

GOV. MSG. NO. 575

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EDUCATION

Interdisciplinary Certificate in Disability and Diversity Studies

University of Hawai'i, Honolulu, Hawai'i

Masters of Social Work

University of Hawai'i, Honolulu, Hawai'i

Bachelors of Social Work, Summa Cum Laude

Hawai'i Pacific University, Honolulu, Hawai'i Alpha Chi, Psi Chi, and Phi Alpha Honor Societies

LICENSURE

Licensed Clinical Social Worker

State of Hawai'i, Department of Commerce and Consumer Affairs

Certified Substance Abuse Counselor

State of Hawai'i, Department of Health, Alcohol and Drug Abuse Division

Internationally Certified Alcohol and Drug Abuse Counselor

International Certification & Reciprocity Consortium

EXPERIENCE

12/2014 - Recovery and Resiliency Manager

Present UnitedHealthcare Community Plan – Optum Behavioral Health Solutions

Honolulu, Hawai'i

UnitedHealthcare Community Plan is a health benefits company of UnitedHealth Group. As the manager of Hawai'i's Recovery and Resiliency Unit, I am responsible for facilitating initiatives, activities, and services that ensure recovery-oriented principles and practices are actively considered and implemented in all aspects of care. In addition, I have the privilege of supervising the team's Certified Peer Specialist, an adult in recovery from a serious mental illness who was certified by the State of Hawaii's Department of Health to deliver various forms of treatment and support services to members (mental health consumers) with similar conditions.

05/2012 – Monitoring Coordinator

11/2014 Hawai'i State Department of Health, Office of Program Improvement and Excellence (OPIE)

Honolulu, Hawai'i

The OPIE provides technical and analytic support, project management, and consultation in health care quality management, utilization management, performance measurement, practice development, and provider monitoring to the Department of Health's Behavioral Health Administration. In addition, the OPIE assists with applying for and helping implement various federal grants and Department initiatives. As the Monitoring Coordinator, I analyzed, assisted with, and proposed new methods for effectively and efficiently monitoring contracted providers, facilitated mental health consumer advisory boards (including the Hawai'i Certified Peer Specialist Advisory Council), helped manage various Department initiatives across different Divisions and behavioral health providers (e.g., Hawai'i's Primary and Behavioral Health Care Integration Initiative [i.e. Living Well Hawai'i Project], Hawai'i Pathways Project), launched websites to support staff across different agencies and programs, wrote grants (see Grant Writing), organized a curriculum and trained staff in Integrated Treatment for Co-occurring Disorders, assisted with various practice development activities for the Department (e.g., Design Thinking), organized data management and evaluation plans for the Hawai'i Pathways Project and the Living Well Hawai'i Project, organized training events, created online, cloud-based project dossiers, supervised graduate social work intern students at Central Oahu Community Mental Health Center, and developed marketing plans





and materials (e.g., videos) to support recruitment and enrollment efforts for the Living Well Hawai'i Project. In May 2014, I received an award from the Governor of the State of Hawai'i and the Director of Health for my work on the Cooperative Agreement to Benefit Homeless Individuals (i.e., Hawai'i Pathways Project). In October 2014. I received a second award from the Director of Health for my work on the Primary and Behavioral Health Care Integration Initiative.

03/2011 - Lead Evaluator (Part-Time)

05/2012 Hawai'i State Department of Health, Child and Adolescent Mental Health Division Project Kealahou (SAMHSA Child Mental Health Initiative; SM059024) Honolulu, Hawai'i

Project Kealahou is a six-year Substance Abuse and Mental Health Services Administration (SAMHSA) System of Care grant that aims to work across child-service systems to provide trauma-informed, gender-responsive, family-centered treatment services to adolescent girls who have experienced significant trauma. As the Lead Evaluator, I supervised and trained evaluation staff in collecting, managing, and submitting data for the National Evaluation of the Comprehensive Community Mental Health Services for Children and their Families Program. I developed protocols for collecting mental health services data to inform the project's process evaluation, organized dossiers to help inform the process evaluation, guided continuous quality improvement activities, and created a staff support website that provided staff access to different forms, calendars, policies and procedures, and information on different resources in the community.

01/2011 - Research Associate (Volunteer)

03/2012 University of Hawai'i, Myron B. Thompson School of Social Work Honolulu, Hawai'i

I assisted with developing the data management and evaluation plan to assist an indigenous, early intervention education program. I assisted with collective and analyzing data and writing evaluation reports.

03/2009 - Team Leader

08/2011 Helping Hands Hawai'i

Community Based Case Management (CBCM) & Community Based Care Coordination (CBCC) Programs Honolulu, Hawai'i

Helping Hands Hawai'i's CBCM and CBCC programs provide care coordination, case management, 24-hour crisis management, psychiatric services, and recovery-oriented support services to adults with serious mental illness. As the Team Leader, I supervised 12 case managers, 2 nurses, and 2 graduate social work practicum students. I revised existing policies and procedures to better guide CBCM and CBCC services. I trained staff in organizing comprehensive, strengths-based case assessments and implemented recovery-oriented standards for developing master recovery (treatment) plans. I assumed responsibility for training staff, and guiding the program's quality improvement activities. I also launched a staff support intranet site that ensured all staff had access to all policies and procedures, schedules, and community resources. In 2010, United Self-Help, a consumer-run support organization, recognized the CBCM program as Treatment Team of the Year for the State of Hawai'i.

06/2005 – Evaluation Coordinator

03/2009

University of Hawai'i, Mental Health Services Research, Evaluation, and Training (MHSRET) Program Honolulu, Hawai'i

The MHSRET Program was a collaborative project between the Hawaii State Department of Health's Adult Mental Health Division (AMHD) and the University of Hawaii. The MHSRET program provided support to the State Mental Health Authority through grant writing, data management and program evaluation, workforce development, and management information systems. As the Evaluation Coordinator, I assisted the Lead Evaluator with meeting evaluation requirements for the Evidence Based Training and Evaluation Grant (SM56159), Mental Health Transformation State Incentive Grant (SM57457), and State Incentive Grant for Treatment of Persons with Co-Occurring Substance Related and Mental Disorders (COSIG; TI15351). In addition, I developed protocols for collecting and managing data for different research initiatives, prepared institutional review board applications, trained and supervised evaluation staff, oversaw recruitment and retention of human



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subjects in a three-year cross-site evaluation study, and conducted fidelity assessments for three evidence-based practices in behavioral health (i.e., Integrated Treatment for Co-Occurring Disorders, Assertive Community Treatment, and Illness Management and Recovery).

05/2005 –

Youth-to-Adult Transition Specialist

12/2006

University of Hawai'i, Mental Health Services Research, Evaluation, and Training (MHSRET) Program

&

Hawai'i State Department of Health, Adult Mental Health Division

Honolulu, Hawai'i

The State Council on Mental Health approved Mental Health Block Grant monies to fund a short-term, continuous quality improvement project that aimed to enhance transition service processes between the child and adult mental health systems. As the Youth-to-Adult Transition Specialist, I introduced and helped implement standard operating procedures to improve current processes for transitioning youth from the Department of Health's Child and Adolescent Mental Health Division (CAMHD) to the AMHD, monitored referrals from the CAMHD, and supported CAMHD staff involved in transition efforts.

06/2004 -

Graduate Social Work Intern

05/2005

Hawai'i State Department of Health, Adult Mental Health Division

Honolulu, Hawai'i

I aided the Division with improving its capacity to serve adults with co-occurring serious mental illness and substance use disorders by training providers to systematically screen consumers for substance use, and developing agency-specific databases that helped inform management with allocating different resources.

06/2003 -

Social Work Intern

05/2004

Helping Hands Hawai'i, Assertive Community Treatment (ACT) Program

Honolulu, Hawai'i

I facilitated and organized a curriculum for an intensive outpatient treatment group that focused on illness management, medication management, and relapse prevention for adults with co-occurring serious mental illness and substance use disorders.

TEACHING

08/2011 -

Instructor, Distance Education

Present

University of Hawai'i, Myron B. Thompson School of Social Work

Honolulu, Hawai'i

Summer 2015

Social Work 699: Introduction to Integrated Treatment for Co-Occurring Disorders

Fall 2014

Social Work 699: Directed Reading and Research in Social Work: Health Care Quality Management

Spring 2014

Social Work 725: Seminar in Social Work Practice in Behavioral Health

Fall 2013

Social Work 724: Seminar in Social Work Practice in Behavioral Health

Summer 2013

Social Work 650: Research Designs and Data Analyses for the Evaluation of Practice Effectiveness

Fall 2011

Social Work 606: Social Work Practice with Individuals

01/2011 -

Teaching Assistant

05/2011

University of Hawai'i, Myron B. Thompson School of Social Work

Honolulu, Hawai'i

Social Work 650: Research Designs and Data Analyses for the Evaluation of Practice Effectiveness

PUBLICATIONS

Edited Book

Stotzer, R. & Rocchio, C. (In Press). Giving voice to urban and rural social service providers: recessionary effects on the provision of services in Hawai'i. In J.F. Cook, K. Alford, J. Uhrich, & P. Conway (Eds.). Rural families in reshaping human services. Taylor & Francis Group.

Encyclopedia

Wurtzburg, S. & Rocchio, C. (2014). *Culture and mental illness*. In Cockerham, Dingham, & Quah (Eds.), Wiley-Blackwell Encyclopedia of Health, Illness, Behavior, and Society. Oxford, UK: Wiley-Blackwell.



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Wurtzburg, S. & Rocchio, C. (2014). *Diagnosis and culture*. In Scull (Ed.), Cultural Sociology of Mental Illness: An A to Z Guide. Thousand Oaks, CA: Sage Publications Incorporated.

Refereed Journals Stotzer, R. & Rocchio, C. (2013) Giving voice to urban and rural social service providers: recessionary effects on the provision of services in Hawai'i. *Journal of Family Social Work, 16,* 20 – 35.

Technical Reports Morelli, P., Mataira, P., Rocchio, C., Foley, S., & Okada, V. (2011, December). *Na Kamalei: Lei Aku, Lei Mai project first year (2010 -2011) evaluation report.* Honolulu: University of Hawaii, Myron B. Thompson School of Social Work.

Jablonski, H., Rocchio, C., & Steffen, J. (2008, December). *Evidence-Based Practice and Evaluation Grant: final progress report* (Technical Report No. 081223). Honolulu: University of Hawaii, Social Science Research Institute, Mental Health Services Research, Evaluation, and Training Program.

Rocchio, C. & Awai, E. (2008, December). *Hawai'i Certified Peer Specialist steering committee report* (Technical Report No. 081212). Honolulu: University of Hawaii, Social Science Research Institute, Mental Health Services Research, Evaluation, and Training Program.

Jablonski, H., Beardsley, R., Rocchio, C., Wilson, D., & Curcio, M. (2008, June). *Integrated Dual Disorders Treatment fidelity review report: fiscal year 2008* (Technical Report No. 080624). Honolulu: University of Hawaii, Social Science Research Institute, Mental Health Services Research, Evaluation, and Training Program.

Jablonski, H., Beardsley, R., Rocchio, C., Wilson, D., & Curcio, M. (2008, June). *Integrated Dual Disorders Treatment fidelity review report: fiscal year 2008* (Technical Report No. 080624). Honolulu: University of Hawaii, Social Science Research Institute, Mental Health Services Research, Evaluation, and Training Program.

Rocchio, C. & Awai, E. (2008, March). *Employment profile of Hawai'i Certified Peer Specialists* (Technical Report No. 080306). Honolulu: University of Hawaii, Social Science Research Institute, Mental Health Services Research, Evaluation, and Training Program.

Rocchio, C., Steffen, J., & Chao, P. (2007, October). State training and evaluation of the Evidence-Based Practices Grant: results of baseline outcome assessment scores for service recipients enrolled in the Illness Management and Self-Directed Recovery and Integrated Dual Disorders Treatment (Technical Report No. 071025). Honolulu: University of Hawaii, Social Science Research Institute, Mental Health Services Research, Evaluation, and Training Program.

PRESENTATIONS

Peer-Reviewed Presentations Rocchio, C. (2015, April 16). *Designing an award-winning, quality-driven, interactive, and effective distance education class.* Paper presented at the Council on Social Work Education and Indiana University School of Social Work's Social Work Distance Education Conference. Indianapolis, Indiana.

Rocchio, C. (2013, November 3). *Integrating primary and behavioral health care: innovation to implementation.* Paper presented at the Council on Social Work Education Annual Program Meeting. Dallas, Texas.

Rocchio, C. & Stotzer, R. (2013, November 2). Student evaluations of modality effectiveness in a distance education MSW program. Paper presented at the Council on Social Work Education Annual Program Meeting. Dallas, Texas.

Fuke, K., Krahn, K., Rocchio, C., & Sato, D. (2013, April 29). Hawaii's primary and behavioral health care integration initiative. Paper presented at the Center on Disability Studies, Pacific Rim International Conference on Disability and Diversity. Honolulu, Hawaiii

Rocchio, C. & Stotzer, R. (2012, November 11). *Emancipatory disability research and social work*. Roundtable presented at the Council on Social Work Education Annual Program Meeting. Washington, D.C.

Rocchio, C. (2012, September 8). *Implementing individual-level practice profile reports to support data-based clinical decisions within systems of care.* Symposium presented at the Hawai'i-Pacific Evaluation Association, 2012 Annual Conference. Kaneohe, Hawai'i.





Rocchio, C. (2012, March 26). *Emancipatory disability research: are we empowering people with disabilities?* Poster presented at the Center on Disability Studies, Pacific Rim International Conference on Disability and Diversity. Honolulu, Hawai'i.

Trainings

Rocchio, C. & Kaneshiro, I. Preparing for a successful internship as a peer support specialist working with adults with serious mental illness and substance use disorders. Trainer for the 2015 Hawai'i State Department of Health Adult Mental Health Division's 2015 Hawai'i Certified Peer Specialist Training. Honolulu, Hawai'i

Rocchio, C. Introduction to Integrated Treatment for Co-Occurring Disorders, an evidence-based practice for adults with serious mental illness and c-occurring substance related disorders. Trainer for the Hawai'i State Department of Health Adult Mental Health Division's 2014 Hawai'i Certified Peer Specialist Training. Honolulu, Hawai'i.

Lectures

Rocchio, C. (2014, December 1). An introduction to evidence-based practices in behavioral health, treatment fidelity, housing first, and harm reduction. Guest lecture for Social Work 640, Introduction to Scientific Methods and Principles in Social Work, University of Hawai'i. Honolulu, Hawai'i.

Rocchio, C. (2014, September 30). *Introduction to recovery in behavioral health*. Guest Lecture for Social Work 659, Human Behavior in the Social Environment, University of Hawai'i. Honolulu, Hawai'i.

Rocchio, C. (2013, March 19). Building an evidence-based culture in behavioral health care settings: Bridging the gap between science and practice. Guest Lecture for Social Work 741, Review of Research in Social Work, University of Hawai'i. Honolulu, Hawai'i.

Rocchio, C. (2012, October 1). Building an evidence-based culture in behavioral health care settings: Bridging the gap between science and practice. Guest Lecture for Social Work 741, Review of Research in Social Work, University of Hawai'i. Honolulu, Hawai'i.

Rocchio, C. (2012, December 12). Building an evidence-based culture in behavioral health care settings: Bridging the gap between science and practice. Guest Lecture for Social Work 741, Review of Research in Social Work, University of Hawai'i. Honolulu, Hawai'i.

Morelli, P. & Rocchio, C. (2011, August 3). *Na Kamalei & program evaluation: honoring indigenous values, achieving outcomes, and empowering a community.* Guest Lecture for Social Work 624, Community Organization, University of Hawai'i. Honolulu, Hawai'i.

Invited Talks

Rocchio, C. (2014, November 13). An introduction to integrated treatment for co-occurring disorders, stages of change, and harm reduction. Steadfast Housing Development Corporation Semi-Annual Training. Honolulu, Hawai'i.

Krahn, K., Rocchio, C., & Tamoria, S. (2014, October 3). Living well program/behavioral health integration. 2014 Hawai'i Primary Care Association Conference - Ho'okele: Navigating the way to a Healthy, Sustainable Future. Honolulu, Hawai'i

Rocchio, C. (2014, August 2). Foundations of professional writing in social work practice. E Komo Mai: University of Hawai'i, Myron B. Thompson School of Social Work's Distance Education Program, Masters in Social Work New Student Orientation. Honolulu, Hawai'i.

Rhoads-Merriam, K. & Rocchio, C. (2014, July 23). *Recovery models in action: why peer support is essential.* 27th Annual Hawai'i Mental Health Consumer Conference – Resilient Warriors: Engaging Ourselves in Recovery. Honolulu, Hawai'i.

Algoso, A., Krahn, K., & Rocchio, C. (2014, March 10). *Establishing authentic partnerships to create trauma-informed care environments*. 11th Annual Hawai'i Conference: Preventing, Assessing & Treating Child, Adolescent & Adult Trauma. Honolulu, Hawai'i.

Brown, L., Cross, T., Foster, T., Martinez, K., Ornellas, B., Roberts, T., & Rocchio, C. (2011, July 18). A "mission not impossible": elimination of mental health disparities... the strategy: cultural and linguistic competence.



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Comprehensive Community Mental Health Services for Children and Their Families Program, Summer 2011 Systems of Care Training. Chicago, Illinois

				grant.	
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University of Hawai'i at Manoa Excellence in Online Teaching Award

Office of Faculty Development and Academic Support & Center for Teaching Excellence, Honolulu, Hawai'i

National Association of Social Workers - Hawai'i Chapter: Student Services Scholarship Recipient

Honolulu, Hawai'i

Richard S. & T. Rose Takasaki Scholarship Recipient

University of Hawai'i, Honolulu, Hawai'i

Sentaro & Laurel T. T. Kaneda Scholarship Recipient

University of Hawai'i, Honolulu, Hawai'i

Richard S. & T. Rose Takasaki Scholarship Recipient

University of Hawai'i, Honolulu, Hawai'i

Richard S. & T. Rose Takasaki Scholarship Recipient

University of Hawai'i, Honolulu, Hawai'i

MEMBERSHIPS & AFFILIATIONS

2015 - Present Grant Reviewer, United States Department of Health and Human Services, Substance Abuse and Mental Health

Services Administration

2012 – Present Reviewer, Perspectives on Social Work Journal

2012 – Present Member, National Association of Social Workers

2012 – 2014 Member, Hawai'i Pacific Evaluation Association

GRANT WRITING

2014 Cooperative Agreement to Benefit Homeless Individuals for States Supplement: Hawai'i Pathways Project.

Funder: United States Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services and Center for Substance Abuse Treatment. **Co-writer.**

Amount: \$993,259

2014 Primary and Behavioral Health Care Integration Initiative (SM060159). Funder: United States Department of

Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental

Health Services. Co-writer. Amount: \$1,590,143

2013 Cooperative Agreement to Benefit Homeless Individuals for States: Hawai'i Pathways Project (TI025340).

Funder: United States Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services and Center for Substance Abuse Treatment. **Co-writer.**

Amount: \$2,135,454.

2005 Youth Transition Grant. Funder: Hawaii Mental Health Block Grant. Co-writer. Amount: \$40,000

SERVICE

Boards

Committees &

Board of Directors, Vice Chairperson

Kaneohe Higashi Hongwanji

2001 - 2014

Assembly Member & Representative for the Myron B. Thompson School of Social Work

University of Hawai'i, Graduate Student Organization

2012 - 2013