

GOV. MSG. NO. 616

Michael S. Jaffe, D.O.

Education and Training:

Residency: Physical Medicine and Rehabilitation.
Rehabilitation Institute of Michigan/Wayne State University
Detroit Michigan. Director Bruce Gans, MD

Residency: Internal Medicine.
Bi-County Community Hospital/Michigan State University
Warren Michigan. Director Joanna Pease, DO

Internship: Rotating Internship.
Bi-County Community Hospital/Wayne State University
Warren Michigan

Medical School: Kirksville College of Osteopathic Medicine
Kirksville, Missouri

College: Bachelor of Arts in Biology.
University of California at Santa Barbara
Santa Barbara, California

Specialty Board Status:

Board Certified in Chronic Pain Management American College of Physical Medicine and Rehabilitation. 9/2002
Board Certified American College of Physical Medicine and Rehabilitation. 5/1996

Medical Licensure:

National Board of Osteopathic Medical Examiners – 7/1992
California Osteopathic Medical Board – 7/1997
Fluoroscopy certification state of California – 9/2004
Hawaii State Medical Board 6/2017

Professional Experience:

Private Practice, Hawaii Brain and Spine: Physical Medicine & Rehabilitation /Pain Management January 2018- present. Part time

Hawaii Consortium for Continuing Medical Education / Project ECHO Department of Geriatrics. John Burns School of Medicine. January 2018-December 2019 (projected)

Director, Physician in Charge, Kaiser Permanente of San Diego Department of Pain Management, San Diego Kaiser November 2014-December 2018. (We reduced high dose opiate use in Kaiser San Diego by 72% and all opiate use Kaiser San Diego by 28%)

Staff Physician Physical Medicine and Rehabilitation, Southern California Permanente Medical

Group in San Diego – August 1996 – December 2017

Director Amputee Clinic at Kaiser Permanente San Diego

Director of Intrathecal Baclofen Pump Program at Kaiser Permanente San Diego

Director of Lymphedema Physical Therapy CDT Program Kaiser Permanente San Diego

Director Low Back Pain Clinic Kaiser Permanente San Diego

Director of Spasticity Management Kaiser Permanente San Diego

Clinical competence in the utilization of Botulinum toxin in Spasticity management, Myofascial pain, Migraine, and Cervical Dystonia.

Course work on Musculoskeletal Ultrasound

Clinical instructor PM&R for Western University of Health Sciences Medical School, Pomona California 2004-present

Volunteer Physician. International In-Line Skating Association. national racing circuit. – July 1992-August 1996

Honors and Awards:

Top Doctors Award San Diego Magazine. October 2008- 2018 -only 83 physicians in San Diego have won this award as many times.

Del Harder Research Award. Detroit Medical Center. - May 1996

National Osteopathic Honorary Fraternity. Sigma Sigma Phi.

Dean's Honors. University of California at Santa Barbara.

Eagle Scout. Boy Scouts of America.

Membership in Professional Organizations:

Reviewer for Manuscripts- Archives of Physical Medicine and Rehabilitation

Hawaii Society of Physical Medicine and Rehabilitation 1/2018 – present

Hawaii Society of Pain Management 1/2018 - present

San Diego Osteopathic Medical Association. - President – 1998-2000

Association of Academic Physiatrists – 6/1996-present

American Association of Physical Medicine & Rehabilitation. – 7/1993-present

American Osteopathic Association. – 6/1991-present

Physicians for Social Responsibility, Chapter President

Northeast Missouri. –

American Medical Student Association, Chapter President
Kirksville College of Osteopathic Medicine.

Publications:

Improved Sensitivity of Functional Assessment for Sub-acute Rehabilitation Using:
The Mobility, Occupational & Vocational Exam (M.O.V.E.) Functional Test

Submit to the Archives of Physical Medicine and Rehabilitation May 2008

Presented at the XVIIth WFN World Congress on Parkinson's Diseases and Related
Disorders December 9-13 2007 Amsterdam, The Netherlands

Elective Bilateral Above the Knee Amputation In T4-Complete Spinal Cord Injury: A Case
Report

Spinal Cord; August 2008 Volume 46, 585-587

Book: Play Golf Forever; Treating Low Back Pain and Improving Your Golf Swing Through
Fitness. Literary Architects Publishing. January 2006 (see amazon.com)

Intrathecal Baclofen for Generalized Dystonia: A Case Report

Archives of Physical Medicine and Rehabilitation

June 2001, Volume 82, Number 6, p853 to p855

The Influence of Age on Fibromyalgia Symptoms

Journal of Aging and Health. Vol. 14, Number 3 August 2002,
p370-p384

A Population Based Study: Injury Profile for In-line Skating.

The Archives of Physical Medicine and Rehabilitation,
December 1997, Volume 78, Number 12, p1352 to p1357

Speakers Boards:

US World Meds -Myoblock Botulinum toxin type B

Medtronic- Intrathecal Baclofen Therapy

Allergan Neurosciences – Botox

Lectures:

The Management of Symptomatic Severe Degenerative Disc Disease with Botulinum Toxin Type A: A Case Study

World Congress Neurology Bangkok, October 2009

A Clinical Approach for the Treatment of Low Back Pain

Yearly Primary Care Ground Rounds for Kaiser Permanente (400 physicians)

Lymphedema

Surgical Grand Rounds 2000

Kaiser Permanente San Diego

Patients with Disability and Impairments

Southern California Consortium for Cultural Sensitivity in Medicine 2004

Physical Medicine Update for Primary Care Physicians

Primary Care Physician Grand Rounds 2003, 2004

Current Concepts in Prosthetics and Orthotics Management

Orthopedics Grand Rounds 2002

The Use of Botulinum Toxins in Physical Medicine and Rehabilitation

Kaiser Southern California Regional Continuing Medical Education Series in Physical Medicine and Rehabilitation 2006

The Shoulder, A Common Problem Encountered in Primary Care

Primary Care CME Program 2001

Advances in the Management of Spasticity

San Diego Osteopathic Medical Association San Diego 2002

Speakers bureau for Medtronic Inc. (Intrathecal Baclofen Pump) Since 2000

Play Golf Forever- Treating Low back Pain and Improving Your Golf Swing Through Fitness

Lectured at National Medical Conferences in Sports Medicine, 2005 & 2006, and Southern California Regional Continuing Medical Education conferences for Physical Medicine and Rehabilitation

Cervical Dystonia-Treatment with the Use of Botulinum Toxin Type B

Speaker bureau for Solstice neurosciences-2007

Proper Injection Techniques for the Treatment of Shoulder Pain.

Med-Tube Video (Kaiser Intranet)- 2008

Research Projects:

Functional Restorative Exercise Program for Chronic Pain Patients-

Department of Integrated Pain Management San Diego Kaiser 2014

Current: The Group Education Model for the Treatment of Low Back pain: Improving Access in Physical Medicine & Rehabilitation and Demonstrating Improved Department measures in patient Satisfaction, Quality of Life, and Disability Department of Physical Medicine and Rehabilitation, Kaiser Permanente, San Diego

Aquatic Therapy Program for Chronic Low Back Pain. Department of Physical Medicine and Rehabilitation. Kaiser Permanente, San Diego. January 2001

Osteopathic Manipulative Therapy for the Obstetrical Patient. paper presented at Tulsa Regional Medical Center, Tulsa, Oklahoma. 1990

Osteopathic Medicine. paper and lecture presented to medical students and physicians at the Baylor College of Medicine, Houston, Texas 1988

Cultivation of Scallop Larvae for Commercial Ocean Agriculture. Independent Student Research Project, Director, Joe Connel Ph.D., Dept. of Marine Biology, University of California Santa Barbara, 1986

Activities:

Mountaineering- Mt. Kilimanjaro, Mt. Rainer (lead expedition), Mt Shasta (lead expeditions), Mt. Whitney, Mt. Fuji, Mt. Olympus, most of the peaks in California.

Mountain biker – race at the sport level

Snowboarder for twenty-five years and snowboard instructor

Road bike-100 mile Century races

First place finish relay road bike Race Across America, San Diego to Atlantic City (3,000 miles) in 6 days and 5 hours, June 2004

Marathoner-17 to date- Next Honolulu Marathon 2018

La Jolla Cove Swim Club swimming 1-3 miles every Saturday for 15 years.

International Dance and Exercise Association –Aerobics instructor, Fitness West. Pacific Beach California 1996-1998

International In-line Skating Association –Instructor since 1996

Triathlon races – half Iron-man distances

Team leader for medical tent Rock-N-Roll Marathon 1999, 2001

Team Leader for medical tent, Hawaii Iron-Man Triathlon Championship 1999

San Diego Track Club member and sports medicine physician-1999 to present

Coaching youth soccer at La Jolla Youth Soccer League

Golf and tennis player

References:

At your request