound Care Education Institute

Diabetic Wound Care Certified, 2015.Wound Care Education Institute

Certified Wound Specialist, 2017. American Board of Wound Management

Certified Lymphedema Therapist, 2018. Norton School of Lymphatic Therapy

Lymphedema Association of North America, 2018

Certified Wound and Ostomy Nurse, 2019. WebWOC