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## HOUSE CONCURRENT RESOLUTION

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REQUESTING THE DEPARTMENT OF EDUCATION TO REPORT TO THE  
LEGISLATURE ON THE STATUS OF PHYSICAL EDUCATION IN HAWAII'S  
PUBLIC SCHOOLS.

1 WHEREAS, research suggests that schools that provide time  
2 for high-quality physical education generate a positive effect  
3 on academic achievement and some of the benefits include  
4 increased concentration; improved scores in mathematics,  
5 reading, and writing; and a reduction in disruptive behaviors;  
6 and  
7

8 WHEREAS, physical education offered within public schools  
9 can provide all students access to physical activity regardless  
10 of race; ethnicity; socioeconomic status; gender; or urban,  
11 suburban, or rural setting; and  
12

13 WHEREAS, physical education programs are critical to  
14 providing students with the skills necessary to achieve and  
15 maintain life-long physical fitness; and  
16

17 WHEREAS, regular physical activity and physical fitness can  
18 play a significant role in promoting health and preventing  
19 chronic illnesses such as heart disease, cancer, type 2  
20 diabetes, and osteoporosis; and  
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22 WHEREAS, in 2013, the Institute of Medicine identified  
23 daily school physical education for all students as a strategy  
24 to prevent obesity across the nation; and  
25

26 WHEREAS, SHAPE America, the American Heart Association, and  
27 a number of other national health organizations recommend that  
28 schools provide one hundred fifty minutes per week of  
29 instructional physical education for elementary school children  
30 and two hundred twenty-five minutes per week for middle and high  
31 school students throughout the school year; and  
32



1 WHEREAS, the Hawaii Content and Performance Standards III  
2 for physical education were based on national standards in 2005,  
3 but have not been updated since then and do not align with the  
4 National Physical Education Standards developed in 2013; and  
5

6 WHEREAS, barriers and challenges have impeded the  
7 Department of Education from fully implementing the Hawaii  
8 Content and Performance Standards III for physical education in  
9 all grades; now, therefore,  
10

11 BE IT RESOLVED by the House of Representatives of the  
12 Twenty-ninth Legislature of the State of Hawaii, Regular Session  
13 of 2018, the Senate concurring, that the Department of Education  
14 is requested to provide a report to the Legislature on the  
15 status of physical education in Hawaii's public schools; and  
16

17 BE IT FURTHER RESOLVED that the status report include but  
18 not be limited to:  
19

20 (1) The current state of physical education in Hawaii's  
21 public schools, including the number of physical  
22 education instructional minutes per week provided to  
23 all students in grades K-12, qualifications of  
24 personnel delivering physical education, and methods  
25 for assessment of student achievement on instructional  
26 standards for physical education; and  
27

28 (2) A plan for adoption of current national  
29 recommendations, including an estimate of needs and  
30 resources to implement updated instructional  
31 standards, increased minutes of instruction,  
32 professional development, assessments, and sequential  
33 standards-based curriculum; and  
34

35 BE IT FURTHER RESOLVED that the Department of Education is  
36 requested to submit a report of its findings and  
37 recommendations, including any proposed legislation, to the  
38 Legislature no later than twenty days prior to the convening of  
39 the Regular Session of 2019; and  
40

41 BE IT FURTHER RESOLVED that certified copies of this  
42 Concurrent Resolution be transmitted to the Chairperson of the



1 Board of Education; Superintendent of Education; and Hawaii  
 2 Association for Health, Physical Education, Recreation and  
 3 Dance.  
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