

SB1315 RELATING TO HEALTH

Senate Committee on Hawaiian Affairs Senate Committee on Commerce, Consumer Protection, and Health

February 14, 2017

1:30 p.m.

Room 016

The Administration of the Office of Hawaiian Affairs (OHA) will recommend that the Board of Trustees **COMMENT** on SB1315, which seeks to implement the recommendations of the Native Hawaiian Health Task Force, by providing insurance coverage for certain preventative health activities.

OHA's strategic priorities include Mauli Ola (Health), which represents our commitment to improve the quality of life of Native Hawaiians, by reducing the onset of chronic diseases and of obesity in particular. As part of our commitment to Mauli Ola, OHA participated in and helped to fund the Native Hawaiian Health Task Force, which recently published a final report of its findings and recommendations on the health status of Native Hawaiians. Notably, the recommendations from the report represent the work of 27 agencies and individuals from a broad range of fields.

OHA appreciates the intent of this bill to expand access to preventative health services, in line with Act 155 (Reg. Sess. 2014) and Hawai'i Revised Statutes Section 226-20, which require our State to take a holistic and systemic "social determinants of health" approach to addressing health disparities. Currently, many preventative services, including lifestyle-focused programs and activities, are not covered under most insurance plans. OHA understands that some health insurance providers and plans do have internal policies that provide coverage for gym memberships and other preventative activities that promote physical activity. OHA is happy to continue to dialogue with health care plans as well as Native-Hawaiian practitioners, regarding how traditional Native Hawaiian health care and preventative health services may best be used to promote the health and well-being of the Native Hawaiian and larger communities.

Mahalo for the opportunity to testify on this matter.



ON THE FOLLOWING MEASURE:

S.B. NO. 1315, RELATING TO HEALTH.

BEFORE THE:

SENATE COMMITTEES ON HAWAIIAN AFFAIRS AND ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

DATE: Tuesday, February 14, 2017 **TIME:** 1:30 p.m.

LOCATION: State Capitol, Room 016

TESTIFIER(S): Douglas S. Chin, Attorney General, or

Daniel K. Jacob, Deputy Attorney General

Chairs Shimabukuro and Baker and Members of the Committees:

The Department of the Attorney General provides the following comments:

The purpose of this bill is to "expand health insurance benefits to include coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits." Pursuant to section 1311(d)(3)(B)(ii) of the Patient Protection and Affordable Care Act, a state shall make payments to defray the cost of any additional benefits mandated by the state that are not included within the state selected benchmark plan. We are informed that the Hawaii state benchmark plan does not provide coverage for Native Hawaiian practices. Accordingly, if this additional benefit is mandated, the State would be required to defray the cost.

Additionally, pursuant to section 23-51, Hawaii Revised Statutes (HRS), before any legislative matter that mandates health insurance coverage for specific health services, specific diseases, or certain providers of health care services as part of an insurance policy can be considered, concurrent resolutions are required to be adopted that request the Auditor to prepare and submit to the Legislature a report that assesses both the social and financial effects of the proposed mandated coverage. This bill proposes to mandate insurance coverage for traditional Native Hawaiian practices. We are informed that there has been no concurrent resolution adopted regarding this coverage as required by section 23-51, HRS. Accordingly, we recommend either that the bill be held until such time as the concurrent resolutions have been adopted and the

Testimony of the Department of the Attorney General Twenty-Ninth Legislature, 2017 Page 2 of 2

Auditor's report has been completed and submitted to the Legislature as required by section 23-51, HRS, or that the Legislature include wording within the bill that exempts this new mandate from the audit requirement set forth in section 23-51, HRS.

Thank you for the opportunity to provide testimony.

Testimony Presented Before the Senate Committees on Hawaiian Affairs and Commerce, Consumer Protection and Health Tuesday, February 14, 2017 at 1:30 p.m.

> By Jerris Hedges, MD, Dean and

Keawe'aimoku Kaholokula, PhD
Professor and Chair, Department of Native Hawaiian Health,
John A. Burns School of Medicine
University of Hawai'i at Mānoa

SB 1315 - RELATING TO HEALTH

Chairs Shimabukuro and Baker, Vice Chairs Galuteria and Nishihara, and members of the committees:

Thank you for this opportunity to testify in **strong support** of SB 1315 which requires all health benefits plans to include coverage for Native Hawaiian culture-based activities, including among other activities, canoe paddling, hula, and lua. These activities have been shown to be effective in the management of weight, cardiovascular health, diabetes and chronic kidney disease.

Native Hawaiians have among the highest rates of obesity, hypertension, diabetes, cardiovascular and cerebrovascular diseases, and certain cancers. Nationally Native Hawaiians have among the highest mortality rates. They are more likely to develop chronic diseases and die an average of ten years earlier than people of other ethnic groups in Hawai'i. As a mean of addressing the increasing concern over the health risks faced by Native Hawaiians, the Senate of the Twenty-Seventh Legislature passed SR 60 which created a Native Hawaiian task force to specifically improve the health of Native Hawaiians, other Pacific Islanders and all of the people in Hawai'i. The goal of the task force was to articulate policy priorities that would advance health equity for Native Hawaiians and also the State's entire population.

Some Native Hawaiians feel alienated from and have a mistrust of the present health care system, and prefer more culturally acceptable means of managing their health. Native Hawaiian practices, such as hula, canoe paddling and lua, have proven an effective means of managing weight, cardiovascular health, diabetes management and chronic kidney disease:

 With its community partners, the John A. Burns School of Medicine (JABSOM) oversees a long-running program integrating community wisdom and scientific enquiry to reduce obesity among Native Hawaiians. The PILI (Partnership for Improving Lifestyle Intervention) program has led to measurable, positive outcomes.

- In 2012, researchers from JABSOM Department of Native Hawaiian Health and The Queen's Medical Center demonstrated, for the first time, that the Native Hawaiian dance form of hula can be an effective and engaging cardiac rehabilitation therapy.
- Currently, the University of Hawai'i Cancer Center has been studying the health benefits of physical activity for breast, cervical, endometrial, and ovarian cancer survivors. Hula as a culturally relevant form of physical activity has been the focus of the study.

Requiring health benefits plans to include coverage for Native Hawaiian culture-based activities would have a far-reaching effect in improving the health and quality of life for Native Hawaiians as well as the overall population.

Mahalo for your consideration of this measure.

Native Hawaiian Health Task Force

Co-chairs: Keawe'aimoku Kaholokula Kamana'opono Crabbe Virginia Pressler

Members: Lola Irvin Lorrin Kim Noa Emmett Aluli Puni Kekauoha Kamaki Kanahele Nalani Benioni Keola Chan Diane Paloma Dane Keohelani Silva Nalei Akina Sharlene Chun-Lum Claire Hughes Joelene Lono Michelle Hiraishi Kamahanahokulani Farrar Sheri Ann Daniels Kuhio Asam Mary Oneha Sean Chun Joey Gonsalves Shawn Kana'iaupuni Neil Hannahs Keopu Reelitz

Malia Taum-Deenik

Mervina Cash-Kaeo Maenette Benham

Mahina Paishon-Duarte

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S. L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K.Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday February 14, 2017 at 1:30 PM Conference Room 016 State Capitol 415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Ву

The Native Hawaiian Health Task Force convened pursuant to S.R. No. S.D. 1, regular session of 2014

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, on behalf of the Native Hawaiian Health Task Force, we wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstratable health benefits

The Native Hawaiian Health Task Force was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.

- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.
- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- A National Institutues of Health funded scientific study found that a
 hypertension self-management program, using Hula as its physical
 activity component, signficiantly improved blood pressures of Native
 Hawaiian and Pacific Islander participants compared to those in a
 control group.
- Currently, there are also community-based health promotion programs developed and shown to be effective in the areas of weight management and cardiovascular health. Hula and other traditional practices with proven health benefits should be considered under insurance companies' reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted on behalf of the Native Hawaiian Task Force by,

(paph N. 16662

Joseph Keawe'aimoku Kaholokula, PhD

Native Hawaiian Health Task Force , Co-Chair

Contact: Keawe Kaholokula. PhD, Co-Chair Native Hawaiian Health Task Force | Phone (808) 221-2481 | Email: kaholoku@hawaii.edu |



DAVID Y. IGE GOVERNOR SHAN S. TSUTSUI

STATE OF HAWAII OFFICE OF THE DIRECTOR DEPARTMENT OF COMMERCE AND CONSUMER AFFAIRS

CATHERINE P. AWAKUNI COLÓN DIRECTOR

JO ANN M. UCHIDA TAKEUCHI DEPUTY DIRECTOR

335 MERCHANT STREET, ROOM 310 P.O. Box 541 HONOLULU, HAWAII 96809 Phone Number: 586-2850 Fax Number: 586-2856 www.hawaii.gov/dcca

TO THE SENATE COMMITTEES ON HAWAIIAN AFFAIRS AND COMMERCE, CONSUMER PROTECTION, AND HEALTH

TWENTY-NINTH LEGISLATURE Regular Session of 2017

Tuesday, February 14, 2017 1:30 pm

TESTIMONY ON SENATE BILL NO. 1315 - RELATING TO HEALTH.

TO THE HONORABLE MAILE S.L. SHIMABUKURO AND THE HONORABLE ROSALYN H. BAKER, CHAIRS, AND MEMBERS OF THE COMMITTEES:

My name is Gordon Ito, State Insurance Commissioner, testifying on behalf of the Department of Commerce and Consumer Affairs ("Department"). The Department submits the following comments.

The purpose of this bill is to add a new mandated health insurance benefit requiring all health benefit plans to include coverage for Native Hawaiian culture-based activities, including but not limited to canoe paddling, hula, and lua, that have empirically shown to be effective in the management of weight, cardiovascular health, diabetes, and chronic kidney disease.

Any proposed mandated health insurance coverage requires the passage of a concurrent resolution requesting the State Auditor to prepare and submit a report assessing the social and financial impacts of the proposed mandate, pursuant to Hawaii Revised Statutes section 23-51.

Additionally, the addition of a new mandated coverage may trigger the existing section 1311(d)(3) of federal Patient Protection and Affordable Care Act, which requires

Senate Bill No. 1315 DCCA Testimony of Gordon Ito Page 2

states to defray the additional cost of any benefits in excess of the essential health benefits of the state's qualified health plan.

We thank the Committees for the opportunity to present testimony on this matter.

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM Conference Room 016 State Capitol 415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, I am Robin E. S. Miyamoto, a Clinical Psychologist, and a staff member of the University of Hawai'i at Mānoa's John A. Burns School of Medicine's Department of Native Hawaiian Health. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

Our department co-chaired the Native Hawaiian Health Task Force which was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

I support this bill for many reasons:

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente will be launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.
- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance

options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.

- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- Currently, there are also community-based health promotion programs developed and shown to be
 effective in the areas of weight management and cardiovascular health. Hula and other traditional
 practices with proven health benefits should be considered under insurance companies'
 reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted by,

Robin E. S. Miyamoto, Psy.D.

Assistant Professor
Department of Native Hawaiian Health
Department of Family Medicine and Community Health
John A. Burns School of Medicine
University of Hawaii at Manoa
677 Ala Moana Blvd. 1016
Honolulu, Hawaii 96813
Office: 808-692-1012

Fax: 808-587-8576 robinemi@hawaii.edu

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM
Conference Room 016
State Capitol
415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Aloha E Honorable Chairs Shimabukuro and Baker, Vice-Chairs Galuteria and Nishihara and members of the Committees on Hawaiian Affairs and Commerce, Consumer Protection and Health,

I am Winona Lee, an Assistant Professor in the Department of Native Hawaiian Health at the University of Hawai'i at Mānoa John A. Burns School of Medicine. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

Our department co-chaired the Native Hawaiian Health Task Force that recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Community-based health promotion programs have been shown to be effective in the areas of
 weight management and cardiovascular health. Hula and other traditional practices with proven
 health benefits should be considered under insurance companies' reimbursement programs to offer
 culturally integrated health maintenance options.
- As a current example, Hawaii Medical Service Association promotes the HMSA365 Discounts
 program to engage members in health maintenance outside the doctor's office. Some categories
 included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture
 treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide
 range of health maintenance options, there lacks a benefit or discount being offered for traditional
 cultural practices such as hula dancing or canoe paddling.

Respectfully submitted by,

Winona K. Lee, MD

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM Conference Room 016 State Capitol 415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, my name is Shelley Soong, and I am a student and staff member of the University of Hawai'i at Mānoa's John A. Burns School of Medicine's Department of Native Hawaiian Health. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

Our department co-chaired the Native Hawaiian Health Task Force which was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente will be launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.
- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.

- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- Currently, there are also community-based health promotion programs developed and shown to be effective in the areas of weight management and cardiovascular health. Hula and other traditional practices with proven health benefits should be considered under insurance companies' reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted by, Shelley Soonog

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM Conference Room 016 State Capitol 415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, I am Kau'i Baumhofer, an epidemiologist, and a staff member of the University of Hawai'i at Mānoa's John A. Burns School of Medicine's Department of Native Hawaiian Health. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

Our department co-chaired the Native Hawaiian Health Task Force which was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente will be launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.
- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.

- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- Currently, there are also community-based health promotion programs developed and shown to be effective in the areas of weight management and cardiovascular health. Hula and other traditional practices with proven health benefits should be considered under insurance companies' reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted by,

N. Kau'i Baumhofer, ScD, MPH, MA

Vierle Koui Bounde

Assistant Professor

Department of Native Hawaiian Health John A. Burns School of Medicine University of Hawaii at Manoa



Testimony of John M. Kirimitsu Legal and Government Relations Consultant

Before:

Senate Committee on Hawaiian Affairs The Honorable Maile S.L. Shimabukuro, Chair The Honorable Brickwood Galuteria, Vice Chair

Senate Committee on Commerce, Consumer Protection, and Health The Honorable Rosalyn H. Baker, Chair The Honorable Clarence K. Nishihara, Vice Chair

> February 14, 2017 1:30 pm Conference Room 016

Re: SB 1315 Relating to Health

Chairs, Vice-Chairs, and committee members thank you for this opportunity to provide testimony on this bill mandating insurance coverage for Native Hawaiian "culture based activities."

Kaiser Permanente Hawaii supports the intent of this bill, but opposes this bill in its current draft.

Kaiser Permanente Hawaii supports the promotion of healthier lifestyles for all its members, including the Native Hawaiian population. However, Kaiser Permanente does <u>not</u> provide any benefits for "culture based activities" to any of its members, irrespective of the member's ethnicity. By mandating this type of ethnic driven coverage under this bill, it creates inequity by providing additional benefits to one ethnic group, i.e., Native Hawaiians, versus others.

Also, Kaiser Permanente has concerns over the overly broad scope of coverage for "culture based activities" because there is no distinction between recreational activities and medically necessary "culture based activities." In ancient Hawaiian culture, a variety of recreational sports were recognized through Hawaiian tradition, such as surfing, boxing, running, swimming, cliff diving, and spear fishing. Under this bill, health insurers would be required to provide coverage for all these recreational sports if they were part of the Hawaiian tradition. This begs the question of how do we draw the line between non-covered recreational activities and covered "culture based activities"?

711 Kapiolani Blvd Honolulu, Hawaii 96813 Telephone: 808-432-5224 Facsimile: 808-432-5906 Mobile: 808-282-6642

E-mail: john.m.kirimitsu@kp.org

Currently, Kaiser Permanente sponsors healthy lifestyle programs/classes in the community, directed to those members who wish to make changes in their behavior to reduce health risks. Alternatively, Kaiser Permanente believes that adding Native Hawaiian activities to this type of sponsorship program/classes should be considered rather than mandating this type of ethnically driven coverage resulting in disparities amongst various ethnic groups.

If this joint Committee decides to move this bill forward, Kaiser Permanente requests a financial and social impact assessment (audit) of this proposed mandate since this bill is requesting an expansion of benefits, as required pursuant to Sections 23-51 and 23-52 of the Hawaii Revised Statutes.

Thank you for your consideration.



February 14, 2017

The Honorable Maile S.L. Shimabukuro, Chair The Honorable Brickwood Galuteria, Vice Chair Senate Committee on Hawaiian Affairs

The Honorable Rosalyn H. Baker, Chair The Honorable Clarence K. Nishihara, Vice Chair Senate Committee on Commerce, Consumer Protection and Health

Re: SB 1315 – Relating to Health

Dear Chair Shimabukuro, Chair Baker, Vice Chair Galuteria, Vice Chair Nishihara, and Committee Members:

The Hawaii Medical Service Association (HMSA) appreciates the opportunity to testify on SB 1315, which would require all health benefits plans to include coverage for Native Hawaiian culture-based activities, including but not limited to canoe paddling, hula, and lua. HMSA appreciates the intent of SB 1315 and submits the following comments.

HMSA recognizes the significant health disparities that affect the Native Hawaiian community. Chronic health conditions – including asthma, hypertension, diabetes, heart disease– have a higher than average prevalence in the population as compared to the state of Hawaii as a whole. We applaud the Legislature's commitment to addressing these disparities in part by establishing the Native Hawaiian Health Task Force.

HMSA's Mahie 2020 plan envisions a healthcare system where HMSA serves as a catalyst to realize a sustainable community system that advances the health and well-being goals of the community. Addressing the health needs of the Hawaiian community already is an essential part of everything we do – enhancing the health and wellbeing of the whole community.

That said, we have embraced culturally relevant practices and programs to address the health and wellbeing of the Native Hawaiian community. The HMSA-sponsored Blue Zone communities throughout the state include moais (community groups) that are focusing on social determinants of health specific to a community and the culturally appropriate or relevant ways to address those determinants. We also are committed to working to enhance the programs we already offer such as Ornish and Active and Fit to focus on these activities as ways to address chronic disease.

HMSA also is a member of Na Limahana o Lonopuha, a Native Hawaiian Health consortium, whose members are supportive of cultural activities that encourage engagement in health and wellbeing and are looking collectively at ways to leverage resources from different sectors to address Native Hawaiian health.

The HMSA Foundation has provided grants to support programs directed at enhancing the health and wellbeing of Native Hawaiians, including organizations targeting communities with large



Hawaiian populations. Most recently, grant have been awarded to Hoa 'Aina O Makaha (encouraging a healthier lifestyle for Waianae Coast families), Kua'aina Ulu 'Aiamo (training Native Hawaiian families in Waimanalo on aquaponic farming), Lunalilo Homes (health scan of elder care), Waimanalo Health Center (primary care support), and Five Mountains Hawaii (health screenings of Native Hawaiians).

HMSA sponsored the 2017 Hawaii State of Reform Health Policy Conference in January, where members of Hawaii's health care community had the opportunity to hear from doctors administering to primarily Native Hawaiian communities as part of the Lessons from the Native Hawaiian Health Community panel. Panelists highlighted the effectiveness of existing programs, including the Native Hawaiian Center for Excellence at JABSOM, Papa Ola Lokahi, and the Native Hawaiian Health Program at The Queen's Health Center, that bring culturally relevant health practices to Hawaiians and train Hawaii's newest doctors, nurses, and medical professionals to be culturally aware and competent so as to address the health needs particular to the Hawaiian community. We hope to continue to providing support to these programs while also providing a forum to highlight the work that is happening in these areas on an ongoing basis.

HMSA is a committed partner in working to improve the health disparities that exist in the Native Hawaiian Community; it is an integral part of our mission to improve the health and wellbeing of the overall community.

Thank you for the opportunity to testify and offer comments on SB 1315.

Sincerely,

Mark K. Oto

May of Ot

Director, Government Relations

From: mailinglist@capitol.hawaii.gov
Sent: Friday, February 10, 2017 9:19 PM

To: HWNTestimony

Cc: Iduenas@diabetes.org

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/10/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

_	Submitted By	Organization	Testifier Position	Present at Hearing
	Lawrence Duenas	American Diabetes Association	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

From: mailinglist@capitol.hawaii.gov
Sent: Thursday, February 9, 2017 6:27 PM

To: HWNTestimony

Cc: blawaiianlvr@icloud.com

Subject: Submitted testimony for SB1315 on Feb 14, 2017 13:30PM

SB1315

Submitted on: 2/9/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
De MONT R. D. CONNER	Ho'omana Pono, LLC.	Support	Yes

Comments: We STRONGLY SUPPORT this bill. We are a native Hawaiian Advocacy Corporation, that operates out of the Wai`anae Coast. This bill will help a lot of people on the Wai`anae Coast. Mahalo.

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Sent: Monday, February 13, 2017 2:37 PM

To: HWNTestimony Cc: kaliko08@gmail.com

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/13/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Donna K Santos	Individual	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM Conference Room 016 State Capitol 415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, I am Mary Frances Oneha, a member of the Native Hawaiian Health Task Force. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

The Native Hawaiian Health Task Force which was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.
- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.

- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- Currently, there are also community-based health promotion programs developed and shown to be effective in the areas of weight management and cardiovascular health. Hula and other traditional practices with proven health benefits should be considered under insurance companies' reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted by,

Many Dance Onha

From: mailinglist@capitol.hawaii.gov
Sent: Sunday, February 12, 2017 4:31 PM

To: HWNTestimony

Cc: punikekauoha@gmail.com

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/12/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Puni Kekauoha	Individual	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Sent: Sunday, February 12, 2017 10:04 AM

To: HWNTestimony

Cc: mkhan@hawaiiantel.net

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/12/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Leimomi Khan	Individual	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Sent: Saturday, February 11, 2017 3:11 PM

To: HWNTestimony

Cc: mkawika@hotmail.com

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/11/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing	
Marcus Iwane, MD	Individual	Support	No	

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Sent: Saturday, February 11, 2017 2:34 PM

To: HWNTestimony

Cc: anela.iwane@gmail.com

Subject: Submitted testimony for SB1315 on Feb 14, 2017 13:30PM

SB1315

Submitted on: 2/11/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Anela Iwane	Individual	Support	No

Comments: Kāko'o!

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Sent: Saturday, February 11, 2017 1:18 PM

To: HWNTestimony

Cc: csantoma@gmail.com

Subject: Submitted testimony for SB1315 on Feb 14, 2017 13:30PM

SB1315

Submitted on: 2/11/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Chris Santomauro	Individual	Support	No

Comments: My name is Chris Santomauro and I live in Honolulu. I am in support of this bill. We need to support the health of all people on our islands, but especially those whose culture has been historically suppressed. Requiring coverage for Hawaiian cultural activities will help continue to resurgence and preservation of cultural practices previously banned. Please pass this bill.

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

From: mailinglist@capitol.hawaii.gov

Sent: Friday, February 10, 2017 6:50 PM

To: HWNTestimony Cc: ndavlantes@aol.com

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/10/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Nancy Davlantes	Individual	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

From: mailinglist@capitol.hawaii.gov

Sent: Friday, February 10, 2017 12:13 PM

To: HWNTestimony

Cc: dylanarm@hawaii.edu

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/10/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Dylan P. Armstrong	Individual	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM
Conference Room 016
State Capitol
415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, I am Chessa Harris, MBA, a Native Hawaiian, and faculty member of the University of Hawai'i at Mānoa's John A. Burns School of Medicine's Department of Native Hawaiian Health. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

Our department co-chaired the Native Hawaiian Health Task Force which was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente will be launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.
- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.

- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- Currently, there are also community-based health promotion programs developed and shown to be effective in the areas of weight management and cardiovascular health. Hula and other traditional practices with proven health benefits should be considered under insurance companies' reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted by, Chessa Harris, MBA

COMMITTEE ON HAWAIIAN AFFAIRS

Senator Maile S.L. Shimabukuro, Chair Senator Brickwood Galuteria, Vice Chair

COMMITTEE ON COMMERCE, CONSUMER PROTECTION, AND HEALTH

Senator Rosalyn H. Baker, Chair Senator Clarence K. Nishihara, Vice Chair

NOTICE OF HEARING

Tuesday, February 14, 2017 at 1:30 PM Conference Room 016 State Capitol 415 South Beretania Street

TESTIMONY IN SUPPORT OF SB 1315

Relating to Health; requiring an expansion of all health benefits plans to include coverage for Native Hawaiian culture-based activities.

Honorable Chairs Shimabukuro and Baker, Vice-Chair Galuteria and Nishihara and members of the committee, I am Samantha Herrera, a social worker, and a staff member of the University of Hawai'i at Mānoa's John A. Burns School of Medicine's Department of Native Hawaiian Health. I wish to submit this testimony in strong support of SB 1315, expanding insurance coverage for traditional Native Hawaiian practices with proven and demonstrable health benefits.

Our department co-chaired the Native Hawaiian Health Task Force which was created during the 2014 legislative session with the goals of articulating priority areas that will help advance health equity for Native Hawaiians, and in turn, the health of Hawai'i's entire population. The task force recently presented its findings as well as 16 specific recommendations to improve the health of Native Hawaiians. One of these 16 recommendations was to advocate for the expansion of reimbursement for culturally appropriate services and traditional practices.

- Cultural-based activities such as hula, paddling, and lua not only offer cardiovascular benefits but the NH value of interconnectedness with the natural surroundings and fosters 'ohana (family) and aloha (compassion) amongst members. Unlike the gym, once people commit to a hula or paddling halau, they go to classes consistently.
- Kaiser Permanente will be launched a Fit Rewards program, beginning 2017, for members to encourage year-round fitness. After signing up for membership at a partner gym and paying a \$200 annual fee, members need to commit 45 days of 30 minutes workout sessions to be refunded the annual fee.
- Hawaii Medical Service Association has a HMSA365 Discounts program to engage members in health maintenance outside of the doctor's office. Some categories included under HMSA's discount program include tai chi lessons, Jazzercise, acupuncture treatments, hypnotherapy, meditation sessions, and more. Although offering members a wide range of health maintenance options, there lacks discounts for traditional cultural practices such as hula dancing or canoe paddling.

- In a recent study, kumu hula (hula educators and experts) were interviewed for their views regarding hula's relation to health and wellbeing. Each kumu hula participant expressed the importance of cultural integrity in health and that hula can be an important cultural practice to include in cardiovascular disease clinical interventions.
- Currently, there are also community-based health promotion programs developed and shown to be effective in the areas of weight management and cardiovascular health. Hula and other traditional practices with proven health benefits should be considered under insurance companies' reimbursement programs to offer culturally integrated health maintenance options.

Thank you for your consideration.

Respectfully submitted by,

Samantha Herrera



Date: February 14, 2017

To: The Honorable Maile S.L. Shimabukuro, Chair

The Honorable Brickwood Galuteria, Vice Chair

Members of the Senate Committee on Hawaiian Affairs

The Honorable Rosalyn H. Baker, Chair

The Honorable Clarence K. Nishihara, Vice Chair

Members of the Senate Committee on Commerce, Consumer Protection, and Health

From: Jessica Yamauchi, Executive Director, Hawai'i Public Health Institute

Re: Support for SB 1315, Relating to Health

Hrg: February 14, 2017 at 1:30pm in Conference Room 016

Thank you for the opportunity to offer testimony in support of SB 1315 which requires all health benefits plans to include coverage for Native Hawaiian culture-based activities, including but not limited to canoe paddling, hula, and lua.

Created by the legislature in 2012, the Obesity Prevention Task Force is comprised of over 20 statewide organizations, and works to make recommendations to reshape Hawai'i's school, work, community, and health care environments, making healthier lifestyles obtainable for all Hawai'i residents. The Hawai'i Public Health Institute (HIPHI) convenes the Task Force and supports and promotes policy efforts to create a healthy Hawai'i.

Native Hawaiians and Pacific Islanders have among the highest rates of obesity, diabetes, and cardiovascular disease in the state. Native Hawaiians also have higher morbidity rates in diabetes, heart disease and cancer compared to other ethnic groups in Hawaii. Given the burden of chronic diseases already present in many NHPIs, interventions to increase physical activity would prove to be especially beneficial. Native Hawaiian cultural activities such as the hula, canoe paddling, and the lua are great examples of community-based and culturally-relevant practices that can promote physical activity. The Ola Hou i ka Hula: Hypertension & Hula pilot study found that a traditional hula class that incorporated heart health education and conducted twice a week significantly improved the blood pressure of NHPP adults with poorly managed hypertensionⁱ.

The Task Force supports the expansion of health coverage to include these cultural practices that allow Native Hawaiians and Pacific Islanders to adopt healthier lifestyles and better manage their chronic conditions.

Thank you for the opportunity to provide testimony and we ask that you pass SB 1315 out of committee.

Mahalo,

Jessica Yamauchi, MA Chair, Obesity Prevention Task Force Executive Director, HIPHI

ⁱ Department of Native Hawaiian Health, John A. Burns School of Medicine, University of Hawaii. (2013). Assessment and Priorities for Health & Well-being in Native Hawaiians & other Paci c Peoples. Retrieved from: http://blog.hawaii.edu/uhmednow/files/2013/09/AP-Hlth-REPORT-2013.pdf

Sent: Tuesday, February 14, 2017 7:45 AM

To: HWNTestimony

Cc: rkailianu57@gmail.com

Subject: *Submitted testimony for SB1315 on Feb 14, 2017 13:30PM*

SB1315

Submitted on: 2/14/2017

Testimony for HWN/CPH on Feb 14, 2017 13:30PM in Conference Room 016

Submitted By	Organization	Testifier Position	Present at Hearing
Rachel L. Kailianu	Individual	Support	Yes

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.