A BILL FOR AN ACT

RELATING TO AFTERSCHOOL PROGRAMS FOR ELEMENTARY SCHOOL STUDENTS.

BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

- 1 SECTION 1. The legislature finds that in the United
- 2 States, more than one-fourth of school-age children are left
- 3 alone and unsupervised during after-school hours. The majority
- 4 of these children are elementary- and intermediate-school
- 5 students, at a time in life when various types of temptations
- 6 surround them.
- 7 The legislature further finds that to counter such problems
- 8 at the elementary-school level in Hawaii, the afterschool plus
- 9 (A+) program was created in 1990 to provide an avenue to keep
- 10 elementary-school students in a safe and nurturing environment--
- 11 from the time the school day ends until the time that these
- 12 children are picked up by their families. Moreover, the
- 13 legislature finds that the A+ program has been operating
- 14 successfully for the past decade, with more than 18,000
- 15 elementary-school students enrolled in A+ programs in more than
- 16 one hundred eighty elementary schools statewide. Approximately
- 17 two-thirds of A+ program sites are managed by independent

- 1 contractors, such as the YMCA and Kamaaina Kids, and one-third
- 2 are managed by department of education personnel.
- 3 The legislature further finds that for the past decade, an
- 4 evidence-based physical-activity and nutritional-education
- 5 program called "fun 5" has been operating successfully in nearly
- 6 all of these locations as an integral part of the A+ program.
- 7 The fun 5 program provides training for all A+ program group
- 8 leaders (i.e., those who work directly with the children),
- 9 supplies manuals and playground equipment, and provides hands-on
- 10 instruction for physically active games and nutritional
- 11 enlightenment.
- 12 In addition, the legislature finds that the fun 5 program,
- 13 which for many of its participants is the only organized
- 14 physical activity that they experience in a day, has shown
- 15 positive results in boosting the children's level of physical
- 16 activity, reducing their rate of obesity, and increasing their
- 17 consumption of fruits and vegetables. These achievements are
- 18 accomplished through a hands-on and enjoyable program that
- 19 promotes five servings of fruits and vegetables per day and at
- 20 least thirty minutes of active physical exercise five days per
- 21 week.

1 The legislature further finds that the kind of physical and 2 nutritional activities that exist in the fun 5 program are and 3 should be an integral part of the A+ program. However, since 4 the establishment of the fun 5 program a decade ago, nearly all 5 funding for the fun 5 program has come from private donations, a situation which has become significantly more difficult to 6 7 maintain and which has substantially diminished the potential 8 impact of the program. 9 The legislature further finds that the overall cost of 10 operating the fun 5 program averages approximately \$1 per child 11 per month, which covers the training activities and equipment-12 replenishment requirements for after-school activities--but not 13 the data collection necessary to sustain the program. Given the 14 vital importance of physical activity and healthy eating to 15 optimal childhood development and obesity prevention, the 16 legislature believes that it is essential that funding for the **17** fun 5 program be institutionalized within the budget of the A+ 18 program itself. 19 Accordingly, the purpose of this Act is to: 20 (1)Statutorily establish the fun 5 program within the A+

program, including:

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1	(A)	Ensuring its continued availability on a
2		statewide basis; and
3	(B)	Continuing to measure its effectiveness in
4		providing an avenue for physical activity and
5		nutritional education; and
6	(2) Appr	opriate funds to support the fun 5 program.
7	SECTION 2	. Chapter 302A, Hawaii Revised Statutes, is
8	amended by add	ing a new section to be appropriately designated
9	and to read as	follows:
10	" <u>\$</u> 302A-	After-school plus program; fun 5 program;
11	funding. (a)	There shall be established within the after-
12	school plus pr	ogram, hereinafter the A+ program, a component
13	pertaining to	physical activity and nutrition, to be known as
14	the fun 5 prog	ram. The fun 5 program shall provide regular
15	physical exerc	ise and nutritional education in a manner that
16	promotes activ	e participation as an integral part of the A+
17	program and th	at meets the State's goals for a healthy diet and
18	adequate exerc	ise.
19	(b) Fund	ing for the basic fun 5 program activities of
20	training, equi	pment replenishment, and data collection shall be
21	included withi	n the A+ program budget and shall include:

1	<u>(T)</u>	Support for training of all A+ program coordinators		
2		and group leaders;		
3	(2)	Necessary playground equipment and nutritional tools;		
4	<u>(3)</u>	Collection of data for the fun 5 program; and		
5	(4)	Periodic evaluation of the effectiveness of the fun 5		
6		program.		
7	<u>(c)</u>	The organization and management of training, data		
8	collection and management, and equipment replenishment for the			
9	fun 5 program shall be carried out by an independently-			
10	contracted, private entity, under the supervision of the			
11	department.			
12	(d)	(d) The department may establish within the A+ program		
13	participation fees in an amount sufficient to maintain the fun			
14	program in all elementary schools operated by the department.			
15	(e) The independently-contracted private entity under			
16	subsection (c), in conjunction with the department, may seek			
17	funds from other public and private sources to supplement the			
18	costs of managing, expanding, and improving the fun 5 program.			
19	<u>(f)</u>	The department may adopt rules pursuant to chapter 91		
20	to implement this section."			
21	SECTION 3. There is appropriated out of the general			
22	revenues of the State of Hawaii the sum of \$400,000 or so much			
	HB HMS 20	14-1141		

- 1 thereof as may be necessary for fiscal year 2014-2015 for the
- 2 fun 5 program within the afterschool plus program of the
- 3 department of education for the purposes of this Act.
- 4 The sum appropriated shall be expended by the department of
- 5 education for the purposes of this Act.
- 6 SECTION 4. New statutory material is underscored.
- 7 SECTION 5. This Act shall take effect on July 1, 2014.

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INTRODUCED BY:

JAN 1 8 2014

Report Title:

Afterschool Programs; Elementary-school Students; Fun 5 Program; Appropriation

Description:

Establishes and funds the Fun 5 Program within the A+ Program in Hawaii's public elementary schools. Appropriation. Effective July 1, 2014.

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