From:	mailinglist@capitol.hawaii.gov	
To:	HTHTestimony	
Cc:	celia.c.suzuki@dcca.hawaii.gov	
Subject:	Submitted testimony for SB2577 on Jan 27, 2014 13:30PM	
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<u>SB2577</u>

Submitted on: 1/25/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submittee	l By Orga	anization Tes	tifier Position Present at Hearing
Celia Suz	uki C	OCCA Co	mments Only Yes

Comments: Someone from the Board of Naturopathic Medicine will be present to testify.

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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PRESENTATION OF THE BOARD OF NATUROPATHIC MEDICINE

TO THE SENATE COMMITTEE ON HEALTH

TWENTY-SEVENTH LEGISLATURE Regular Session of 2014

Monday, January 27, 2014 1:30 p.m.

TESTIMONY ON SENATE BILL NO. 2577, RELATING TO NATUROPATHIC PHYSICIANS.

TO THE HONORABLE JOSH GREEN, M.D., CHAIR, AND MEMBERS OF THE COMMITTEE:

My name is Dr. Kevin Gibson, Chairperson of the Board of Naturopathic Medicine ("Board"). The Board has not had an opportunity to meet and establish an official position on this measure. However, the Board is scheduled to meet on February 7, 2014, to discuss Senate Bill No. 2577.

Although the Board has not yet met to discuss this bill, the Board supported the passage of Act 22, Special Session 2009 ("Act 22"), which permitted naturopathic physicians to prescribe, administer and dispense substances pursuant to the naturopathic formulary which is established by the Board. Naturopathic physicians have been prescribing pursuant to the naturopathic formulary, which includes legend drugs, since January 1, 2010. It is the Board's position that naturopathic physicians are educated and trained to prescribe legend drugs and are knowledgeable about legend drugs that are consistent with the practice of naturopathic medicine¹. To date, the Board is not aware of any complaints pertaining to patient harm due to prescribing from the naturopathic formulary since the inception of Act 22.

Thank you for the opportunity to provide testimony on Senate Bill No. 2577.

¹ As discussed at its February 19, 2010 meeting.



HAWAII MEDICAL ASSOCIATION 1360 S. Beretania Street, Suite 200, Honolulu, Hawaii 96814 Phone (808) 536-7702 Fax (808) 528-2376 www.hmaonline.net

DATE: Monday, January 27, 2014TIME: 1:30PMPLACE: Conference Room 229

TO: <u>COMMITTEE ON HEALTH</u> Senator Josh Green, Chair Senator Rosalyn H. Baker, Vice Chair

FROM: Hawaii Medical Association
 Dr. Walton Shim, MD, President
 Dr. Linda Rasmussen, MD, Legislative Co-Chair
 Dr. Ron Keinitz, DO, Legislative Co-Chair
 Dr. Christopher Flanders, DO, Executive Director
 Lauren Zirbel, Community and Government Relations

Re: SB 2277 RELATING TO NATUROPATHIC PHYSICIANS

Position: Support SB 2277

The Hawaii Medical Association is submitting testimony in support of SB 2577.

We urge the committee to consider the issue on the basis of the safety of Hawaii patients. HMA would appreciate a board viewing the Naturopathic formulary to be in line with formularies for other states and the level of supervision in other states. HMA understands that its support of this legislation, as well as its opposition to parts of the 2009 legislation, has been misinterpreted. Despite the fact that to some it may appear at first glance to be divisive, we are compelled to show support based on the principle of consumer protection.

Naturopathic medicine may be an option for some citizens of our state, and our support of this bill is not intended to be an assault on naturopathic philosophy, nor an attempt to prevent the ability of a patient to choose natural therapies, should they desire. The HMA supports allowing naturopaths to practice natural medicine, as they were trained, with utilization conventional medications only as determined

OFFICERS PRESIDENT - WALTON SHIM, MD PRESIDENT-ELECT – ROBERT SLOM SECRETARY - THOMAS KOSASA, MD IMMEDIATE PAST PRESIDENT – ROGER KIMURA, MD TREASURER – BRANDON LEE, MD EXECUTIVE DIRECTOR – CHRISTOPHER FLANDERS, DO by a multi-disciplinary board to be safely within their scope of education and training.

Naturopathic education differs from that received within allopathic (MDs) or osteopathic (DOs) medical schools, and has, by philosophy, fewer standards and requirements for training in in the use of allopathic/osteopathic treatment modalities. Naturopathic education focuses primarily on natural treatments. Few contact hours of study on pharmacological treatment of disease are received, and provides virtually no clinical reinforcement of pharmaceutical intervention for patients in a clinical setting.

It is important to consider whether this limited exposure to pharmaceuticals allows for safe use of the strong medications listed on the current naturopathic formulary. The list includes **psychoactive agents, cardiovascular and respiratory drugs, medical gas**, many of which can have unpredictable effects on patients. Years of study are required for MDs and DOs to gain the familiarity and knowledge to deal with the complex medical problems these drugs treat, and to recognize and treat adverse outcomes. The naturopathic board as it currently exists does not have the necessary expertise to review these matters.

There are 33 states that do not license naturopaths. Some expressly prohibit naturopathy or have repealed naturopathic provisions. Of the 17 states who do license naturopaths, most have continuing education requirements, physician supervision, and a multi-disciplinary board. Hawaii requires continuing education for physicians, and advanced practice nurses with prescriptive authority, but does not for naturopaths.

The concern for patient safety is even more critical in light of the public confusion regarding qualifications of non-physician health care practitioners, such as naturopaths. It is also important to note that Medicare and Medicaid Hawaii do not reimburse for naturopathic services, nor do many of Hawaii's health plans. Expanding the naturopathic scope of practice cannot adequately address access to care for the majority of Hawaii's population.

Please find an attached review of educational training for your information.

Thank you for the opportunity to submit testimony on this important issue.

If you are interested in reviewing California's ND statute please find it here:

California NDs

Continuing education required for licensure

60 credit hours biennially. **At least 20 being in pharmacotherapeutics**. (Cal. Bus. & Prof. Code, Ch. 8.2 § 3635)

Scope of Practice

(Cal. Bus. & Prof. Code, Ch. 8.2 § 3640 - § 3643)

...A naturopathic doctor may order diagnostic imaging studies, including X-ray, ultrasound, mammogram, bone densitometry, and others, consistent with naturopathic training as determined by the bureau, **but shall refer the studies to an appropriately licensed health care professional** to conduct the study and interpret the results...Repair and care incidental to superficial lacerations and abrasions, **except suturing**.

Rx Authority

(Cal. Bus. & Prof. Code, Ch. 8.2 § 3627)

Licensed California naturopaths may prescribe drugs or products contained in the Naturopathic formulary. As of October 2006, a Formulary Advisory Committee has been established, and is currently meeting, but has not yet produced a naturopathic formulary. **Drugs can be furnished by a naturopathic doctor "in accordance with standardized procedures or protocols developed by the naturopathic doctor and his or her supervising physician and surgeon."** *The furnishing and ordering of such drugs must occur under physician and surgeon supervision*, may include Schedule III through Schedule V controlled substances, and may be further limited to those drugs specified in the standardized procedure between the naturopathic doctor and physician and surgeon.

3627. (a) The committee shall establish a naturopathic formulary advisory subcommittee to determine a naturopathic formulary based upon a review of naturopathic medical education and training.

(b) The naturopathic formulary advisory subcommittee shall be composed of an equal number of representatives from the clinical and academic settings of physicians and surgeons, pharmacists, and naturopathic doctors.

(c) The naturopathic formulary advisory subcommittee shall review naturopathic education, training, and practice and make specific recommendations regarding the prescribing, ordering, and furnishing authority of a naturopathic doctor and the required supervision and protocols for those functions.

(d) The committee shall make recommendations to the Legislature not later than January 1, 2007, regarding the prescribing and furnishing authority of a naturopathic doctor and the required supervision and protocols, including those for the utilization of intravenous and ocular routes of prescription drug administration. The naturopathic formulary advisory subcommittee and the committee shall consult with physicians and surgeons, pharmacists, and licensed naturopathic doctors in developing the findings and recommendations submitted to the Legislature.

3640.5. Nothing in this chapter or any other provision of law shall be construed to prohibit a naturopathic doctor from furnishing or ordering drugs when all of the following apply:

(a) The drugs are furnished or ordered by a naturopathic doctor in accordance with standardized procedures or protocols developed by the naturopathic doctor and his or her supervising physician and surgeon.

(b) The naturopathic doctor is functioning pursuant to standardized procedure, as defined by subdivisions (a), (b), (d), (e), (h), and (i) of Section 2836.1 and paragraph (1) of subdivision

(c) of Section 2836.1, or protocol. The standardized procedure or protocol shall be developed and approved by the supervising physician and surgeon, the naturopathic doctor, and, where applicable, the facility administrator or his or her designee.

(c) The standardized procedure or protocol covering the furnishing of drugs shall specify which naturopathic doctors may furnish or order drugs, which drugs may be furnished or ordered under what circumstances, the extent of physician and surgeon supervision, the method of periodic review of the naturopathic doctor's competence, including peer review, and review of the provisions of the standardized procedure.

(d) The furnishing or ordering of drugs by a naturopathic doctor occurs under physician and surgeon supervision. Physician and surgeon supervision shall not be construed to require the physical presence of the physician, but does include all of the following:

(1) Collaboration on the development of the standardized procedure.

(2) Approval of the standardized procedure.

(3) Availability by telephonic contact at the time of patient examination by the naturopathic doctor.

(e) For purposes of this section, a physician and surgeon shall not supervise more than four naturopathic doctors at one time.

(f) Drugs furnished or ordered by a naturopathic doctor may include Schedule III through Schedule V controlled substances under the California Uniform Controlled

Substances Act (Division 10 (commencing with Section 11000) of the Health and Safety Code) and shall be further limited to those drugs agreed upon by the naturopathic doctor and physician and surgeon as specified in the standardized procedure. When Schedule III controlled substances, as defined in Section 11056 of the Health and Safety Code, are furnished or ordered by a naturopathic doctor, the controlled substances shall be furnished or ordered in accordance with a patient-specific protocol approved by the treating or supervising physician. A copy of the section of the naturopathic doctor's standardized procedure relating to controlled substances shall be provided upon request, to a licensed pharmacist who dispenses drugs, when there is uncertainty about the naturopathic doctor furnishing the order.

(g) The committee has certified that the naturopathic doctor has satisfactorily completed adequate coursework in pharmacology covering the drugs to be furnished or ordered under this section. The committee shall establish the requirements for satisfactory completion of this subdivision.

(h) Use of the term "furnishing" in this section, in health facilities defined in subdivisions (b), (c), (d), (e), and (i) of Section 1250 of the Health and Safety Code, shall include both of the following:

(1) Ordering a drug in accordance with the standardized procedure.

(2) Transmitting an order of a supervising physician and surgeon.

(i) For purposes of this section, "drug order" or "order" means an order for medication which is dispensed to or for an ultimate user, issued by a naturopathic doctor as an individual practitioner, within the meaning of Section 1306.02 of Title 21 of the Code of Federal Regulations.

(j) Notwithstanding any other provision of law, the following apply:

(1) A drug order issued pursuant to this section shall be treated in the same manner as a prescription of the supervising physician.

(2) All references to prescription in this code and the Health and Safety Code shall include drug orders issued by naturopathic doctors.

(3) The signature of a naturopathic doctor on a drug order issued in accordance with this section shall be deemed to be the signature of a prescriber for purposes of this code and the Health and Safety Code.

AMA Scope of Practice Data Series

A resource compendium for state medical associations and national medical specialty societies

Naturopaths

American Medical Association September 2009

Disclaimer: This module is intended for informational purposes only, may not be used in credentialing decisions of individual practitioners, and it does not constitute a limitation or expansion of the lawful scope of practice applicable to practitioners in any state. The only content that the AMA endorses within this module is its policies. All information gathered from outside sources does not reflect the official policy of the AMA.



demographics

education and training

licensure and regulation

professional organization

current literature

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Figure 1: State licensure requirements for naturopaths

Figure 2: State scope of practice for naturopaths

Figure 3: State naturopath board operating information

AMA Scope of Practice Data Series module distribution policy

The modules are advocacy tools used to educate legislators, regulatory bodies and other governmental decision-makers on the education and training of physician and nonphysician health care providers. As such, the AMA will distribute the modules to the following parties:

- (1) State medical associations
- (2) State medical boards
- (3) National medical specialty societies
- (4) National medical organizations

In line with the express purpose of the modules being governmentally directed advocacy, it will not be the policy of the AMA to provide the modules to individual physicians. Organizations supplied with the module shall mirror the intent, purpose and standards of the AMA distribution guidelines.

Acknowledgments

Many people have contributed to the compilation of information contained within this module. The American Medical Association (AMA) gratefully acknowledges the contributions of the Alaska State Medical Association, the Maine Medical Association, the Missouri State Medical Association and the American Osteopathic Association.

I. Overview

The American Medical Association (AMA) Advocacy Resource Center has created this information module on naturopaths to serve as a resource for state medical associations, national medical specialty societies and policymakers. This guide is one of 10 separate modules collectively comprising the AMA Scope of Practice Data Series, each covering a specific nonphysician health care profession.

Without a doubt, limited licensure providers play an integral role in the delivery of health care in this country. Efficient delivery of care requires a team-based approach that cannot exist without inter-professional collaboration between physicians, nurses and other limited licensure health care providers. With the appropriate education, training and licensing, such providers can and do provide safe and essential health care to patients. The health and safety of patients are threatened, however, when limited licensure providers are permitted to perform services that are not commensurate with their education or training.

Each year in nearly every state and at times on the federal level, limited licensure health care providers lobby legislatures and regulatory boards to expand their scope(s) of practice. While some scope expansions may be appropriate, others definitely are not. It is important, therefore, to be able to explain to legislators and regulators the limitations in the education and/or training of limited licensure health care providers that can result in substandard or potentially harmful care of patients. Those limitations are brought clearly into focus when compared with the comprehensiveness and depth of the medical education and training of physicians.

Issues of access to qualified physicians in rural or underserved areas give limited licensure providers what, at first glance, seems to be a legitimate rationale for lobbying for expanded scope of practice. However, solutions to actual or perceived work force shortages simply cannot justify practice expansions that expose patients to unnecessary health risks. In November 2005 the AMA House of Delegates approved Resolution 814, which called for the study of the qualifications, education, academic requirements, licensure, certification, independent governance, ethical standards, disciplinary processes and peer review of limited licensure health care providers. By surveying the type and frequency of bills introduced in state legislatures, and in consultation with state medical associations and national medical specialty societies, the AMA identified 10 distinct limited licensure professions that are currently seeking scope of practice expansions that may be potentially harmful to the public.

Each module in the AMA Scope of Practice Data Series is intended to assist in educating policymakers on the qualifications of a particular limited licensure health care profession, as well as on the qualifications physicians possess that prepare them to accept the responsibility for full, unrestricted licensure to practice medicine in all its branches. It is within the framework of education and training that health care professionals are best prepared to deliver safe, quality care under legislatively authorized state scopes of practice.

It is the AMA's intention that these Scope of Practice Data Series modules provide background information for state- and federal-based advocacy campaigns where the health and safety of patients may be threatened as a result of unwarranted scope-of-practice expansions sought by limited licensure providers.

Mill Manes

Michael D. Maves, MD, MBA Executive Vice President, Chief Executive Officer American Medical Association

Disclaimer

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II. Introduction

The American Medical Association (AMA) is pleased to offer this informative module to assist physicians in countering the advocacy efforts of naturopaths seeking licensure and/or expansion of their current scope of practice to include privileges or procedures unwarranted by their education and training.

This module examines the background, education and training of those practitioners who have earned a doctor of naturopathy or doctor of medical naturopathy degree, and who refer to themselves as "naturopathic physicians" or "naturopathic doctors." Through their state chapters and their national professional organization, the American Association of Naturopathic Physicians, these practitioners seek to establish licensure in the 50 states, as well as liberal prescribing authority, "primary care physician" status and, in many cases, mandated insurance coverage for services. This stands in contrast to the beliefs of "traditional" naturopaths—providers of natural health care who do not seek state recognition or regulation through licensure.

Naturopaths frequently argue that licensure allows patients the freedom to choose them as primary health care providers. At the same time they are looking to distinguish themselves from and assert privileges over their colleagues, the traditional naturopaths. A wide schism separates these two factions, which have a long, documented history of philosophical differences culminating in the divergence of the "naturopathic physician" (and the corresponding quest for state licensure) from the non-medical practice of traditional naturopathy.

Currently, 14 states and the District of Columbia license naturopaths. However, naturopaths may practice without a license in states where naturopathy is not expressly prohibited. In a few such states, this has provoked concern over whether naturopathic practitioners treating patients should be subject to some sort of state regulation (in the form of limited licensure, certification or registration) as a mean to protect the public. Official legislative reports from several states have unearthed specific shortcomings in the education, training and competency testing of naturopaths, and several of these recommend against licensure for naturopaths. Naturopathy involves the application of natural (nonpharmaceutical and non-surgical) treatment modalities to encourage and facilitate the body's healing of itself. The practice of naturopathy involves the application of a number of healing systems or physical, nutritional or natural agent regimens. Common naturopathic care includes treatments of botanical medicine/herbology, conventional nutritional counseling, homeopathy, acupuncture and/or traditional Chinese medicine, massage and manipulative bodywork, mind/body treatments, hydrotherapy, as well as physical treatments such as ozone therapy, air and light therapy, and ultraviolet, ultrasound and electro-stimulation therapies.

Such treatment modalities are collectively known as complementary and alternative medicine (CAM), and their usage has significantly increased in popularity within the last decade. In 1998 the federal government created the National Center for Complementary and Alternative Medicine (NCCAM), an arm of the National Institutes of Health (NIH), to study the efficacy of CAM in the treatment of chronic and acute diseases. Its mission is to apply accepted scientific principles to CAM by providing funding and grants to support CAM clinical trials and research, in order to objectively assess the efficacy of CAM treatments as compared to conventional medical treatments and placebo.

Consumers use CAM as either a complete treatment or as an adjunct to conventional medical care. Typically categorized as therapies not widely taught in U.S. medical schools, proponents of CAM broadly extend its definition to include common patient self-help strategies such as low-fat, low-sodium diets, stretching and exercise, daily vitamins and minerals, and prayer. In 2004 the NCCAM reported the results of a survey indicating that 36 percent of U.S. adults use some form of CAM. According to this survey, when megavitamin therapy and prayer specifically for health reasons are included in the definition of CAM, that number rose to 62 percent.¹ With such a broad definition, it is little wonder CAM usage statistics are so high.

For medical professionals and policymakers alike, the naturopathic profession's reluctance and/or inability to apply evidence-based principles and scientific study its

^{1.} Web. National Center for Complementary and Alternative Medicine. The use of CAM in the United States. http://nccam.nih.gov/news/camsurvey_fs1.htm#use. Retrieved December 5, 2007.

treatment modalities is of great concern. For example, naturopaths' longstanding opposition to childhood vaccination has been demonstrated as recently as 1999, well after the remarkable decreases in childhood disease as a result of widespread vaccination had been documented (see page 17 for more information).

The mechanism of action and the efficacy of many naturopathic treatment modalities are not scientifically supported; yet practitioners of naturopathy continue to offer patients such treatments. Such behavior would not be tolerated in the practice of medicine. Care that is not premised on scientific evidence, and for which the patient is not informed of its experimental nature, would be considered unethical by the standards of the medical profession. Specifically, AMA Ethical Opinion E-3.01 states:

It is unethical to engage in or to aid and abet in treatment which has no scientific basis and is dangerous, is calculated to deceive the patient by giving false hope, or which may cause the patient to delay in seeking proper care \dots ²

Some naturopathic treatments are blatantly unsafe and place the health of the patient at great risk for additional health complications. The *Textbook of Natural Medicine*,³ the foremost textbook used in schools of naturopathy, discusses naturopathic treatments that defy medical knowledge or, incredulously, omit discourse on the therapeutic benefits of pharmaceutical or surgical interventions. For example, the second edition of the book called for St. John's wort in the treatment of HIV-positive individuals. Results of an NIH-funded study published in February 2000—just months after the September 1999 release of the textbook—found that St. John's wort interacts with protease inhibitors commonly used in treating patients with HIV and significantly decreases their concentration in the blood.

Compared to medical school and residency training, a naturopathic education consists of relatively few contact hours of study on pharmacological treatment of disease, and provides virtually no clinical reinforcement of pharmaceutical intervention on patients during clinical rotations or optional post-graduate training. Most drugs are considered toxic by naturopaths, so alternative treatments are instead prescribed. One important component to consider in the debate over naturopath licensure is whether a practitioner with such limited exposure to pharmaceuticals can appropriately treat patients who take prescription medicines regularly or who would likely benefit from pharmacological intervention.

When faced with the claims of naturopaths that the rigors of their education and licensing exams parallel those of physicians, legislators should recognize that graduates of campus-based, four-year naturopathic programs who have passed a standardized examination may demonstrate *consistency* from one naturopathic practitioner to the next. But that says nothing about the *validity* of their practice, which can be determined only by reference to the laws of science or nature, and by rigorous testing of biologically plausible claims.⁴ By failing to rigorously study all the treatments they provide, naturopaths may place patients' safety at risk.

According to a 2003 article in *MedScape General Medicine*, "without licensing standards, individuals with little or no formal education may proclaim themselves naturopathic physicians without medical school education or board testing. ... [T]he clear message is that such licensing implies competence. There is, however, no evidence that 'educated' naturopaths—i.e., the NDs or naturopathic 'physicians'—are more competent than others. If anything, 'traditional naturopaths' (i.e., those who did not attend the 'approved' schools) may be less of a threat to public health because they do not pretend to be primary care physicians."⁵

We hope the information contained in this module provides the tools necessary to help physicians present relevant facts in response to naturopaths' efforts to enact state licensure laws or expand their current scopes of practice. The AMA stands ready to assist state and specialty societies in their efforts to protect and preserve the health and safety of patients.

Advocacy Resource Center

American Medical Association

^{2.} Web. American Medical Association. Ethical Opinion E-3.01 Nonscientific Practitioners. www.ama-assn.org. Retrieved December 5, 2007.

^{3.} Web. Pizzorno JE, Murray MT, eds. Textbook of Natural Medicine. Pub. Churchill Livingstone, 1999. p. 803, 1292. As quoted on Quackwatch. www.quackwatch.org. Retrieved December 5, 2007.

^{4.} Web. Atwood KC. Naturopathy: A critical appraisal. Medscape General Medicine. December 30, 2003. www.medscape.com/viewarticle/465994. Retrieved November 19, 2007. As attributed to Ernst E. The role of complementary and alternative medicine. BMJ. 2000;321:1133-1135.

^{5.} Web. Atwood KC. Naturopathy: A critical appraisal. Medscape General Medicine. December 30, 2003. www.medscape.com/viewarticle/465994. Retrieved November 19, 2007.

III. Naturopathy as a profession

Definition(s) of naturopathy

Webster's dictionary defines naturopathy as a system of treatment of disease that avoids drugs and surgery, and emphasizes the use of natural agents (such as air, water and herbs) and physical means (such as tissue manipulation and electrotherapy).⁶ The National Center for Complementary and Alternative Medicine, a bureau of the National Institutes of Health, notes that naturopathy is a system of healing originating from Europe that views disease as a manifestation of alterations in the processes by which the body naturally heals itself. It emphasizes health restoration as well as disease treatment. The term naturopathy literally translates as "nature disease."⁷

Although the most visible professional organizations of naturopaths do not provide a formal definition of a naturopath, the American Association of Naturopathic Physicians (AANP) notes:

[A] licensed naturopathic physician [ND] attends a four-year graduate level naturopathic medical school and is educated in all of the same basic sciences as an [MD] but also studies holistic and nontoxic approaches to therapy with a strong emphasis on disease prevention and optimizing wellness. In addition to a standard medical curriculum, the naturopathic physician is required to complete four years of training in clinical nutrition, acupuncture, homeopathic medicine, botanical medicine, psychology, and counseling (to encourage people to make lifestyle changes in support of their personal health). A naturopathic physician takes rigorous professional board exams so that he or she may be licensed by a state or jurisdiction as a primary care general practice physician.⁸

This module will focus mostly upon the education, training and qualifications of naturopathic "physicians," practitioners who attend four-year graduate schools of naturopathy and earn advanced degrees, as opposed to traditional naturopaths, who receive either apprenticeship-style training or attend unaccredited naturopathy schools.

Principles of naturopathy

Classical naturopathy training is guided by the following six principles. Students in naturopathy schools worldwide are taught to abide by these principles.

- First do no harm (*Primum no nocere*) Illness is a purposeful process of the organism. The process of healing includes the generation of symptoms that are, in fact, an expression of the life force attempting to heal itself. Therapeutic actions should be complementary to and synergistic with this healing process. The naturopathic physician's actions can support or antagonize the actions of the *vis mediatrix naturae*, the healing power of nature. Therefore, methods designed to suppress symptoms without removing the underlying causes are considered harmful and are to be avoided or minimized.
- The healing power of nature (*Vis mediatrix naturae*) The body has an inherent ability to establish, maintain and restore health. The healing process is ordered and intelligent; nature heals through the response of the life force. The naturopathic physician's role is to facilitate this process, to identify and remove obstacles to health and recovery, and to establish or restore a healthy internal and external environment.
- Identify and treat the cause (*Tolle causam*) Illness does not occur without cause. Underlying causes of disease must be discovered and removed or treated before a person can recover completely from illness. Symptoms express the body's attempt to heal, but are not the cause of disease and, therefore, should not be suppressed by treatment. Causes may occur on many levels including the physical, mental, emotional and spiritual. The naturopathic physician must evaluate fundamental underlying causes on all levels, directing treatment at root causes rather than at symptomatic expression.
- Heal the whole person (*Tolle totum*) Health and disease are conditions of the whole organism, a whole involving the complex interaction of many factors. The naturopathic physician must treat

8. Web. American Association of Naturopathic Physicians. www.naturopathic.org. Retrieved November 7, 2007.

^{6.} Web. Merriam-Webster online dictionary. www.merriam-webster.com. Retrieved November 7, 2007.

^{7.} Web. National Center for Complementary and Alternative Medicine. www.nccam.nih.gov/health/backgrounds/wholemed.htm. Retrieved November 2, 2007.

the whole person by taking these factors into account. The harmonious functioning of physical, mental, emotional and spiritual aspects is essential to the recovery from and the prevention of disease. This requires a comprehensive approach to diagnosis and treatment.

• The physician as teacher (Docere)

A cooperative doctor-patient relationship has inherent therapeutic value. The naturopathic physician's major role is to educate and encourage the patient to take responsibility for their own health. The naturopathic physician is a catalyst for healthful change, empowering and motivating the patient to assume responsibility. It is the patient, not the doctor, who ultimately creates/accomplishes healing. Teaching with hope, knowledge and understanding, the physician acts to enable patients to heal.

• Prevention (Praevenire)

The ultimate goal of any health care system should be prevention of disease. This is accomplished through education and the promotion of life habits that create good health. Naturopathic physicians learn to assess risk factors and to sharpen their deductive reasoning, and to understand the patient's circumstances. Appropriate interventions are then sought to avoid further harm or risk to the patient. Building health works better and more surely than fighting disease.⁹

General duties

Naturopaths assess and diagnose patient conditions, devise treatment plans using natural, complementary and alternative medicine (CAM), or conventional remedies, and provide counseling to patients. They typically focus on prevention and promoting the understanding that healing comes from within.^{10,11,12} Naturopathic practice may include the following diagnostic and treatment modalities: clinical and laboratory diagnostic testing, including diagnostic radiology and other imaging techniques; hair, skin and nail analysis; iridology; nutritional counseling, dietetics and therapeutic fasting; medicines of vitamin, mineral, animal and botanical/herbal origin; hormones and biosynthetic agents; hygiene and public health measures; homeopathy; acupuncture; traditional Chinese medicine; psychotherapy and counseling; minor surgery and naturopathic obstetrics (natural childbirth); naturopathic physical medicine including manipulation and massage; the use of hydrotherapies, heat, cold, ultrasound, ultraviolet light, magnetic and electrical fields; energy-based treatments, including reiki, biofeedback and therapeutic touch; and therapeutic exercise.^{13,14}

Brief history of the profession

The modern form of naturopathy can be traced to 18th- and 19th-century healing systems in Germany and Austria. While naturopathy was being used in Europe during those time periods, it was not until the turn of the 20th century that the term surfaced in America. In 1902 Benedict Lust, a German immigrant, introduced naturopathy to the United States when he founded the American School of Naturopathy, which was later reorganized as the American Naturopathic Association in 1919.¹⁵

Once naturopathy was introduced in the United States, naturopathic schools were established and large numbers of naturopaths were trained for practice. However, the advent of scientific medicine in the 20th century greatly decreased the demand for naturopathic treatment. In the 1970s, when a "natural" counterculture movement espousing health foods and natural remedies began, many consumers sought out alternative treatments and CAM modalities enjoyed a surge in popularity.

^{9.} Web. Naturodoc. www.naturodoc.com/cardinal/naturopathy/nat_principles.htm. Retrieved November 15, 2007.

^{10.} Web. Natural Healers. Common Q&A. Retrieved July 28, 2006. www.naturalhealers.com/qa/naturopathy.html#q1.

^{11.} Web. Homeo Info. Non-classical topics—naturopathy. Retrieved July 28, 2006. http://homeoinfo.com/08_non-classical_topics/wide/naturopathy.php.

^{12.} Web. American Naturopathic Certification Board (ANCB). ANCB Policies. Retrieved July 28, 2006. www.ancb.net/policies.html.

^{13.} Web. American Osteopathic Association document. Non-physician monograph series: Naturopaths. September 2005, as referencing the American Association of Naturopathic Physicians. Positions and Practice, accessed on October 7, 2005. www.naturopathic.org/naturopathic_medicine/positions_and_practice.aspx.

^{14.} Web. National Center for Complementary and Alternative Medicine. www.nccam.nih.gov. Retrieved December 2, 2007.

^{15.} Web. American Osteopathic Association document. Non-physician monograph series: Naturopaths. September 2005, as referencing *Natural Health*, The European Healers, available at: www.naturalhealth.org/tradnaturo/history2.html#erop, accessed October 7, 2005; and *Natural Health*, Natural Healers and Education, available at www.naturalhealth.org/tradnaturo/history3.html#edu, accessed October 7, 2005.

Additionally, in the late 20th century consumers began to utilize complementary and alternative approaches to healing as either adjunct or separate, distinct treatment modalities to traditional allopathic/osteopathic medical treatments. During this time, the number of complementary and alternative practitioners, including naturopaths, acupuncturists, homeopaths, energy healers, herbalists and bodywork technicians, grew and licensure efforts for these non-traditional practitioners expanded.

As discussed earlier, a naturopath (or naturopathic "physician") has graduated from a four-year graduate school of naturopathy with a doctor of naturopathy (ND) or doctor of medical naturopathy (NMD) degree, and is educated in both the basic sciences and complementary and alternative treatment modalities. In some of the 14 states where naturopaths maintain licensure, statutory language may allow them to be called naturopathic physicians.

Notably, doctoral-level graduate naturopathic education is not the norm in the rest of the world. In England and Germany, for example, four-year degrees are adequate to train naturopathic practitioners.¹⁶ Nor are there two competing factions of naturopathic practitioners in most of the world. The norm is to practice traditional naturopathy. Moreover, in no other country are naturopathic practitioners referred to as naturopathic physicians.

The AANP, the organization that represents "naturopathic physicians," declares their members to be (emphasis added) "... educated in all of the same basic sciences as an M.D. but also [studied in] holistic and nontoxic approaches to therapy with a strong emphasis on disease prevention and optimizing wellness. In addition to a standard medical curriculum, the naturopathic physician is required to complete four years of training in clinical nutrition, acupuncture, homeopathic medicine, botanical medicine, psychology, and counseling (to encourage people to make lifestyle changes in support of their personal health). A naturopathic physician takes rigorous professional board exams so that he or she may be licensed by a state or jurisdiction as a *primary care general practice physician*."¹⁷

A traditional naturopath is a practitioner who has obtained his or her education through some combination of a mentorship program with another practitioner or an alternative clinic, or a distance learning program, and/or classroom schooling on natural health or otherwise holistic studies. These practitioners do not have naturopathy degrees from schools recognized as accredited by the U.S. Department of Education, but they may earn degrees from other schools or obtain certification from professional naturopathic organizations.¹⁸ Traditional naturopaths' education and training is neither standardized nor accredited, and therefore their skill set and training varies widely.¹⁹ No state currently permits the licensure of traditional naturopaths, therefore no minimum requirements for practice are mandated.²⁰

The philosophical divide that separates traditional naturopaths from naturopathic "physicians" could not be wider. Traditional naturopaths, collectively represented by the American Naturopathic Medical Association (ANMA), actively oppose the licensure of naturopathy in any form, preferring to practice natural health care unlicensed.²¹ Traditional naturopaths believe that licensure takes away their right to practice natural health care.²² In fact, testimony from the ANMA or individual traditional naturopaths opposing the licensure of naturopaths can often be found in the legislative dockets of many states.

Accordingly, the ANMA offers this sample letter for their members to write their elected representatives on the licensing issue²³:

^{16.} Web. Natureline. Training to be a naturopath. http://mypage.direct.ca/a/agaul/index.htm. Retrieved December 10, 2007.

^{17.} Web. AANP. Education. www.naturopathic.org/viewbulletin.php?id=29. Retrieved December 5, 2007.

^{18.} Web. The Cure Research Foundation. Naturopaths. Retrieved June 3, 2008. www.cancure.org/naturopaths.htm.

^{19.} Id.

^{20.} AOA Document. Non-physician monograph series: Naturopaths. September 2005. Verified by Lexis search, September 5, 2006.

^{21.} Web. American Naturopathic Medical Association (ANMA). Writing your representative. Retrieved December 18, 2007. www.anma.com/writing yourrepresentative.html.

^{22.} Id.

^{23.} Id.

Dear (Representative):

My name is (Name) and I live in (Dist #) in the State of (Name). I am writing to urge you to vote No on H.R./S Bill (#).

My practice involves education of my clients, using natural therapies, including but not limited to fresh air, clean water, good diet, and exercise to attain a healthier body. I do not diagnose or treat disease and I represent the majority of practicing naturopaths. Naturopaths, Naturopathic Doctors, or Naturopathic Physicians have no business diagnosing, dispensing drugs, or performing surgeries as set out in the legislation in question. Naturopaths, Naturopathic Doctors, or Naturopathic Physicians simply don't have the experience or education required. When diagnosing, dispensing drugs, or performing surgeries is needed, clients should see those licensed and trained to do so. You owe it to the public to protect them from the group seeking this scope of practice for naturopaths. You should require those people to attend traditional medical school. I took an oath to "First do no harm" and I intend to do just that. Please do not take my right to practice away because of a few untrained who want to be "doctors" and have the right to practice as equals to DO's and MD's.

Thank you for considering a "NO" vote on (Bill #).

In a recent proposal by naturopaths for expansion of scope of practice in Washington state, the ANMA notes: "The naturopaths are asking for drugs, surgery and IV therapy which would cover chelation. These naturopaths are not just asking for any drug, they want narcotics under the Controlled Substances III & IV categories. It is obvious that these naturopaths want to be MDs without earning the education and doing an internship in hospitals. We urge you [ANMA members] to read this carefully, understand it, then write, call or e-mail a Washington State legislator whose name, address and phone number will appear on this page. We do not oppose properly trained doctors doing these practices. However, a naturopath pretending to have the knowledge to practice in this manner is definitely a 'danger to the public.'"²⁴

Primer on complementary and alternative medicine

Greatly concerned with growing consumer use of CAM, in 1998 Congress established a new bureau of the National Institutes of Health, the National Center for Complementary and Alternative Medicine (NCCAM). Not a formal recognition of CAM, but rather a federal agency funded to apply rigorous scientific inquiry to the outcomes and safety of various CAM modalities, the stated mission of the NCCAM is to:

- Explore complementary and alternative healing practices in the context of rigorous science
- Train complementary and alternative medicine researchers
- $\bullet\,$ Disseminate authoritative information to the public and professionals^{25}

The NCCAM defines CAM as "a group of diverse medical and health care systems, practices, and products that are not presently considered to be part of conventional medicine. Conventional medicine is medicine as practiced by holders of M.D. (medical doctor) or D.O. (doctor of osteopathy) degrees and by their allied health professionals, such as physical therapists, psychologists, and registered nurses." The National Cancer Institute defines CAM as "forms of treatment that are used in addition to (complementary) or instead of (alternative) standard treatments. These practices generally are not considered standard medical approaches. Standard treatments go through a long and careful research process to prove they are safe and effective, but less is known about most types of CAM. CAM may include dietary supplements, megadose vitamins, herbal preparations, special teas, acupuncture, massage therapy, magnet therapy, spiritual healing, and meditation."

However, the common popular characterization of CAM is any treatment that does not involve pharmaceuticals or surgery. To that end, many conventional treatments are considered CAM by certain CAM practitioners and advocates. For example, nutritional counseling, vitamins, physical activity, the application of ice packs or heat compresses—all conventional treatments—have been adopted as CAM, and are typically counted in surveys and/or polls to indicate the surge of CAM in America. Other research includes prayer, meditation or other spiritual/contemplative thought into the broad definition of CAM as well.

24. Id.

^{25.} Web. NCCAM. http://nccam.nih.gov/about/ataglance/. Retrieved October 2, 2006.

The NCCAM categorizes CAM treatments into five distinct groupings. Below is a brief primer on the modalities in each NCCAM grouping,²⁶ many of which are commonly used by naturopaths.

Whole medical systems

Whole medical systems are built upon complete systems of theory and practice. Often, these systems have evolved earlier than and apart from the conventional medical approach used in the United States.

- Homeopathy—a whole medical system that originated in Europe. Homeopathy seeks to stimulate the body's ability to heal itself by giving very small doses of highly diluted substances that in larger doses would produce illness or symptoms (an approach called "like cures like").
- Traditional Chinese medicine (TCM)—a whole medical system that originated in China. TCM is based on the concept that disease results from disruption in the flow of qi and imbalance in the forces of yin and yang. Practices such as herbal therapy, meditation, massage and acupuncture seek to aid healing by restoring the yin-yang balance and the flow of qi.
- Ayurveda—a whole medical system that originated in India. Ayurveda aims to integrate the body, mind and spirit to prevent and treat disease. Therapies used include herbs, massage and yoga.
- Naturopathy—a whole medical system that originated in Europe. Naturopathy aims to support the body's ability to heal itself through the use of dietary and lifestyle changes together with CAM therapies such as herbs, massage and joint manipulation.

Mind-body medicine

Mind-body medicine uses a variety of techniques designed to enhance the mind's capacity to affect bodily function and symptoms. Some techniques that were considered CAM in the past have become mainstream, for example patient support groups and cognitive-behavioral therapy.

- Meditation—a conscious mental process using certain techniques, such as focusing attention or maintaining a specific posture, to suspend the stream of thoughts and relax the body and mind.
- Other—prayer, mental healing and therapies that use creative outlets such as art, music or dance.

Biologically based practices

Biologically based practices in CAM use substances found in nature, such as herbs, foods and vitamins. Some examples include dietary supplements, herbal products and the use of other so-called natural, but as yet scientifically unproven therapies (for example, using shark cartilage to treat cancer). The CAM domain of biologically based practices includes, but is not limited to, botanicals, animal-derived extracts, vitamins, minerals, fatty acids, amino acids, proteins, prebiotics and probiotics (which are live bacteria and sometimes yeasts found in foods such as yogurt or in dietary supplements), whole diets and functional foods.

Manipulative and body-based practices

Manipulative and body-based practices in CAM are based on manipulation, the application of controlled force to a joint, moving it beyond the normal range of motion in an effort to aid in restoring health. Manipulation may be performed as a part of other therapies or whole medical systems. Under the umbrella of manipulative and body-based practices is a heterogeneous group of CAM interventions and therapies including Tui Na, rolfing, Bowen technique, Trager bodywork, Alexander technique, Feldenkrais method and a host of others.

- Chiropractic—a form of spinal manipulation whereby subluxations, or misalignments of the spine, interrupt or interfere with "nerve flow." The manipulation serves to "adjust" the vertebrae with the goal of correcting subluxations.²⁷
- Massage—pressing, rubbing and moving muscles and other soft tissues of the body, primarily by using the hands and fingers. The aim is to increase the flow of blood and oxygen to the massaged area.

^{26.} Web. This entire primer (with the exception of the separately footnoted definition of "chiropractic," below) is taken from the NCCAM Web site. What is CAM? http://nccam.nih.gov/health/whatiscam/#4. Retrieved December 10, 2007.

^{27.} The NCCAM does not provide a formal definition of "chiropractic." This brief definition is condensed from information found on the NCCAM Web page: About chiropractic and its use in treating low back pain. http://nccam.nih.gov/health/chiropractic/#1a. Retrieved December 14, 2007.

• Reflexology—a practice in which pressure is applied to points on the foot and sometimes the hand with the intent to promote relaxation or healing in other parts of the body.

Energy medicine

Energy therapies involve the use of energy fields. They are of two types.

1. **Biofield therapies** are intended to affect energy fields that purportedly surround and penetrate the human body. The existence of such fields has not yet been scientifically proven. Some forms of energy therapy manipulate biofields by applying pressure and/or manipulating the body by placing the hands in or through these fields. Biofields have defied measurement to date by reproducible methods.

Therapies involving these putative energy fields are based on the concept that human beings are infused with a subtle form of energy. This vital energy or life force is known by different names in different cultures, such as qi (pronounced "chi"). In traditional Chinese medicine, the vital energy or life force is supposed to regulate a person's spiritual, emotional, mental and physical health, and to be influenced by the opposing forces of yin and yang. Vital energy is believed to flow throughout the human body, but it has not been measured by means of conventional instrumentation. Nonetheless, therapists claim that they can work with this subtle energy, see it with their own eyes, and use it to effect changes in the physical body and influence health.

Examples of biofield therapy include:

- Qi gong—a component of traditional Chinese medicine that combines movement, meditation and controlled breathing. The intent is to improve blood flow and the flow of qi.
- Reiki—a therapy in which practitioners seek to transmit a universal energy to a person, either from a distance or by placing their hands on or near that person. The intent is to heal the spirit and thus the body.

• Therapeutic touch—a therapy in which practitioners pass their hands over another person's body with the intent to use their own perceived healing energy to identify energy imbalances and promote health.

2. Bioelectromagnetic-based therapies involve the unconventional use of electromagnetic fields, such as pulsed fields, magnetic fields, or alternating-current or direct-current fields. The veritable energies employ mechanical vibrations (such as sound) and electromagnetic forces, including visible light, magnetism, monochromatic radiation (such as laser beams) and rays from other parts of the electromagnetic spectrum. They involve the use of specific, measurable wavelengths and frequencies to treat patients.

Assessing the evidentiary basis for naturopathy

Naturopaths claim that their natural treatments have been in use for hundreds of years. In many cases, neither the mechanism of action nor the efficacy of the naturopathic treatment as prescribed have been documented or established. The lack of randomized controlled trials and other forms of rigorous scientific inquiry into naturopathic treatments has not gone unnoticed by the medical and scientific communities.^{28,29}

Reinforcing the self-image of naturopathy as a distinct type of health care, according to one article, the AANP states that "naturopathic medicine has its own unique body of knowledge, evolved and refined for centuries" and is "effective in treating all health problems, whether acute or chronic."³⁰ This collective professional isolationist identity of naturopaths lays the groundwork for substandard patient care. Not only does naturopaths' insistence on practicing on the fringe of modern medicine produce providers of questionable medical competence through an educational system fraught with scientific inaccuracies and omissions of even the most basic established medical principles, it also propagates the unfortunate result of patient care that is devoid of current, evidence-based medically accepted concepts.

^{28.} Web. Atwood KC. Naturopathy, pseudoscience, and medicine: Myths and fallacies vs. truths. March 25, 2004. Med Scape Today. www.medscape.com/viewarticle/471156. Retrieved December 26, 2007.

^{29.} Web. Skolnick A. Live Science. Voice of reason: Licensing naturopaths may be hazardous to your health. www.livescience.com/health/naturopathy_ license_041118.html. Retrieved December 26, 2007.

^{30.} Web. American Association of Naturopathic Physicians. www.aanp.org. Retrieved December 16, 2007.

A lack of scientific proof for many of their treatment modalities does not deter naturopaths, however. One article in the April 2006 issue of the *Journal of Alternative and Complementary Medicine* proposes that naturopaths disdain the application of evidence-based medicine (EBM) to their practice:

This paper presents the voices of tradition-sensitive naturopathic practitioners in response to what they perceive as an ideologic assault by EBM advocates on the validity and integrity of natural medicine practice. Those natural medicine practices, which have tradition-based paradigms articulating vitalistic and holistic principles, may have significant problems in relating to the idea of EBM as developed in biomedical contexts. The paper questions the appropriateness of imposing a methodology that appears to minimize or bypass the philosophic and methodological foundations of natural medicine, and that itself seems primarily driven by political considerations.³¹

Is this "unique body of knowledge" not then subject to the same scientific, peer-reviewed scrutiny as are medical concepts? At least one mainstream medical journal article has acknowledged the inherent difficulty in using traditional, randomized, controlled clinical trials for CAM modalities. At the same time, it called for medicine to demand CAM "develop and defend a rational and coherent method for assessing causality and efficacy, though not necessarily one based on the results of controlled clinical trials."³² To date, proponents of CAM and/or naturopathy have not proposed any alternative epistemology calculated to assess the efficacy of CAM treatments.

Nonetheless, naturopaths and other CAM providers have begun conducting limited research and contributing their results to the scientific body of literature. In many instances, such as the NCCAM-funded clinical trials discussed below, the efficacy of naturopathic treatments is not supported by clinical evidence. The NCCAM "Research Results" Web page lists the following examples³³:

- "Pilot Study Provides New Insight on Effect of Ginkgo Extract on Dementia in the Elderly." Overall, in this study of the elderly, researchers did not find a reduction in progression to dementia in those using ginkgo versus those using placebo. (February 2008)
- "Drinking Black Tea Shows No Impact on Cardiovascular Risk Factors." It is commonly believed that polyphenol antioxidants, found in tea, have a variety of health benefits, including cardiovascular benefits. However, randomized trials to date have yielded mixed results on the effects of tea on cardiovascular risk factors. (October 2007)

Some naturopathic treatments have been subjected to the gold standard research design: the randomized controlled trial. However, many of the studies considered by the profession to be "naturopathic" in nature involve treatments that are not unique to naturopathy. For example, Bastyr University, Seattle, considered by many to be the top naturopathic school in the United States, lists current and past research projects on its Web site. Two of its current research projects include the nutritional studies, "Will a naturopathic diet improve glycemic management?" and "Effectiveness of two levels of pulse [beans/ legumes] consumption on caloric restriction adherence and chronic disease risk."34 Dietary modifications are hardly the sole province of naturopaths. However, results from these studies will add to the general scientific body of knowledge and should be encouraged.

Bastyr also posts that 40 research projects have been completed or are underway.³⁵ A cursory review of its "Current Research Studies" Web page reveals 11 current research projects.³⁶ Four are non-clinical research projects, seven are clinical research projects. Of these, one is an animal research project and six are human research projects, only one of which is identified as a randomized controlled trial.³⁷ Furthermore, of the 11 research projects listed, only two investigators listed are also named as faculty on Bastyr's Web site. In just one study is the *primary* investigator also a faculty member.³⁸

^{31.} Jagtenberg T et al. J Altern Complement Med. Evidence based medicine and naturopathy. 2006 Apr;12(3):323-8. Note: the authors are Australian.

^{32.} Tonelli MR et al. Acad Med. Why alternative medicine cannot be evidence-based. 2001 Dec;76(12):1213-20.

^{33.} Web. NCCAM. http://nccam.nih.gov/research/results/. Retrieved March 11, 2008.

^{34.} Web. Bastyr University. Research Home Web page. www.bastyr.edu/research/default.asp. Retrieved March 11, 2008.

^{35.} Id.

^{36.} Id.

^{37.} Id. Trametes versicolor in women with breast cancer. Principal Investigator: L.J. Standish.

^{38.} Id. Principal Investigator: L.J. Standish. Dr. Standish is also a co-investigator on a second research project. Co-investigator: W. Weber.

NCCAM funding for CAM clinical trials has increased every year since its inception in 1999. Congress appropriated \$121.4 million to the NCCAM for the fiscal year 2007.³⁹ However, 2007 press releases on the results of NCCAM-funded botanical/herbal clinical trials note a lack of efficacy for many CAM modalities studied (naturopaths commonly employ herbal/botanical and nutritional counseling in their treatments):

Shark cartilage supplement does not extend the lives of lung cancer patients⁴⁰

Researchers announced the results of an NCCAM and National Cancer Institute co-funded clinical trial showing that a shark cartilage supplement did not improve the overall survival of patients with lung cancer. Colleagues at the University of Texas M.D. Anderson Cancer Center conducted this phase III randomized, double-blind, placebo-controlled clinical trial at cancer centers throughout the U.S. and Canada. All 379 patients in the study received radiation and chemotherapy in addition to a shark cartilage supplement or a placebo pill. The study team found that those who took the supplement did not live any longer than those who took the placebo. A previous NCCAM-funded study also found shark cartilage did not benefit patients with advanced breast or colon cancer.

Echinacea for the prevention and treatment of colds in $adults^{41}$

The research team tested three preparations of the roots of a species of echinacea called *Echinacea angustifolia*, which prior smaller studies had found to benefit adults with the common cold. The three preparations were made by extracting the root of *E. angustifolia* using procedures that represent some of the different ways that echinacea is available and used to treat the common cold. In this study, researchers found that none of the three preparations of *E. angustifolia* at the 900 mg daily dose had significant effects on whether volunteers became infected with the cold virus or on the severity or duration of symptoms among those who developed

colds. However, critics of this study believe the dose of *E. angustifolia* used was too low.

St. John's wort and depression⁴²

An extract of the herb St. John's wort was no more effective for treating major depression of moderate severity than placebo, according to research published in the *Journal of the American Medical Association*. The randomized, double-blind trial compared the use of a standardized extract of St. John's wort (*Hypericum perforatum*) to a placebo for treating major depression of moderate severity. The multisite trial, involving 340 participants, also compared the FDA-approved antidepressant drug sertraline (Zoloft[®]) to placebo as a way to measure how sensitive the trial was to detecting antidepressant effects.

Questions remain as to whether naturopaths are integrating such clinical evidence into their treatment protocols and, moreover, to what extent they are attempting to elucidate—for the benefit of their patients, as well as the scientific community—the mechanisms of their traditional treatments such as homeopathy, traditional Chinese medicine, and botanical or herbal preparations. In a 2006 editorial in the Journal of Alternative and Complementary Medicine, researchers from the National College of Naturopathic Medicine, Portland, Ore., and the Oregon College of Oriental Medicine, also in Portland, note that aside from the difficulty in applying the randomized controlled trial design to CAM treatments, "an equally important impediment is the paucity of our understanding of the basic mechanisms underlying most CAM therapies. Stated most directly, in the absence of knowing how a treatment 'works,' an appropriate sham control cannot be designed rationally. And, without an appropriate sham control, the efficacy of a treatment cannot be assessed adequately. It has even been suggested that sham controls are more appropriate for studying why CAM treatments are effective than whether they are effective."43

This module does not purport to be an exhaustive literature search on the natural remedies most commonly

^{39.} Web. NCCAM. NCCAM funding: Appropriations history. http://nccam.nih.gov/about/appropriations/. Retrieved December 26, 2007.

^{40.} Web. NCCAM. Research results spotlight. http://nccam.nih.gov/research/results/spotlight/061507.htm. Retrieved December 26, 2007.

^{41.} Id.

^{42.} Id.

^{43.} Hammerschlag R and Zwickey H. Evidence based complementary medicine and alternative medicine: Back to basics. *Journal of Alternative and Complementary Medicine*. Vol. 12, No. 4, 2006. pp. 349–350. Authors' note: We prefer the term 'sham' rather than placebo, because sham implies better to research on therapies involving devices and physical manipulation, in which—unlike in pharmaceutical research—there is no assumption that the control will be inert.

used by naturopaths, and should not be held as evidence of the efficacy or lack thereof of the particular naturopathic CAM modalities discussed. However, it should be noted that, without consideration of research design or methodology, through the most basic of PubMed literature searches on the efficacy of CAM modalities, several sources (NCCAM press releases and studies in peer-reviewed medical journals) demonstrated positive outcomes for directed uses of acupuncture. As discussed elsewhere in this module, naturopathic graduate education does not typically prepare naturopaths to practice acupuncture. Most states that license naturopaths require additional training beyond the ND or NMD degree for naturopaths to use acupuncture in practice.

Official state reports on naturopathy

Many states have commissioned investigative reports or special committees to study the issues related to licensure or, in states where naturopaths currently enjoy licensure, issues related to the expansion of scope-of-practice privileges. Most of these state legislative or agency reports exhibit significant research into the history of the naturopathic profession, both nationally and within the state, as well as other states' experiences with naturopath licensure and/or professional regulation. These reports are excellent resources for those states anticipating licensure or scope of practice expansion proposals by naturopaths.

Arizona (2000)

In 2000 the Arizona Office of the Auditor General conducted an audit and sunset review⁴⁴ of the Arizona Naturopathic Physicians Board of Medical Examiners pursuant to a June 16, 1999, resolution of the Joint Legislative Audit Committee. This audit noted significant concerns with the operative processes of the Arizona board, potentially attributable to lack of oversight. (*Note:* The Arizona Naturopathic Physicians Board of Medical Examiners was established in 1935 to regulate naturopathic physicians through licensure. Naturopaths were once restricted to using natural, drugless and nonsurgical methods, however, in 1992 the law was changed to allow naturopaths to perform many of the same activities performed by allopathic and osteopathic physicians.) The audit report also concluded that the Arizona board needed to improve complaint processing to ensure that complaints were resolved in a timely and appropriate manner. At the time of the review, it had developed a backlog of cases. Of 13 unresolved complaints, five had been open for more than 1,000 days.⁴⁵

The audit report also noted that Arizona naturopaths enjoyed the most liberal scope of practice and prescribing formulary in the nation, and suggested the Legislature review the board's statutes in order to ascertain whether "the Legislature intended such an extension of naturopaths' activities." With regard to the Arizona board's proposal to recognize 16 specialties within naturopathic medicine, including family medicine and minor surgery, internal medicine, neurology and psychiatry, and ophthalmology, the report authors concluded, "No other state that regulates naturopaths recognizes such a broad range of specialties."⁴⁶

The audit report authors also suggested the Legislature review the Arizona Naturopathic Physicians Board of Medical Examiners statutes to determine if increased oversight should be provided on what prescriptions naturopaths can write. "The Board's statutes require it to develop a list of 'natural substances' that naturopaths can prescribe, but the statutes do not define what 'natural substances' are. The Board has developed an extensive list, or formulary, that includes not only vitamins and minerals, but also vaccines, antibiotics, oral contraceptives, anabolic steroids, and controlled substances such as morphine and cocaine. The U.S. Drug Enforcement Administration has recently approved Arizona naturopaths to prescribe controlled substances from the formulary because this appears to be in accordance with state law. Although some other states allow naturopaths to prescribe and dispense drugs, none has a list as extensive as what the Board has developed. Most of these states also have separate oversight bodies to develop or review the list, while Arizona does not."47

Most importantly, however, the Arizona Auditor General's Office found a disturbing lack of valid competency assessment of candidates for naturopathic licensure in the state (*emphasis added*):

- 45. Id. Executive summary.
- 46. Id.
- 47. Id.

^{44.} Web. State of Arizona Office of the Auditor General. Naturopathic Physicians Board of Medical Examiners (June 2000, Report No. 00-9). Available at: www.azauditor.gov/Reports/State_Agencies/.

The Board needs to correct numerous problems with its three-part licensing examination, or adopt a national examination, to ensure that the naturopaths it licenses are competent. Since 1997, the Board has been administering a licensing examination it developed specifically for Arizona. Problems with this examination call into question its validity as a tool for measuring an applicant's competence to practice naturopathy. For example, the Board has not ensured that the examination tests what a naturopath would need to know to practice safely and has not shown that examination writers possess the necessary expertise and training to develop test questions. Further, the Board has made extensive adjustments to examination scores. For example, one licensure applicant received credit for 90 questions that she had answered incorrectly on one part of the February 1999 exam. As a result of such scoring adjustments, no one has failed the Board's exam since September 1998.

The shortcomings noted in the Auditor General's report indicate a serious and disconcerting lack of regard for public safety. The failure of the naturopathic profession in the state of Arizona to address professional complaints in a timely manner, to ensure the administration of licensing examinations of sufficient quality so as to protect the public from dangerous practitioners, and to maintain their professional scope of practice within the areas for which naturopaths are educated and trained, should instill a lack of public confidence in the naturopathic profession in Arizona.

Colorado (2005)

The state of Colorado performed a sunrise review of naturopaths in 2005.⁴⁸ The Colorado report found that naturopaths in the state presented evidence supporting their proposal request for state licensure and regulation. This report contains a valuable compilation of other states' licensure and scope of practice regulations for naturopaths as of 2005. For instance, the Colorado report illustrates the lack of recognized safeguards prevalent in the licensed practice of naturopathy in the United States:

• Four out of 15 states do not require licensed naturopaths to partake in any continuing medical education whatsoever. • Only three out of 15 states mandate that licensed naturopaths carry professional liability insurance.

Additionally, the Colorado report provides an excellent psychometric analysis of the Naturopath Physicians Licensing Examination (NPLEX). The Colorado Office of Examination Services performed an analysis of the NPLEX test construction and scoring methods, and made several key observations:⁴⁹

To date, there is little generalizable evidence that NPLEX Part II clinical licensing examinations actually measure clinical competence.

The thirteen years of NPLEX examination statistics presented ... indicate that the band within which we can be reasonably sure an examinee's true score lies can be variable and somewhat concerning if we are drawing conclusions about technical knowledge of a candidate based on his/her particular test score.

Unlike the NPLEX, the United States Medical Licensing Examination[™] and the Comprehensive Osteopathic Medical Licensing Examination are three-part licensing examinations, each containing a separate Step/Level 3 that specifically assesses whether the examinee can apply medical knowledge and understanding of biomedical and clinical science essential for the unsupervised practice of medicine, with emphasis on patient management in ambulatory settings. Step/Level 3 provides a final assessment of physicians assuming independent responsibility for delivering general medical care.⁵⁰

Florida (2004)

The "2004 Sunrise Report on Proposed Licensure of Naturopathic Physicians" concluded that there is "potential risk from licensing naturopathic physicians to allow them to provide a broad range of primary care services." The state of Florida abolished its licensing provisions for naturopathy in 1959, grandfathering in several practicing naturopaths who had been licensed at that time. The 2004 report was conducted as proponents for naturopathy again sought licensure in the state.

49. Id. pp. 40-50.

^{48.} Web. Colorado Department of Regulatory Agencies, Office of Policy, Research and Regulatory Reform. 2005 sunrise review of naturopathic physicians. www.dora.state.co.us/opr/archive/2005Naturopaths.pdf. Retrieved December 12, 2007.

^{50.} Web. United States Medical Licensing Examination. www.usmle.org. Retrieved December 17, 2007.

The authors of the report concluded that:

- The proponents of regulation did not provide evidence that there is substantial harm or that the public is endangered from the unregulated practice of the profession.
- The department and other sources indicate there is a risk of harm to the public from licensing naturopathic physicians with an expanded scope of practice.⁵¹

Massachusetts (2002)

A legislative commission to study naturopathy and the prospect of licensure was established at the request of naturopaths in Massachusetts. In 2002 the Majority and Minority of the Massachusetts Special Commission on Complementary and Alternative Medical Practitioners presented their reports.⁵²

Although the majority report recommended licensure for naturopaths be granted, the minority of the special commission was compelled to submit its own report, highlighting significant deficiencies in the majority's fact-finding process and in the information presented within the majority report. The minority report provides extensive examples of the unscientific basis for naturopathic treatment and calls into question the failure of the majority to report on the validity of treatments used by naturopaths in the care of patients. "Those [members of the commission] favoring licensure of naturopaths did not show an interest in investigating the validity of naturopathic practices. We ask the legislature to question why the proponents of naturopathy did not discuss the validity of specific naturopathic practices."

In addition, the minority report contains detailed significant findings related to the education and practice of naturopaths.⁵³ "Evidence shows that the course content of naturopathy schools is filled with unscientific assertions that strain credulity. ... Evidence was presented showing that both graduates and practicing naturopaths lack experience in recognition of disease and effects of treatment." The authors of the minority report assert a logical approach in opposing licensure to naturopaths. "Standard naturopathic practice is substandard medical practice. Thus, an independent naturopathic board would legitimize unacceptable practices. ... [T]hus, the establishment of a self-regulating naturopathic board would, paradoxically, endorse practices that would be grounds for discipline if performed by a physician."

Though professional collaboration should be the norm among health professionals, the authors of the minority report state that serious problems would arise with regard to professional collaboration should naturopaths be granted licensure in Massachusetts. First, they argue, naturopaths by their very training are disinclined to refer patients for conventional medical care. Naturopaths consider naturopathy to be a "distinct system of complementary health care," not complementary to conventional medical care. In fact, the authors note that every naturopathic treatise or professional literature denigrates modern medicine as "treating only the symptoms, not the cause" of disease, and warns the reader about pharmaceuticals, which are consistently referred to as "toxins."⁵⁴ Therefore, it is highly unlikely, the authors conclude, that a naturopath would refer a patient to a physician for medical care.

These statements are corroborated by a 1999 study published in the Archives of Pediatric and Adolescent Medicine. Using professional naturopathic associations to identify possible subjects, the author surveyed practicing naturopaths and homeopaths in Massachusetts. Results showed that nearly all respondents reported treating children, but *fewer than half* of the responding practitioners reported any formal pediatric training. Most practitioners reported that they *did not* actively recommend immunizations and fewer than half of the nonphysician practitioners reported that they would refer a twoweek-old neonate with a fever to a medical doctor or emergency medical facility. The author concluded that many of the patients using homeopathy and naturopathy are children. "Failure on the part of these providers to recommend immunizations or recognize potentially serious illnesses is cause for concern."55

54. Id.

55. Lee AC, Kemper KJ. Homeopathy and naturopathy: practice characteristics and pediatric care. Arch Pediatr Adolesc Med. 2000 Jan;154(1):75-80.

^{51.} Web. Sunrise report on proposed licensure of naturopathic physicians. January 2004. Found at Naturowatch. www.naturowatch.org/licensure/flasunrise2004.html. Retrieved December 17, 2007.

^{52.} Web. Minority report of the Massachusetts Special Commission on Complementary and Alternative Medicine Providers, 2003. Retrieved December 5, 2007. www.quackwatch.org/01QuackeryRelatedTopics/Naturopathy/minority.pdf.

^{53.} Id.

The Massachusetts minority report also notes that the medical code of ethics precludes physicians from collaborating with unscientific practitioners, such as naturopaths. In particular, AMA Ethical Opinion E-3.01 is referenced, which reads:

It is unethical to engage in or to aid and abet in treatment which has no scientific basis and is dangerous, is calculated to deceive the patient, by giving false hope, or which may cause the patient delay in seeking proper care.

The report of the majority, as mentioned above, does not include any information on the safety, efficacy or scientific validity of naturopathic treatments. Instead, it provides recommendations for an administrative framework to support the implementation of naturopath licensure, as well as training standards for licensure that mirror the requirements of the accrediting body for naturopathic schools. Although presented with textbooks used in naturopathy schools, the majority "was not able to determine the quality or reliability of these books or the standards used in developing them."⁵⁶

There is at least one statement in the majority report that is untrue. Under the section entitled "Criteria that suggest the need for licensure," the majority truthfully states that the accreditor of naturopathy schools, the Council on Naturopathic Medical Education (CNME), is a private accrediting agency not recognized by the federal government. The report then incorrectly states that the accrediting body for conventional medical schools is similarly not recognized by the federal government.⁵⁷ Nothing is further from the truth. The Liaison Committee on Medical Education, the accreditor of U.S. medical schools, has been continuously recognized by the U.S. Department of Education since 1952.58 Instead, it was the CNME that had its recognition from the U.S. Department of Education revoked in 2001 (just prior to the release of the majority and minority Massachusetts reports) for failure to apply its own standards to a naturopathy school in candidate status for accreditation. At the time of the Massachusetts Commission's reports, the CNME was *not* recognized by the Department of Education, while the Liaison Committee on Medical Education previously had been and continues to be recognized by the Department of Education as the sole accreditor of U.S. medical schools awarding the MD degree. Likewise, the American Osteopathic Association's Commission on Osteopathic College Accreditation is recognized by the Department of Education as the sole accreditor of U.S. osteopathic medical colleges awarding the DO degree, and has continuously maintained its recognition since 1952.⁵⁹

Missouri (2006)

A 2006 Report of the Senate Interim Committee on Naturopathic Medicine in Missouri⁶⁰ noted significant concerns with the education and standardized testing of naturopaths:

Questions have been raised as to the extent to which the NPLEX (the Naturopathic Licensing Examination) effectively measures competency. ... Unlike the NPLEX, the USMLE (U.S. Medical Licensing Exam) has a third part (USMLE Part III) designed to test clinical competence and "assess whether medical graduates can apply medical knowledge and understanding of biomedical and clinical science essential for the unsupervised practice of medicine." The Committee views the absence of such an evaluation as a significant flaw in the NPLEX.

The main accrediting organization for naturopathic colleges has been in and out of favor with the U.S. Department of Education. ... As a result, the Committee does not have full faith in the diligence of the CNME as an accrediting body."

Finally, emphasizing the inadequacy of the evidence presented them by proponents for naturopathic licensure, and also echoing public confusion regarding the

^{56.} Web. Majority report of the Massachusetts Special Commission on Complementary and Alternative Medicine Providers, 2003. Retrieved December 5, 2007. Available at www.quackwatch.org/01QuackeryRelatedTopics/Naturopathy/minority.pdf.

^{57.} Id.

^{58.} Web. U.S. Department of Education. Specialized accrediting agencies. www.ed.gov/admins/finaid/accred/accreditation_pg8.html#med. Retrieved December 18, 2007.

^{59.} Web. A brief history of AOA accreditation activities. www.do-online.org/index.cfm?PageID=edu_main&au=D&SubPageID=acc_main&SubSubPageID=acc_predoc. Retrieved March 10, 2008.

^{60.} Web. Report of the Senate Interim Committee on Naturopathic Medicine. Prepared by Chris Hogerty, Senate Research Staff. January 20, 2006. Retrieved December 5, 2007. www.senate.mo.gov/06info/comm/interim/sinm/NaturopathReport.pdf.

qualifications of naturopaths, the committee concluded, "it remains unclear to the committee … who is a naturopath or what makes one a naturopath. This is a fundamental and necessary question that the committee was unable to determine."⁶¹

Nevada (An administrative history of the Board of Naturopathic Healing)

The Nevada Board of Naturopathic Healing was created in 1981. Nevada statutes required that the board consist of the following members appointed by the Governor: three licensed naturopaths engaged in the practice of naturopathic healing for more than two years in the state, one licensed physician who is a valid Nevada resident and one public member who is neither a licensed health practitioner nor a health administrator. The statute allowed the initial naturopaths on the board to be licensed and engaged in practice in another state, and authorized their appointment to the board to constitute their licensure in Nevada.

The first chairman of the Nevada Board of Naturopathic Healing submitted his resignation in 1982 and the three other members resigned in 1983, leaving the one nonhealth practitioner, who was unable to take any action for lack of a quorum. Until the governor appointed qualified members, the board remained inactive. Meanwhile, the legislative subcommittee received testimony and correspondence alleging that certain licensed naturopaths in the state were practicing with questionable, if not fraudulent credentials. The subcommittee recommended a modification of the board's membership, and that the skills and knowledge of all Nevada licensed naturopaths be thoroughly examined and verified. There appeared to be little board activity after 1983, and in 1987 the state assembly enacted a bill that rendered the board defunct. Any license issued by the Nevada Board of Naturopathic Healing expired on July 1, 1987.62

Demographics of the profession

Number of licensed naturopaths in the U.S. work force

In 2004 it was estimated there were 1,500 naturopaths practicing in the United States.⁶³ As of late 2005, the AANP reported approximately 4,000 naturopathic doctors were practicing in the United States, but a 2006 tally of naturopaths in the 15 states that permit licensure of naturopaths revealed approximately 3,300 licensed naturopaths. There is no practical estimate of the number of naturopaths practicing in states where licensure is not permitted, nor is there an estimate of the number of traditional naturopaths currently practicing in any or all states. (See Figure 1, page 46, for more information.)

Employment types/locales

Most naturopaths establish private naturopathic practices or teach at schools of naturopathy. Naturopathic practitioners may work with physicians or chiropractors, or in hospitals, nursing homes, clinics, health clubs or resorts.⁶⁴

Salary data

A Seattle newspaper stated in December 2003 that most naturopaths established private practices and earned \$35,000 to \$100,000 annually.⁶⁵ A 2004 survey conducted by the National College of Naturopathic Medicine found that the median take-home pay for individuals working 32 hours or more per week was \$45,000, while the average was \$54,000. The high annual take-home pay was \$250,000.⁶⁶

The Princeton Review online, in its graduate school and careers section, notes that "according to a survey by the AANP, naturopathic doctors generally earn in the low to mid range of family practice doctors. A beginning ND, just starting up his or her practice, working part time or building a staff, may earn between \$20,000 to \$30,000 per year. However, an ND who runs or partners in a large, busy practice makes an average estimated income of \$80,000 to \$90,000 per year—and may make upwards of \$200,000."⁶⁷

61. Id.

^{62.} Web. Nevada State Library and Archives. Board of Naturopathy; Administrative History. http://dmla.clan.lib.nv.us/DOCS/nsla/archives/archival/lic-rec/naturo. htm. Retrieved December 10, 2007.

^{63.} Web. eNotes. Alternative medicine—naturopathic medicine. Retrieved July 28, 2006. http://health.enotes.com/alternative-medicine-encyclopedia/naturopathic-medicine.

^{64.} Web. UniXL. Retrieved July 28, 2006. Search term "naturopathy jobs." www.unixl.com/dir/health_sciences/naturopathy/.

^{65.} Perry N. University carves niche in alternative health care. The Seattle Times. December 24, 2003. www.ntskeptics.org/news/news2003-12-28.htm.

^{66.} Web. National College of Naturopathic Medicine. Alumni survey summer 2004—income data. Retrieved July 28, 2006. www.ncnm.edu/alumniandfriends/200 4AlumniSurvey.pdf.

^{67.} Web. The Princeton Review. Retrieved November 20, 2007. www.princetonreview.com/grad/research/programProfiles/salariescareers.asp?programid=98.

IV. Billing for services

Medicare

Medicare does not provide for the reimbursement of naturopathy.⁶⁸ In 1968 the U.S. Department of Health, Education, and Welfare (now the U.S. Department of Health and Human Services) reported to Congress, recommending that naturopathic services not be added to Medicare coverage.⁶⁹ Naturopaths had requested coverage for the services of naturopathic physicians under Part B of the Supplementary Medical Insurance Program as independent practitioners serving as "points of entry," similar to doctors of medicine and osteopathy, but subject to restrictions in treatment as specified in state licensure laws.⁷⁰

The report contained an enormous amount of research, and Congress ultimately declined the naturopaths' request for coverage, concluding that "naturopathic theory and practice are not based on the body of basic knowledge related to health, disease, and health care which has been widely accepted by the scientific community. Moreover, irrespective of its theory, the scope and quality of naturopathic education do not prepare the practitioner to make an adequate diagnosis and provide appropriate treatment."⁷¹

Medicaid

Medicaid will cover acupuncture and/or naturopathic services if the practitioner is licensed in the state where the service is provided and the service is considered a medical necessity.⁷² The Medicaid Act does not define "medically necessary"; each state is allowed to develop its own definition for operation of the Medicaid program in the state.⁷³

Private payers

More than 90 insurance carriers currently cover naturopathic medicine in the United States and Canada.⁷⁴ Increasingly, NDs are covered as specialists and primary care providers under corporate reimbursement plans.⁷⁵ Connecticut, Washington, Montana and Alaska have mandated insurance reimbursement for "medically necessary and appropriate naturopathic medical services."⁷⁶

^{68.} Web. AOA Document. Non-physician Monograph series: Naturopaths. September 2005; also NaturoWatch, Sunrise report on proposed licensure of naturopathic physicians (Jan. 2004). www.naturowatch.org/licensure/flasunrise2004.html. Verified by CMS Web site search. www.cms.hhs.gov/default.asp. Search terms: naturopath and naturopathic (searched September 2, 2006).

^{69.} Web. Quackwatch.org. HEW report on naturopathy (1968). Retrieved December 18, 2007. www.quackwatch.org/01QuackeryRelatedTopics/Naturopathy/hew. html. Referencing U.S. Department of Health, Education, and Welfare's Report to Congress: Independent practitioners under Medicare: 1968.

^{70.} Id.

^{71.} Id.

^{72.} Web. AOA Document. Non-physician monograph series: Naturopaths. September 2005; also verified by Lexis search, September 5, 2006.

^{73.} Web. Neighborhood Legal Services Inc. The "Medical Necessity Requirement" in Medicaid. Tim Sindelar, Disability Law Center, Boston, MA. www.nls.org/conf2002/medicaidandmedicalnecessity.htm. Retrieved November 19, 2007.

^{74.} Web. Vital Stream Naturopathy. About naturopathy. Retrieved July 29, 2006. www.vsnaturopathy.com/aboutnd.html.

^{75.} Dunne N. Naturopathic medicine: What can patients expect. The Journal of Family Practice 54,12 (Dec. 2005): 1067-72.

^{76.} Leonard T. Naturopathic medicine focuses on body's natural healing processes. Santa Cruz Sentinel. September 25, 2005.

V. Education and training of naturopaths

Doctoral programs/degrees

As mentioned earlier, naturopathy has been in existence in the United States for more than 100 years, but modern graduate naturopathic education is relatively new. The oldest of the accredited U.S. schools of naturopathy was established in 1956, with the remaining three accredited schools first admitting students in the years 1978, 1992 and 1996, respectively.⁷⁷

The ND and NMD programs lead to a doctoral degree in naturopathy and typically require four years of graduate study. Some schools offer ND degrees as correspondence courses with little or no requirement for supervised clinical practice. Programs accredited by the CNME that offer an ND or NMD degree require clinical internship during the third and fourth years of study.⁷⁸

Accrediting bodies

Founded in 1978, the CNME is presently accepted as the programmatic accrediting agency for naturopathic education by the four-year naturopathic colleges and programs in the United States and Canada, by the American and Canadian national naturopathic professional associations, and by the North American Board of Naturopathic Examiners. The CNME received initial recognition from the U.S. Department of Education in 1987, lost recognition status in 2001 due to its failure to apply its own accreditation standards to a candidate school for accreditation, and ultimately regained recognition status in 2003. (See next section for more information.)

The American Naturopathic Medical Accreditation Board (ANMAB) also accredits U.S. schools of naturopathy leading to the ND degree, as well as schools that offer certificates, diplomas or coursework in the naturopathic arts and sciences.

U.S. Department of Education recognition of accrediting bodies

The U.S. Department of Education recognizes the CNME as the national programmatic accrediting agency for programs leading to the NMD or ND degree.⁷⁹ Accrediting agencies with the Department of Education's recognition have been found in compliance with the federal regulations that apply to educational accrediting agencies, and are determined to be reliable authorities as to the quality of education or training provided by the institutions of higher education and the higher education programs they accredit.⁸⁰ The Department of Education's recognition means the schools or specialized educational programs the accrediting agency accredits are eligible to seek participation in programs sponsored by federal agencies. Students and graduates of U.S. naturopathic medicine programs with CNME accreditation are eligible to apply for such federal programs as the Academic Research Enhancement Awards and the Loan Repayment Program, and receive federal student aid.⁸¹

Originally recognized by the Department of Education as an accrediting agency in 1987, the CNME was stripped of its recognized status Jan. 16, 2001, as a result of its failure to apply its own standards to a candidate school for accreditation, the Southwest College of Naturopathic Medicine and Health Sciences.⁸² Before 1987, U.S. schools of naturopathy were not accredited by any body recognized by the U.S. Department of Education, thus providing no assurance as to the quality of the education received by naturopathic graduates prior to this time.

^{77.} Web. National College of Natural Medicine, www.ncnm.edu; Bastyr University, www.bastyr.edu; Southwest College of Naturopathic Medicine, www.scnm.edu; University of Bridgeport College of Naturopathic Medicine, www.bridgeport.edu. Retrieved December 12, 2007.

^{78.} Hough H, Dower C, and O'Neil E. Profile of a Profession: Naturopathic Practice. Center for the Health Professions: University of California, San Francisco, 2001.

^{79.} Web. U.S. Department of Education. National institutional and specialized accrediting bodies. www.ed.gov/admins/finaid/accred/accreditation_pg8.html#nnm. Retrieved September 6, 2006.

^{80.} Web. U.S. Department of Education. Overview of accreditation. www.ed.gov. Retrieved December 12, 2007.

^{81.} Web. CNME. www.cnme.org/faq.html. Retrieved September 6, 2006.

^{82.} Web. Memorandum from the U.S. Secretary of Education to the Council on Naturopathic Medical Education. January 16, 2006. Docket No. 00-06-O. www.ed-oha.org/secretarycases/2000-06-O.pdf. Retrieved November 26, 2007.

In order to be recognized by the Department of Education, an "accreditor must have standards for accreditation that assess, among other things, an institution's 'curricula,' 'faculty,' and 'fiscal and administrative facility."⁸³ Further, the accreditor must be one that "consistently applies and enforces standards that ensure that the course or programs ... are of sufficient quality to achieve ... the stated objectives for which the course of programs are offered."⁸⁴

The CNME's standards for accreditation noted several particular situations that would lead the CNME to issue a show-cause letter to withdraw a candidate institution from contention for accreditation. One of these situations included the "inadequate financial support and control of the institution."⁸⁵

The U.S. Department of Education found that during the period of 1996–1999, while Southwest College was a candidate for accreditation, "the entire financial structure [of the college] had become unstable." Because of financial constraints, the school had no president, senior vice president/chief operating officer or dean of students. Moreover, the college had "a large accumulated debt," and the school's tuition could not cover its operating expenses, much less its debt. The November 1997 CNME evaluation team believed the school was operating "under crisis management."⁸⁶

A prior 1996 CNME evaluation visit to Southwest College, as well as the November 1997 visit, produced merely recommendations and scheduled future visits by the CNME. Situations had not improved in April 1998 or in March 1999. Regulations of the Department of Education require that candidate status for accreditation can last no longer than five years. In 1999, as the college's period for candidacy neared its end, its leadership announced a decision to close the school and classes were ultimately cancelled for two weeks. The Department of Education denied the CNME recognition as an accreditor of naturopathic schools due to its failure to issue a show-cause letter to Southwest College, despite overwhelming evidence of the school's inadequate financial support and control. More succinctly, the "[c]onditions at [Southwest College] continued to deteriorate significantly," yet the CNME did not act (deliver a show-cause letter) until officials attempted to close the school. According to the Department of Education's memorandum, the CNME did not "take prompt adverse action" or "require [Southwest College] to bring itself into compliance" with CNME standards for accreditation.

The CNME was re-recognized by the U.S. Department of Education in 2003.⁸⁷ To regain its recognition, the CNME had to "consistently apply and enforce standards that ensure that the course or programs ... are of sufficient quality to achieve ... the stated objective for which the courses or the programs are offered" in the future. The CNME is scheduled for a renewal of recognition review by the Department of Education again in the spring of 2008.⁸⁸

The ANMAB is not currently recognized by the U.S. Department of Education as a programmatic accreditor of post-secondary programs in naturopathy. However, four U.S. schools awarding ND degrees publicize their ANMAB accreditation on their Web sites.⁸⁹

U.S. and Canadian schools granting ND or NMD degrees

Research has identified eight U.S. schools of naturopathy that grant doctoral degrees and two additional schools in Canada. There are four CNME-accredited doctoral programs in the United States, one in Canada, and one school in Canada that is a candidate for accreditation.⁹⁰ As of August 2006, among the four U.S.

83. Id.

84. Id.

- 85. Id.
- 86. Id.

^{87.} Id

Web. U.S. Department of Education. Accreditation in the United States. www.ed.gov/admins/finaid/accred/accreditation_pg8.html#nnm. Retrieved December 14, 2007.

^{89.} Clayton College; Canyon College; Trinity College of Natural Health; The University of Natural Medicine.

^{90.} Web. The Council on Naturopathic Medical Education. CNME accredited and candidate programs. Retrieved July 29, 2006. www.cnme.org/links.html.

CNME-accredited schools, there were approximately 1,290 students enrolled in naturopathy programs.^{91,92,93,94} The CNME-accredited schools in the United States are:

- Bastyr University in Kenmore, Wash. (est. 1978)
- National College of Naturopathic Medicine in Portland, Ore. (est. 1956)
- Southwest College of Naturopathic Medicine and Health Sciences in Tempe, Ariz. (est. 1992)
- University of Bridgeport (UB) College of Naturopathic Medicine in Bridgeport, Conn. (est. 1927, ND program est. 1996)

The sole CNME-accredited Canadian school, located in Ontario, is the Canadian College of Naturopathic Medicine. The CNME has granted candidate status to The Boucher Institute of Naturopathic Medicine located in British Columbia.⁹⁵ All U.S. and Canadian accredited schools operate their degree programs on campus (as opposed to distance or online learning).

The financial instability of the Southwest College of Naturopathic Medicine has been previously mentioned. The UB similarly faced significant fiscal and administrative problems when, as a result of declining enrollment in the 1980s and reduced state and federal funding for higher education during this period, the school's administration attempted to fire nearly 50 tenured faculty and demand a 30 percent decrease in salary from the rest of the faculty. What resulted was the longest strike of faculty in the history of U.S. higher education.⁹⁶

Interestingly, a group called the Professors World Peace Academy (PWPA) offered financial assistance to the UB with a program of forgivable loans in 1992. The PWPA is a satellite group of the Unification Church of Sun Myung Moon⁹⁷ (a group commonly known as the "Moonies"). The amount loaned to the UB over the years nears \$110 million.

According to one 1997 article on the Unification Church bailout of the UB:

Instantly, there was a mass exodus of faculty from the university. Many professors did not want to be associated with a cult. The strikers settled with UB, but had to sign documents to the effect that they would never seek employment at the school again. The Law School, the university's only profitable program, dissolved its association and fled to Quinnipiac College in Hamden.

The PWPA was given the right to name 60% of the UB board.

UB has become a center for alternative and unproven pseudo-medical propaganda. It was the first U.S. university to officially create a College of Chiropractic. In the fall of 1996, the new school of Naturopathy was opened [T]hey are trying to gain acceptability through the legitimizing tonic of university affiliation.⁹⁸

Average annual tuition and fees at the four U.S. CNME-accredited schools for the 2007–2008 academic year was \$22,315.⁹⁹

The four U.S. schools of naturopathy granting ND degrees that are accredited by the ANMAB include:

- Clayton College of Natural Health in Birmingham, Ala.
- Canyon College in Caldwell, Idaho
- Trinity College of Natural Health in Warsaw, Ind.
- The University of Natural Medicine in Santa Fe, N.M.

94. Grandison, Mike. ND degree program question. E-mail from school. August 7, 2006.

^{91.} Pfau, Jason L. Naturopathic program questions. E-mail from school. August 7, 2006.

^{92.} Ackles, Kelly. ND program question. E-mail from school. August 8, 2006.

^{93.} Phone conversation with the National College of Natural Medicine Admissions Department (August 7, 2006).

^{95.} Web. The Council on Naturopathic Medical Education. CNME accredited and candidate programs. Retrieved September 2, 2006. www.cnme.org/links.html.

^{96.} Web. New York Times. Judson G. Strike by professors is settled at the University of Bridgeport. August 29, 1992. Retrieved December 18, 2007. http://query.nytimes.com/gst/fullpage.html?res=9E0CE7D91030F93AA1575BC0A964958260.

^{97.} Web. New York Times. Liotta J. For Bridgeport campus, a new kind of college. October 19, 1997. http://query.nytimes.com/gst/fullpage.html?res= 9E03E1D7143FF93AA25753C1A961958260&sec=&spon=&pagewanted=1. Retrieved December 14, 2007.

^{98.} Web. Perry DeAngelis. The New England Skeptic Society. The Cultiversity of Bridgeport. January 1, 1997. www.theness.com/articles.asp?id=60. Retrieved December 14, 2007.

^{99.} Web. Bastyr University (\$23,515), www.bastyr.edu; Southwest College of Naturopathic Medicine (\$22,820), www.scnm.edu; National College of Naturopathic Medicine (\$22,928), www.scnm.edu; phone call to University of Bridgeport (\$20,000). All retrieved December 19, 2007.

Graduates per year

Approximately 270 students graduated from CNMEaccredited U.S. schools of naturopathy in 2005.¹⁰⁰

Core competencies required for accreditation

The CNME accredits programs using the *Handbook of* Accreditation.¹⁰¹ The following are the core accreditation standards for naturopathic programs:

- Program must have a well-defined mission and practical objectives
- Program is well-organized, administered and has a competent faculty
- Program is financially stable and financially well-managed
- Adequate student services
- Core curriculum must meet the following minimum standards:
 - 1. Academic program presented over a period of 12 quarters (10–12 weeks per quarter) and has a minimum of 4,100 total clock hours, at least 1,200 of which must be devoted to clinical education
 - 2. Basic Sciences program consisting of: anatomy (including gross anatomy, dissection and/or prosection, neuroanatomy, embryology, histology); physiology (lecture and lab); pathology; biochemistry; environmental/public health (also including immunology and infectious diseases); and pharmacology/pharmacognosy
 - 3. Clinical Sciences program consisting of: diagnostic courses (physical, clinical, laboratory, diagnostic imaging and differential diagnosis); therapeutic courses (botanical medicine, homeopathy, emergency and legend drugs, nutrition, physical medicine [includes naturopathic, osseous and soft tissue manipulative therapy, physiotherapy, sports medicine, therapeutic exercise and hydrotherapy], psychological counseling, nature care, acupuncture and Oriental medicine, medical procedures/emergencies and minor surgery); and specialty courses (organ systems [includes cardiology, dermatology, endocrinology, EENT, gastroenterology, genitourinary system, gynecology, neurology, orthopedics, pulmonary], natural childbirth/obstetrics, pediatrics, geriatrics,

rheumatology, oncology, jurisprudence, marketing principals and practice management)

- 4. Courses in the history, philosophy and principles of naturopathic medicine must also be offered in the curriculum
- Program must have a clinical education program designed to equip the students with the skills necessary for successful clinical practice
- Program must have adequate library/information resources
- Program must encourage research
- Program has sufficient physical resources, including instructional and research facilities¹⁰²

There is no information available on the ANMAB standards for accreditation other than the following excerpt from their Web site¹⁰³:

The accreditation procedures adopted have become the standard recognized by the majority of practitioners, and institutions in the naturopathic profession. To become a recognized institution of learning, and to win approval of worthiness by ANMAB, an institution has voluntarily submitted its programs to a thorough investigation by ANMAB. To insure quality in programming, the following entities underwent close scrutiny before accreditation was bestowed:

- Curricula, Faculty
- Fiscal and administrative capacity
- Student support services
- Program length, tuition, and fees in relation to academic objectives and credit received
- Student achievement (job placement, certification examination, etc.)
- Student complaints received by, or available to, the accreditor
- Credible recruiting, admissions practices, calendars, proper student records catalogues, and other publications, grading practices, advertising and publicity

^{100.} Web. Bastyr University www.bastyr.edu/. National College of Natural Medicine www.ncnm.edu/. Southwest College of Naturopathic Medicine and Health Sciences www.scnm.edu/. University of Bridgeport–College of Naturopathic Medicine www.bridgeport.edu/pages/3240.asp.

^{101.} Web. Council on Naturopathic Medical Education. www.cnme.org/index.html. Retrieved November 15, 2007.

^{102.} Web. The Council on Naturopathic Medical Education. *Handbook of Accreditation*. Retrieved on September 5, 2006. www.cnme.org/resources/2004_hoa.pdf.103. Web. The American Naturopathic Medical Accreditation Board. Retrieved on November 25, 2007. www.anmab.org.

Admission requirements

From surveying the four CNME-accredited U.S. naturopathic doctoral programs, general requirements for admission include a baccalaureate degree (or 90 credit hours of courses) with specific undergraduate course requirements detailed below, essays, letters of recommendation, personal interviews and a grade point average of 2.5–3.0.¹⁰⁴ No entrance examination, such as the Medical College Admissions Test, is required of applicants to schools of naturopathy.

Course	Average prerequisite credit hours
Algebra	0–3
Chemistry (including organic)	12–16
Biology	8–12
Physics	4–6
English	6
Humanities	6
Psychology	3–6

The Association of Accredited Naturopathic Medical Colleges (AANMC) was established in February 2001 "to propel and foster the naturopathic medical profession by actively supporting the academic efforts of accredited and recognized schools of naturopathic medicine."105 However, unlike the Association of American Medical Colleges or the American Association of Colleges of Osteopathic Medicine, the AANMC does not compile statistics on applicants or matriculants to its member schools. Nor does the AANMC publish a journal or disseminate information to the public regarding educational teaching methods, noticeable trends or statistics in the student body and/or in the achievement of educational goals, or provide information as to advanced study of students' learning processes or faculty development programs. Therefore, a comparison of the average grade point averages, bachelor's degree attainment rates and the demographic makeup of matriculants to naturopathic schools cannot be made to matriculants of U.S. medical schools.

Naturopathy school curriculum requirements

The four CNME-accredited colleges that award ND degrees in the United States follow fairly standard curricula. CNME accreditation standards do not require minimum contact hours in any one discipline. Students typically take basic science courses comprising two years of didactic study, then spend the following two years in their clinical rotations.¹⁰⁶

Didactic curriculum (years one and two)

Biological sciences¹⁰⁷:

Course	Credits required for graduation
Anatomy	
(including neuroanatomy)	13–25.5
Embryology	2–3
Histology	0–4
Biochemistry	4–12
Physiology	9–21
Microbiology/Immunology	6–7
Public health/Epidemiology	0–3
Pathology	4–14
Correlative basic science	0–2

^{104.} Web. Bastyr University www.bastyr.edu/. National College of Natural Medicine www.ncnm.edu/. Southwest College of Naturopathic Medicine and Health Sciences www.scnm.edu/. University of Bridgeport–College of Naturopathic Medicine www.bridgeport.edu/pages/3240.asp.

^{105.} Web. Association of Accredited Naturopathic Medical Colleges. www.aanmc.org. Retrieved December 18, 2007.

^{106.} Web. Bastyr University www.bastyr.edu/. National College of Natural Medicine www.ncnm.edu/. Southwest College of Naturopathic Medicine and Health Sciences www.scnm.edu/. University of Bridgeport–College of Naturopathic Medicine www.bridgeport.edu/pages/3240.asp. Last accessed September 6, 2006. 107. Id.

Naturopathic medicine studies Course	Credits required for
	graduation
Living anatomy	
(including massage, palpation)	1.5–4
Profession history and	
philosophy	2–4
Nutrition	8–13
Botanical medicine	7–14
Hydrotherapy	1.5–3.5
Oriental medicine	3–18
Homeopathic medicine	8–15
Naturopathic manipulative	
therapy	0–9
Diagnostic imaging	0–7
Medical genetics	1–2
Gynecology	3–4
Cardiology	2–3
Pediatrics	2–3
Minor surgery	1.5–5
Emergency procedure	2–5
Addictions and disorders	0–2
Obstetrics	2–3
EENT	1.5–2
Endocrinology	1.5–10.5
Neurology	1.5–2
Environmental medicine	1.5–4
Prevention/Therapeutic	
exercise	0–2
Geriatrics	1–2
Urology/Proctology	1.5–2
Oncology	1.5-2
Dermatology	1.5–2
Orthopedics/Sports medicine	1.5-4
Pharmacology	7–11

Naturonathic medicine studies and organ systems¹⁰⁸

Other professional skills ¹⁰⁹ :	
History taking/Critical thinking	0–1
Counseling skills (class)	3–3.5
Psychological assessment	1.5-2
Practice management	3.5–6
Jurisprudence/Ethics	1.5-4
Diagnostic skills (class)	3-4
Doctor-patient relationship	0–2
Research	2–4

Naturopaths employ any number of CAM modalities in their treatment, claiming mastery of all such modalities, even while practitioners of each individual modality devote years of experience to mastering their craft. Wholesystem modalities, such as traditional Chinese medicine and the Ayurvedic healing system from India, which are iconic forms of cultural healing in their respective countries, are covered in naturopathy schools in 33 (three credits) and 22 (two credits) contact hours, respectively.¹¹⁰

Additionally, in states where acupuncturists enjoy licensure, typical state requirements for licensure include board certification from the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). Minimum standard requirements for NCCAOM certification include graduation from an accredited program leading to a Master of Acupuncture certificate. This course must be at least three academic years in length and consist of at least 105 credits of specified coursework, with at least 1,905 contact hours, 660 of which must be spent in supervised clinical experiences.¹¹¹ Naturopathy students at Bastyr University receive a three-credit (33 hour) didactic course on "the fundamental principles" of traditional Chinese medicine and unknown hours of supervised clinical experience with acupuncture technique.¹¹² Most schools of naturopathy do, however, offer optional extended study for their students to meet most state licensing requirements for acupuncture.

Greater contact hours are given to the botanical and nutritional curriculum, with Bastyr University requiring 22 credits (271 contact hours).¹¹³ In contrast, the Bachelor of Science in Dietetics degree at Purdue

113. Id.

^{108.} Id.

^{109.} Id.

^{110.} Bastyr University course catalog, 2004–2005. Graduate programs and curricula-naturopathic medicine. p. 51.

^{111.} Web. Accreditation Commission for Acupuncture and Oriental Medicine. Handbook. www.acaom.org/index.htm. Retrieved December 18, 2007.

^{112.} Bastyr University course catalog, 2004–2005. Graduate programs and curricula-naturopathic medicine. p. 51.

University¹¹⁴ requires 66 credits of specific dieteticsand nutrition-related course work after completion of prerequisites, such as one year of general biology, one year of general chemistry, one year of organic chemistry, and one semester each of microbiology and biochemistry.¹¹⁵ In addition, 1,100 hours of supervised practica are required before the new graduate can sit for the registered dietitian examination.

Clinical curriculum (years three and four)

From surveying the four accredited naturopathic programs, many of the schools' curriculums have generic course titles for third- and fourth-year clinical courses or rotations (i.e., Clinical Rotation 1, Clinical Education I, Patient Care, etc.), and are not standardized with regard to when they are completed during the program.¹¹⁶ Generally, all naturopathic students' clinical experience is gained through outpatient clinics. These clinical rotations may include specialization in organ system studies, physical medicine and naturopathic manipulative therapy.¹¹⁷ It also appears that didactic education continues throughout the third and fourth years of study (i.e., these years are not wholly spent in clinical rotations), although with fewer lecture hours than in the first two years, further decreasing the time spent in clinical settings.

All CNME-accredited naturopathic doctoral programs require candidates for graduation to participate in clinical rotations.¹¹⁸ The clinical education program begins in the third year of naturopathic education and must be at least 1,200 clock hours, with at least 60 percent of the program's required hours in direct patient care.¹¹⁹ Therefore, the minimum requirement for direct patient care in a CNME-accredited naturopathic doctoral program is only 720 hours over two years.

The Textbook of Natural Medicine

Popularly hailed as the foremost reference book in naturopathy, the *Textbook of Natural Medicine* was written by Joseph E. Pizzorno, ND, and Michael T. Murray, ND. Pizzorno is the founding president, now emeritus, of Bastyr University, and Murray is a former faculty member at Bastyr. Originally published in 1985, the textbook, now in its third edition, is widely studied in schools of naturopathy.

In 2001 Arnold S. Relman, MD, professor emeritus, Medicine and Social Medicine, Harvard Medical School, and editor-in-chief emeritus of *The New England Journal of Medicine*, reviewed the second edition of the *Textbook of Natural Medicine* (1999) as part of a legislative inquiry into naturopathic medicine in Massachusetts.¹²⁰ Dr. Relman's thoughts appear below.

[T]he licensing of naturopathic medical practitioners as independent providers of primary health care would endanger the health and safety of the public and would not result in health benefits commensurate with its risks. There is abundant evidence in the *Textbook* to support this conclusion, but I summarize below only a few of the most problematic examples of the deficiencies and dangers in naturopathic practices¹²¹:

The *Textbook* describes the diagnosis and treatment of only 70 "specific health problems," and they are simply listed in alphabetical order, without regard to the nature of the condition or the organ(s) involved. In comparison, standard textbooks of conventional medicine provide a much more rational and systematic presentation that includes hundreds of disease conditions and describes them in much greater depth and detail. The *Textbook* includes in its 70 chapters on specific diseases nothing about cancer, diseases of the blood (including leukemias and anemias), nothing about heart attacks or serious abnormal rhythms

^{114.} The Purdue University program in dietetics was ranked fourth in the nation out of 240 undergraduate dietetics/nutrition programs in 1998, as reported by the Gourman Report.

^{115.} Web. Purdue University. Division of Food and Nutrition, College of Consumer and Family Sciences. www.cfs.purdue.edu/fn/undergrad/majors_minors_ dietetics.shtml. Retrieved December 5, 2007.

^{116.} Web. Bastyr University www.bastyr.edu/. National College of Natural Medicine www.ncnm.edu/. Southwest College of Naturopathic Medicine and Health Sciences www.scnm.edu/. University of Bridgeport–College of Naturopathic Medicine www.bridgeport.edu/pages/3240.asp. Last accessed September 27, 2006.

^{117.} Web. Bastyr University www.bastyr.edu/. National College of Natural Medicine www.ncnm.edu/. Southwest College of Naturopathic Medicine and Health Sciences www.scnm.edu/. University of Bridgeport–College of Naturopathic Medicine www.bridgeport.edu/pages/3240.asp. Last accessed September 27, 2006.

^{118.} Hough H, Dower C, and O'Neil E. Profile of a Profession: Naturopathic Practice. Center for the Health Professions: University of California, San Francisco, 2001.

^{119.} Web. The Council on Naturopathic Medical Education. Handbook of Accreditation. Retrieved on September 5, 2006. www.cnme.org/resources/2004_hoa.pdf.

^{120.} Web. Review of the Textbook of Natural Medicine. Presented to the Massachusetts Special Commission on Complementary and Alternative Medical

Practitioners. Retrieved December 18, 2007 from www.quackwatch.com/01QuackeryRelatedTopics/Naturopathy/relman1.html.

of the heart (such as atrial fibrillation), and virtually nothing about kidney diseases, chronic obstructive pulmonary disease, cirrhosis of the liver, or about many common and serious infections such as pulmonary tuberculosis, malaria, syphilis, meningitis, encephalitis or bacterial endocarditis. Lacking adequate education about these diseases, naturopathic practitioners might fail to diagnose them in a timely fashion or delay in referring patients for appropriate medical treatment.¹²²

Dr. Relman cited several examples of common, serious diseases that are dangerously mistreated in the textbook¹²³:

The chapter on the treatment of anginal (coronary artery) heart disease does not even mention the use of nitrates, beta-blockers or calcium-channel blockers—all of which are standard, effective, FDAapproved treatment for this condition. Failure to use one or more of these agents in the treatment of severe angina would probably be considered medical malpractice. There is no mention of "statin" drugs to lower cholesterol and prevent further progression of coronary heart disease. The use of angioplasty or bypass surgery for patients unresponsive to pharmacologic therapy is dismissed.

The chapter on high blood pressure says nothing about the diagnostic workup that is often needed to rule out certain curable causes (such as certain diseases of the adrenal gland, or obstruction in the aorta or the renal arteries). It recommends diet lifestyle changes and the use of herbs, but admits that severe cases unresponsive to these "natural" measures may require treatment with pharmaceuticals (presumably under the management of a conventional medical doctor). However, it ends with the dangerous advice that once control of high blood pressure has been achieved with drugs, the naturopathic physician should have the patient "taper off" the medications. For some such patients, a reduction in medication risks sudden resurgence of severe hypertension and the possibility of a stroke or heart attack. Most patients with severe hypertension need to remain on medication indefinitely, or for many years.

The chapter on diabetes says very little about the use of insulin, nothing about oral hypoglycemic

drugs, and nothing about the diagnosis, prevention or treatment of diabetic acidosis—except to warn that it is a medical emergency that will require hospitalization.

The chapter on HIV infection and AIDS advocates various types of herbal and "natural" remedies, but gives no information about conventional drug therapy. Although it is admitted that no clinical studies have yet demonstrated the effectiveness of naturopathic medical care in HIV infection when used alone, or even as a supplement to conventional medical treatment, the chapter nevertheless ends with this advice: 'We urge physicians to apply the principles of naturopathic medicine in the care of their HIV positive patients.' As if this neglect of the proven life-prolonging value of anti-viral pharmacotherapy were not shocking enough, the chapter also fails to recommend drug treatment of pregnant women with HIV infections, which is standard practice for the prevention of HIV transmission to the newborn. Neglect of such treatment would surely be considered malpractice in the medical profession.

As already noted, naturopathic teaching (as exemplified in the *Textbook*) claims that "natural" herbal remedies are generally superior to pharmaceuticals in the treatment of most diseases—despite the fact that the FDA forbids the manufacturers of herbal preparations and dietary supplements from making therapeutic claims. The *Textbook* nevertheless devotes a large section to herbs and dietary supplements in which many such claims are made, often with little or no credible supporting evidence in the peer-reviewed scientific literature.¹²⁴

Dr. Relman concludes his review by stating:

Primary care practitioners whose education does not include the use of prescription drugs simply cannot be expected to provide effective and safe care for many serious conditions they are likely to encounter. While it is true that unnecessary or inappropriate use of drugs is harmful, and that even proper usage of drugs can sometimes cause serious reactions, there can be no doubt that on balance prescription drugs have been enormously beneficial, and that drugs will be even more important in

122. Id.

123. Id.

the future. The anti-pharmaceutical bias of naturopathic education (as illustrated in the *Textbook*) therefore poses real risks for patients who rely on naturopaths for the management of their illnesses. Without prompt and appropriate drug therapy many patients with serious diseases will die.¹²⁵

Specific examples of other dangerous scientific inaccuracies in the second edition of the textbook include the following naturopathic treatment claims (with corresponding scientific commentary refuting the treatment claim):

St. John's wort for the treatment of HIV-positive patients

In 2000 the U.S. Food and Drug Administration (FDA) posted the following public health advisory* on its Web site: "[R]esults from a study conducted by The National Institutes of Health (NIH) that showed a significant drug interaction between St John's wort (Hypericum perforatum), an herbal product sold as a dietary supplement, and indinavir, a protease inhibitor used to treat HIV infection. In this study, concomitant administration of St. John's wort and indinavir substantially decreased indinavir plasma concentrations, potentially due to induction of the cytochrome P450 metabolic pathway. ... [B]ased on these results, it is expected that St John's wort may significantly decrease blood concentrations of all of the currently marketed HIV protease inhibitors (PIs) and possibly other drugs (to varying degrees) that are similarly metabolized, including the nonnucleoside reverse transcriptase inhibitors (NNRTIs). Consequently, concomitant use of St John's wort with PIs or NNRTIs is not recommended because this may result in suboptimal antiretroviral drug concentrations, leading to loss of virologic response and development of resistance or class cross-resistance."126

*This FDA public health advisory was released in February 2000. The second edition of the *Textbook of Natural Medicine* was published in September 1999.¹²⁷ Information on NIH-funded trials is public information.

Electrochemical silver solutions exhibit antimicrobial effectiveness

In 1999 the FDA stated it was "issuing a final rule [21 CFR Part 310] establishing that all over-thecounter (OTC) drug products containing colloidal silver ingredients or silver salts are not generally recognized as safe and effective, and are misbranded. FDA is issuing this final rule because many OTC drug products containing colloidal silver ingredients or silver salts are being marketed for numerous serious disease conditions and FDA is not aware of any substantial scientific evidence that supports the use of OTC colloidal silver ingredients or silver salts for these disease conditions."¹²⁸

Publisher Churchill Livingstone released a third edition of the *Textbook of Natural Medicine* in November 2005. Critiques or analyses of this current edition are either not known to exist or are unavailable.¹²⁹

Requirements for graduation

An ND or NMD degree generally requires four years of graduate study. Several ND programs allow students to extend study by one or two years. All students are required to complete both the didactic and clinical portions of the education program.¹³⁰

Post-graduate training

Post-graduate training is not required of graduates of naturopathic schools except in the state of Utah, which currently requires one year of post-graduate naturopathic training. Each of the four CNME-accredited naturopathic schools offers a one-year post-doctoral training program. These "residencies" may include placement in naturopathic clinics or private practices, where naturopathic philosophy and treatment are applied to patients in primary care, pediatrics, emergency care, pharmacy compounding, geriatrics, nutritional counseling and obstetrics.¹³¹

125. Id.

^{126.} Web. FDA Center for Drug Evaluation and Research (CDER). Public Health Advisory. February 10, 2000. Subject: Risk of drug interactions with St. John's wort and indinavir and other drugs. www.fda.gov/cder/drug/advisory/stjwort.htm. Retrieved December 20, 2007.

^{127.} Web. Amazon.com. www.amazon.com/Textbook-Natural-Medicine-2-Set/dp/0443059454. Retrieved March 10, 2008.

^{128.} Web. FDA Talk Paper. FDA issues final rule on OTC products containing colloidal silver. www.fda.gov/bbs/topics/ANSWERS/ANS00971.html. Retrieved December 20, 2007.

^{129.} When researching this module, the AMA did not review the second or third editions of the Textbook of Natural Medicine.

^{130.} Hough H, Dower C, and O'Neil E. Profile of a Profession: Naturopathic Practice. Center for the Health Professions: University of California, San Francisco, 2001.

^{131.} Web. Bastyr University www.bastyr.edu/. National College of Natural Medicine www.ncnm.edu/. Southwest College of Naturopathic Medicine and Health Sciences www.scnm.edu/. University of Bridgeport–College of Naturopathic Medicine www.bridgeport.edu/pages/3240.asp. Last accessed September 27, 2006.

In 2005 the CNME implemented an approval process for naturopathic post-graduate training programs. However, there are no standard requirements for naturopathy curriculum, rotations or experiences. In terms of program content, all that is required by the CNME is that the participant receive 35 hours a year of didactic instruction and participate in "scholarly activities that promote a spirit of inquiry, scholarship and critical thinking, such as discussions, rounds, study clubs, presentations, conferences, and local, regional or national professional associations and scientific societies."¹³²

As an example of the limited exposure to patients experienced by naturopathic post-graduates, below is a description of the training offered by the UB.¹³³ Note in particular the administrative nature of the majority of the duties assigned to the "residents," the low number of hours spent in direct patient care and the absence of descriptions of patient pathology or patient populations expected to be seen by the residents.

The [University of Bridgeport (UB)] residency program is part of the CNME approved residency program at National College of Naturopathic Medicine (NCNM). The UB residency offers a wide range of clinical experiences at three different settings. The resident will have an opportunity to supervise UB student clinicians at the UB Health Center and its satellite clinics. At the Integrative Medicine Center (IMC), which is affiliated with Yale Preventative Research Center (PRC) at Griffin Hospital, the resident will be working closely with conventional practitioners (MDs or a nurse practitioner) and a supervising Naturopathic physician to come up with appropriate diagnoses and treatment plans for patients. To increase patient exposures and to familiarize with conventional assessments and treatments, the resident will also have clinical rotations in different departments at Griffin Hospital and its affiliated clinics.

UB Health Center:

• Supervise UB student clinicians at the UB Health Center and its satellite clinics for five 4-hour shifts or 20 hours per week.

- Perform administrative duties such as posting daily patient schedules and opening/closing the clinics.
- Keep track of patient contacts to report to the NCNM residency program.

Integrative Medicine Center (IMC) at Griffin Hospital:

- Work at the IMC for three 4-hour shifts per week or 12 hours per week.
- Discuss diagnoses and treatment plans with conventional practitioners and a supervising ND and present to patients.
- Perform IVMT (Intravenous Micronutrients Therapy) or Myer's cocktail through IV push for fibromyalgia patients or Glutathione IV push for Parkinson's disease.
- Conduct dictations for new patients.
- Make follow-up phone calls to returning patients.
- Present Fire Chat talks on topics of your choice on a monthly basis to local community at the IMC.
- Keep track of patient contacts to report to the NCNM residency program.
- The resident may be required to help with the research at the PRC.

Clinical Rotations at Griffin Hospital:

- Initiate and maintain clinical rotations in the departments of choice at Griffin hospital and its affiliated clinics for approximately two 5-hour shifts per week or 10 hours per week.
- Select an interesting case from the rotations and present a grand round to medical students and residents at Griffin hospital.
- Take a medical history, perform a physical exam, and present the case to attending physicians (MDs) before initiating diagnostic assessments and treatment plans.

^{132.} Web. Council on Naturopathic Medical Education. The Handbook on CNME Postdoctoral Naturopathic Medical Education Sponsor Recognition Process And Standards. www.cnme.org/resources/residency_handbook.pdf. Retrieved November 26, 2007.

^{133.} Web. National College of Natural Medicine. www.ncnm.edu/academics/UB_Residency 2005.doc. Retrieved October 5, 2006.

VI. Naturopath licensure and board certification

Standardized national licensure examination

The North American Board of Naturopathic Examiners (NABNE) developed and administers the Naturopathic Physicians Licensing Exam (NPLEX).¹³⁴ The exam consists of two parts, unlike the United States Medical Licensing Examination (USMLE) or the Comprehensive Osteopathic Medical Licensing Examination (COMLEX-USA), which each contain three steps/levels.

NPLEX Part I, the "basic science" exam, is generally taken by students upon completion of their second year of naturopathy school. Eligibility requirements for Part I include enrollment in an accredited naturopathy school or an approved in-residence program, and completion of courses in the following subject areas to be tested: anatomy, physiology, biochemistry, microbiology and immunology, and pathology.¹³⁵ Each section contains 50 multiple choice questions and students are allotted 60 minutes to complete each section.¹³⁶

Individuals are eligible for NPLEX Part II, the "core clinical science" exam, upon graduation from an approved naturopathic medical education program and after fulfilling the NABNE basic science requirement by either passing NPLEX Part I or by having been granted a waiver by the NABNE.¹³⁷ NPLEX Part II consists of eight sections that test the core clinical sciences: physical and clinical diagnosis, lab diagnosis and diagnostic imaging, emergency medicine and public health, pharmacology, botanical medicine, nutrition, physical medicine and counseling, behavioral medicine and health psychology. Each section contains 50 multiple choice questions and students are allotted 60 minutes per section. Additional time is given for the physical and clinical diagnosis (150 items, three hours) and lab diagnosis and diagnostic imaging (75 items, 90 minutes) sections.¹³⁸ Part II is offered over a course of three days.

NPLEX Part II also features three elective examinations in homeopathy, minor surgery and acupuncture.¹³⁹ Each of these elective examinations contains 50 multiple choice questions and runs 60 minutes.¹⁴⁰

Notably, the state of Colorado, in its detailed analysis of the NPLEX series, found that NPLEX Part II does not adequately measure clinical competence. This deficiency in the assurance of providing competent health care providers to the public is not at issue in examining physicians for licensure. As noted earlier, the USMLE and COMLEX-USA both contain a separate third component to specifically assess whether the examinee can apply medical knowledge and understanding of biomedical and clinical science essential for the unsupervised practice of medicine, with emphasis on patient management in ambulatory settings. Step 3 of the UMSLE and Level 3 of the COMLEX-USA provide a final assessment of physicians assuming independent responsibility for delivering general medical care.¹⁴¹

Additionally, states may require candidates for naturopathic licensure pass a state-written and -administered examination for licensure. As mentioned previously, in 2000 the Arizona Office of the Auditor General reported a concerning lack of diligence by the Arizona Naturopathic Physicians Board of Medical Examiners in their examination of candidates for naturopathic licensure:

The Board needs to correct numerous problems with its three-part licensing examination, or adopt a national examination, to ensure that the naturopaths it licenses are competent. Since 1997, the Board has been administering a licensing examination it developed specifically for Arizona. Problems with this examination call into question its validity as a tool for measuring an applicant's competence

^{134.} Web. NABNE. Licensing and Registration. Retrieved July 30, 2006. www.nabne.org/licensereg.php.

^{135.} Id.

^{136.} Web. NABNE. Eligibility. Retrieved September 6, 2006. www.nabne.org/eligibility.php.

^{137.} Web. NABNE. Waiver. Retrieved September 6, 2006. www.nabne.org/consideration.php#PWUSNPCPE.

^{138.} Web. NABNE. FAQs. Retrieved September 6, 2006. www.nabne.org/questions.php#aboutexams.

^{139.} Id.

^{140.} Id.

^{141.} Web. United States Medical Licensing Examination. www.usmle.org. Retrieved December 17, 2007.

to practice naturopathy. For example, the Board has not ensured that the examination tests what a naturopath would need to know to practice safely and has not shown that examination writers possess the necessary expertise and training to develop test questions. Further, the Board has made extensive adjustments to examination scores. For example, one licensure applicant received credit for 90 questions that she had answered incorrectly on one part of the February 1999 exam. As a result of such scoring adjustments, no one has failed the Board's exam since September 1998.¹⁴²

National board certification

There is no generalist board certification available for the practice of naturopathy. However, a naturopath may achieve specialty certification by any of several organizations. Several states require licensed naturopaths to obtain specialty certification in order to provide certain health care services. For example, it is most common for states to require naturopaths to achieve certification in naturopathic childbirth or acupuncture if they want to provide those services.

Naturopathic childbirth

The American College of Naturopathic Obstetrics (ACNO) is the credentialing arm of the American Association of Naturopathic Midwives. Eligibility to sit for the three-hour ACNO examination requires that (1) the candidate is a student of a CNME-accredited naturopathic school or hold a degree from such a school; (2) the candidate has sat through 100 contact hours of didactic instruction on midwifery at a CNME-accredited school; and (3) the candidate has attended 15 births.

A naturopathic midwife must hold a ND or NMD degree, but in essence receives the same certification as a certified professional midwife, more commonly known as a lay midwife. Many naturopathic colleges offer optional training programs that allow students or graduates to qualify for both the ACNO exam and the certified professional midwife exam offered by the North American Registry of Midwives. The American Association of Naturopathic Midwives describes naturopathic midwives as:

[T]he most extensively trained natural childbirth providers available to you and your family. Naturopathic midwives are trained to provide you with safe and effective midwifery care and their background as licensed naturopathic doctors broadens the scope of care you will experience from pregnancy and birth to full family natural health care. From preconception and infertility counseling through newborn and pediatric care, ongoing well woman and menopause concerns, naturopathic midwives are healthcare providers for all seasons of your family's health care needs.¹⁴³

Again, it is significant to note that naturopaths who attend births and deliver newborns are licensed only to the extent of a certified professional midwife (also known as a lay midwife). The doctoral degree does not confer upon the naturopath any birthing privileges greater than those of a lay midwife.

Naturopathic acupuncture

States that permit naturopaths to perform acupuncture typically require specialty certification. Candidates must submit documentation of didactic instruction and supervised clinical experience. In addition, candidates must typically pass an examination, either the NPLEX Part II elective examination in acupuncture or a test offered by the National Certification Commission for Acupuncture and Oriental Medicine. In most cases, students of naturopathy who also want to practice acupuncture will need to extend their doctoral study by at least one year in order to fulfill state and/or examination requirements.

^{142.} Web. State of Arizona Office of the Auditor General. Naturopathic Physicians Board of Medical Examiners (June 2000, Report No. 00-9). Retrieved December 12, 2007. Available at: www.azauditor.gov/Reports/State_Agencies/.

^{143.} Web. American Association of Naturopathic Midwives. www.naturopathicmidwives.org. Retrieved December 20, 2007.

VII. State licensure and regulation

States that license naturopaths

Naturopaths must meet licensing requirements in all states that recognize naturopathy through licensure. Presently, 14 states and the District of Columbia regulate naturopaths through licensure: Alaska, Arizona, California, Connecticut, Hawaii, Idaho, Kansas, Maine, Montana, New Hampshire, Oregon, Utah, Vermont and Washington. Puerto Rico and the U.S. Virgin Islands similarly license naturopaths.

The rest of the country does not recognize the profession through licensure, with South Carolina and Tennessee both expressly prohibiting the practice of naturopathy.¹⁴⁴ Wyoming states the following in its case law:

Our statute is clear, that the practice of naturopathy cannot be regarded as a separate and distinct profession like that of dentistry for instance, nor can any good reason be given why the legislature may not for the benefit of society require that those who practice the healing art should know and keep up with the improvements and advanced learning in that art.¹⁴⁵

Florida abolished its naturopath licensing laws in 1959, and in 2004 a legislative committee concluded that an expanded scope might be harmful, and that naturopathic licensing is not cost-effective.¹⁴⁶ Several other states, including Texas and Virginia, have abolished previous naturopathy licensure provisions.¹⁴⁷

It is critical to note that in most states and provinces where naturopathic medicine is not regulated, individuals may practice similar therapeutic approaches and/or call themselves naturopaths (whether or not they have been trained at a school for naturopathic medicine), because the terms "naturopath" and "naturopathic medicine" are not restricted terms.¹⁴⁸ Traditional naturopathy is not a medical practice and, therefore, is not regulated through statutes or regulations in the states.

One of the major initiatives of the AANP is to obtain licensure for naturopaths in all 50 states.¹⁴⁹ (See Figure 1 for more information on requirements for state licensure.)

State scope of practice regulations for naturopaths

Naturopaths' scope of practice varies by state. Naturopaths seek privileges to prescribe drugs, not only those considered "natural" (hormones, purified botanicals, etc.), but also legend drugs, up to and including schedule III and IV controlled substances. Specific information on naturopath scope of practice can be found in Figure 2.

State boards of naturopathy

Information on the authority, procedures of operation, composition and appointment procedures of state boards of naturopathy can be found in Figure 3. Additionally, a roster of state boards of naturopathy can also be found in the Appendix (page 35).

- 146. Florida state sunrise report (2004). See page 16 for more information.
- 147. Lexis-Nexis statutory searches. September 8, 2006.

^{144.} Web. North American Board of Naturopathic Examiners. Licensing and registration. Retrieved July 30, 2006. www.nabne.org/licensereg.php and verified through Lexis searches September 2, 2006.

^{145.} Hahn v. State, 78 Wyo. 258, 322 P.2d 896 (1958).

^{148.} Boon H. Practice patterns of naturopathic physicians: results from a random survey of licensed practitioners in two US States. BMC Complement Altern Med. October 20, 2004. www.pubmedcentral.nih.gov/articlerender.fcgi?artid=529271&tools=bot.

^{149.} Web. AANP. Issues and legislation. http://capwiz.com/naturopathic/issues/. Retrieved September 6, 2006.

VIII. Professional organizations in naturopathy

The AANP is the professional association for licensed and licensable NDs. The mission of the AANP is to gain licensure for "naturopathic physicians" in all 50 states and to help facilitate the medical paradigm shift from disease management to holistic health care. The AANP offers continuing education and other resources to its members, and referrals to naturopaths for health care consumers.¹⁵⁰

American Association of Naturopathic Physicians

4435 Wisconsin Ave. N.W., Suite 403 Washington, DC 20016 Toll free: (866) 538-2267¹⁵¹

There are approximately 1,000 members of the AANP.¹⁵² To become a "regular" or "graduate" member of the association, one must be a graduate of a college of naturopathy and must either: (1) hold a license as a naturopathic physician in a state or jurisdiction whose license is acceptable to the AANP, or (2) be an active regular member of a state association that is recognized by the AANP, such state association being the one which covers the state, commonwealth or territory in which she resides for the majority of each year.¹⁵³

The AANP does not post its policies on the Web for public viewing. The "Positions and Practices" Web page is not available through "guest user" Web registration. The American Naturopathic Medical Association (ANMA) is a nonprofit, scientific and educational organization, dedicated to exploring new frontiers of mind, body, medicine and health with approximately 4,000 members worldwide.¹⁵⁴

The ANMA has a nondiscriminatory policy, with membership open to individuals with (ND) or NMD degrees, as well as those who practice in other health care fields. According to the Web site, some members hold other medical degrees, such as an MD, DO, DDS, OMD, HMD and DC.¹⁵⁵ The ANMA vigorously opposes the state licensing of naturopathic physicians, which is one of the major initiatives of the American Association of Naturopathic Physicians.

American Naturopathic Medical Association P.O. Box 96273 Las Vegas, NV 89193 Phone: (702) 897-7053

A roster of naturopathy association state chapters can be found in the Appendix, page 36.

^{150.} Web. The American Association of Naturopathic Physicians. Retrieved August 7, 2006. www.naturopathic.org/.

^{151.} Id. Contact us. www.naturopathic.org/.

^{152.} Phone conversation with the American Association of Naturopathic Physicians (August 8, 2006).

^{153.} Web. American Association of Naturopathic Physicians. Membership. Retrieved August 8, 2006. www.naturopathic.org.

^{154.} Web. American Naturopathic Medical Association. Retrieved August 7, 2006. www.anma.com.

^{155.} Id.

Appendix

State naturopathy boards

Alaska Department of Commerce and Economic Development

Division of Occupational Licensing, Naturopathic Section P.O. Box 110806 Juneau, AK 99811-0806 (907) 465-2695 www.dced.state.ak.us/occ/pnat.htm

Arizona Naturopathic Physicians Board of Medical Examiners

1400 W. Washington, Suite 230 Phoenix, AZ 85007 (602) 542-8242 www.npbomex.az.gov

California Bureau of Naturopathic Medicine

Department of Consumer Affairs 1625 N. Market Blvd., Suite S-209 Sacramento, CA 95834 (916) 574-7991 www.naturopathic.ca.gov

Connecticut Board of Naturopathic Examiners Department of Public Health

P.O. Box 340308 Hartford, CT 06134-0308 (860) 509-7562 www.dph.state.ct.us

District of Columbia Board of Naturopathy

Department of Health 717 14th St. N.W., Suite 600 Washington, DC 20005 (877) 672-2174; fax: (202) 727-8471 http://dchealth.dc.gov/doh/cwp

Hawaii Board of Examiners in Naturopathy

P.O. Box 3469 Honolulu, HI 96801 (808) 586-2704 www.hawaii.gov/dcca/areas/pvl/boards/naturopathy

Idaho State Board of Naturopathic Medical Examiners Bureau of Occupational Licenses 1109 Main St., Suite 220 Boise, ID 83702-5642 www.ibol.idaho.gov/nat.htm

Kansas State Board of Healing Arts

235 S. Topeka Blvd. Topeka, KS 66603 www.ksbha.org

Maine Board of Complementary Health Care Providers

35 State House Station Augusta, ME 04333 (207) 624-8579 www.state.me.us/pfr/olr/categories/cat12.htm#3

Montana Alternative Health Care Board

301 S. Park Helena, MT 59620-0573 (406) 841-2394 http://mt.gov/dli/bsd/license/bsd_boards/ahc_board/board_ page.asp

State of New Hampshire Department of Health and Human Services

Board of Naturopathic Examiners 129 Pleasant St. Concord, NH 03301 (603) 271-5127 www.dhhs.state.nh.us

Oregon Board of Naturopathic Examiners

800 N.E. Oregon St., Suite 407 Portland, OR 97232 (503) 224-7744 www.obne.state.or.us

Utah Naturopathic Physicians Licensing Board P.O. Box 146741 Salt Lake City, UT 84114-6741 (801) 530-6628 www.dopl.utah.gov/licensing/naturopathic.html

Vermont Office of the Secretary of State Office of Professional Regulation, Naturopathic Physicians Advisors 26 Terrace St., Drawer 9 Montpelier, VT 05609 (802) 828-2191 http://vtprofessionals.org/opr1/naturopaths/

Washington State Naturopathic Physician Licensing Program

P.O. Box 47870 Olympia, WA 98540-7870 (360) 236-4941 https://fortress.wa.gov/doh/hpqa1/hps7/Naturopathy/ default.htm

State naturopathy association chapters

Alabama Association of Naturopathic Physicians 503 State St., Suite 3 Muscle Shoals, AL 35661 (256) 386-9804

Alaska Association of Naturopathic Physicians 10928 Eagle River Road, #254

Anchorage, AK 99577 (907) 451-7100

Arizona Naturopathic Medical Association

2101 E. Broadway Road, Suite 14 Tempe, AZ 85282 (480) 921-3088; fax: (480) 921-0061 www.aznma.com

California Naturopathic Doctors Association

1121 L St., Suite 610 Sacramento, CA 95814 (800) 521-1200 or (916) 427-3105 www.calnd.org

Colorado Association of Naturopathic Physicians

1181 S. Parker Road, Suite 101 Denver, CO 80231 (303) 380-1189

Connecticut Naturopathic Association

2558 Whitney Ave. Hamden, CT 06518 (203) 230-2200 www.cnpaonline.org

District of Columbia Association of Naturopathic Physicians 900 19th St. N.W., Suite 250 Washington, DC 20006 (202) 457-8282

Florida Naturopathic Physicians Association Inc. 445 North Wymore Road Winter Park, FL 32789 (888) 660-9030 www.fnpa.org

Georgia Association of Naturopathic Physicians 7505 Waters Ave., Suite B-9 Savannah, GA 31406 (912) 354-2222 www.ganp.org

Hawaii Society of Naturopathic Physicians P.O. Box 542 Kailua, HI 96734 (808) 227-8400

Idaho Association of Naturopathic Physicians 2023 Sandpoint West Drive Sandpoint, ID 83864 (208) 265-2213

Illinois Association of Naturopathic Physicians 2520 Elisha Ave. Zion, IL 60099 (847) 872-6325 or (847) 731-4126

Kansas Association Naturopathic Physicians 4824 Quail Crest Place Lawrence, KS 66049 (785) 749-2255

Maine Association of Naturopathic Physicians 4 Milk St. Portland, ME 04101 (207) 772-5227

Maryland Association of Naturopathic Physicians 10806 Reisterstown Road, Suite 1E Owings Mills, MD 21117 (410) 356-4600

Massachusetts Association of Naturopathic Physicians 8 Naples Road Salem, MA 01970 (617) 699-0812

Minnesota Association of Naturopathic Physicians

905 Jefferson Ave., Suite 202 Saint Paul, MN 55102 (651) 222-4111; fax: (651) 222-8758

Michigan Association of Naturopathic Physicians

4488 Jackson Road, Suite 1 Ann Arbor, MI 48103 (734) 389-2386

Missouri Association of Naturopathic Physicians HC 73 Box 74-A Drury, MO 65638 (417) 261-2399

Nebraska Association of Naturopathic Physicians 7447 Franam St. Omaha, NE 68114

Omaha, NE 68114 (402) 391-6714

New Hampshire Association of Naturopathic Physicians 76 Northeastern Blvd., #36A Nashua, NH 03062 (603) 579-0956

New Jersey Association of Naturopathic Physicians 34 Bussell Court Dumont, NJ 07628 (201) 385-7106

New Mexico Association of Naturopathic Physicians P.O. Box 31552 Santa Fe, NM 87594 (505) 454-9525

New York Association of Naturopathic Physicians

303 Park Ave. South, #1175 New York, NY 10010 (800) 846-6778 www.nyanp.org

North Carolina Association of Naturopathic Physicians 301 West Weaver St. Carrboro, NC 27510 www.ncanp.com

Ohio Chapter of the American Association of Naturopathic Physicians 2460 Fairmont Blvd., Suite 219

Cleveland Heights, OH 44106 (216) 707-9137; fax: (216) 707-0162 www.ocaanp.org

Oregon Association of Naturopathic Physicians P.O. Box 5876 Portland, OR 97228 (503) 262-8586 or (877) 500-6277 www.oanp.org

Pennsylvania Association of Naturopathic Physicians P.O. Box 847 Brownstown, PA 17508-0847 (717) 859-4222 www.panp.org

Rhode Island Association of Naturopathic Physicians 144 Waterman St. Providence, RI 02906 (401) 455-0546

Utah Association of Naturopathic Physicians 2188 S. Highland Drive, #207 Salt Lake City, UT 84106 (801) 474-3684

Vermont Association of Naturopathic Physicians P.O. Box 1915 Burlington, VT 05402-1915 (802) 985.8250 www.vanp.org

Virginia Association of Naturopathic Physicians www.vaanp.org

Washington Association of Naturopathic Physicians 4500 Roosevelt Way N.E., Suite C Seattle, WA 98115 (206) 547-2130 or (877) 788-8882

Wisconsin Association of Naturopathic Physicians 1621 Plainfield Ave. Janesville, WI 53546 (608) 531-0079 www.wanb.org

National association policy concerning naturopathy

American Academy of Family Physicians

Complementary Practice

The American Academy of Family Physicians (AAFP) is an advocate of patient access to quality health care and effective education and counseling of patients and consumers. The AAFP recognizes the availability in the market place of complementary and alternative practice and its approaches to healthcare.

The AAFP advocates the evaluation of these alternative treatments and complementary practice through various means including evidenced-based outcomes research as to their efficacy and effectiveness.

To this end, the AAFP believes that physicians can best serve their patients by recognizing and acknowledging the availability of such alternatives and by educating themselves concerning these non-traditional methods of healing in order to facilitate appropriate education, treatment and counseling of patients and consumers.

All clinical information regarding complementary or alternative practice presented or sponsored by the AAFP should include a discussion of the evidence on which it is based. (1997) (2003).

American Osteopathic Association

Non-Physician Clinicians

Whereas, non-physician clinicians can be categorized into one of the three following groups: midlevel professionals who are meant to work under the supervision of or in collaboration with physicians, non-physician independent traditional professionals who practice independently within specialty areas, and alternative medicine providers who follow and independently practice alternative therapies; and

Whereas, non-physician clinicians are gaining increased licensure and practice privileges in areas that were once only held by physicians including, but not limited to, prescribing drugs and medical or surgical treatments, practicing autonomously, performing surgery, and being reimbursed by all types of third-party payors; and Whereas, non-physician clinicians are gaining even more expansive privileges that they already possess; and

Whereas, patient safety is the foremost concern when addressing issues of expanding scopes of practice for any healthcare profession; and

Whereas, patient safety and state laws mandate that physicians meet a minimum threshold of education, post-graduate training, examination, and regulation for an unlimited license to practice medicine; and

Whereas, many of these non-physician clinician professions are undertaking tasks that overlap with physician practice without being required to meet the equivalent threshold of education, post-graduate training, examination, and regulation established for physicians by state licensing boards; now, therefore, be it

RESOLVED, that the American Osteopathic Association adopt the attached policy paper as its position on non-physician clinicians including appropriate onsite supervision (2000, revised 2005). *www.osteopathic.org/ pdf/aoa_postiong-n.pdf* (pages 98-104).

American Academy of Pediatrics

Scope of Practice Issues in the Delivery of Pediatric Health Care (select sections provided) In recent years, there has been an increase in the number of nonphysician pediatric clinicians and an expansion in their respective scopes of practice. This raises critical public policy and child health advocacy concerns. The American Academy of Pediatrics (AAP) believes that optimal pediatric health care depends on a team-based approach with coordination by a physician leader, preferably a pediatrician. The pediatrician is uniquely suited to manage, coordinate, and supervise the entire spectrum of pediatric care, from diagnosis through all stages of treatment, in all practice settings. The AAP recognizes the valuable contributions of nonphysician clinicians, including nurse practitioners and physician assistants, in delivering optimal pediatric care. The AAP also believes that nonphysician clinicians who provide health care services in underserved areas should be supported by consulting pediatricians and other physicians using technologies including telemedicine. Pediatricians

should serve as advocates for optimal pediatric care in state legislatures, public policy forums, and the media and should pursue opportunities to resolve scope of practice conflicts outside state legislatures. The AAP affirms that as nonphysician clinicians seek to expand their scopes of practice as providers of pediatric care, standards of education, training, examination, regulation, and patient care are needed to ensure patient safety and quality health care for all infants, children, adolescents, and young adults.

In recent years, the role of [complementary and alternative medicine] CAM has also received increased attention. Controversy exists about the efficacy of many of the modalities incorporated under the heading of CAM. Although many definitions exist, the National Center for Complementary and Alternative Medicine defines CAM as "those treatments and health care practices not taught widely in medical schools, not generally used in hospitals, and not usually reimbursed by medical insurance companies." According to the National Center for Complementary and Alternative Medicine, "some approaches are consistent with physiologic principles of Western medicine, while others constitute healing systems with a different origin. Although some therapies are far outside the realm of accepted Western medical theory and practice, others are becoming established in mainstream medicine."

Although this policy statement will not address the treatments but rather the training of individuals who provide such treatments to children, it is important to note that little scientific evidence exists regarding the safety and efficacy of CAM therapies in children. Indeed, there have been few randomized, controlled, double-blinded clinical trials on the use of CAM therapies in the pediatric population. Table 2 summarizes information on 5 of the most common practitioners of CAM. [Only the portion of Table 2 relevant to naturopaths is included below.]

Children may receive care from CAM practitioners without it being revealed to their pediatrician. A 1997 study reported that the percentage of American adults using CAM increased from 34% in 1990 to 42% in 1997. The estimate for CAM use by the general pediatric population is lower, ranging from approximately 11% in 1994 to 20% in 1999. The rate for children with chronic or serious illness, however, is much higher, varying according to age, background, and access to services from 30% to more than 70%, according to 1998 data. These figures raise serious concerns. The pediatrician

	No. of	No. of Programs	Length of	Content of	Pediatric-Specific
	Providers	or Schools	Training	Training	Training
Naturopathy	Approx 1500	4 (3 US, 1 Can- ada) accredited by the Council on Naturopathic Medical Educa- tion. Another US program is a candidate for accreditation	3 years of col- lege + 4 years of naturopathic study	Clinical nutri- tion, acupunc- ture, homeo- pathic medicine, botanical medi- cine, psychology, and counseling	No

TABLE 2. Summary of 5 Major Providers of CAM (*Editors' note: Only naturopaths are included in this table.*)

cannot be responsible for overseeing the actions of CAM providers, but can take a proactive role in asking patients and families about their use of CAM therapies. As advocates for their patients, pediatricians need to advise patients and their parents that the interactions between some CAM therapies and conventional medical treatments can cause complications and even death. Many people are unaware of this danger and view CAM therapies as natural and, therefore, safe, and so often do not report their use of CAM to their physicians. The AAP has recognized the importance of this issue and has published a series of recommendations on how to counsel families about CAM use for children with chronic illness or disability. The pediatric community has questioned the ability of CAM practitioners to identify serious or complex medical conditions that require referral to a physician for medical treatment. In addition, the opposition of some CAM practitioners to immunizations negatively affects the health and safety of children in their care.

No uniform standards exist across the country for scope of pediatric practice of chiropractors, naturopaths, and other CAM practitioners. As summarized in Table 2, pediatric training and experience are not specifically outlined or regulated. Studies documenting improved outcomes and efficacy of treatments in pediatric practice for CAM practitioners do not exist. In view of this lack of national standards for pediatric care by CAM practitioners, the absence of studies documenting that the quality of health care for children provided by these practitioners is comparable with that provided by conventional clinicians, and the more extensive training and education of pediatricians, the AAP has concerns about the provision of health care services to pediatric patients by CAM practitioners.

American Medical Association

E-3.01 Nonscientific Practitioners

It is unethical to engage in or to aid and abet in treatment which has no scientific basis and is dangerous, is calculated to deceive the patient by giving false hope, or which may cause the patient to delay in seeking proper care. Physicians should also be mindful of state laws which prohibit a physician from aiding and abetting an unlicensed person in the practice of medicine, aiding or abetting a person with a limited license in providing services beyond the scope of his or her license, or undertaking the joint medical treatment of patients under the foregoing circumstances. Physicians are otherwise free to accept or decline to serve anyone who seeks their services, regardless of who has recommended that the individual see the physician. (III, VI) Issued prior to April 1977; Updated June 1994 and June 1996.

D-35.991 Licensure of Naturopaths

Our AMA will work through the Scope of Practice Partnership and interested Federation partners to oppose the licensure of naturopaths and report back to the House of Delegates at the 2006 Interim Meeting. (Res. 209, A-06)

H-480.964 Alternative Medicine

Policy of the AMA on alternative medicine is: (1) There is little evidence to confirm the safety or efficacy of most alternative therapies. Much of the information currently known about these therapies makes it clear that many have not been shown to be efficacious. Well-designed, stringently controlled research should be done to evaluate the efficacy of alternative therapies. (2) Physicians should routinely inquire about the use of alternative or unconventional therapy by their patients, and educate themselves and their patients about the state of scientific knowledge with regard to alternative therapy that may be used or contemplated. (3) Patients who choose alternative therapies should be educated as to the hazards that might result from postponing or stopping conventional medical treatment. (CSA Rep. 12, A-97; Reaffirmed: BOT Rep. 36, A-02)

H-480.973 Unconventional Medical Care in the United States

Our AMA: (1) encourages the Office of Alternative Medicine of the National Institutes of Health to determine by objective scientific evaluation the efficacy and safety of practices and procedures of unconventional medicine; and encourages its members to become better informed regarding the practices and techniques of alternative or unconventional medicine; and (2) utilizes the National Institutes of Health's National Center for Complementary and Alternative Medicine's classification system of alternative medicine, "Major Domains of Complementary and Alternative Medicine," in order to promote future discussion and research about the efficacy, safety, and use of alternative medicine. (BOT Rep. 15-A-94; Reaffirmed and Modified by Sub. Res. 514, I-95; Appended: Res. 505, A-00)

D-480.981 Increasing Awareness of the Benefits and Risks Associated with Complementary and Alternative Medicine

Our AMA will promote awareness among medical students and physicians of the wide use of complementary and alternative medicine, including its benefits, risks, and evidence of efficacy or lack thereof. (Sub. Res. 306, A-06)

H-35.990 Non-Physician Measurement Of Body Functions

In the public interest, the AMA recommends that nonphysicians who perform tests such as blood pressure or blood sugar measurements advise the examinee to communicate these findings to a licensed physician. (Sub. Res. 59, I-80; CLRPD Rep. B, I-90; Reaffirmed: Sunset Report, I-00)

H-200.969 Definition of Primary Care

(1) The AMA rejects the definition of primary care as stated in the March 1996 report of the Institute of Medicine as "the provision of integrated accessible health care services by clinicians." The AMA believes that primary care consists of the provision of a broad range of personal medical care (preventive, diagnostic, palliative, therapeutic, curative, counseling and rehabilitative) in a manner that is accessible, comprehensive and coordinated by a licensed MD/DO physician over time. Care may be provided to an age-specific or gender-specific group of patients, as long as the care of the individual patient meets the above criteria. (2) The AMA encourages the efforts to define what constitutes primary care services. Data should be collected on which specialties currently provide these services, and how these services are integrated into the practice of physicians. Such data are essential to determine future physician workforce needs in primary care. (3) The AMA encourages that training programs for physicians who will practice primary care include appropriate educational experiences to introduce physicians to the required knowledge and skills, as well as to the types of services and the modes of practice that characterize primary care. (4) Where case management or coordination might limit access to appropriate medical care, patients should have the freedom to see a physician appropriate for the services they need, regardless of specialty. Above all, the best interests of the patient must be paramount. (BOT Rep. 12-A-94; Reaffirmed CMS Rep. 3, A-96; BOT Rep. 19, A-97; Amended: Res. 317, I-97; Reaffirmed: Res. 220, I-98)

H-285.933 Financial Liability Encountered in Referrals for Alternative Care

The AMA supports legislation that managed care organizations that offer alternative medicine as a covered service not require referral by the primary care physician for that service, and that the primary care physician not be held at risk financially for the costs of those provided alternative medical services. (Res. 702, A-98; Reaffirmed: BOT Rep. 36, A-02)

H-295.902 Alternative Medicine

(1) AMA policy states that courses offered by medical schools on alternative medicine should present the scientific view of unconventional theories, treatments, and practice as well as the potential therapeutic utility, safety, and efficacy of these modalities. (2) Our AMA will work with members of the Federation to convey physicians' and patients' concerns and questions about alternative care to the NIH Office of Alternative Medicine and work with them and other appropriate bodies to address those concerns and questions. (CSA Rep. 12, A-97; Appended by Res. 525, A-98)

H-480.957 Health Plan Liability for Complementary and Alternative Therapy Requests

Our AMA recommends that physicians include indemnification clauses for CAT referrals in all health plan contracts when such plans require referral for CAT. (BOT Rep. 36, A-02)

H-405.969 Definition of a Physician

The AMA affirms that a physician is an individual who has received a "Doctor of Medicine" or a "Doctor of Osteopathic Medicine" degree or an equivalent degree following successful completion of a prescribed course of study from a school of medicine or osteopathic medicine. (CME Rep. 4-A-94; Reaffirmed by Sub. Res. 712, I-94; Reaffirmed and Modified: CME Rep. 2, A-04)

Literature and resources

Practice patterns of naturopathic physicians: Results from a random survey of licensed practitioners in two US States

Boon HS, Cherkin DC, Erro J, Sherman KJ, Milliman B, Booker J, Cramer EH, Smith MJ, Deyo RA, Eisenberg DM. BMC Complement Altern Med. 2004 Oct 20;4:14.

Leslie Dan, faculty of Pharmacy, University of Toronto, Toronto, Ontario, Canada. heather.boon@utoronto.ca

BACKGROUND: Despite the growing use of complementary and alternative medicine (CAM) by consumers in the U.S., little is known about the practice of CAM providers. The objective of this study was to describe and compare the practice patterns of naturopathic physicians in Washington State and Connecticut. METH-ODS: Telephone interviews were conducted with state-wide random samples of licensed naturopathic physicians and data were collected on consecutive patient visits in 1998 and 1999. The main outcome measures were: Sociodemographic, training and practice characteristics of naturopathic physicians; and demographics, reasons for visit, types of treatments, payment source and visit duration for patients. RESULT: One hundred and seventy practitioners were interviewed and 99 recorded data on a total of 1817 patient visits. Naturopathic physicians in Washington and Connecticut had similar demographic and practice characteristics. Both the practitioners and their patients were primarily White and female. Almost 75% of all naturopathic visits were for chronic complaints, most frequently fatigue, headache, and back symptoms. Complete blood counts, serum chemistries, lipids panels and stool analyses were ordered for 4% to 10% of visits. All other diagnostic tests were ordered less frequently. The most commonly prescribed naturopathic therapeutics were: botanical medicines (51% of visits in Connecticut, 43% in Washington), vitamins (41% and 43%), minerals (35% and 39%), homeopathy (29% and 19%) and allergy treatments (11% and 13%). The mean visit length was about 40 minutes. Approximately half the visits were paid directly by the patient. CONCLUSION: This study provides information that will help other health care providers, patients and policy makers better understand the nature of naturopathic care. PMID: 15496231 [PubMed - indexed for MEDLINE]

Characteristics of visits to licensed acupuncturists, chiropractors, massage therapists, and naturopathic physicians

Cherkin DC, Deyo RA, Sherman KJ, Hart LG, Street JH, Hrbek A, Davis RB, Cramer E, Milliman B, Booker J, Mootz R, Barassi J, Kahn JR, Kaptchuk TJ, Eisenberg DM. J Am Board Fam Pract. 2002 Nov-Dec;15(6):463-72. Center for Health Studies, Group Health Cooperative,

Seattle 98101, USA.

BACKGROUND: Despite growing popularity of complementary and alternative medical (CAM) therapies, little is known about the patients seen by CAM practitioners. Our objective was to describe the patients and problems seen by CAM practitioners. METHODS: We collected data on 20 consecutive visits to randomly sampled licensed acupuncturists, chiropractors, massage therapists, and naturopathic physicians practicing in Arizona, Connecticut, Massachusetts, and Washington. Data were collected on patient demographics, smoking status, referral source, reasons for visit, concurrent medical care, payment source, and visit duration. Comparative data for conventional physicians were drawn from the National Ambulatory Medical Care Survey. **RESULTS:** In each profession, at least 99 practitioners collected data on more than 1,800 visits. More than 80% of visits to CAM providers were by young and middle-aged adults, and roughly two thirds were by women. Children comprised 10% of visits to naturopathic physicians but only 1% to 4% of all visits to other CAM providers. At least two thirds of visits resulted from self-referrals, and only 4% to 12% of visits were from conventional physician referrals. Chiropractors and massage therapists primarily saw musculoskeletal problems, while acupuncturists and naturopathic physicians saw a broader range of conditions. Visits to acupuncturists and massage therapists lasted about 60 minutes compared with 40 minutes for naturopathic physicians and less than 20 minutes for chiropractors. Most visits to chiropractors and naturopathic physicians, but less than one third of visits to acupuncturists and massage therapists, were covered by insurance. CONCLUSIONS: This information will help inform discussions of the roles CAM practitioners will play in the health care system of the future. PMID: 12463292 [PubMed - indexed for MEDLINE]

Naturopathic medicine: what can patients expect?

Dunne N, Benda W, Kim L, Mittman P, Barrett R, Snider P, Pizzorno J. *J Fam Pract*. 2005 Dec;54(12):1067-72.

American Association Naturopathic Physicians, Washington, DC, USA.

No abstract available. PMID: 16321345 [PubMed - indexed for MEDLINE]

Homeopathy and naturopathy: Practice characteristics and pediatric care

Lee AC, Kemper KJ. Arch Pediatr Adolesc Med. 2000 Jan;154(1):75-80.

Center for Holistic Pediatric Education and Research, Children's Hospital, Harvard Medical School, Boston, Mass. 02115, USA.

OBJECTIVE: To describe the practice characteristics and pediatric care of homeopathic practitioners (HPs) and naturopathic doctors (NDs). DESIGN: Crosssectional, descriptive survey. SETTING: Homeopathic and naturopathic practices in Massachusetts. PARTICI-PANTS: Homeopathic practitioners (N = 42) and NDs (N = 23) identified from the yellow pages, regional and national society membership lists, schools, magazine advertisements, and by word-of-mouth. The response rate was 55% (23/42) for HPs and 65% (15/23) for NDs. MAIN OUTCOME MEASURES: Demographics, practice characteristics, fee structure, and amount of pediatric care. Practitioners were asked for their approach to childhood immunizations and to treating a febrile neonate. Data were analyzed using simple descriptive statistics. RESULTS: Almost all respondents were white. Among the HPs, 13 (57%) were licensed medical doctors. Naturopathic doctors and HPs reported having an average of only 25 to 40 patient visits per week, but children and adolescents accounted for up to one third of these visits. Nearly all reported treating children, but fewer than half of the practitioners reported any formal pediatric training. Initial patient visits typically lasted more than 1 hour and cost \$140 to \$150. Follow-up visits were scheduled every 4 to 6 weeks and lasted more than 30 minutes on average. Insurance covered less than one third of the patient visits, and sliding scale payments were offered by less than half of the respondents. Most practitioners reported that they did not actively recommend immunizations and fewer

than half of the nonphysician practitioners reported that they would refer a 2-week-old neonate with a fever to a medical doctor or emergency medical facility. CONCLUSIONS: Many patients using homeopathy and naturopathy are children. Visits to these providers are frequent and fees are primarily paid out-of-pocket. Failure on the part of these providers to recommend immunizations or recognize potentially serious illnesses is cause for concern.

PMID: 10632255 [PubMed - indexed for MEDLINE]

A pilot and feasibility study on the effects of naturopathic botanical and dietary interventions on sex steroid hormone metabolism in premenopausal women Greenlee H, Atkinson C, Stanczyk FZ, Lampe JW. Cancer Epidemiol Biomarkers Prev. 2007 Aug;16(8):1601-9. Mailman School of Public Health, Columbia University, 7th Floor, 722 West 168th Street, New York, NY 10028, USA. hg2120@columbia.edu

Naturopathic physicians commonly make dietary and/ or dietary supplement recommendations for breast cancer prevention. This placebo-controlled, parallelarm, pilot study tested the effects of two naturopathic interventions over five menstrual cycles on sex steroid hormones and metabolic markers in 40 healthy premenopausal women. The intervention arms were as follows: combination botanical supplement (Curcuma longa, Cynara scolymus, Rosmarinus officinalis, Schisandra chinensis, Silybum marinum, and Taraxacum officinalis; n = 15), dietary changes (3 servings/d crucifers or dark leafy greens, 30 g/d fiber, 1-2 liters/d water, and limiting caffeine and alcohol consumption to 1 serving each/wk; n = 10), and placebo (n = 15). Early-and late-follicular phase serum samples from cycles 1 and 5 were analyzed for estrogens (estrone, estrone-sulfate, total estradiol, and free estradiol), androgens (dehydroepiandrosterone, dehydroepiandrosterone-sulfate, androstenedione, total testosterone, and free testosterone), sex hormone-binding globulin, and metabolic markers (insulin, insulinlike growth factor-I, insulin-like growth factor binding protein-3, and leptin). Serum samples collected during the mid-luteal phase of cycles 1 and 5 were analyzed for total estradiol, free estradiol, and sex hormonebinding globulin. Urine samples collected during the late follicular phase of cycles 1 and 5 were analyzed for 2-hydroxyestrone and 16alpha-hydroxyestrone. During the early follicular phase, compared with placebo, the

botanical supplement decreased dehydroepiandrosterone (-13.2%; P = 0.02), dehydroepiandrosterone-sulfate (-14.6%; P = 0.07), androstenedione (-8.6%; P = 0.05), and estrone-sulfate (-12.0%; P = 0.08). No other trends or statistically significant changes were observed. When comparing dietary changes with placebo, no statistically significant differences were observed. Overall, in this pilot study, the naturopathic interventions had no substantial effects on estrogen measures. Early-follicular phase androgens decreased with the botanical supplement. PMID: 17684134 [PubMed - indexed for MEDLINE]

Deaths resulting from hypocalcemia after administration of edetate disodium: 2003–2005 Brown MJ, Willis T, Omalu B, Leiker R. *Pediatrics*. 2006 Aug;118(2):e534-6.

Lead Poisoning Prevention Branch, Division of Emergency and Environmental Health Services, National Center for Environmental Health, Centers for Disease Control and Prevention, Atlanta, Georgia 30341, USA. mjb5@cdc.gov

From 2003 to 2005, deaths of 3 individuals as a result of cardiac arrest caused by hypocalcemia during chelation therapy were reported to the Centers for Disease Control and Prevention. Two were children, both of whom were treated with edetate disodium. At the time of this writing, the adult case was still under investigation. No previous cases of death resulting from hypocalcemia during chelation have been reported. From our experience and review of the literature, we suggest that health care providers who are unfamiliar with chelation consult an expert before undertaking treatment and that hospital formularies evaluate whether stocking edetate disodium is necessary, given the risk for hypocalcemia and the availability of less toxic alternatives. PMID: 16882789 [PubMed - indexed for MEDLINE]

Why alternative medicine cannot be evidence-based Tonelli MR, Callahan TC. Acad Med. 2001

Dec;76(12):1213-20. Department of Medicine, Division of Pulmonary and Critical Care Medicine, University of Washington School of Medicine, Seattle, Washington, USA. tonelli@u.washington.edu

The concept of evidence-based medicine (EBM) has been widely adopted by orthodox Western medicine. Proponents of EBM have argued that complementary and alternative medicine (CAM) modalities ought to be subjected to rigorous, controlled clinical trials in order to assess their efficacy. However, this does not represent a scientific necessity, but rather is a philosophical demand: promoters of EBM seek to establish their particular epistemology as the primary arbiter of all medical knowledge. This claim is problematic. The methods for obtaining knowledge in a healing art must be coherent with that art's underlying understanding and theory of illness. Thus, the method of EBM and the knowledge gained from population-based studies may not be the best way to assess certain CAM practices, which view illness and healing within the context of a particular individual only. In addition, many alternative approaches center on the notion of non-measurable but perceptible aspects of illness and health (e.g., Qi) that preclude study within the current framework of controlled clinical trials. Still, the methods of developing knowledge within CAM currently have limitations and are subject to bias and varied interpretation. CAM must develop and defend a rational and coherent method for assessing causality and efficacy, though not necessarily one based on the results of controlled clinical trials. Orthodox medicine should consider abandoning demands that CAM become evidence-based, at least as "evidence" is currently narrowly defined, but insist instead upon a more complete and coherent description and defense of the alternative epistemic methods and tools of these disciplines.

PMID: 11739043 [PubMed - indexed for MEDLINE]

Complementary and alternative medical treatment of breast cancer: A survey of licensed North American naturopathic physicians

Standish LJ, Greene K, Greenlee H, Kim JG, Grosshans C. Altern Ther Health Med. 2002 Jul-Aug;8(4):74-6, 78-81. Bastyr University Research Institute, Kenmore, Wash, USA.

CONTEXT: Complementary and alternative medicine (CAM) use is on the rise in the United States, especially for breast cancer patients. Many CAM therapies are delivered by licensed naturopathic physicians using individualized treatment plans. OBJECTIVE: To describe naturopathic treatment for women with breast cancer. DESIGN: Cross-sectional mail survey in 2 parts: screening form and 13-page survey. SETTING: Bastyr University Cancer Research Center, Kenmore, Wash. PARTICIPANTS: All licensed naturopathic physicians in the United States and Canada (N=1,356) received screening forms; 642 (47%) completed the form. Of the respondents, 333 (52%) were eligible, and 161 completed the survey (48%). MAIN OUTCOME MEASURES: Demographics of naturopathic physicians, development of treatment plans, CAM therapies used, perceived efficacy of therapeutic interventions.

RESULTS: Of those respondents screened, 497 (77%) had provided naturopathic care to women with breast cancer, and 402 (63%) had treated women with breast cancer in the previous 12 months. Naturopaths who were women were more likely than men to treat breast cancer (P < or = .004). Of the survey respondents, 104 (65%) practiced in the United States, and 57 (35%) practiced in Canada; 107 (66.5%) were women, and 54 (33.5%) were men. To develop naturopathic treatment plans, naturopathic physicians most often considered the stage of cancer, the patient's emotional constitution, and the conventional therapies used. To monitor patients clinically, 64% of the naturopathic physicians used diagnostic imaging, 57% considered the patient's quality of life, and 51% used physical examinations. The most common general CAM therapies used were dietary counseling (94%), botanical medicines (88%), antioxidants (84%), and supplemental nutrition (84%). The most common specific treatments were vitamin C (39%), coenzyme Q-10 (34%), and Hoxsey formula (29%).

PMID: 12126176 [PubMed - indexed for MEDLINE]

Evidence-based medicine and naturopathy

Jagtenberg T, Evans S, Grant A, Howden I, Lewis M, Singer J. J Altern Complement Med. 2006 Apr;12(3):323-8.

School of Natural and Complementary Medicine, Southern Cross University, Lismore, Australia.

Evidence-based medicine (EBM) has been advocated as a new paradigm in orthodox medicine and as a methodology for natural medicines, which are often accused of lacking an adequate scientific basis. This paper presents the voices of tradition-sensitive naturopathic practitioners in response to what they perceive as an ideologic assault by EBM advocates on the validity and integrity of natural medicine practice. Those natural medicine practices, which have tradition-based paradigms articulating vitalistic and holistic principles, may have significant problems in relating to the idea of EBM as developed in biomedical contexts. The paper questions the appropriateness of imposing a methodology that appears to minimize or bypass the philosophic and methodological foundations of natural medicine, and that itself seems primarily driven by political considerations. PMID: 16646733 [PubMed - indexed for MEDLINE]

Other information on naturopathy

"Findings and Recommendations Regarding the Prescribing and Furnishing Authority of a Naturopathic Doctor." Bureau of Naturopathic Medicine, California Department of Consumer Affairs. www.naturopathic.ca.gov/formspubs/formulary_report.pdf

Profile of a Profession: Naturopathic Practice. Holly J. Hough, PhD, Catherine Dower, JD, Edward H. O'Neil, PhD. Center for the Health Professions, University of California, San Francisco. www.futurehealth.ucsf.edu/pdf_files/Naturo2.pdf

Naturopathic Public Awareness Campaign (www.globalnpac.org/index.htm). Based out of Southwest College of Naturopathic Medicine in Tempe, AZ, this organization is dedicated to furthering and supporting current and future public awareness efforts for naturopathic medicine in the United States and Canada. Our members are students of accredited four-year, graduate-level, in-residence naturopathic medical programs. In coordination with the AANP and the accredited naturopathic medical schools, NPAC seeks to further provide resources on the national level to support both federal and states' needs to educate the public and legislators about the importance of naturopathic medicine. We strive to expand public awareness of naturopathic medicine as a viable, affordable option for quality healthcare. As a strong naturopathic student organization, NPAC is an extremely effective vehicle for public health education and community outreach.

2003 testimony before the National Committee on Vital and Health Statistics. Konrad Kail, PA, ND. *www.ncvhs.hhs.gov/030129p1.pdf*.

Alabama Alaska	Does not license naturopaths. 34 (as of April 2008)*	Graduate from a school of					education required	reimbursement	
Alaska	* .								
		naturopathy that required four years of attendance at the school. (A.S. § 08.45.030)	Medical Education or a	Not addressed.	Applicant must pass the Naturopathic Physicians Licensing Examination (NPLEX). (12 AAC 42.030, A.S. § 08.45.030)	Yes.(12 AAC 42.010)	Not addressed.	Not addressed.	Not addressed.
Arizona	541 (as of April 2008)*	Graduate of an approved school of naturopathic medicine. (A.R.S. § 32-1522)	determined by the board to have an educational	Internship, preceptorship or clinical training program required. (A.R. S. § 32-1522)	jurisprudence	Yes. (A.R. S. § 32-1523)	30 credit hours per year. Ten credit hours shall be in pharmacology as it relates to the diagnosis, treatment, or prevention of disease. (R4-18- 205)	Not addressed.	Must have satisfactorily completed a postdoctoral training program in the specialty. (A.R.S. § 32-1529)
Arkansas	Does not license naturopaths.								
California	237 (as of March 5, 2008)*	Degree in naturopathic medicine from an approved naturopathic medical school. (Cal. Bus. & Prof. Code, Ch. 8.2 § 3630)	body for the naturopathic medical	** *	NPLEX or an equivalent approved by the North American Board of Naturopathic Examiners. (Cal. Bus. & Prof. Code, Ch. 8.2 § 3631, C.C.R. § 4220)	Code, Ch. 8.2 § 3633)	60 credit hours biennially. At least 20 being in pharmacotherapeuti cs. (Cal. Bus. & Prof. Code, Ch. 8.2 § 3635)	Not addressed.	Certification in naturopathic childbirth attendance. (Cal. Bus. & Prof. Code, Ch. 8.2 § 3651)

State	Work force number	Graduate education required	University accreditation	Clinical experience required	Examination required	Reciprocity for licensure	Continuing education required	Medicaid reimbursement	Specialization
Connecticut	223 (as of April 2008)*	Graduate of a legally chartered, reputable school or college of natureopathy. (C.S.A. § 20-37)	with the Department of Public Health every year of Bdrecognized natureopathic colleges. (C.S.A. § 20-37)	natureopathic medicine approved pursuant to section 20-37 may include within its curriculum such didactic and clinical training necessary for such college or program to	Passing score on exam prescribed by the Department of Public Health with the advice and consent of the Board of Natureopathic Examiners. (C.S.A. § 20-37)	Yes. (C.A.S. § 20-37b)		Payment for natureopathic services shall be available on behalf of all persons eligible for the Medical Assistance Program subject to the conditions and limitations which apply to these services. (C.S.A. § 17b-262-550)	Not addressed.
D.C.	6 naturopathic doctors (as of April 2008)	Earned a degree of doctor of naturopathic medicine from an accredited college or university. (D.C.C.A. § 3- 1205.04)	College or university accredited by The Council of Naturopathic Medical Education ("CNME") or any other accrediting agency recognized by the United States Department of Education. (D.C.C.A. § 3-1205.04)	Not addressed.	Pass NPLEX or other Board or Mayor-approved exam. (D.C.C.A. § 3-1205.04)	Not addressed.	30 credit hours (D.C.M.R. § 17.5206.4)	Not addressed.	Can participate in naturopathic childbirth by passing a specialty examination and meeting other criteria. (D.C.C.A. § 3-1206.21)
Delaware	Does not license naturopaths.								
Florida	Licensed naturopaths until 1986 w	hen provisions were	repealed. (21N-1.001, F.	A.C21N-4.001, F.A.C.)	Naturopaths license	d prior to 1986 are governed	under then existing p	rovisions.	
Georgia	Does not license naturopaths.								

State	Work force number	Graduate education required	University accreditation	Clinical experience required	Examination required	Reciprocity for licensure	Continuing education required	Medicaid reimbursement	Specialization
Hawaii	97 (as of January 2008)*	or college of naturopathy.	School, university, or college of naturopathy that has received candidacy status with, or has been accredited by, a regional or a national accrediting body recognized by the United States Department of Education. (H.R.S.A. § 455-3)	Not addressed.	Passing score of 75 on all parts of NPLEX examination and examination on homeopathy. (C.H.R. § 16-88-12 - § 16-88-14)		Not addressed.	Not addressed.	Not addressed.
Idaho	15 (as of April 2008)*	The applicant shall provide proof of completion of a naturopathic medical program approved by the board. (I.S.A. § 54 5112)	Accredited by CNME or an equivalent recognized accrediting body. (I.D.A.P.A. § 24.24.01.400.02)		NPLEX and Idaho Jurisprudence Exam Passing Score = 75% (I.D.A.P.A. § 24.24.01.200.01- 24.24.01.200.04)	Yes. (I.D.A.P.A. § 24.24.01.100.02)	Annually. (I.D.A.P.A § 24.24.01.350.01) 20 credit hours: 5 in pharmacology	No. (I.D.A.P.A. § 16- 03-09-065.01)	Naturopathic childbirth special competency certificate. (I.C.S.A. § 54-5109)
Illinois	Does not license naturopaths.								
Indiana	Does not license naturopaths.								
Iowa	Does not license naturopaths.								
Kansas	19 naturopathic registrants (as of April 2008)*	The applicant shall present evidence satisfactory to the board of having successfully completed an educational program in naturopathy from an approved naturopathic medical college. (K.A.S.§ 65-7204)	Shall meet the accreditation standards for naturopathic medical education published by the Council on Naturopathic Medical Education, and the accreditation criteria of the commission on institutions of higher education of the north central association of colleges and schools. (K.A.R. § 100-72-4)	Not addressed.	Passing score of 75 on NPLEX examinations. (K.A.S § 65-7205, K.A.R. § 100-72-5)	Yes. (K.S.A. § 65-7206)	Annually.(K.A.R. § 100-72-7) 25 credit hours.	Not addressed.	Naturopathic acupuncture specialty certification. (K.S.A. § 65-7213)
Kentucky	Does not license naturopaths.								
Louisiana	Does not license naturopaths.								

State	Work force number	Graduate education required	University accreditation	Clinical experience required	Examination required	Reciprocity for licensure	Continuing education required	Medicaid reimbursement	Specialization
Maine	27 (as of April 2008)*	College or program granting the degree of doctor of naturopathic medicine. (32 M.R.S. § 12501, § 12525)	and accredited by an accrediting agency recognized by the Federal Government. (32 M.R.S. § 12501)	Not addressed.	Passing score on NPLEX exam. (C.M.R. § 02 502 004)	Not addressed.	25 credit hours annually; at least 7 being in pharmacology. Additional 15 credit hours for naturopathic acupuncture specialists. (32 M.R.S. § 12526, C.M.R. § 02-502- 005)	Not addressed.	In order to practice naturopathic acupuncture, a naturopathic specialty certification must first be obtained. (32 M.R.S. § 12525, C.M.R. § 02- 502-004)
Maryland	Does not license naturopaths.								
Massachusetts	Does not license naturopaths.								
Michigan	Does not license naturopaths.								
Minnesota	Naturopathy included in definition	of "Complementary	v and alternative health ca	re practices" which are no	t licensed in the stat	e. (Minn. Stat. § 146A.01)			
Mississippi	Does not license naturopaths.	1				3			
Missouri	Does not license naturopaths.								
Montana	49 (as of April 2008)*	A graduate of an approved naturopathic medical college. (M.C.A. § 37-26- 402)	agency recognized by	clinical practicum program. (A.R.M. § 24.111.501)	NPLEX or any other exam to be prescribed or endorsed by the Board. Passing Score = 75. (A.R.M. § 24.111.502, K.A.R. § 100-72-5)	Yes. (A.R.M. § 24.111.503)	15 credit hours annually; at least 5 being in naturopathic pharmacy. (A.R.M. § 24.111.2102)	Not addressed.	Specialty practice of naturopathic childbirth attendance. (M.C.A. § 37-26-304, A.R.M. § 24.111.510)
Nebraska	Does not license naturopaths.	1							
Nevada	"Naturopathic Healing" provisions	repealed in 1987 ()	Nev Rev Stat Ann 8633	A 010)					ł

State	Work force number	Graduate education required	University accreditation	Clinical experience required	Examination required	Reciprocity for licensure	Continuing education required	Medicaid reimbursement	Specialization
New Hampshire	59 (as of April 2008)*	Graduate of an accredited naturopathic medical college. (N.H.R.S.A. § 328- E:9)	(N.H.R.S.A. § 328-E:2)	experience in all aspects of naturopathic practice; and primary care responsibility while supervised by a licensed	Examinations ; or its substantial equivalent. (N.H.C.A.R. Nat. § 303.02,	Yes. (N.H.R.S.A. § 328- E:9, N.H.C.A.R. § 304.01)	The board shall require each licensee to show proof at least every 3 years that the licensee has completed an approved continuing naturopathic medical education program within the preceding 3 years. (N.H.R.S.A. § 328- E:13) 150 credit hours every 3 years: At least 60 must come from a professionally supervised setting with pharmacology courses totaling 24 of the 60 hours.	Not addressed.	Naturopathic childbirth or acupuncture specialty certification. (N.H.R.S.A. § 328-E:12, N.H.C.A.R. Nat. 305.01 - 305.02, Nat. 306.02 - 306.06)
New Jersey	Does not license naturopaths.								
New Mexico	Does not license naturopaths.								
New York	Does not license naturopaths.								
	Does not license naturopaths.								
	Does not license naturopaths.								
Ohio	Does not license naturopaths.								
Oklahoma	Does not license naturopaths.								

State	Work force number	Graduate education required	University accreditation	Clinical experience required	Examination required	Reciprocity for licensure	Continuing education required	Medicaid reimbursement	Specialization
Oregon	772 (as of April 2008)*	Graduation from an accredited naturopathic school or college. (O.R.S. § 685.060)	Must meet the accreditation standards of the Council on Naturopathic Medical Education. (O.A.R. § 850-020-0000)	Not addressed.	The Oregon Board of Naturopathic Medicine shall conduct examination of applicant for licensure that includes a basic science section and a clinical section. (O.R.S. § 685.080)	Yes. (O.R.S. § 685.085, O.A.R. § 850-030-0070)	25 credit hours annually; no more than 15 coming from one subject area. (O.R.S. § 685.102, O.A.R. § 850-040-0210)	for services that a	Certificate of special competency in natural childbirth. (O.R.S. § 685.135, O.A.R. § 850- 035-0230)
Pennsylvania	Does not license naturopaths.								
Rhode Island	Does not license naturopaths. Natu	ropathy included in	definition of "unlicensed	health care practices " (R	I. Gen. Laws § 23-74	4-1)	1		1
South Carolina	Does not license naturopaths. "It s						aturopathy in this Stat	te." (S.C. Code Ann. §	40-31-10)
South Dakota	Does not license naturopaths.							(
Tennessee	Does not license naturopaths. "It is	unlawful for any pe	rson to practice naturopat	hy in this state." (Tenn. C	ode Ann. § 63-6-205	5)			
Texas	Does not license naturopaths.	51	· · ·	Ĺ	Ŭ	Í			
Utah	29 (as of April 2008)*	Successful completion of a program of professional education preparing an individual as a naturopathic physician, as evidenced by having received an earned degree of doctor of naturopathic medicine. (U.C.A. § 58-71-302)	CNME accreditation or a naturopathic medical school or college, which at the time of the applicant's graduation, met current criteria for accreditation by the CNME. (U.C.A. § 58- 71-302)	A minimum 12 month program associated with a naturopathic medical school or college accredited by the Council of Naturopathic Medical Education. (U.C.A. § 58-71-302, U.A.C. R156-71-102)	State of Washington Basic Science Series or	Not addressed.	24 credit hours every two years. (U.A.C. R156-71- 304)	Not addressed.	Not addressed.

State	Work force number	Graduate education required	University accreditation	Clinical experience required	Examination required	Reciprocity for licensure	Continuing education required	Medicaid reimbursement	Specialization
Vermont	148 (as of April 2008)*	Granted a degree of doctor of naturopathic medicine, or a degree determined by the Director of the Office of Professional Regulation to be essentially equivalent to such degree, from an approved naturopathic medical college. (V.S.A. § 4127)	Accredited by CNME or a degree determined by the Director of the Office of Professional Regulation to be essentially equivalent. (V.C.R. R04-030-380- 2.2)	Not addressed.	Pass all parts of NPLEX. Passing score determined by NPLEX. (V.S.A. § 4127, V.C.R. R04-030- 380-2.2)	Yes. (V.C.R. R04-030-380- 2.3)	30 credit hours every two years with no more than 10 hours coming from the same subject area. (V.C.R. R04-030- 380-3.2)	Not addressed.	Special Endorsement for Naturopathic Childbirth includes specialty training and exam. (V.C.R. R04-030-380- 3.9)
Virginia	Naturopathy is no longer a licens	sed profession. Nature	opaths licensed prior to Ju	ne 30, 1980 may continuir	ng such practice in a	ccordance with regulations p	romulgated by the Bo	oard [of medicine].	Va. Code Ann § 54.1- 2901
Washington	768 (as of April 2008)*	Successful completion of an educational program approved by the Secretary of Health, the	(A.R.C.W.	externship/preceptorship	Licensure exam consists of: (1) basic science component, (2) clinical science component and (3)	Yes. (A.R.C.W. § 18.36A.120, W.A.C. 246- 836-110)	20 credit hours; only courses in diagnosis and therapeutics are eligible for credit. (W.A.C. 246-836-	Not addressed.	Not addressed.
		· · · · · · · · · · · · · · · · · · ·	00. W.A.C. 246-836- 130 thru W.A.C. 246- 836-150)	considered for approval by the secretary. (W.A.C. 246-836-180)	law of the state and administrative regulations relating to the practice of naturopathic medicine. Passing Score = 75. (A.R.C.W. § 18.36A.090, WAC 246-836-030)		080)		
West Virginia	Does not license naturopaths.	minimum standard of which shall be the successful completion of a doctorate degree program in naturopathy. (A.R.C.W. §	130 thru W.A.C. 246-	by the secretary.	administrative regulations relating to the practice of naturopathic medicine. Passing Score = 75. (A.R.C.W. § 18.36A.090, WAC		080)		
Wisconsin	Does not license naturopaths.	minimum standard of which shall be the successful completion of a doctorate degree program in naturopathy. (A.R.C.W. §	130 thru W.A.C. 246-	by the secretary.	administrative regulations relating to the practice of naturopathic medicine. Passing Score = 75. (A.R.C.W. § 18.36A.090, WAC		080)		
Wisconsin Wyoming	Does not license naturopaths. Does not license naturopaths.	minimum standard of which shall be the successful completion of a doctorate degree program in naturopathy. (A.R.C.W. § 18.36A.090)	130 thru W.A.C. 246- 836-150)	by the secretary. (W.A.C. 246-836-180)	administrative regulations relating to the practice of naturopathic medicine. Passing Score = 75. (A.R.C.W. § 18.36A.090, WAC 246-836-030)		080)		
Wisconsin Wyoming Workforce number	Does not license naturopaths.	minimum standard of which shall be the successful completion of a doctorate degree program in naturopathy. (A.R.C.W. § 18.36A.090)	130 thru W.A.C. 246- 836-150)	by the secretary. (W.A.C. 246-836-180)	administrative regulations relating to the practice of naturopathic medicine. Passing Score = 75. (A.R.C.W. § 18.36A.090, WAC 246-836-030)				

64-4-	Statutory	D. C. C. C. S. C. N. G. M. G. S. C.	Der Andlander	TI
State	Authority	Definition of Naturopathy	Rx Authority No.	Use of term "physician"
Alaska	A.S. § 08.45.050, A.S. § 08.45.200	The use of hydrotherapy, dietetics, electrotherapy, sanitation, suggestion, mechanical and manual manipulation for the stimulation of physiological and psychological action to establish a normal condition of mind and body; in this paragraph, "dietetics" includes herbal and homeopathic remedies. A person who practices naturopathy may not give, prescribe, or recommend in the practice: a prescription drug; a controlled substance; a poison; engage in surgery; use the word "physician" in the person's title.	No.	No. Use of the term "physician" is expressly prohibited. (A.S. § 45.08.45.050) See also disclosure/transparency requirements at 12 AAC 42.900.
Arizona	A.R.S. § 32-1501	A medical system of diagnosing and treating diseases, injuries, ailments, infirmities and other conditions of the human mind and body including by natural means, drugless methods, drugs, nonsurgical methods, devices, physical, electrical, hygienic and sanitary measures and all forms of physical agents and modalities.	 Yes. (A.R.S. § 32-1581) A doctor of naturopathy may dispense a natural substance, drug, or device to a patient. A "natural substance" is a homeopathic, botanical, or nutritional supplement that does not require a prescription by federal law before it is dispensed but is prescribed to treat a medical condition diagnosed by the doctor. A notice from the AZ Naturopathic Physicians Board of Medical Examiners dated August 22, 2002, and addressed to Pharmacists states that "A licensed naturopathic physician will be able to prescribe any legend drug or controlled substance with the following exceptions: (1) intravenous medications (except vitamins, chelation therapy, and drugs used in emergency resuscitation); (2) controlled substances as listed in Schedule I or II (except morphine will be allowed); (3) cancer chemotherapeutics classified as legend drugs; and (4) antipsychotics. The notice also states that after January 1, 2005 only naturopaths who have completed pharmacotherapeutic training and passed a test in pharmacotherapeutics will continue to be authorized to prescribe legend drugs and controlled substances. 	Yes. A.R.S. §32- 1501.26.

	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
California	Cal. Bus. &	A naturopathic doctor may order and perform physical and	Yes. (Cal. Bus. & Prof. Code, Ch. 8.2 §	No. Use of the term
	Prof. Code,	laboratory examinations for diagnostic purposes, including,	3627) Licensed California naturopaths	"physician" is prohibited.
	Ch. 8.2 § 3640	but not limited to, phlebotomy, clinical laboratory tests,	may prescribe drugs or products	(Cal. Bus. & Prof. Code,
	- § 3643	speculum examinations, orificial examinations, and	contained in the Naturopathic formulary.	Ch. 8.2 § 3661). "shall
		physiological function tests. A naturopathic doctor may order	As of October 2006, a Formulary	not use any term or
		diagnostic imaging studies, including X-ray, ultrasound,	Advisory Committee has been	designation that would
		mammogram, bone densitometry, and others, consistent with	established, and is currently meeting, but	tend to indicate the
		naturopathic training as determined by the bureau, but shall	has not yet produced a naturopathic	practice of medicine,
		refer the studies to an appropriately licensed health care	formulary. Drugs can be furnished by a	other than naturopathic
		professional to conduct the study and interpret the results. Hot	naturopathic doctor "in accordance with	medicine, unless
		or cold hydrotherapy; naturopathic physical medicine	standardized procedures or protocols	otherwise licensed as a
		inclusive of the manual use of massage, stretching, resistance,	developed by the naturopathic doctor and	physician and surgeon,
		or joint play examination but exclusive of small amplitude	his or her supervising physician and	osteopathic doctor, or
		movement at or beyond the end range of normal joint motion;	surgeon." The furnishing and ordering of	doctor of chiropractic."
		electromagnetic energy; colon hydrotherapy; and therapeutic	such drugs must occur under physician	This section also contains
		exercise. Devices, including, but not limited to, therapeutic	and surgeon supervision, may include	disclosure requirements.
		devices, barrier contraception, and durable medical	Schedule III through Schedule V	_
		equipment. Health education and health counseling. Repair	controlled substances, and may be further	
		and care incidental to superficial lacerations and abrasions,	limited to those drugs specified in the	
		except suturing.	standardized procedure between the	
			naturopathic doctor and physician and	
		Removal of foreign bodies located in the superficial tissues.	surgeon.	
		A naturopathic doctor may utilize routes of administration	-	
		that include oral, nasal, auricular, ocular, rectal, vaginal,		
		transdermal, intradermal, subcutaneous, intravenous, and		
		intramuscular.		

	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
Connecticut	Conn. Ann. Stat. § 20-34	The practice of natureopathy means the science, art and practice of healing by natural methods as recognized by the Council of Natureopathic Medical Education and approved by the State Board of Natureopathic Examiners, with the consent of the commissioner, and shall include counseling and the practice of the mechanical and material sciences of healing as follows: The mechanical sciences such as mechanotherapy, articular manipulation, corrective and orthopedic gymnastics, physiotherapy, hydrotherapy, electrotherapy and phototherapy; and the material sciences such as nutrition, dietetics, phytotherapy, treatment by natural substances and external applications.	No. "Natural substances" means substances which are not narcotic substances, do not require the written or oral prescription of a licensed practitioner to be dispensed and are only administered orally.	Unclear. Authority to use the term is neither expressly granted nor prohibited. The term "natureopathic physician" is used in state statute (373 § 20-37b). The term is used in the official posted minutes of the Connecticut Board of Natureopathic Examiners.
District of Columbia	DCCA § 3- 1201.02, § 3- 1206.21, Code of D.C. Regs. § 17- 5003	A system of health care that utilizes education, natural medicines, and natural therapies to support and stimulate a patient's intrinsic self-healing processes to prevent, diagnose, and treat human conditions and injuries. Does not include the practices of physical therapy, physical rehabilitation, acupuncture, or chiropractic. Administer or provide for preventive and therapeutic purposes natural medicines by their appropriate route of administration, natural therapies, topical medicines, counseling, hypnotherapy, dietary therapy, naturopathic physical medicine, therapeutic devices, and barrier devices for contraception. For the purposes of this paragraph, the term "naturopathic physical medicine" means the use of the physical agents of air, water, heat, cold, sound, and light, and the physical modalities of electrotherapy, biofeedback, diathermy, ultraviolet light, ultrasound, hydrotherapy, and exercise, and includes naturopathic manipulation and mobilization therapy; and review and interpret the results of diagnostic procedures commonly used by physicians in general practice, including physical and orificial examinations, electrocardiograms, diagnostic imaging techniques, phlebotomy, clinical laboratory tests and examinations, and physiological function tests. <i>An individual licensed to practice naturopathic medicine under this chapter shall not: Perform surgical procedures, except for minor office procedures, as defined by rule; Use for therapeutic purposes, any device regulated by the United States Food and Drug Administration ("FDA") that has not been approved by the FDA.</i>	No. An individual licensed to practice naturopathic medicine shall not prescribe, dispense, or administer any controlled substances, except those natural medicines authorized by this chapter.	No. Practitioners of naturopathy or naturopathic healing may use the title "Doctor of Naturopathy." (DC Municipal Regulations, Title 14, Ch. 50, 5003.1)

State	Statutory	Definition of Notanonethy	Dr. Anthority	Use of term "physician"
Hawaii	Authority H.R.S. § 455-1	Definition of Naturopathy The practice of: Natural medicine, natural therapeutics, and	Rx Authority No. <i>The practice of naturopathy excludes</i>	Yes. H.R.S. § 455-1.
пажан	п.к.з. § 455-1	natural procedures, for the purpose of removing toxic	prescribing, dispensing, or using	1es. n.k.s. § 455-1.
		conditions from the body and improving the quality, quantity,	prescription drugs except as provided for	
		harmony, balance, and flow of the vital fluids, vital tissues,	<i>in the definition of natural medicine.</i>	
		and vital energy; and diagnosing, treating, and caring for	in the definition of hatarat medicine.	
		patients using a system of practice that bases its treatment of		
		physiological functions and abnormal conditions on natural		
		laws governing the human body: utilizing physiological,		
		psychological, and mechanical methods, such as air, water,		
		light, sunshine, heat and cold, earth, phytotherapy,		
		physiotherapy, mechano-therapy, naturopathic corrections and		
		manipulation, and natural methods or modalities, together		
		with natural or homeopathic medicines, natural foods, and		
		herbs, and nature's remedies of the type taught in education		
		and training at naturopathic medical colleges. The practice of		
		naturopathy excludes surgery and the application of x-rays.		
Idaho	Idaho Code	A naturopathic physician may use physical and laboratory	Yes. (Idaho Code Ann. § 54-5110) A	Yes. Idaho Code Ann. §
	Ann. § 54-	examinations consistent with naturopathic medical education	formulary council was established in	54-5102.
	5104	and training for diagnostic purposes. A naturopathic physician	2005 to adopt a formulary for	
		may order and perform diagnostic and imaging tests	naturopathic physicians. "The formulary	
		consistent with naturopathic medical education and training.	list may not go beyond the scope of	
		All diagnostic and imaging tests not consistent with	prescription medicines and medical	
		naturopathic medical education and training must be referred	devices covered by approved naturopathic	
		for performance and interpretation by an appropriately	medical education and training and	
		licensed health care professional. Naturopathic physicians are	existing naturopathic medical	
		authorized to dispense, administer and prescribe prescription	formularies, or board-approved	
		drugs and medical devices determined by the naturopathic	continuing education." Nothing herein	
		medical formulary council, and authorized by the board. A	shall allow a naturopathic physician to	
		naturopathic physician may perform minor office procedures	dispense, administer, or prescribe any	
		pursuant to privileges authorized by the board. A naturopathic	prescription drug as defined in [Section	
		physician may perform those therapies as trained and	54-1705(28)], unless such prescription	
		educated and authorized by the board.	drug is specifically included in the	
			naturopathic medical formulary.	

	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
State Kansas	Authority K.S.A. § 65- 7202	Definition of Naturopathy A system of health care practiced by naturopathic doctors for the prevention, diagnosis and treatment of human health conditions, injuries and diseases, that uses education, natural medicines and therapies to support and stimulate the individual's intrinsic self-healing processes, and includes prescribing, recommending or administering: (A) food, food extracts, vitamins, minerals, enzymes, whole gland thyroid, botanicals, homeopathic preparations, nonprescription drugs, plant substances that are not designated as prescription drugs or controlled substances, topical drugs as defined in subsection (a)(9) of this section, and amendments thereto; (B) health care counseling, nutritional counseling and dietary therapy, naturopathic physical applications, barrier contraceptive devices; (C) substances on the naturopathic formulary which are authorized for intramuscular or intravenous administration pursuant to a written protocol entered into with a physician who has entered into a written protocol with a naturopathic doctor registered under this act; (D) noninvasive physical examinations, venipuncture to obtain blood for clinical laboratory tests and orificial examinations, excluding endoscopies; (E) minor office procedures; and (F) naturopathic acupuncture. <i>A naturopathic</i> <i>doctor may not perform surgery, obstetrics, administer</i> <i>ionizing radiation, or prescribe, dispense or administer any</i> <i>controlled substances as defined in K.S.A.</i> 65-4101, and <i>amendments thereto, or any prescription-only drugs except</i> <i>those listed on the naturopathic formulary adopted by the</i> <i>board pursuant to this act.</i>	Rx Authority Yes. (K.A.R. § 100-72-8) Only those medicines approved by the Board on the Naturopathic Formulary and pursuant to a written protocol with a physician.	Use of term "physician" No. "Physician" means a person licensed to practice medicine and surgery. K.S.A. §65- 7272(10).

G to t	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
Maine	M.R.S.A. Tit.	A naturopathic doctor may use and order for preventative and	Yes. (M.R.S.A. § 12522) A naturopathic	No. Use of the title
	32, § 12522,	therapeutic purposes the following natural medicines and	doctor may not prescribe, dispense, or	"physician" by
	CMR 02 502	therapies: food, food extracts, vitamins, minerals, enzymes,	administer any substance or device	naturopathic licensees is
	006	digestive aids, whole gland thyroid and other natural hormones, plant substances, all homeopathic preparations,	identified in Schedule I, II, III, IV, or V as	prohibited. M.R.S.A. Tit.
		immunizations, counseling, hypnotherapy, biofeedback,	described in the federal Controlled Substances Act; may prescribe	32, Ch. 113-B,
		dietary therapy, naturopathic manipulative therapy,	nonprescription medications without	§12521(2).
		naturopathic physical medicine, therapeutic devices, barrier	limitation; and may only prescribe non-	
		devices for contraception and office procedures. Naturopathic	controlled legend drugs from the	
		doctors may also prescribe medications, including natural	following categories: homeopathic	
		antibiotics and topical medicines, within the limitations set	remedies, vitamins and minerals,	
		forth in subsection 4. A naturopathic doctor may use physical	hormones, local anesthesia, and	
		examinations for diagnostic purposes including phlebotomy,	immunizations that are designated by a	
		clinical laboratory tests, speculum examinations and	subcommittee of the board which shall	
		physiological function tests, excluding all endoscopies and	consist of naturopathic members, a	
		physiological function tests requiring infusion, injection,	pharmacist member, and an allopathic or	
		inhalation or ingestion of medications to perform tests. A	osteopathic member.	
		naturopathic doctor may order ultrasound, x-ray and		
		electrocardiogram tests but must refer to an appropriate	Prior to independently prescribing non-	
		licensed health care professional for conducting and	controlled legend drugs, a naturopathic	
		interpreting the tests. A naturopathic doctor may prescribe	doctor shall establish and complete a 12-	
		therapeutic devices or use noninvasive diagnostic procedures	month collaborative relationship with a	
		commonly used by allopathic or osteopathic physicians in	licensed allopathic or osteopathic	
		general practice. Naturopathic doctors have a limited scope of	physician to review the naturopathic	
		prescriptive authority. A naturopathic doctor may not:	doctor's prescribing practices. (M.R.S.A.	
		Prescribe, dispense or administer any substance or device	Tit. 32, §12522)	
		identified in Schedule I, II, III, IV or V as described in the		
		federal Controlled Substance Act, 21 United States Code,		
		Sections 801 to 971 (1988), or any controlled substances or		
		devices; Perform surgical procedures except those office		
		procedures authorized by this chapter; Practice emergency medicine except when a good Samaritan rendering gratuitous		
		services in the case of emergency and except for the care of		
		minor injuries; or Practice or claim to practice medicine and		
		surgery, osteopathy, dentistry, podiatry, optometry,		
		chiropractic, physical therapy or any other system or method		
		of treatment not authorized in this chapter.		
		of treatment not authorized in this chapter.		<u> </u>

	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
Montana	M.C.A § 37-	Naturopathic medicine is a system of primary health care	Yes. (M.C.A. § 37-26-301) A	Yes. M.C.A. § 37-26-
	26-103,	practiced by naturopathic physicians for the prevention,	naturopathic physician may not	103(9).
	M.C.A. § 37-	diagnosis, and treatment of human health conditions, injury,	prescribe, dispense, or administer any	
	26-301	and disease. Its purpose is to promote or restore health by the	legend drug [as defined in 50-31-301],	
		support and stimulation of the individual's inherent self-	except for whole gland thyroid;	
		healing processes. This is accomplished through education of	homeopathic preparations; and natural	
		the patient by a naturopathic physician and through the use of	substances, drugs, and therapies	
		natural therapies and therapeutic substances. Naturopathic	described in subsection (2), which	
		physical applications include the therapeutic use by	includes food, food extracts, vitamins,	
		naturopathic physicians of the actions or devices of electrical	minerals, enzymes, whole gland thyroid,	
		muscle stimulation, galvanic, diathermy, ultrasound,	botanical medicines, homeopathic	
		ultraviolet light, constitutional hydrotherapy, and naturopathic	preparations, and oxytocin (pitocin).	
		manipulative therapy. A naturopathic physician may not:		
		administer ionizing radioactive substances for therapeutic		
		purposes; perform surgical procedures except those minor		
		surgery procedures authorized by this chapter; or claim to		
		practice any licensed health care profession or system of		
		treatment other than naturopathic medicine unless holding a		
		separate license in that profession. Naturopathic physicians		
		may engage in and utilize health care counseling, nutritional		
		counseling and dietary therapy, naturopathic physical		
		applications, therapeutic devices, nonprescription drugs,		
		barrier devices for contraception, naturopathic childbirth		
		attendance, and minor surgery.		

State	Statutory Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
New Hampshire	N.H.R.S.A. § 328-E:2, N.H.R.S.A. § 328-E:4	Naturopathic medicine is a system of primary health care for the prevention, diagnosis, and treatment of human health conditions, injuries, and diseases using education, natural medicines and therapies to support and stimulate the individual's intrinsic self-healing processes. Doctors of naturopathic medicine are authorized to use, for preventive and therapeutic purposes, natural medicines and therapies, counseling, hypnotherapy, biofeedback, dietary therapy, naturopathic physical medicine, therapeutic devices, and barrier devices for contraception. Naturopathic physical medicine is the therapeutic use of the physical agents of air, water, heat, cold, sound, light, and electromagnetic non- ionizing radiation and the physical modalities of electrotherapy, diathermy, ultraviolet light, ultrasound, hydrotherapy, naturopathic manipulative therapy, and therapeutic exercise. Doctors of naturopathic medicine may use, for diagnostic purposes physical and orificial examinations, X-rays, electrocardiograms, ultrasound, phlebotomy, clinical laboratory tests and examinations, and physiological function tests. <i>Doctors of naturopathic medicine are not authorized to</i> <i>perform surgical procedures, practice emergency medicine,</i> <i>except as a good samaritan rendering gratuitous services in</i> <i>the case of emergency and except for the care of minor</i> <i>injuries, practice or claim to practice medicine and surgery,</i> <i>osteopathy, dentistry, podiatry, optometry, chiropractic,</i> <i>physical therapy, or any other system or method of treatment</i> <i>not authorized in this chapter.</i>	Yes. Doctors of naturopathic medicine shall not prescribe, dispense, or administer any legend or controlled substances, except those natural medicines as authorized by this chapter. Doctors of naturopathic medicine with specialty certification in naturopathic childbirth, shall be authorized to use oxytocin and pitocin.	Likely not. Naturopathic licensees shall use the title ""doctor of naturopathic medicine" and the recognized abbreviation ""N.D." Doctors of naturopathic medicine shall have the exclusive right to use of the terms: ""doctor of naturopathic medicine," ""naturopathic doctor," ""naturopathic doctor," ""naturopathic medicine," ""naturopathic health care," ""naturopathy," and ""N.D." N.H.R.S.A. § 328-E:3.

	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
Oregon	O.R.S. §	Naturopathic medicine is the discipline that uses	Yes. Licensees may perform health	Yes. Only licensees under
	685.010,	physiotherapy, natural healing processes and minor surgery	maintenance and restoration measures	this chapter may use any
	685.030,	and has as its objective the maintaining of the body in, or of	consistent with generally recognized and	or all of the following
	685.145,	restoring it to, a state of normal health.	accepted principles of naturopathic	terms, consistent with
	689.635		medicine, including but not limited to (a)	academic degrees earned:
			administering, dispensing or writing	"Doctor of Naturopathy"
			prescriptions for drugs; (b)	or its abbreviation,
			recommending the use of specific and	"N.D.," "Naturopath" or
			appropriate over-the-counter	"Naturopathic Physician."
			pharmaceuticals; (c) administering	However, none of these
			anesthetics or antiseptics in connection	terms, or any combination
			with minor surgery as defined in ORS	of them, shall be so used
			685.010; (d) ordering diagnostic tests; (e)	as to convey the idea that
			using radiopaque substances	the physician who uses
			administered by mouth or rectum	them practices anything
			necessary for Roentgen diagnostic	other than naturopathic
			purposes; (f) administering substances by	medicine. O.R.S.
			penetration of the skin or mucous	§685.020
			membrane of the human body for	
			diagnostic, preventative or therapeutic	
			purposes. The Board of Naturopathic	
			Examiners may adopt by rule appropriate	
			procedures for administering substances	
			under this paragraph. (O.R.S. § 685.030)	

State	Statutory Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
Tennessee	Tenn. Code Ann. § 63-6- 205	The term "naturopathy" <i>does not</i> mean the sale of herbs or natural health information exchanges provides as a service so long as: (A) The sale or provision of information exchanges is not conducted for the purpose of the prevention, diagnosis or treatment of any physical ailment or physical injury to or deformity of another; and (B) In any instance involving natural health information exchanges, the seller obtains a signed acknowledgement from the buyer that the seller is neither a licensed practitioner of the healing arts in Tennessee, nor meets the recognized qualification criteria which would allow the provision of any form of diagnosis, treatment recommendation, or medical care in Tennessee. For the purposes of meeting the requirements of this section, the seller shall keep the signed acknowledgement from the buyer on file for a period of three (3) years. (Repealed at midnight, June 30, 2012.)		
Utah	U.C.A. § 58- 71-102	Naturopathic medicine is a system of primary health care for the prevention, diagnosis, and treatment of human health conditions, injuries, and diseases using education, natural medicines and therapies to support and stimulate the individual's intrinsic self-healing processes by using naturopathic childbirth (if specified requirements are met), naturopathic mobilization therapy, physical medicine, minor office procedures, prescribing or administering natural medicine, prescribing medical equipment and devices, diagnosing by using medical equipment and devices, and administering therapy or treatment by the use of medical devices, prescribing barrier devices for contraception, dietary therapy, taking and using diagnostic x-rays, electrocardiograms, ultrasound, and physiological function tests, taking body fluids for clinical laboratory tests and using the results in diagnosis, taking a history from and conducting a physical examination upon a human patient and prescribing and administering natural medicines and medical devices.	Yes. (U.C.A. § 58-71-102) Natural medicines are food, food extracts, dietary supplements, all homeopathic remedies, and plant substances <i>not designated as</i> <i>prescription drugs or controlled</i> <i>substances</i> ; over the counter medications; other nonprescription substances (<i>the</i> <i>prescription or administration of which is</i> <i>not restricted under federal or state law</i>); and prescription drugs that <i>are not</i> <i>controlled substances</i> as defined in [58- 37-2], the prescription of which is consistent with the competent practice of naturopathic medicine, and the prescription of which is approved by the Naturopathic Formulary Advisory Peer committee. The Naturopathic Formulary can be found at U.C.A. § R156-71-202.	Yes. Naturopathic licensees can use the designation "naturopathic physician," "naturopathic doctor," "naturopath," "doctor of naturopathic medicine," "doctor of naturopathy," "naturopathic medical doctor," "naturopathic medicine," "naturopathic health care," "naturopathy," "N.D.," "N.M.D." U.C.A. § 58- 71-102.

	Statutory			
State	Authority	Definition of Naturopathy	Rx Authority	Use of term "physician"
Vermont	V.S.A. § 4121, V.C.R. § 04- 030-3803.7	Naturopathic medicine is a system of health care that utilizes education, natural medicines and natural therapies to support and stimulate a patient's intrinsic self-healing processes to prevent, diagnose and treat human health conditions and injuries. This includes administering or providing, for preventative and therapeutic purposes, nonprescription medicines, topical medicines, botanical medicines, homeopathic medicines, counseling, hypnotherapy, nutritional and dietary therapy, naturopathic physical medicine, naturopathic childbirth, therapeutic devices, barrier devices for contraception, and using diagnostic procedures such as physical and orificial examinations, electrocardiograms, diagnostic imaging techniques, phlebotomy, clinical laboratory tests and examinations, and physiological function tests. Naturopathic physical medicine is the use of the physical agents of air, water, heat, cold, sight, sound and light, ultrasound, hydrotherapy and exercise. <i>Naturopathic medicine does not include physical therapy</i> ,	Yes. (V.S.A. § 4121). An individual [licensed as a naturopathic physician] may administer or provide for preventative and therapeutic purposes nonprescription medicines, topical medicines, botanical medicines, topical medicines, botanical medicines, homeopathic medicines, counseling, hypnotherapy, nutritional and dietary therapy, naturopathic physical medicine, naturopathic childbirth, therapeutic devices, barrier devices for contraception, and prescription medicine authorized by this chapter or by the formulary. The formulary can be found at Vermont Rules 13-140-061.	Yes. V.S.A. §26-81- 4121(9).
Washington	R.C.W. § 18.36A.040	<i>physical rehabilitation or chiropractic.</i> Naturopathic medicine is the practice by naturopaths of the art and science of the diagnosis, prevention, and treatment of disorders of the body by stimulation or support, or both, of the natural processes of the human body. A naturopath is responsible and accountable to the consumer for the quality of naturopathic care rendered. The practice of naturopathic medicine includes manual manipulation (mechanotherapy), the prescription, administration, dispensing, and use, except for the treatment of malignancies, of nutrition and food science, physical modalities, minor office procedures, homeopathy, naturopathic medicines, hygiene and immunization, non-drug contraceptive devices, common diagnostic procedures, and suggestion; however, nothing in this chapter shall prohibit consultation and treatment of a patient in concert with a practitioner licensed under chapter 18.57 or 18.71 R.C.W. (<i>osteopathic medicine provisions</i>). <i>No person licensed under this chapter may employ the term "chiropractic" to describe any services provided by a naturopath.</i>	Yes. (R.C.W. § 18.36A.020 and A.040). "Naturopathic medicines" means vitamins, minerals, botanical medicines, homeopathic medicines, hormones, and those legend drugs and controlled substances consistent with naturopathic medical practice in accordance with rules established by the Secretary. <i>Controlled</i> <i>substances are limited to codeine and</i> <i>testosterone products that are contained</i> <i>in Schedules III, IV, and V in Chapter</i> <i>69.50 RCW.</i> A Legend Substance List is currently being updated.	Most likely/unclear. Statutory headings refer to "naturopathic physicians" but express authority to use the title "physician" cannot be located in state statutes or regulations.

State	Regulatory board	Statutory authority	Board composition	Appointment procedure	Special procedures/Other
Alaska	Department of Commerce, Community, and Economic Development, Division of Occupational Licensing. Division of Corporations, Business, & Professional Licensing	08.01.070 and §	Licensing Examiner oversees operations because no separate board exists.	Not applicable.	The departments administrative duties are to set minimum qualifications for applicants for examinations and license, hold at least one examination each year and prepare and grade examinations. The Licensing Examiner reviews license applications, issues licenses, maintains licensing files, and responds to inquiries. The division itself has an investigative staff which oversees issues regarding naturopathy among other things.
Arizona	Naturopathic Physicians Board of Medical Examiners	A.R.S. § 32-1502- §32-1504	7 members: 4 naturopathic physician members and 3 public members.	Appointment by the Governor. Term = 5 years.	Not applicable.
California	Bureau of Naturopathic Medicine within the Department of Consumer Affairs	C.C.A. § 101 and Cal. Bus. & Prof. Code, Ch. 8.2 § 3625	9 members: 3 licensed naturopathic doctors, 3 licensed physicians and surgeons, and 3 public members.	Governor appoints 2 physician/surgeon members; 2 naturopathic doctors; and 1 public member. The Senate Rules Committee appoints 1 physician/surgeon member and 1 public member. The Speaker of the Assembly appoints 1 naturopathic doctor and 1 public member. All members serve staggered 4-year terms.	Not applicable.

State	Regulatory board	Statutory authority	Board composition	Appointment procedure	Special procedures/Other
Connecticut	State Board of Naturopathic Examiners		3 members: 2 practicing naturopathic physicians and 1 public member.	Appointment by the Governor. Term = coterminous with the term of the Governor or until a successor is chosen whichever is later.	Not applicable.
District of Columbia	Advisory Committee on Naturopathic Medicine	-	3 members: 1 licensed physician , 1 licensed naturopathic physician (both with at least 3 years experience prior to appointment), and the Director of the Department of Health.	Appointed by the Mayor. Term = 3 years.	Not applicable.
Hawaii	Board of Examiners in Naturopathy	H.R.S.A. § 455-4, H.R.S.A. § 26-34	5 members: 3 licensed naturopathic physicians and 2 public members.	Appointment by the Governor. Term = 4 years.	Not applicable.
Idaho	Board of Naturopathic Medical Examiners	I.C.S.A. § 54-5108	5 members: 4 licensed naturopathic physicians and 1 public member.	Appointment by the Governor. Term = 5 years.	Not applicable.
Kansas	Kansas State Board of Healing Arts (KSBHA); and Naturopathic Advisory Council (NAC)	7203, K.S.A § 65- 7214	KSBHA: 15 members; 12 licensed professionals and 3 public members; NAC: 5 Members; 3 naturopathic physicians; 1 President of the Board of Healing Arts; 1 Public member.		Naturopathic Advisory Council will advise the Board.
Maine	Board of Complementary Health Care Providers	32 M.R.S. § 12502	7 members: 2 licensed acupuncturists; 2 naturopathic medicine practitioners who are licensed or eligible for license; 1 public member; 1 allopathic or osteopathic physician; and 1 licensed pharmacist.	Appointment by the Governor. Term = 3 years.	Not applicable.

State	Regulatory board	Statutory authority	Board composition	Appointment procedure	Special procedures/Other
Montana	Board of Alternative Healthcare	M.C.A. § 2-15-1730	6 members: 2 naturopathic doctors; 2 licensed midwives; 1 medical doctor ; and 1 public member. Three members must have been residents in the state for at least 3 years.	Appointment by the Governor with Senate approval. Term = 4 years.	Not applicable.
New Hampshire	-	N.H.R.S.A. § 328- E:7, § 328-E:8	5 members: 4 naturopathic doctors and 1 public member. Two of the four naturopathic doctors must have at least 3+ years experience.		Not applicable.
Oregon	Board of Naturopathic Examiners	O.R.S. § 685.160	7 members: 5 licensed naturopathic physicians and 2 public members.	Appointment by the Governor. Term = 3 years.	Not applicable.
Utah	Naturopathic Physicians Licensing Board	Utah Code Ann. § 58- 71-201, Utah Code Ann. § 58-1-201	5 members: 3 licensed naturopathic physicians and 2 public members.	Appointment by the Executive Director of the Division of Occupational and Professional Licensing with approval by the Governor. Term = 4 years.	Not applicable.
Vermont	Office of Professional Regulation	81 V.S.A. § 4125, 81 V.S.A. § 4126	Director of the Office of Professional Regulations and 2 advisor appointees which are naturopathic physicians.	Appointment by the Secretary of State. Term = 3 years.	Not applicable.
Washington	Naturopathic Physicians Advisory Committee	A.R.C.W. § 18.36A.070	5 members: 3 licensed naturopathic physicians and 2 public members.	Appointment by the secretary of Health. Term = 4 years.	Not applicable.

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<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Jeremy Lakin	Healthcare Association of Hawaii	Support	Yes

Comments: Testifying in person in support will be: George Greene President & CEO Healthcare Association of Hawaii

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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Monday – January 27, 2014 – 1:30pm Conference Room 229

The House Committee on Health

- To: Senator Josh Green, Chair Senator Rosalyn H. Baker, Vice Chair
- From: George Greene President & CEO Healthcare Association of Hawaii

Re: Testimony in Support SB 2577 — Relating to Naturopathic Physicians

The Healthcare Association of Hawaii (HAH) is a 116 member organization that includes all of the acute care hospitals in Hawaii, the majority of long term care facilities, all the Medicare-certified home health agencies, all hospice programs, as well as other healthcare organizations including durable medical equipment, air and ground ambulance, blood bank and respiratory therapy. In addition to providing quality care to all of Hawaii's residents, our members contribute significantly to Hawaii's economy by employing nearly 20,000 people statewide.

Thank you for the opportunity to testify in support of SB 2577, which requires naturopathic practitioners to fulfill the same education, examination, and training requirements as other physicians to qualify for prescription privileges. Requiring naturopathic physicians to meet these requirements would promote patient safety, and would ensure that Hawaii's residents receive the highest quality of care possible.

HAH is committed to working with providers across the continuum of care toward a healthcare system that offers the best possible quality of care to the residents of the state, and SB 2577 would be a positive contribution toward that goal.

Thank you for the opportunity to testify in support of HB 2577.

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Adam Long	Sakoda Construction, LLC	Oppose	No

Comments: January 25th, 2014 To Whom It May Concern: I am testifying on behalf of the Naturopathic Physicians (NDs) of the state of Hawaii. Naturopathic Physicians are trained primary care physicians who can help take the burden off of the already over-crowded and taxed health care system of Hawaii. Naturopathic Physicians are trained in the integrative care of both acute and chronic diseases. They conservatively treat all illnesses with a combination of pharmaceutical medications and natural remedies. Taking the prescriptive authority away from Naturopathic Physicians would create a disadvantage for the people of Hawaii. In order to comprehensively serve and treat the patients of Hawaii, Naturopathic Physicians must be able to prescribe medications on their already established formulary when necessary. NDs obtain pre-medical degrees and attend four-year medical schools with equal curriculum to that of MDs and DOs. There is no reason to now be stripping this authority from the Hawaii NDs. NDs have been successfully treating and serving the people of Hawaii. My Naturopathic Physician prescribes pharmaceuticals only when necessary and in conjunction with the standards of medical practice. Now that our NDs are covered by health insurance why should they not be able to prescribe pharmaceutical medications when they have been well trained to do so and have been using western pharmaceutical medications in the state of Hawaii for several years now. All of the licensed states in the mainland have a more extensive formulary for their Naturopathic Physicians and there is true insurance equality between the NDs, MDs, and DOs. If this bill passes it would put the Hawaii medical system at an even greater disadvantage to provide and obtain comprehensive health care for the people of Hawaii. Do not pass Bill SB2577, Naturopathic Physicians are providing the people of Hawaii with their health care needs. Sincerely, Adam Long Sakoda Construction, LLC 271 Luakaha St Hilo, HI 96720

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Aimee Bonneval 7423 SW 33rd Ave Portland, OR 97219

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The training of naturopathic physicians is already so extensive as to more than qualify them in this regard. Naturopathic medicine is a unique form of health care with its own rigorous educational, examination, and training requirements, comparable in many ways to the requirements of other types of physicians such as MDs and osteopaths. Naturopathic physicians receive ample training at nationally accredited naturopathic medical schools, including the same basic sciences taught in conventional medical schools, such as standard methods of physical, clinical, and laboratory diagnosis. They are trained in therapies given by injection, and highly qualified to safely prescribe medications. SB2577 would hinder their ability to practice according to their training, and according to standards that have long been upheld in other states.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Aimée O. Bonneval

Dr. Allison Bachlet PhD, LAc, ND

January 25, 2014

To: Hawaii State Legislature

Re: SB2577

Aloha,

I would like to submit my testimony in opposition to the proposed Senate Bill 2577.

I am a Naturopathic Physician on Oahu and work diligently to provide the best health care and preventative medicine I can to my patients. Although I strive to primarily utilize lifestyle interventions and natural remedies, my job occasionally requires that I prescribe prescription medications. Just recently I had a new patient present to me at my office complaining of severe headaches, stress and anxiety. Upon examination, her blood pressure was excessively high and I felt it imperative to prescribe a medication to lower her blood pressure while we worked together on lifestyle changes that would support this. I do believe that without it, she would have been in a severely dangerous position.

I also have many, many patients who benefit from the compounded bio-identical hormones that I can presently prescribe them. If I lose this right, not only will these patients suffer and be forced to try to obtain them from less reputable sources (over the internet for example) but our local compounding pharmacies would lose a large amount of business as patients utilized mainland sources and pharmacies.

Please stop SB2577 now.

Sincerely, Dr. Allison Bachlet Phd, LAc, ND 808-779-8928

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Allison Gandre	Individual	Oppose	No

Comments: SB2577 is unwarranted as Licensed NDs have an unmatched safety record in the health care field. Hawaii and the US Department of education has already classified the ND degree as a doctorate professional degree on par with MD or DO. Licensed NDs get a minimum of 72-in class pharmacology hours while many allopathic medical schools only require 24. Accredited naturopathic medical school curriculum has been deemed more than adequate in the state of Hawaii MULTIPLE times. The constant bombardment of bills meant to restrict and disable the naturopathic profession is groundless and irresponsible. Please kill SB2577.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Ambika Rose

Capt. Cook, HI

Sent from my iPhone

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Amelia Ensign	Individual	Oppose	No

Comments:

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Ana Cleverdon 91-212 Noholike Place Ewa Beach, HI 96706

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Ana Cleverdon Andrea Calhoun

842 Hokulani Street

Honolulu, hi 96825

January 26, 2014

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RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for <u>Monday, January 27, 2014 at 1:30 pm</u> in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Andrea Calhoun

Honolulu

Testimony

To: Senate Health Committee; Chairman Josh Green, members of committee and CPN Chairwoman Rosalynd Baker and Committee Members.

Re: $SB\ 2577$ relating to naturopathic physicians

Position: I adamantly oppose this bill.

Brief description
 Brief description
 Requires naturopathic practitioners to fulfill the same education, examination, and training requirements as physicians or osteopathic physicians licensed under chapter
 453 to qualify for prescription privileges.

Statement of objection: Dear Chairs Green and Baker and Committee Members, Aloha and Mahalo for accepting my testimony as follows. My objection to this bill is that it erodes the power that Naturopathic Physicians to do their job in caring for their patients and it erodes the patients right to choose the type of health care that he or she prefers. Patients want choices. This bill presumes that Naturopaths do not have a pharmacological comprehension of the drugs they are prescribing. This is just not true. I am attaching a comparison of education required by both professions should you care to take a look. http://www.aanmc.org/education/comparing-nd-md-curricula.php

Naturopaths are already limited in that a patient must pay out of pocket for her medicines where as the same exact drug prescribed by a medical doctor is covered by insurance. Where is the fairness for the patient in that?

I have navigated this past year between Naturopathic and Allopathic Physicians. My Naturopath is well aware of the pharmaceutical drugs which are appropriate for my situation and has prescribed them. I am alive and thriving today because I have the choice of approach.

Given the above, please stop this bill from moving forward.

Mahalo nui,

Ann E. Rothstein

Ann Koizumi

94-948 Hiapo St.

Waipahu, HI 96797

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health.

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Ann Koizumi

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Present at Position Hearing	
Ann Strong	Individual	Oppose	No

Comments: Health Committee Members: I am testifying on behalf of the Naturopathic Physicians (NDs) of the state of Hawaii. Naturopathic Physicians are trained primary care physicians who can help take the burden off of the already over-crowded and taxed health care system of Hawaii. Naturopathic Physicians are trained in the integrative care of both acute and chronic diseases. They conservatively treat all illnesses with a combination of pharmaceutical medications and natural remedies. Taking the prescriptive authority away from Naturopathic Physicians would create a disadvantage for the people of Hawaii. In order to comprehensively serve and treat the patients of Hawaii, Naturopathic Physicians must be able to prescribe medications on their already established formulary when necessary. NDs obtain premedical degrees and attend four-year medical schools with equal curricula to that of MDs and DOs. There is no reason to now be stripping this authority from the Hawaii NDs. NDs have been successfully treating and serving the people of Hawaii. My Naturopathic Physician prescribes pharmaceuticals only when necessary and in conjunction with the standards of medical practice. Now that our NDs are covered by health insurance why should they not be able to prescribe pharmaceutical medications when they have been trained to do so and have been using western pharmaceutical medications in the state of Hawaii for several years now. All of the licensed states in the mainland have a more extensive formulary for their Naturopathic Physicians and there is true insurance equality between the NDs, MDs, and DOs. If this bill passes it would put the Hawaii medical system at an even greater disadvantage to provide and obtain comprehensive health care for the people of Hawaii. Do NOT pass Bill SB2577. Naturopathic Physicians are providing the people of Hawaii with their health care needs.

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Anna Keene-Winsor

1405 SE Taylor

Portland, OR 97214

January 26, 2014

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Sincerely,

Anna Keene-Winsor

Anne Logan 1352 Akamai ST Kailua, HI 96734

January 26, 2014

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Sincerely,

Anne Logan

Anne Wheelock

322 Aoloa St. #1507

Kailua, HI 96734

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Anne Wheelock

January 26, 2014

Annette Y. Nagatoshi 1637-A 9th Ave. Honolulu, HI 96816

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Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The training of naturopathic physicians is already so extensive as to more than qualify them in this regard. Naturopathic medicine is a unique form of health care with its own rigorous educational, examination, and training requirements, comparable in many ways to the requirements of other types of physicians such as MDs and osteopaths. Naturopathic physicians receive ample training at nationally accredited naturopathic medical schools, including the same basic sciences taught in conventional medical schools, such as standard methods of physical, clinical, and laboratory diagnosis. They are trained in therapies given by injection, and highly qualified to safely prescribe medications. SB2577 would hinder their ability to practice according to their training, and according to standards that have long been

upheld in other states.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577. Sincerely,

Annette Y. Nagatoshi

April Holt

527 Kaumakani Street

Honolulu, HI 96825

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for <u>Monday, January 27, 2014 at 1:30 pm</u> in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

April Holt

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Thank you for your consideration. I look forward to hearing of your opposition

to SB2577.

Sincerely,

--

Benjamin Caleda NCNM ND3 Medical Student benjamin.caleda@student.ncnm.edu 808-393-1607 2514 Jasmine st. Honolulu, HI 96816

From:	Jam Caleda
To:	HTHTestimony
Subject:	Please Oppose SB2577
Date:	Sunday, January 26, 2014 10:48:12 AM

I am writing to please oppose the SB2577.

Naturopathic medicine is an excellent component to health care. Please do not limit the accessibility and efficacy of what these individuals do. Naturopathic physicians are licensed medical providers who undergo 4 year accredited medical programs. They are educated in the standard of care of conventional medicine and practice with the paradigm to do the least harm possible. They work hard and holistically to support the health of the community and are an excellent and effective option to many of the chronic diseases that are plaguing modern society. I am asking you to reconsider the passage of bill SB2577 that if passed will severely limit the practicing capabilities of naturopathic physicians.

Thank you for your consideration.

Benjamin Caleda NCNM ND3 Medical Student jamcaleda@gmail.com 808-393-1607

From:	mailinglist@capitol.hawaii.gov
To:	HTHTestimony
Cc:	britzim@gmail.com
Subject:	Submitted testimony for SB2577 on Jan 27, 2014 13:30PM
Date:	Saturday, January 25, 2014 9:02:14 PM
Attachments:	against SB2577.docx

<u>SB2577</u>

Submitted on: 1/25/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Britta Zimmer	Individual	Oppose	No

Comments: January 25th, 2014 To Whom It May Concern: I am testifying on behalf of the Naturopathic Physicians (NDs) of the state of Hawaii. Naturopathic Physicians are trained primary care physicians who can help take the burden off of the already over-crowded and taxed health care system of Hawaii. Naturopathic Physicians are trained in the integrative care of both acute and chronic diseases. They conservatively treat all illnesses with a combination of pharmaceutical medications and natural remedies. Taking the prescriptive authority away from Naturopathic Physicians would create a disadvantage for the people of Hawaii. In order to comprehensively serve and treat the patients of Hawaii, Naturopathic Physicians must be able to prescribe medications on their already established formulary when necessary. NDs obtain pre-medical degrees and attend four-year medical schools with equal curriculum to that of MDs and DOs. There is no reason to now be stripping this authority from the Hawaii NDs. NDs have been successfully treating and serving the people of Hawaii. My Naturopathic Physician prescribes pharmaceuticals only when necessary and in conjunction with the standards of medical practice. Now that our NDs are covered by health insurance why should they not be able to prescribe pharmaceutical medications when they have been well trained to do so and have been using western pharmaceutical medications in the state of Hawaii for several years now. All of the licensed states in the mainland have a more extensive formulary for their Naturopathic Physicians and there is true insurance equality between the NDs, MDs, and DOs. If this bill passes it would put the Hawaii medical system at an even greater disadvantage to provide and obtain comprehensive health care for the people of Hawaii. Do not pass Bill SB2577, Naturopathic Physicians are providing the people of Hawaii with their health care needs. Sincerely, Britta Zimmer-Long 271 Luakaha St. Hilo, HI 96720

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

January 25th, 2014

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All of the licensed states in the mainland have a more extensive formulary for their Naturopathic Physicians and there is true insurance equality between the NDs, MDs, and DOs.

If this bill passes it would put the Hawaii medical system at an even greater disadvantage to provide and obtain comprehensive health care for the people of Hawaii.

Do not pass Bill SB2577, Naturopathic Physicians are providing the people of Hawaii with their health care needs.

Sincerely,

Britta Zimmer-Long 271 Luakaha St Hilo, HI 96720

808-218-1222

(name and Hawaii address and contact number)

Brittney Lesher - 6938 Kalanianaole Highway Hononlulu HI 96825

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577. Sincerely,

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Busabong Yu	Individual	Oppose	No

Comments: My Son Isaac Yu is autistic and seeing Dr. Taketa-wong for over 3 months. We found that he has been improve a lot on behavior and focus from the treatment she is giving to him. Please do not remove the right to prescribe those drug in question. I have tried may ways to help Isaac and found Dr. Taketa treatments are more natural and raise up my hope of having Isaac to be better in his life. best regards, Busabong Yu

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Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Calvin Taketa	Individual	Oppose	No

Comments: My doctor is a naturopathic physician, this is an excellent practioner who has helped my family immensely. While many of the remedies are not on the formulary of prescription medications, our family has had the benefit of the prescription power. This measure is worded it appears to exclude the naturopathic physician from being able to have the authority to use the scrip writing ability. While their training is similar to MDs & DOs (the same pre-medical coursework, graduation from an accredited four-year naturopathic medical school with two years in the basic sciences & two years of clinical rotations, completion of a national naturopathic licensing exam and state licensing exam, etc.), the naturopathic schools, licensing exam and residencies are separate from those of MDs/DOs and are regulated by separate boards, as the philosophy and training is much more holistic. They have required curriculum in pharmacology with extensive training in drug-herb-nutrient interactions, which is not taught in the same depth at MD/DO schools. Mahalo for this consideration.

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From:	mailinglist@capitol.hawaii.gov
To:	HTHTestimony
Cc:	free111@hawaii.rr.com
Subject:	*Submitted testimony for SB2736 on Jan 27, 2014 13:30PM*
Date:	Sunday, January 26, 2014 10:03:31 AM

<u>SB2736</u>

Submitted on: 1/26/2014 Testimony for HTH/CPN on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Carol Cam	Individual	Support	No

Comments:

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
carol hanchett	Individual	Comments Only	No

Comments: As a concerned citizen and patient of naturopathic physicians, I am writing to oppose the current measure being proposed. Reduction of naturopathic prescription rights limits the rights of the patients to get the best care. This is a violation of our human rights and current national goals for affordable healthcare. I hope that you will hear our voices and respect our wishes to be able to let our healthcare practitioner have options for us to have affordable care. Sincerely Carol hanchett

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Catherine A. Bruns

1171 Lunaanela St.

Kailua, HI 96734

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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ability to practice according to their training, and according to standards that have long been upheld in other states.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577. Sincerely,

Catherine Bruns, MFT Phone: (808) 284-5428 Fax: (866) 394-3089 www.yourwisevoice.com www.hawaiimft.com I am writing in opposition of SB2577 for the following reasons:

- 1) Licensed Naturopathic physicians graduating from accredited Naturopathic Medical schools receive training in prescription pharmaceuticals that is equivalent to that of "physicians & osteopathic physicians."
- 2) To require authorization from the department of commerce & consumer affairs prior to prescribing is a waste of government resources and it is ineffectual in allowing the Naturopathic physician to provide adequate and timely care to patients within a primary care setting.
- 3) Naturopathic physicians fulfill a growing need for primary care and the Naturopathic formulary allows these physicians to meet that need.

I sincerely hope you will vote against this revision. Revoking prescription rights of naturopathic physicians is a step backwards, away from affordable healthcare & is a step backwards from creating a medical system that is sustainable and serves the needs of Hawaii residents & Americans.

Sincerely,

Dr. Chandy Lopes, ND

Charlene T Dave'

91-823 Oaniani St.,

Kapolei, HI 96707 January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Charlene T Dave' Event Specialists Intl. Tel: 808.927.7543 xibitint@aol.com

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Cheryl Turansky	Individual	Comments Only	No

Comments: Please do not pass bill SB2577. There is a lack of understanding about the education of naturopathic physicians. Naturopathic physicians are held to the highest standards and have more math and science than traditional doctors. Please do not make a decision before researching the standards of the naturopathic schools such as Bastyr, National college of Natural Medicine and South West. You will find state of the art Research being done as well as evidenced based medicine taught. Naturopathic medicine changed my life. I was chronically ill for 10 years and traditional medicine could not help me. Because of gaining my life back through natural medicine, I will be pursuing an education in natural medicine. Because many people are helped in areas where naturopathic medicine complements or fills in for traditional medicine, not passing this bill will harm the right of people to choose their preferred method of health care because their naturopath will be hindered from practicing to their fullest ability. It is a mistake to hinder Natural Medicine physicians from freely practicing and using their hard earned skills in prescribing to their patients. Please fairly look at the education of Natural Medicine doctors before you make a decision that may one day affect you or some one you love who may need another perspective other than allopathic medicine to be healthy and well. Again, please do not make a decision unless you truly understand the education of these physicians. Thank you very much.

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Chris Stokes

515 Nowela Place

Kailua

HI 9673

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Chris Stokes

Sent from my iPad

Christopher Neary 3925 se Cora st Portland, OR 97202

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health RE: PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
constance zimmer	Individual	Oppose	No

Comments: I urge you not to pass SB2577. Passage would be a devastating step in the wrong direction and a set back in our health care system. My family and extended family, including my 98 year old father, depend on the care of NDs and value their conservative, appropriate approach to prescribing medications. In my community their is a critical shortage of primary care physicians and passage of SB2577 would compound this crisis. I wonder at the motivation behind this bill. HI needs more qualified physicians, as NDs are, offering a full complement of services, not fewer. Please defeat this bill. Thank you

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

26 January 2014

RE SB2577 Relating to Naturopathic Physicians

Dear Hon. Josh Green, Chair, Hon. Rosalyn Baker, Vice Chair, and distinguished members of the Senate Committee on Health,

I strongly urge you to oppose SB2577 relating to naturopathic physicians.

As a 25+ year patient and advocate of naturopathic medicine, I know this measure would severely restrict naturopathic physicians' ability to effectively treat patients according to the comprehensive training they've received in their field and according to established standards upheld in other states.

Hawaii is ranked No. 1 in the top ten healthiest states. Let us continue to support this trend by allowing the fullest range of opportunities for experienced, quality healthcare. This includes allowing naturopathic medicine in Hawaii to function according to the most stringent standards of practice and codes of ethics long-established within its field. It is the people of Hawaii who would benefit from this.

Thank you for your consideration of opposition to SB2557.

Corinne Chun Fujimoto P.O. Box 208 Kaaawa, Hawaii 96730 Hearing date : 1/27/2014 (Monday) Time : 1:30pm

oppose the SB2577

Our 5-year-olds twins affected with complicated medical condition such as mitochondria dysfunction, developmental delay, seizure, autism, speech delay, apraxia, food/chemical/environmental sensitivity, sensory processing dysfunctions and negative behavior problems.

The life of our twins has been changed since they are receiving the combination of homeopath and prescription of pharmaceutical medicines which are prescribing by their naturopathic physicians. They became much healthier, and our life became much brighter.

What is the most relief to us is that this naturopathic physicians are on this islands. It is great and relief to us that she can prescribe pharmaceutical medicines in timely manners.

The deep knowledge, networks and experience that the naturopathic physicians amazed us each time she give us enough explanations and scientific data behind of the cause and projective.

As one of the family who has children with complicated medical conditions, we desperate needs naturopathic physicians to continue help us in deep caring manners utilizing the prescribe pharmaceutical medicines that she has been demonstrating to us.

Masako Cummings

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Cynthia Bartlett	Individual	Comments Only	No

Comments: I wish to state the great benefits my family and daughter received via prescribed naturopathic physicians. My daughter took amino acids and a compound that calmed her down and allowed her to stabilize in her school environment. We had blood tests done and found deficiencies that her naturopath was able to balance via what was prescribed. She is also under the care of an MD who approves of the added value.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
cynthia toth	Individual	Oppose	No

Comments: Dear Hon. Sentator Josh Green, Vice Chair Baker, And Comm. Members: I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency and safety. With all due respect it would be unreasonable and detrimental to require naturopath physicians have licensure as MD's or osteopaths to qualify for prescription privileges. Basically, what I want to say, is there is more than one way to practice medicine, and naturopaths have knowledge and access to utilizing facilities to help determine a person's imbalance or medical flaw. Naturopaths provide a great service to Hawaii's community and are abundantly trained in their profession. Pls don't take prescription administering away. My naturopath was the one who found my thyroid disease not my md, and has worked to prescribe the correct balance of medicine right for me. I have it compounded at a pharmacy, and since diagnosed and treated, am feeling 100% great. This is my personal testimony. Pls don't take this ability away from naturopaths. Thanks for your consideration.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Testimony Submitted by: Daria A. Fand Honolulu, HI January 26, 2014

RE: SB2577 Relating to Naturopathic Physicians

Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229

POSITION: OPPOSED

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

I have seen naturopathic physicians for the last 20-plus years, and have found in them relief and competent care that I could not find in other medical circles. They complement the skills of other doctors in a way that is indispensable to our healthcare system, and my health personally would be so much worse off without the care they have been able to provide for me, including prescriptions and many other clinical approaches M.D.'s were actually ignorant about and incapable to provide. I DON'T' KNOW WHERE MY HEALTH WOULD BE NOW, IF NOT FOR THE GREAT CARE OF MY NATUROPATHIC PHYSICIAN, WHO HAS EARNED MY TRUST OVER MANY YEARS OF PROVEN TRACK RECORD OF CARE.

Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The

training of naturopathic physicians is already so extensive as to more than qualify them in this regard. Naturopathic medicine is a unique form of health care with its own rigorous educational, examination, and training requirements, comparable in many ways to the requirements of other types of physicians such as MDs and osteopaths. Naturopathic physicians receive ample training at nationally accredited naturopathic medical schools, including the same basic sciences taught in conventional medical schools, such as standard methods of physical, clinical, and laboratory diagnosis. They are trained in therapies given by injection, and highly qualified to safely prescribe medications. SB2577 would hinder their ability to practice according to their training, and according to standards that have long been upheld in other states.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Please do not seek to repeal the invaluable services I and so many other s have been benefitting from in our healthcare for so long.

Thank you for your consideration. I look forward to hearing of your abortion of SB2577.

Sincerely,

Daria A. Fand

FR: David & Katie Muncie

589 Palawiki St. Kailua Hawaii 96734

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

David & Katie Muncie

Dawn Nicole Fechtig 708A Olinda Road Makawao, HI 96768 January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577. Sincerely,

Donald J Noguchi 126 Neff St #513 Wahiawa, HI 96786-3626

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577. Sincerely,

Donald J Noguchi

Noguchi Business Services Phone No. 372-1578 e-mail: konashawaii@aloha.net or donald.noguchi@gmail.com

From:	jazz@dubey.us
To:	HTHTestimony
Subject:	*****SPAM***** Opposing Testimony to SB2577
Date:	Sunday, January 26, 2014 1:16:26 PM

To: Honorable Senator Green, Chair Honorable Senator Baker, Co Chair Honorable Health Committee Members

RE: Senate Bill 2577 Senate Hearing Room 229, 1:30 PM Dear Senators

I am in opposition to SB 2577. My name is Dr Steven Dubey, Naturopathic Physician . I have maintained a busy practice in Lihue, on the island of Kauai for the last 33 years. I have served infants to the elderly with nearly every ailment know to the human race. From past Mayors, to members of our police and fire departments, County Council members, State Senators and Representatives, agricultural and visitor industry workers, all have chosen Naturopathic Medicine as their preferred health care choice.

In recent years, thanks to the wisdom and insightful judicial thinking and planning for Hawaii's health care needs, the Hawaii State Legislature MODERNIZED the Hawaii Revised Statute 455 pertaining to licensing of Naturopathic Doctors. This modernization created the Naturopathic Formulary. It modernized the statute to greater reflect our education and scope of practice, which includes that of primary health care providers.

Senate Bill 2577 seeks to reverse the countless hours of work in decision making already carried out in this matter. The decision making was done by legislators, members of the community, Department of Commerce and Consumer Affairs personnel, and by the Naturopathic, Pharmacy and Medical professional representatives.

Shall we reinvent the wheel next? Thank you Respectively Submitted

Dr Steve Dubey Licensed Naturopathic Physician Licensed Acupuncturist Natural Health Clinic 3093 Akahi St Lihue HI 96766 (808)245-2277 dr.dubey@hawaiiantel.net www.nhckauai.com

Dr. Jennifer Herring 45-995 Wailele Road #77 Kaneohe HI 96744

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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ability to practice according to their training, and according to standards that have long been upheld in other states.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Jennifer Herring

--

Jennifer Herring, Ed.D. Statewide Program Coordinator, Elementary Institute for Teacher Education College of Education University of Hawaii at Manoa 1776 University Avenue Honolulu, HI 96822 (808) 221-7283 cell phone herring@hawaii.edu Virtual Office: http://tinyurl.com/JenniferHerringVirtualOffice Skype Name: jenniferherring The Senate

The Twenty-seventh legislature

Regular Session of 2014

Committee on Health

Senator Josh Green, Chair

Senator Rosalyn H. Baker, Vice Chair

Monday, January 27, 2014 1:30 pm

SB2577 Relating to Naturopathic Physicians

Testifier Position: Oppose

Honorable Chair Green, Vice Chair Baker, and committee members:

My name is Marsha Lowery, I am a licensed Naturopathic Physician and a member of the Hawaii Society of the Naturopathic Physicians. Thank you for the opportunity to submit testimony regarding this bill that would require naturopathic physicians to fulfill new requirements for prescription privileges. I recognize that having prescriptive authority is a privilege and requires high standards in education, training, competency and safety.

However, with all respect, I would ask you to consider whether this bill is actually necessary.

- Naturopathic physicians (NDs) were granted prescriptive authority by the legislature in 2009. Since that time, there is a **clean record of safety**.
- There have been **no cases of harm** (regarding naturopathic physicians that pertain to the prescription of medications) reported to the Regulated Industries Complaint Office, the Board of Naturopathic Medicin
- there have been no lawsuits filed in this regard.

As a naturopathic physician, although I strive to primarily use lifestyle interventions and natural therapies, there are times when it is in the **best interest of the patient** in a primary care setting to prescribe a pharmaceutical agent.

- The number of pharmacology hours at an accredited Naturopathic Medical School is similar to both MDs and DOs.
- Safety records of naturopaths in states with licensure are very low in comparison to MDs and DOs.
- Jury Verdicts Northwest (a legal database) reported that no civil claims have ever been filed against a naturopath in Oregon and Washington (the two states with the highest population of Naturopathic Physicians)

ND	MD	DO		PA	NP	
Naturopathic Doctor	Medical Doctor			Physician Assistant	Nurse Practition	er
2 years	2 years	2 years		1 year	1 year	
2 years	2 years	2 years		1 year	0.5 year	
2,800	3,200	3,200		2,000	700	
100 hours	70 hours	90 hours		60 hours	50 hours	
130 hours	0	0		0	0	
110 hours	0	0		0	0	
160 hours	0	0		0	0	
Primary Care	Primary care, specialties, subspecialties, surgery, anesthesiology, radiology, etc.	specialties subspecialtie surgery, anesthesiolog	, es, gy,	Family care through limited surgical with varied levels of supervision	Primary Car	e
c Doctor	Doctor of Osteopathy			Medical Doctor		
	2 Years Did	lactic				
Part 1	COMLEX Level 1 USMLE Sto		p 1			
Systems based exams testing graduate level training in anatomy, physiology, biochemistry, genetics, microbiology, immunology and pathology.						
Vears Primary Care Clinicals 2 Years Specialty and Subspecialty Clinical Rotations						
CON		LEX Level 2 USMLE Step 2		p 2		
	COMLEX Level 3					
	Naturopathic Doctor 2 years 2 years 2,800 100 hours 130 hours 110 hours 160 hours Primary Care Part 1 ed exams testing genetics, r ary Care	Naturopathic Doctor Medical Doctor 2 years 2 years 2,800 3,200 100 hours 0 110 hours 0 160 hours 0 Primary Care Primary care, specialties, subspecialties, surgery, anesthesiology, radiology, etc. Doctor of Oster Doctor of Oster Part 1 COMLEX Let and the composition of th	Naturopathic DoctorMedical DoctorDoctor o Osteopati2 years2 years2,8003,2003,2003,200100 hours70 hours90 hours130 hours00140 hours00160 hours00160 hours00Primary CarePrimary care, specialties, subspecialties, subspecialties, surgery, anesthesiology, radiology, etc.Primary care, sugery, anesthesiology, radiology, etc.DoctorDoctor of Osteopathyc Doctor2 Years DidacticPart 1COMLEX Level 1ed exams testing graduate level training in anatom genetics, microbiology, immunology and part 2Part 2COMLEX Level 2	Naturopathic DoctorMedical DoctorDoctor of Osteopathy2 years2 years2,8003,2003,2003,200100 hours70 hours90 hours130 hours00160 hours00Primary CarePrimary care, specialties, subspecialties, surgery, anesthesiology, radiology, etc.Primary care, subspecialties, subspecialties, surgery, anesthesiology, radiology, etc.Doctor of OsteopathyPotor2 Years Didactic2Part 1COMLEX Level 1ary Care als2 Years Specialty and Subspecial COMLEX Level 2Part 2COMLEX Level 2	Naturopathic DoctorMedical DoctorDoctor of OsteopathyPhysician Assistant2 years2 years2 years1 year2 years2 years2 years1 year2 years2 years2 years1 year2,8003,2003,2002,000100 hours70 hours90 hours60 hours130 hours000100 hours000 <td< td=""><td>Naturopathic DoctorMedical DoctorDoctor of OsteopathyPhysician AssistantNurse Practition2 years2 years2 years1 year1 year2 years2 years2 years1 year1 year2 years2 years2 years1 year0.5 year2,8003,2003,2002,000700100 hours70 hours90 hours60 hours50 hours130 hours0000100 hours0<t< td=""></t<></td></td<>	Naturopathic DoctorMedical DoctorDoctor of OsteopathyPhysician AssistantNurse Practition2 years2 years2 years1 year1 year2 years2 years2 years1 year1 year2 years2 years2 years1 year0.5 year2,8003,2003,2002,000700100 hours70 hours90 hours60 hours50 hours130 hours0000100 hours0 <t< td=""></t<>

Comparative Malpractice Claims

	Year(s)	Iowa	U.S.
MD/DO Malpractice	2009	70	107,391
Claims Paid			
MD/DO Malpractice	2009	450	1 million
Claims Estimated			
Total Filed			
MD/DO Malpractice	2009	\$27.6 Million	\$34.7 Billion
Claims Total Paid			

ND Malpractice Claims 1990-2010 Total Filed 17

Malpractice claims against CAM practitioners occur less frequently and typically involved less severe injury than claims against Conventional Physicians. ^{iv,v}

-Journal of the American Medical Association

Citizens of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. Naturopath physicians are uniquely qualified to work with other health care professionals in providing truly complimentary care. By restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality and access of health care in Hawaii. It would drastically reduce our ability to effectively serve the public. In addition SB2577 would limit Hawaii's ability to attract top-quality naturopathic physicians to practice in the state. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you,

Dr. Marsha Lowery ND

The Senate The Twenty-seventh legislature Regular Session of 2014

Committee on Health Senator Josh Green, Chair Senator Rosalyn H. Baker, Vice Chair

Monday, January 27, 2014 1:30 pm

SB2577 Relating to Naturopathic Physicians

Testifier Position: Oppose

Honorable Chair Green, Vice Chair Baker, and committee members:

I am Travis Thurston, a naturopathic physician practicing in Honolulu and Kailua, Oahu for the past 4 years.

I appreciate the opportunity to submit testimony regarding this bill that would require naturopathic physicians to fulfill requirements for prescription privileges. All naturopathic physicians would agree that prescriptive authority is indeed a privilege that requires meeting high standards of education, training, competency and safety.

However, with all respect, I would ask you to **consider whether this bill is actually necessary.** Consider the following points:

• SB2577 would require authorization from the Depart of Commerce and Consumer Affairs (DCCA) for any ND wishing to prescribe any item on the naturopathic formulary. This requirement already exists. NDs must be licensed by the DCCA, they must meet additional rigorous requirements beyond licensure to perform parenteral therapy and minor surgery, and they must register with the Department of Health to obtain an "oral code" to call, fax or email prescriptions to pharmacies.

• SB2577 would also require a naturopathic physician to "fulfill the same education, examination, and training requirements as physicians or osteopathic physicians licensed under chapter 453 prior to the prescription, administration, or dispensing of any prescription medication." This requirement would be untenable, onerous and contrary to existing state law. Naturopathic physicians should not be required to be a licensed MD or DO in order to prescribe prescription drugs. Naturopathic medicine is a distinct profession with its own educational, examination and training requirements

that have been found to be equivalent in breadth and depth to those of conventionally trained physicians.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.!

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Thank you for your time.

Dr. Travis Thurston Naturopathic Physician

Island Natural Medicine, LLC Honolulu & Kailua, Hawai'i Direct: 808-343-5501 IslandNatural.org

From:	elizabeth lee
To:	HTHTestimony
Subject:	SB2577
Date:	Sunday, January 26, 2014 8:34:40 AM

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

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The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care. Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Elizabeth A. Lee

Frederick Bauld

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Frederick Bauld

From:	gary wallen
To:	HTHTestimony
Subject:	Please Oppose SB2577 re Naturpathic Physicians
Date:	Sunday, January 26, 2014 8:04:37 AM

Dear Honorable Chair Green, Honorable Senator Rosalyn H. Baker, Vice Chair, and Committee Members,

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Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics.

These requirements are sufficient. Please leave their practice methods as they are. they have helped my family tremendously.

Sincerely, Gary Wallen 808-568-5928 My name is Gavon and I am a patient of a Naturopathic Physician. I have received the greatest care from these N.D.'s. They get to the root of my health problems and solve them with as natural remedies as possible.

They also have the ability to prescribe pharmaceuticals if needed. Sometimes these supplementary medicines are necessary in certain cases. I've received recommendations for certain anti-biotic that would normally be distributed at a local pharmacy. If it wasn't for their capability for prescribing those pharmaceutical medicines to me then I would probably not be alive today.

And now it's being TAKEN AWAY? Why is it that they are not allowed to prescribe pharmaceuticals?

In my opinion this is all a business ploy to limit N.D.'s freedom and ability to make living. How dare anyone take away a naturopathic doctor's ability to help patients. There is no logical reason for doing this.

There is a movement of more people realizing how beneficial Naturopathic medicine is. Freedom to make a living is being taken away from N.D.'s and the government is wanting to facilitate that? UNBELIEVABLE and very DISAPPOINTING.

Heather Becker-Brungard 47-016 Hui Iwa Place, Unit C Kaneohe, HI 96744

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Heather Becker-Brungard

Testimony SB2577 January 26, 2014

Dear Committee on Health,

I am writing in opposition of SB2577. Naturopathic physicians should continue to have prescription privileges without requiring additional training. Licensed ND's already have training that parallels MD's and DO's with pre-med undergrad work and four years of intensive schooling and clinical study. Unlike MD's and DO's naturopathic physicians received additional training in pharmacology and drugherb-nutrient interactions that is missing from traditional medical school.

I have suffered from asthma, allergies, migraines, gut dysbiosis, depression and host other conditions for most of my life. I've seen many MD's over the years and none have tried to understand what was causing my problems in order to heal me. The best they could do was write me a handful of prescriptions to try to control my symptoms and send me on my way after only a few minutes of face to face interaction. My health continued to deteriorate, requiring more and more prescriptions.

I started seeing a naturopathic physician and few years ago and I finally found someone who was interested in treating me as a whole person and finding out the reason behind my illnesses. With her help, I am finally free of most of the above conditions and continuing to get better every day. It was through my ND's careful assessments (hours at a time, not just minutes) and judicious use of dietary changes, herbs and prescriptions that my body was finally able to heal. I feel that her approach was far more careful and responsible than most MD's that I've visited who liberally handed out prescriptions. When my young son started showing signs of the same illnesses that began for me as a child, another ND has helped him heal, again through a combination of diet, herbs and pharmaceuticals.

To demonize naturopathic physicians as less capable than MD's or DO's is short sighted, and suggests lack of thorough investigation and research. I ask for SB2577 to be terminated so that ND's in Hawaii can continue to provide quality well-rounded care for all of their clients.

Sincerely, Holli Shiro To Whom It May Concern:

I am testifying on behalf of the Naturopathic Physicians (NDs) of the state of Hawaii. Naturopathic Physicians are trained primary care physicians who can help take the burden off of the already over-crowded and taxed health care system of Hawaii. Naturopathic Physicians are trained in the integrative care of both acute and chronic diseases. They conservatively treat all illnesses with a combination of pharmaceutical medications and natural remedies. Taking the prescriptive authority away from Naturopathic Physicians would create a disadvantage for the people of Hawaii. In order to comprehensively serve and treat the patients of Hawaii, Naturopathic Physicians must be able to prescribe medications on their already established formulary when necessary. NDs obtain pre-medical degrees and attend four-year medical schools with equal curricula to that of MDs and DOs. There is no reason to now be stripping this authority from the Hawaii NDs. NDs have been successfully treating and serving the people of Hawaii.

My Naturopathic Physician prescribes pharmaceuticals only when necessary and in conjunction with the standards of medical practice. Now that our NDs are covered by health insurance why should they not be able to prescribe pharmaceutical medications when they have been trained to do so and have been using western pharmaceutical medications in the state of Hawaii for several years now.

All of the licensed states in the mainland have a more extensive formulary for their Naturopathic Physicians and there is true insurance equality between the NDs, MDs, and DOs.

If this bill passes it would put the Hawaii medical system at an even greater disadvantage to provide and obtain comprehensive health care for the people of Hawaii.

Do not pass Bill SB2577, Naturopathic Physicians are providing the people of Hawaii with their health care needs

Sincerely,

Ingrid Evers

271 Luakaha St. Hilo, HI 96720

202.487.8333

From:	<u>ndwb</u>		
To:	HTHTestimony		
Subject:	Please oppose SB2577		
Date:	Sunday, January 26, 2014 9:32:38 AM		

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members, I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

As a student at National College of Natural Medicine in my 4th year of training, I know first hand the very demanding training and learning we are required to do before we can have the privilege of calling ourselves Naturopathic Doctors, we are required to adhere to strict rules and appropriate procedures even when practicing, let alone when treating the patients in the future.

We spend many hours perfecting our technique in the hands on lab. We are tested rigorously on theory and our practical skills. We study all the subjects and undergo all the tests that MD's do, in addition to specifics such as extensive training in Botanical Medicine, several semesters of Nutrition, 2 full years of Homeopathy training, etc.,

With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The training of naturopathic physicians is already so extensive as to more than qualify them in this regard.

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By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Irina Mikhailichenko, Naturopathic Doctor Candidate 2015 National College of Natural Medicine

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Sincerely, Irina Mikhailichenko, Naturopathic Doctor Candidate 2015 National College of Natural Medicine January 25, 2014

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Thank you for your consideration and I hope to hear of your opposition to SB2577.

Mahalo nui loa,

J. Mitchell Kailua, HI James A. Coles III

3879 Lurline Dr.

Honolulu, HI 96816

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

James A. Coles III

Jane Elizabeth Ma'u

509 University Ave #906

Honolulu, HI 96826

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Sincerely,

Janet Cordeiro 1006 3rd ave Honolulu HI 96816

Sent from my iPhone

From: Janet Williams-Reyes 4817 Aukai Avenue Honolulu, HI 96816

January 26, 2014

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Aloha, Janet Williams-Reyes, CPA/PFS



615 Piikoi St., Suite 1509 Honolulu, HI 96814 808-591-9959 – Office 808-591-9949 - fax www.Janetreyescpa.com

IRS Circular 230 Disclosure : To insure compliance with Treasury Regulations (31 CFR Part 10, Section 10.35), we are required to inform you that any tax advice contained in this correspondence including any attachments, was not intended or written by us to be used, and cannot be used by you or anyone else, for the purpose of avoiding penalties imposed by the Internal Revenue Code or other law or for the purpose of marketing or recommending to any other party any transaction, arrangement or other matter. If you desire a formal opinion on a particular tax matter for the purpose of avoiding the imposition of any penalties, our firm must be engaged for that purpose and we will discuss further the Treasury requirements that must be met and whether it is possible to meet those requirements under the circumstances, as well as the anticipated time and fees involved.

Jason Derico, Naturopathic Medical Intern, 4th year medical student 4812 SE 28th AVE, APT 508. Portland, OR. 97202

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Jaynine Nelson

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Jesica La Rue	Individual	Oppose	No

Comments: Our son suffers from low functioning Autism and Epilepsy. We utilize naturopathic care for his medical needs. We oppose this bill as it takes away his options for ND care. Please take into consideration that ND care is preventative and highly effective. Mahalo for your consideration

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

Jill Abbott

2011C Lanihuli Dr.

Honolulu, HI 96822 January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Sincerely,

Jill Abbott

Joana L. Taba 41-525 Flamingo Street Waimanalo, HI 96795 January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

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Joana L. Taba

John Rogers

14 Aulike st #909

Kailua, HI 96734

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, John B Rogers

Ms. Judith M. Branham 3879 Lurline Drive Honolulu, Hawaii. 96816

January 26, 2014

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Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I have served in the military for over 20 years. I am an Iraq combat veteran and an airborne jump master. I do not receive adequate healthcare at Tripler Army Medical Center. When I was assigned to Hawaii I was barely able to run, this is a basic need for a Soldier, and had to seek treatment outside of my designated health facility. At only 38 I had trouble walking down even three stairs due to jumping out of aircraft and carrying combat loads while deployed. I found it hard to keep up the standards expected of me in the military so I had to look into another form of treatment. With the help of the naturopathic physicians and the injection treatments, I can walk without pain and even run again. It may be minor to others but to me it is prolific. My career requires me to maintain a certain level of fitness but my body couldn't sustain the abuse. I've been given Ibuprofen and told to "soldier on" when I have serious injuries due to military service. The knee injection treatment, amongst other treatments, has been the first thing in 20 years that has began to treat and heal my never ending pain. I pay out of my pocket to receive this treatment when I have free healthcare at Tripler. You can not compare the two approaches to medicine and I plea that this approach not be restricted here in Hawaii. There is a huge military population and many of them are seeking naturopathic healthcare. The naturopathic doctors that I've come into contact hold themselves in the highest esteem, are incredibly professional, extremely educated, and take the practice of medicine seriously. I have been provided better treatment with them than the hundreds of MD's I've

had the opportunity to serve with.

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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Sincerely,

///original signed///

Judith M. Branham

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Judy Self

Judy Self, Realtor Associate "Putting Foundations Under Your Dreams"... HomeQuest, Realtors LLC

808-238-9388 Search homes instantly @ www.DreamHomeInHawaii.com Julie Nakagawa

721 19th Ave

Honolulu, Hi 96816

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Julie A. Nakagawa

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Karen Yamamoto

Karly Powell, ND 1551 Ala Wai Blvd Apt 3603 Honolulu HI 96815

January 26, 2014

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As a licensed naturopathic physician and primary care provider in the state of Oregon, I have witnessed first hand the important role that naturopathic physicians play in the healthcare community. Our patients rely on our services for prescriptive medications and other natural medications that cannot be provided by other medical specialties. Safety is my utmost concern, and spending more time with my patients and understanding their comprehensive health picture allows me to provide patients with the safest and most effective care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Dr. Karly Powell Naturopathic Physician



Dr. Kathryn Taketa-Wong, N.D., L.Ac. Naturopathic Physician Licensed Acupuncturist

January 26, 2014

Dear Honorable Senators of the Senate Health Committee:

Re: IN OPPOSITION TO SB 2577

I am a naturopathic physician practicing here in Hawaii primarily working with the autism community. I am currently the only physician in the state trained through the Medical Academy of Pediatric Special Needs which aims to treat autism through identifying underlying medical causes including gastrointestinal issues, autoimmune issues such as folate receptor antibodies, oxidative stress, etc. Many of my patients have benefitted from the use of pharmaceutical medications I have prescribed to treat these conditions (e.g. Leucovorin [folinic acid] for folate receptor antibodies). Taking away the right of naturopathic physicians to prescribe needed pharmaceutical medications will leave the autistic children I treat without access to these needed medications. I also treat other patients in general family medicine who have benefited from prescriptions I have written. On the short notice that has elapsed since the bill was introduced & the hearing scheduled, I have asked my patients to please testify to the benefits they have received from working with me. **Please OPPOSE SB2577**. Mahalo nui loa!

Sincerely,

Kathryn Taketa-Wong, N.D., L.Ac.

Kenyon Lee Krause

732 Hauoli, Honolulu, HI, 96826

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract topquality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Kenyon Lee Krause (RA) Honolulu, HI Direct: 808-777-9006 www.kenyonkrause.com Kevin Ahern 46-042 Kuneki Place Kaneohe, HI 96744

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Kevin Ahern

438 Hobron Lane, Suite 314 | Honolulu, Hawaii USA 96815

Kim McKillop

45-395 Leleua Way

Kaneohe, HI. 96744

January 26, 2014

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Kim McKillop

Kristin Takehara

99-670 Kauainahee Place

Aiea, Hi 96701

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Kristin Takehara

From:Kuulei HeyerTo:HTHTestimonySubject:Fw: URGENT: Your Right to ND Care ThreatenedDate:Sunday, January 26, 2014 10:04:57 AM

From: Dr. Laurie Steelsmith Sent: Sunday, January 26, 2014 3:23 AM To: kuulei.aloha@hawaiiantel.net Subject: URGENT: Your Right to ND Care Threatened

If you're having trouble viewing this email, you may see it online.

Share this: 😰 😰 😰					
To: HTHtestimony@capitol.hawaii.gov					
Kuulei Heyer					
10 Oluolu Place					
Kula HI 96790					
January 26, 2014					
TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H.					
Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health					
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Sincerely,

Kuulei Heyer

438 Hobron Lane, Suite 314 | Honolulu, Hawaii USA 96815

This email was sent to **kuulei.aloha@hawaiiantel.net**. To ensure that you continue receiving our emails, please add us to your address book or safe list.

manage your preferences | opt out using TrueRemove®.

Got this as a forward? Sign up to receive our future emails.



From:	Kyle J Meyer
To:	HTHTestimony
Subject:	PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians
Date:	Sunday, January 26, 2014 11:09:54 AM

Kyle Meyer

4895 SE 30th Ave Apt 54 Portland, OR 97202 January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: **PLEASE OPPOSE SB2577** Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Kyle J. Meyer

Priority One Nutritional Supplements NCNM Student Representative NMSA Treasurer - NCNM Chapter NCNM Naturopathic Medicine Program, Class of 2014 National Academy of Sports Medicine (NASM) Certified Personal Trainer (CPT) (609) 558-4439 TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Laurie Freed



Laurie Freed | 1+808 259 9490 | <u>laurie@yogamoveshawaii.com</u> 41-046 Hinalea Street | Waimanalo, HI | 96795 1+847 650 4313 cell | <u>http://www.yogamoveshawaii.com</u> web yoga <u>http://www.lauriemfreed.com</u> web art

From:	<u>Leann</u>
To:	HTHTestimony
Subject:	Please Oppose SB2577
Date:	Sunday, January 26, 2014 10:56:44 AM
Attachments:	Letter about Senate Bill 2577.pages.zip

Lenore L Ogawa

January 26, 2014

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Sent from my iPad

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To add to this form letter, I will share that my naturopath was able to notice, identify and treat a thyroid problem, Hashimoto's disease, that my internal medicine doctor had not. I believe that naturopaths pay greater attention to symptoms and are more thorough in their approach than traditional doctors are.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Lindon Morris linnymc@me.com

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Lisa Reeder	Individual	Oppose	Yes

Comments: I am in opposition to bill SB 2577. As a mom of special needs children (add, sensory issues, rare medical conditions), as a nurse with a bachelor's degree and years of nursing experience, as a wife of a research scientist, and as a friend of families with children with autism I must be here today to stand up for the continued right of Naturopathic Physicians to prescribe pharmaceutical drugs as needed. ND's have extensive medical training which includes pharmacology and interactions between drugs, herbs, and supplements. ND's take an oath to first do no harm. They work with the healing power of nature in our bodies and with the healing power of products in nature (herbs, natural supplements). ND's prescribe drugs as needed only to help heal the individual. Do not punish children, families, and ND's with this new bill. Continue to give ND's in Hawaii the right to prescribe drugs - especially considering that not even one complaint has been filed against a ND in Hawaii for negligence in prescribing drugs. Please allow ND's to continue to help families and children - just like MD's, DO's, and PA's.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Do not reply to this email. This inbox is not monitored. For assistance please email webmaster@capitol.hawaii.gov

Please email your messages to: <u>HTHtestimony@capitol.hawaii.gov</u>

Lynette Kinoshita

651 Kuana St. Honolulu, HI 96816

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Lynette T. Kinoshita

From:	mailinglist@capitol.hawaii.gov
To:	HTHTestimony
Cc:	ml100468@gmail.com
Subject:	Submitted testimony for SB2577 on Jan 27, 2014 13:30PM
Date:	Sunday, January 26, 2014 12:39:47 PM
Attachments:	np bill sb 2577.pdf

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
magdi latif	Individual	Oppose	No

Comments: Dear Health Committee Members My name is Magdi Latif, I am a pharmacist and owner of NorthShore Pharmacy , here on the island of Kauai. I write in opposition to SB 2577We are a fully licensed pharmacy, located in Kilauea. Our pharmacy has served the Kauai community since 1988 Our relationships with the Naturopathic Physicians practicing here have been positive, with many patients served in capacities that other practitioners have not fulfilled. The Naturopathic Physicians' knowledge of basic common pharmaceutical medicines that they prescribe is adequate, and we have had no complaints or problems with patients or Naturopathic practitioners. It is obvious that Naturopathic Physicians serve a vital role in health care delivery on Kauai. Please hold Senate Bill 2577. Thank you Magdi Latif

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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From:	<u>plyee@hawaii.rr.com</u>
To:	HTHTestimony
Cc:	Plywood888@yahoo.com
Subject:	PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30
Date:	Sunday, January 26, 2014 12:17:30 PM

Marcella Yee 1118 17th Ave Honolulu, HI 96816

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The training of naturopathic physicians is already so extensive as to more than qualify them in this regard. Naturopathic medicine is a unique form of health care with its own rigorous educational, examination, and training requirements, comparable in many ways to the requirements of other types of physicians such as MDs and osteopaths. Naturopathic physicians receive ample training at nationally accredited naturopathic medical schools, including the same basic sciences taught in conventional medical schools, such as standard methods of physical, clinical, and laboratory diagnosis. They are trained in therapies given by injection, and highly qualified to safely prescribe medications. SB2577 would hinder their ability to practice according to their training, and according to standards that have long been upheld in other states.

While I continue going to traditional Western doctors, I also appreciate the option of going to my naturaopathic physician and being able to utilize all treatments and recommendations offered in her practice.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care. Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Marcella Yee

Margaret Lin RN

3026 Loomis St

Honolulu, Hawaii 96822 January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Margaret S Lin RN

Martha S. Hash 2101 Nuuanu Avenue Apt. 305 Honolulu, Hawaii 96817

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577. When I first came to Hawaii I had many physical issues that could not be addressed by my wonderful doctors at Straub. I have experienced greatly enhanced health from my naturopathic physician and look forward to many more years of this great care. The quality of care I have received has surpassed that of a number of medical doctors have encountered in the past. Please do not take this high level of care away from me and others.

Sincerely,

Martha S. Hash

Mary Louise Uchida, 3511 Kepuhi St., Honolulu HI 96815

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Mary Louise Uchida Mary Woollen

3055 Pualei Circle #201

Honolulu, HI 96815

January 26, 2014

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Sincerely,

Mary Woollen Instructor, CPA School of Accountancy Shidler College of Business University of Hawaii at Manoa 2404 Maile Way, A-416 Honolulu, HI 96822-2223 808-956-6678 808-956-9888 fax woollen@hawaii.edu Marlyse Okano PO Box 30861 Honolulu HI 96820

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Marlyse Okano

Melia Leslie

94-852 Lelepua St #25A Waipahu HI 96797

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Sincerely,

Melia Leslie

438 Hobron Lane, Suite 314 | Honolulu, Hawaii USA 96815

This email was sent to **milolii12@yahoo.com**. To ensure that you continue receiving our emails, please add us to your address book or safe list.

manage yo

Michelle Fernandez

98-1429 Kaahumanu St. Apt E, Aiea, Hawaii 96701

January 26, 2014

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With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. My Naturopath has enough knowledge to prescribe what is required and has proven that over the years. It is unjust to require her to go back for a license simply to continue doing what she is already able to do with great success. The training of naturopathic physicians is already so extensive as to more than qualify them in this regard. Naturopathic medicine is a unique form of health care with its own rigorous educational, examination, and training requirements, comparable in many ways to the requirements of other types of physicians such as MDs and osteopaths. Naturopathic physicians receive ample training at

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Sincerely,

Michelle Fernandez

Nancy Earth

PO Box 6088

Dunedin North, Dunedin

NEW ZEALAND

January 26, 2014

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Sincerely,

Nancy Earth

Natalie Boeck 616 NE Fargo St Apt 106 Portland, OR 97212

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Natalie Boeck To: Senator Josh Green, Chair of Committee Senator Rosalyn Baker, Vice Chair of Committee From: Nicole Leszczynski RE: SB2577, Relating to NATUROPATHIC PHYSICIANS Hearing: January 27, 2014 1:30PM in Conference Room 229. Position: Strong OPPOSITION

SB2577 seeks to revoke prescription privileges from naturopathic physicians except for those who have fulfilled the same education, examination, and training requirements as physicians or osteopathic physicians. This is an unnecessary and expensive measure to take, especially considering that Naturopaths are already held to rigorous education requirements in order to obtain a license.

Naturopaths must have an undergraduate degree and go through four years of Naturopathic Medical School, which includes Pharmacology coursework, and usually one to two years of clinical work.

If we have a problem here in our state, it is with irresponsible MDs who are writing prescriptions for pain narcotics by the bucket load- NOT with the NDs who are focused on disease prevention and holistic treatment of ailments.

Naturopathic doctors have an outstanding safety record, as opposed to Medical Doctors or even Osteopathic Doctors. It was found in this 2006 New Hampshire Congressional report on Naturopathic Doctors and prescription privileges, that "The safety records of NDs in states with licensure are typically better than those of MDs and DOs in these states.... None of the states reported any patient harm or disciplinary action duet to ND prescribing, nor were there any civil actions against NDs for prescribing." http://www.vtprofessionals.org/opr1/naturopaths/info/Naturopath_Prescribing_2013.pdf

Has any study been conducted into the safety record of Naturopathic Doctors in Hawaii? It seems to me that this proposed measure is just the latest in a pattern of proposed legislation that seeks to strip alternative medicinal and medical practitioners from their abilities to operate in our state. Naturopathic Doctors have been used by many in my community of parents. We have our health and the health of our children as our primary concern, and our Naturopathic doctors are our primary health care providers. We turn to Naturopathic Doctors for help in everything from earaches, allergies, urinary tract infections, common childhood ailments, and even birth control options. Sometimes antibiotics are necessary, sometimes other prescription medication must be used, and some birth control must be prescribed. These are never written lightly, and it is always with much communication and research on both parties ends.

We highly value the Naturopathic Doctors in our community. They make house calls, they know our children by name, and are intimate partners in our efforts to maintain our family's health. Please do not restrict their abilities to prescribe medication when it is necessary. The Naturopathic Doctors here in our islands are well-educated, highly skilled, and have years of experience and expertise. There is no reason

to revoke these privileges, except to weaken their ability to provide care and force the community to seek care from the institutionalized medical establishment. Is that the goal behind this legislation?

Paula L. Mantel 47-534 Nukupuu Street, Kaneohe, HI 96744 808-291-8816

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Paula L. Mantel



Paula Mantel has been the owner of Discover Learning Systems since 1986 teaching learning and communication programs in Hawaii, the U.S. mainland, Australia and Russia for thousands of people. She has managed international programs in Russia, New York and at the United Nations. Her many years of experience as a performing artist bring joy and creativity to her work. Her degrees are a Master of Arts in Communication and Bachelor of Fine Arts in Theater. www.paulamantel.com http://www.facebook.com/paulamantel

A'o (education) Ke noke `oe ike a`o, he `ikena moakaka ma laila. (learning is a commitment to new clarity).

?

Please email your messages to: <u>HTHtestimony@capitol.hawaii.gov</u>

Penelope Sing

23 Poipu Dr.

Honolulu, HI, 96825

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Penelope Sing

438 Hobron Lane, Suite 314 | Honolulu, Hawaii USA 96815

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emma.

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
petina hughley	Individual	Oppose	No

Comments: To Whom It May Concern: I am testifying on behalf of the Naturopathic Physicians (NDs) of the state of Hawaii. Naturopathic Physicians are trained primary care physicians who can help take the burden off of the already over-crowded and taxed health care system of Hawaii. Naturopathic Physicians are trained in the integrative care of both acute and chronic diseases. They conservatively treat all illnesses with a combination of pharmaceutical medications and natural remedies. Taking the prescriptive authority away from Naturopathic Physicians would create a disadvantage for the people of Hawaii. In order to comprehensively serve and treat the patients of Hawaii, Naturopathic Physicians must be able to prescribe medications on their already established formulary when necessary. NDs obtain premedical degrees and attend four-year medical schools with equal curricula to that of MDs and DOs. There is no reason to now be stripping this authority from the Hawaii NDs. NDs have been successfully treating and serving the people of Hawaii. My Naturopathic Physician prescribes pharmaceuticals only when necessary and in conjunction with the standards of medical practice. Now that our NDs are covered by health insurance why should they not be able to prescribe pharmaceutical medications when they have been trained to do so and have been using western pharmaceutical medications in the state of Hawaii for several years now. All of the licensed states in the mainland have a more extensive formulary for their Naturopathic Physicians and there is true insurance equality between the NDs, MDs, and DOs. If this bill passes it would put the Hawaii medical system at an even greater disadvantage to provide and obtain comprehensive health care for the people of Hawaii. Do not pass Bill SB2577, Naturopathic Physicians are providing the people of Hawaii with their health care needs. Sincerely, Petina Hughley

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From:Phoebe LauTo:HTHTestimonyCc:PhoebeChrisman@gmail.comSubject:RE: SB2577 - opposition to SB2577.Date:Sunday, January 26, 2014 9:02:25 AMImportance:High

From: Phoebe Chrisman

6154-B Makaniolu Place, Honolulu, HI 96821

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, The Honorable Senator Rosalyn H. Baker, Vice Chair, and Other Distinguished Members of the Senate Committee on Health

RE: **PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians** (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

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The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely

qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care. Thank you for your consideration. I look forward to hearing of your opposition to SB2577. Sincerely,

Phoebe Chrisman (808) 395-0572

name: Prahlad Strickland

address: 627a oneawa st kailua, HI, 96734

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Prahlad Strickland

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From: To: Subject:

Date:

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Rayna Harvey

1017 Moanakai Rd Kapaa HI, 96746

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Rayna Harvey

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
robert c. zimmer	Individual	Oppose	No

Comments: I am testifying on behalf of the Naturopathic Physicians (NDs)of the State of Hawaii. NDs are well trained and prescribe pharmaceuticals only when necessary and in conjunction with the standards of medical practice. If SB2577 passes, it wouold put the Hawaii medical system at a great disadvantage to provide and obtain comprehensive health care for the people of Hawaii. Do not pass Bill SB2577. NDs are providing the people of Hawaii with essential health care needs and authority to prescribe is essential of that purpose.

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Robert Scott 3545 Waakaua Street Honolulu, HI 96822

January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Robert Scott

to improve Hawaii's naturopathic law. Your emails played a pivotal role in changing the law and expanding your access to quality naturopathic medicine. The new proposed bill, SB2577, would essentially take away the rights you gained.

How the proposed bill could affect you: By limiting the practice of naturopathic medicine in many ways, SB2577 would restrict our ability to provide you with high-quality naturopathic care. It would prevent us from writing prescriptions that we feel are a key component of your health care, and deprive you of numerous health care options that have been available to you since 2009—and to people in other states for many years.

Your help is urgently needed to stop this bill and preserve your hard-won rights to the kind of naturopathic health care you deserve. Much that we've worked for in expanding your access to quality naturopathic care could be lost if SB2577 passes. Please email a message opposing this bill to the address below. A sample letter is provided that you can copy and paste into an email. Just add your name and address, modify the letter if you like, type **Please Oppose SB2577** into the subject line, and click send. The deadline for sending messages hasn't been announced, so please send your message **as soon as possible—preferably by 4:00 pm TODAY, January 26th**. We apologize for the short notice, but we were notified only today that the hearing will take place on Monday.

Please forward this message to your family members and friends, and urge them to help stop this bill. You made history in 2009; let's do it again!

Sincere thanks,

From all of us at Steelsmith Natural Health Center

Please email your messages to: <u>HTHtestimony@capitol.hawaii.gov</u>

Your Name and Address January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

438 Hobron Lane, Suite 314 | Honolulu, Hawaii USA 96815

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<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Ronja Giesser	Individual	Oppose	No

Comments: Dear Honorable Chair Green, Vice Chair Baker, and Committee Members, I strongly urge you to oppose SB2577. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety. My entire family and I have relied on the care of naturopathic physicians for years and have only had positive experiences. My primary care physician, an ND in the state of Hawaii, has reliably examined me and diagnosed my conditions before prescribing anything to me. She knows me and my health conditions deeply as she spends ample amounts of time with me before prescribing anything to me. This kind of care and knowledge I could never expect from an MD. MDs are trained to prescribe heavy duty drugs after seeing a patient for 5-10 minutes. NDs will spend up to an hour with a patient before doing the same. With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The training of naturopathic physicians is already extensive in some areas, such as pharmacology, even more so than for medical doctors. (MDs receive 70 hrs of pharmacology classroom training, NDs receive 100 hrs) By restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our NDs' capacity to effectively serve the public in a state that is already facing a shortage of primary care physicians. Please allow our naturopathic physicians to practice as trained. Thank you for your consideration. Sincerely, Ronja Giesser

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From:	mailinglist@capitol.hawaii.gov
To:	HTHTestimony
Cc:	<u>rlstrong@hawaii.edu</u>
Subject:	Submitted testimony for SB2577 on Jan 27, 2014 13:30PM
Date:	Sunday, January 26, 2014 10:38:46 AM
Attachments:	<u>SB2577.doc</u>

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Rosemary Strong	Individual	Oppose	No

Comments:

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Opposed to SB2577

Testimony

Naturopathic physicians should not be stripped of their prescriptive rights. They have been fully trained in medical school, moreso than other professionals who are given rights to prescribe. Even though they focus on preventive medicine, many of their patients need prescriptions for their optimal health. Patients will lose their right to choose their health-care provider based on the fact that they will be forced to receive their prescriptions from medical doctors. Therefore, this bill will not only negatively affect fully qualified Naturopathic practitioners' businesses and patient care, but the patients will be

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
san henline	Individual	Comments Only	No

Comments: For many of us naturopathy is the only way we can heal from our afflictions. To take away this portion of what naturopaths have to work with is wrong. Please allow this field to continue it's good work by extending more to them than taking away. Mahalo!

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TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Sarah Frizelle 60 N. Beretania St #1905 Honolulu, HI 96817 I am writing in OPPOSITION to bill SB2577, relating to naturopathic physicians. In 2009 naturopathic physicians were granted prescriptive rights in Hawaii in accordance with their training. Since then, they have shown responsible prescribing for their patients and there is no reason to now be addressing this issue once again. While prescription drugs are often not the first line of treatment for naturopathic physicians, it is a very important part of their primary care role and is essential in managing a patient's health. Naturopathic physicians have extensive pharmacological training and yet have a more limited scope of prescriptive rights in Hawaii than Nurse Practitioners. Please allow naturopathic physicians to continue focusing on patient care and not legislative turf wars. Thank you for your consideration in this matter.

From:	Serena Goldstein
To:	HTHTestimony
Subject:	PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)
Date:	Sunday, January 26, 2014 8:14:53 AM

Serena Goldstein 901 SW King Ave Portland, OR 97205 January 26, 2014 TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE OPPOSE SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely, Serena Goldstein

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Naturopathic Medicine Program, Class of 2014 National College of Natural Medicine (NCNM) New York Association of Naturopathic Physicians (NYANP) Student Representative for NCNM

<u>SB2577</u>

Submitted on: 1/26/2014 Testimony for HTH on Jan 27, 2014 13:30PM in Conference Room 229

Submitted By	Organization	Testifier Position	Present at Hearing
Shannon Weissman	Individual	Oppose	No

Comments: To: Senator Josh Green, Chair of Committee Senator Rosalyn Baker, Vice Chair of Committee From: Shannon Weissman RE: SB2577, Relating to NATUROPATHIC PHYSICIANS Hearing: January 27, 2014 1:30PM in Conference Room 229. Position: Strong OPPOSITION SB2577 seeks to revoke prescription privileges from naturopathic physicians except for those who have fulfilled the same education, examination, and training requirements as physicians or osteopathic physicians. This is an unnecessary and expensive measure to take, especially considering that Naturopaths are already held to rigorous education requirements in order to obtain a license. Naturopaths must have an undergraduate degree and go through four years of Naturopathic Medical School, which includes Pharmacology coursework, and usually one to two years of clinical work. If we have a problem here in our state, it is with irresponsible MDs who are writing prescriptions for pain narcotics by the bucket load- NOT with the NDs who are focused on disease prevention and holistic treatment of ailments. Naturopathic doctors have an outstanding safety record, as opposed to Medical Doctors or even Osteopathic Doctors. It was found in this 2006 New Hampshire Congressional report on Naturopathic Doctors and prescription privileges, that "The safety records of NDs in states with licensure are typically better than those of MDs and DOs in these states.... None of the states reported any patient harm or disciplinary action duet to ND prescribing, nor were there any civil actions against NDs for prescribing." http://www.vtprofessionals.org/.../Naturopath Prescribing... Has any study been conducted into the safety record of Naturopathic Doctors in Hawaii? It seems to me that this proposed measure is just the latest in a pattern of proposed legislation that seeks to strip alternative medicinal and medical practitioners from their abilities to operate in our state. Naturopathic Doctors have been used by many in my community of parents. We have our health and the health of our children as our primary concern, and our Naturopathic doctors are our primary health care providers. We turn to Naturopathic Doctors for help in everything from earaches, allergies, urinary tract infections, common childhood ailments, and even birth control options. Sometimes antibiotics are necessary, sometimes other prescription medication must be used, and some birth control must be prescribed. These are never written lightly, and it is always with much communication and research on both parties ends. We highly value the Naturopathic Doctors in our community. They make house calls,

they know our children by name, and are intimate partners in our efforts to maintain our family's health. Please do not restrict their abilities to prescribe medication when it is necessary. The Naturopathic Doctors here in our islands are well-educated, highly skilled, and have years of experience and expertise. There is no reason to revoke these privileges, except to weaken their ability to provide care and force the community to seek care from the institutionalized medical establishment. Please reject this unfair bill.

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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Sharon Shibasaki

320 Ainahou Street

Honolulu, HI 96825

January 26, 2014

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Sharon Shibasaki

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Skye Morrison

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Stephen Chun

438 Hobron Lane, Suite 314 | Honolulu, Hawaii USA 96815

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From:	<u>Ss</u>
To:	HTHTestimony
Subject:	RE: PLEASE OPPOSE SB2577
Date:	Sunday, January 26, 2014 11:50:38 AM

From: Steve Strickland 338b kalama at Kailua Hi 96734 January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Steve Strickland

January 26, 2014

TO: Health Committee, Hawaii State Senate

SUBJECT: Opposition to proposed bill SB2577

I have been under treatment by a naturopathic physician (ND) for over a year for a severe spinal condition which conventional medicine has been unable to help much with. In that time, my doctor has had occasion to prescribe conventional medications. I am 100% comfortable with her expertise in both diagnosis and treatment and the medicine she prescribed has helped a lot.

I am aware that my ND's training is similar to MD's and DO's. They must complete the same pre-medical coursework and graduate from an accredited four-year naturopathic medical school. ND's must have two years of study in the basic sciences as well as two years of clinical rotations. They must pass a national naturopathic licensing exam and a state licensing exam.

I am also aware that ND's have a required curriculum in pharmacology with extensive training in drug-herb-nutrient interactions, which is not taught with equivalent intensity at MD/DO schools. They also possess a strong background in food and nutrition. That is why the naturopathic schools, licensing exam and residencies are separate from those of MDs/DOs and are regulated by separate boards.

To my knowledge, since Hawaii ND's were granted the ability to prescribe pharmaceutical medications (with the exception of controlled substances), there has not been one single complaint filed against an ND in Hawaii for the negligent use of or harmful outcome from drugs prescribed by ND's.

Personally, I am mystified by this bill and by the intentions behind it. It solves no problem that I am aware of. It unjustifiably restricts the freedom of an entire class of health care professionals. And it undermines the freedom of patients such as myself to receive quality alternative care.

Without the care of my ND, and her well-rounded approach to medications and herbs, I would be much worse off today. Please terminate this proposed bill.

Mahalo,

Stuart Novick

Sunny Massad, Ph.D. 3670 Kalihi Street Honolulu, HI 96819

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

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Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to my own health! Allopathic physicians have failed me in both their diagnose and treatment and I rely on naturopathic doctors to diagnose and prescribe when my family doctor simply wants to treat my symptoms.

Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. This would be a giant step backward!

Naturopathic physicians are an invaluable part of our healthcare system in Hawaii and I rely on them as part of a holistic complimentary system of care. fBy unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii.

Thank you for opposing SB2577.

Sincerely,

Sunny Massad, Ph.D.

January 26, 2014

From: Suzanne Walker

3008 Libert St.

Honolulu, HI. 96816

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Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

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Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Suzanne Walker

Tamara Montgomery

958 Kailiu Place

Honolulu, Hawaii 96825

January 26, 2014

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Sincerely,

--

Dr. Tamara Montgomery

Tammy Jennings

866 Aalapapa Dr Kailua, Hawaii

January 26, 2014

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Sincerely,

Tammy Jennings

Tammy L. Cotton-Jennings, MA Lecturer, Visual Arts and Creative Thinking Leeward Community College University of Hawai'i Vicki K. Sakoda 3511 Kepuhi Street Honolulu, HI 96815 January 26, 2014

TO: The Honorable Senator Josh Green, Chair, the Honorable Senator Rosalyn H. Baker, Vice Chair, and other Distinguished Members of the Senate Committee on Health

RE: PLEASE <u>OPPOSE</u> SB2577 Relating to Naturopathic Physicians (Hearing scheduled for Monday, January 27, 2014 at 1:30 pm in Conference Room 229)

Dear Honorable Chair Green, Vice Chair Baker, and Committee Members,

I strongly urge you to oppose SB2577 relating to naturopathic physicians. This bill would be detrimental to Hawaii's health care consumers because it would unreasonably restrict naturopathic physicians from practicing according to their high standards of education, training, competency, and safety.

Naturopathic physicians were granted prescriptive authority by the legislature in 2009, and the Board of Naturopathic Medicine establishes rules regarding injectable medications, minor surgery, standards of practice and care, and a code of ethics. Naturopathic physicians are required to meet additional appropriate qualifications to perform injection therapies and minor surgery, and to prescribe pharmaceutical products. I know from experience that my naturopathic doctor prescribes procedures and medications that are safe, is extremely well educated, and follows the highest standards of care and ethics.

With all due respect, it would be both unreasonable and redundant to require that naturopathic physicians have licensure as MDs or osteopaths to qualify for prescription privileges. The training of naturopathic physicians is already so extensive as to more than qualify them in this regard. Naturopathic medicine is a unique form of health care with its own rigorous educational, examination, and training requirements, comparable in many ways to the requirements of other types of physicians such as MDs and osteopaths. Naturopathic physicians receive ample training at nationally accredited naturopathic medical schools, including the same basic sciences taught in conventional medical schools, such as standard methods of physical, clinical, and laboratory diagnosis. They are trained in therapies given by injection, and highly qualified to safely prescribe medications. SB2577 would hinder their

ability to practice according to their training, and according to standards that have long been upheld in other states.

The people of Hawaii have repeatedly demanded access to quality naturopathic care because our naturopathic physicians are an invaluable part of our healthcare system. As the general practitioners and primary care physicians who are most highly trained in preventive medicine, they are uniquely qualified to collaborate with other health care professionals in providing truly complimentary care. By unreasonably restricting naturopathic physicians from practicing according to their training, SB2577 would have many negative consequences on the overall quality of health care in Hawaii. It would drastically reduce our naturopathic physicians' capacity to effectively serve the public, and limit Hawaii's ability to attract top-quality naturopathic physicians. Please allow our naturopathic physicians to practice as trained, and allow me to continue receiving high quality naturopathic care.

I have total confidence in my naturopathic physician who has helped me over the past 13 years with various health issues, now including recovery from major surgery involving my leg and my jaw. I believe that my recovery has gone so well due to the complimentary care that has been available through naturopathic treatments.

Thank you for your consideration. I look forward to hearing of your opposition to SB2577.

Sincerely,

Vicki K. Sakoda

 From:
 Ginny

 To:
 HTHTestimony

 Subject:
 PLEASE OPPOSE SB 2577 (Jan. 26, 2014)...

 Date:
 Sunday, January 26, 2014 9:52:10 AM

Please oppose sb 2577. We need our naturpath doctors.

Sincerely, Virginia gass 94-1036 Alelo Street Waipahu, Hawaii 96797-5265