# A BILL FOR AN ACT

RELATING TO COGNITIVE RESTRUCTURING.

### BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF HAWAII:

SECTION 1. The legislature finds that there is a
disproportionately high rate of arrest and incarceration among
young men and women of Hawaiian ancestry. Many of these
individuals are under forty years of age and should be provided
rehabilitation opportunities.

6 A promising approach to reducing recidivism and helping 7 inmates make the successful transition from prison to the 8 community is cognitive restructuring and transition programs 9 provided at correctional facilities. Such programs involve 10 self-examination of an inmate's belief system, criminal 11 addictive cycle, attitudes, and thinking patterns, and 12 development of relapse prevention plans for future situations. 13 The programs assist offenders in restructuring their thought 14 processes and teach cognitive skills that help with basic 15 decision-making and problem-solving. The goal of cognitive 16 restructuring is to guide offenders to consciously examine their 17 own thoughts by engaging in processes that develop self-control, thus making them responsible for, and in charge of, their 18 2010-1622 HB1818 SD1 SMA.doc 

1 actions no matter how stressful the situation. When combined 2 with strategies that help Hawaiian inmates get back in touch 3 with the values of their culture, cognitive rehabilitation can 4 help break the vicious cycle of crime and punishment, as 5 knowledge of Hawaiian traditions and cultural values have helped 6 many cope with social challenges.

7 The purpose of this Act is to authorize the department of 8 public safety to offer reentry/reintegration programs within 9 Hawaii's correctional facilities that include cognitive 10 behavioral therapy with cultural and other interventions to 11 address domestic violence, addictions, self-mastery through 12 identity, and community connections to promote the successful 13 transition from incarceration to the community.

14 The department of public safety may offer SECTION 2. (a) reentry/reintegration programs within Hawaii's correctional 15 16 facilities that offer cognitive behavioral therapy with cultural 17 and other interventions to address domestic violence, 18 addictions, self-mastery through identity, and community 19 connections to promote the successful transition from 20 incarceration to the community.

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1	(b)	The department of public safety shall implement this
2	Act with all new contracts for reentry/reintegration programs	
3	upon approval of this Act.	
4	(c)	The department of public safety shall submit an annual
5	report to the legislature on these programs in Hawaii's	
6	correctional facilities no later than twenty days prior to the	
7	convening of each regular session, beginning with the regular	
· 8	session of 2011.	
9	The annual report shall include but not be limited to:	
10	(1)	Descriptions of the various programs;
11	(2)	Criteria for access/entry to the programs;
12	(3)	The number of native Hawaiians who participated in the
13		programs;
14	(4)	The number of non-Hawaiians who participated in the
15		programs;
16	(5)	The number of native Hawaiians who completed the
17		programs;
18	(6)	The number of non-Hawaiians who completed the
19		programs;
20	(7)	The number of participants paroled/"maxed out";
21	(8)	Recidivism after three months, six months, nine
22		months, and one year; and
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1 (9) Successes and challenges in administering the 2 programs. 3 SECTION 3. If any provision of this Act, or the 4 application thereof to any person or circumstance is held 5 invalid, the invalidity does not affect other provisions or 6 applications of the Act, which can be given effect without the 7 invalid provision or application, and to this end the provisions 8 of this Act are severable. 9 SECTION 4. This Act shall take effect upon its approval.

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#### Report Title:

Corrections; Rehabilitation; Native Hawaiians

#### Description:

Allows the department of public safety to provide reentry/reintegration programs in Hawaii's correctional facilities offer cognitive behavioral theory with cultural and other interventions to address domestic violence, addictions, self-mastery through identity, and community connections for successful transitions back into the community. Effective on approval. (SD1)

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