SB2593

RELATING TO THE HEALTHY AGING PARTNERSHIP Measure Title:

PROGRAM.

Kupuna Caucus; Healthy Aging Partnership; Report Title:

Appropriation (\$)

Appropriates funds for the healthy aging partnership

Description: program to further the program's role in improving the

health and well-being of Hawaii's kupuna.

Companion: HB1918

Package: Kupuna Caucus

Current

CPH/HMS, WAM Referral:

IHARA, HARIMOTO, KIM, NISHIHARA, RUDERMAN,

Introducer(s): TOKUDA, S. Chang, Espero, Gabbard, Green, Riviere,

Taniguchi, L. Thielen

<u>SB-2593</u> Submitted on: 2/4/2018 9:29:52 PM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Melodie Aduja	OCC Legislative Priorities	Support	No

Comments:

The Twenty-Ninth Legislature Regular Session of 2018

THE SENATE

Committee on Commerce, Consumer Protection and Health Senator Rosalyn H. Baker, Chair Senator Jill N. Tokuda, Vice Chair Committee on Human Services Senator Josh Green, Chair Senator Stanley Chang, Vice Chair

State Capitol, Conference Room 016 Monday, February 5, 2018; 3:10 p.m.

STATEMENT OF THE ILWU LOCAL 142 ON S.B. 2593 RELATING TO THE HEALTHY AGING PARTNERSHIP PROGRAM

The ILWU Local 142 **supports** S.B. 2593, which appropriates funds for the Healthy Aging Partnership program to further the program's role in improving the health and well-being of Hawaii's kupuna.

The Healthy Aging Partnership is a program that facilitates chronic disease management and exercise and fitness programs for the elderly to maintain their health. An evidence-based health promotion program, the Healthy Aging Partnership helps seniors to become more aware of their health and provides them with education and tools to help them eat right, adjust their lifestyles, exercise, and use medication and doctor visits appropriately. The program is nationally recognized. Hawaii's program received an award from the American Society on Aging in 2013.

A significant component of this program is that it is evidence-based and adds to the data that demonstrates what happens when chronic disease is properly managed and exercise and fitness are components of an elderly person's routine and lifestyle. Kupuna participating in the Healthy Aging Partnership are more active, healthier, and enjoy life.

The only drawback is that the Healthy Aging Partnership only serves a limited number of kupuna. But if the appropriation called for in S.B. 2593 is <u>not</u> provided, even fewer kupuna, and possibly none, will benefit from this program that has been able to keep seniors healthy and active. Replication of the program with a "train the trainer" component using volunteers may be something to consider to increase the numbers who could benefit from the Healthy Aging Partnership.

The ILWU urges passage of S.B. 2593. Thank you for the opportunity to provide testimony on this measure.

SB-2593

Submitted on: 2/5/2018 9:06:32 AM

Testimony for CPH on 2/5/2018 3:10:00 PM

Submitted By	Organization	Testifier Position	Present at Hearing
Patricia Gonsalves		Support	No

Comments:

This bill is extremely important in helping Hawaii's Kupuna remain healthy and active into their golden years. People are living much longer now than ever before and one of the keys to being healthy longer is continued physical activity. By offering our Kupuna information about and ways to remain healthy and active we are helping our entire state. The longer a person remains healthy the less strain there will be on the already overburdened health system and care facilities. It is really a no brainer to support this measure. Thank you.