

Application Submittal Checklist

The following items are required for submittal of the grant application. Please verify and check off that the items have been included in the application packet.

- 1) Certificate of Good Standing (If the Applicant is an Organization)
- 2) Declaration Statement
- 3) Verify that grant shall be used for a public purpose
- 4) Background and Summary
- 5) Service Summary and Outcomes
- 6) Budget
 - a) Budget request by source of funds ([Link](#))
 - b) Personnel salaries and wages ([Link](#))
 - c) Equipment and motor vehicles ([Link](#))
 - d) Capital project details ([Link](#))
 - e) Government contracts, grants, and grants in aid ([Link](#))
- 7) Experience and Capability
- 8) Personnel: Project Organization and Staffing



AUTHORIZED SIGNATURE

KEIKO KAJIWARA, PRESIDENT

PRINT NAME AND TITLE

JANUARY 15, 2020

DATE



Department of Commerce and Consumer Affairs

CERTIFICATE OF GOOD STANDING

I, the undersigned Director of Commerce and Consumer Affairs of the State of Hawaii, do hereby certify that

SOUNDING JOY MUSIC THERAPY, INC.

was incorporated under the laws of Hawaii on 09/05/2002 ; that it is an existing nonprofit corporation; and that, as far as the records of this Department reveal, has complied with all of the provisions of the Hawaii Nonprofit Corporations Act, regulating domestic nonprofit corporations.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the Department of Commerce and Consumer Affairs, at Honolulu, Hawaii.

Dated: January 16, 2020

Director of Commerce and Consumer Affairs



**DECLARATION STATEMENT OF
APPLICANTS FOR GRANTS PURSUANT TO
CHAPTER 42F, HAWAI'I REVISED STATUTES**

The undersigned authorized representative of the applicant certifies the following:

- 1) The applicant meets and will comply with all of the following standards for the award of grants pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant is awarded;
 - b) Complies with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
 - c) Agrees not to use state funds for entertainment or lobbying activities; and
 - d) Allows the state agency to which funds for the grant were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and ensuring the proper expenditure of the grant.

- 2) If the applicant is an organization, the applicant meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is incorporated under the laws of the State; and
 - b) Has bylaws or policies that describe the manner in which the activities or services for which a grant is awarded shall be conducted or provided.

- 3) If the applicant is a non-profit organization, it meets the following requirements pursuant to Section 42F-103, Hawai'i Revised Statutes:
 - a) Is determined and designated to be a non-profit organization by the Internal Revenue Service; and
 - b) Has a governing board whose members have no material conflict of interest and serve without compensation.

Pursuant to Section 42F-103, Hawai'i Revised Statutes, for grants used for the acquisition of land, when the organization discontinues the activities or services on the land acquired for which the grant was awarded and disposes of the land in fee simple or by lease, the organization shall negotiate with the expending agency for a lump sum or installment repayment to the State of the amount of the grant used for the acquisition of the land.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

Sounding Joy Music Therapy, Inc.
(Typed Name of Individual or Organization)


(Signature)

January 15, 2020
(Date)

Keiko Kajiwara
(Typed Name)

President
(Title)

Application for Grants

If any item is not applicable to the request, the applicant should enter "not applicable".

I. Certification – Please attach immediately after cover page

1. Certificate of Good Standing (If the Applicant is an Organization)

If the applicant is an organization, the applicant shall submit one (1) copy of a certificate of good standing from the Director of Commerce and Consumer Affairs that is dated no earlier than December 1, 2019.

Attached.

2. Declaration Statement

The applicant shall submit a declaration statement affirming its compliance with Section 42F-103, Hawaii Revised Statutes. ([Link](#))

Attached.

3. Public Purpose

The applicant shall specify whether the grant will be used for a public purpose pursuant to Section 42F-102, Hawaii Revised Statutes. ([Link](#))

The grant requested by this application will be used for property acquisition to accommodate necessary expansion of our services to disadvantaged individuals and communities. Therefore, the request is fully in compliance with the public purpose pursuant to Section 42F-102, Hawaii Revised Statutes.

II. Background and Summary

This section shall clearly and concisely summarize and highlight the contents of the request in such a way as to provide the State Legislature with a broad understanding of the request. Please include the following:

1. A brief description of the applicant's background

Established in 2002, Sounding Joy Music Therapy, Inc. (Sounding Joy), is the only 501(c)3, non-profit organization providing music therapy in Hawai'i. It was founded on the basis of our belief that music can significantly transform people's lives, and in response to a strong public demand for music therapy in Hawai'i from people of diverse communities who value music as a rich cultural resource

for healing and empowerment. The mission of Sounding Joy is to improve well-being and quality of life through increased access to music therapy, to educate the public about the benefits of music therapy and advocate for equitable distribution of services, and to advance music therapy research and training in Hawai'i.

The organization's main activities are: 1) Music therapy direct services to clients with disabilities, special needs, and at-risk circumstances, offered at Sounding Joy's clinic and at a wide range of community sites including schools, skilled nursing facilities, adult day programs, senior residences, transitional housing shelters, hospitals, and hospices; 2) Promotion and advocacy of music therapy through workshops, demonstrations, resource fairs, and various media; 3) Education and training of music therapy interns and the development of a music therapy degree program in Hawai'i; and 4) Fundraising through benefit concerts, charity events, special campaigns, and sponsor solicitation. Numerous volunteer opportunities are available to the public within these activities.

This year, Sounding Joy is celebrating its 18th anniversary, having provided music therapy direct services to over 2,500 individuals and families and educated over 50,000 on the principles and benefits of music therapy. We have collaborated with hundreds of local agencies which seek out the unique, creative methods of music therapy that no other program can offer. We have contracted with the Hawai'i Department of Education and provided music therapy to dozens of local children in Special Education. With grant support from the State Foundation on Culture and the Arts since 2005, and from the Hawai'i Department of Human Services since 2008, we have offered music therapy programs to over 1,000 at-risk youth and families statewide to cultivate self-empowerment and positive relationships. During the past two years, the City of Honolulu has granted funds for Sounding Joy to provide music therapy to underserved populations on O'ahu.

In 2011, at the World Congress of Music Therapy in Seoul, Korea, Sounding Joy presented on music therapy in Hawai'i for the first time in the history of this conference. We also initiated a special project in the same year to support relief efforts for regions of Northeast Japan affected by the Great Earthquake. In 2012, the Hawai'i Tourism Authority awarded Sounding Joy a grant for music therapy to enhance mental health in Native Hawaiian communities. Around that time, at Hawai'i Pacific University, we offered the first music therapy introductory course in the state. This course has become the cornerstone of local education in music therapy. More recently, faculty and administration of Brigham Young University in Hawai'i have sought collaboration with Sounding Joy to develop a music therapy degree program. Over the years, Sounding Joy has received numerous awards and recognitions from the governors, the State Senate and House of Representatives, and the mayors of Honolulu for its outstanding contributions to Hawai'i (Att. 1).

2. The goals and objectives related to the request

The organization requests a capital grant to purchase a leasehold property to accommodate expanded operations in response to public need. Each year, Sounding Joy provides weekly music therapy (MT) sessions to about 200 individuals, and takes part in about 30 community events to educate approximately 1,500 on the benefits of MT. Currently, the organization rents a small office of approximately 500 sq. ft., divided into two rooms for conducting administrative and clinical tasks, respectively. Five Board Certified Music Therapists (MT-BCs), five advisory board members, and dozens of interns and volunteers all work and collaborate within this tiny space, which limits the scope and efficiency of operations. Sounding Joy is faced with strong public demand for expanded services, far outgrowing our current operational capacity, as evidenced by our waiting list of 810 prospective clients (Att. 2). In addition, we have embarked upon collaboration with faculty and administration at Brigham Young University in Hawai'i to create the first MT degree program in the state, which will entail significant expansion of our educational and training services. There is thus an urgent need for expanded space to support the operations of the organization.

The goals and objectives of this capital grant request are to acquire and relocate to a leasehold property with the capacity for the following:

- 1) One small therapy room, about 200 sq. ft., to conduct individual MT sessions
- 2) One mid-size therapy room, about 350 sq. ft., to conduct group MT sessions
- 3) Approximately 400 sq. ft. of shared office space for administrative work, documentation, and research activities. This space may also be adapted as needed to accommodate public presentations and professional training workshops related to MT.
- 4) One small meeting room, about 100 sq. ft., for private meetings, supervision/consultation, and session video reviews
- 5) Storage space for musical instruments and recording equipment
- 6) A reception area of approximately 50 sq. ft., with access to ADA-compliant restroom facilities

The targeted leasehold property consists of two adjacent units, which will be combined into one, within the same building as Sounding Joy's current rental office in the Makiki district of Honolulu (Att. 3). The property and the building as a whole are ADA-compliant. The therapy and meeting rooms will be soundproofed to protect privacy and prevent sound interference when multiple sessions or events are being held simultaneously. The acquisition of a leasehold property will provide Sounding Joy with improved financial stability and sustainability. Because the property is located in close proximity to our current office, relocation costs will be minimal. Our goal is to purchase the property, complete necessary

renovations and soundproofing, and take occupancy of the property during the grant term.

3. The public purpose and need to be served

Hawai'i is one of the most underserved states in the nation in terms of MT, as shown by data collected by the American Music Therapy Association (AMTA). Fewer than 10 MT-BCs are employed in Hawai'i, as compared to over 6,500 nationwide (Att. 4). Another factor heightening the demand for MT is that Hawai'i has one of the fastest-growing elderly populations in the nation (*2019-2023 Hawai'i State Plan on Aging*, Hawai'i Department of Health, 2019). Research findings strongly agree that this population benefits significantly from MT in terms of social, cognitive, and emotional support, maintenance of overall functioning, and care at the end of life (Att. 5). In fact, the U.S. Congress recommends MT as one of the mandatory activities for senior care.

Neither health insurance nor the Hawai'i Department of Health covers MT services; hence, it is difficult to provide MT to Hawai'i's most vulnerable populations, who could benefit most. Over the past two years, Sounding Joy has offered the only grant-supported MT program in Hawai'i through funding from the City and County of Honolulu (Att. 6). The program has served 100 economically disadvantaged clients per year, but our waiting list of 810 individuals with disabilities, special needs, and at-risk circumstances (Att. 2) demonstrates that our current scope of service is far from adequate to meet the demand for MT in our local communities.

Sounding Joy also receives numerous requests from the public for presentations, workshops, and in-service trainings regarding the principles and benefits of MT. We educate at least 1,500 people through 30 or more such activities per year. However, our shortage of space has logistically and financially limited our capacity for these activities. Historically, the organization has received several grants from the State, City and County, and private foundations, to support our direct services, but it is imperative that we obtain a substantial capital grant to acquire and relocate to a larger, leasehold property which would accommodate the growing public demand for MT clinical and educational services in Hawai'i. The proposed leasehold property would provide the following:

- A) Multiple therapy rooms for individual and group MT sessions
- B) Adequate settings for public education activities related to MT
- C) Appropriate professional work space for music therapists, interns, practicum students, and volunteers

These would strengthen Sounding Joy's integration and collaboration within the community to enhance quality of life for clients and their caregiving circles, and advance MT education and research. MT affirms the power of music as a

healing, self-empowering cultural resource for Hawai'i's diverse communities. By housing our expanded operations, the creation of a new Sounding Joy Music Therapy center through the requested capital grant would transform the lives of many individuals and families in Hawai'i who struggle in their daily activities and functioning in the community, by allowing them to benefit from long-awaited access to MT services.

4. Describe the target population to be served

Services supported by the new Sounding Joy Music Therapy center will target the following each year:

- A) Approximately 1,000 people with disabilities and special needs to receive MT sessions
- B) At least 3,000 people to be informed about the benefits of MT through educational events and community outreach
- C) Approximately 10 interns and pre-internship students from accredited MT university programs, and other students from related fields, to receive practical training
- D) Approximately 100 professionals from health care, education, human services, and the arts, to engage in continuing education
- E) At least 20 volunteers to support the organization's clinical work, community outreach and education, and research

The target population of our MT clinical services consists of individuals with disabilities, special needs, and at-risk circumstances, as detailed on the waiting list. The overarching goal of MT is to improve clients' well-being, quality of life, and functioning within the community. Because music stimulates and integrates the functioning of different areas within the brain, musical engagement can address specific therapeutic goals in a variety of domains, including motor functioning, learning, memory, communication, emotional expression, and socialization. MT can ameliorate stress and pain, and promote self-esteem and self-empowerment. Peer-reviewed research compiled by the AMTA demonstrates beneficial MT outcomes for a wide range of clinical conditions including autism, developmental disabilities, neuromotor disorders, and dementia (www.musictherapy.org/research).

The unique methods of MT can attract clients who are not responsive to mainstream treatments, allowing them to experience breakthroughs that pave the way for future progress. No prior musical training is required for clients to participate, as the focus is not instruction or performance but self-expression and social interaction through singing, movement, and creative improvisation on a variety of instruments. The use of music as a tool in the therapeutic process is so manifestly engaging and enjoyable that many individuals will experience strong motivation to persevere and succeed despite considerable challenges. The positive changes that would occur in clients' lives as a result of receiving MT

would also ease the burden of their caregivers and give much hope to their families, teachers, friends, and extended support circles. The benefits of MT directly experienced by the participants would thus strengthen community awareness and support of MT, and contribute to enhanced community living for people with disabilities and special needs in Hawai'i.

The proposed MT center would prioritize service to Native Hawaiian communities. Many requests for MT come from Native Hawaiian communities which place high value on informal group music-making, or *kani ka pila*, as an empowering source of social and cultural identity. The economic and social needs of people with disabilities in these indigenous communities are particularly acute, given that mainstream services are often unable to respond to them in a culturally appropriate or meaningful manner. MT can reach many within these communities through its culturally engaged, individually tailored, creative approach, motivating them to strive toward more independent lives through the power of music. By advancing research and clinical practice focused on the therapeutic value inherent in Hawai'i's rich cultural heritage of music, the expanded Sounding Joy Music Therapy center holds the potential to make a unique contribution to the field of MT worldwide.

5. Describe the geographic coverage.

The requested capital grant will support the acquisition of a property to serve as a new base of operations for Sounding Joy's direct MT services statewide, as well as its contributions to the field of MT nationally and internationally through educational, training, and research activities.

III. Service Summary and Outcomes

The Service Summary shall include a detailed discussion of the applicant's approach to the request. The applicant shall clearly and concisely specify the results, outcomes, and measures of effectiveness from this request. The applicant shall:

1. Describe the scope of work, tasks and responsibilities

The requested capital grant will enable the organization to purchase and renovate a leasehold property to accommodate expanded clinical and educational services in response to strong public demand. We have identified a suitable property in the same building as our current rental office, consisting of two units (a corner unit and a larger adjacent unit) which will be combined into one, with a total area of 1,118 sq. ft. and total cost of \$155,000 (Att. 3). This property would meet all the specifications detailed above. The ADA-compliant building houses numerous medical, dental, and therapy clinics. It is centrally located in metropolitan Honolulu, with ample guest parking and public transportation in close proximity. The materials and design of the property are

inherently conducive to sound insulation, requiring relatively little expenditure for soundproofing.

Once the grant is awarded, the organization will form a property committee, chaired by its Executive Director. A real estate agent will then be hired to seek appropriate acquisition of the property. The agent will conduct market research and analysis of the property from the standpoint of finance, feasibility, and sustainability. Findings will be presented to the organization's board of advisors, who will make the final purchase decision with input from the executive staff. The board of advisors will be responsible for the entire process of purchase, collaborating with the agent, signing the papers (compliant with the organization's bylaws, Att. 7), and overseeing the grant. The committee will seek licensed constructors through a bidding process to maintain cost efficiency. At the start of the renovation phase, the committee will communicate with the candidate contractors to estimate their total costs for designing and creating the proposed spaces. Renovation will begin once the contractors have been chosen with approval from the board of advisors, and is expected to finish a month before the grant period ends, so that relocation may be completed within the period. The property committee will recruit the necessary personnel to keep the property in good condition, and will report any needs for repair and maintenance to the board of advisors.

By the end of the grant period, construction and renovations of the proposed property will be completed, the organization will take occupancy of the property, a property fund will be established, and a sustainability plan for the property will be developed. The property committee will oversee financial activities related to the property. The Executive Director will be responsible for these financial activities and will report to the board of advisors periodically to evaluate the well-being and sustainability of the property fund. The fund development committee, which is a standing committee within the organization, will be responsible for planning fundraising events to contribute to the property fund.

The organization will be responsible for utilizing the property as a MT center for the following purposes: 1) To offer MT to enhance well-being and quality of life for individuals with disabilities, special needs, and at-risk circumstances, particularly those from underserved communities; 2) To educate the public regarding the benefits of MT, especially the unique therapeutic potential of Native Hawaiian musical traditions and cultural values; 3) To conduct clinical research in MT; 4) To train MT interns and pre-internship students from AMTA-accredited university programs, including a potential future degree program at a local university; and 5) To provide practicum placements for students in related fields and volunteer service opportunities for the wider community. The organization's collaborative relationships and presence within the community will be strengthened, in turn attracting resources to help sustain the MT center.

2. Provide a projected annual timeline for accomplishing the results or outcomes of the service

The property committee, headed by the Executive Director of the organization, will be established at the outset of the grant period. By July 31, 2020, at the latest, the property committee and the board of advisors will establish project timelines, goals, and objectives, and hire a real-estate agent. They will negotiate with the agent for a possible discount or donation of the agent fees.

By September 30, 2020, the real-estate agent and the board of advisors will finalize the details of the property to purchase. The purchasing process, including property inspection, will begin as soon as possible, with the aim of transferring the title within 2 months.

The property committee will begin discussing plans for necessary renovations based upon the organization's clinical and administrative operations. By December 31, 2020, the committee will outline a basic renovation plan and open the bidding process with possible contractors. The Executive Director will keep the board of advisors informed at every step of the process.

By February 28, 2021, the bidding period will be completed, and contractors will be approved by the board of advisors. Renovations will begin, to be completed by May 31, 2021, at the latest.

By June 30, 2021, the organization will take occupancy of the property. As the property is located in the same building as the organization's current office, relocation will occur efficiently, with minimal interruption to our clinical services. The property committee will complete its final project report and establish the property fund for the maintenance and sustainability of the property.

3. Describe its quality assurance and evaluation plans for the request. Specify how the applicant plans to monitor, evaluate, and improve their results.

Since its establishment in 2002, Sounding Joy's MT programs have been highly regarded as one-of-a-kind in the community, making a significant difference in people's lives through the therapeutic application of music and its unique power to heal. For quality control of all of its MT services, Sounding Joy complies strictly with the code of ethics and professional standards set forth by the American Music Therapy Association (AMTA) and Certification Board for Music Therapists (CBMT) (Att. 8), the national organizations regulating the field of MT in the U.S. Most importantly, we hire only those holding the nationally recognized MT credential (MT-BC) as clinical staff, because their specialized skills are essential to deliver effective MT services and achieve the targeted therapy goals.

For quality assurance and evaluation of the proposed property acquisition project, the organization will depend upon combined input from members of the board, staff, volunteers, clients, and underserved communities whose needs will be given priority for service. At the outset of the grant period, the board of advisors, executive staff, and property committee will create together an outline of the entire course of the project, establishing goals and objectives along with timelines. This outline will form the basis for evaluation of progress throughout the project. The board of advisors will oversee the project and monitor its monthly progress.

The technical aspects of quality control connected with property acquisition and renovation will be performed by the licensed real-estate agent. An agent will be selected who shares the organization's passion for bringing MT to the people of Hawai'i. Through our past events, the organization has identified such agents, from whom we have sought advice related to real estate as needed. For the proposed project, the organization will rely upon the expertise and professionalism of the selected agent, and the board of advisors will supervise his/her conduct, with feedback from all responsible committees and personnel. The Executive Director will monitor the renovation work of the contractors and report any concerns or issues to the board of advisors. When any complaints, hardships, or grievances arise, whether documented or undocumented, the Executive Director will initiate follow-up communication among those involved within 3 working days. If a case cannot be resolved at this level within 2 weeks of an incident, the Executive Director will report the case to the board of advisors, who will review the case on behalf of the organization and take responsibility for responding to the case, in accordance with the Grievance Policy (Att. 9). Any modifications to the planned course of the project will be determined by the board of advisors.

With the organization's proven record of trustworthy service to the public, highly trained and experienced clinical, administrative, and supervisory staff, and long history of working with philanthropic organizations in the community, Sounding Joy is more than adequate to achieve the targeted outcomes of the proposed project.

4. List the measure(s) of effectiveness that will be reported to the State agency through which grant funds are appropriated (the expending agency). The measure(s) will provide a standard and objective way for the State to assess the program's achievement or accomplishment. Please note that if the level of appropriation differs from the amount included in this application that the measure(s) of effectiveness will need to be updated and transmitted to the expending agency.

During the grant term, a leasehold property will be purchased to house the organization and its operations, directly benefiting approximately 4,130 people

per year as detailed above.

Below is a list of documents measuring progress at each stage of the proposed project, and overall outcomes, which will be reported to the State.

- **Master Plan:** Filed at the start of the project. Contains the grant budget, timeline for the planned course of the project, and goals and objectives for each phase of the project. Serves as the master measurement tool for the entire project.
- **Monthly Progress Report:** Filed to the State each month. Narrates the progress of the project, based on the goals and objectives indicated on the Master Plan. Visual aids such as photographs and drawings of the site may be submitted to illustrate progress. Reports any expenses incurred during the month and the remaining balance of the grant.
- **Final Report:** Filed to the State at the end of the project. Narrates overall progress; evaluates project outcomes based upon the Master Plan. Photographs or other visual aids depicting the completed site may be submitted. Reports total expenditures for the project, with the final balance of the grant.

With the requested capital grant, we anticipate achieving all goals and objectives of the project, allowing us to commence operations at the newly created MT center at the start of the following fiscal year. However, if awarded less than the requested amount, the organization will adjust the design of the project plan accordingly, modifying either the size of the property to be acquired or timelines for completion of the project.

IV. Financial

Budget

1. The applicant shall submit a budget utilizing the enclosed budget forms as applicable, to detail the cost of the request.
 - a. Budget request by source of funds ([Link](#)) Attached
 - b. Personnel salaries and wages ([Link](#)) Not applicable
 - c. Equipment and motor vehicles ([Link](#)) Not applicable
 - d. Capital project details ([Link](#)) Attached
 - e. Government contracts, grants, and grants in aid ([Link](#)) Attached
2. The applicant shall provide its anticipated quarterly funding requests for the fiscal year 2021.

Quarter 1	Quarter 2	Quarter 3	Quarter 4	Total Grant
\$155,000.00	\$4,100.00	\$4,100.00	\$0.00	\$163,200.00

3. The applicant shall provide a listing of all other sources of funding that they are seeking for fiscal year 2021.

The organization has obtained funding from the State Foundation on Culture and the Arts and the Clarence T. C. Ching Foundation for fiscal year 2021. We have also applied for a service grant through the State Grant-in-Aid program, and for funding from the City and County of Honolulu, for fiscal year 2021. In addition to ongoing service revenue from private clients, the organization will seek further support through private foundations, individual and corporate donations, and community-giving programs, as always. Through a combination of anticipated funding from the City and County and our ongoing service revenue, we expect to be fully capable of covering lease and maintenance fees to sustain the property, as well as 80% of the renovation costs.

4. The applicant shall provide a listing of all state and federal tax credits it has been granted within the prior three years. Additionally, the applicant shall provide a listing of all state and federal tax credits they have applied for or anticipate applying for pertaining to any capital project, if applicable.

Not applicable.

5. The applicant shall provide a listing of all federal, state, and county government contracts, grants, and grants in aid it has been granted within the prior three years and will be receiving for fiscal year 2021 for program funding.

See the attached "GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID" form.

6. The applicant shall provide the balance of its unrestricted current assets as of December 31, 2019.

See the attached organization balance sheet.

V. Experience and Capability

1. Necessary Skills and Experience

The applicant shall demonstrate that it has the necessary skills, abilities, knowledge of, and experience relating to the request. State your experience and appropriateness for

providing the service proposed in this application. The applicant shall also provide a listing of verifiable experience of related projects or contracts for the most recent three years that are pertinent to the request.

Sounding Joy has established a strong record of service to disadvantaged individuals and families through MT over the past 18 years. Its outstanding public service is praised not only by clients, families, community members, and professional colleagues, but also by local legislators and political leaders, who consider Sounding Joy a significant asset to Hawai'i (Att. 1). Since its establishment, the organization has provided MT to over 2,500 clients and educated over 50,000 people statewide. Sounding Joy tirelessly collaborates with hundreds of local, national, and international agencies to improve the affordability and accessibility of MT in Hawai'i.

Sounding Joy's primary mission is to serve people with disabilities, special needs, and at-risk circumstances through MT. Our largest MT program in the past (2011-2012), funded by the State Department of Human Services, served more than 1,000 at-risk teens with disabilities and special needs. A large statistical study of this program, with 332 subjects meeting criteria for inclusion in statistical analysis, demonstrated overall success, with over 85% goal attainment and under 5% drop-out rates (Att. 10). These outcomes suggest that our MT programs effectively motivate clients to participate and achieve their goals.

From 2017 through 2019, the City and County of Honolulu awarded Grant-In-Aid funding to Sounding Joy, supporting MT services for 100 clients per year on O'ahu with disabilities and special needs. The program has recently concluded, and preliminary analyses strongly indicate positive outcomes.

Another program at Sounding Joy, funded by the State Foundation on Culture and the Arts since 2005, has provided MT to about a dozen clients with disabilities per year, along with community outreach to inform the general public about the benefits of MT. Sounding Joy has also served Hawai'i's indigenous communities in low-income areas through MT funded by the Hawai'i Tourism Authority, enhancing participants' sense of cultural identity and heightening community awareness of the rich therapeutic potential within Hawaiian and Pacific-Island musical traditions and cultural values.

The core concept of MT, utilization of music's unique power to facilitate the betterment of human life, is applied to all our programs. The field of MT is regulated nationally by professional ethics and standards of practice, including the education and training of MT-BCs. By employing only qualified MT-BCs, our organization maintains quality of service, helping to ensure the attainment of targeted outcomes for all our programs.

Sounding Joy's ultimate goal is to provide all our clients with the best MT services possible to improve their quality of life, regardless of their financial, social, or other disadvantages. We have been making progress towards this goal, but the community's needs remain profound. Our ability to expand the scope of our services is severely limited by the 500-sq. ft. space within which we have been operating to date. The

requested capital grant will provide a long-awaited breakthrough for our organization and the communities we serve, significantly enhancing public access to high-quality MT services.

2. Facilities

The applicant shall provide a description of its facilities and demonstrate its adequacy in relation to the request. If facilities are not presently available, describe plans to secure facilities.

Sounding Joy currently rents an office space of about 500 sq. ft. in an ADA-compliant building. In this space, all administrative tasks along with individual and small-group MT sessions are conducted. The organization requires a larger facility to accommodate operational expansion in response to the demand for therapeutic, educational, and training services to over 4,000 clients, community members, professionals, and students per year. Therefore, we request this capital grant to acquire a suitable leasehold property to serve as a new center for our expanded operations.

VI. Personnel: Project Organization and Staffing

1. Proposed Staffing, Staff Qualifications, Supervision and Training

The applicant shall describe the proposed staffing pattern and proposed service capacity appropriate for the viability of the request. The applicant shall provide the qualifications and experience of personnel for the request and shall describe its ability to supervise, train and provide administrative direction relative to the request.

The overseeing body for the entire project will be the board of advisors of the organization, who serve without any material merit. They are passionate individuals who believe in the mission of the organization. The five current board members are a physician, attorney, business consultant, media coordinator, and journalist, all highly experienced in their fields and respected for their volunteerism. They are well-suited to monitor and evaluate each step of the project as a decision-making body, as they have no conflict of interest with the project, acting purely for the betterment of the organization.

The Executive Director, who also serves without compensation for this role, will act as site supervisor for the project. She will be responsible for reporting to the State, filing necessary documents measuring progress at each stage of the project. A seasoned MT-BC, she is a founding member of Sounding Joy who has remained with the organization for the entire 18 years of its existence, witnessing its challenges and growth, along with the needs and strengths of our local communities that place the organization in a unique position in Hawai'i. Therefore, her experience is indispensable.

for supervising all personnel involved in this capital project, to ensure optimal outcomes for the organization and the public. The licensed real-estate agent and the board of advisors will support the Executive Director, especially when seeking professional or legal direction in case of grievance.

The property committee, headed by the Executive Director, will be formed as soon as the grant is awarded. Committee members will be selected from members of the board, staff, and volunteers, and appointed by the board of advisors. They will serve without compensation, to avoid conflict of interest. They are responsible for maintaining and sustaining the property, and collaborating with the fund development committee to maintain the property fund. Members of the property committee will creatively plan events to generate income for the fund. The Executive Director will report to the board of advisors quarterly on the state of the property fund.

Throughout the proposed capital project term, Sounding Joy will continue to conduct operations from our current location. All music therapists employed by Sounding Joy hold the required national credential, Music Therapist – Board Certified (MT-BC). They are experienced in serving clients with disabilities and special needs through MT, and achieving all the desired outcomes of Sounding Joy's programs. Their professional skills will be continually maintained and developed through ongoing peer-review meetings and supervision by the organization's Clinical Director. These therapists are the powerhouse of our clinical success and will help our clients to attain their goals and objectives to their maximum capacity.

2. Organization Chart

The applicant shall illustrate the position of each staff and line of responsibility/supervision. If the request is part of a large, multi-purpose organization, include an organization chart that illustrates the placement of this request.

See the attached organization chart.

3. Compensation

The applicant shall provide an annual salary range paid by the applicant to the three highest paid officers, directors, or employees of the organization by position title, not employee name.

Executive Director: \$60,000

Clinical Director: \$58,800

Program Coordinator: \$45,000

VII. Other

1. Litigation

The applicant shall disclose any pending litigation to which they are a party, including the disclosure of any outstanding judgement. If applicable, please explain.

Not applicable.

2. Licensure or Accreditation

The applicant shall specify any special qualifications, including but not limited to licensure or accreditation that the applicant possesses relevant to this request.

Sounding Joy will hire only licensed real-estate agents and contractors for the proposed capital project. Sounding Joy requires all clinical staff to hold the national credential for music therapists, Music Therapist – Board Certified (MT-BC), which must be renewed every 5 years.

3. Private Educational Institutions

The applicant shall specify whether the grant will be used to support or benefit a sectarian or non-sectarian private educational institution. Please see Article X, Section 1, of the State Constitution for the relevance of this question.

Not applicable.

4. Future Sustainability Plan

The applicant shall provide a plan for sustaining after fiscal year 2020-21 the activity funded by the grant if the grant of this application is:

- (a) Received by the applicant for fiscal year 2020-21

During the grant term, Sounding Joy will continually seek material and service donations from contracted individuals and agencies and the public, to keep project costs to a minimum. We will also launch a special campaign to seek donations to the property fund. Community members who have directly witnessed the benefits of MT – including professional colleagues and dedicated volunteers – have organized numerous advocacy and fundraising activities for Sounding Joy to date. They are capable of eliciting powerful moral and financial support from the public to help sustain our operations. We will closely monitor the progress of the capital project, and if further funding is needed to complete the project, we will apply for a capital grant for the following year, as well.

- (b) Not received by the applicant thereafter


The proposed capital project is expected to be completed by the end of the grant period, and there is no current plan to apply for further funding. We fully anticipate being able to sustain ongoing payments of lease and maintenance fees for the property through a combination of service revenue and funding from the City and County. If the capital project is left with unfinished work and the request for a second capital grant is denied for the following year, Sounding Joy will modify its plans for operation accordingly. This could entail, for example, reduction in the number of clients served or the duration of service.

Nevertheless, the organization will continually endeavor to develop the property fund and seek donations in any form to support the completion and sustainability of the project.

BUDGET REQUEST BY SOURCE OF FUNDS

Period: July 1, 2020 to June 30, 2021

Applicant: Sounding Joy Music Therapy, Inc.

BUDGET CATEGORIES	Total State Funds Requested (a)	Total Federal Funds Requested (b)	Total County Funds Requested (c)	Total Private/Other Funds Requested (d)
A. PERSONNEL COST				
1. Salaries				
2. Payroll Taxes & Assessments				
3. Fringe Benefits				
TOTAL PERSONNEL COST				
B. OTHER CURRENT EXPENSES				
1. Airfare, Inter-Island				
2. Insurance				
3. Lease/Rental of Equipment				
4. Lease & Maintenance of Space			14,400	3,800
5. Staff Training				
6. Supplies				
7. Telecommunication				
8. Utilities				
9. Property Acquisition	155,000			
10. Real-Estate Agency and Legal Fees	6,200			
11. Renovation Costs	2,000			8,000
12				
13				
14				
15				
16				
17				
18				
19				
20				
TOTAL OTHER CURRENT EXPENSES	163,200		14,400	11,800
C. EQUIPMENT PURCHASES				
D. MOTOR VEHICLE PURCHASES				
E. CAPITAL				
TOTAL (A+B+C+D+E)	163,200		14,400	11,800
SOURCES OF FUNDING		Budget Prepared By:		
(a) Total State Funds Requested	163,200	Nina Guerrero (808) 593-2620		
(b) Total Federal Funds Requested		Name (Please type or print) Phone		
(c) Total County Funds Requested	14,400			
(d) Total Private/Other Funds Requested	11,800	Signature of Authorized Official January 15, 2020 Date		
TOTAL BUDGET	189,400	Keiko Kajiwara, <u>President</u> Name and Title (Please type or print)		

BUDGET JUSTIFICATION - CAPITAL PROJECT DETAILS

Period: July 1, 2020 to June 30, 2021

Applicant: Sounding Joy Music Therapy, Inc.

FUNDING AMOUNT REQUESTED						
TOTAL PROJECT COST	ALL SOURCES OF FUNDS RECEIVED IN PRIOR YEARS		STATE FUNDS REQUESTED	OF FUNDS REQUESTED	FUNDING REQUIRED IN SUCCEEDING YEARS	
	FY: 2018-2019	FY: 2019-2020	FY:2020-2021	FY:2020-2021	FY:2021-2022	FY:2022-2023
REAL-ESTATE AGENT & LEGAL FEES			6,200			
PROPERTY ACQUISITION			155,000			
RENOVATION			2,000	8,000		
LEASE & MAINTENANCE FEES				18,200		
TOTAL:			163,200			
JUSTIFICATION/COMMENTS: The asking price of the property is \$155,000. The renovation includes sound-proofing and nessesary modifications/improvements.						

GOVERNMENT CONTRACTS, GRANTS, AND / OR GRANTS IN AID

Applicant: Sounding Joy Music Therapy, Inc.

Contracts Total: 613,028

	CONTRACT DESCRIPTION	EFFECTIVE DATES	AGENCY	GOVERNMENT ENTITY (U.S. / State / Haw / Hon / Kau / Mau)	CONTRACT VALUE
1	Grant for "Music for People with Speical Needs"	7/1/15 – 6/30/16	State Foundation on Culture and The Arts	State	14,021
2	Grant for "Music for People with Speical Needs"	7/1/16 – 6/30/17	State Foundation on Culture and The Arts	State	14,714
3	Grant for "Music for People with Speical Needs"	7/1/17 – 6/30/18	State Foundation on Culture and The Arts	State	8,815
4	Grant for "Music for People with Speical Needs"	7/1/18 – 6/30/19	State Foundation on Culture and The Arts	State	9,378
5	Grant for "Sustainable Community Music for Clients with Special Needs"	7/1/19 - 6/30/20	State Foundation on Culture and The Arts	State	15,000
6	Grant for "Life Skill Development through MT"	7/1/15 – 6/30/16	Dept. of Human Services	State	107,000
7	Grant for "Life Skill Development through MT"	7/1/16 – 6/30/17	Dept. of Human Services	State	107,000
8	Grant for "Life Skill Development through MT"	7/1/17 – 6/30/18	Dept. of Human Services	State	107,000
9	Grant for "Music Therapy for Life Enhancement"	10/1/17 – 9/30/18	City & County of Honolulu	Hon	113,100
10	Grant for "Music Therapy for Life Enhancement"	10/1/18 – 9/30/19	City & County of Honolulu	Hon	117,000
11					
12					
13					
14					
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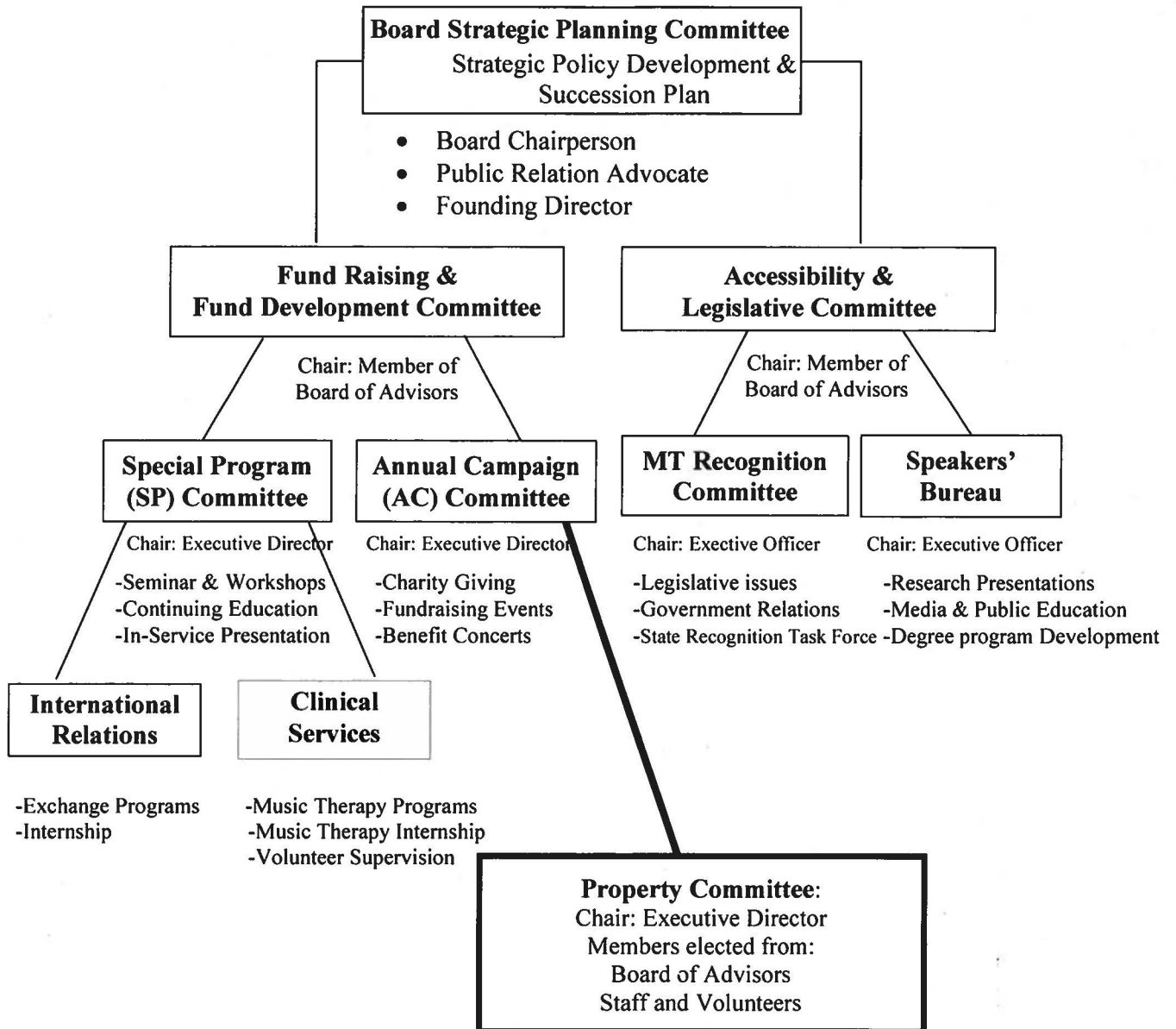
Balance Sheet - Sounding Joy Music Therapy - As of 12/31/2019
As of 12/31/2019 (Accrual Basis)

1/16/2020

Page 1

Account	12/31/2019 Balance
ASSETS	
Cash and Bank Accounts	
ING Direct Savings	1.00
SJMT checking	20,478.27
TOTAL Cash and Bank Accounts	20,479.27
Other Assets	
Customer Invoices	19,018.89
SJMT Asset	8,859.55
TOTAL Other Assets	27,878.44
TOTAL ASSETS	48,357.71
LIABILITIES & EQUITY	
LIABILITIES	
Other Liabilities	
Sales Tax	0.00
SJMT Payroll	0.00
TOTAL Other Liabilities	0.00
TOTAL LIABILITIES	0.00
EQUITY	48,357.71
TOTAL LIABILITIES & EQUITY	48,357.71

The Organization Chart



Attachments:

#1 - #10



Proclamation

WHEREAS, music therapy is a process in which a qualified therapist uses music and all of its facets – physical, emotional, mental, social, aesthetic and spiritual – to help clients improve or maintain their health; and

WHEREAS, music therapists believe that all individuals, regardless of age or musical background, have a basic capacity for musical expression and appreciation, and music therapy interventions can be designed to promote wellness, manage stress, alleviate pain, express feelings, enhance memory, improve communication and promote physical rehabilitation; and

WHEREAS, music therapy is used to treat individuals of all ages with a variety of conditions, including psychiatric disorders, medical problems, physical and developmental disabilities, sensory impairments, communication disorders and aging; and

WHEREAS, music therapy is also applied to improve learning, build self-esteem, reduce stress, support physical exercise and facilitate a host of other health-related activities; and

WHEREAS, music therapists work in general hospitals, psychiatric facilities, schools, prisons, community centers, training institutes, private practices and universities; and

WHEREAS, every session with clients involves some type of musical experience, such as improvising, re-creating, composing and listening to music, and clients may also be encouraged to express themselves through other arts, such as drawing, painting, dance, drama or poetry; and

WHEREAS, the mission of the American Music Therapy Association is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services in a rapidly changing world,

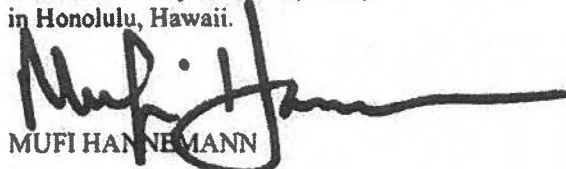
NOW, THEREFORE, I, MUFI HANNEMANN, Mayor of the City and County of Honolulu, do hereby proclaim March 9 - 16, 2008, to be

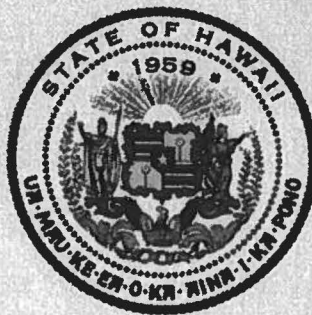
MUSIC THERAPY WEEK

in the City and County of Honolulu, to increase awareness of the benefits of music therapy and its potential for health, wellness and healing, and to thank music therapists for their invaluable contributions.



Done this 7th day of March, 2008,
in Honolulu, Hawaii.


MUFI HANNEMANN



Proclamation

Presented to the

Sounding Joy Music Therapy, Inc.

WHEREAS, Sounding Joy Music Therapy, Inc., established in 2002, is Hawai'i's first & only non-profit organization dedicated to promoting music therapy; and

WHEREAS, Sounding Joy Music Therapy, Inc.'s mission is "to enhance public awareness of benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research, in order to improve quality of life through therapeutic uses of music"; and

WHEREAS, Sounding Joy Music Therapy, Inc. understands the valuable benefits of music therapy; music therapy consists of therapeutic uses of music to address behavioral, social, psychological, physical and communicative functioning; it enhances one's quality of life, involving human relationships, which are structured and adapted through the elements of music to create a positive environment and set the occasion for successful growth and change; and

WHEREAS, Sounding Joy Music Therapy, Inc. was able to successfully provide music therapy to more than 200 Hawai'i families, as well as thousands of others through public education and resource programs; and

WHEREAS, Sounding Joy Music Therapy, Inc. will be celebrating its 2nd Annual "A Morning of Music" on October 23, 2011 at Mission Houses Museums of Hawaii; the event will feature a champagne brunch, live musical entertainment, a silent auction, orchid sale, and more; and

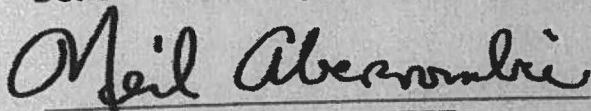
WHEREAS, Sounding Joy Music Therapy, Inc. will honor Pamela Young, Anchor of KITV, for her dedication and commitment to promote music therapy through media outreach in Hawai'i;

THEREFORE I, NEIL ABERCROMBIE, Governor, and I, BRIAN SCHATZ, Lieutenant Governor of the State of Hawai'i, do hereby proclaim October 23, 2011 as

"SOUNDING JOY MUSIC THERAPY DAY"

in Hawai'i and urge the people of the Aloha State to join us in recognizing Sounding Joy Music Therapy, Inc. for its valuable contributions to our communities.

DONE at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this third day of October, 2011.



NEIL ABERCROMBIE
Governor, State of Hawai'i



BRIAN SCHATZ
Lt. Governor, State of Hawai'i



*The House of Representatives
State of Hawaii*

hereby presents this certificate to

**SOUNDING JOY MUSIC THERAPY, INC.,
"Sounds of Joy"
6th Annual Benefit Concert**

WHEREAS, the Legislature proudly acknowledges organizations in the community that have touched so many lives in a positive manner and have made numerous contributions to the well-being of the State of Hawaii; and

WHEREAS, established in September 2002, SOUNDING JOY MUSIC THERAPY, INC., is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy and that also is an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors; and

WHEREAS, SOUNDING JOY MUSIC THERAPY, INC.'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research; and

WHEREAS, similar to occupational and physical therapy, SOUNDING JOY MUSIC THERAPY, INC., promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concerns through a structured, yet positive environment that encourages success; and

WHEREAS, on Sunday, January 18, 2009, SOUNDING JOY MUSIC THERAPY, INC., celebrates its 6th Annual Benefit Concert entitled "Sounds of Joy" at the YMCA - Fuller Hall, hosting the pioneer of music therapy from New York University, Dr. Clive Robbins; now, therefore,

The House of Representatives of the State of Hawaii hereby commends and applauds SOUNDING JOY MUSIC THERAPY, INC., for their continuing commitment to the people of Hawaii, and extends to them its warmest aloha and best wishes for continued success in all future endeavors.

Tom Brown

Calvin K.Y. Say

Calvin K.Y. Say, Speaker of the House

Patricia Mau-Shimizu

Patricia Mau-Shimizu, Chief Clerk

John M. Mizuno

Representative John M. Mizuno



The Senate

COMMENDING AND RECOGNIZING SOUNDING JOY MUSIC THERAPY, INC. FOR OUTSTANDING CONTRIBUTIONS TO HAWAII

The spirit of Aloha in Hawaii helps to bring our people together through caring, support, and mutual respect. This spirit has carried our islands through good times and bad times, enabling all of us to be one Ohana. The people of the State of Hawaii recognize and honor the contributions of special organizations and individuals who help inspire a better community by their example of character, caring and commitment. It is a pleasure and a privilege for the Hawaii State Legislature to formally recognize **SOUNDING JOY MUSIC THERAPY, INC.** as one such organization.

Established in September 2002, **SOUNDING JOY MUSIC THERAPY, INC.**, is Hawaii's first and only non-profit organization, Medicare and Medicaid participating provider that promotes music therapy. They are an approved continuing education provider by the Certification Board for Music Therapists and the National Board for Certified Counselors.

SOUNDING JOY MUSIC THERAPY, INC.'s mission is to enhance public awareness of the benefits of music therapy, to increase accessibility to music therapy services, and to advance music therapy research. Similar to occupational and physical therapy, **SOUNDING JOY MUSIC THERAPY, INC.**, promotes music therapy in response to a growing therapy demand in our community, and uses music to enhance the quality of life of individuals with behavioral, social, emotional, psychological, communicative, and sensory-motor concern through a structured, yet positive environment that encourage success. Their contributions to the community and their commitment to Hawaii's families is greatly appreciated.

On October 23, 2011, Sounding Joy Music Therapy, Inc. will hold its 2nd Annual Honoree Gala, "A Morning of Music", at the Mission Houses Museum from 11 a.m. to 2 p.m. for the community to enjoy.

The Twenty-Sixth Legislature of the State of Hawaii hereby recognizes and commends **SOUNDING JOY MUSIC THERAPY, INC.** for its dedication and service to the people of the State of Hawaii, and extends warmest Aloha and best wishes in all its future endeavors.



Robert R. R. *William S. S.* *Carol J. J.*
Danah D. *Jill* *Josh D.*
Mike G. *April Y.*
Silvia K.
M. S. T. L.
Carol T.

Done this 23rd day of October 2011
 State Capitol, Honolulu, Hawai'i

Suzanne Chun Oakland
 Suzanne Chun Oakland, Sponsoring Senator

S. S. T. L.
 Stan S. Tetsui, President of the Senate

Carol Taniguchi
 Carol Taniguchi, Clerk of the Senate

Client Waiting ListSounding Joy Music Therapy, Inc.
As of January 2020

<u>Description of client or facility</u>	<u># of clients</u>	<u>Age</u>	<u>Islands</u>
boy diagnosed with Down Syndrome	1	12	Oahu
male congenital brain injury	1	27	Oahu
boy with visual impairment and autism	1	0	Oahu
girl with Bipolar Disorder	1	13	Oahu
boy diagnosed with sensory processing disorder	1	6	Oahu
girl w/ith Down syndrome	1	9	Oahu
boy with Down syndrome	1	9	Oahu
girl with hydrocephalis	1	20	Oahu
boy with ADHD	1	11	Oahu
girl with autism	1	9	Oahu
boy with autism	1	7	Oahu
girl with disorder of infancy NOS	1	5	Oahu
girl with ADHD	1	14	Oahu
boy with ADHD and ODD	1	14	Oahu
girl with autism	1	10	Oahu
boy with autism	1	11	Oahu
boy with autism	1	11	Oahu
girl with autism	1	10	Oahu
female with depression	1	21	Oahu
boy with autism	1	6	Oahu
boy with autism	1	11	Oahu
boy with ADHD	1	18	Oahu
boy with DiGeorge Syndrome	1	15	Oahu
girl with microcephaly	1	19	Oahu
2 males (brothers) with developmental delays	2	22, 24	Oahu
boy with Williams Syndrome	1	4	Oahu
girl with autism	1	17	Oahu
boy with autism	1	8	Oahu
3 boys with ADHD	3	3.11.12	Oahu
boy with visual impairment and multiple disabilities	1	15	Oahu
girl with autism	1	8	Oahu
girl with William's Syndrome	1	18	Oahu
woman with paranoid schizophrenia	1	51	Oahu
girl with autism	1	9	Oahu
girl with conduct disorder	1	16	Oahu
girl with mental health problems	1	20	Oahu
girl with developmental delay	1	17	Oahu
boy with autism	1	6	Oahu
senior with Parkinson's and Alzheimer's	1	elderly	Oahu
2 boys with ADHD	2	10, 12	Oahu
2 at-risk youth	2	13, 16	Oahu
girl with autism	1	12	Oahu
girl with developmental delay	1	7	Oahu
women with depression	1	49	Oahu
boy with Angelman's syndrome	1	8	Oahu
boy with depression	1	16	Oahu
boy with autism and anxiety	1	14	Oahu

Client Waiting List

Sounding Joy Music Therapy, Inc.
As of January 2020

boys with ASD and ADHD	2	12, 13	Oahu
girl with Sensory Processing Disorder	1	4	Oahu
girl with ASD	1	14	Oahu
female with Bipolar Disorder, and Depression	1	36	Oahu
married couple with depression	2	36, 39	Oahu
boy with autism	1	6	Oahu
male with Brain Trauma / Schizophrenia, Paranoid type	1	35	Oahu
Kilohana Senior Center	10	elderly	Oahu
HCAP head start – inclusive classroom with special needs and typical children	8	4 to 6	Oahu
Children who have been abused and their family members (support group at Child & Family Service)	8	7 to 14	Oahu
Kosasa Academy- students with ADHD, autism, and LD	11	6 to 18	Oahu
Ke Kama Pono- residential program for boys with mental health issues and involvement with juvenile justice system	10	13 to 19	Oahu
SpEd students at Enchanted Lake Elem.	5	6 to 11	Oahu
SpEd students at Ewa Makai Middle School	5	12 to 17	Oahu
SpEd students at Ilima Intermediate School	10	12 to 15	Oahu
SpEd students at Kalani High School	10	15 to 22	Oahu
SpEd students at Campbell High School	6	15 to 22	Oahu
SpEd students at Liholiho Elem.	8	6 to 11	Oahu
SpEd students at Kalakaua Middle School	5	12 to 15	Oahu
Wilson Senior Living nursing home	4	elderly	Oahu
Nursing home in Pearl City	10	elderly	Oahu
Manoa Cottage Kaimuki nursing home	10	elderly	Oahu
Hospice Hawaii	5	various	Oahu
Adult Day Center near Ward	12	adults	Oahu
Abilities Unlimited	12	adult	Oahu
Ann Pearl Nursing home	10	Adults, Elderly	Oahu
Children and adolescents with mental health diagnoses- residential and acute care	10	children and adolescents	Oahu
Senior programs at Child & Family Service	10	seniors	Oahu
Loveland Academy- HS students with autism	4	17 to 22	Oahu
Hawaii Youth Correctional Facility	7	15 to 18	Oahu
Trumpet Academy- children and adults with special needs	10	11 to 22	Oahu
Aged to Perfection Adult Day Center	8	elderly	Oahu
female recovering from stroke	1	45	Maui
Easter Seals	5	Adults	Maui
Aloha House	5	Elders	Maui
Horizons Academy	20	children	Maui
Haiku School	20	children, adreescents	Maui
Maui Youth & Family Services	20	children, adreescents	Maui
Hui Malama Learning Center	20	Children	Maui
Child & Family Service Maui	20	Children, Adults	Maui
Paia Youth and Chultural Center	20	children, adreescents	Maui
Queen Liliuokalani Children Center Maui Unit	20	children, adreescents	Maui
Catholic Charities Maui Office	20	Adlescent	Maui
Ke Kama Pono boys' home	8	Adlescents	Maui
Horizon Academy	15	Adlescents	Maui

Client Waiting List

Sounding Joy Music Therapy, Inc.
As of January 2020

Kihei Youth Center	15	Adlescents	Maui
children with autism	2	9 and 11	Maui
developmental delay	1	31	Big Island
female with down syndlome	1	41	BigIsland
male with MMR, Epiceptic	1	38	BigIsland
Arc of Hilo adults with various disabilities	15	adults	BigIsland
girl with ADHD and Bi-Polar	1	23	BigIsland
Full Life Hawaii	15	Adults	BigIsland
Neighborhood Place in Puna	5	Adults	BigIsland
foster children	10	children	BigIsland
Kona Community Hospital	20	children/adults	BigIsland
Life Care Center of Kona	20	elders	BigIsland
Life Care Center of Hilo	20	elders	BigIsland
Hilo Highschool	20	14-21	BigIsland
Child & Family Service Hilo	20	children, adrescents	BigIsland
boy with autism	1	11	BigIsland
Hale Anuenue restorative care	50	elders	BigIsland
Hospice of Hilo	10	elders	BigIsland
DOH mental health clients	20	adrescents	BigIsland
Goodwill Hawaii Youth Program	20	adrescents	BigIsland
Ke Kama Pono	20	adrescents	BigIsland
Queen Liliuokalani Children's Center Kona	20	children	BigIsland
Kona Adult Day Center	20	20-30	BigIsland
Waiakea HS	20	16-18	BigIsland
veteran with PTSD	1	35	BigIsland
veteran with Traumatic Brain Injury	1	38	BigIsland
TOTAL	810		

Office Space for sale or rent (2 adjacent units) (Honolulu (1314 South King St))

Great Location - two adjacent units available for sale or rent. High rise with 24 hour access and security.

CORNER UNIT:

SIZE: 503 sq ft (or 1118 sq ft if combined with adjacent unit)

RENT: \$2.50 sq ft + GE Tax = \$1,316.75 Rent/month, plus any future increases in current Real Property Tax, Maint. Fee or Lease Rent

SECURITY DEPOSIT: One Month's Rent

OCCUPANCY: Available from November 1, 2019

For Sale \$70,000

LARGER UNIT (has water)

SIZE: Total 615 Sq feet (or 1,118 sq ft if combine with adjacent unit)

RENT: \$2.50 sq ft + GE Tax = \$1,609.95 Rent/month, plus any increases in current Real Property Tax, Maint Fee or Lease Rent

For Sale \$85,000

Leasehold (until 2041).

OFFICE SPACE - AVAILABLE FOR LEASE (OR SALE)

Rarely available corner unit

(15% Larger than standard unit) with two very large interior offices

SIZE: Total 503 Sq feet (or 1,118 sq ft if combine with adjacent unit)

**RENT: \$2.50 sq ft + GE Tax = \$1,316.75 Rent/month, plus any increases
in current Real Property Tax, Maint Fee or Lease Rent**

SECURITY DEPOSIT: One Month's Rent

OCCUPANCY: Available from October 20th, 2019

TERM: Open Units for rent or sale at market

**Can be combined with adjacent unit, which is also available
Contact John at 381-6009 or 583-8355 (ext 100)**

OFFICE SPACE - AVAILABLE FOR LEASE (OR SALE)

Rarely available large unit

(Nearly 50% larger than standard unit)

SIZE: Total 615 Sq feet (or 1,118 sq ft if combine with adjacent unit)

**RENT: \$2.50 sq ft + GE Tax = \$1,609.95 Rent/month, plus any increases
in current Real Property Tax, Maint Fee or Lease Rent**

SECURITY DEPOSIT: One Month's Rent

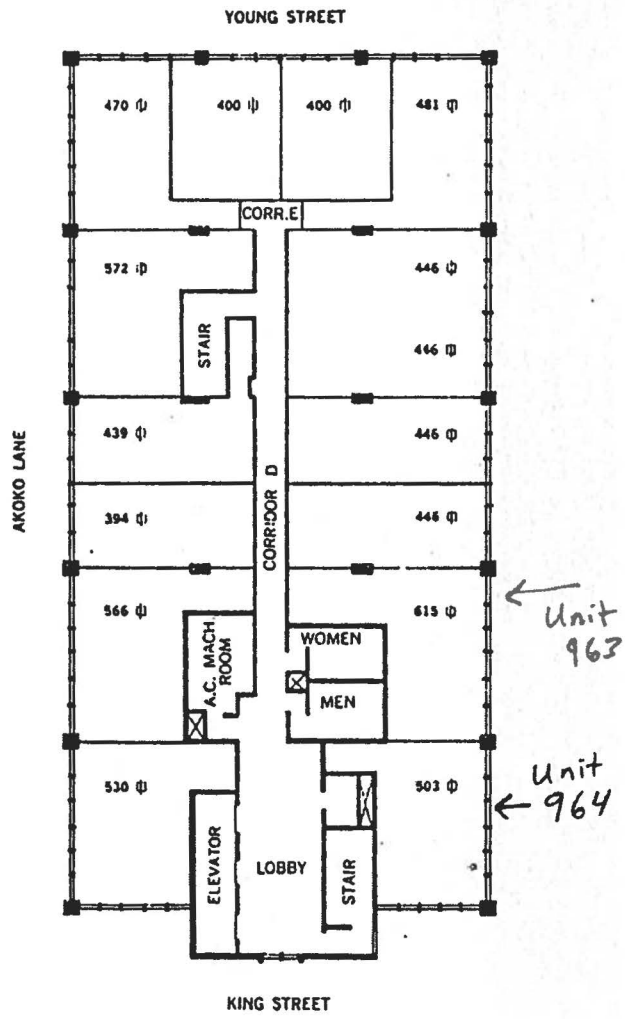
OCCUPANCY: Available from October 20th, 2019

TERM: Open Units for rent or sale at market

**Can be combined with adjacent unit, which is also available
Contact John at 381-6009 or 583-8355 (ext 100)**

		964	963	
MAINT FEE per month		484.89	592.86	
LEASE RENT per month (approx)		200.95	234.39	
REAL PROPERTY TAX		199.33	232.50	
		885.17	1,059.75	1,944.92

EXHIBIT A



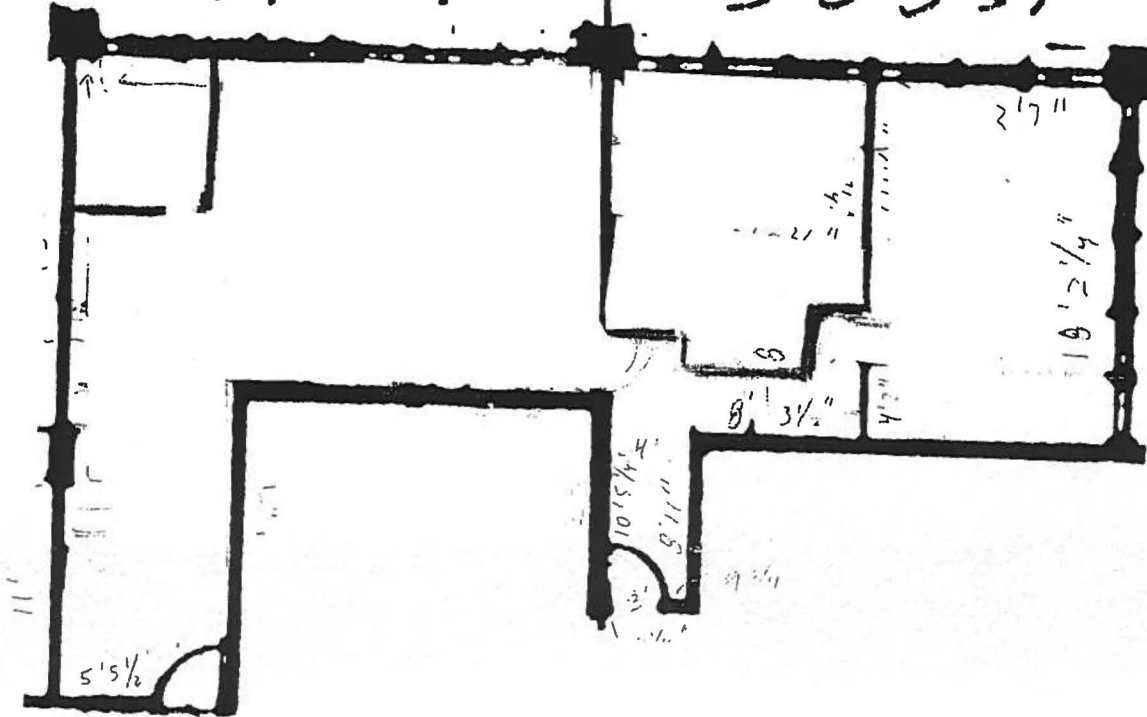
LN1

... 2 years at market rents

***:

615 sf

503 sf



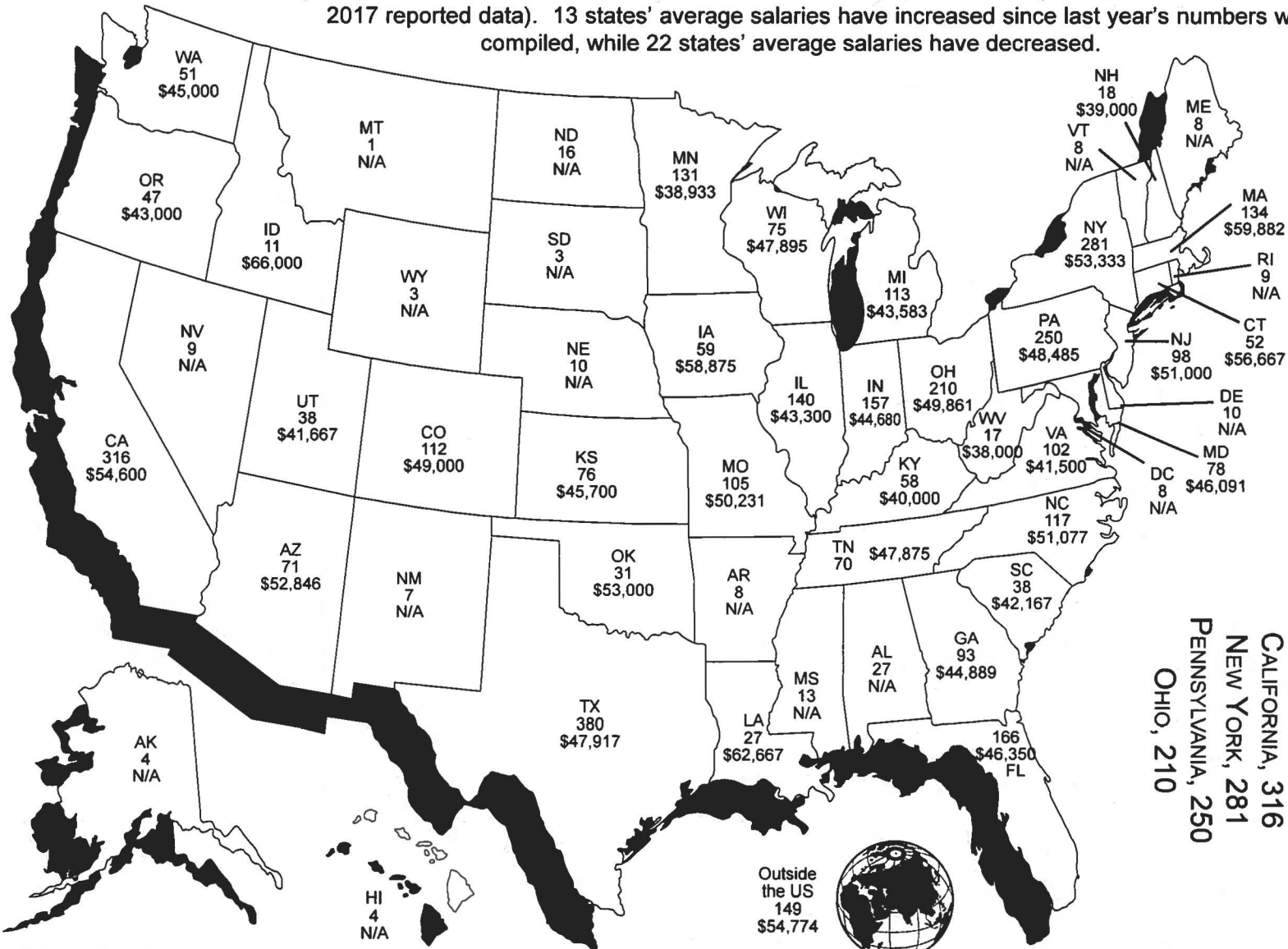
161

Membership and Average Salary by State

Profile of the 2018 AMTA Membership

Att. #4

This map of the United States depicts the number of AMTA members in each state as of November 1, 2018 and the average full time salary reported on the AMTA survey for each state². The average full-time salary for all survey respondents, both inside and outside the United States, is \$48,835 (a decrease of \$2,977 over 2017 reported data). 13 states' average salaries have increased since last year's numbers were compiled, while 22 states' average salaries have decreased.



THE WALL STREET JOURNAL.

TUESDAY, NOVEMBER 17, 2009

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HEALTH JOURNAL

A Key for Unlocking Memories

Music Therapy Opens a Path to the Past for Alzheimer's Patients; Creating a Personal Playlist

By MELINDA BECK

One of the raps on iPods is that users tend to close themselves off from other people and retreat into their own private world.

But with stroke and dementia patients, iPods and other MP3 players are having just the opposite effect.

Listening to rap and reggae on a borrowed iPod every day has helped Everett Dixon, a 28-year-old stroke victim at Beth Abraham Health Services in Bronx, N.Y., learn to walk and use his hands again.

Trevor Gibbons, 52, who fell out of a fourth-floor construction site and suffered a crushed larynx, has become so entranced with music that he's written 400 songs and cut four CDs.

Ann Povodator, an 85-year-old Alzheimer's patient in Boynton Beach, Fla., listens to her beloved opera and Yiddish songs every day on an iPod with her home health aide or her daughter when she comes to visit. "We listen for at least a half-hour, and we talk afterwards," says her daughter, Marilyn Povodator. "It seems to touch something deep within her."

Caregivers have observed for decades that Alzheimer's patients can still remember and sing songs long after they've stopped recognizing names and faces. Many hospitals and nursing homes use music as recreation, since it brings patients pleasure. But beyond the entertainment value, there's growing evidence that listening to music can also help stimulate seemingly lost memories and even help restore some cognitive function.

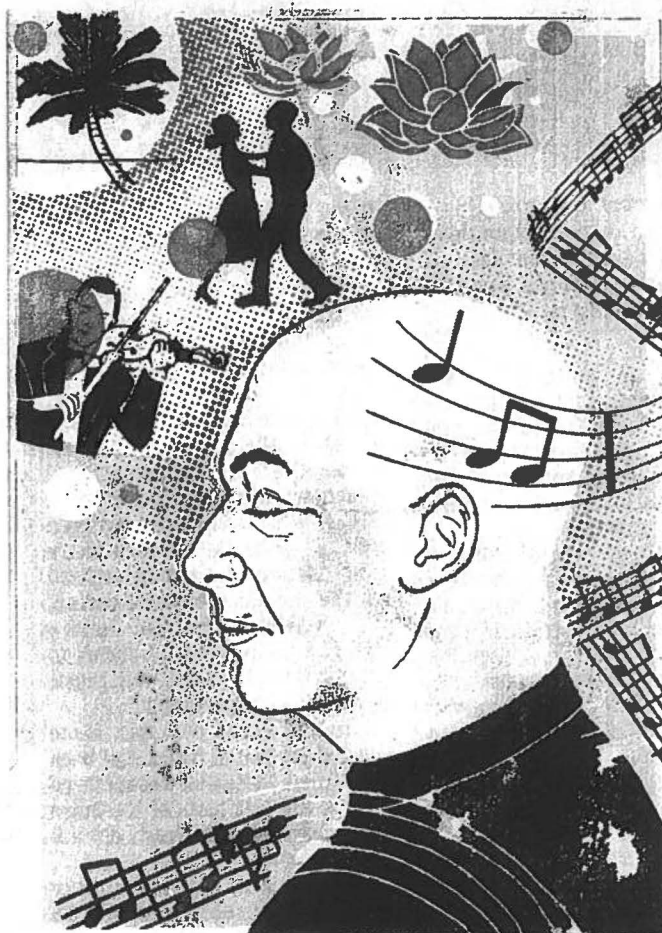
"What I believe is happening is that by engaging very basic mechanisms of emotions and listening, music is stimulating dormant areas of the brain

that haven't been accessible due to degenerative disease," says Concetta Tomaino, executive director of the Institute for Music and Neurologic Function, a nonprofit organization founded at Beth Abraham in 1995.

Dr. Tomaino, who has studied the therapeutic effects of music for more than 30 years, is spearheading a new program to provide iPods loaded with customized playlists to help spread the benefits of music therapy to Alzheimer's patients even at home. "If someone loved opera or classical or jazz or religious music, or if they sang and danced when the family got together, we can recreate that music and help them relive those experiences," she says.

Dr. Tomaino says she frequently sees dementia patients make gains in cognitive function after music therapy. In one unpublished study she led a few years ago, with funding from the New York State Department of Health, 45 patients with mid- to late-stage dementia had one hour of personalized music therapy, three times a week, for 10 months, and improved their scores on a cognitive-function test by 50% on average. One patient in the study recognized his wife for the first time in months.

David Ramsey, a music therapist and psychologist, holds twice weekly sessions at Beth Abraham, where small groups of patients can sing and dance to familiar songs like "Under the Boardwalk" and "Swing Low, Sweet Chariot." Mr. Ramsey will sometimes stop singing and let residents fill in the blanks on their own. When they do that, he says, "they are exercising their cognitive function—just like they are exercising in physical therapy." And unfamiliar songs quickly become familiar, another sign that even advanced



Music for Memory

Listen to clips of some '60s and '50s tunes recommended by the the Institute for Music and Neurologic Function for individuals with Alzheimer's disease or other memory impairments:

- "The Times They Are A-Changin'" by Bob Dylan
- "Dawn (Go Away)" by Frankie Valli & The Four Seasons
- "Come a Little Bit Closer" by Jay & The Americans
- "California Girls" by The Beach Boys
- "(I Can't Get No) Satisfaction" by The Rolling Stones
- "Que Sera, Sera (Whatever Will Be, Will Be)" by Doris Day
- "Fever" by Peggy Lee
- "That's Amore" by Dean Martin
- "Mambo Italiano" by Rosemary Clooney
- "Unforgettable" by Nat King Cole

See the full list at the institute's Web site.

Alzheimer's patients are forming new memories. "One of our therapists played, 'Who Let the Dogs Out?' I know they had never heard that one, but it became an anthem," he says.

In addition to benefiting Alzheimer's patients, decades of studies have demonstrated that

music can help premature infants gain weight, autistic children communicate, stroke patients regain speech and mobility, dental, surgical and orthopedic patients control chronic pain and psychiatric patients manage anxiety and depression. Now, neuroscientists are starting to

(over please)

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DOW JONES



David Ramsey leads music sessions at Beth Abraham Health Services, meant to stimulate positive memories and physically engage dementia patients.

identify the underlying brain mechanisms that explain how music connects with the mind and body, and they are starting to work hand in hand with music therapists to develop new therapeutic programs.

There's no single center for music in the mind—the brain appears to be wired throughout for music, since it engages a wide variety of functions, including listening, language and movement. But Petr Janata, a cognitive neuroscientist at the University of California, Davis's Center for Mind and Brain, recently located an area of the brain—the medial prefrontal cortex, just behind the forehead—that seems to serve as a hub for music, memory and emotions.

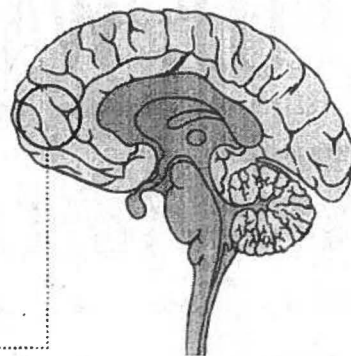
In a study published online in the journal *Cerebral Cortex* in February, Dr. Janata had 13 UC

Davis students listen to excerpts of 30 songs chosen randomly from "top 100" charts from years when they were 8 to 18 years old, while he recorded their brain activity using functional magnetic resonance imaging, or fMRI. Songs that were unfamiliar evoked reactions in the auditory processing parts of the students' brains; those that elicited emotional reactions stimulated other brain areas. When songs conjured up a specific personal memory, there was particularly strong activity in the medial prefrontal cortex. That's where what Dr. Janata calls "a mental movie" seems to play in the mind's eye, with music serving as its soundtrack.

And, it turns out, this same medial prefrontal cortex had been identified in earlier research as one of the last parts of the brain to atrophy as Alzheimer's disease progresses.

Dr. Janata hopes to study whether the same phenomenon occurs, in the same part of the brain, with older test subjects and eventually with Alzheim-

New research indicates that the **medial prefrontal cortex** may serve as a hub where music, memory and emotions meet. It is also one of the last brain regions to atrophy in Alzheimer's patients.



Medial prefrontal cortex

er's patients. He says that activating memories with music cannot reverse or cure neurological diseases like dementia. But playing familiar music frequently can significantly improve a patient's mood, alertness and quality of life.

Music therapy isn't used more widely with Alzheimer's and dementia patients largely because of a lack of manpower and money, experts say. There are only about 5,000 certified music therapists in the U.S., and fewer than 20% work with geriatric patients. That's why the Institute for Music and Neurologic Function is trying to bring music therapy into patients' homes.

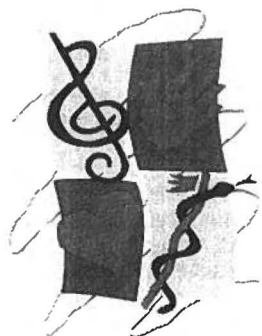
Caregivers or family members can use records or tapes at home, or program their own iPods. The institute provides suggested songs by era and genre on its Web site, www.imnf.org. But those who don't have the time or technical skills can send an iPod to the institute after filling out a questionnaire about the patient's musical tastes, and the institute will program a customized iPod for them. (See the Web site for prices and package information.) The institute is also seeking donations of iPods that are no longer in use to load with music

and send to Alzheimer's patients who can't afford their own.

Dr. Tomaino advises caregivers to listen as long as the patient seems interested. A patient may want to listen alone through headphones or through speakers so that a friend or family member can listen along. "Then they can reminisce together about what the music reminds them of or just hold hands to be more connected," she says. She also suggests involving the whole family in interacting with the music. "The kids can drum along while Grandpa listens to Big Band sounds," she says.

One possible downside: Dr. Tomaino says sometimes a song can evoke unhappy memories, such as the death of a loved one or a relationship gone bad. She recalls a Holocaust survivor at Beth Abraham who became very upset upon hearing a Wagner opera.

"If family members don't know what music would be appropriate, think in generalizations," she says. "If a parent loved to go dancing in their teens, picking the most popular songs from that era tends to be pretty safe." Music from a person's teenage years seems to be especially evocative of memories, for reasons not well understood.



AMERICAN
MUSIC
THERAPY
ASSOCIATION

American Music Therapy Association
8455 Colesville Road, Suite 1000
Silver Spring, MD 20910
Phone: (301) 589-3300
Website: www.musictherapy.org



Music Therapy Services for Life Enhancement

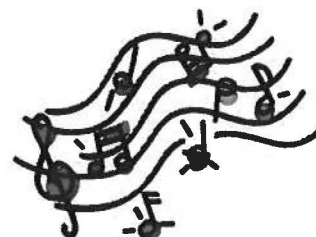


Now accepting applications!
(Through April 30, 2019)

Music Therapy Services (Available on Oahu)

- Eligibility** Children, Adults, and Seniors with disabilities, or social or economic challenges.
- Goals** To enrich and sustain quality of life. Music therapy interventions are used to enhance functioning in areas such as: social, cognitive, motor, communicative, emotional, self-esteem, cultural identity, and other life skills.
- Format** Group or Individual sessions, meeting weekly, for 18 weeks.
- Location** Sounding Joy's Office (Honolulu), or on-site at facility (i.e. School, Rehab Center, Nursing Facility, etc.)
- Schedule** Weekly session schedule depends on client's and therapist's availability. We are open Monday-Saturday!

For more information and to sign up, please contact Sounding Joy's Office at (808) 593-2620 or postmaster@soundingjoymt.org or fill out the Music Therapy for Life Enhancement Application. We look forward to hearing from you!



occurring for the unexpired term or terms thereof, respectively, or until the directors shall by election fill the same. The Board of Directors may elect a successor for any officer whose office becomes vacant for any of the foregoing reasons.

ARTICLE VII

Contracts, Checks, Deposits and Funds

SECTION 7.1 Contracts. The Board of Directors may by general or special resolution authorize the President and/or any other officer or officers of the Corporation to enter into any contract or to execute and deliver any document, instrument or writing of any nature in the name of and on behalf of the Corporation, and such authority may be general or confined to specific instances.

SECTION 7.2 Checks, etc. All checks, letters of credit, drafts, or orders for the payment of money, notes, or other evidences of indebtedness shall be signed by the President and/or such other officer or officers of the Corporation and in such manner as shall from time to time be determined by general or special resolution of the Board of Directors. In the absence of such determination by the Board of Directors, such instruments shall be signed by the President.

SECTION 7.3 Facsimile Signatures. The Board of Directors may from time to time by resolution, provide for the execution of any corporate instrument or document, including, but not limited to checks, letters of credit, drafts, and other orders for the payment of money, by a mechanical device or machine or by the use of facsimile signatures under such terms and conditions as shall be set forth in any such resolution.

SECTION 7.4 Funds. All funds of the Corporation shall be deposited from time

to time to the credit of the Corporation in such banks, trust companies, or other depositories as the Board of Directors may select.

ARTICLE VIII

Indemnification

SECTION 8.1 Indemnification.

(a) Except as prohibited by law, the Corporation may indemnify each person who was or is a party or is threatened to be made a party to any threatened, pending, or completed action, suit, or proceeding, whether civil, criminal, administrative, or investigative (other than an action by or in the right of the Corporation) because the person is or was a director, officer, employee, or agent of the Corporation or any division of the Corporation, against liability incurred in the proceeding if the person (1) conducted himself in good faith, and (2) the person reasonable believed: (A) in the case of conduct in an official capacity, that the person's conduct was in the corporation's best interests; (B) in all other cases, the person's conduct, at a minimum, did not oppose the corporation's best interests; and (3) in the case of any criminal proceeding, had no reasonable cause to believe the person's conduct was unlawful. The termination of any proceeding by judgment, order, settlement, conviction, or upon a plea of nolo contendere or its equivalent, is not by itself determinative of a person's failure to meet the standard of conduct described in this section.

(b) To the extent that a director, officer, employee, or agent of the Corporation or any division of the Corporation has been wholly successful on the merits or otherwise in the defense of any action, suit, or proceeding to which the person was a party because the person was a director, officer, employee or agent of the Corporation, the person shall be indemnified against

WHAT IS MUSIC THERAPY?

Music therapy is a well-established health profession consisting of clinical and evidence-based uses of music interventions to accomplish individualized goals. After assessing clients' strengths and needs, Board-Certified Music Therapists design sessions specifically tailored to individuals. Research in music therapy supports the effectiveness of interventions that target cognitive, physical, social, emotional, behavioral, and/or communication needs.



Music Therapists Help Individuals With:

- * Alzheimer's Disease and Dementia
- * Autism and Developmental Disabilities
- * Brain Injuries, Parkinson's, and Stroke
- * Cancer
- * End of Life Issues
- * Learning Disabilities
- * Mental Health Concerns
- * Pain and Chronic Illness
- * Physical Disabilities
- * Sensory Impairments
- * Substance Abuse

For more information on specific initiatives, on music therapy, or on board certification, contact:

American Music Therapy Association

8455 Colesville Road, Suite 1000
Silver Spring MD 20910
www.musictherapy.org
Phone: 301-589-3300
Email Contact: Judy Simpson
simpson@musictherapy.org

Certification Board for Music Therapists

506 E. Lancaster Avenue, Suite 102
Downingtown PA 19335
www.cbmt.org
Phone: 800-765-CBMT (2268)
Email Contact: Dr. Dena Register
dregister@cbmt.org



MUSIC THERAPY



AMTA & CBMT

Working Together to
Increase Access to Quality
Music Therapy Services

WHAT IS CBMT?

The Certification Board for Music Therapists (CBMT) is a certifying agency and non-profit 501(c)(6) corporation fully accredited by the National Commission for Certifying Agencies. Established in 1983, its role is to create a Scope of Practice representing competent practice in the profession of music therapy and to administer a credentialing program to evaluate initial and continuing competence. CBMT is committed to ensuring public protection by administering disciplinary action as outlined in the CBMT Code of Professional Practice, if necessary.



AZ music therapists thank Senator Al Melvin for sponsoring SB1376 on music therapy services and persons with disabilities.

AMTA & CBMT WORKING TOGETHER

The American Music Therapy Association (AMTA) and the Certification Board for Music Therapists (CBMT) collaborate on a national initiative designed to achieve state recognition of the music therapy profession and the MT-BC credential required for competent practice by:

- *Educating the public about music therapy*
- *Recommending accurate language for legislation and regulations*
- *Assisting local legislators and communities with insuring access to quality music therapy services*
- *Protecting the rights of Board-Certified Music Therapists to practice*

There are over 30 states with task forces that are working on this national initiative.

WHAT IS AMTA?

The American Music Therapy Association (AMTA) is a non-profit 501(c)(3) educational organization established in 1950 to advance music therapy education, training, professional standards, and research. AMTA's mission is to advance public knowledge of music therapy benefits and increase access to quality music therapy services. AMTA provides technical support to consumers and professionals and represents the profession to federal and state legislators and agencies. Members of AMTA adhere to a Code of Ethics and Standards of Clinical Practice in their delivery of music therapy services.





GRIEVANCE POLICIES & PROCEDURES

A grievance is defined as, and limited to, a complaint involving an alleged violation concerning the provided State funded activity. A written grievance shall contain a clear and concise statement of the grievance indicating the issue involved, the relief sought, and the date the incident or alleged violation took place. The grievance and/or appeal must be initiated with Sounding Joy Music Therapy, Inc. to the following address: 1314 South King Street, #711, Honolulu, HI 96814. All grievances must be presented promptly in writing and not later than 30 calendar days from the date the grievant first became aware of cause of such grievance. The grievant shall receive a written reply from Executive Director at Sounding Joy Music Therapy, Inc. within 30 calendar days of receipt of the grievance. If the grievant is not satisfied with the action on the issue, the grievant has the right to have the grievance addressed by the State.

Performance Measures by Program Component

As of February '11

Youth Empowerment Service: Decision-making Skills / Positive Choices
 Provided by: Sounding Joy Music Therapy, Inc.

Knowledge:

Effect of risky behavior on goal attainment	93% of participants who report that risky behavior can affect goal attainment.
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Attitudes and Beliefs:

Confidence and self-efficacy in making healthy decisions	85% of participants who report feeling more confident they can and will make good decisions.
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Skills:

Decision-making skills	88% of participants reporting acquisition of decision-making skills.
Resistance and refusal skills	88% of participants who report attaining refusal skills.

Behavior:

Goal-setting	80% of participants who report they set goals.
Avoidance of risky behaviors	86% of participants who report abstaining from risky behaviors.

Relationships:

Staff-youth relationships	86% of participants who report a supportive adult in the program.
Peer relationships	89% of participants who report positive peer relationships.