GM 340

Linda H. Shea

Submitting for consideration and confirmation to the Mental Health and Substance Abuse, Oahu Service Area Board, Gubernatorial Nominee, LINDA H. SHEA, for a term to expire 6-30-2011.

CHIYOME LEINAALA FUKINO, M.D.
DIRECTOR OF HEALTH

LINDA LINGLE GOVERNOR OF HAWAII



In reply, please refer to:

Senate Committee on Health

GM 340, GUBERNATORIAL NOMINEE TO THE MENTAL HEALTH AND SUBSTANCE ABUSE, OAHU SERVICE AREA BOARD

Testimony of Chiyome Leinaala Fukino, M.D. Director of Health

March 4, 2009, 2:45 p.m.

- 1 Department's Position: The Department of Health supports the nomination of Linda H. Shea to
- the Mental Health and Substance Abuse, Oahu Service Area Board.
- 3 Fiscal Implications: None.
- 4 Purpose and Justification: Ms. Linda H. Shea, a consumer representative, has been employed as a
- 5 Mental Health Peer Specialist with Community Empowerment Services for the last two years. As an
- 6 Oahu Service Area Board applicant, her goal is to identify timely issues and needs for consumers; to be
- an active participant in finding solutions; and to be a "voice" for consumers. Ms. Shea's
- 8 accomplishments include: 25 years in restaurant work and management; several years with the
- 9 Department of Education's Parent –Community Networking Centers as a State and District Facilitator
- and Trainer; and one year as a preschool teacher for Kama'aina Kids. Ms. Shea was mentioned in
- Governor Waihee's 1990 State of the Union address due to her work with latch-key children and the
- need to fund the "A Plus" program. She was also the first woman to hold the Office of President of
- Oxford Houses, Inc. for the Windward District in 1996.
- 14 Thank you for your positive consideration of this nomination.

Linda H. Shea 2627 Pali Highway Honolulu, Hl. 96817; 808.953.4841

- 1987-1992 Parent-Community Networking Centers (PCNC)

 Department of Education Parent Facilitator and P/T Teacher

 Participated in the development and implementation of empowerment project;

 Piloted this project at the School, District and State level.
- 1988-1989 A+ Program Parent Advocate
 Provided testimony and advocacy for parents concerning the local "latch key child" issue. Worked closely with the Governor's Office for funding for after school programs island-wide. Project was implemented in 1989.
- 2000-2003 Peer Coach Project Committee Member and Peer Coach Participated in the development of peer-mentoring project originally funded by Hawaii Community Foundation. Peer Coach Project is currently funded by Mental Health Kokua and provides employment and successful mentoring for local consumers.
- 2001-2002 Community Care Services Wala'au Group Facilitator
 Developed and facilitated "empowerment" group for case management. The CCS
 Wala'au Group members developed group esteem, participating in community projects,
 BRIDGES classes and local advocacy.
- 2007-2008 Community Empowerment Services M.H. Peer Specialist Assisted Case Managers with mental health needs for consumers, providing support, activities, and linking members to local resources.
- 2006-Present Consumer Advocate

Assist local consumers with grievances, with an emphasis on local housing issues. Worked with Hawaii Disability Rights Center, Office of Consumer Affairs (AMHD), Steadfast Housing Corp. and HUD in facilitating resolutions.

References:

Dr. Dennis Mee-Lee – Psychiatrist 1288 Queen Emma St. Suite 102, Honolulu, HI 96813; 808.538.2880

Mr. Hans Bochetin – CSW, CADC, Dual Diagnosis Specialist 1188 Bishop Street, #2309, Honolulu Hl. 96813; 808.545.1373

Ms. Kelly Ann Rosen, BSW, Case Manager, Community Care Services; 808.754.1823

Favorite Activity: Active "tutu" with two grandchildren in Kailua!

Office of Senator David Y. Ige State Capitol, Room 215 Honolulu, HI 96813

Dear Sir:

My name is Linda Shea and I am a local parent, grandparent and active mental health consumer here on Oahu. I am honored by my nomination to the Mental Health and Substance Abuse, Oahu Service Area Board. I have been attending the OSB meetings for the last year, observing and participating in discussion. I have been impressed with the caliber of membership and genuinely believe this Board is the most effective on Oahu.

My goal as a member would be to assist and give voice for our mental health consumers who due to disability maybe unable to represent themselves. Objectivity is paramount in this position, along with good relationship building skills and teamwork. I have had many opportunities to work with my peers and believe my easy rapport would be an asset. I have worked hard in my own personal recovery and have had mixed experiences, good and bad, that has established a good foundation and knowledge base to share.

Most of my employment has been in restaurant management locally but I have had some great training in the *empowerment model* and have participated in many local projects through the years as a volunteer and employee in both education and mental health. These opportunities have made me a better parent and person beyond my own disability and given me a good sense of esteem and self worth.

During my term of service, I hope to assist in identifying local mental health and substance abuse issues and help facilitate discussion and research towards realistic solutions. Due to the recent budget cuts many of our local consumers are experiencing anxiety and concern. My personal goal is to be a good model for my peers and a positive influence with this board and it's decisions in these trying times.

I work hard at remaining objective and enjoy being a team player. I have 18 years of canoe paddling experience with Kailua Canoe Club and am grounded firmly in the concept of "lokahi". I am a "people person" and relate well with my peers. These qualities will benefit my relationship with both the OSB members and my community. My goals include assisting in identifying realistic issues, help problem

solve and make reasonable recommendations. I have had to utilize all these skills in my roles in life, as a parent, advocate, employee, mentor and friend.

I have had the honor to stand before the Legislature in the past, advocating for both educational and mental health issues. In 1989 Governor Waihee quoted me ("Linda Mosher of Kailua", at the time), in his State of the State Address...the Governor quoted my observations with the latch key child issues and the beginnings of the A+ Program for after school care. This experience was amazing and proved to me that I do have a voice and common people can help accomplish great things here in Hawaii!

I do not believe I will encounter any conflicts of interest with this position. I have gone to great length to date to keep any personal negative experiences from influencing my response and discussion in the meetings. I look forward to building a positive representation and positive voice for my peers.

I apologize for my lack of written recommendations but will gladly provide them ASAP. as needed. We had a recent illness in our family and my time was needed with them. Currently, I have returned to my personal life and duties, looking forward to assisting in any way I can.

Sincerely

Linda H. Shea

2627 Pali Highway Honolulu, HI 96617

Kinda L. Shea

909.953.4841

Testimony on behalf of Linda Shea

Completed by Ellen A. Heid, MA, MSW, OSAB for Mental Health and Substance Abuse Chair

March 4, 2009

My named is Ellen Heid. I stand here before you to testify for Linda Shea, a woman I have known for fourteen years. During that time she has shown the ability and the desire to care for consumers' needs by helping them on an individual and group basis.

She has prepared herself for being a service area board member by attending meetings for at least one year, providing insightful commentary from the point of view of both the consumer and the provider. She is extremely dedicated to the consumer.

I wholeheartedly believe that she would be a welcome asset to the board and highly encourage you to give her that standing.

Thank you for your time and attention.

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