

**Michelle Asprer Tagorda**

Michelle Tagorda was born in Hilo, Hawai'i and is a graduate of Kea'au High School where she ran track, played soccer, competed in science fair and was an active member of student body government, civic club, math league and national honor society. Michelle earned her Bachelor of Science in Psychology and Bachelor of Arts in Biology from the University of Hawai'i at Mānoa, while remaining active as a New Student Orientation Leader, Access to College Excellence Peer Mentor and a Peer Advisor at the Pre-Health/Pre-Law Advising Center. She was also a member of the Pre-Medical Association, Psi Chi Honor Society, Mortar Board Honor Society and Office of Multicultural Student Services: Bin-I Program.

Throughout her undergraduate and graduate years, Michelle served on the Campus Center Board as Secretary, President-Elect, and President while working on phases of the Campus Center Renovation and Expansion project including the opening of the Warrior Recreation Center. Through policy governance, Michelle gained experience to ensure that all service areas, facilities, and activities of the Campus Center Complex were providing students with the out of class room experience to gather, collaborate, and enjoy student life.

As a Master of Public Health (MPH) student, Michelle worked to help develop, execute, and support the new Bachelor of Arts (BA) in Public Health degree in her capacity as the Office of Public Health Studies (OPHS) Undergraduate Academic Advisor. She dedicated herself to the service of both undergraduate and graduate students through academic advising. She has also inspired many students at all levels to pursue rewarding careers in public health and beyond.

Michelle graduated [REDACTED] with her MPH in Social and Behavioral Health Sciences and was inducted into the Delta Omega Honorary Public Health Society, Gamma Chapter. She was the former media coordinator for the public health student organization, Hui Ola Pono, and remains active in the Hawai'i Public Health Association. Her MPH practicum involved collaboration with the Center for Rural Health Studies at the University of Hawai'i at Hilo and OPHS faculty, and focused on measuring and understanding cultural characteristics related to health. During her time as an MPH student, she also assisted the Office of the Vice Chancellor for Undergraduate Education, Mānoa Peer Advisor program as the program assistant, and volunteered with the Hawai'i Primary Care Association and Hawai'i Department of Health to develop an educational toolkit for the film Ola which focused on bringing to light issues surrounding the social determinants of health. Michelle was also part of the Health Behavior Change Research Workgroup's Waipahu Health Action Research Training project, where she supported high school seniors in facilitating classroom activities on physical activity and healthy nutrition as preventative measures for obesity.

Michelle currently serves on University of Hawai'i Board of Regents, continues to support the OPHS undergraduate students as Undergraduate Academic Advisor, and works with the Kokua Kalihi Valley Comprehensive Family Services Tobacco Control Program.

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# MICHELLE TAGORDA, MPH



## EDUCATION

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- Master of Public Health  
Office of Public Health Studies, University of Hawai'i at Mānoa  
Area of concentration: Social and Behavioral Health Sciences
- Bachelor of Science in Psychology  
Bachelor of Art in Biology  
College of Arts and Sciences, University of Hawai'i at Mānoa
- Kea'au High School

## HONORS AND AWARDS

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- Council of Affiliates Poster Session Affiliate Award, American Public Health Association ■
- Delta Omega Honorary Public Health Society, Gamma Chapter ■
- Koseki Award for Excellence in Community Service ■
- Pauline Stitt Student Assistance Scholarship Fund ■
- Psi Chi, National Psychological Honor Society ■
- Mortar Board National Honor Society ■
- Valedictorian, Kea'au High School ■
- Best in Category – Senior Research Environmental Sciences, 51st Hawai'i State Science and Engineering Fair ■
- UHH Kalakaua Marine Educational Center Excellence in Marine Science Award, Hawai'i District Science and Engineering Fair ■
- National Honor Society, Kea'au High School ■

## PROFESSIONAL DEVELOPMENT

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<i>Position</i>	<i>Location</i>	<i>Dates</i>
Junior Specialist Summer Bridge and Retention Coordinator	University of Hawai'i at Mānoa Student Equity, Excellence and Diversity (SEED) Health Careers Opportunity Program (HCOP)	■ = ■
Undergraduate Academic Advisor	University of Hawai'i at Mānoa Office of Public Health Studies	■ = ■
Graduate Research Assistant		■ = ■
Tobacco Outreach & Education Coordinator	Kokua Kalihi Valley Comprehensive Family Services	■ = ■



Program Assistant Mānoa Peer Advisor	University of Hawai'i at Mānoa Office of the Vice Chancellor for Undergraduate Education	█ = █
Senior Peer Advisor Pre-Health/Pre-Law Advising Center	University of Hawai'i at Mānoa Office of the Vice Chancellor for Undergraduate Education	█ = █
Peer Advisor Pre-Health/Pre-Law Advising Center	University of Hawai'i at Mānoa Office of the Vice Chancellor for Undergraduate Education	█ = █
Research Assistant	Alcohol and Drug Abuse Division Epidemiology and Evaluation Team University of Hawai'i at Mānoa Department of Public Health Sciences	█ = █
After School Care Leader	Our Redeemer Lutheran Church & School	█ = █

**RESEARCH EXPERIENCE**

<i>Project</i>	<i>Location</i>	
Community Culture and Health	University of Hawai'i at Hilo Daniel K. Inouye College of Pharmacy Center of Rural Health	█
Ola Toolkit Development	Hawai'i Primary Care Association Hawai'i State Department of Health	█
Waipahu Health Action Research Training (HART)	Health Behavior Change Research Workgroup University of Hawai'i at Mānoa Department of Public Health Sciences	█
Alcohol and Drug Abuse Division Epidemiology and Evaluation Team	University of Hawai'i at Mānoa Department of Public Health Sciences	█
Children, Cognition, and Conversation Lab	University of Hawai'i at Mānoa Department of Psychology	█
Summer Internship Cancer Biology Mesothelioma and related tissue cancers	University of Hawai'i at Mānoa University of Hawai'i Cancer Center	█
Phytoplankton and Heterotrophic Bacteria in Hilo Bay	Kea'au High School Senior Research Project	█

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## **PUBLICATIONS**

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Kau, C., & Tagorda, M. (2016, March). Peer to professional: Navigating the transition. *Academic Advising Today*, 39(1)

<http://www.nacada.ksu.edu/Resources/Academic-Advising-Today/View-Articles/Peer-to-Professional-Navigating-the-Transition.aspx#sthash.fGRPbFwY.dpuf>

Sponsored by the Advisor Training & Development Commission

Nelson-Hurwitz DC and Tagorda M (2015). Developing an Undergraduate Applied Learning Experience. *Front. Public Health*, 3:2

Hwang, P., Konishi, M., Tagorda, M., Shiratori, N., Guo, M., Gonzales, C., McMillan, A.J., & Nigg, C.R. (2013) Identifying evidence-based practice needs for substance abuse in Hawai'i. *Annals of Behavioral Medicine*, 45, S241

### **Manuscripts Pending Resubmission**

Kim, S, Rathke, M, Tagorda, M, and Nigg, C. Validation of Stages of Change for Physical Activity among Minority Adolescents. *Journal of Health Psychology*

Tagorda, M, Rathke, M, Nigg, C. Validation of Stages of Change for Fruit and Vegetable Consumption of Predominantly Filipino Adolescents. *Journal of Public Health Nutrition*

### **Manuscripts in Preparation**

Rathke, M, Tagorda, M, Nigg, C. Predicting fruit and vegetable consumption in Asian American and Pacific Islander (AAPI) adolescents through nutrition knowledge, self-efficacy and stage of change.

Nelson-Hurwitz DC, Tagorda M, Cooney, RV. Development of an Undergraduate BA Public Health Program in Hawaii. *Frontiers in Public Health*.

Nelson-Hurwitz DC & Tagorda M. Development of an Undergraduate Introductory Core. *Public Health Reports*.

### **Reports**

Ola Toolkit, Hawai'i Primary Care Association & State of Hawai'i Department of Health

Alcohol and Drug Abuse Division Epidemiology and Evaluation report, State of Hawai'i Department of Health Alcohol and Drug Abuse Division (ADAD)


## **CERTIFICATIONS**

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Tobacco Treatment Specialist

Mayo Clinic

Training: July 13 – July 17, 2015

safeTALK Suicide Alertness  
Hawai'i State Department of Health  
Training: March 10, 2015

Collaborative IRB Training Initiative (CITI) Human Subjects Training Program  
Health information privacy and security  
Social and behavioral research  
Expiration: January 1, 2017

## LEADERSHIP

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<i>Organization</i>	<i>Position</i>
National Association of Student Personnel Administrators (NASPA) Region VI Knowledge Community Advisory Board	Representative for the Wellness and Health Promotion Knowledge Community
University of Hawai'i Board of Regents	Regent Co-Chair – Academic and Student Affairs Committee Member – Intercollegiate Athletics Committee Member – Planning and Facilities Committee Chair – Student Affairs Committee Co-Chair – Intercollegiate Athletics Committee Member – Academic Affairs Committee Member – Legislative Task group Member – Divestment Task group
Council of Academic Advisors	Department Representative
Hawai'i Public Health Association (HPHA)	Student Representative
Public Health Hui Ola Pono	Media Coordinator
University of Hawai'i at Mānoa Campus Center Board	Secretary Chair – Campus Relations President Chair – Executive President-Elect Chair – Rules & Policies Secretary Chair – Campus Relations Member

Campus Relations Committee  
Budget & Finance Committee

Mortar Board National Honor Society  
First Year Programs  
Access to Student Excellence (ACE)  
University of Hawai'i at Mānoa

Vice President  
Peer Mentor

New Student Orientation (NSO)  
University of Hawai'i at Mānoa

New Student Orientation Leader  
Warrior Welcome Week Leader

Residence Hall Association (RHA)  
University of Hawai'i at Mānoa

Executive Board Member

Student Body Government  
Kea'au High School

Senior Class President  
Junior Class Secretary  
Fundraising Chair  
Sophomore Class President  
Freshmen Class Vice-President



**SERVICE**

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Honors Committee Member  
Office of Public Health Sciences, University of Hawai'i at Mānoa



National Academic Advising Association (NACADA)  
Program Reviewer - 2016 NACADA Annual Conference Diversity, Inclusion, and Social Justice Track.



Student Affairs Administrators in Higher Education (NASPA)  
Program Reviewer - Civic Learning and Democratic Engagement Meeting



The Coalition for a Drug Free Hawai'i

Curriculum Committee  
Office of Public Health Sciences, University of Hawai'i at Mānoa

Undergraduate Education Committee  
Office of Public Health Sciences, University of Hawai'i at Mānoa

Public Health Hui Ola Pono Student Organization  
Office of Public Health Sciences, University of Hawai'i at Mānoa

Psi Chi, National Psychological Honor Society  
University of Hawai'i at Mānoa

Mortar Board National Honor Society



University of Hawai'i at Mānoa

Office of Multicultural Student Services: Bin-I Program  
University of Hawai'i at Mānoa

Pre-Medical Association (PMA)  
University of Hawai'i at Mānoa

Active Member Status: Fall 2008, Fall 2009, Spring 2013  
Bronze Member Award: Fall 2009

Emergency Room Volunteer  
Hilo Medical Center

Lector  
Sacred Hearts Catholic Church – Pahoa, HI

Pharmacy Volunteer  
Hilo Medical Center

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#### PROFESSIONAL MEMBERSHIP

Student Affairs Administrators in Higher Education (NASPA)

Hawai'i-Pacific Evaluation Association (H-PEA)

National Academic Advising Association (NACADA)

American Public Health Association (APHA)

Hawai'i Public Health Association (HPHA)

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#### TEACHING EXPERIENCE

<i>Role</i>	<i>Course</i>
Guest Lecturer	PH 489 – Capstone Seminar Applying to Graduate Schools CV/Resume, Letters of Recommendation, Interviewing Skills Qualitative Research Methodologies & Analytic Tools
	PH 480 – Application of Public Health Principles CV/Resume, Letters of Recommendation, Interviewing Skills
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## **PRESENTATIONS**

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### **American Public Health Association (APHA) 2015 Annual Meeting Conference**

November 2, 2015: Chicago, IL

*Establishing the Hawai'i Working Group on Climate Change and Health: Encouraging public health focus on the impacts of climate change through intersectoral collaboration, key partnerships and greater community involvement*

### **NACADA Region 9 Conference – Concurrent Session**

March 6, 2015: Honolulu, HI

*New program, new possibilities: Building an advising unit with students in mind*

### **American Public Health Association (APHA) 2014 Annual Meeting Conference**

November 17, 2014: New Orleans, LA

*Best Student Activities at Affiliates Across the Nation: Hawai'i Public Health Association*

### **Pre-Health/Pre-Law Advising Center Workshop**

October 9, 2012: Honolulu, HI

*Writing Your Personal Statement*

January 31, 2012: Honolulu, HI

*Medical School Applications and Letters 2013: M.D. & D.O*

Fall 2011: Honolulu, HI

*Imi Ho'ola Post-Baccalaureate Program Presentation Coordinator*

Spring 2011, Honolulu, HI

*Medical College Admissions Test (MCAT)*

### **Alcohol and Drug Abuse Division Epidemiology and Evaluation Team**

July 12, 2012: Hilo, HI

July 13, 2012: Kona, HI

July 17, 2012: Kapolei, HI

*What Is Evidence-Based Practice? Implementation and Evaluation*

### **University of Hawai'i Cancer Center Internship Project Presentation**

Summer 2011: Honolulu, HI

*Determination of the Clonal pattern in Malignant Mesothelioma*

### **University of Hawai'i at Mānoa Office of Admissions**

February 28, 2011: Hilo, HI

*Accepted Student Reception Student Speaker*

### **Co-Author**

#### **West Clinical Translational Research -Infrastructure Network Conference**

June 8-10, 2015: Las Vegas, Nevada \*Presenter

*Theory-Based Environmental Stress Management Intervention for Universities*

\*Claudio Nigg, PhD; Jay Armenta, MPH; Kristin Bacon, CIP; Nikolas Bonifacio, BA;

Jessica Fabrigas MPH, Jennifer Fonseca, BA; Kathleen Johnson, BS; Matthew

Katekaru, BA; Ian Lagua, BA; Sande Nitta, BA; Chelsea Pulido, MPH; Michelle

Tagorda, MPH; Maya Uemoto, BS; Yuka Yamazaki, MD, PhD; A Self-Determination .





**CONFERENCES ATTENDED**

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**Student Affairs Administrators in Higher Education (NASPA) Western Regional Conference**

████████████████████ Oakland, CA

**American Public Health Association 143rd Annual Meeting and Exposition**  
October 31 - November 4, 2015: Chicago, IL

**Complete College America**

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**National Academic Advising Association (NACADA) 39<sup>th</sup> Annual Conference**  
October 4-7, 2015: Las Vegas, NV

**Office of Language Access 8th Annual Hawaii Conference on Language Access – Language access, social justice, and Hawai‘i’s COFA residents**  
August 14, 2015: Honolulu, HI

**National Academic Advising Association (NACADA) Region 9 Conference**  
March 4-5, 2015: Honolulu, HI

**Cross Cultural Healthcare Conference**  
January 16-17, 2015: Honolulu, HI

**American Public Health Association 142nd Annual Meeting and Exposition**  
November 15-19, 2014: New Orleans, LA

**Ho‘okele: Navigating the Way to a Healthy, Sustainable Future**  
October 3, 2014: Honolulu, HI

**2014 Hawai‘i Health Workforce Summit**  
August 1, 2014: Honolulu, HI

**Hawai‘i Health Care Summit 2013**  
November 29, 2013: Honolulu, HI

**2013 Association of College Unions International (ACUI) Region 15 Conference**

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**92nd Association of College Unions International (ACUI) Annual Conference**

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**CULTURAL AWARENESS**

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**Katipunan, University of Hawai'i at Mānoa**

[REDACTED] Drama Fest, Group Co-Coordinator

[REDACTED] Song Fest , Group Co-Coordinator (3rd place), Class Editor – Katipunan Magazine

[REDACTED] Drama Fest, Group Co-Coordinator (2nd place)

[REDACTED]: Song Fest, Group Member (3rd place)

**Filipino language - Tagalog: Basic understanding, speaking, reading, writing skills**

**Filipino language - Ilokano: Basic understanding**

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