JAN 17 2020

A BILL FOR AN ACT

RELATING TO EDUCATION.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. The legislature finds that many schools across
- 2 the country are working to synchronize school clocks with
- 3 students' body clocks because many high school students are
- 4 sleep deprived, resulting in poorer academic and athletic
- 5 performance. While there are social reasons for teenagers
- 6 staying awake later, such as chatting online or on the phone and
- 7 watching television, there are also practical and biological
- 8 reasons for staying up late. With adolescence come greater
- 9 academic responsibilities and increased involvement in
- 10 extracurricular activities, as well as more time spent earning
- 11 money. The legislature further finds that Hawaii's public high
- 12 school students would benefit from a later start time in school,
- 13 enabling students to obtain adequate sleep.
- 14 The purpose of this Act is to require Hawaii's public high
- schools to start no earlier than 8:30 a.m.



- 1 SECTION 2. Chapter 302A, Hawaii Revised Statutes, is
- 2 amended by adding a new section to be appropriately designated
- 3 and to read as follows:
- 4 "§302A- High schools; start time. Beginning with the
- 5 2020-2021 school year, each public high school in the State
- 6 shall begin school activities no earlier than 8:30 a.m.;
- 7 provided that regardless of class start time, each school shall
- 8 be subject to the minimum instructional time requirements under
- 9 section 302A-251."
- 10 SECTION 3. New statutory material is underscored.
- 11 SECTION 4. This Act shall take effect upon its approval.

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INTRODUCED BY

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(P)

S.B. NO. 2450

Report Title:

Public High Schools; Start Time

Description:

Requires Hawaii's public high schools to start no earlier than 8:30 a.m.

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