NEIL ABERCROMBIE



GARY L. GILL ACTING DIRECTOR OF HEALTH

STATE OF HAWAII DEPARTMENT OF HEALTH P.O. Box 3378 HONOLULU, HAWAII 96801-3378

In reply, please refer to: File:

House Committee on Health

HB 2056, RELATING TO AGING

Testimony of Gary L. Gill Acting Director of Health

Friday, January 24, 2014, 9:00am

1 Department's Position: The Department of Health supports HB2056, provided that its passage does

2 not replace or adversely impact priorities indicated in our Executive Budget, and offers comments.

3 Fiscal Implications: Appropriates \$78,555 for use by DOH

4 Purpose and Justification: This measure is signicant as falls and fall related injuries among older 5 adults impose an enormous burden on individuals, society, and Hawaii's health care system. Among older adults 65 years and older, falls are by far the leading cause of injury-related deaths (45%) and 6 7 hospitalizations (83%), and by far the leading cause of EMS attended injuries among older adults (82%). 8 Direct medical charges for fall and fall-related injuries among older adults amount to \$95 million, an 9 amount that could be doubled if you were to include the costs of rehabilitation and long term care. Falls 10 impact the quality of life and independence of older adults. Over half of those hospitalized from a fall 11 are discharged to a nursing facility or rehabilitation center and many never regain full independence. However, falls are not an inevitable part of aging and can be prevented. The Department is 12 committed to addressing this critical public health issue and has already taken some steps to address fall 13 14 injuries among older adults in Hawaii. These efforts include coordinating the implementation and

1	evaluation of the "Hawai'i Falls Prevention State Plan, 2013-2018" to prevent falls and reduce the
2	severity of fall-related injuries in collaboration with the Hawai'i Fall Prevention Consortium.
3	Considering the magnitude of falls among older adults and the anticipated increase in this age
4	group in the next 20 years to over 18% of Hawaii's population, the current level of dedicated resources
5	for fall prevention are insufficient. The fall prevention and early detection position proposed in this bill
6	will enable the Department of Health to support a coordinated state-wide approach that is needed to
7	prevent and reduce the impact of falls among older adults and to carry out all other duties duties
8	described in this bill in collaboration with community partners. The Department requests that the
9	\$78,555 in funding allocated for the position be increased to \$81,985 to include the recently adjusted
10	salary rate for state employees. The Department defers to the Executive Office on Aging to address the
11	other sections in this bill.

12 Thank you for the opportunity to testify on this measure.



NEIL ABERCROMBIE GOVERNOR

SHAN S. TSUTSUI

STATE OF HAWAII OFFICE OF THE DIRECTOR DEPARTMENT OF COMMERCE AND CONSUMER AFFAIRS

> 335 MERCHANT STREET, ROOM 310 P.O. Box 541 HONOLULU, HAWAII 96809 Phone Number: 586-2850 Fax Number: 586-2856 www.hawaii.gov/dcca

KEALI'I S. LOPEZ

JO ANN M. UCHIDA TAKEUCHI DEPUTY DIRECTOR

PRESENTATION OF DEPARTMENT OF COMMERCE AND CONSUMER AFFAIRS

TO THE HOUSE COMMITTEE ON HEALTH

TWENTY-SEVENTH LEGISLATURE Regular Session of 2014

> Friday, January 24, 2014 9:00 A.M.

TESTIMONY ON HOUSE BILL NO 2056 RELATING TO AGING

TO THE HONORABLEDELLA AU BELATTI, CHAIR, AND TO THE HONORABLE DEE MORIKAWA, VICE CHAIR, AND MEMBERS OF THE COMMITTEE:

The Department of Commerce and Consumer Affairs ("Department") appreciates the opportunity to testify on House Bill No. 2056, Relating to Aging. My name is Jo Ann Uchida Takeuchi, Deputy Director of the Department, testifying in support of this bill.

H.B. 2056 establishes a fall prevention and early detection coordinator within the Department of Health's Emergency Medical Services and Injury Prevention System Branch, remove the hiring requirement for the position of Alzheimer's disease and related dementia services coordinator, requires the executive office on aging to conduct an education and awareness campaign on long-term care and have the campaign independently evaluated, establishes a prevention of elder abuse and fraud position in the executive office of aging, and appropriates funds for the awareness and education of elder abuse, neglect and fraud to be expended by the department of commerce and consumer affairs.

Testimony on House bill No. 2056 January 24, 2014 Page 2 The Department's testimony relates solely to Part V of the bill, as it relates to an unspecified appropriation to the Department for fiscal year 2014-2015 for awareness and education of elder abuse, neglect and fraud.

The Department has for many years been active in educating consumers about how to protect themselves from various scams, schemes and cons. Unfortunately, new frauds continue to proliferate, and the Internet has made the chances of getting ripped off by nameless, faceless persons or entities more likely than ever before. Because recent retirees and seniors are specially targeted for these deceptive schemes, the Department has aggressively reached out to senior organizations to warn them about the dangers of financial exploitation and fraud and works closely with other agencies to provide a network of assistance for seniors.

Regarding House Bill No. 2056, the Department defers to the legislature regarding the nature and amount of general revenues that would be appropriated to the Department under this bill, but suggests that if funds are appropriated, that the funds be designated for "elder financial exploitation" rather than "elder abuse, neglect, and fraud" since the Department does not have jurisdiction over elder abuse or neglect. The Department notes that there is at least one other House vehicle, H.B. 1715, that appropriates funds to the Department for kupuna education.

Thank you for the opportunity to provide testimony on H.B. 2056.

NEIL ABERCROMBIE GOVERNOR OF HAWAII

GARY L. GILL ACTING DIRECTOR OF HEALTH



WESLEY LUM, PH.D., MPH DIRECTOR

> Telephone (808) 586-0100

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STATE OF HAWAII EXECUTIVE OFFICE ON AGING NO. 1 CAPITOL DISTRICT 250 SOUTH HOTEL STREET, SUITE 406 HONOLULU, HAWAII 96813-2831

Committee on Health

HB 2056, RELATING TO AGING

Testimony of Wes Lum Director, Executive Office on Aging Attached Agency to the Department of Health

Friday, January 24, 2014; Conference Room 329

9:00 a.m.

EOA's Position: The Executive Office on Aging (EOA) supports this measure, provided that its

enactment does not reduce or replace priorities within the Administration's supplemental budget request.

Fiscal Implications: This measure appropriates funds for FY15 for the following:

- To establish and fill a Falls Prevention and Early Detection (Falls Prevention) Coordinator within the Emergency Medical Services and Injury Prevention System Branch of the Department of Health;
- To establish and fill an Alzheimer's Disease and Related Dementias (ADRD) Services Coordinator within EOA;
- 3. The Kupuna Care Program;
- 4. The Aging and Disability Resource Centers (ADRC);
- 5. Catholic Charities for Lanakila Multi-purpose Senior Center, Kapahulu Center, Moiliili Community Center for the Moiliili Senior Center, and Waikiki Community Center;
- 6. The Healthy Aging Partnership;

- 7. A long-term care education and public awareness campaign;
- To establish and fill a Prevention of Elder Abuse and Fraud (Elder Justice) position within EOA; and
- 9. An awareness and education campaign to prevent elder abuse, neglect, and fraud.

Purpose and Justification: EOA notes that three of the appropriations in this bill are priorities of the Abercrombie Administration. These priorities include (1) \$427,937 for the continued development of the ADRCs statewide, (2) a \$4.2 million increase in EOA's base budget for Kupuna Care, and (3) \$300,000 for the Healthy Aging Partnership.

Regarding the funding of the Falls Prevention Coordinator, ADRD Coordinator, senior centers, long-term care education and public awareness campaign, the Elder Justice coordinator, and awareness and education campaign to prevent elder abuse, neglect, and fraud, we note that the appropriations in this measure are not part of the Governor's supplemental budget request. Should there be a surplus of funds available for this measure, we would be supportive as we agree with the concept of these initiatives as they are consistent with EOA's goals and objectives. If the Legislature deems these programs necessary, EOA respectfully requests that the Legislature provide the appropriate resources, rather than supplant existing resources, for these proposals. **Recommendations:** EOA respectfully requests your consideration of the following recommendations:

 Section 6 (page 4): The request should be \$4,200,000 rather than \$9,000,000 for the Kupuna Care program. Kupuna Care is the state-funded program that provides home and community based supports such as transportation, personal care like baths, or nutrition services such as home delivered meals. We use these funds to target seniors who are frail and vulnerable, and do not have access to other services. Our objective is to prevent or delay placement in institutions and the need for more restrictive levels of care. The Legislature currently appropriates \$4,854,305 to EOA's base budget and we are asking to increase our base budget by \$4.2 million. With this increase, we expect to serve up to an additional 3,400 individuals, depending on targeting by level of impairment. We currently serve about 5,000 people at a cost that averages \$103 per month per person.

- 2. Section 7 (page 5). The request should be \$427,937 rather than \$1,900,000 for the continued development of the ADRCs statewide. EOA and the county offices on aging are developing a statewide Aging and Disability Resource Center system for seniors, people with disabilities, and their family caregivers, to access and receive information and resources on long-term supports and services in their respective counties. We are grateful for the \$1.4 million that the Legislature has already allocated for FY15 for the development of the ADRCs statewide. Our supplemental budget request of an additional \$427,937 represents the balance of what the counties need to continue their ADRC operations and our management information systems.
- 3. Sections 13 and 14 (pages 9 and 10). EOA recommends that the following language be inserted:

"SECTION 13. There is established within the Executive Office on Aging an Elder Justice Coordinator to plan and implement statewide initiatives to prevent seniors from elder abuse and fraud. The Elder Justice Coordinator shall:

- 1. Promote collaborative efforts in the development of elder justice programs at the state and local levels.
- 2. Support and protect elder victims by improving identification of elder abuse and enhancing response and outreach to victims.
- 3. Work to improve the recognition, detection and awareness of elder abuse, neglect, and exploitation by the general public and healthcare professionals.
- 4. Facilitate the development, implementation, and continuous improvement of a coordinated, multidisciplinary elder justice system in Hawaii.

- 5. Establish a clearinghouse to collect and disseminate information concerning best practices and resources for training and technical assistance to carry out evidence-based programs to prevent and address elder abuse, neglect, and exploitation.
- 6. Work to improve the ability of first responders to screen for diminished capacity, vulnerability to financial abuse, and whether individuals have been victimized.
- Establish a multifaceted public awareness campaign including public service announcements, and social media with clear messaging to raise awareness of and to prevent elder abuse.

SECTION 14. There is appropriated out of the general revenues of the State of Hawaii the sum of \$70,000 or so much thereof as may be necessary for fiscal year 2014-2015 for the Executive Office on Aging to establish an Elder Justice Coordinator.

The sum appropriated shall be expended by the department of health for the purposes of this part."

Thank you for the opportunity to testify.

TO:	HOUSE COMMITTEE ON HEALTH Rep. Della Au Belatti, Chair
FROM:	Sarah Yuan, Ph.D. POLICY ADVISORY BOARD FOR ELDER AFFAIRS (PABEA)
HEARING:	9:00 am Friday, January 24, 2014 Conference Room 329, Hawaii State Capitol
SUBJECT:	HB 2056 Relating to Aging
POSITION:	The Policy Advisory Board for Elder Affairs strongly supports the entire content of HB 2056. The bill contains five parts which address the needs for positions, funding, services, and programs that would maintain the health and well-being of our aging population. This testimony focuses on Part 2 Section 6, the request in to add \$4.2 million to the base budget of the Kupuna Care Program , bringing the total budget to \$9 million, which would maintain the existing level of services of

RATIONALE:

the program.

The Policy Board for Elder Affairs has a statutory obligation to advocate on behalf of the senior citizens of Hawaii. While we advise the Executive Office on Aging, we do not speak on behalf of the Executive Office of Aging.

- 1. The Kupuna Care Program offers state supported home and community-based services, primarily to the non-Medicaid elderly 60 years and older. These services provide respite for family caregivers, reduce the negative consequences of caregiver burden, and enable families to continue their care for a longer period. Kupuna Care services are at the heart of national, state-wide, and local efforts to decrease reliance on expensive residential placement in care homes and nursing homes by increasing supports and services which enable persons to remain in their homes.
- 2. In SFY 2013, an estimated 4,848 unduplicated persons received services from the program. The services provided to the largest number of persons were home-delivered meals (2,885), case management (1,390), and personal care (1,126), which includes assistance with dressing, bathing, and toileting.
- 3. The Kupuna Care Program has positive economic benefits for families as well as for taxpayers. Families benefit by the ability to avoid or postpone the need to place the frail and disabled persons in expensive alternative residential settings, which often require public support, and also avoid or postpone enrollment in Medicaid, which has negative financial impacts on families and also is a financial burden on the state.
- 4. The Kupuna Care Program is highly cost effective. The average monthly cost of only \$109 per client compared with \$2,000 \$4,000 per month should a person be placed in an adult residential care home or assisted living facility.

Thank you for allowing me to testify.





To: Committee on Health Representative Della Au Belatti, Chair

Date: January 24, 2014, Conference Room 329, 9:00 a.m.

Re: HB 2056 – RELATING TO AGING

Chair Belatti and Committee Members:

My name is Steve Tam, Director of Advocacy for AARP Hawaii. AARP is a membership organization of people 50 and older with nearly 148,000 members in Hawaii. AARP fights on issues that matter to Hawaii families, including the high cost of long-term care; access to affordable, quality health care for all generations; providing the tools needed to save for retirement; and serving as a reliable information source on issues critical to Americans age 50+.

AARP **strongly supports HB 2056 - Relating to Aging**. This bill appropriates funds for various programs and services for Hawaii's senior population. AARP especially supports the provisions of the bill as it relates to the appropriation of funds for a long-term care education and awareness campaign; the Kupuna Care Program, and the Aging and Disability Resource Center (ADRC) from the general revenues for the fiscal year 2014-2015.

Long-Term Care Education and Awareness Campaign

AARP supports the appropriation of \$500,000 for a comprehensive education and awareness campaign.

A comprehensive long-term care education and awareness campaign is needed to alert residents to the risks and costs associated with caregiving and long-term care and to encourage them to plan and save for this part of life.

- Many residents are unaware or underestimate the risk of needing long-term care. Approximately 69% of people who turned 65 in 2005 will need long-term care before they die. Individuals needing long-term care will on average need help for 3 years, and spend on average 2 years at home, and 1 year in a nursing or assisted living facility.¹
- Hawaii residents needing long-term care are faced with long-term care costs that are among the highest in the nation and unaffordable for most Hawaii residents. E.g., the annual nursing home cost (private room) is approximately \$145,270, as compared to the national average of \$83,950.
- Though the majority of Hawaii residents (59%) say they are likely to need long-term care in the future and are not confident that they can afford one-year of long-term care,ⁱⁱ few Hawaii residents are planning ahead to meet these needs.
- Solutions to finance long-term care are limited. Medicare is not designed to cover long-term care services. Medicaid pays for long-term care, but only those with limited assets and income.

AARP HB 2056 - Relating to Aging January 24, 2014 Page 2

• Private long-term care insurance does provide substantial coverage for long-term care, but enrollment is limited.

A long-term care education and awareness campaign will complement the anticipated introduction of a public long-term care insurance program in 2015 that helps people with financing so they can remain in their home as long as possible.

Kupuna Care - Appropriation

AARP supports the appropriation of \$9.0 million for the Kupuna Care Program for fiscal year 2014-2015. This amount includes the current \$4.8 million Executive Office on Aging base budget appropriation for Kupuna Care that has remained unchanged since 2002, and an additional \$4.2 million appropriation.

Kupuna Care is a state funded program designed to help non-Medicaid elderly residents so that they can continue living at home instead of institutional facilities. Kupuna Care assists families by providing a variety of different caregiving and support services.

The proposed Kupuna Care appropriation is needed due to the increasing demand for services by Hawaii's rapidly aging population. However, it still falls short of meeting the demand. In 2013 the Kupuna Care program served approximately 4,848 people (unduplicated persons served that does not include people receiving transportation services, as reported by EOA). There are approximately 277,000 individuals over age 60 in Hawaii.ⁱⁱⁱ However, by some estimates, 80% of seniors have at least one chronic health condition and 50% have at least two ^{iv} who would also be eligible to use these services.

Kupuna Care – Amendment to Section 349-3.1

We request that "Section 349.3.1 Kupuna care program" be amended as follows: (a) The executive office on aging may establish the kupuna care program. The program shall provide affordable and quality home- and community-based services to prevent and delay the need for institutional-level of care and to prevent spend-down to Medicaid eligibility.

AARP is requesting the amendment to clarify that the intent of the Kupuna Care program is to provide services to non-Medicaid individuals. We understand that on Oahu, some service providers are providing Kupuna Care services to Medicaid eligible individuals in violation of the program. The violation appears to be limited to the City and County of Honolulu which agrees that this program is being used by ineligible individuals. Steps are being taken to remedy the problem by identifying the number of ineligible individuals that received Kupuna Care services. These ineligible individuals will be transitioned off the Kupuna Care program.

As eligible Kupuna Care program recipients are negatively impacted, AARP requests that the State reimburse the Kupuna Care program for the funds provided to serve individuals ineligible for Kupuna Care services.

Aging and Disability Resource Center (ADRC)

AARP supports the appropriation of \$1.9 million for ADRCs for the fiscal year 2014-2015 which includes an additional appropriation of \$428,000 for the continued implementation and expansion of ADRCs.

AARP HB 2056 - Relating to Aging January 24, 2014 Page 3

ADRCs are intended to streamline access to long-term supports and services for older adults, persons with disabilities, and caregivers. The ADRC is a navigational tool that connects individuals to appropriate long-term care options. Hawaii's ADRC program is in various stages of development in each county. ADRCs are operational in Hilo, Maui, and Kauai. The remainder of the Hawaii county and Oahu needs to be implemented.

ADRCs are in need of improvement. AARP's recently published State Long-Term Services and Support Scorecard ranks Hawaii 41st in ability to access long-term care through an ADRC.^v The ADRCs need to be properly resourced and funded to make ADRCs an effective single point of entry for individuals seeking information on their long-term care options. Critical to the success of an ADRC is ensuring the availability of services (e.g., Kupuna Care) when individuals are directed to them. Otherwise, consumers will be increasingly frustrated when referred to services, and only to find out that they are not available.

ⁱ Kemper, Komisar, Alecxih, Long-Term Care an Uncertain Future: What Can Current Retirees Expect, 2005. Inquiry 42(4): 335-350.

ⁱⁱ AARP Hawaii Survey of Hawaii 50+ Residents on Long-Term Care,2012.

iii U.S. Census Bureau, 2010 Demographic Profile Data

^{iv} Centers for Disease Control, Healthy Aging: Preventing Disease and Improving Quality of Live Among Older Americans 2003, At a Glance, Department of Human Services

v AARP 2011 State Long-Term Services and Supports Scorecard

<u>HB2056</u> Submitted on: 1/24/2014 Testimony for HLT on Jan 24, 2014 09:00AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Tito Villanueva	American Medical Response	Support	No

Comments: Submitting testimony supporting H.B. No. 2056. Falls among the elderly are a significant health issue and we don't have a coordinated approach to address this concern. Each island at this time provides education to our elderly on a segmented approach. We need a coordinator to oversee and implement progams to address this health concern. I am in support of this Bill and please fund this position to provide coordination to falls and injury prevention.

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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HB2056 Submitted on: 1/24/2014 Testimony for HLT on Jan 24, 2014 09:00AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Speedy Bailey	American medical Response	Support	No

Comments:

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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CATHOLIC CHARITIES HAWAI'I

- TO: Representative Della Au Belatti, Chair Representative Dee Morikawa, Vice Chair Committee on Health
- FROM: Diane M. Terada, Division Administrator
- DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

Catholic Charities Hawai'i (CCH) is a tax exempt, non-profit agency that has been providing supportive home and community based services to elders since 1973 and currently serves over 4,000 older persons each year.

CCH strongly supports HB 2056, which will provide funding for Kupuna Care and senior centers.

SENIOR CENTERS

HB 2056, supports a network of senior centers on Oahu that provide vital health education and screenings, fitness, recreation, case management, and other services to enable thousands of senior citizens to maintain wellness, support independence and avoid costly institutionalization and have a history of state funding.

Lanakila Multi-Purpose Senior Center is a State owned facility that was built as a model senior center for the State of Hawaii in 1969. The Center has been operated by CCH since 1981.

As indicated in Hawaii's 2013 Profile of Successful Aging, "Supportive relationships, interactions with the environment, engagement in social activities . . . all have positive correlations on the well-being of older adults." ⁱ The Centers for Disease Control and Prevention also advises older adults that "regular physical activity is one of the most important things you can do for your health. It can prevent many of the health problems that seem to come with age."ⁱⁱ Senior centers are accessible and popular places where elders gather for this type of social engagement and physical activity that contribute to their well-being.

Catholic Charities Hawai'i supports the funding amounts in HB 2056 for the following senior centers:

Catholic Charities Hawai'i (for Lanakila Multi-Purpose Senior Center)	\$185,000
Kapahulu Center	\$ 40,000
Moiliili Community Center (for Moiliili Senior Center)	\$ 50,000
Waikiki Community Center	\$ 60,000





Catholic Charities Hawai`i Testimony on HB 2056, Relating to Aging House Committee on Health Friday, January 24, 2014 (9:00 a.m. Room 329) Page 2 of 2

Total requested funding for Senior Centers \$335,000

Comparison: The requested \$335,000 would pay for one year of nursing home care for <u>three</u> elders to receive nursing home care. By funding these senior centers, <u>thousands</u> of elders can participate in activities that help them remain active, healthy and independent in the community.ⁱⁱⁱ

KUPUNA CARE

Catholic Charities Hawai'i is also the current provider of Kupuna Care transportation services to help support access to necessary medical, nutrition and other services. Through Kupuna Care, CCH Transportation is able to provide hundreds of seniors with needed access to health services, nutrition/food, and financial services/benefits.

Please note that the total amount of Kupuna Care funding needed is \$9M. The additional amount that we request to have added to the current base budget is \$4.2M.

Total requested funding for Kupuna Care\$9M(Requesting \$4.2M be added to current base budget of \$4.8M)

Comparison: The total of \$9M would pay for one year of nursing home care for <u>seventy</u> elders to receive nursing home care. Through Kupuna Care services, <u>thousands</u> of elders can receive the supportive services they need to continue to live independently in the community.^{iv}

Senior centers and Kupuna Care services help to meet the overall community goal of helping seniors remain independent in the community and prevent more costly (and often public funded) institutional care.

Catholic Charities Hawai'i asks for your support of HB 2056. If I can provide any further information, please feel free to contact me at 808-527-4702 or via email at <u>diane.terada@catholiccharitieshawaii.org</u>. Thank you for this opportunity to provide testimony.

ⁱ Executive Office on Aging – Department of health, "Profile of Successful Aging Among Hawaii's Older Adults", January 2013.

ⁱⁱ http://www.cdc.gov/physicalactivity/everyone/guidelines/olderadults.html

ⁱⁱⁱ Genworth Financial, <u>Cost of Care Survey 2013</u>, March 18, 2013. Note: Calculated on Median Annual Rate for nursing home (semi-private room) in State of Hawaii.

^{iv} Genworth Financial, <u>Cost of Care Survey 2013</u>, March 18, 2013. Note: Calculated on Median Annual Rate for nursing home (semi-private room) in State of Hawaii.



PRESIDENT & CEO Marian E. Tsuji

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State of Hawaii House Committee on Health The Honorable Representative Della Au Belatti, Chair The Honorable Representative Dee Morikawa, Vice Chair Hawaii State Legislature

> January 24, 2014; 9:00 am Room 329

HB 2056, Relating to Aging

Good afternoon, Chair Belatti, Vice Chair Morikawa, and Members of the Health Committee,

Lanakila Pacific supports HB 2056, Relating to Aging to provide critically needed services for our most vulnerable elderly neighbors. Although our preference is that ongoing support be provided in the base budget, this measure provides essential supplemental funding for Kupuna Care services which are designed to prevent more costly care.

While we have concerns about programmatic details, we are in support of this comprehensive package that provides grossly needed resources to address the growing needs of Hawaii's senior population.

According to the most recent Hawaii's Older Adults: Demographic Profile: University of Hawaii, Hawaii has one of the fastest growing senior populations and the longest life expectancy in the nation. Over the last ten years, the senior population has increased 30%.

Unfortunately, there are hundreds of seniors throughout Hawaii on growing waiting lists due to 12 years of flat funding that hasn't kept pace with inflation, let alone the spike in the elderly population. The base budget for Kupuna Care services of \$4.85 million has not been increased since 2002, while Hawaii's senior population has increased by 30% and the costs of living in Hawaii continue to rise. Supplemental funding is requested every year; however, this is not sustainable and should be part of the Executive Office on Aging's budget.

As a Kupuna Care service provider, Lanakila Meals on Wheels serves more than 1,200 Hawaii seniors every day or more than 200,000 meals each year. Our average meal recipient is a woman of Asian or Pacific Island descent, 83 years old with an income of less than \$1,000 per month. Our staff and volunteers deliver much more than a nutritious meal, as they may be the only person that our Kupuna will spend time with each day. House Committee on Health January 24, 2014; 9:00 am Page Two

Providing Kupuna Care Sevices, which enables seniors to stay in their homes and avoid costly institutionalization, can be the difference between \$170 for a month of home delivered meals vs. \$9,034 for a month of a semi-private room in a nursing facility

While more long-term support is needed to meet the growing needs with one of the fastest growing senior populations and the longest life expectancy in the nation, this measure is a vital part of the solution as it will provide critically needed and more cost-effective services for our most isolated and vulnerable elderly neighbors. Aging network providers cannot meet the current and growing demand for services when faced by years of flat or reduced State and Federal funding.

We urge you to support Hawaii's Kupuna by supporting ongoing funding for Kupuna Care as it provides essential services for the most vulnerable senior citizens in Hawaii.

Respectfully submitted,

Marian E. Tsuji President & CEO

Lyn Moku Director of Lanakila Meals on Wheels

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{90}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

17 GIVES ME AN OPPORTUNITY TO READUAINT WITH FAMILIAR OLD FRIENDS AND AN OPPORTUNITY TO MAKE NEW FRIENDS AND TOGETHER WE GAN ENJOY OUR WANING YEARS. OLDER AS WE GROWN EACH YEAR, EACH DAY IS BONUS TO BE THANKFUL. THUS I WOULD LIKE TO COME TO LM.P.S.C. AND SPEND A FEW HOURS A DAY.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Jakejino Higa

Address:

City HONOLULU, HI. 96817 Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 87 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

This is my home away from home. I do three excercises here. Im fit because of Lamatily.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Itsuko Kaneshiro Name:

Address: HONOLULU, HAWAII 96817 City Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

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I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai`i.

Lanakila Multi-Purpose Senior Center is important to me because:

It hulps to keep healthy is active MI

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely, erald funcida Name:

Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 36383 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

We come to the center to exercise & arciding . We both take taiche classes. My tuestand also comes to the Kinten exercise class. Brevieway the would drap me off at the center and slept practically all day. I. have been coming to the center for many years serve we used to can for humand's parents and the center prived as a respite for me. In previous years I enjoyed taking & apanese dance classes & numerous other exercise classes. I am presently Joking "Sambodan" Please make Senior Center funding a priority so that seniors like me can exercise elass remain independent in the community. Thank you.

Sincerely,

Kut & Lynn Dereiga Name:

HONOLULU, HAWAII 96817 City Zip Code Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>67</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: Tim a caregiver of a 90 year old mother, Lanakik provides me support to prevent burnout. I get needed exercise emotional support and education My mother also gets nutritional support from the Lanakika Meals.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name: Sharon Robashigeuse

Hon HI 96813

Address:

City

Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{\$4}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: attending cultural classes at banalli a It is home away from home an Center. lace where we can meet new priers Types daugh. My classes inpre oses on Mondays and hedy & mind . I Cearn the Haulen lagrouse lexcellent teacher Harnory Porghler to teach yllelele classes with about 2 sing and learney songs while struming their ans eruisorb who

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely, Cecilia her - hendo Cecilia K. Lindo Name: 96817 HONOLULU, HAWAII Address: Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{89}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

It beeps me healthy and strong and keep me heppy by pointiging and I take dipperent courses. In my well then of

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Edite Fighera

Address:

Horoluln, 14 96817 Zip Code

City

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{\&} \mathcal{L}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I think it is very important for me because can help each others problam and make our feelings good, and emerger come to our body, we can live healty way too.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

susie Hasegawa Name:

Address:

City Zip Code WAIPAHU, HAWAII 96797

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>96</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Becourse I attend Lanabelie Series Center every Week, I am still very isodependent - not bothering my children about trivial matter. I am very healthy compred to new of my friends my age became of the various health lectures I receive

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely, nobue akashi Nobue AKAShi Name:

Address:

City

Zip Code

HONOLULU, HAWAII 96822

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>FZ</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai`i.

Lanakila Multi-Purpose Senior Center is important to me because:

いっわショラナキラセンタート東ままか Find Translation: "I always look forward to coming-to this Lanakila Center."

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

SEN SUNAAAWA HONOLULU HI 96819 Zip Codel Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{Q} \underline{G}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: Socialization & good Mentifle

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Qhris S, Sasalai Name:

Address: HONOLULU, HAWAII 968-18 City Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>years</u> old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Whith Great & Wondiff place to be. I have mut a lot of Sensors & also old Class-matris. too. I Love Coming here + be a part of this Program.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely, Halan Palama Name:

HONOLULU, HAWAII 96817 City Zin Code Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 72 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: This center provides me with the quality of life that is so important to me. Being able to interact with others fullfills my needs for a well rounded living. I belong to the Okinawa Nenchosha Club, Enka class and Mah Jong class. These things keep my mind active and independent while having an opportunity to meet people. Thank you for your support and I humbly ask for continuing Lunding. aloha Please make Senior Center funding a priority so that seniors like me can

remain independent in the community. Thank you.

Sincerely,

Name:

Honolula, HI 96819

Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>fo</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: I find it to be a "safe-haven" for Seniors like myself - it's a place where Socializing - can be done horganized - fun setting... seniors can share their drama " and yet feel respected and needed. Your support is greatly appreciated I do feel interpendent.)

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Fina Frank

HONDLULU, HAWAII 96817 Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging H_{hahA}

I am <u>7</u> g years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: I get Out of the Apt. Est together with prophe my Age. Est into chubs PCC. AN HAWAII, Est to uke chass MARTIAL AATS Ste. WE have A wonder ful staff MARTIAL AATS Ste. WE have A wonder ful staff to Enide AND LEADUS, There is much NEED PROTEction AN SAFETY AN LANAKILA CENTER PROVIDING it. What EVER WE get for help is much NEEDEd Thank Yoy

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

John G. Burrow III

HONOLULU, HAWAII

Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>8</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: wonder ful people here. I love to wonder ful people here. I love to talk story with them. We support talk other with our ailments each other with our ailments. We sing and hula with each other. It is a jun place to be. love Lanakila Decause of

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

[Men_

Address:

Amolulu, Hi Zip Code

Friday, January 24, 2014 (9:00 a.m., Room 329) DATE:

IN SUPPORT of HB 2056, Relating to Aging RE:

I am ______years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I AM GRATEFUL TO ALL THE PEOPLE WHO COME TO THE CENTER. THE PEOPLE ARE SO NICE TO ME. I ENJOY COMING TO LANAKILA CONTER

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name: <u>KIKUKO KUMAMOTO</u> Address: <u>Horkolulu Anwori</u> <u>968117</u> <u>City</u> Zin Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>73</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

a lonely gerin . Was join by Daven K. a while Was moited to bocks L'Se is hoppiers, many Look forward to coming to the centure. -0 46 Co was

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

HONOLULU, HAWAII 96817 Address:

Kawrence Ferreire
DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am \mathcal{B} years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

it gives me something to 20. Shein activities are supplied thelp ful for all seriors, who atterd them all periors u

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,	X. A	
Name:	At Dovide	m
Address:	Hondul	96877 Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am \underline{qo} years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I meet friends and to see entertainment. To exersize for my healthir I come here four times a month

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Sally Nakata Name: Address: Hon, Hi, 96859

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>76</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Like to meet people of all races

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Phoebe M Kimusa Honolulu Hawaii 96817 Cirv Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am g_{1} years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: Hellem & rineter two clumbur so 2. On his queen a get AW ourteen seale Kupunais oa bula, taija to Ausing homes to ple n out sing forthem, w and have Please make Senior Center funding a priority so that seniors like remain independent in the community. Thank you. They provid a sa Sincerely, were su Lew u Name: Address: you all

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: **IN SUPPORT of HB 2056, Relating to Aging**

I am 73 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

thep me motived and lifts up my unit hive out of district but was ntro ick, by Ikie. Malelo! He and clobs menhen drug the events they thrus

Center funding a priority so that seniors like me can Please make Senior remain independent in the community. Thank you.

Sincerely,

Name:

Address: City Wery

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am \underline{SP} years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

IEM So Grateful to all THE PROPLE WHO COME to THE CENTER THE PROPLE AILE SO NICE TO THE IENJOY CONTING TO LA WARLACENTER

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Kang & Tomometer Name:

Hon 96817 Address: City

Friday, January 24, 2014 (9:00 a.m., Room 329) DATE:

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>88</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I enjoyed coming to Lanakila Maltiple Center to terse the office Staffs Hulttal. I also enjoyed entertaining the Marsing homes a

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Mice K. y Sasagne Name:

HONOLULU, HAWAII 96826 City Zip Code Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 69 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I like it become I get to met resperch and make friends. I remeterie volution to clean the yard and plant. I get to learn new things. It helpe they MI 100.000 0 my and active,

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

DIANA ANTONIO Name:

Zip Code 96819 City HONDCULL, 14/

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am ______ years old and participate in the many activities at the Lanakila Multi-Furpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

The Lanchilo Serias Cos is very mequial to all us somedie ufal, so Reality, k , and very alizedo ials of Jaward. Please eraunde as much

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

the pulity can to keep all Sincerely.

Name:

96F17 Zip Code City HON .

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\frac{15}{15}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

of friends + so calying activities

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely, Name: <u>Louth Mynn</u> Address: <u>Honoluly</u> 96817

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{\$\$}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

THEY KEEP ME HEALTY + WISE

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Lavid young

Address:

City

Zip Code

How 96817

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

IN SUPPORT of HB 2056, Relating to Aging RE:

I am $\frac{19}{1000}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR **CENTERS**, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Keep me origied and bring with all the activities Ever provide me with the catholic charities bus.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Kay Takaegu

Address: HONOLULU, HAWAII 76817 City Zip Code

Friday, January 24, 2014 (9:00 a.m., Room 329) DATE:

RE: **IN SUPPORT of HB 2056, Relating to Aging**

I am 7/ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I have made many Frinds with whom I have contract with I also take sewing classes and exercise classes.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Alun Tarala Honoluly 960

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>J/</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because: To and kind. It helped meet many friends and old friends. The Center has many different a ctivities to chose from and participate in . The atmosphere is very comfortable and the people are very happy.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Catalina Bautista

HONOLULU, HAWAII <u>76</u>819 Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

80 years old and participate in the many activities at the Lanakila I am Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Enjoy my weekly with other seriors, sharing, Learning new things, having Juntime atour own speed no pressure

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

City

HAZEL H. MURAKAMi Hon, 96819 Zip Code

Jan 22, 2014

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am ______ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Keep your mind and Health make Friend

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 77 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

its an excellent + feer opportunity for physical + social activities, shere would be a trementous void in my life without my participation at the senior center, where is such a trementous variety that There is such a period have, ets the best, other places do not have, ets the best, + keeps me from mly staying home, + keeps me YOUNG in spirit, mind & looks,

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Grace Chang Honolulu 968

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>66</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

it provides activities for many who otherwise would only stay at home.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Diane Kawakami

Address: <u>Honolulu</u>, <u>96826</u> City Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{g/}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

To Intertain myself

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Juce Kikuyama

HONOLULY, HAWAII 968192675 Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 35 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

To meet friends, I come here about 7 times in a month.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name: Etw Mym

Address:

City Zip Code HONOLULU, HAWAII 96813

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 8^2 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

SOCIANZE AND LEARN NEW THINKS AND CRAFTS.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

DORIS S. WAUKE Name:

City	Zip Code
HONOLULU, HAWAII	96819

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\frac{\$7}{1}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

This center helps me to keep in touch with other seniors as we are here to injoy our twichight year.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

Pally Joge

City		Zip Code
KAILUA,	HAWAII	96734

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\frac{\mathcal{GO}}{\mathcal{O}}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

enjoy clubs met people and make priends. learn things to do Hand to get out of home.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely, Vivert Dara Name:

Address:

City

HONOLULY, HAWAII 96825

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 28 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Being a member of Lanchila multi purpose Servine Centre is reg enjoitant because of the fellow ship and Things I have learned in many ways. I have learned many thengs that were provided for the company,

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Vakasche Yoneko Name:

WAIPAHU, HAWAII _____<u>\$6797</u>.3426 Zip Code Address:

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{\mathscr{I}}_{\mathcal{I}}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

I come to Lanakila on Monday + Thursday to Listen to the programs to have lunch + Birthday in December.

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Tomie E. Higa Name:

Zip Code City HONOLULY, HAWAII 96813

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{q}_{\underline{b}}$ years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

meet old them finds

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Zip Code

96815

Sincerely,

Name:

Stille Oku

HONOLULY, HAWAII

Address:

City

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am SS years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

「日子にく ラナチラセンターノ= 草いまり 「おいんりのと」 ニュゴンヨリ <u>Translation</u>: "I come to Lanakila Center every day. Thank you very happily much."

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name:

FUMIE KAWANO HONO LULU HI. 968/7 City Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am 83 years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

FJ#FPE-P-2. BC (1313) # \$ E Sht U39. Translation: "I lear Warious things at Lanakila Center."

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name: <u>XIHEI. MISAYO</u> Address: <u>Howokuku HI 96817</u> City Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>15</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

·うナキアに来る様になって体も元気になり、聖(く)高いさせて

Translation: "My health has improved by cominy to Lanakila of I've also made many friends here."

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name: <u>Nishie Tomiya ma</u>

Address:

City

Honolulu HI 96814

10-

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am <u>\$7</u> years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Yoneko Tsuchiyama Name:

Address: HONOLULU, HAWAII 96817 City Zip Code

DATE: Friday, January 24, 2014 (9:00 a.m., Room 329)

RE: IN SUPPORT of HB 2056, Relating to Aging

I am $\underline{70}$, years old and participate in the many activities at the Lanakila Multi-Purpose Senior Center.

I support this bill and urge your support to provide FUNDING FOR SENIOR CENTERS, especially Lanakila Multi-Purpose Senior Center, a program of Catholic Charities Hawai'i.

Lanakila Multi-Purpose Senior Center is important to me because:

私は YOGA =回大正琴一回通に 3回来にます みーのことはともかく一香きにスケジョルしていっもかかけす お席しいろんな事を学んでいます SENIORの為に ==のラナキラのいっまでもいっまでも 結け? リリサービスをいりわが願ん伊に上サます

Please make Senior Center funding a priority so that seniors like me can remain independent in the community. Thank you.

Sincerely,

Name: MIEKO NHOMI

Address:	HONOLULU,	HAWAII	96819
	City		Zip Code

Mieko Nhomi Page 1 022

Translatton : "I come to (Lanakila Multi-purpose Seniar Center) 3 times a week - Yoza twice a week + Taisho koto class once a week. I am learning various by attending and am very happy about my health getting better and making friends; coming here is a privity to me. I hope that the good services here at Lanakila Will continue forever + ever. "

Micko Nhomi Page 2 022 TO : HOUSE COMMITTEE ON HEALTH Rep. Della Au Bellati, Chair

- FROM: Eldon L. Wegner, Ph.D. Hawaii Family Caregiver Coalition (HFCC)
- HEARING: 9:00 am Friday, January 24, 2014 Conference Room 329, Hawaii State Capitol
- SUBJECT: HB 2056 Relating to Aging
- POSITION: The Hawaii Family Caregiver Coalition (HFCC) strongly supports the entire content of HB 2056, which contains five parts which address the needs for positions and funding for home and community-based long-term services and supports and programs which will maintain the health of our aging population. This testimony focuses on Part 2 Section 7, which requests an additional \$428,000 to bring the total budget to \$1.9 million for development of the Aging and Disability Resource Centers by the County Offices on Aging in cooperation with the state Executive Office on Aging.

RATIONALE:

The Hawaii Family Caregiver Coalition, with a membership of more than 20 agencies gives voice in the political process to the issues affecting family caregivers.

The Aging and Disability Centers address the long-standing problems caused by the highly fragmented long-term care services in our state. Families typically find it very difficult to access the myriad of services and resources. The lack of a coordinated system also results in lack of efficiency and redundancy. The Long-Term Commission established by the Legislature noted these problems in its 2012 recommendations and strongly supported continued development of ADRC's as a needed step to overcome these problems.

The ADRC is a single-entry point for all families seeking assistance with disabling conditions and provides assessment of needs and connects disabled persons and family caregivers with appropriate services and resources. The comprehensive assessment tool, which is an evidence-based protocol, has been in use for two years in Maui County. A comparative study of patient outcomes in the year the prior to adoption with patient outcomes in the year after adoption shows significant reductions in death rates, falls, and clinical indicators regarding diabetes, blood pressure, and other important chronic disease conditions.

The County of Maui has achieved a fully functioning ADRC and the results are extremely positive. Because the Federal government recognizes it as fully functioning, the County of Maui has secured additional resources from the federal CMS, from the Affordable Care Act and from Medicaid, and qualifies for other grants. Much of this year's allocation will enable the ADRC's in Kauai County and Hawaii County to achieve full level functioning, resulting in increased Federal funding for their operations.

ADRC's are essential in restructuring our long-term care system to be more efficient and more effective. Hawaii should continue to invest in this transformation, which is in line with the policy directions of the Federal government to restructure service delivery.

- TO: HOUSE COMMITTEE ON HEALTH Rep. Della Au Belatti, Chair
- FROM: Eldon L. Wegner, Ph.D. POLICY ADVISORY BOARD FOR ELDER AFFAIRS (PABEA)
- HEARING: 9:00 am Friday, January 24, 2014 Conference Room 329, Hawaii State Capitol
- SUBJECT: HB 2056 Relating to Aging
- POSITION: The Policy Advisory Board for Elder Affairs strongly supports the entire content of HB 2056, which contains five parts which address the needs for positions and funding for home and community-based long-term services and supports and programs which will maintain the health of our aging population. This testimony focuses on Part 2 Section 6, the request in to add \$4.2 million to the base budget of the Kupuna Care Program, bringing the total budget to \$9 million, which would maintain the existing level of services of the program.

RATIONALE:

The Policy Board for Elder Affairs has a statutory obligation to advocate on behalf of the senior citizens of Hawaii. While we advise the Executive Office on Aging, we do not speak on behalf of the Executive Office of Aging.

- S The Kupuna Care Program offers state supported home and community-based services, primarily to the non-Medicaid elderly 60 years and older. These services provide respite for family caregivers, reduce the negative consequences of caregiver burden, and enable families to continue their care for a longer period. Kupuna Care services are at the heart of national, state-wide, and local efforts to decrease reliance on expensive residential placement in care homes and nursing homes by increasing supports and services which enable persons to remain in their homes.
- In SFY 2013, an estimated 4848 unduplicated persons received services from the program. The services provided to the largest number of persons were home-delivered meals (2885), case management (1390), and personal care (1126), which includes assistance with dressing, bathing, and toileting.
- S The Kupuna Care Program has positive economic benefits for families as well as for taxpayers. Families benefit by the ability to avoid or postpone the need to place the frail and disabled persons in expensive alternative residential settings, which often require public support, and also avoid or postpone enrollment in Medicaid, which has negative financial impacts on families and also is a financial burden on the state.
- S The Kupuna Care Program is highly cost effective. The average monthly cost of only \$109 per client compared with \$2000B\$4000 per month should a person be placed in an adult residential care home or assisted living facility.

Thank you for allowing me to testify.

The Twenty-Seventh Legislature Regular Session of 2014

HOUSE OF REPRESENTATIVES Committee on Health Rep. Della Au Belatti, Chair Rep. Dee Morikawa, Vice Chair State Capitol, Conference Room 329 Friday, January 24, 2014; 9:00 a.m.

STATEMENT OF THE ILWU LOCAL 142 ON H.B. 2056 RELATING TO AGING

The ILWU Local 142 strongly supports H.B. 2056, which appropriates funds or facilitates programs and positions for: a falls prevention and early detection coordinator; an Alzheimer's Disease and related dementia services coordinator; Kupuna Care; ADRC; specific senior centers; an education and awareness campaign on long-term care needs and costs; prevention of elder abuse and fraud; and an awareness and education program for elder abuse, neglect, and fraud.

The need for all of these services and programs is well-documented. Hawaii's population is aging and the silver tsunami will soon be upon us.

Kupuna Care provides home-delivered meals, bathing and chore services, and transportation to help seniors avoid costly institutionalization and keep them living in their own homes. Services offered at senior centers like Lanakila, Kapahulu Center, Moiliili Community Center, and Waikiki Community Center help seniors maintain their independence through physical activity, mental stimulation, and socialization.

Alzheimer's Disease, dementia, and falls are extremely costly. The cost of care for patients with Alzheimer's and dementia and for those who have fallen are astronomical in terms of dollars as well as human capital. Hundreds of thousands of hours are spent each day by caregivers providing services to care for these patients. The impact of Alzheimer's Disease and dementia can be mitigated with medical treatment and medication for the patient and information and education for the family. One dedicated coordinator working for the State may not seem like much but will go a long way toward helping patients and families cope. Similarly, a small investment (less than \$80,000) from the existing Trauma Fund for a falls prevention coordinator will help to provide a coordinated response to the problem of elderly people falling and the avalanche of costs for hospitalization, rehabilitation, and long-term care.

The Aging and Disability Resource Centers (ADRC) have been funded and are well on their way to being a "one-stop center" for information and referral services for those needing care and their families. Additional funding is needed to make the system of ADRC's operational on all islands.

Despite the growing population needing long-term care, most people in Hawaii do not realize how much it costs until it's too late. An education and awareness campaign as proposed in this bill will help the public become more aware of the costs of long-term care and the need to be prepared. With this understanding, the public will be more open to a mandatory, publicly funded program to help pay for costs associated with long-term care, including support for family caregivers, thus encouraging lawmakers to pass laws to make that happen.

Finally, elder abuse and neglect is a tragic condition that must be stopped. For predators, laws must be enforced and penalties must be severe to deter others from preying on vulnerable seniors. For families who are stressed over providing care and struggling to juggle other responsibilities along with caregiving, the services and programs that will be supported by H.B. 2056 should help to provide relief and respite.

The ILWU strongly urges passage of H.B. 2056. Thank you for considering our views.

HB2056 Submitted on: 1/24/2014 Testimony for HLT on Jan 24, 2014 09:00AM in Conference Room 329

Γ

Submitted By	Organization	Testifier Position	Present at Hearing
Curt S. Morimoto	Individual	Support	No

Comments: I have an 86 year old mother going through difficult times. This position will help to coordinate and direct activities in a beneficial way so that those who need itget it. Please support this bill!

Please note that testimony submitted <u>less than 24 hours prior to the hearing</u>, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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From:	mailinglist@capitol.hawaii.gov
Sent:	Thursday, January 23, 2014 2:26 PM
То:	HLTtestimony
Cc:	mkhan@hawaiiantel.net
Subject:	Submitted testimony for HB2056 on Jan 24, 2014 09:00AM

HB2056

Submitted on: 1/23/2014 Testimony for HLT on Jan 24, 2014 09:00AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Leimomi Khan	Individual	Support	No

Comments: Aloha, encourage your support of this bill. I am now a senior citizen and while I have not yet experienced falling, dementia, or other elderly medical problems, it is comforting to know that the legislature recognizes the needs of senior citizens and is taking proactive steps to address those needs. Mahalo.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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Committee on Health

January 24, 2014 at 9 a.m.

Conference Room 329

SUBJECT: Written Testimony in support of HB2056, Section 9

TO THE HONORABLE AU BELLATI, CHAIR AND MEMBERS OF THE COMMITTEE

My name is Elizabeth Meahl. I am writing to for support of HB2056, specifically Section 9 as it relates to the statewide Hawaii Healthy Aging Partnership throughout the state of Hawaii.

Since 2007, Hawai'i Healthy Aging Partnership has delivered evidence-based health promotion programs: Better Choices and Better Health (Stanford's Chronic Disease Self-Management Program) and EnhanceFitness statewide.

As a member of the Healthy Aging Partnership and T-Trainer/Leader for the Better Choices, Better Health I have seen some impressive results. Three different workshops are available in Hawaii: Chronic Disease, Diabetes, and Arthritis Self-Management. All are 6-week workshops that help participants learn skills to help manage their chronic health conditions and interact with their health care providers. Participants have shown more self-confidence, better coping skills, and a more positive outlook on their condition. In questionnaires completed six months after the last workshop session, participants have consistently reported:

- Exercising more
- Experiencing fewer symptoms
- Decreased number of visits to physicians offices, emergency rooms, and hospitals

Although I am not involved with EnhanceFitness I know the exercises are very helpful for building strength and preventing falls.

The strength of the Hawaii Healthy Aging Partnership is the coalition itself, made up of professionals and lay leaders from state, county, non-profit, and private agencies all working together to improve the health of seniors in their communities.

I ask for your support of the \$476,772 for fiscal year 20014-2015 for the Hawaii Healthy Aging Partnership to continue to implement these evidence-based, cost effective programs in Hawaii.

Mahalo

House of Representative Committee on Health

Committee Hearing on HB 2056 Friday, January 24, 2014 9:00 am, Conference Room 329

Chair Au Belatti and members of the House Committee on Health;

Thank you for this opportunity to testify on behalf of H**B 2056**. I am Jill Kitamura, Senior Program Director with the Moiliili Community Center Senior Center Program. I refer especially to **the Sections on** funding **Kupuna Care and the Senior Center programs and** note that we are **in favor** of both sections. The Moiliili Community Center is requesting \$50,000 for its Senior Center program.

I do not envy your task of setting priorities on what programs to fund with the numerous needs in the community and limited budget funds. Many of the programs under non-profits, like those assisting the elderly, face the anxiety of providing needed services to a rapidly growing aging population with funding that has remained the same for over twelve years, while costs keep rising.

The senior center programs at the different community centers (Catholic Charities – Lanakila Multi-Purpose Senior Center, Waikiki Community Center, & Kapahulu Center) help the senior to remain independent at home and in their community, a cost saving alternative to being institutionalized. Being socially involved keeps the mind active, exercise classes help with one's physical fitness, learning new things and the awareness of resources in the community -- all contribute to the well being of the senior. These seniors not only gain personally but contribute back to the community in many ways.

Kupuna Care Services are essential to helping seniors stay in their homes as long as possible. They provide important services, such as case management, transportation, bathing, meals, respite for the caregiver. Seniors can and will contribute for services, but many cannot afford the actual cost of these services. These lower income, gap group individuals will fail very quickly, needing institutional care earlier than if intervention services were readily available.

I urge you to seriously consider programs and services for seniors to be one of your priority areas.

Thank you for your kind attention. Jill T. Kitamura Program Director Moiliili Senior Center Moiliili Community Center 2535 South King Street Honolulu, Hawaii 96826 Ph: (808) 955-1555

From:	mailinglist@capitol.hawaii.gov
Sent:	Thursday, January 23, 2014 9:14 PM
То:	HLTtestimony
Cc:	michaelsumja@gmail.com
Subject:	Submitted testimony for HB2056 on Jan 24, 2014 09:00AM

HB2056

Submitted on: 1/23/2014 Testimony for HLT on Jan 24, 2014 09:00AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Michael Sumja	Individual	Support	No

Comments: You have already received very eloquent and complete testimony from Eldon Wegner of PABEA and Steven Tam of AARP and others explaining the provisions of HB2650, so I need not repeat this testimony. As a past chair of PABEA as well as past president of the North Kohala Senior Citizens on the Big Island of Hawaii (250 members strong), I wish to add my whole hearted support to this bill. This legislation is imperative for the survival of our seniors. While I realize that everyone considers their various bills before the legislature to be of utmost importance, HB2650 truly is a critical piece of legislation that needs to be passed NOW. Thank you for your consideration. Michael B. Sumja

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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Committee on Health

January 24, 2014 at 9 a.m.

Conference Room 329

SUBJECT: Written Testimony in support of HB2056, Section 9

TO THE HONORABLE AU BELLATI, CHAIR AND MEMBERS OF THE COMMITTEE

My name is Caroline Cadirao and I am writing to for support of HB2056, specifically Section 9 as it relates to the statewide Healthy Aging Partnership throughout the state of Hawaii.

Since 2007, **Hawai'i Healthy Aging Partnership** has delivered **evidence-based** health promotion programs; Better Choices and Better Health (Stanford's Chronic Disease Self-Management Program) and EnhanceFitness statewide.

Public Health Concerns:

- Aging population is rapidly increasing. By 2030, one in four residents of Hawai'i will be 60 years of age or older.
- In the U.S., 80+% of older adults (65+) have at least one chronic condition
- Two-third of Medicare beneficiaries have more than one chronic condition, and cost Medicare \$280 billion.
- Falls among older adults cost the U.S. health care system over \$30 billion dollars.

Better Choices Better Health (BCBH) is a 6-week workshop that offers tools to manage chronic conditions. Workshops are led by peer leaders who have one or more chronic conditions. The results are increased minutes of exercising each week, increased confidence to manage chronic conditions, better communication with health care professionals, and fewer physician visits, ER visits, and hospitalizations.

EnhanceFitness is an on-going exercise program that meets 3 times a week and consists of cardio, strength, balance, and flexibility exercises. The classes are led by nationally certified fitness instructors. Results include improved upper- and lower-body strength, improved balance and mobility, increased number of days of exercising per week, and fewer falls.

I ask for your support of the \$476,772 for fiscal year 20014-2015 for the healthy aging partnership to continue to implement these evidence based, cost effective programs in Hawaii.

Mahalo.

From:	mailinglist@capitol.hawaii.gov
Sent:	Thursday, January 23, 2014 4:45 PM
То:	HLTtestimony
Cc:	Tlenzer@hawaii.rr.com
Subject:	Submitted testimony for HB2056 on Jan 24, 2014 09:00AM

HB2056

Submitted on: 1/23/2014 Testimony for HLT on Jan 24, 2014 09:00AM in Conference Room 329

Submitted By	Organization	Testifier Position	Present at Hearing
Anthony Lenzer, Ph.D		Support	No

Comments: To: Committee on Health Re: House Bill2056 Hearing: Friday, January 24, 2014 9:00 a.m. Conference Room 329 Testimony in Support of House Bill 2056 Chair Belatti and members of the Committee: My name is Anthony Lenzer. I am Chair of the Legislative Committee of the Policy Advisory Board for Elder Affairs (PABEA). This Board advises the Director of the Executive Office on Aging (EOA), and advocates on behalf of Hawaii's older citizens and their families. My testimony reflects the views of PABEA, rather than those of EOA. PABEA strongly supports HB 2056, which contains a wide range of provisions affecting the well-being of Hawaii's older citizens. Among these are PABEA's five 2014 legislative priorities. These are: \$78,555 to fund a falls prevention coordinator position (part 1, section 3); a \$9 million appropriation for the kupuna care program (part 2, section 6); an appropriation of \$1,900,000 for the aging and disability resource center (part 2, section 7); an appropriation of \$476,772 for the healthy aging partnerships (part 2, section 9); and an appropriation of \$500,000 for an education and awareness campaign on long-term care, together with an independent evaluation of this campaign (part 3, section 12). HB 2056 contains other provisions that PABEA has supported in the past, and continues to support, although they are not on our current priority list. These include an Alzheimer's disease and related dementia services coordinator; grants to senior centers; and measures to prevent elder abuse and fraud. My testimony today is brief, in that it is only intended to identify PABEA's priorities, and to express our strong support for the funding requested in this bill. More detailed information about each of these priority issues will be provided, either for the current hearing or at a later date. Thank you for the opportunity to testify in support of HB 2056.

Please note that testimony submitted less than 24 hours prior to the hearing, improperly identified, or directed to the incorrect office, may not be posted online or distributed to the committee prior to the convening of the public hearing.

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