

**SB 817**

# Hawai'i Alliance for Retired Americans

An affiliate of the Alliance for Retired Americans  
c/o AFSCME · 888 Mililani Street, Suite 101 · Honolulu, Hawaii 96813

AFT Hawaii Retirees  
HGEA Retirees  
HSTA – Retired  
ILWU Retirees  
Kokua Council  
Machinists Union Retirees  
UPW Retirees  
ADA/Hawaii  
Hawaii Family Caregivers Coalition

(Submitted by email to: [HMSTestimony@Capitol.hawaii.gov](mailto:HMSTestimony@Capitol.hawaii.gov) February 7, 2009)

Joint statement of Al Hamai, President, and Carol Nitta, Legislative Committee Member, Supporting SB 817, Relating to Senior Centers

## **Joint Hearing of the Senate Committees on Human Services and Health**

**February 10, 2008, 1:15 p.m. Conference Room 016**

Chair Suzanne Chun Oakland, and Members of the HMS Committee, and Chair David Y. Ige and Members of the HTH Committee,

We are submitting testimony on behalf of HARA in support of SB 817.

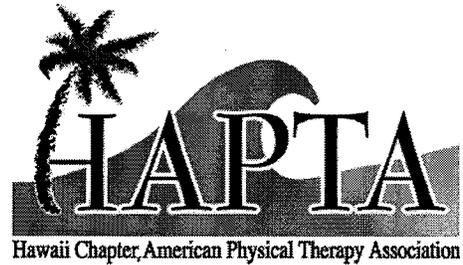
This bill appropriates funds to support the operations of certain senior centers so that they may continue to enhance the quality of life for seniors in their respective communities. Clearly these senior centers have provided valuable services to seniors, including informational, educational, cultural and social activities and programs that promote healthy lifestyles. Enactment of this bill will enable the senior centers to continue these significant activities and programs for seniors and promote the goal of helping seniors age in place.

HARA urges the Senate Human Services Committee and the Senate Health Committee to approve SB 817. Mahalo.

*HARA is a strong voice for Hawaii's retirees and seniors. HARA is an educator, a grassroots organizer, a communicator and a trusted source of information for decision-makers. HARA is a diverse community-based local organization with national roots where our members decide our priorities. We are 21,000 strong and growing.*

**Testimony by:  
Lucy Lessard, PT**

**SB 817, Senior Centers  
Senate HMS/HTH Committees  
Tuesday, Feb. 10, 2009, Room 16 – 1:15 pm**



**Position: Strong Support**

Chairs Chun Oakland and Ige, and Members of the Senate HMS/HTH Committees:

I am Lucy Lessard, P.T., and Chair of the HAPTA Legislative Committee and member of the Hawaii Chapter – American Physical Therapy Association (HAPTA). HAPTA is comprised of 300 member physical therapists and physical therapist assistants employed in hospitals and health care facilities, the Department of Education and Department of Health systems, and private practice. Our members represent Hawaii at the national American Physical Therapy Association and are delegates for Pediatrics, Women's Health, Parkinson's Disease and other issue sections. We are part of the spectrum of care for Hawaii, and provide rehabilitative services for infants and children, youth, adults and the elderly. Rehabilitative services are a vital part of restoring optimum function from neuromusculoskeletal injuries and impairments.

HAPTA supports healthy lifestyles for seniors, and the provision of senior centers is central to the community network that promotes health in our elderly. Hawaii's population is aging, and it has a higher proportion of older aged persons than anywhere else in the nation. It is well reported that inactivity, a decreased social network and isolation can be responsible for geriatric depression, which in turn will lead to a decline in health. Physical activity in the elderly has been shown to maintain health and prevent falls, which are a major precipitant of hospitalization, general health decline and institutionalization.

It is in our collective best interests to keep our elderly engaged and active in a safe environment. Our senior centers provide that safe environment. The cost to keep the senior centers functioning will be more than offset with fewer admissions to our hospitals, and fewer elderly being placed in long-term care as they maintain their ability to live independently.

Thank you for the opportunity to provide testimony. I can be reached at (808) 547-6292 if there are any questions.



To: Senate Committee on Human Services  
Senator Suzanne Chun Oakland, Chair

Senate Committee on Health  
Senator David Y. Ige, Chair

Date: February 10, 2009 - Conference Room 016 – 1:15 pm

Re: **SB 817, RELATING TO SENIOR CENTERS**

Chairs Chun Oakland and Ige and members of the committees:

My name is Barbara Kim Stanton, State Director of AARP Hawaii. AARP is a membership organization of people 50 and older with nearly 160,000 members in Hawaii. We are committed to championing access to affordable, quality health care for all generations, providing the tools needed to save for retirement, and serving as a reliable information source on issues critical to Americans age 50+.

**We strongly support SB 817**, which would appropriate funds to support the operations of the senior centers named in this bill (Lanakila Multi-Purpose Senior Center, Kapahulu Senior Center, Moiliili Senior Center and Waikiki Community Center) so that they may continue to enhance the quality of life for seniors in their respective communities.

These four senior centers provide an invaluable lifeline to over 4,000 seniors by connecting them to vital services, such as transit, health and well being services, cognitive stimulation and social connectivity and enable them to age in place for as long as possible. Aging at home is the overwhelming preference of our residents.

It also makes good economic sense to keep seniors from entering nursing homes long as possible. The average cost of a nursing home is \$271 per day or an annual cost exceeding \$100,000. Not surprisingly our 2006 AARP survey revealed that 75% of Hawaii residents said they could not afford even one year in a nursing home. This has caused many to look to Medicaid as the payer of long-term care services, which ultimately would increase the financial strain on government.

Further, Hawaii has a woefully inadequate healthcare infrastructure to attend long-term care needs. Hawaii had the 2<sup>nd</sup> highest nursing home occupancy (94%) in the nation in 2005 and on any given day, the wait-list for nursing homes is on average 200 long-term care patients per day and sometimes as high as 275 on any given day, according to the Healthcare Association of Hawaii and the Department of Health.

For these reasons, we strongly urge you to support the appropriations to the senior centers. Thank you for the opportunity to testify.

TO: Senator David Y. Ige, Chair  
Senator Josh Green, Vice-Chair  
Committee on Health

Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Vice-Chair  
Committee on Human Services

FROM: **Cassandra Tesoro**  
Cassandra Tesoro, Executive Director

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: **Support of SB 817, Relating to Senior Centers**

Kapahulu Center is located in the middle of Kapahulu, serving the elderly for approximately 27 years. The program was first administered by the University of Manoa and later the Moiliili Community Center. Kapahulu Center became a 501(c)3 non-profit organization in 1996. **We strongly support this bill, with the following recommended change:**

- **Change SECTION 2, to state the names of the nonprofit organizations currently operating the senior centers:**
  - (1) Lanakila Multi-Purpose Senior Center through Catholic Charities Hawai'i \$337,000
  - (2) Kapahulu Center \$100,000
  - (3) Moiliili Senior Center through Moiliili Community Center \$125,000

This bill will provide funding for a network of senior centers on Oahu that provide vital health education and screenings, fitness, recreation, case management, and other services to enable thousands of senior citizens to maintain wellness, support independence and avoid costly institutionalization.

More than 400 seniors, ages 60 and older, participate in physical, social and educational activities. Such activities enable seniors to maintain healthy, independent lifestyles avoiding unnecessary and costly premature institutionalization. The Center provides a range of educational, recreational and social services, including:

- Over **15** educational courses, such as Foreign Language and culture.
- Over **24** recreational courses, such as Ukulele and Hawaiian Quilting.
- Health promotion and screening activities, such as monthly blood pressure checks and a variety of workshops.
- Opportunities for over **60** older adults to contribute their time and skills to the community through more than **1,500 hours of volunteer service** annually.

TESTIMONY IN SUPPORT OF SB 817

Chairs Chun Oakland and Ige:

My name is Anthony Lenzer. I am a Professor Emeritus of Public Health and former Director of the Center on Aging at the University of Hawaii. I am offering testimony on behalf of PABEA, the Policy Advisory Board for Elder Affairs, which is an appointed board tasked with advising the Executive Office on Aging (EOA). My testimony does not represent the views of the EOA but of the Board.

PABEA is in strong support of Senate Bill 817, which provides funding for grants to help support four seniors centers on Oahu. This bill rightly indicates that such centers provide invaluable services to seniors, which enhance their quality of life. However, the bill cannot convey what such centers really mean to their members. For many older adults, senior centers are "a home away from home." They offer opportunities for friendships and social support, which are especially important for those with few or no family members. They provide leadership and service opportunities, which enhanced the person's sense of dignity and worth. They challenge "old dogs" to learn "new tricks."

PABEA Recognizes the financial difficulties facing state government. However, it is important to recognize that the amount requested for these four senior centers - which serve thousands of older adults - is only enough to keep six older people in Hawaii nursing homes for one year! PABEA Hopes that the legislature will, to the greatest extent possible, preserve the social safety net on which so many in our community depend.

Thank you for the opportunity to testify on this important legislation.

Elders, age 60 and older, represent the fastest growing segment of Hawai'i's population. There are approximately 238,000 Hawai'i residents aged 60 and over, constituting 18.7% of Hawai'i's total population<sup>i</sup>. By the year 2010, this segment is projected to grow by 70% to 299,500 persons (or one in every five persons). And Hawai'i seniors have a longer life expectancy than those across the continental U.S. – 79.8 vs. 76.9 years<sup>ii</sup>.

**Stroke remains the third leading cause of death** in the United States.<sup>iii</sup> It is also the nation's leading cause of long term disability.<sup>iv</sup> It is estimated Americans will have paid about \$65.5 billion in 2008 for stroke-related medical care and disability.<sup>v</sup> An analysis of data on over 60,000 subjects determined that **even moderate exercise on a regular basis can lower the risk of stroke.**<sup>vi</sup>

According to the Bureau of Labor and Statistics survey, **only 2% of adults aged 75 and older were involved in exercise or recreational activity. Fifty-four percent spent their time watching TV.**<sup>vii</sup> It is well established that physical activity has a positive effect on physical health, activity also leads to better mental health and cognitive function.<sup>viii</sup> **Exercise can also reduce the risk of dementia by half, even in people who begin exercising in their 60s.**<sup>ix</sup> Exercise that comes in the form of recreational activities (i.e., hula, line dance, ethnic dance) can also have the same beneficent effects. **Older adults are more likely to self-refer themselves for exercise that comes in the form of a recreational activity (i.e., dance) and they are likely to continue in it for a longer period of time because it is enjoyable.** Lanakila seniors who participate in dance groups also have the added incentive of performing monthly for frail elderly living in institutions. This activity gives them a sense of purpose and usefulness that is essential to well-being.

**Loneliness has a negative impact on cognitive health and increases the risk of dementia.**<sup>x</sup> Researchers with the Rush Alzheimer's Disease Center discovered that patients with higher loneliness scores may be twice as likely to develop dementia.<sup>xi</sup> **In a study of seven senior centers in seven states, "over 90% indicate they have developed close friendships since coming to the senior center....86.9% of the respondents indicated that senior center friends provide them with emotional security."**<sup>xii</sup>

In general, the Center for Disease Control found that **physically active people have a lower health care cost than inactive people do.**<sup>xiii</sup> The average nursing home cost in the State of Hawai'i is between \$295<sup>xiv</sup> to \$306 per day.<sup>xv</sup> **For the approximate cost of institutional care for three frail elders, Lanakila Multi-Purpose Senior Center can provide a range of activities to serve well over a thousand older adults annually to help improve health and maintain wellness.**

Kapahulu Center and other senior center programs are cost-effective, preventive alternatives to institutionalization for older adults and give the State the opportunity to save money and to support the desire of older adults to remain independent in their own homes for as long as it is safely possible.

Kapahulu Center

Testimony on SB 817, Relating to Senior Centers

Committees on Health and Human Services

Tuesday, February 10, 2009 (1:15 p.m. Room 016)

Page 3 of 3

**We ask for your support of HB 324 with the recommended change.** If I can provide any further information, please feel free to contact me via phone at 808-737-1748 or via email at [ctesoro@hotmail.com](mailto:ctesoro@hotmail.com). Thank you for this opportunity to provide testimony.

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<sup>i</sup> Yuan, S., Karel, H., & Yuen, S. (2007). Hawai'i's Older Adults: Demographic Profile. Honolulu, HI, University of Hawai'i, Center on the Family, p. 2.

<sup>ii</sup> *ibid.*

<sup>iii</sup> "Impact of Stroke", American Stroke Association, [www.strokeassociation.org](http://www.strokeassociation.org), 1/11/09.

<sup>iv</sup> *ibid.*

<sup>v</sup> *ibid.*

<sup>vi</sup> Nano, Stephanie, "Fitness A 'Strong Predictor' Of Stroke Risk," Honolulu Advertiser, 2/23/08, page A5.

<sup>vii</sup> Gitlin, Laura N. Ph.D. "Importance of Activity: What the Research Shows in Support of Senior Center Programming", 4/18/08 Presentation to Pennsylvania Association in Senior Centers. p. 12. Reference: Bureau of Labor Statistics, American Time Use Survey.

<sup>viii</sup> Brody, Jane E., "Mental Reserves Keep Brains Agile," New York Times Online 12-29-07.

[www.nytimes.com/2007/12/11/health](http://www.nytimes.com/2007/12/11/health).

<sup>ix</sup> *ibid.*

<sup>x</sup> Wilson Ronald S, Krueger KR, Arnold SE, Schmeider JA, Kelly JF, Barnes LL, Tang Y, Bennett DA, "Loneliness and Risk of Alzheimer's Disease".

<sup>xi</sup> *ibid.*

<sup>xii</sup> Aday, Ronald, "Identifying Important Linkages Between Successful Aging and Senior Center Participation", March 2003.

<sup>xiii</sup> Executive Summary: "A New Vision of Aging: Helping Older Adults Make Healthier Choices," Center for the Advancement of Health, Washington, DC, March 2006, p. 1.

<sup>xiv</sup> "Isle's Nursing Home Costs Third Highest", Honolulu Advertiser, 7-1-08. AARP survey.

<sup>xv</sup> "Hawai'i Nursing Home, Assisted-Living Costs Higher Than National Average," Pacific Business News, 10-28-08. 2008 MetLife Market Survey of Nursing Home and Assisted Living Costs.

To: State of Hawaii, Senate  
**Senator Suzanne Chun Oakland, Chair**  
**Senator Les Ihara, Jr., Vice Chair**  
**Members of Committee on Human Services**

**Senator David Y. Ige, Chair**  
**Senator Josh Green, M. D., Vice Chair**  
**Members of Committee on Health**

**Public Hearing by Committees on Health and Human Services**  
**Tuesday, February 10, 2009 at 1:15 p.m., Conference Room 016**

Testifier's Name: Jill T. Kitamura  
Senior Program Director, Moiliili Community Center

**RE: SB 817 – Makes an appropriation for certain Senior Centers on Oahu**

Thank you for this opportunity to testify on behalf of Senate Bill 817.

Moiliili Senior Center (under Moiliili Community Center) and Lanakila Senior Center (under Catholic Charities Hawaii) are included in the State Executive Office on Aging budget (under the Department of Health) at the same funding level for the past 11 years, while operational costs continue to rise each year. Waikiki Community Center and Kapahulu Center also provide activities and services for seniors but are not recipients of monies through the DOH-EOA budget. Our major concern is with the funding cuts being considered by all State Departments. This is a difficult time economically, and therefore hard to balance the budget in consideration of the many needs in the community. As non-profit agencies, we face this daily.

At Moiliili Community Center, the appropriation we are requesting is less than half the cost of direct operational expenses. Our senior participants, on their fixed income are willing to put in a share of the costs, but many cannot afford to pay the full cost. Moiliili Community Center and the Senior Center program fund raises the rest of the costs. Without the assistance from the State, we would not be able to provide these activities and services at an affordable level to many. Do we want more seniors needing Long Term Care services for a longer period of time? At a very large cost to the State? Or do we want to keep them active and involved for as long as possible? At a total cost of about \$210 per person per year?

Senior Center programs are important in keeping seniors involved with others, with the community; assisting them to maintain their independence with information, resources and with maintaining their social, mental, and physical health. The exercise classes are the most popular – whether it is tai chi, or yoga, or stretching classes. Seminars are held regularly to keep people informed on various topics or resources. Research has shown that keeping the mind active is important: talking with others, mah jongg, soroban, line dancing, painting, are all fun ways to keep the mind active. It is also a place for caregivers to find some respite for themselves - taking exercise, ukulele, or a craft. Not only do participants gain better health, but find the socializing

aspect beneficial and enjoyable. The older seniors (in the 80's and 90's) serve as role models for the younger seniors, sharing and teaching them many things.

Last year, over 12,000 hours were put in by volunteers at the Moiliili Senior Center – through teaching or leading classes or groups, doing crafts for the Navy Marine Corps Relief Society's layette program; performing at Day Cares, Intermediate Care Facilities, and special events; providing community service; assisting in the office; working in the Thrift Shop; and assisting others at the Center. These are valuable assets but are not possible without someone to coordinate all these areas.

Our participants range in age from 60 to 101. They range in income from minimum to high. They range in physical abilities from the healthy hikers to those with walkers or canes. They range in mental abilities from the alert to early Alzheimer or dementia. They are many who cannot read or understand English well, and need assistance in day-to-day activities, letter reading or the filing of forms. Aside from the classes and activities, we provide one-to-one services, giving information and referral to community resources, assisting with transportation to the doctors, marketing assistance, and telephone reassurance. Without the subsidy, these services would end. They could not afford to pay the actual per unit costs, nor pay for translation services, nor for a taxi service. These seniors would not be able to access the benefits in the community.

I ask for your support for Senate Bill 817. Thank you for your time and attention.

Jill T. Kitamura, Program Director  
Moiliili Senior Center  
Moiliili Community Center  
2535 South King Street  
Honolulu, HI 96826  
Phone: (808) 955-1555  
Fax: (808) 945-7033



Board of Directors

February 6, 2009

Carolyn Gugelyk  
Chair

TO: The Honorable Sen. Suzanne Chun-Oakland, Chair  
The Honorable Sen. Les Ihara, Jr., Vice Chair  
Members of the Senate Committee on Human Services

Rick Egged  
1<sup>st</sup> Vice Chair

The Honorable Sen. David Ige, Chair  
The Honorable Sen. Josh Green, M.D., Vice Chair  
Members of the Senate Committee on Health

Susan Todani  
2<sup>nd</sup> Vice Chair

Faye Chiogioji  
Secretary

FROM: Joan Naguwa, Executive Director

Linda Lee  
Treasurer

RE: **SUPPORT OF SB817, RELATING TO SENIOR CENTERS**

Thomas Barlow, PhD

Hearing Date: Tuesday, February 10, 2009

Gregory Boxold

Time: 1:15 pm

Gregory Dunn

Place: Conference Room 016

David Givens

Dear Chairs Chun-Oakland and Ige and Members of the Committee on Human Services and Health

Maki Kuroda

David Lewin

My name is Joan Naguwa, Executive Director of Waikiki Community Center (WCC). Waikiki Community Center **strongly supports HB 324, Relating to Senior Centers**. We thank the Hawaii State Legislature for its efforts to provide needed support for Hawaii's growing elderly population.

Leona Nakaahiki

Jim Nishimoto

Jessica Rich

Waikiki Community Center is a nonprofit 501(c)(3) agency which has provided services to Waikiki's elders since 1978 and currently serves over 500 older persons each year. SB 817 provides funding a network of senior centers on Oahu that provide vital fitness, cognitive stimulation, social connectivity, education and case management that enable thousands of older adults to maintain wellness and age in place for as long as possible.

Sheri Rolf

Chris Tatum

Noel Trainor

Vivian Tsuji

Rodney Wong

Although all independent nonprofit organizations, we senior centers (Lanakila Multipurpose Senior Center, Moiliili Community Center, Kapahulu Center and Waikiki Community Center collectively provide more than 4,000 older adults with community-based focal point to receive needed services and activities that support their independence and avoid premature institutionalization, thereby saving the State of Hawaii over \$100,000 per person annually in long-term care costs. Waikiki Community Center provides a wide variety of over 80 educational, recreational and social services, including health screenings, financial education, physical fitness classes, information and assistance, counseling and case management by a licensed social worker.

Joan Naguwa  
Executive Director

310 Paoakalani Avenue  
Honolulu, Hawaii 96815  
Phone: 808 923-1802  
Fax: 808 922-2099

Waikiki Community Center, as well as its partner senior centers, utilize a preventative health, community-based model for services to older adults, with a focus on 3 major areas that national research documents as imperative to maintaining wellness among older adults: 1) Physical Activity; 2) New Learning or cognitive stimulation; and 3) Social Connectivity.



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The importance of this 3 pronged approach is based on the following evidence: The Bureau of Labor and Statistics states that only 2% of adults aged 75 and older are involved in exercise or recreational activity. Fifty-four (54%) percent spent their time watching TV. It is well-established that physical activity has a positive effect on health, leading to better mental health and cognitive functioning. Exercise also reduces the risk of dementia by 50%, even among people who begin exercise after age 60. WCC provides its seniors with physical fitness opportunities, such as hula, dancing, ping pong, etc.

According to research at the Rush Alzheimer's Disease Center, "Loneliness and Risk of Alzheimer's Disease", loneliness has a negative impact on cognitive health and increases the risk of dementia. In a study of 7 senior centers in 7 states, over 90% of seniors indicate that they have developed important close friendships at the senior center that provide them with needed emotional security. For the elders of Waikiki, this is especially important. Approximately 25% of Waikiki's 20,000 residents are over the age of 60 years old. Waikiki has one of the highest numbers of senior citizens per area density on Oahu. Waikiki elders live alone among a proliferation of secured, mixed residential condominiums, and are especially vulnerable to social isolation. The typical elderly resident is female, mid 70's, living alone, with little or no family support systems nearby. When they become frailer, they have little choices of independent living and are often unaware or confused by services available to support them. Waikiki Community Center's continuum of services, ranging from health maintenance activities to case management and counseling provide the needed support to these elders.

Waikiki Community Center and other senior centers are cost-effective, preventative alternatives to costly institutionalization. The investment in senior centers now by the State of Hawaii will save thousands of dollars of long-term care costs in the future.

Two of the senior centers named in this bill, Lanakila Multipurpose Senior Center, through Catholic Charities Hawaii, and Moiliili Community Center currently receive funding through the Dept. of Health and are included in the Executive Budget. However, both Waikiki Community Center and Kapahulu Center do not receive such funding and are not included in the Executive Budget. Without the appropriation requested, Waikiki Community Center and Kapahulu Center are in serious jeopardy of discontinuing its services to seniors in the community.

**We urge your support for the passage of HB 324.** Thank you for this opportunity to submit our testimony. If you would like further information, please feel free to contact me at 923-1802 or via email, [jnaguwa@waikikicommunitycenter.org](mailto:jnaguwa@waikikicommunitycenter.org).

February 10, 2009

To: Sen. Suzanne Chun Oakland, Senate Committee on Human Services Chair

Sen. Les Ihara, Jr., Vice Chair

Sen. David Y. Ige, Senate Committee on Health Chair

Sen. Josh Green, M.D., Vice Chair

Members of the Committees on Health and Human Services

From: Mary Guidroz

RE: **Support for SB 817, Relating to Senior Centers**

Hearing Date: Tuesday, February 10, 2009

Time: 1:15 PM

Place: Conference Room 016

Chairs and Members of the Committee:

Thank you for the opportunity to present testimony in **SUPPORT** of SB 817, Relating to Senior Centers. My name is Mary Guidroz and I am a member, participant and volunteer at the Waikiki Community Center. I am 86, nearly 87 years old, live by myself, and I have been a member for 12 years.

In the past I have participated in many classes including Line Dancing, taken various excursions around the island led by WCC staff and really been kept healthy by joining in the many educational and healthy activities at WCC. I am a diabetic and they bring in speakers to help me keep up with my diabetes. In addition, I really look forward to being with the many friends I have made and meeting new people. This has been a great part of my benefit from the Waikiki Community Center because I know people look for me to be there and look out for me if I don't show up.

The Social Worker helped me last year when I forgot to fill out my Medicaid forms on time and my benefits had lapsed. She helped me get those back right away and she helps me keep my other records current such as Medicare, and Food Stamps. The Waikiki Community Center is so important to me because I count on those services so I can stay living independently.

I support the Waikiki Community Center and I hope you will too by approving SB 817.

Thank you.

February 10, 2009

From: Jane Murray

To: Sen. Suzanne Chun Oakland, Senate Committee on Human  
Services Chair

Sen. Les Ihara, Jr., Vice Chair

Sen. David Y. Ige, Senate Committee on Health Chair

Sen. Josh Green, M.D., Vice Chair

Members of the Committees on Health and Human Services

RE: **Support for SB 817, Relating to Senior Centers**

Hearing Date: Tuesday, February 10, 2009

Time: 1:15 PM

Place: Conference Room 016

Chair and Members of the Committee:

Thank you for the opportunity to present testimony in **SUPPORT of SB 817, Relating to Senior Centers**. My name is Jane Murray and I am a member, participant and volunteer at the Waikiki Community Center. When I first came to the Center about 6 years ago, I knew few people but it was a great way for me to meet people and become involved in the WCC community.

At the WCC I have participated in helping disabled children and made quilts for care homes and other needy individuals. I volunteer to work on the Newsletter and other special mailings and fundraisers; I'm a member of the Telephone Tree to spread the word about the Center and what it offers.

I've participated in numerous trips and excursions to neighbor islands as well to all the Military Bases, the UH Medical School and many others. I currently volunteer at the Army Museum at the end of Waikiki. I've enjoyed in particular the Hawaiian Language classes. For me, the friendships have been especially important and meaningful.

In tough economic times even more people will be needing the services provided by the Waikiki and other Community Centers because of their accessibility, social connections, health and wellness emphasis and inviting neighborhood settings.

Thank you,

Jane Murray

February 10, 2009

To: Sen. Suzanne Chun Oakland, Senate Committee on Human Services Chair  
Sen. Les Ihara, Jr., Vice Chair  
Sen. David Y. Ige, Senate Committee on Health Chair  
Sen. Josh Green, M.D., Vice Chair  
Members of the Committees on Health and Human Services

From: Dawn Ward

RE: **Support for SB 817, Relating to Senior Centers**

Hearing Date: Tuesday February 10, 2009

Time: 1:15 PM

Place: Conference Room 016

Chairs and Members of the Committee:

Chair and Members of the Committee:

Thank you for the opportunity to present testimony in **SUPPORT of SB 817, Relating to Senior Centers**. My name is Dawn Ward and I have been a member, participant and volunteer at the Waikiki Community Center since 2001. I am a retired schoolteacher.

I have been involved in many aspects of the Waikiki Community Center and the impact WCC has had on my life is significant. I feel that it has been my vehicle to introduce me to people and experiences in the community as well as a catalyst for me to volunteer and share my life in a way that benefits others.

I enjoy participating in WCC's many activities and classes. I am an active volunteer with WCC and in the community. I have assisted with New Member Orientation and am a member of the Senior Advisory Council that provides ideas and feedback to WCC staff and works to create meaningful programs for our participants.

The Waikiki Community Center senior program continues to be a vital part of my life and provides me numerous opportunities to keep mentally sharp, socialize, stay physically fit and contribute to the community in which I live.

Please support WCC and the other Senior Centers by approving SB 817. I invite you to visit and talk with the participants and see for yourselves the many healthy, independent individuals who value the services and volunteer opportunities provided by Senior Centers.

Thank you for this opportunity to testify in support of SB 817.

Dawn Ward



## CATHOLIC CHARITIES HAWAII

TO: Senator Suzanne Chun Oakland, Chair  
Senator Less Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

FROM: Diane M. Terada, Division Administrator

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: **Support of SB 817, Relating to Senior Centers**

Catholic Charities Hawaii (CCH), is a tax exempt, non-profit agency that has been providing supportive home and community based services to elders since 1973 and currently serves approximately 5,000 older persons each year. **We strongly support this bill, with the following recommended change:**

- **Change SECTION 2, to state the names of the nonprofit organizations currently operating the senior centers:**
  - (1) Lanakila Multi-Purpose Senior Center through Catholic Charities Hawai'i \$337,000
  - (2) Kapahulu Senior Center \$100,000
  - (3) Moiliili Senior Center through Moiliili Community Center \$125,000

This bill will provide funding for a network of senior centers on Oahu that provide vital health education and screenings, fitness, recreation, case management, and other services to enable thousands of senior citizens to maintain wellness, support independence and avoid costly institutionalization and have a history of state funding.

Catholic Charities Hawaii has operated the Lanakila Multi-Purpose Senior Center since 1981. Lanakila Multi-Purpose Senior Center is a State owned facility that was built as a model senior center for the State of Hawaii in 1969. The Center provides a range of educational, recreational and social services, including:

- Over **40** educational courses, such as Basic English and Stretch & Tone.
- Over **80** recreational courses, such as Tap Dance and Japanese Minyo Dance.
- Sponsorship of **7** ethnic clubs that perpetuate ethnic traditions and promote cultural sharing.
- Health promotion and screening activities, such as monthly blood pressure checks, flu shot clinics, health fairs, and more.
- Annual special events for education and recreation purposes, such as Candidates' Fair and Aloha Festivals.

- Onsite access to professional counseling and case management services – a Catholic Charities licensed social worker is available to Center members and their caregivers to aid in the transition from independence to interdependence.
- Opportunities for over **350** older adults to contribute their time and skills to the community through more than **2,000 hours of volunteer service** annually.

The Center serves senior citizens, age 60 and older. By contract, it serves seniors living in the geographic area bounded by census tracts 38-66 (Kakaako - Nuuanu/Punchbowl – Downtown - Liliha/Kapalama - Kalihi/Palama - Kalihi Valley - Moanalua). Its priority is to serve those in greatest economic and social need, with an emphasis on serving low-income, minority elders. Therefore, seniors who live outside this geographic area and lack access to comparable services due to language, etc. are accepted on a case-by-case basis.

Elders, age 60 and older, represent the fastest growing segment of Hawai'i's population. There are approximately 238,000 Hawai'i residents aged 60 and over, constituting 18.7% of Hawai'i's total population<sup>i</sup>. By the year 2010, this segment is projected to grow by 70% to 299,500 persons (or one in every five persons). And Hawai'i seniors have a longer life expectancy than those across the continental U.S. – 79.8 vs. 76.9 years<sup>ii</sup>.

**Stroke remains the third leading cause of death** in the United States.<sup>iii</sup> It is also the nation's leading cause of long term disability.<sup>iv</sup> It is estimated Americans will have paid about \$65.5 billion in 2008 for stroke-related medical care and disability.<sup>v</sup> An analysis of data on over 60,000 subjects determined that **even moderate exercise on a regular basis can lower the risk of stroke.**<sup>vi</sup>

According to the Bureau of Labor and Statistics survey, **only 2% of adults aged 75 and older were involved in exercise or recreational activity. Fifty-four percent spent their time watching TV.**<sup>vii</sup> It is well established that physical activity has a positive effect on physical health, activity also leads to better mental health and cognitive function.<sup>viii</sup> **Exercise can also reduce the risk of dementia by half, even in people who begin exercising in their 60s.**<sup>ix</sup> Exercise that comes in the form of recreational activities (i.e., hula, line dance, ethnic dance) can also have the same beneficent effects. **Older adults are more likely to self-refer themselves for exercise that comes in the form of a recreational activity (i.e., dance) and they are likely to continue in it for a longer period of time because it is enjoyable.** Lanakila seniors who participate in dance groups also have the added incentive of performing monthly for frail elderly living in institutions. This activity gives them a sense of purpose and usefulness that is essential to well-being.

**Loneliness has a negative impact on cognitive health and increases the risk of dementia.**<sup>x</sup> Researchers with the Rush Alzheimer's Disease Center discovered that patients with higher loneliness scores may be twice as likely to develop dementia.<sup>xi</sup> **In a study of seven senior centers in seven states, "over 90% indicate they have developed close friendships since coming to the senior center....86.9% of the**

**respondents indicated that senior center friends provide them with emotional security.”<sup>xii</sup>**

In general, the Center for Disease Control found that **physically active people have a lower health care cost than inactive people do.**<sup>xiii</sup> The average nursing home cost in the State of Hawai`i is between \$295<sup>xiv</sup> to \$306 per day.<sup>xv</sup> **For the approximate cost of institutional care for three frail elders, Lanakila Multi-Purpose Senior Center can provide a range of activities to serve well over a thousand older adults annually to help improve health and maintain wellness.**

Lanakila Multi-Purpose Senior Center and other senior center programs are cost-effective, preventive alternatives to institutionalization for older adults and give the State the opportunity to save money and to support the desire of older adults to remain independent in their own homes for as long as it is safely possible.

**We ask for your support of SB 817 with the recommended change.** If I can provide any further information, please feel free to contact me via phone at 808-595-5901 or via email at [diane.terada@catholiccharitieshawaii.org](mailto:diane.terada@catholiccharitieshawaii.org). Thank you for this opportunity to provide testimony.

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<sup>i</sup> Yuan, S., Karel, H., & Yuen, S. (2007). Hawai`i's Older Adults: Demographic Profile. Honolulu, HI, University of Hawai`i, Center on the Family, p. 2.

<sup>ii</sup> *ibid.*

<sup>iii</sup> "Impact of Stroke", American Stroke Association, [www.strokeassociation.org](http://www.strokeassociation.org), 1/11/09.

<sup>iv</sup> *ibid.*

<sup>v</sup> *ibid.*

<sup>vi</sup> Nano, Stephanie, "Fitness A 'Strong Predictor' Of Stroke Risk," Honolulu Advertiser, 2/23/08, page A5.

<sup>vii</sup> Gitlin, Laura N. Ph.D. "Importance of Activity: What the Research Shows in Support of Senior Center Programming", 4/18/08 Presentation to Pennsylvania Association in Senior Centers. p. 12. Reference: Bureau of Labor Statistics, American Time Use Survey.

<sup>viii</sup> Brody, Jane E., "Mental Reserves Keep Brains Agile," New York Times Online 12-29-07. [www.nytimes.com/2007/12/11/health](http://www.nytimes.com/2007/12/11/health).

<sup>ix</sup> *ibid.*

<sup>x</sup> Wilson Ronald S, Krueger KR, Arnold SE, Schneider JA, Kelly JF, Barnes LL, Tang Y, Bennett DA, "Loneliness and Risk of Alzheimer's Disease".

<sup>xi</sup> *ibid.*

<sup>xii</sup> Aday, Ronald, "Identifying Important Linkages Between Successful Aging and Senior Center Participation", March 2003.

<sup>xiii</sup> Executive Summary: "A New Vision of Aging: Helping Older Adults Make Healthier Choices," Center for the Advancement of Health, Washington, DC, March 2006, p. 1.

<sup>xiv</sup> "Isle's Nursing Home Costs Third Highest", Honolulu Advertiser, 7-1-08. AARP survey.

<sup>xv</sup> "Hawai`i Nursing Home, Assisted-Living Costs Higher Than National Average," Pacific Business News, 10-28-08. 2008 MetLife Market Survey of Nursing Home and Assisted Living Costs.

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 81 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Community here, meeting people  
enjoy the programs - volunteering  
Staff very nice - I enjoy helping  
in the kitchen.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I would not know what to do.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Nobuko Hamada Nobuko Hamada

Address: 45-604 Keole St. Kaneohe 96744

Rep. Ken Ito, Sen. Jill Tokuda

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 87 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

Some exercise

" dance

" sing

" crafts

" cook

" play ukulele

" entertain at nursing homes, hospitals

" other interactions

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Seniors, especially ones that live alone; no social interaction, would cause more health problems.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Anita Hasegawa

Name:

Anita T. Hasegawa

Address:

1828 Young St. Hon., HI 96826

Rep CHOI  
Sen TALIQUETI

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 75 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Attend exercise classes  
Ethnic clubs  
Guest speakers on health, safety and ~~the~~ financial health, scam alerts*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*No associating with other seniors for fellowship  
No sharing knowledge & skills we acquired during our years of working*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Wilma Yee Wilma Yee

Address: 223 Jack Lane, Hon., HI 96817

Rep CHING  
SCU OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 82 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I am in the JAPANESE & OKINAWA CULTURE CLUB.  
I am also in various activities, such as the  
karaoke club. I have been a member, 10 yrs at the  
center.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I would lose in touch with all my friends  
at the center. I would have no where to  
go if the center closes.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: MAE M. YOSHIMURA Mae M. Yoshimura

Address: 1491 Mahiolo St Honolulu HI 96819

Rep Finlisen (R)  
Sen SAKAMOTO

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 81 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Attend the Lanakila Okinawan Club meeting new friends & old friends. Center has many activities such as Okinawa Dances, Karaoke, Line-Dance, Mahjong, Hula, and many more.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Louesome. No meeting place*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Annie Shimabukuro Annie Shimabukuro

Address: 2122 Apia Ln Hon., HI 96817

Rep CHANG

Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 62 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*To attend programs ~~and~~ get alot of help from the social worker regarding my <sup>Social Security</sup>. I attend hula classes also.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Without the help of Lanakila social worker, I wouldn't know how to answer the letters regarding my SS (social security)*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: X Maria Toraja P. Toraja Maria Toraja

Address: P.O. BOX 357 Kaneohe HI 96744

Rep. Kenneth Ito  
Senator Clayton Hee

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 91 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I have some place to go and things to do. I come to the center 3 times a week. The center helps me with exercising in order to keep healthy.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*If there was no center, i'll just stay home and do nothing.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

*Mabel Chock*

Name:

*Mabel Chock*

Address:

*71 Kawanana Kea Place, Honolulu, HI. 96817*  
*Rep. Corinne Ching*  
*Sen. Suzanne Chun Oakland*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*With the center what are we suppose to do. No one to talk, no place to exercise and not in the mood for anything. Here we have friends, learn things to do. talk stories and lots of laughs.*

*There no place like Lanakila Senior Center.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Sad & lonely. No singing no learning music and no friends.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center. a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Lilly Y. Ihara Lilly Ihara

Address:

1232-A Hala Dr.  
1232A Hala Dr., Hon., HI 96817

Rep CHUNG  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*

*Enough at least to keep us going for the time being \$337,000*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Comradie, Learning, Socializing,  
and update on recent happenings and  
events.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*A lot of the senior citizens will  
have to find other means of interacting  
with society.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Helen Ojiri Helen Ojiri

Address:

435 Haweo Place  
435 Haweo Pl., Hon., HI 96813

Rep Luke  
Sen Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 82 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I GET DAILY EXERCISE FROM LUK TUNG KUEN AND TAI CHI. I PLAY MUSIC - THE BASS FIDDLE - AND ENTERTAIN THE VARIOUS NURSING HOMES, ADULT DAY CARE CENTERS + CARE HOMES THROUGHOUT THE ISLANDS. I SOCIALIZE AT THE VARIOUS ETHNIC CLUBS.

I am a Lion's Club member.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I COULDN'T BE DOING ALL THE THINGS THAT I DO. I WOULD MISS THE SOCIALIZING AT THE CENTER.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Eddie Ah Yat Eddie Ah Yat

Address: 1657-A ALANEO ST. HON. HI

I AM A CONSTITUENT OF  
SEN. SUSAN CHUN OAKLAND  
REP. CORINNE CHING

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I am a member of the center for many years. I am active in the various culture club such as, OKIUIKAI Club. I stay active & healthy as a member at the center.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

All my friends are at the center, I would have nowhere to go, I would be left alone.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Yoshiharu Tengan Yoshiharu Tengan

Address:

2951 NUMANA ROAD 96819  
2951 Numana Road, Hon., HI 96819

Rep. JOAN MIRALDO  
Sen. Donna Mercado Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)  
RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:  
MY HEALTH + PHYSICAL WELL BEING IS BETTER BECAUSE OF TAI CHI THAT I DO AT THE CENTER. I ALSO DO LUK TUNG KUEN FOR EXERCISE. I KEEP MY BALANCE BETTER THROUGH THESE EXERCISES THAT I DO AT LANAKILA. I COME TO SOCIALIZE AND TAKE MY HUSBAND TOO.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:  
I WOULD STAY HOME AND HAVE NOTHING TO DO.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Thelma Y Wong Thelma Wong

Address: 7761 Aulie St., Hon., HI 96817

I VOTE.

REP. CORINNE CHING

SEN. OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 67 years old and a member of the Lanakila Multi-Purpose Senior Center.

**Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.**

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*They provide counseling, camaraderie, friendship & education to many of the seniors who have no family or are alone. They also provide exercise classes to keep the seniors moving, healthy and active.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Devastating to the many seniors & the community in which they live - It will also impact the budget by requiring more state services & health facilities.*

**Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community!** Thank you.

Sincerely,

Name:

Joyce Wong Joyce Wong

Address:

523-2 Pepeekeo Sh

*Vote every 2 year* Representative  
*Gene Ward ?*  
Rep Berg  
Sen SLOM (R)

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I HAVE A PLACE TO GO EVERY MORNING + MEET  
3 OTHERS OF MY AGE + OLDER, WITH OTHER  
MEMBERS OF THE CENTER. IT TAKES UP AT LEAST  
HALF OF MY DAY + USES UP MY TIME. I GET TO  
GO ON EXCURSIONS, DO DIFFERENT KINDS OF ACTIVITIES  
AND HAVE ALL THESE READING MATERIALS AROUND.  
WHEN I READ, IT KEEPS MY MIND ACTIVE.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I WOULD STAY HOME AND VEGETATE AND GET OLDER  
+ DO NOTHING + HAVE NO PLACE TO GO.

*Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.*

Sincerely,

Name:

Henry Machado, Jr.

Address:

1806-B Han St. 96817

Henry Machado, Jr.

Rep Chair

Sen Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 71 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Participate in exercise classes such as Beginning Stretch, Walking Group, yoga to keep the body healthy, strong and flexible. Mah Jong and Noice Ukulele works the mind and keeps Alzheimer from setting in. There are excursions and Gourmet lunches that are planned/scheduled that a person on their own will never go to. There are club activities/entertainment to keep the mind and body active.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Become a couch potato, mind and body wasted. Miss all the wonderful people at Lanakila Center - staff and friends.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Phoebe Kimura

Address: 647 Kaimanui Lane, Apt 215 - Honolulu, Hawaii  
Rep. Corinne China, Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I come every day & participant in the different activities. Still learning to play Ukulele w/ a Sr. instructor.*

*I am happy with being with others not just family. I like the socialization and learning about different ethnic group foods.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I would have to find something else to fill my mornings - this it would be very hard to replace Lanakila.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

*~~Maria~~ Artis* Maria Artis

Address:

1657 Alano St., Hon., HI 96817

Rep. Corinne Ching  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 65 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*  
✓ \$337,000.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

1. Social Interaction, so important to seniors & others.
2. I cannot stress enough the cultural education!
3. Health & safety talk, firemer, police, medical, etc.
4. It's just plain good sense.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

✓ 10: there just no money, however they all boil down to pay now or invest now or pay a great deal more later.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

William H. Madigan William Madigan

Address:

545 Queen St Honolulu, Apt 210 96813

Voted in 2008:

Rep. Tom Brower  
Sen. Brickwood Galuteria (I voted for him).

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 89 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*friendship. talk story. learn how to dance.  
enjoy the exercising classes. I am  
healthier for coming here. I am happy  
and enjoy the friendship. Lots of laughter.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Elizabeth Farias Elizabeth Farias

Address: 2402 Tantalus Dr. Honolulu 96813

Rep. Sylvia Luke  
Sen. Carol Fukunaga

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 68 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Gives me time to be away from home and good comradeship. I like helping other seniors. I enjoy being myself and everyone accepts me like that.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I won't have any place close by to go.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

*X M/lan Chy Gloria Chong*

Address:

*1233 Hala Dr. Honolulu 96817*

*Rep. Corinne Ching  
Sen. Suzanne Chun Oakland*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

- 1- Friendships -
- 2- Involvement to Serve
- 3- Reason to Schedule Events
- 4- Reason to Wake-up each day
- 5-

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Disasterous,*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

*Patricia Warren*

Address:

*1001 N. School St 621*

*Honolulu 96817*

*Rep. Corinne Ching, Sen. Chun Oakland*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 77 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*It helps me by being active and enjoy myself. Fellowship with these nice members of the center.*

*I'm glad to attend the Center.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I had to look for other places to keep myself busy.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Eleanor Miura

Name: Eleanor J Miura

Address: 2407 Kula Kōlea Dr Hon., 96819

Rep Mizuno  
Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 70 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*

\_\_\_\_\_.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:  
I AM A VOLUNTEER TAISHO KOTO INSTRUCTOR. THROUGH MUSIC STRANGERS BECOME FRIENDS AND AS THEY GET TO KNOW EACH OTHER, THEY START HELPING EACH OTHER. WE SOMETIMES VISIT CARE HOMES TO PERFORM AND SHARE THE JOY OF MUSIC. LANAKILA MULTI-PURPOSE SENIOR CENTER IS A COMMUNITY WHERE SENIORS CONTINUE TO LEARN. I STRONGLY HOPE THAT SUCH A PLACE WILL NOT BE CLOSED BECAUSE WE AS SENIORS HAVE A LOT TO OFFER, EVEN THOUGH OUR BODIES AND MINDS ARE DECLINING AS WE AGE. PLEASE DO NOT CLOSE THE CENTER.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

WHERE WOULD THOSE 2000 MEMBERS GO?

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: YASUKO TAKEUCHI

Address: 543 ULULANI ST. KAILUA, HAWAII 96734

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 73 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I'm kept very busy with the different activities such as Luk Tung Kuen, Kiatsu, Lei making and volunteering, especially volunteering, I just love it. The main reason why I'm at Lanakila, is to get over the grief I had over losing my husband five years ago. The doctor told me that I have to keep busy and go out everyday to get over the grief I was suffering or else, he was going to prescribe antidepressants to me. I'm out everyday, meeting the various members at Lanakila and socializing and learning the different activities. Doing the volunteer work, I learn so much and also since I was a secretary before, I love to do office work, especially filing so that takes up time during the day. The reason why I took lei making is because my granddaughter is graduating in June and I'm learning to make these beautiful ribbon leis. The exercising helps me a lot mentally and physically. And meeting such nice members and nice office staff, I'm just elated to be here.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I would be so lost, then I wouldn't be able to participate in these activities and I wouldn't be able to work with such nice staff people and members. I would be so depressed, I wouldn't have been able to get over this grief and maybe have to take medication.

*Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.*

Sincerely,

Name: Evelyn P. Kuromoto Evelyn Kuromoto

Address: 88 Piikoi Street, #2405 Honolulu, Hawaii 96814

Yes, I vote.

Rep Brewer  
Sen Galuteria

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 68 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*  
\$337,000.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

Helps to keep me fit (mentally & physically) and with the very informative presentation speeches on health, safety, management of assets, etc. — are very ~~enjoyable~~ educational. Classes, too, are ~~enjoyable~~ not only enjoyable, but also very educational.  
Without the center, I would be being nothing & would ~~generally~~ not stay at home!

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

J. Sugihara Jean Sugihara

Address:

704 N. Kuakini - P.  
704 N. Kuakini St., Hon., HI 96817

Rep Luke  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 80 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I get my exercise here  
I do crafts  
I get to meet friends & socialize w/ them  
Go on excursions.  
Have lunch w/ friends  
Learn how to keep healthy by eating healthy  
and keeping active.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Great - as I wouldn't have any place to go  
- would miss my friends, my exercise, etc.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Gwen K. Perry Gwen Perry

Address:

1563 Kalaepda Dr, Hon, HI 96819

Rep. MIZUHO  
Sen. Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: **Support of SB 817, Relating to Senior Centers**

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.

I'm 78, music and all what I do at Lanakila keeps me young. As soon as I came senior citizen I joined Lanakila. I started playing music when I came here and they had hula. Then I started my own ukulele class even though I hadn't played long time - I ended up teaching. We go out every month to perform at nursing homes, care homes and hospitals. I only knew a little hula before I took classes at Lanakila. Then I'd dance and hula with them, too. Music and dance makes us happy. The hula keeps the body healthy and kept me young. And make lot of friends here.

If this place were gone, the older folks poor thing! The students (mine, the seniors), they come early and it's good for their mind, not just to sit. What they gonna do without it? They would be sad I think. The nursing home patients are so appreciative of our entertainment, very happy. If the Center were gone, they wouldn't have that. And it save them (nursing homes) lot of money, too, as they don't have to pay for the entertainment. We give them joy and happiness. The patients are smiling.

Ellen Kong, age 78 (still singing, dancing, teaching ukulele and performing)  
1135 Kaumailuna Place  
Hon., HI 96817

I vote and my Rep. is Corinne Ching. *Sen. Chun Oakland*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

*Ellen Kong*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

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RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000

I'm 81 year old (year of the ox). I was born and raised in Hana, Maui. My husband was a policeman in Maui and I followed him to Honolulu. I've been a member at Lanakila 10 years and I love it, love it, I join all the clubs. At the clubs I learn about their culture, understand little bit about their language, join in their singing. The speakers are very helpful. Most of our seniors ride the van here, so it's safer. I'm the President of the Portuguese Cultural Club. My club members love this center: they have no other places to go! They eat lunch here and they learn exercise, how to take care of their body, their health. They love it!

I talked to some of the older ones, and they said if this place closed down they would stay home, look at the walls and cannot walk no more.

Ellen Kahalehoe, age 81  
444 Kauhane Street  
Hon., HI 96813

I vote every year, I even work at the precinct in Papakolea for 5 years. My Rep. is Sylvia Luke. *Sen. Carol Fukunaga*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely, *Ellen Kahalehoe*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000

Yoshimori "Mori" Miyashiro, I'm 82, I was a farmer, hog raiser. I grew up in Ewa. I come to Lanakila Monday through Friday. Nothing to do at home, so I come here everyday. I'm a widower, live all by myself. I go to Okinawa and Japanese Club. I'm in good health, take no medication. Before I used to walk everyday to the Center. But I was hit in the crosswalk and now too old. So I walk half-way, half-way catch the bus.

Here I meet all my friends. I used to go Ala Moana but hardly meet anybody. Here I see him (points to "Slim" and smiles).

Yoshimori "Mori" Miyashiro (82 yrs. old)  
1420 C Kam IV Road  
Hon., HI 96819  
I vote every year. Donna Mercado Kim is for my area.  
Rep. John Mizuno

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Yoshimori Miyashiro

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 64<sup>3/4</sup> years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*It has helped me so much due to my health issues I have a brighter look in life. LMPSC means so much personally to me to mingle with all of the seniors is so uplifting. A center like this is very beneficial in many ways. I have learned a lot, for this center also educate us seniors. For the length of time I've joined this center my mental & physical condition has improved!*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*There would be no stress release, depression sets in, health issue escalates, family will miss my classes, friends, staff - I'll be so sad. I'm sure I'm not the only one that will feel the loss!!*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Uelen L. Castellan Helen Castillon

mailing  
Address: P.O. Box 17136 Hon Uki 96817  
2527 Hoenui st., Hon, HI 96819

Rep M2040

Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.

I'm 92 years old, I was grew up on Kunawai Lane (Liliha). I've been a member since I was 50 years old (back then, you could be younger and join the senior center). The center keeps me busy and I stay younger. You can't tell me I don't look younger. If everybody can do that, they can enjoy the center. You don't want to stay in care homes and all you see if the disabled who can't do things. You rather come here. I come 2 days a week. I used to come more times a week and do karate, hula with Aunt Mary Cash and Alii`manu O`kai. I used to go out to perform, too. I joined the cultural clubs even when I was on crutches. I've been in a wheelchair 2 years now, but I have to come to the Center at least twice a week. I still run bingo for my Hawaiian Club for 30 years now.

If this place shut down, it would be horrible! My brother passed away this Monday. Today I just had to get out of the house and be here.

Annie Hinch, age 92  
842 Kunawai Lane  
Hon., HI 96817

I vote every year. Rep. Ching is for my area. *Sen. Suzanne Chun Oakland*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

*Annie T. Hinch*

Ann Hinch

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 92 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

IT MAKES ME STILL STRONGER, ACTIVE, LIVELY, & HAPPY. I FEEL SAFE AT LANAKILA, MY FAMILY KNOWS THAT I'M SAFE HERE. I STILL GO OUT TO ENTERTAIN WITH THE HULA CLASS AND WE MAKE PEOPLE IN THE NURSING HOMES HAPPY. I GET MORE EXERCISE HERE SO IT KEEPS ME HEALTHY SO I FEEL I CAN LIVE TO 100 THE WAY I FEEL NOW. I DON'T FEEL AS THOUGH I'M 92 - THE CENTER KEEPS

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I WOULD BE FEELING SO LOST & LONELY & I'D GROW OLDER, FEEL MY AGE & WOULDN'T LIVE TO 100 YRS. OLD. →

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Sally P. Bosuego

Salud "Sally" Bosuego

Address:

2930 KALIHI ST. HON., HI 96819

YES, I VOTE.

SEN. CHUN - OAKLAND

REP. JOHN MIZUNO

Page 1

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*We meet new people, we learn about others and their lives and talked about our life experiences, we laugh, which laughter is the best medicine.*

*Professional speakers come to this center who inform and educate the members on the latest topics on health which the center have an annual health fair, identity theft, speakers from the police department, fire department current legislative issues that concern the elderly (over)*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*We will be staying at home and deteriorate real fast. And next you know, we will be using a cane and walker, than unable to walk, than in the nursing home*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Jane S. Higa

Address:

1116 Halona St.

Rep. Corrine CHUNG  
Sen. Chun Oakland

VOTE (YES)

Dacl

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 88 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I WAS TOLD TO KEEP ACTIVE BY MY DOCTOR BECAUSE I HAVE PROBLEMS WITH MY LEGS, OTHERWISE, I WOULD BE MORE DEPENDENT. I TAKE UKULELE AND I GO OUT TO ENTERTAIN OTHER PEOPLE IN NURSING HOMES, CARE HOMES & ADULT DAY CARE CENTERS. I TAKE HULA LESSONS & THAT HULA LESSON TEACHES ME THE HAWAIIAN LANGUAGE. WE GET TOGETHER & SOCIALIZE WITH EACH OTHER. WE PERFORM FOR OTHER PEOPLE TOO. I COME TO THE TAP DANCE CLASS. THE TAP CLASS IS SURE A GOOD EXERCISE CLASS. WE COME HERE ALMOST EVERYDAY JUST TO CHIT-CHAT WITH PEOPLE - ALL THE <sup>WAY</sup> FROM AIEA.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

WE WOULD HAVE TO LOOK FOR ANOTHER PLACE - JOIN A DIFFERENT GROUP. WE WOULD MISS OUR FRIENDS HERE. WE WOULD HAVE TO DO MORE YARD WORK TO GET EXERCISE.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Violet C. Ho Violet Ho

Address: 99-655 Aiea Hts Dr

Aiea, HI 96701 sen. David Ige

I do Vote.

~~Mark Takai~~ is my Representative  
Blake K. Oshiro

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 74 years old and a member of the Lanakila Multi-Purpose Senior Center.

**Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.**

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Now retired living a simple life, joined Lanakila to continue to build a strong healthy friendship besides family my family. The enjoyment of meeting seniors like having discussions or conversation about the same problems help me feel worth while living way more than anything. Our programs consist of fire, Police, National Security, Banking departments & many more. Health is Number One HMSA, Aloha Care Kaiser & etc. gives us useful information besides reading in papers or TV. Social services. Our staff members are very alert, open & helpful in giving us seniors immediate care when needed -*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*what seemed to be empty & hostile becomes joyful & exciting with blessed staff & volunteers.*

**Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community!** Thank you.

Sincerely,

Name: Margaret Amano Margaret Amano

Address: 1538 Hanai Loop  
1538 Hanai Loop, Hon, HI 96817

Rep Mizouo  
Seu Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Center Funding

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.

I'm 80 years old, and I think exercise and volunteering keep me young. I was born in Lahaina. I joined last year. I've taken exercise, hula and Okinawan dance and Kiatsu (exercise/stretch). I've also volunteered at reception desk, Candidates' Fair, Show & Sell bazaar. So far my health is good and I feel good. I also joined the Okinawan Club. The Club creates togetherness with the Okinawan people, enjoying the program with the dances and the music. The speakers are interesting, tell us things one should listen to them - things like pedestrian safety & FDC digital TV conversion). I think the older folks get companionship, friendship and I think the Center is really an enjoyable place to come to spend half a day, a place we couldn't do without. I live with my oldest sister now (she's 88).

If this place shuts down, they, the older ones, would all fall apart. They wouldn't know what to do and they'd probably get sick. I guess I would just spend my time riding the bus and go window shopping... but I really like Lanakila the best, my favorite.

Sakae Nakata, age 80  
263 Puuhale Road  
Hon., HI 96819

I voted last year.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Sakae Nakata

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Center Funding

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.

I am 65 years old. I've been a member for 5 years (I couldn't join until I turned 60). I came to be a member because my mom was a member for many years and she kept encouraging me and I wanted to spend time with her. I could see my mom engaged in a lot of diverse activities at Lanakila. I think this place is a big part of her health: she keeps up her appearance because of seeing her friends. She looks forward to coming here. I think even my grandmother and aunt may have come here, too. For my age group, I get camaraderie and I'm president of the Hawaiian Cultural Club. I was raised to be very conscious of the seniors. Everytime I come here it's a learning experience: I look at our seniors as a fantastic natural resource - they know so much more than I will ever know. They were CPAs, they held important positions - the Center also could not run without their volunteerism. I find it relaxing here.

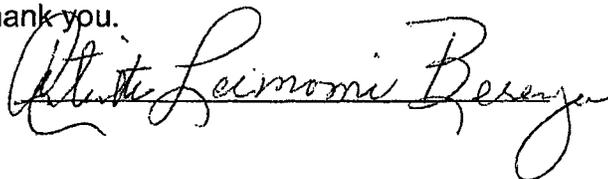
A lot of the older folks would deteriorate quickly if this place were gone. A lot of them have no other alternatives where to go, what to do. They have a routine, a secure environment here. One of the older ladies always says, "I feel so safe here." Older ones feel threatened, you know, they need routine and a safe place. Here everyone is on the same wave length.

Antoinette Leimomi Berengue, age 65  
1959 Umahu Place  
Hon., HI 96819

Sen. Donna Mercado Kim is my area. My Rep. is John Mizuno. And I vote every time they have an election ever since I was eligible to vote.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,



Testimony for HMS-HTH 2/10/2009 1:15:00 PM SB817

Conference room: 016  
Testifier position: support  
Testifier will be present: Yes  
Submitted by: Dolly Malia Isaia Tatofi  
Organization: Individual  
Address: 3434 Kalihi Street Honolulu, HI.  
Phone: 499-7686  
E-mail: [disaia@hawaii.edu](mailto:disaia@hawaii.edu)  
Submitted on: 2/6/2009

Comments:

I am an MSW student from UH-Manoa and I am currently doing my practicum at the Lanakila Multi-Purpose Senior Center and I am in support of bill SB 817.

I feel that this center as well as other Senior centers provide many benefits to not only the Seniors but to the community as well.

By the year 2030, we are going to see that 1 in every 5 people be kupuna.

I feel that when Lanakila was started in 1969 due to the Older Americans Act of 1965, we had an intent to take care of our kupuna. We had this intuition and sense of responsibility to care for our kupuna as they have cared for us. This is pono. This would be the right thing to do. And obviously we had done something right because now we see that we have kupuna living until they are one hundred or more.

When I am at the center I see how happy it makes the kupuna as this place gives them a sense of hope when they lose a spouse, it keeps them healthy through social and structured activities, it keeps them educated and safe through workshops and presentations, this center overall gives them a sense of place. Just knowing that there is a place that you can go to where people care for you and need you gives you this sense of hope that there is life after 60 years old.

Please keep these Senior Centers open by supporting bill SB 817.

## Testimony of Jim Shon

**RE: SB 817 RELATING TO SENIOR CENTERS**

**Committees: Human Services/Health**

**February 10, 2009 1:15 Room 016**

**I support this bill.** Senior Centers are one of most effective, community based delivery systems for seniors living at home.

### **Summary of Rationale:**

- There are not enough services for seniors. See attached unmet needs for Honolulu.
- Investing in Senior Centers not only provides needed services not covered in health insurance, it also infuses the economy with jobs and cash.
- Investing in Senior Centers is the most cost effective way to address the needs of Kupuna in a year when other, more expensive strategies, are not possible until economic recovery.

### **Supporting Data**

1. Data from the UH Center on the Family indicate many seniors need some form of assistance, and the number is growing far beyond Hawaii's ability to respond.

### **General Observations re Hawaii's 60+ population:**

- **The 2000 census estimates approximately 250,000 seniors 60+. The non-institutionalized population is 203,000.**
- **Hawaii's 60+ population stats are similar to national stats, and thus national data are relevant for determining many of the costs and trends for Hawaii;**
- **About 75% own their own home, meaning they do not necessarily need assisted living IF services can be delivered to their homes.**
- **37.5% have some disability, or 93,750 (about 30,000 between the age of 60+ and 65+ have some disability).**
- **Hawaii's 60+ population has a higher percentage of language barriers (11.2%) vs. the national average (4.1%)/**
- **Nearly 18% have no source of transportation (about 36,540). Even in households with more than one, this rate is nearly 16%.**
- **About 28,000 living at home have a sensory disability.**
- **About 40,000 cannot easily leave home (a 'go-outside-of-home disability')**
- **About 22,000 have a mental disability.**

### **General Observations re Hawaii's 65+ population:**

- **About 172,000 65+**
- **Slightly higher % of population than national average (13.6 vs. 12.4)**
- **Slightly higher % of all households (23.1 vs. 21.5)**

- **Much higher % living with grandchildren under 18 years (12.3 vs. 4.4)**
  - **About 36% have some disability, or about 62,000.**
- According to a 2007 study by the Hawaii Legislative Reference Bureau, “Between 2000 and 2020, Hawaii’s older adult population is projected to increase by 70%, a rate three times faster than Hawaii’s total population. The population of those 85 and older is projected to increase 93%, over four times faster than Hawaii’s total populations. “(*Selected Issues in Work-Family Policy; A Brief Overview, Report No.1, 2007*)
  - According to the State Data Book (Table 12.26) there are over 200,000 non federal employees that are NOT covered by the federal family leave law (Federal Family and Medical Leave Act of 1993 or FLMA), and an additional 75,000 employees not covered by state law.
  - A 1999 MET LIFE study found that among employed caregivers, 13% needed to retire early, 16% quit their job, 20% changed from full time to part time, 22% took a leave of absence, 33% worked decreased hours, and 64% took increased sick days or vacation time.
  - According to researchers at the University of Hawaii, approximately 10% of Hawaii’s total workforce (800,000 +) has taken some length of family leave to care for elders.
2. The most recent Hawaii State Plan on Aging (2007-20011) indicates large numbers of seniors and households with unmet needs. See attached charts for the City and County of Honolulu. An additional chart lists many of the issues faced by seniors who continue to live at home.
  3. During deliberations of the Family Leave Task Force, it was estimated that from 80,000 to 100,000 current employees were taking time off to address many of these unmet needs for their aging family members. Clearly, the workforce is under stress, in part, because the large number of 60+ residents are over whelming the current service delivery system.
  4. HB 982 seeks to create a data base of all employees who apply for family leave. This data base will be helpful in developing a future paid family leave program, as well as other needed services in the community.

## **Summary**

Support for Aging in Place is what seniors want and need most, but are least able to receive. This bill is an important component to a future that honors and respects seniors.

**Attachments:**

**Common Issues Faced by Kupuna living at Home**

<b>Disability or Challenge</b>
1. Lacking in Financial Literacy.
2. Vulnerable to Financial abuse.
3. Physically hard to maintain a house.
4. Physically hard to do all chores.
5. Working family cannot always help.
6. Family moves far away. Loss of supporters.
7. Neighbors are new and unknown. Isolation.
8. Eyesight restricts night activities. Isolation.
9. Hearing limits phone, parties.
10. Cannot drive anymore. Major loss of dignity.
11. Some short term memory loss.
12. Hard to keep proper diet. Impacts health.
13. Difficulty in taking meds – threat to health.
14. Few recreational opportunities. Isolation
15. Short hospital stay. 4 wk recovery. ADLs.
16. Move to Condo. Stress.
17. Condo dwellers are strangers. Isolation
18. Hurricane – no electricity, no elevators, isolated for days.
19. Spouse Dies. Grief. Isolation. Depression.
20. More memory loss, depression.
21. Falls, breaks bone. Immobility. ADLs hard.
22. Need daily assistance, observation.
23. Serious hospitalization. 2 mos. recovery at home.
24. Difficulty in preparing meals. Poor diet.
25. Early Alzheimers.

Attachment: Unmet needs for Honolulu. Hawaii State Plan on Aging (2007-20011)

**City and County of Honolulu**

<b>Programs and Services</b>	<b>Data Source and Methodology</b>	<b>Extent of Need</b>	<b>Existing Capacity</b>	<b>Informal Capacity</b>	<b>Unmet Needs</b>
<b>Access</b>					
Information & Assistance	BFRSS 2000; all adults 18+	696,421	118,474		577,947
Outreach	BFRSS 2000; all 60+ and caregivers under age 60 (14%)	245,571	35,495		210,076
Case Management	NHIS-D, 2004, MEPS 2002 Special Tabulation Diminished functional capacities which require the provision of services by formal service providers or family caregivers	50,467	6,937	38,355	5,175
Assisted Transportation	NHIS-D, MEPS 2002 Special Tabulation Physical or cognitive difficulty using regular vehicular transportation	50,467	6,477	38,355	5,635
Transportation	60+ mobility disadvantaged; 65+ nondrivers - AARP report: Aging Americans: Stranded Without Options; 21% of 60+	36,157	40,263		(4,106)
<b>Supportive Services – Community Based</b>					
Adult Day Care	NHIS -- D. MEPS 2002 Special Tabulation Need daytime personal care in a supervised, congregate setting	50,467	1,832		48,635
Congregate Meals	60+ Hot meals in a congregate or group setting	172,177	5,822		166,355
Health Maintenance	60+ with Disability 60+ with Chronic Conditions	66,960	25,007		41,953
Housing Assistance	65+ Low-Income 65+ Renter		2,748		(2,748)
<b>Supportive Services – In-home</b>					
Attendant Care (1)			2,197		(2,197)
Chore	NHIS 2003-2004; DHHS, CMS, MCBS 2002 Difficulty standing and performing heavy housework	45,139	547		44,592
Homemaker	NHIS 2004 Needs help of another person handling routine needs such as household chores, shopping or getting around	18,929	798		18,131

Programs and Services	Data Source and Methodology	Extent of Need	Existing Capacity	Informal Capacity	Unmet Needs
Home Delivered Meals	NHIS-D, MEPS 2002 Special Tabulation  Hot meals delivered to frail, homebound	50,467	3,515	38,355	8,597
Nutrition Counseling	BFRSS 2003 Nutritionally at risk	111,915	32,940		78,975
Nutrition Education	60+ and caregivers under 60 Nutrition information	245,571	3,005		
Para-Professional Services					
Counseling (1)			8,736	0	(8,736)
Escort (1)			1,298	0	(1,298)
Literacy/Language		18,455	10	14,026	4,419
Personal Care	DHHS, CDC, National Center for Health Statistics, NHIS 2004	9,922	3,617	7,541	(1,236)
Respite	BFRSS 2000 Adult caregivers 18+ (14%)	97,499	1,467	74,099	21,933
Legal					
Legal Assistance	60+	172,177	2,790		169,387
Elder Abuse & Neglect	65+ Living Alone	22,813	705		22,108
National Family Caregiver Support Services (Title III-E)					
Access Assistance	BFRSS 2000 Adult caregivers 18+ (14%) Assists caregivers in obtaining access to services	97,499	3,276		94,223
Information Services	All adults 18+	696,421	6,139		690,282
Counseling	BFRSS 2000 Adult caregivers 18+ (14%)	97,499	4,380		93,119
Respite	BFRSS 2000 Adult caregiver 18+ (14%)	97,499	1,836		95,663
Supplemental Services	BFRSS 2000 Adult caregiver 18+ (14%) Services provided on a limited basis which may include home modifications, emergency response systems, and incontinence supplies	97,499	351		97,148
Support Groups	BFRSS 2000 Adult caregiver 18+ (14%)	97,499	4,528		92,971
Training	BFRSS 2000 Adult caregiver 18+ (14%)	97,499	326		97,173
Multipurpose Senior Center					
Recreation	60+	172,177	1,423		170,754

(1) Estimate of need not available

February 09, 2009

TO: Senator David Y. Ige, Committee on Health Chairman and Senator Suzanne Chun  
Oakland, Committee on Human Services Chairman  
And members of the Senate Health and Human Services Committee

FROM: Jodi Ige, University of Hawaii at Manoa MSW School of Social Work

RE: SB 817 Relating to Senior Centers

Chairman Ige, Chairman Chun Oakland, and members of the Senate Health and Human Services Committee, my name is Jodi Ige and I am a MSW student at the University of Hawaii School of Social Work. I am testifying in SUPPORT of SB817 Relating to Senior Centers.

SB817 expresses how senior centers provide priceless services to the elderly. It provides social, educational, and cultural opportunities to our senior citizens. Supporting and appropriately funding senior centers allows our elderly to remain active and involve in the community promoting quality of life. Senior Centers also plays a role in reducing the elderly population from deteriorating physically and mentally. With the few low cost resources offered here in Hawaii, senior centers give so much more to our kupuna than many realize.

I urge you to support SB 817. Thank you for the opportunity to testify on this measure.

Jodi Ige  
University of Hawaii School of Social Work

Testimony for HMS-HTH 2/10/2009 1:15:00 PM SB817

Conference room: 016  
Testifier position: support  
Testifier will be present: Yes  
Submitted by: tina marie madarang  
Organization: Individual  
Address:  
Phone:  
E-mail: [tmumadarang@hotmail.com](mailto:tmumadarang@hotmail.com)  
Submitted on: 2/10/2009

Comments:  
February 9, 2009

I am an MSW student from UH Manoa. I am testifying to support our kupuna's regarding the senior centers. The centers is a place for our kupuna's to socialize, engage in activities, have access to services and resources for them to utilize. The kupuna population in our community continues to grow as well as their longevity. The services at the senior centers simply ensure the quality of kupuna's well-being.

2-9-09

Aloha,

My name is Toney Kim and I am a first year MSW student at the University of Hawaii. I **support** the Senior Center because I feel that it is crucial for the livelihood of our kupunas. The Senior Center is a place for them to socialize, engage in activities of interest, and it gives them a sense of belonging. It is crucial that we address the growing population of our kupunas and their access to these centers.

Both my grandmother and grandfather enjoy their time at the senior centers and I know how much their lives would be affected without it.

I hope that House Bill 324 passes because its benefit for all our kupunas. Thank you for giving me the opportunity to speak.

**Senate Committees on Health & Human Services**

**S.B. 817, Relating to the Emergency and Budget Reserve Fund**

**Testimony of Valorie E. Taylor, LBSW**

**541 Lauiki St. #3**

**Honolulu HI 96826**

**February 10, 2009**

**1:15 p.m. Conference Room 016**

I would like to express my support of SB 817 in support of Senior Centers.

As a Social Worker in the field of Gerontology, I am aware that the Senior Centers are a vital link in the Aging Network. Senior Centers provide a valuable service both in the areas of prevention and support.

Senior Center participants gather to socialize, to learn, to obtain services, and to stay active. Recreational, health, and educational activities help to maintain physical as well as psychological wellness. Services provided include information and referral, telephone reassurance, escort and transportation. They may get the only hot meal of the day while there. Though many believe that they serve only healthy seniors, we know that they serve a variety of seniors with a range of abilities and disabilities. Because of their regular contact with seniors and they notice changes that indicate potential problems which need to be addressed. They are then able to link the senior to services thereby preventing further decline.

We also are aware that if the Senior Centers did not exist there would be an even greater impact on the Aging Network. Most home and community based programs have waitlists for services. Those seniors who lose the Senior Center would add to this growing problem and many will decline unnecessarily waiting for help. This in turn would create an even larger impact on our institutions due to increased hospitalizations or placement in our institutions.

We support the appropriation of funds to support the operations of certain senior centers so that they may continue to enhance the quality of life for seniors in their respective communities.

Testimony for HMS-HTH 2/10/2009 1:15:00 PM SB817

Conference room: 016  
Testifier position: support  
Testifier will be present: No  
Submitted by: Sesnita Moepono  
Organization: Individual  
Address: P.O. Box 17638 Honolulu, HI.  
Phone:  
E-mail: [naloio2000@yahoo.com](mailto:naloio2000@yahoo.com)  
Submitted on: 2/9/2009

Comments:

Comments:

Honorable Chairs David Ige and Suzanne Chun-Oakland and Members of the Health and Human Services Committees:

First, we want to thank you for introducing this bill and supporting our kupuna. We apologize for submitting this testimony late. We apologize for not being able to attend the hearing. We submitted similar testimony for HB324 which is identical to SB817.

On behalf of my husband and daughter, we support Senior Centers because:

- 1) our kupuna deserve a place where they can go to remain active and independent, after all Hawaii was built by the hard work of our kupuna
- 2) Senior Centers keep our kupuna active and out of care homes;
- 3) If the State gives \$337,000 to Lanakila Sr. Center, the state will pay \$337 a year per kupuna compared to the State paying \$84,000 a year for the same kupuna in a medicaid care home because there was no Senior Center for our kupuna to remain active and independent.
- 4) Senior Centers help our kupuna families because as long as our kupuna are active they are less dependent on needing help from their families and this allows our families to continue having a normal life.

As former caregivers, we know how valuable Senior Centers are to help care for our kupuna. Now that bowling alleys are virtually extinct on Oahu, the Senior Centers are the only programs and services where our kupuna can go to remain active and independent.

If the State is looking to save money, we cannot think of any better service where our money will be better spent because the Senior Centers save the State millions of dollars of care home expenses.

More importantly, we owe it to our Kupuna for their hard work making Hawaii the great State it is today.

Remember, we will be judged by how we care for our most vulnerable, our seniors, disabled and children. We will be kupunas one day.

Mahalo nui loa for the opportunity to testify for the Senior Centers,

Sesnita Moepono, Charles A. Fern, Alise Fern

LINDA LINGLE  
GOVERNOR OF HAWAII

CHIYOME L. FUKINO, M.D.  
DIRECTOR OF HEALTH



STATE OF HAWAII  
EXECUTIVE OFFICE ON AGING  
NO. 1 CAPITOL DISTRICT  
250 SOUTH HOTEL STREET, SUITE 406  
HONOLULU, HAWAII 96813-2831

NOEMI PENDLETON  
DIRECTOR

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(808) 586-0185

**Senate Committees on Health/Human Services**

**S.B. 817, Relating to Senior Centers  
Testimony of Noemi Pendleton  
Director of Executive Office on Aging  
Attached Agency to Department of Health**

**February 10, 2009**

**1:15 p.m. Conference Room 016**

1 **Department's Position:** At this time EOA is not able to support this bill, because of the state's  
2 declining economic outlook and rising State budget deficit.

3 **Fiscal Implications:** There is appropriated out of the general revenues of the State of Hawaii the  
4 sum of \$682,000 for fiscal year 2009-2010 and the same sum for fiscal year 2010-2011 to provide  
5 grants to the senior centers pursuant to Chapter 42F.

6 **Purpose and Justification:** The purpose of this Act is to appropriate funds to support the  
7 operations of four senior centers so that they may continue to enhance the quality of life for  
8 seniors by providing social, educational, and cultural opportunities. EOA acknowledges the needs  
9 of older adults and their caregivers and is concerned about their well being. EOA is heartened that  
10 the City and County of Honolulu provides similar opportunities through at least 40 senior clubs  
11 and other group classes or activities. Thus, additional support to participants of these senior  
12 centers is available through the County Department of Parks & Recreation in these trying times  
13 and fiscal constraint.

1           We also note for the record that the definition of the term “grant” in section 42F-1, Hawaii  
2 Revised Statutes (HRS), requires the Legislature specify the organization to which the grant will  
3 be awarded. The bill must state the correct legal names of the entities to which the grants are to be  
4 awarded, not the name under which they may be doing business. For example, our research  
5 indicates that the Lanakila Multi-Purpose Senior Center is not an incorporated entity capable of  
6 entering into contracts in its own name, but instead, is operated by Catholic Charities Hawaii,  
7 which is a legal entity. The bill should specify that the grant be awarded to Catholic Charities  
8 Hawaii for the operation of the Lanakila Multi-Purpose Senior Center. Kapahulu Center, Moiliili  
9 Community Center, and Waikiki Community Center appear to be the correct, legally registered  
10 names of those entities.

11           Thank you for this opportunity to testify.



1640 Lanakila Avenue  
Honolulu, HI 96817

February 9, 2009

## Transmittal Cover

Testifier's Name:	68 senior citizens (1 senior representative will provide oral testimony at hearing)
Position/Title:	Members of
Organization:	Lanakila Multi-Purpose Senior Center
Committees:	Health, Human Services
Date of Hearing:	Tuesday, February 10, 2009
Time of Hearing:	1:15 p.m.
Measure number:	SB 817
Number of Copies provided:	1 of each testimony

Please contact Diane Terada at 595-5901 or [diane.terada@catholiccharitieshawaii.org](mailto:diane.terada@catholiccharitieshawaii.org) if there are any questions regarding this submittal of testimony. Thank you.



CATHOLIC CHARITIES HAWAII

TO: Representative Ryan I. Yamane, Chair  
Representative Scott Y. Nishimoto, Vice Chair  
Committee on Health

Representative John M. Mizuno, Chair  
Representative Tom Brower, Vice Chair  
Committee on Human Services

FROM: Diane M. Terada, Division Administrator

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: **Support of SB 817, Relating to Senior Centers**

Catholic Charities Hawaii (CCH), is a tax exempt, non-profit agency that has been providing supportive home and community based services to elders since 1973 and currently serves approximately 5,000 older persons each year. **We strongly support this bill, with the following recommended change:**

- **Change SECTION 2, to state the names of the nonprofit organizations currently operating the senior centers:**
  - (1) Lanakila Multi-Purpose Senior Center through Catholic Charities Hawai'i \$337,000
  - (2) Kapahulu Senior Center \$100,000
  - (3) Moiliili Senior Center through Moiliili Community Center \$125,000

This bill will provide funding for a network of senior centers on Oahu that provide vital health education and screenings, fitness, recreation, case management, and other services to enable thousands of senior citizens to maintain wellness, support independence and avoid costly institutionalization and have a history of state funding.

Catholic Charities Hawaii has operated the Lanakila Multi-Purpose Senior Center since 1981. Lanakila Multi-Purpose Senior Center is a State owned facility that was built as a model senior center for the State of Hawaii in 1969. The Center provides a range of educational, recreational and social services, including:

- Over **40** educational courses, such as Basic English and Stretch & Tone.
- Over **80** recreational courses, such as Tap Dance and Japanese Minyo Dance.
- Sponsorship of **7** ethnic clubs that perpetuate ethnic traditions and promote cultural sharing.
- Health promotion and screening activities, such as monthly blood pressure checks, flu shot clinics, health fairs, and more.
- Annual special events for education and recreation purposes, such as Candidates' Fair and Aloha Festivals.

- Onsite access to professional counseling and case management services – a Catholic Charities licensed social worker is available to Center members and their caregivers to aid in the transition from independence to interdependence.
- Opportunities for over **350** older adults to contribute their time and skills to the community through more than **2,000 hours of volunteer service** annually.

The Center serves senior citizens, age 60 and older. By contract, it serves seniors living in the geographic area bounded by census tracts 38-66 (Kakaako - Nuuanu/Punchbowl – Downtown - Liliha/Kapalama - Kalihi/Palama - Kalihi Valley - Moanalua). Its priority is to serve those in greatest economic and social need, with an emphasis on serving low-income, minority elders. Therefore, seniors who live outside this geographic area and lack access to comparable services due to language, etc. are accepted on a case-by-case basis.

Elders, age 60 and older, represent the fastest growing segment of Hawai'i's population. There are approximately 238,000 Hawai'i residents aged 60 and over, constituting 18.7% of Hawai'i's total population<sup>i</sup>. By the year 2010, this segment is projected to grow by 70% to 299,500 persons (or one in every five persons). And Hawai'i seniors have a longer life expectancy than those across the continental U.S. – 79.8 vs. 76.9 years<sup>ii</sup>.

**Stroke remains the third leading cause of death** in the United States.<sup>iii</sup> It is also the nation's leading cause of long term disability.<sup>iv</sup> It is estimated Americans will have paid about \$65.5 billion in 2008 for stroke-related medical care and disability.<sup>v</sup> An analysis of data on over 60,000 subjects determined that **even moderate exercise on a regular basis can lower the risk of stroke.**<sup>vi</sup>

According to the Bureau of Labor and Statistics survey, **only 2% of adults aged 75 and older were involved in exercise or recreational activity. Fifty-four percent spent their time watching TV.**<sup>vii</sup> It is well established that physical activity has a positive effect on physical health, activity also leads to better mental health and cognitive function.<sup>viii</sup> **Exercise can also reduce the risk of dementia by half, even in people who begin exercising in their 60s.**<sup>ix</sup> Exercise that comes in the form of recreational activities (i.e., hula, line dance, ethnic dance) can also have the same beneficent effects. **Older adults are more likely to self-refer themselves for exercise that comes in the form of a recreational activity (i.e., dance) and they are likely to continue in it for a longer period of time because it is enjoyable.** Lanakila seniors who participate in dance groups also have the added incentive of performing monthly for frail elderly living in institutions. This activity gives them a sense of purpose and usefulness that is essential to well-being.

**Loneliness has a negative impact on cognitive health and increases the risk of dementia.**<sup>x</sup> Researchers with the Rush Alzheimer's Disease Center discovered that patients with higher loneliness scores may be twice as likely to develop dementia.<sup>xi</sup> **In a study of seven senior centers in seven states, "over 90% indicate they have developed close friendships since coming to the senior center....86.9% of the**

**respondents indicated that senior center friends provide them with emotional security.**<sup>xii</sup>

In general, the Center for Disease Control found that **physically active people have a lower health care cost than inactive people do.**<sup>xiii</sup> The average nursing home cost in the State of Hawai'i is between \$295<sup>xiv</sup> to \$306 per day.<sup>xv</sup> **For the approximate cost of institutional care for three frail elders, Lanakila Multi-Purpose Senior Center can provide a range of activities to serve well over a thousand older adults annually to help improve health and maintain wellness.**

Lanakila Multi-Purpose Senior Center and other senior center programs are cost-effective, preventive alternatives to institutionalization for older adults and give the State the opportunity to save money and to support the desire of older adults to remain independent in their own homes for as long as it is safely possible.

**We ask for your support of SB 817 with the recommended change.** If I can provide any further information, please feel free to contact me via phone at 808-595-5901 or via email at [diane.terada@catholiccharitieshawaii.org](mailto:diane.terada@catholiccharitieshawaii.org). Thank you for this opportunity to provide testimony.

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<sup>i</sup> Yuan, S., Karel, H., & Yuen, S. (2007). Hawai'i's Older Adults: Demographic Profile. Honolulu, HI, University of Hawai'i, Center on the Family, p. 2.

<sup>ii</sup> *ibid.*

<sup>iii</sup> "Impact of Stroke", American Stroke Association, [www.strokeassociation.org](http://www.strokeassociation.org), 1/11/09.

<sup>iv</sup> *ibid.*

<sup>v</sup> *ibid.*

<sup>vi</sup> Nano, Stephanie, "Fitness A 'Strong Predictor' Of Stroke Risk," Honolulu Advertiser, 2/23/08, page A5.

<sup>vii</sup> Gitlin, Laura N. Ph.D. "Importance of Activity: What the Research Shows in Support of Senior Center Programming", 4/18/08 Presentation to Pennsylvania Association in Senior Centers. p. 12. Reference: Bureau of Labor Statistics, American Time Use Survey.

<sup>viii</sup> Brody, Jane E., "Mental Reserves Keep Brains Agile," New York Times Online 12-29-07.

[www.nytimes.com/2007/12/11/health](http://www.nytimes.com/2007/12/11/health).

<sup>ix</sup> *ibid.*

<sup>x</sup> Wilson Ronald S, Krueger KR, Arnold SE, Schmeider JA, Kelly JF, Barnes LL, Tang Y, Bennett DA, "Loneliness and Risk of Alzheimer's Disease".

<sup>xi</sup> *ibid.*

<sup>xii</sup> Aday, Ronald, "Identifying Important Linkages Between Successful Aging and Senior Center Participation", March 2003.

<sup>xiii</sup> Executive Summary: "A New Vision of Aging: Helping Older Adults Make Healthier Choices," Center for the Advancement of Health, Washington, DC, March 2006, p. 1.

<sup>xiv</sup> "Isle's Nursing Home Costs Third Highest", Honolulu Advertiser, 7-1-08. AARP survey.

<sup>xv</sup> "Hawai'i Nursing Home, Assisted-Living Costs Higher Than National Average," Pacific Business News, 10-28-08. 2008 MetLife Market Survey of Nursing Home and Assisted Living Costs.

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 81 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*community here, meeting people  
enjoy the programs - volunteering  
Staff very nice - I enjoy helping  
in the kitchen.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I would not know what to do.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Nobuko Hamada Nobuko Hamada

Address: 45-604 Keole St. Kaneohe 96744

Rep. Ken Ito, Sen. Jill Tokuda

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

Keep our mind busy & looking forward to come.  
Sorry I don't have too much money to help I am  
on S.S. & supporting my grandson to school.  
I do volunteer at Malahia Tuesday to make musubi  
& Friday to mingle & pt. to sing & help in the music  
book (to turn it over for some pt.)

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:  
Lonely & doesn't know what to do.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Florence Estes

Address: 2520 Puunui Ave., Hon. 96817

Rep CHUNG  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 87 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Some exercise*

*" dance*

*" sing*

*" crafts*

*" cook*

*" play ukulele*

*" entertain at nursing homes, hospitals*

*" other interactions*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Seniors, especially ones that live alone; no social interaction, would cause more health problems.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Anita Hasegawa

Name:

Anita T. Hasegawa

Address:

1828 Young St. Hon., HI 96826

Rep CHOI  
Sen TALIQUCHI

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 73 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

First the Lanakila Multi-Purpose Senior Center has the best office staff they are very helpful and the members are so very very friendly. I look forward to their class. Entertainment is great. ~~Ex~~ Field trip great! I do volunteer work in the craft class.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I would have no place to go and will miss all my friends.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Elorence A. Iha

Address: 1009 McCandless Ln. Hon. 96817

Rep CHING  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 75 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*attend exercise classes*

*Ethnic clubs*

*Guest speakers on health, safety and ~~the~~ financial health, scam alerts*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*No associating with other seniors for fellowship  
No sharing knowledge & skills we acquired during our years of working*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Wilma Yee Wilma Yee

Address: 223 Jack Lane, Hon., HI 96817

*Rep CHING*

*SEN OAKLAND*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

KEEPS ME ALERT AND ACTIVE  
EXERCISE CLASS (KIATSU)  
MEETING NEW FRIENDS  
PARTICIPATE IN PROGRAMS

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

BOREDOM - PERHAPS NOT ABLE TO  
PARTICIPATE IN MANY ACTIVITIES

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: O. HAMADA Ora Hamada

Address: 633 NALANUI ST. #307 HONOLEULU, HI 96817

Rep CHUNG

Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 82 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I am in the JAPANESE & OKINAWAN CULTURE CLUB.  
I am also in various activities, such as the  
karaoke club. I have been a member, 10 yrs at the  
center.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I would lose in touch with all my friends  
at the center. I would have no where to  
go if the center closes.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Mae M. Yoshimura Mae M. (JCU)

Address: 1491 Mahiolo St Honolulu, HI 96819

Rep Finlayson (R)  
Sen Sakamoto

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 87 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Fellowship with friends  
make new friends  
socialize and enjoy the fellowship  
Be happy all days.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Very devastating.  
Very lonely*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Ruth Y. Onaga Ruth Onaga

Address: 933 Aliamano Pl.  
933 Aliamano Pl., Hon., HI 96818

Rep WAKAI  
Sen SACAMOTO

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 81 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Attend the Lanakila Okinawan Club meeting new friends & old friends. Center has many activities such as Okinawa Dances, Karaoke, Line-Dance, Mahjong, Hula, and many more.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Louesome. No meeting place*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Annie Shimabukuro Annie Shimabukuro

Address:

2122 Apia Ln Hon., HI 96817

Rep CHAIRS

Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 85 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*fellowship, volunteering, important information,*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Everyone would be lost, how to spend the day. Everyone will be very lonely - no one to talk to. Don't know what's happening.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

STELLA OKUMA stella okuma

Address:

2428 TUSITALA ST. #211 HON 96815

REP. SCOTT NICHIMOTO, yes (vote)  
Sen Galuteria  
I

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 62 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*To attend programs ~~you~~ get alot of help from the social worker regarding my <sup>social</sup> security. I attend hula classes also.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Without the help of Lanakila social worker, I wouldn't know how to answer the letters regarding my SS (social security)*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: X Maria Asanion P. Igoa Maria Toraja

Address: P.O. BOX 357 Kaneohe HI 96744

Rep. Kenneth Ito  
Senator Clayton Hee

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 91 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Companionship  
Arts + crafts - learning new projects  
Keep me occupied at home with doing new projects*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Loneliness*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Micas G. Asato

Address: 47-640 Hui Uhili St, Kaneohe, HI 96744  
Rep. Jessica Wooley, Sen. Clayton Hee

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 91 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I have some place to go and things to do. I come to the center 3 times a week. The center helps me with exercising in order to keep healthy.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

If there was no center, I'll just stay home and do nothing.

*Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.*

Sincerely,

*M.S.* *Chock*

Mabel Chock

Name:

Address: 71 Kawanana Koa Place, Honolulu, HI. 96817

Rep. Corinne Ching  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I was with Army National Guard, retired as an E-7. I come to the center 5 times a week and help by volunteering my time. I keep healthy by keeping active and being able to make friends through various activities at the center. I have been a member since 1/28/2002. They have things at the center for me to do instead of staying home and doing nothing.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I don't know what I would do if there was no center.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Melvin Todd

Melvin Todd

Address:

1812 Houghtaling Street, Honolulu, HI. 96817

I voted in 2008

sen. Donna Mercado Kim's area  
Rep. John Mizuno

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*With the center what are we suppose to do. No one to talk, no place to exercise and not in the mood for anything. Here we have friends, learn things to do. talk stories and lots of laughs.*

*There no place like Lanakila Senior Center.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Sad & lonely. No singing no learning music and no friends.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center. a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Lilly Y. Uyehara Lilly Uyehara

Address:

1232-A Hala Dr.  
1232A Hala Dr., Hon., HI 96817

Rep CH149  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 82 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I don't like to stay home  
So lonesome  
I like to believe by keeping  
active I am able to stay  
healthy at 82 yrs. old*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I will miss coming here I would  
have to find something else to do.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: X Mary T. Jones Mary Jones

Address: 2001 Aiepunui Hon. 96817  
Rep. John Mizuno  
Sen. Donna Mercado Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of Enough at least to keep us going for the time being \$337,000*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Comradie, Learning, Socializing,  
and update on recent happenings and  
events.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*A lot of the senior citizens will  
have to find other means of interacting  
with society.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Helen Ojiri Helen Ojiri

Address:

435 Haweo Place  
435 Haweo Pl., Hon., HI 96813

Rep Luke

Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 70 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

Companionship  
VARIOUS ethnic clubs  
Delicious Affordable Meals etc.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Tremendous Negative impact  
where are all the lonely elderly! go (put yourselves)  
Just stay at home and vegetate... (in their shoes)

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: William T. Kiyari ~~W. Kiyari~~

Address: 1515 Alh. W. How. H.C. 96817-2801

Rep CH149  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 82 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I GET DAILY EXERCISE FROM LUK TUNG KUEN AND TAI CHI. I PLAY MUSIC - THE BASS FIDDLE - AND ENTERTAIN THE VARIOUS NURSING HOMES, ADULT DAY CARE CENTERS + CARE HOMES THROUGHOUT THE ISLANDS. I SOCIALIZE AT THE VARIOUS ETHNIC CLUBS.

I am a Lion's Club member.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I COULDN'T BE DOING ALL THE THINGS THAT I DO. I WOULD MISS THE SOCIALIZING AT THE CENTER.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Eddie Ah Yat Eddie Ah Yat

Address:

1657-A ALANEO ST. HON. HI

I AM A CONSTITUENT OF  
SEN. SUSAN CHUN OAKLAND  
REP. CORINNE CHING

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 85 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I go to Center many days a week  
Mon - Japanese Club, morning stretch  
Wed - morning stretch - ukulele class  
Thurs: OKINAWA Club

Enjoy mingling with old friends &  
meeting new ones

Very good to be able to stimulate  
mind, free from dementia

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:  
a couch potato - looking at TV all day

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center. a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Ruby Higa

Address:

1430 Gregory St., Hon., HI 96817

Rep MANAULU  
Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I am a member of the center for many years. I am active in the Uaivooos Culture Club such as, OKIUIKAI Club. I stay active & healthy as a member at the center.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

All my friends are at the center, I would have nowhere to go, I would be left alone.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Yoshiharu Tengan Yoshiharu Tengan

Address:

2951 NUMANA ROAD 96819  
2951 Numana Road, Hon., HI 96819

Rep. JOAN MIRZOUO  
Sen. Donna Mercado Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 92 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

IT'S A GOOD PLACE TO COME TO MEET NEW FRIENDS. I WOULDN'T HAVE A PLACE TO GO. AFTER MY WIFE PASSED AWAY, I CAME HERE FOR SUPPORT. I ALSO HAVE A HOT LUNCH FROM LANAKILA MEALS ON WHEELS.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:  
I WOULD HAVE TO STAY AT HOME BY MYSELF, BEING LONELY.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

George Yin George Yin

Address:

1346 Ala Mahamoe St 96819

1346 Ala Mahamoe St., Hon., HI 96819

*I vote. Sen. Donna Mercado Kim.*

Rep Finuigen (E)

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:  
MY HEALTH + PHYSICAL WELL BEING IS BETTER BECAUSE OF TAI CHI THAT I DO AT THE CENTER. I ALSO DO LUK TUNG KUEN FOR EXERCISE. I KEEP MY BALANCE BETTER THROUGH THESE EXERCISES THAT I DO AT LANAKILA. I COME TO SOCIALIZE AND TAKE MY HUSBAND TOO.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:  
I WOULD STAY HOME AND HAVE NOTHING TO DO.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Thelma Y Wong Thelma Wong

Address: 2761 Aulie St, Hon., HI 96817

I VOTE.

REP. CORINNE CHING

Sen Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 77 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of what ever amount the State can do, to help. \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Member of the Okuniawa Nenchoha Club  
" " Jive Dance  
" " Exercise Class*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:  
*Many of us seniors come to the Center not only for those programs alone but also for fellowship, talk stories and share experiences that had occurred during the week.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

*Mitsuko*

Name:

*(Mitsuko) Nakamura*

Address:

*1324 Ala Puunala St, Hon. 96818*

*SALT LAKE, GLENDA WAKAI, vote, YES*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 67 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*They provide counseling, camaraderie, friendship & education to many of the seniors who have no family or are alone. They also provide exercise classes to keep the seniors moving, healthy and active.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Devastating to the many seniors & the community in which they live - It will also impact the budget by requiring more state services & health facilities.*  
**Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community!** Thank you.

Sincerely,

Name:

Joyce Wong Joyce Wong

Address:

523-2 Pepeekeo Dr

*Note every 2 year* Representative  
Gene Ward ?  
Rep Berg  
Sen SLOM (R)

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 89 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I MAKE FRIENDS, I LEARN ALL KINDS OF THINGS, I HAVE SOMEPLACE TO GO. I TEACH TAI CHI FOR 30 YEARS. I EXERCISE, I JOIN THE CHINESE CULTURAL CLUB. WE GO OUT FOR EXCURSIONS ON THE BUS TO FAR PLACES.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

IF I WERE TO STAY HOME, I WOULDN'T KNOW WHAT TO DO.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Ruth Pang Ruth Pang

Address:

2517-A Pale Hwy. Home #1, 96817

Rep Luke  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I HAVE A PLACE TO GO EVERY MORNING + MEET  
E OTHERS OF MY AGE + OLDER, WITH OTHER  
MEMBERS OF THE CENTER. IT TAKES UP AT LEAST  
HALF OF MY DAY + USES UP MY TIME. I GET TO  
GO ON EXCURSIONS, DO DIFFERENT KINDS OF ACTIVITIES  
AND HAVE ALL THESE READING MATERIALS AROUND.  
WHEN I READ, IT KEEPS MY MIND ACTIVE.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I WOULD STAY HOME AND VEGETATE AND GET OLDER  
+ DO NOTHING + HAVE NO PLACE TO GO.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Henry Machado Jr HENRY MACHADO JR

Address:

1806-B 14th St. 96817

Henry Machado, Jr.

Rep 4149  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 70 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I get to socialize, learn arts and crafts, ~~to~~ watch other exercise. ~~My program is~~ I have a chance to enroll in various activities like exercise. Coffee and lunch are very reasonable. The staff are great in that they are kind and compassionate. The multipurpose Senior Center is a place to go.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*disastrous for me because I won't have a place to socialize, to go and learn arts and crafts and exercise.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Julita D. Lopez Julita Lopez

Address:

710 Kamaoai Lane Honolulu HI 96817  
Rep. Corinne Ching, Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 71 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Participate in exercise classes such as Beginning Stretch, Walking Group, yoga to keep the body healthy, strong and flexible. Mah jong and Noice Ukulele works the mind and keeps Alzheimer from setting in. There are excursions and Gourmet lunches that are planned/scheduled that a person on their own will never go to. There are club activities/entertainment to keep the mind and body active.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Become a couch potato, mind and body wasted. Miss all the wonderful people at Lanakila Center - staff and friends.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Phoebe Kimura

Address: 647 Kuinawai Lane, Apt 215 - Honolulu, Hawaii  
Rep. Corinne China, Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 79 1/2 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I'm here for companionship, fellowship, staying healthy by enrolling in various exercise classes, dancing and doing volunteer work - helping my fellow seniors.*

*I enjoy being here - my day is taken up by doing all these fun things. ~~Here~~*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Drastic!!! I'll be home doing nothing constructive! My mind will be stalled - unmotivated - inactive.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Caroline Tom

Address:

1515 Nukunua Ave #82

HONO. HI 96817  
Rep. Sylvia Luke  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I come every day + participant in the different activities. Still learning to play Ukulele. w/ a sr. instructor.*

*I am happy with being with others not just family. I like the socialization and learning about different ethnic group foods.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I would have to find something else to feed my morning - this it would be very hard to replace Lanakila*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

*Maria Artis*  
~~Maria Artis~~ Maria Artis

Address:

1657 Alaneo St., Hon., HI 96817

Rep. Corinne Ching  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 88 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Exercise, Sewing - good for me  
wife*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Play ball at Glassboro Park  
I would really miss Lanihale*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Marshall Tanaka Marshall Tanaka

Address:

3881 A Old Pali Rd., Hon., HI 96817  
Rep. Sylvia Luke  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 65 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*  
✓ \$337,000.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

1. Social Interaction, so important to seniors & others.
2. I cannot stress enough the cultural education!
3. Health & safety talk, firemer, police, medical, etc.
4. It's just plain good sense.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

1. There just no many, however they all boil down to pay now or invest now or pay a great deal more later.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

William H. Madigan

William Madigan

Address:

545 Queen St Honolulu, Apt 210 96813

Voted in 2008.

Rep. Tom Brower

Sen. Brickwood Galuteria (I voted for him).

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I enjoy singing, dancing. I used to entertain the members. I get satisfaction in that. Compare with ~~my~~ male & female members. I am <sup>here</sup> happy on days the center is close, I don't have any place else to go. I feel lost. I miss my center family.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

George Nakamura

George Nakamura

Address:

1611 Kino St. Hwa. 96819

Sen. Donna Mercado Kim  
Rep. John Mizuno

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 89 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*friendship. talk story. learn how to dance.  
enjoy the exercising classes. I am  
healthier for coming here. I am happier  
and enjoy the friendship. Lots of laughter*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Elizabeth Farias Elizabeth Farias

Address:

2402 Tantalus Dr. Hon 96813

Rep. Sylvia Luke  
Sen. Carol Fukunaga

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*making friends. Have lots of fun.  
Enjoy the classes I am enrolled in  
My Dr always ask me if I am still going exercising and walking.  
He is very pleased that I do go.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Just stay at home watching TV and do other things. But, then I'll go to the gym.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Jane Tatsuta

Address: 2489 A Booth Rd. Honolulu, Hawaii 96813

*I vote* Rep. Sylvia Luke  
Sen. Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 68 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Gives me time to be away from home and good ~~comradery~~ <sup>comradship</sup> and I like helping other seniors. I enjoy being myself and everyone accepts me like that.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I won't have any place close by to go.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

*X Mian Chy Gloria Chong*

Address:

*1233 Hala Dr. Honolulu 96817*

*Rep. Corinne Ching  
Sen. Suzanne Chun Oakland*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

When you have Lanakila to go to, you have a reason to get up early, get yourself dressed up. Something to look forward to. If not you would just stay home in your robe + watch T.V. Friday I teach class. it helps to keep my mind alert. I also attend ~~exercise~~ <sup>class.</sup> ~~class.~~ <sup>class.</sup>

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

lunch is also provided twice a week. I also represent FCC at the prog. com. mtg.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Pauline Mationg

Pauline Mationg

Address:

1015 N. School St. # 306 96817

Rep. Corinne Ching  
Sen. Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

- 1- Friendships -
- 2- Involvement to Serve
- 3- Reason to Schedule Events
- 4- Reason to Wake-up each day
- 5-

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Disasterous,*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Patricia Warren

Address:

1001 N. School St 621

Honolulu 96817

Rep. Corinne Ching, Sen. Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I like some of the food, not all,  
Like Exercise class, & Club Shows.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I stay at home, no good.*

*Filled out by*

*Bill Madigan*

*Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.*

Sincerely,

Name: Florenda J. Taculao Florenda Taculao

Address: 1202 Ahiahi St. Honolulu Hawaii  
Rep. Corinne Ching  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 77 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*It helps me <sup>by</sup> being active and enjoy myself. fellowship with these nice members of the center.*

*I'm glad to attend the Center.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*I had to look for other places to keep myself busy.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Eleanor Miura

Name:

Eleanor J Miura

Address:

2407 Kula Koloa Dr Hon., 96819

Rep Mizuno

Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 85 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*  
\$337,000.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I COME TO LANAKILA AT LEAST 3 TIMES A WEEK FOR HULA CLASS, OKINAWAN CLUB + JAPANESE CLUB. ALL MY FRIENDS ARE HERE SO I CAN SEE THEM. IF NOT, BECAUSE I LIVE ALONE, I WOULD HAVE ~~NO~~ NO ONE TO TALK TO. WHEN I DANCE HULA, I'M EXERCISING.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I WOULD JUST STAY HOME + HAVE NO ONE TO TALK TO + I'D GO "FUPULE."

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Yoshiko Ishikawa Yoshiko Ishikawa

Address: 2417 WILSON STREET HON., HI 96817

YES, I VOTE.

Rep MIZUNO  
Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 70 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*

\_\_\_\_\_.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:  
I AM A VOLUNTEER TAISHO KOTO INSTRUCTOR. THROUGH MUSIC STRANGERS BECOME FRIENDS AND AS THEY GET TO KNOW EACH OTHER, THEY START HELPING EACH OTHER. WE SOMETIMES VISIT CARE HOMES TO PERFORM AND SHARE THE JOY OF MUSIC. LANAKILA MULTI-PURPOSE SENIOR CENTER IS A COMMUNITY WHERE SENIORS CONTINUE TO LEARN. I STRONGLY HOPE THAT SUCH A PLACE WILL NOT BE CLOSED BECAUSE WE AS SENIORS HAVE A LOT TO OFFER, EVEN THOUGH OUR BODIES AND MINDS ARE DECLINING AS WE AGE. PLEASE DO NOT CLOSE THE CENTER.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

WHERE WOULD THOSE 2000 MEMBERS GO?

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: YASUKO TAKEUCHI

Address: 543 ULULANI ST. KAILUA, HAWAII 96734

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

WE ARE  
I am 86 + 83 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I COME TO LANAKILA TO EXERCISE DOING TAI CHI, KIATSU AND EXERCISE WITH KARATE. I ALSO HAVE LUNCH WITH LANAKILA MEALS ON WHEELS EVERY TUESDAY. I LIKE TO SOCIALIZE WITH OTHER PEOPLE, MEET NEW PEOPLE. WITH KARATE, I DID AN EXHIBITION AT A SENIOR BUILDING. WITH KIATSU WE LEARN TO MASSAGE. I FEEL I'M HEALTHIER BECAUSE I EXERCISE. WE LOOK FORWARD TO ATTENDING. WE KEEP OUR MINDS ACTIVE.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

IF I STAYED HOME, I'D GO CRAZY, DOING NOTHING. I THINK MY HEALTH WOULD DETERIORATE. GOING TO ALL THESE CLASSES, WE AVOID GOING TO CARE HOME & SAVES THE STATE MONEY.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Koichi Masaki Betty Masaki Koichi Masaki Betty Masaki

Address: 416 Iolani Ave 96813 H.I.  
416 Iolani Ave., Hon., HI 96813

Rep Luke  
Sen FUKUDA

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 73 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I'm kept very busy with the different activities such as Luk Tung Kuen, Kiatsu, Lei making and volunteering, especially volunteering, I just love it. The main reason why I'm at Lanakila, is to get over the grief I had over losing my husband five years ago. The doctor told me that I have to keep busy and go out everyday to get over the grief I was suffering or else, he was going to prescribe antidepressants to me. I'm out everyday, meeting the various members at Lanakila and socializing and learning the different activities. Doing the volunteer work, I learn so much and also since I was a secretary before, I love to do office work, especially filing so that takes up time during the day. The reason why I took lei making is because my granddaughter is graduating in June and I'm learning to make these beautiful ribbon leis. The exercising helps me a lot mentally and physically. And meeting such nice members and nice office staff, I'm just elated to be here.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I would be so lost, then I wouldn't be able to participate in these activities and I wouldn't be able to work with such nice staff people and members. I would be so depressed, I wouldn't have been able to get over this grief and maybe have to take medication.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Evelyn D. Kuromoto Evelyn Kuromoto

Address: 88 Piikoi Street, #2405 Honolulu, Hawaii 96814

Yes, I vote.

Rep Brauer  
Sen Galuteria

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 79 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*It has become a second home to us where we can interact with fellow seniors and enjoy many activities/classes/excursions. The seniors in turn would go to various nursing homes and senior centers to share what they have learned/acquired from LMPSC to give quality of life to those who are unable to come to LMPSC.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*Disaster. The goal is to enjoy the quality of life and remain as independent as long as we can. In other words live (enjoy life) and not spend with requirement for a caregiver.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Rose Tanimoto Rose Tanimoto

Address: 2945 Pahoe Ave Pl., Honolulu 96817-1914

Rep CHUNG  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 68 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*  
\$ 337,000.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Helps to keep me fit (mentally & physically) and with the very informative presentation speeches on health, safety, management of assets, etc. are very ~~inform~~ educational. Classes, too, are ~~not~~ not only enjoyable, but also very educational.*

*Without the center, I would be being nothing & would ~~be~~ not stay at home!*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

J. Sugihara Jean Sugihara

Address:

704 N. Kuakini - Pt.  
704 N. Kuakini St., Hon., HI 96817

Rep Luke  
Sen OAKLAND

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 79 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

① I ~~get~~ get to meet lots of seniors that need to ~~keep~~ <sup>keep</sup> up ~~to~~ their moral. At time you feel depress and so coming here at Lanakila for meetings, it make people very happy. We all look forward to meet friends and chit-chat, and lots more that we seniors do need this gathering.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I able to do things, yet, But I do look forward to come to this center. Meet all my friends and and always look forward for it.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center. a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Lillian Y. Gima Lillian Gima

Address:

3095 Nuwana Road

Honolulu, Hawaii 96819-2906

Rep. John Mizuno, Sen. Donna Mercado Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 80 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*I get my exercise here  
I do crafts  
I get to meet friends & socialize w/ them  
Go on excursions.  
Have lunch w/ friends  
Learn how to keep healthy by eating healthy  
and keeping active.*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*great - as I wouldn't have any place to go  
- would miss my friends, my exercise, etc.*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Gwen K. Perry Gwen Perry

Address:

1563 Kalaepaa Dr., Hon., HI 96819

Rep. MIZUHO  
Sen. KIM

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 88 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I have been a member of the center for many years. Through the years, the center has provided me with activities and classes that has kept me healthy and active. I am currently a member of the Japanese and Okinawan culture club. I also enjoy taking craft classes on Monday and also believe that the exercise that I get with the stretch & tone class help me to be healthier and enjoy a longer life. Please keep the center open for all seniors.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I would not be able to see and talk to the other members, my friends. I would only stay at home and do nothing, but stare at the four walls.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: HELEU HIRATA Helan A. Hirata

Address: 306 NUNAWARD HOLE, HI 96819

Rep. John Mizuno, Sen. Donna Mercado Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.

I'm 78, music and all what I do at Lanakila keeps me young. As soon as I came senior citizen I joined Lanakila. I started playing music when I came here and they had hula. Then I started my own ukulele class even though I hadn't played long time - I ended up teaching. We go out every month to perform at nursing homes, care homes and hospitals. I only knew a little hula before I took classes at Lanakila. Then I'd dance and hula with them, too. Music and dance makes us happy. The hula keeps the body healthy and kept me young. And make lot of friends here.

If this place were gone, the older folks poor thing! The students (mine, the seniors), they come early and it's good for their mind, not just to sit. What they gonna do without it? They would be sad I think. The nursing home patients are so appreciative of our entertainment, very happy. If the Center were gone, they wouldn't have that. And it save them (nursing homes) lot of money, too, as they don't have to pay for the entertainment. We give them joy and happiness. The patients are smiling.

Ellen Kong, age 78 (still singing, dancing, teaching ukulele and performing)  
1135 Kaumailuna Place  
Hon., HI 96817

I vote and my Rep. is Corinne Ching. Sen. Chun Oakland

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,



TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.

The Lanakila Multi-Purpose Senior Center benefits me and other seniors because we have a pleasant place to get together and share our common stories. Best of all we have create pleasant camaraderie.

If there was NO Lanakila Multi-Purpose Senior Center, can you imagine what all the elderly will be doing? They would probably be twiddling their thumbs, their aging would go faster, and many would probably pass away faster.

Please make additional funds for senior centers, like the Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Alice Masuda



2454 Puunui Avenue  
Honolulu, HI 96817

Rep. Corinne Ching, Sen. Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000

I'm 81 year old (year of the ox). I was born and raised in Hana, Maui. My husband was a policeman in Maui and I followed him to Honolulu. I've been a member at Lanakila 10 years and I love it, love it, I join all the clubs. At the clubs I learn about their culture, understand little bit about their language, join in their singing. The speakers are very helpful. Most of our seniors ride the van here, so it's safer. I'm the President of the Portuguese Cultural Club. My club members love this center: they have no other places to go! They eat lunch here and they learn exercise, how to take care of their body, their health. They love it!

I talked to some of the older ones, and they said if this place closed down they would stay home, look at the walls and cannot walk no more.

Ellen Kahalehoe, age 81  
444 Kauhane Street  
Hon., HI 96813

I vote every year, I even work at the precinct in Papakolea for 5 years. My Rep. is Sylvia Luke. *Sen. Carol Fukunaga*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely, *Ellen Kahalehoe*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.

My name is "Slim" (Shizuichi Nishizuka), age 83 (year of the Ox), and a Korean War Veteran. I've been at Lanakila since 1991, and I come 5 days a week to the Center. If the state took Lanakila away, I have no place to go. I go to the Japanese club meeting, do volunteer work (like set up chairs), all kind activity that we do, meet people make friends.

If I didn't have this place, I'd do practically nothing. I used to like fishing, but now no more fishing sport. This place keeps me healthy, in other words, whatever we do here, keeps your mind awake. And actually you're active. This place has plenty people depend on it, good place for the old folks over here.

Shizuichi Nishizuka (83 yrs. old)  
268 San Antonia Avenue  
Hon., HI 96813

My Representative is Sylvia Luke. *sen. Carol Fukunaga*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

*S. Nishizuka*

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000

Yoshimori "Mori" Miyashiro, I'm 82, I was a farmer, hog raiser. I grew up in Ewa. I come to Lanakila Monday through Friday. Nothing to do at home, so I come here everyday. I'm a widower, live all by myself. I go to Okinawa and Japanese Club. I'm in good health, take no medication. Before I used to walk everyday to the Center. But I was hit in the crosswalk and now too old. So I walk half-way, half-way catch the bus.

Here I meet all my friends. I used to go Ala Moana but hardly meet anybody. Here I see him (points to "Slim" and smiles).

Yoshimori "Mori" Miyashiro (82 yrs. old)  
1420 C Kam IV Road  
Hon., HI 96819  
I vote every year. Donna Mercado Kim is for my area.  
Rep. John Mizuno

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Yoshimori Miyashiro

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services  
  
Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: **Support of SB 817, Relating to Senior Centers**

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000

Tomie "Elsie" Higa, 81 years. I've been a member since 1993. I come 3 days a week. I have Japanese and Okinawa Club and Luk Tung Kuen (exercise). Here I meet new friends and socialize. When you're home nobody to talk to, I'm all by myself. I'm a widow and live alone. The clubs have entertainment and start the meeting with exercise. I like the culture. I joined Luk Tung because there are 36 movements for the body. Before I took Luk Tung, I used to have cramps all over my body, especially my feet. I don't have the cramps as often now. I'm also more flexible now. Sometimes I fall. I will go to one of the fall prevention talks they have here.

If this place were to close down, what am I going to do? For the folks older than me, they might just "go out" (pass away). That's how it is. They go so quick.

Tomie "Elsie" Higa, age 81  
55 S. Kukui St., # D1212  
Hon., HI 96813

I vote every year. I voted for Rep. Karl Rhoads. Sen. Suzie Chun-Oakland is my area.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Tomie Higa

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 64<sup>3/4</sup> years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*It has helped me so much due to my health issues. I have a brighter look in life. LMPSC means so much personally to me to mingle with all of the seniors is so uplifting. A center like this is very beneficial in many ways. I have learned a lot, for this center also educate us seniors. For the length of time I've joined this center my mental & physical condition has improved!*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*There would be no stress release, depression sets in, health issue escalates, lonely will miss my classes, friends, staff - I'll be so sad. I'm sure I'm not the only one that will feel the lost!!*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Valen L. Castillon Helen Castillon

Address:

*making*  
P.O. Box 17136 Honolulu HI 96817  
2527 Hoenui St., Hon, HI 96819

Rep M2040

Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 86 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of*  
WHATEVER AMOUNT YOU SEE FIT TO MEET THE NEEDS.

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

1. WEEKLY ATTENDANCE ALLOW ME TO REACQUAIN WITH MANY FAMILIAR FRIENDS AND TOGETHER WE ENJOY THE VARIOUS INTERESTING PROGRAMS.
  2. WEEKLY ATTENDANCE GIVES ME OPPORTUNITY TO MAKE NEW FRIENDS AND TOGETHER WE ENJOY OUR WANNING YEARS.
  3. SOME OF US ATTEND AND PARTICIPATE IN THE VARIOUS CULTURAL ACTIVITIES AND CLASS ACTIVITIES.
  4. <sup>TO</sup> SOME OF US - THIS IS THE ONLY FACILITY AVAILABLE FOR US TO ASSEMBLE TO ENJOY - HAPPY ACTIVITIES FOR OUR OLD AGE.
- If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

LONESOME AND CATHSTROPIC LIFE.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

100th Battallion Veteran

Name:

Sukejira Higa

Address:

1430 GREGORY ST. HONOLULU, HI. 96817

Rep MANAHAN

Sen Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.

I'm 92 years old, I was grew up on Kunawai Lane (Liliha). I've been a member since I was 50 years old (back then, you could be younger and join the senior center). The center keeps me busy and I stay younger. You can't tell me I don't look younger. If everybody can do that, they can enjoy the center. You don't want to stay in care homes and all you see if the disabled who can't do things. You rather come here. I come 2 days a week. I used to come more times a week and do karate, hula with Aunty Mary Cash and Alii`manu O`kai. I used to go out to perform, too. I joined the cultural clubs even when I was on crutches. I've been in a wheelchair 2 years now, but I have to come to the Center at least twice a week. I still run bingo for my Hawaiian Club for 30 years now.

If this place shut down, it would be horrible! My brother passed away this Monday. Today I just had to get out of the house and be here.

Annie Hinch, age 92  
842 Kunawai Lane  
Hon., HI 96817

I vote every year. Rep. Ching is for my area. *Sen. Suzanne Chun Oakland*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

*Annie T. Hinch*

Ann Hinch

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 67 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

- (a) A PLACE TO SOCIALIZE AND BOND.
- (b) TO PARTICIPATE IN THE VARIOUS CLASSES OFFERED.
- (c) KEEPS MY MIND ACTIVE.
- (d) GIVES OTHERS AN OPPORTUNITY TO SERVE AS OFFICERS TO CLUBS, COMMITTEES, ETC.
- (e) EXCURSIONS TO VARIOUS INSTITUTIONS TO ENTERTAIN OTHER SENIORS AND PATIENTS.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

- (a) MEMBERS SUCH AS MY FATHER-IN-LAW (94) WOULD STAGNATE IN HEALTH & MIND.
- (b) THERE WOULD BE AN ABSENCE OF QUALITY OF LIFE.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Member Hawaii State AFL-CIO

Name:

RICHARD M. TADA

Address:

2942 HOLEA WAY  
HONOLULU, HI 96819

Rep. John Mizuno, Sen. Donna Mercado Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 92 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337, 000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

IT MAKES ME STILL STRONGER, ACTIVE, LIVELY, + HAPPY. I FEEL SAFE AT LANAKILA, MY FAMILY KNOWS THAT I'M SAFE HERE. I STILL GO OUT TO ENTERTAIN WITH THE HULA CLASS AND WE MAKE PEOPLE IN THE NURSING HOMES HAPPY. I GET MORE EXERCISE HERE SO IT KEEPS ME HEALTHY SO I FEEL I CAN LIVE TO 100 THE WAY I FEEL NOW. I DON'T FEEL AS THOUGH I'M 92 - THE CENTER KEEPS

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I WOULD BE FEELING SO LOST + LONELY + I'D GROW OLDER, FEEL MY AGE + WOULDN'T LIVE TO 100 YRS. OLD.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Sally P. Bosuego

Salud "Sally" Bosuego

Address:

2930 KALIHI ST. HON., HI 96819

YES, I VOTE.

SEN. CHUN - OAKLAND

REP. JOHN MIZUNO

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 82 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*See attached*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*See attached*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Sally Joyce Sally Joyce

Address:

261-A N. Hainaku Dr.  
Rep. Sylvia Thieten, Sen. Fred Hemmings

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 78 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*We meet new people, we learn about others and their lives and talked about our life experiences, we laugh, which laughter is the best medicine.*

*Professional speakers come to this center who inform and educate the members on the latest topics on health which the center have an annual health fair, identity theft, speakers from the police department, fire department, current legislative issues that concern the elderly (over)*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*We will be staying at home and deteriorate real fast. And next you know, we will be using a cane and walker, than unable to walk, than in the nursing home*

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name:

Jane S. Higa

Address:

1116 Halona St.

Rep. Corrine CHUNG  
Sen. Chun Oakland

VOTE (YES)

Paqcl

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 85 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I enjoy coming to the center because I am treated well by friends and staff. I attend Japanese Club, Hawaiian Club, Portuguese Club and Bible Study - I am at the center four times a week.

I learn how to exercise & balance myself and this helps my overall being & health. The services that I receive help me to keep active and healthy.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I'm AT Home all by myself and I cannot stay home by myself. I'll probably go to an Assisted living place. I would honestly be lost without the center.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Gladys Murotomoto Gladys Murotomoto

Address: 2526 Henry Street, Honolulu, HI. 96817

Sylvia Luke is my Representative.  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 88 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$ 337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

I WAS TOLD TO KEEP ACTIVE BY MY DOCTOR BECAUSE I HAVE PROBLEMS WITH MY LEGS, OTHERWISE, I WOULD BE MORE DEPENDENT. I TAKE UKULELE AND I GO OUT TO ENTERTAIN OTHER PEOPLE IN NURSING HOMES, CARE HOMES + ADULT DAY CARE CENTERS. I TAKE HULA LESSONS + THAT HULA LESSON TEACHES ME THE HAWAIIAN LANGUAGE. WE GET TOGETHER + SOCIALIZE WITH EACH OTHER. WE PERFORM FOR OTHER PEOPLE TOO. I COME TO THE TAP DANCE CLASS. THE TAP CLASS IS SURE A GOOD EXERCISE CLASS. WE COME HERE ALMOST EVERYDAY JUST TO CHIT-CHAT WITH PEOPLE - ALL THE <sup>WAY</sup> FROM AIEA.

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

WE WOULD HAVE TO LOOK FOR ANOTHER PLACE - JOIN A DIFFERENT GROUP. WE WOULD MISS OUR FRIENDS HERE. WE WOULD HAVE TO DO MORE YARD WORK TO GET EXERCISE.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Violet C. Ho Violet Ho

Address: 99-655 Aiea Hts Dr

Aiea, HI 96701 sen. David Ige

I do Vote.

~~Mark Takai~~ is my Representative  
Blake K. Oshiro

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 77 years old and a member of the Lanakila Multi-Purpose Senior Center.

***Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.***

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

LMPSC offers so many courses. I am enrolled in Luk Tung, Stretch 'N Tone, HULA, Walking Group, Line Dance. Because I experienced a bad fall last November, 2008, at the Harris United Methodist Church, I am so grateful to have been able to support myself from this, due to exercise class from Denise Werle. I am so glad that I knew how to brace myself when I got caught off guard <sup>on</sup> an exposed tree root, knowing that I also carried a box of their famous Cherry Pie. Blood splattered all over on my right knee cap, even Carol Wong, a fellow LMPSC & neighbor where we live was concerned. Bruised knee cap, I hobbled my way home to the apartment nearby, daughter-in-law applied ice packs, wiped →

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be: All the activities, ethnic groups, excursions, workshops for us seniors to be alert at all times, like traffic safety, fall prevention, pedestrian safety to name a few <sup>has</sup> impacted my daily life - I find myself participating in volunteer entertainment at nursing homes, etc. I even took on the challenge of writing for →

**Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community!** Thank you.

Sincerely, Florence Menor

Name: Florence Menor

Address: 1515 Nuuanu Ave. #172, Honolulu HI 96817  
Rep. Sylvia Luke  
Sen. Suzanne Chun Oakland

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 74 years old and a member of the Lanakila Multi-Purpose Senior Center.

**Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.**

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:

*Now retired living a simple life joined Lanakila to continue to build a strong healthy friendship besides family my family. The enjoyment of meeting seniors with having discussions or conversation about the same problems help me feel worth while living way more than anything. Our programs consist of fire, Police, National Security, Banking departments & many more. Health is Number One HMSA, Aloha Care Kaiser etc. gives us useful information besides reading in papers or TV. Social Services! Our staff members are very alert, open & helpful in giving us seniors immediate care when needed -*

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

*what seemed to be empty & hostile becomes joyful & existing with blessed staff & volunteers.*

**Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community!** Thank you.

Sincerely,

Name:

Margaret Amano Margaret Amano

Address:

1538 Hanai Loop  
1538 Hanai Loop, Hon. HI 96817

Rep Mizouo  
Seu Kim

TO: Senator Suzanne Chun Oakland, Chair  
Senator Les Ihara, Jr., Vice Chair  
Committee on Human Services

Senator David Y. Ige, Chair  
Senator Josh Green, M.D., Vice Chair  
Committee on Health

DATE: Tuesday, February 10, 2009 (1:15 p.m., Room 016)

RE: Support of SB 817, Relating to Senior Centers

I am 89 years old and a member of the Lanakila Multi-Purpose Senior Center.

*Please support the Lanakila Multi-Purpose Senior Center and its membership of nearly 2,000 senior citizens with additional State funding in the amount of \$337,000.*

I Lanakila Multi-Purpose Senior Center benefits me (and other seniors) in these ways:  
I COME TO LANAKILA TO TAP DANCE AND TO BE IN THE JAPANESE CULTURAL CLUB + OKINAWAN CULTURAL CLUB. I LEARN SO MUCH WHEN I SEE OTHERS AND GET SO MUCH INFORMATION. I KEEP BUSY—MENTALLY AND PHYSICALLY ACTIVE. I GET STIMULATION WHEN I SEE MY FRIENDS. I CAN SOLVE <sup>my</sup> PROBLEMS BY TALKING WITH THE OTHER MEMBERS AND I AM GRATEFUL FOR MY HEALTH WHEN I COMPARE MYSELF TO OTHERS. ALSO I FIND THAT MY PROBLEMS ARE NOTHING, COMPARED TO THEIRS. I FIND WHEN I JUST STAY AT HOME, MY LEGS GET WEAK. MY DAUGHTER IS VERY VERY HAPPY THAT I COME TO A PLACE LIKE THIS, THAT I HAVE →

If there was NO Lanakila Multi-Purpose Senior Center, the impact would be:

I WOULD ONLY STAY HOME + WATCH TV + EAT + GET FAT + ALL MY AILMENTS WOULD COME OUT. YOU MAGNIFY YOUR PAIN IF YOU'RE NOT ACTIVE. WHEN YOU COME TO LANAKILA, YOU FORGET ABOUT YOUR PAIN + PROBLEMS.

Please make additional funds for senior centers, like Lanakila Multi-Purpose Senior Center, a priority so that seniors like me can remain independent in the community! Thank you.

Sincerely,

Name: Amy J. Tari Amy Tari

Address: 7182 Kamilo St. Yes, I vote  
Rep. Gene Ward  
Sen. Sam Stone