



Committee on Hawaiian Affairs Rep. Mele Carroll, Chair Rep. Maile Shimabukuro Wednesday, February 10, 2010

LATE TESTIMONY

**SUPPORT** 

Strong Support
HB 1818— Cognitive Restructuring with Native Hawaiians

Dear Chair Carroll and Members:

My name is Keala Paleka and I am in full Support of HB 1818.

I am a true testimony that cognitive restricting with Native Hawaiians is successful. I was in prisoned for 2 years for addiction. While being locked up, I taught myself the Hawaiian Language by memorizing a Hawaiian Dictionary. Studying different sentencing structures to improve my Hawaiian Language. Many of the old timers were the one helping me learn the Language and practice our traditions. I felt more in touch with my native roots and were I had come from. It had made me more discipline.

HB 1818 requires the Department of Public Safety to establish a reintegration pilot program that combines cognitive behavioral theory with Hawaiian holistic intervention that address domestic violence, addictions, self mastery through identity and community connections for successful transitions back into the community.

I was one of the few braddahs that had made it out. I am currently in rolled at University of Manoa and studying Hawaiian for my undergrad. There is a yearning for this type of program because we have so many kanaka maoli in the prisons that are on addiction. Once your in prison you have a lot to think about, banding together as Hawaiians made the transitional easier when I came out of prison. I ask this bill to be passed.

MAHALO KEKUA

John

**KEALA PALEKA** 

## Rep. Maile Shimabukuro

From:

Dara Carlin, M.A. [breaking-the-silence@hotmail.com]

Sent:

Tuesday, February 09, 2010 11:44 PM

To:

**HAWtestimony** 

Subject:

HB1818 to be heard on 02/10/10 at 10:00am by the House Committee on Hawaiian Affairs

Importance:

High

TO: Representative Mele Carroll, Chair

Representative Maile Shimabukuro, Vice Chair Members of the Hawaiian Affairs Committee

FROM: Dara Carlin, M.A.

Domestic Violence Survivor Advocate

881 Akiu Place Kailua, HI 96734 (808) 218-3457

DATE: February 10, 2010

RE: Strong Support for HB1818

LATE TESTIMONY

SUPPORT

Good morning. I am an independent Domestic Violence Survivor Advocate who is periodically contracted through Worknet, Inc. to provide domestic violence survivor education to women in the Life Styles program at the Women's Community Correctional Facility in an effort to help them avoid re-entering a domestic violence situation once they've completed their sentences and are released back into the community. There are other Life Style educators who address other issues the women will face as they move towards discharge and reintegration; I am proud to know them, honored to be of service and can tell you from experience that a pilot project such as being proposed by this measure WILL be successful and is incredibly valuable to those who are truly motivated and vested in living a crime-free life at release. The transition is NOT as easy one, however, and support services such as this one proposes will help to reduce the rate of recidivism by providing the detainees with the skills and coping mechanisms that they'll need to be successful as they reintegrate back into society.

Thank you for your consideration and attention.

Respectfully,

Dara Carlin, M.A.

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