H.C.R. NO. H.D. 2

## HOUSE CONCURRENT RESOLUTION

REQUESTING THE LEGISLATIVE REFERENCE BUREAU TO CONDUCT A STUDY ON REQUIRING INSURANCE COVERAGE FOR THE DIAGNOSIS AND TREATMENT OF AUTISM SPECTRUM DISORDERS.

WHEREAS, autism is a complex developmental disability that is considered a spectrum disorder by health care professionals as individuals with autism spectrum disorders may share common symptoms with others similarly diagnosed, but the severity of their conditions can vary widely across the spectrum; and

WHEREAS, autism spectrum disorders currently include autistic disorder, Asperger syndrome, and pervasive developmental disorder not otherwise specified, which is also known as atypical autism; and

WHEREAS, those affected by an autism spectrum disorder usually show such symptoms as delays or difficulties with social interaction and interpersonal skills and verbal and non-verbal communication, and repetitive or obsessive behavior; and

WHEREAS, symptoms of an autism spectrum disorder generally begin before the age of three and can persist through adulthood; and

WHEREAS, health care professionals advise that early and intensive treatment efforts, especially applied behavior analysis, may greatly assist with developmental disabilities related to autism spectrum disorders and prevent an affected individual from becoming permanently dependent on family members or a lifelong ward of the State; and

WHEREAS, autism spectrum disorders are becoming increasingly prevalent in Hawaii, and treatment for these disorders places a huge financial burden on Hawaii families as

treatment is not presently covered by Hawaii health insurers; and

WHEREAS, extending insurance coverage to the diagnosis and treatment of autism spectrum disorders would provide much needed assistance to affected Hawaii families and improve the potential for those with an autism spectrum disorder to live a more productive life; and

WHEREAS, the potential benefits to individuals with an autism spectrum disorder and their families would equally benefit the State by creating long-term savings as a result of positive treatment outcomes that would seem to outweigh the short-term costs; and

 WHEREAS, Senate Bill No. 2631, S.D. 2, introduced in the Regular Session of 2012, proposes to require insurance coverage for the diagnosis and treatment of autism spectrum disorders by accident and health or sickness insurers, mutual benefit societies, and health maintenance organizations; and

WHEREAS, twenty-nine states currently require that health insurers provide coverage for the treatment of autism spectrum disorders, and there is now cost data available to study the effect on insurance premiums of providing such treatment; and

WHEREAS, in 2010, the federal Patient Protection and Affordable Care Act was enacted, which requires that health insurance exchanges offer insurance coverage for essential health benefits, including behavioral health treatment; and

WHEREAS, in 2009, the Auditor submitted a report to the Governor and the Legislature entitled Study of the Social and Financial Impacts of Mandatory Health Insurance Coverage for the Diagnosis and Treatment of Autism Spectrum Disorders, an issue which the Senate Committee on Ways and Means recently requested the Auditor to revisit in consideration of the services proposed by Senate Bill No. 2631, S.D. 2, Regular Session of 2012, and the changes to insurance coverage required by the Patient Protection and Affordable Care Act; now, therefore,

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BE IT RESOLVED by the House of Representatives of the Twenty-sixth Legislature of the State of Hawaii, Regular Session of 2012, the Senate concurring, that the Legislative Reference Bureau is requested to:

(1) Assess the impact of the Patient Protection and Affordable Care Act on the proposal in Senate Bill No. 2631, S.D. 2, Regular Session of 2012, to require insurance coverage for the diagnosis and treatment of autism spectrum disorders by accident and health or sickness insurers, mutual benefit societies, and health maintenance organizations;

(2) Assess the impact such an autism spectrum disorder coverage mandate would have on programs financed by the State, including but not limited to the Hawaii Employer-Union Health Benefits Trust Fund and QUEST programs;

(3) Analyze the cost of providing insurance coverage for autism spectrum disorders in Hawaii, based on actual cost effects experienced in other states that require such coverage, to the extent of available information;

(4) Report information on the recommended clinical guidelines made by organizations such as the American Academy of Pediatrics, the United States Surgeon General, the National Institute of Mental Health, or the National Research Council for the treatment of autism spectrum disorders; and

(5) Provide information on autism spectrum disorder treatments for which other states mandate insurance coverage and the extent to which those treatments are required to be covered, including any assessments of the effectiveness of the mandate in identifying and treating patients in those states, to the extent of available information; and

BE IT FURTHER RESOLVED that the Administrator of the Hawaii Employer-Union Health Benefits Trust Fund and the Administrator of the MedQUEST Division of the Department of Human Services are requested to provide information and assistance to the Legislative Reference Bureau for the purposes of its study; HCR177 SD1 LRB 12-2604.doc



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BE IT FURTHER RESOLVED that the Legislative Reference Bureau is requested to report its findings and recommendations, including any proposed legislation, to the Legislature no later than twenty days prior to the convening of the Regular Session of 2013; and

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BE IT FURTHER RESOLVED that certified copies of this Concurrent Resolution be transmitted to the Director of the Legislative Reference Bureau, the Insurance Commissioner, the Director of Health, the Administrator of the Hawaii Employer-Union Health Benefits Trust Fund, and the Administrator of the MedQUEST Division of the Department of Human Services.

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