WAM Committee

Hon. Sen. Tokuda, Chair

Hawaii State Senate

Re: Support and suggestions for amendment to SCR64 SD1

Dear Honorable Senator Tokuda:

Aloha and greetings to the members of the WAM committee. My name is Raj Kumar. I am a Psychotherapist, Wellness counselor and the author of several books including "Secrets of Health and Healing." I am also the President of Cosmic Yoga and Ayurveda Wellness Center.

I am familiar with the effectiveness of Dr. Shintani's Program for over 10 years.

I support SCR 64 SD 1 with the amendments suggested by Dr. Shintani and the Kupuna Council of Traditional Hawaiian Healers.

1) WHEREAS, a study funded by the Hawaii State Legislature showed in a 2008 report to the Legislature that the Hawaii Health Program conducted by Dr. Shintani and the Hawaii Health Foundation induced a reduction in blood sugar, blood pressure, cholesterol and weight and reduced the cost of medication by 25.7%.

2) Add the resolution "BE IT RESOLVED by the Twenty-eight Legislature of the State of Hawaii" at the end of the paragraph and "coverage for the Hawaii Health Program conducted by the Hawaii Health Foundation offered to patients found to have abnormal blood glucose, blood pressure or cholesterol."

Please note that this could be a stepping-stone to help bring more money into Hawaii through Federal funds. This Program could be conducted through our medical school and it may help Medicare to fund this Hawaiibased Program. They are already funding a mainland-based program up to \$9000 per patient.

Sincerely

Raj Kumar, Ph.D.

| From:    | mailinglist@capitol.hawaii.gov                          |
|----------|---|
| To:      | WAM Testimony   |
| Cc:      | <u>rkumarhi@yahoo.com</u>                               |
| Subject: | *Submitted testimony for SCR64 on Mar 24, 2016 09:00AM* |
| Date:    | Wednesday, March 23, 2016 8:18:41 PM                    |

## <u>SCR64</u>

Submitted on: 3/23/2016 Testimony for WAM on Mar 24, 2016 09:00AM in Conference Room 211

| Submitted By | Organization | Testifier<br>Position | Present at<br>Hearing |
|--------------|--------------|-----------------------|-----------------------|
| Raj Kumar    | Individual   | Support               | No                    |

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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