H.C.R. NO. 7

## HOUSE CONCURRENT RESOLUTION

ENCOURAGING THE JOHN A. BURNS SCHOOL OF MEDICINE AND THE SCHOOL OF NURSING AND DENTAL HYGIENE OF THE UNIVERSITY OF HAWAII TO INCLUDE BREASTFEEDING IN EDUCATIONAL CURRICULUM TO EDUCATE MEDICAL PROFESSIONALS TO ADVOCATE AND PROMOTE BREASTFEEDING AMONG EXPECTANT MOTHERS.

WHEREAS, according to the American Academy of Pediatrics,
 human breast milk is preferred for all infants, including even
 premature and sick babies, with rare exceptions; and

5 WHEREAS, according to the World Health Organization, a lack 6 of exclusive breastfeeding during the first six months of life 7 contributes to over one million avoidable child deaths each 8 year; and

10 WHEREAS, human breast milk is safe and contains antibodies 11 that help protect infants from common childhood illnesses, 12 including diarrhea and pneumonia which are the two primary 13 causes of child mortality worldwide; and

15 WHEREAS, recent studies show that babies who are 16 exclusively breastfed for the first six months are less likely 17 to develop ear infections, diarrhea, and respiratory illnesses 18 and may also be less likely to develop childhood obesity; and 19

20 WHEREAS, breastfeeding also benefits mothers by inducing a 21 lack of menstruation, which is a natural method of birth 22 control; reducing risks of breast and ovarian cancer later in 23 life; helping women return to their pre-pregnancy weight faster; 24 and lowering rates of obesity; and

26 WHEREAS, breastfeeding is inexpensive, convenient, and is 27 the food least likely to cause allergic reactions in babies; and 28



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WHEREAS, the act of breastfeeding contributes greatly to
 developing and cementing the lifelong bond between mother and
 child and also increases self-esteem in mothers; and

5 WHEREAS, breastfeeding reduces health care costs for both 6 mothers and their babies; and

8 WHEREAS, although almost every mother can breastfeed
9 successfully, those who might lack the confidence to breastfeed
10 need the encouragement and practical support of their families,
11 health care providers, and employers; and

13 WHEREAS, health care professionals play a crucial role in 14 providing the supportive education and encouragement necessary 15 to convince expectant mothers to breastfeed their babies; now, 16 therefore,

18 BE IT RESOLVED by the House of Representatives of the Twenty-sixth Legislature of the State of Hawaii, Regular Session 19 of 2011, the Senate concurring, that the John A. Burns School of 20 Medicine and the School of Nursing and Dental Hygiene of the 21 University of Hawaii are encouraged to include breastfeeding in 22 23 an educational curriculum to educate medical professionals to advocate and promote breastfeeding among expectant and new 24 mothers; and 25

27 BE IT FURTHER RESOLVED that certified copies of this 28 Concurrent Resolution be transmitted to the Dean of the John A. 29 Burns School of Medicine and the Dean of the School of Nursing 30 and Dental Hygiene of the University of Hawaii and the Director 31 of Health.

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