# Shannessy M. Mitchell

### **Objective**

Seeking a challenging volunteer opportunity in a diverse environment where my strong work ethic, education, and experience can be utilized to help better my local community, and support an organization who appreciates my loyalty and dedication towards exceeding team goals.

### **Education**

University of Hawaii at Manoa, Honolulu, Hawaii Masters of Counseling and Guidance in Rehabilitation & Kinesiology-

University of Hawaii at Manoa, Honolulu, Hawaii Bachelors of Arts in Sociology-

## **Professional Experience**

Vocational Rehabilitation Counselor IV, State of Hawaii, Honolulu, HI Jan. 2014- Current Statewide development, evaluation, and planning of The Division of Vocational Rehabilitation (DVR) service delivery to clients. Provide guidance to DVR personnel and clients during fair hearing/ mediation process including the Divisions policies and procedures.

Vocational Rehabilitation Counselor III, State of Hawaii, Honolulu, HI Jan. 2014- Jan. 2015 Specializing in counseling and guiding transition students by provide comprehensive rehabilitation assessments and services to determine abilities, skills, and interest towards employment for persons with various disabilities deaf & hard of hearing population.

**Program Supervisor II/LSS III,** Child and Family Service, Honolulu, HI, Mar. 2013-Dec. 2014 Provide quality youth care and close intensive supervision of female adolescent clients in a 24-hour group treatment home. Provide a range of residential counseling and training services to clients and their families, tracking and reporting on resident's treatment progress and providing peer leadership.

Community Service Specialist III, City & County- DCS, Honolulu, HI, May 2012-Jan. 2014 Provide vocational counseling and rehabilitation planning, job-training, job-seeking skills, resume development, and other work readiness assistance; Conduct workshops and maintain employer contacts through networking; case management; and weekly travel to outer islands assisting other branches. Specializing in transitioning students with disabilities from high school to the workforce.

Program Supervisor II/ Behavioral Health Specialist, Child and Family Service, Honolulu, HI, July 2009-July 2011

Direct and provide oversight and coordination of the program; develop, implement and monitor program goals, objectives and outcomes; identify problem areas and develop solutions; gain cooperation from difficult people; provide community leadership through networking and maintaining poise in public situations, present opinions and ideas in an open, objective ways;

help those with opposite viewpoints reach mutual agreements, either through consensus or compromise; complete performance quality improvement reports, assist in RFP (request for proposal) writing, and continue to maintain Supervisor I duties.

Program Supervisor I/ Behavioral Health Specialist, Child and Family Service, Honolulu, HI, Jan. 2007-July 2009

Direct and supervise up to 10 employees in a private school for students with special needs; build trust and openness with others; Attend IEP and team meetings, develop service and treatment plans; analyze and graph behavioral and academic data, analyze program budget and complete monthly fiscal reports; develop individual positive behavior support plans, functional behavior assessment, and additional assessments required by Child and Family Service; collaborate with the Department of Education personnel, families, and clinical lead(s)/ Psychiatrist/ Certified Behavior Analyst; coordinate annual trainings and adjust content and teaching styles to the audience; process intakes; and provide clinical support for direct service staff

**Skills Trainer & Safety Coord.** Child and Family Service, Honolulu, HI, Feb. 2005-Jan. 2007 Provide direct service to clients with special needs, in conjunction with IEP teams to support social, behavioral, and academic components of the program; utilize applied behavior analysis, discrete trail training, and structured teaching for successful outcomes; responsible for maintaining a safe and stable working environment for clients and staff

**Psychological Assistant**, Queens Medical Center (Kekela, Family Treatment Center, and Keiki Units) Honolulu, HI, 2003- 2004

Assist clinical psychologist in reducing psychological distress and enhance the psychological wellbeing of patients; assess client's needs, abilities or behavior using a variety of methods; deliver therapy for difficulties relating to anxiety, depression, addictions, social and interpersonal problems, and challenging behaviors; checking patient vitals; scheduled bed checks, and overnight crisis prevention watches for high risk patients.

### **Activities and Involvement**

Board Member for SOS (non-profit) - 2012-2014 Hawaii Adaptive Paddling Association (non-profit) - 2012-2014 Member of National Rehabilitation Counseling Association - 2010-Current Member of Walk Now for Autism - 2002-Current

#### **Certifications**

CPR (Adult, Child, and Infant), and First Aide Certified Crisis Prevention Intervention (CPI) Certified Medication Management Certified