JAN 2 3 2015

A BILL FOR AN ACT

RELATING TO AFTERSCHOOL PROGRAMS FOR ELEMENTARY SCHOOL STUDENTS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. The legislature finds that in the United
- 2 States, more than one-fourth of school-age children are left
- 3 alone and unsupervised during after-school hours. The majority
- 4 of these children are elementary and intermediate school
- 5 students, who are at a time in life when various types of
- 6 temptations surround them.
- 7 The legislature further finds that to counter such problems
- 8 at the elementary school level in Hawaii, the afterschool plus
- 9 (A+) program was created in 1990 to provide an avenue to keep
- 10 elementary school students in a safe and nurturing environment
- 11 from the time the school day ends until the time that these
- 12 children are picked up by their families. Moreover, the
- 13 legislature finds that the A+ program has been operating
- 14 successfully for the past decade, with more than eighteen
- 15 thousand elementary school students enrolled in A+ programs in
- 16 more than one hundred eighty elementary schools statewide.
- 17 Approximately two-thirds of A+ program sites are managed by



- 1 independent contractors, such as the YMCA and Kamaaina Kids, and
- 2 one-third are managed by department of education personnel.
- 3 The legislature further finds that for the past decade, an
- 4 evidence-based physical-activity and nutritional-education
- 5 program called Fun 5 has been operating successfully in nearly
- 6 all of these locations as an integral part of the A+ program.
- 7 The Fun 5 program provides training for all A+ program group
- 8 leaders, the personnel who work directly with the children;
- 9 supplies manuals and playground equipment; and provides hands-on
- 10 instruction for physically active games and nutritional
- 11 enlightenment.
- 12 In addition, the legislature finds that the Fun 5 program,
- 13 which for many of its participants is the only organized
- 14 physical activity that they experience in a day, has shown
- 15 positive results in boosting the children's level of physical
- 16 activity, reducing their rate of obesity, and increasing their
- 17 consumption of fruits and vegetables. These achievements are
- 18 accomplished through a hands-on and enjoyable program that
- 19 promotes five servings of fruits and vegetables per day and at
- 20 least thirty minutes of active physical exercise five days per
- **21** week.



1 The legislature further finds that the kind of physical and 2 nutritional activities that exist in this evidence-based 3 physical-activity and nutritional-education program are and 4 should be an integral part of the A+ program. However, since 5 the establishment of the Fun 5 program a decade ago, nearly all 6 funding for this program has come from private donations, a 7 situation which has become significantly more difficult to 8 maintain and which has substantially diminished the potential 9 impact of the program. **10** The legislature further finds that the overall cost of 11 operating the Fun 5 program averages approximately \$1 per child 12 per month, which covers the training activities and equipment 13 replenishment requirements for after-school activities but not 14 the data collection necessary to sustain the program. Given the 15 vital importance of physical activity and healthy eating to 16 optimal childhood development and obesity prevention, the **17** legislature finds that it is essential that funding for an 18 evidence-based physical-activity and nutritional-education 19 program be institutionalized within the budget of the A+ program **20** itself.

1	The purpose of this Act is to establish an evidence-based
2	physical-activity and nutritional-education pilot program within
3	the A+ program.
4	SECTION 2. (a) There is established within the department
5	of education's after-school plus program, the A+ program, an
6	evidence-based physical-activity and nutritional-education pilot
7	program. The pilot program shall provide regular physical
8	exercise and nutritional education in a manner that promotes
9	active participation as an integral part of the A+ program and
10	that meets the State's goals for a healthy diet and adequate
11	exercise. The pilot program shall be for five years, ending on
12	June 30, 2020.
13	(b) Any funding for the pilot program shall be included
14	within the A+ program budget and shall include funding for:
15	(1) Support for training of all A+ program coordinators
16	and group leaders;
17	(2) Necessary playground equipment and nutritional tools;
18	(3) Collection of data for the pilot program; and
19	(4) Periodic evaluation of the effectiveness of the pilot
20	program.

- 1 (c) The organization and management of training, data
- 2 collection and management, and equipment replenishment for the
- 3 pilot program shall be carried out by an independently-
- 4 contracted private entity, under the supervision of the
- 5 department of education.
- **6** (d) The department of education may establish
- 7 participation fees within the A+ program in an amount sufficient
- 8 to maintain the pilot program in all elementary schools operated
- 9 by the department of education.
- 10 (e) The private entity independently contracted pursuant
- 11 to subsection (c), in conjunction with the department of
- 12 education, may seek funds from other public and private sources
- 13 to supplement the costs of managing, expanding, and improving
- 14 the pilot program.
- 15 (f) The department of education may adopt rules pursuant
- 16 to chapter 91, Hawaii Revised Statutes, to implement this
- 17 section.
- 18 SECTION 3. There is appropriated out of the general
- 19 revenues of the State of Hawaii the sum of \$ or so much
- 20 thereof as may be necessary for fiscal year 2015-2016 and the

- 1 same sum or so much thereof as may be necessary for fiscal year
- 2 2016-2017 for the purposes of this Act.
- 3 The sums appropriated shall be expended by the department
- 4 of education for the purposes of this Act.
- 5 SECTION 4. There is appropriated out of the general
- 6 revenues of the State of Hawaii the sum of \$ or so much
- 7 thereof as may be necessary for fiscal year 2015-2016 and the
- 8 same sum or so much thereof as may be necessary for fiscal year
- 9 2016-2017 for the payment of after-school plus program fees,
- 10 including those for an evidence-based physical-activity and
- 11 nutritional-education pilot program, for the children of
- 12 families who are eligible for the temporary assistance for needy
- 13 families program.
- 14 The sums appropriated shall be expended by the department
- 15 of human services for the purposes of this Act.
- 16 SECTION 5. This Act shall take effect on July 1, 2015

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INTRODUCED BY: hihlle Sklane

Report Title:

Afterschool Programs; Elementary-School Students; Appropriation

Description:

Establishes a five-year evidence-based physical-activity and nutritional-education pilot program within the A+ Program in Hawaii's public elementary schools. Makes appropriations.

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