

Jody Y.L.M.S. Johnson, MFT, CCS, CSAC/ADCII

Education

MSCP – Chaminade University, HI
BA Psychology – Chaminade University, HI
Gender Studies Certificate – Chaminade University, HI
AA & Psycho-Social Developmental Certificate – Windward Community College, HI

Credentials

Marriage & Family Therapist (MFT) #418 – Oct 2014 to present
Certified Clinical Supervisor (CCS) #212-11 – 2011 to present
IC & RC Internationally Certified Clinical Supervisor – 2011 to present
Alcohol & Drug Counselor (ADCII) #0366 – 2009 to present
IC & RC Internationally Certified Alcohol & Drug Counselor – 2009 to present
Certified Substance Abuse Counselor (CSAC) #1390-08 – 2008 to present

Experience

2009 – Present: Substance Abuse Counseling Center (SACC), KMCBH

(Acting) SACC Director in the Director's absence

Exercises authority through oversight of programs and services offered to customers by ensuring accurate and efficient planning, organizing, coordinating, developing, directing, and managing of all operations at the installation SACC.

- creates facility goals based on HQMC directed, and up-to-date

2009 – Present: Substance Abuse Counseling Center (SACC), KMCBH

Lead Counselor/ (acting) Licensed Independent Practitioner (LIP)

Demonstrate critical thinking, service oriented, problem-solving leadership skills to mentor interns, new hires, and both clinical and non-clinical staff in order to be able to meet MCCA, HQMC, state and federal, and CARF quality standards for services and client satisfaction while providing support to SACC clientele and the SACC Director.

- imparts weekly one-on-one and group supervision to all clinical staff through both direct and indirect observation, while creating Individual Development Plans for professional and personal growth, and to monitor progress
- provides feedback regarding facility, administrative/administration, prevention, intervention, and clinical performance improvement(s)
- oversees the integrity of the SACC program(s) through researching HQMC, MCCA, professional (field), accreditation, and association(s) updates
- provides continuity alongside the Director in order to create, delegate, and/or resolve a variety of situations associated with both clinical and non-clinical staff, commands, HQMC, other facilities/departments, and clientele
- provides guidance to all staff regarding professional responsibility, standards, policies, and procedures
- communicates effectively with all staff to identify, clarify, and adjust personal and professional roles, while using those discussions to ascertain training opportunities

- collaborates w/ staff, HQMC, BH, MH, commands, and other facilities to create/update training, prevention, and treatment courses
- coordinates and schedule educational modules for clientele and command representatives
- works closely with commands, medical providers, mental/behavioral health management, and treatment team members to streamline current policies and procedures in an effort to improve the continuity and individuality of services provided
- oversees CARF accreditation and delineates information pertinent to meeting standards and requirements
- collects empirical data through quality assurance measures
- provides counseling services/support to clientele identified as high risk, high profile, and/or complex in nature
- reviews and monitors client case files/records for accuracy, effectiveness, appropriateness, and quality content
- serves as the acting LIP and provides confirmation of diagnoses and treatment recommendations

02/2007 – Present: Substance Abuse Counseling Center (SACC), KMCBH

Substance Abuse Counselor

Provide education, early intervention, treatment, and continuing care services to clients in a military environment, which includes individual and groups of military personnel, retirees, and adult family members.

- creates a safe environment to increase self-confidence, trust, and risk taking that promotes positive change and recovery
- conducts screenings and assessments to impart rehabilitative care based on the Diagnostic and Statistical Manual of Mental Disorders-5 (DSM-V) protocols, the American Society of Addiction Medicine (ASAM PPC-2R), and the 12 core functions
- facilitates preventive measures and makes recommendations according to social, familial, and cultural backgrounds, as well as client needs, capabilities, amenability, and access to resources
- utilizes client centered perspectives, referral sources, and corroborated information from providers, agencies, records, commands, and legal to ensure thorough assessments are conducted and accurate diagnoses and recommendations are made
- develops individualized treatment plans to address problems, set goals, identify interventions, and monitor progress
- addresses co-occurring issues and makes proper referrals to providers and/or programs
- encourages the therapeutic process by providing group, individual, and marriage and family counseling services related to both substance use and recovery
- provides written and verbal recommendations/referrals and coordinates education, intervention, treatment, and aftercare services
- facilitates and co-facilitates treatment and Continuing Care group counseling sessions
- creates, organizes, and conducts courses to support installation commands

08/2006 – 02/2007 Bobby Benson Center, Kahuku, HI

Therapist II

Provided therapy and treatment for dual/multi-diagnosed adolescents (and their families) with mental, emotional, and substance use problems through individual, group, and family sessions,

while serving as a program(s) evaluator in order to ensure quality, appropriate, effective, productive, and efficient support is provided to all persons served.

- conducted screenings, assessments, consultations, and referrals, and provided diagnoses, therapeutic interventions and treatment for addictions, co-occurring disorders, BH/MH concerns, learning disabilities, legal, and relationship issues
- implemented case management, crisis prevention/intervention, client advocacy, and discharge planning strategies
- created client-centered/individualized treatment plans/goals; which was also used to provide progress/outcomes to legal, MH, BH, treatment, and support teams

- facilitated individual sessions, process group, family therapy, mediation, and crisis intervention
- facilitated psycho-educational classes for clients, family members, and parent groups
- coordinated both on- and off-site treatment and sober activities
- documented, prepared, and maintained all required treatment records and reports
- remained compliant with reporting mandates and state/federal regulatory laws
- evaluated therapeutic interactions and noted progress/adjustments in treatment plans
- conducted weekly treatment team meetings to evaluate client conditions/progress
- supervised campus/facility safety and prevention programs
- monitored, evaluated, and provided feedback re: use/effectiveness of medications
- conducted drug and alcohol screenings/testing, strip searches, and unit/cabin searches
- created and directed prevention programs that encouraged family involvement/sober support to combat social problems, promote recovery, and to improve overall mental health

10/2005 – 08/2006 Substance Abuse Counseling Center, KMCBH

Substance Abuse Counselor (intern)

See duties as described above

10/2004 – 6/2005 Waimanalo Elementary/Intermediate School, Waimanalo, HI

Transitions Counselor

Developed, presented, and counseled using specific curricula and alternative instructional strategies to high-risk, Native Hawaiian students in a rehabilitative environment with a mission to encourage cultural development, hard work, discipline, and community involvement.

- liaised between educators, staff, parents/guardians, students, and community
- conducted screenings and assessments and provided one-on-one therapy, group counseling, mediation, and family counseling
- created and presented courses and provided outreach to students, families, faculty/staff, and community members
- recommended levels of support, created transition plans, monitored/measured progress and program objectives, charted data, and presented outcomes
- focused on behavioral, social, and environmental challenges at home, work, and school
- managed and reviewed cases within interdisciplinary team, IEP, and faculty/staff
- adjusted interventions while targeting strengths and specific conduct/behaviors
- conducted (project) longitudinal tracking by recording and collecting information based on guidelines of DSM and ASAM, the Dept of Education, the Makua Hanai Project, and psychological scales and inventories

04/1998 – 10/2004 Kailua High School, Kailua, HI

Health Aide, Counselor Assistant, Educational Assistant

Provided aide and support to student body, faculty, and staff re: injuries/ailments, behavior modification, appropriate interaction, prevention, tutoring, and mentorship, while working closely w/ identified high/at-risk students.

- conducted screenings and assessments to determine physical, emotional, behavioral, social, and scholastic skill levels
- provided treatment/support recommendations using the DSM and ASAM guidelines
- provided case management for school staff and teachers, parents/guardians, students, and health care professionals
- served on the counseling staff interdisciplinary team and evaluation committee
- provided education to students, faculty, and parents re: personal health, human development, relationships, substance abuse and addictions, death, transitions, and life skills
- developed individualized plans for students struggling w/ homelessness, prostitution/stripping, being a runaway, conduct disorders, behavioral issues, lack of social skills, angry/violent outbursts, and other MH/BH concerns