# SCR27/SR8

Boxing Pilot Program EDU, WAM



STATE OF HAWAI'I DEPARTMENT OF EDUCATION P.O. BOX 2360 HONOLULU, HAWAI'I 96804

Date: 03/25/2013

Committee: Senate Education

Department: Education

**Person Testifying:** Kathryn S. Matayoshi, Superintendent of Education

Title of Resolution:SCR 027/SR 008REQUESTING THE DEPARTMENT OF<br/>EDUCATION TO MEET WITH INTERESTED PARTIES TO EXAMINE<br/>THE FEASIBILITY OF ESTABLISHING A BOXING PILOT PROGRAM<br/>IN AT LEAST ONE OF HAWAII'S PUBLIC HIGH SCHOOLS

Purpose of Boxing; Pilot Program; Department of Education

**Resolution:** 

#### **Department's Position:**

The Department of Education is open to meet with with interested parties to discuss the issues presented in these resolutions. However, reporting back to the 2014 Legislature on efforts to establish and provide outcomes of a boxing pilot program seem premature.

### PRESENTATION OF THE HAWAII STATE BOXING COMMISSION

#### TO THE SENATE COMMITTEE ON EDUCATION

#### TWENTY-SEVENTH LEGISLATURE Regular Session of 2013

Monday, March 25, 2013 1:30 p.m.

### TESTIMONY ON SENATE CONCURRENT RESOLUTION NO. 27 AND SENATE RESOLUTION NO. 8, REQUESTING THE DEPARTMENT OF EDUCATION TO MEET WITH INTERESTED PARTIES TO EXAMINE THE FEASIBILITY OF ESTABLISHING A BOXING PILOT PROGRAM IN AT LEAST ONE OF HAWAII'S PUBLIC SCHOOLS.

TO THE HONORABLE JILL N. TOKUDA, CHAIR, AND MEMBERS OF THE COMMITTEE:

My name is Bruce Kawano and I am a member of the State Boxing Commission of Hawaii ("Commission"). The Commission thanks you for the opportunity to testify in support of S.C.R. No. 27 and S.R. No. 8.

The purpose of S.C.R. No. 27 and S.R. No. 8 is to request the Department of

Education to meet with interested parties to examine the feasibility of establishing a

boxing pilot program in at least one of Hawaii's public schools.

The Commission supports S.C.R. No. 27 and S.R. No. 8 because we believe that

boxing develops character and builds self confidence. Boxing training is demanding,

and it requires a level of commitment and dedication that our youth can take and apply

to other aspects of their lives. Kids develop respect for their opponents, coaches, and

other kids in the gym and over time, they develop respect for themselves. As a result,

when they are faced with a choice, whether its drugs or alcohol, they can fall back on

that self respect.

The Commission would like to be involved in the planning of the proposed boxing pilot program.

For these reasons the Commission supports S.C.R 27 and S.R. No. 8. Thank

you for allowing us to present our perspective on these resolutions.

From:	mailinglist@capitol.hawaii.gov
To:	EDU Testimony
Cc:	cbutlermd@gmail.com
Subject:	Submitted testimony for SR8 on Mar 25, 2013 13:30PM
Date:	Saturday, March 23, 2013 3:22:14 PM
Attachments:	Johns Hopkins Study Am+J+Epidemiol+94[1].pdf

Submitted on: 3/23/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Charles Butler MD PhD	USA Boxing	Support	No

Comments: Comments: I am Dr Charles Butler MD PhD, President of USA Boxing and Chairman of the AIBA Medical Commission. Amateur Boxing is arguably the safest of all combat contact sports. I entered Boxing in the IOC Injury study for the Beijing Olympics. Boxing had fewer injuries than Basketball. Boxing has 1/3 the concussion rate of college football. There is no evidence that participation in amateur Boxing causes brain damage in athletes. Attached is the John's Hopkins study of 486 athletes and Dr Mark Porters study of amateur Boxers with at least 40 bouts to non boxing athletes. Over a 9 year period, the athletes in Boxing actually improved and tested better than the control group of non boxers (Study attached). Dr. Mike Loosemoore in the British Journal of Sports Medicine reviewed every article on Amateur Boxing ever published with any statistics. These were studies both pro and con. He concludes that statistically all these papers together demonstrate no evidence of brain damage in amateur boxers (paper attached). Attached is a short PowerPoint presentation summarizing some of these papers plus showing injury rates for Boxers compared to other sports (published by Dr Cantu (Harvard). All these studies establish Boxing as an extermely safe sport and appropriate for schools. England has had a "School boy" boxing program for years in their elementary schools. If you establish a program with a good coach, young boxers should be taught values, discipline, and ethics. Training should be withheld from those who misbehave as a punishment. Boxing has historically been the Sport to help rescue youngsters from the streets and help them turn their lives around. I would encourage you to institute a Boxing program in your high Schools with a well trained safe Boxing Coach, Charles F Butler MD PhD 269 598 6000 2130 South Park St Kalamazoo Michigan I have numerous safety studies published in the medical literature. I will submitt the Johns Hopkins Randomized Prospective study which shows no evidence of brain damage from Amateur Boxing. Other attachments will be sent separately.

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

Submitted on: 3/23/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Subr	nitted By	Organization	Testifier Position	Present at Hearing
Stua	rt Okamura	Amateur boxing of Hawaii	Support	No

Comments:

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Submitted on: 3/24/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Dennis W. Bohner	Kauai PAL	Support	No

Comments:

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# <u>SR8</u> Submitted on: 3/23/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Bruce Faulkner	Individual	Support	No

Comments: Thank you for your support on this important bill!

As a former amateur boxer and long time USA Boxing Official (over 20 yrs) I strongly support this bill.

We need to offer more physical education opportunities for our youth who may not be into team sports. A boxing course would provide a platform for individuals to get into the best physical condition of their lives! Basically this program would allow students to build confidence, character, & to pursue physical fitness at its highest level!

As you might already know, most of the physical fitness programs available today incorporate some sort of boxing type exercises or training anyway, so it only seems natural to offer a course to students at this next level. The concept here is to give our youth the chance to feel what it is like to be in good physical condition with the hope that they will continue that pursuit into their adult lives!

From:	mailinglist@capitol.hawaii.gov
To:	EDU Testimony
Cc:	gishikawa3@hawaii.rr.com
Subject:	*Submitted testimony for SR8 on Mar 25, 2013 13:30PM*
Date:	Saturday, March 23, 2013 3:28:13 PM

Submitted on: 3/23/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Corina Ishikawa	Individual	Support	No

Comments:

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Submitted on: 3/23/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted	l By Organi	zation Testific Positic	i at
Nga Nguy	en Indivi	idual Suppor	rt No

Comments:

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From:	mailinglist@capitol.hawaii.gov
To:	EDU Testimony
Cc:	unodostres2000@aol.com
Subject:	*Submitted testimony for SR8 on Mar 25, 2013 13:30PM*
Date:	Saturday, March 23, 2013 10:44:57 PM

Submitted on: 3/23/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Tucker	Individual	Support	No

Comments:

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Written testimony for the Senate The Twenty-Seventh Legislature EDU/WAM

regarding

#### SCR27/SR8

Michelle Ebalaroza, Individual Citizen

March 25, 2013, 1:30 p.m.

Thank you to the EDU/WAM Committees for this opportunity to address my thoughts on SCR27/SR8, EXAMINING THE FEASIBILITY OF ESTABLISHING A BOXING PILOT PROGRAM IN AT LEAST ONE OF HAWAII'S PUBLIC HIGH SCHOOLS.

As a mother, grandmother and a prior teacher I know the importance of health, exercise and building a positive self-esteem for every child. Boxing can provide that. It will also teach the importance of rules, guidelines and self discipline. It will provide them with a venue to work out stress and aggression in a safe and contained manner. It will also teach valuable life skills such as hard work, dedication and focus.

Personally, I struggled with obesity throughout high school and it continued through my adulthood because I had no direction. I didn't have the means or the funds to join a gym or anything like that. With a program like this in the high schools, it could provide that for children and young adults whose parents can't afford a way to help their child to maintain their weight.

I know that nutrition played a major part of my weight gain. Through a boxing program like this where it is important for boxers to "make weight" they would have to learn the importance of good nutrition which in turn will help with weight management. I weighed 225lbs., I learned the importance of nutrition and incorporated BOXING, weight training & cardios into my fitness schedule. I am now in my 150s. The health issues that I had before; insomnia, fibromyalgia and vertigo are no longer a problem. I had high blood pressure and I am currently off of medication, I am healthier than I've ever been before.

This Boxing Program will not only help children and young adults during their school years but they will come away with valuable assets that they will have for life.

I am in complete support of this bill SCR27/SR8.

Thank you again for your time. Michelle Ebalaroza Mother, Grandmother, Teacher, Athlete

From:	mailinglist@capitol.hawaii.gov
То:	EDU Testimony
Cc:	<u>mozaki@kauai.gov</u>
Subject:	*Submitted testimony for SR8 on Mar 25, 2013 13:30PM*
Date:	Sunday, March 24, 2013 4:52:59 AM

Submitted on: 3/24/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
mark ozaki	Individual	Support	No

Comments:

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Submitted on: 3/24/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Rayton Lamay	Individual	Support	No

Comments:

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From:	mailinglist@capitol.hawaii.gov
To:	EDU Testimony
Cc:	craigmagaoay@gmail.com
Subject:	*Submitted testimony for SR8 on Mar 25, 2013 13:30PM*
Date:	Sunday, March 24, 2013 10:26:03 PM

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Submitted By	Organization	Testifier Position	Present at Hearing
Craig	Individual	Support	No

Comments:

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Submitted on: 3/24/2013 Testimony for EDU on Mar 25, 2013 13:30PM in Conference Room 414

Submitted By	Organization	Testifier Position	Present at Hearing
Don Dubie	Individual	Support	No

Comments:

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