

To: House Health Committee

LATE TESTIMONY

Date: 12 March 2008

Re: HR – 114 and HCR – 132

From: Kathie Flynn

“The shortest road to health is from the garden to the kitchen.” However, in today’s day and age, that road has become quite a long one. The longer it gets the more chemicals are added to the food supply. I think we can agree that the foundation of our well being is our health. “Without our health we have nothing.” The health of the people needs protection; you have the power in your hands right now. Greediness is destroying our economy, our society and our environment. This is the reality we all must face or we are all going down. Passing this resolution is an opportunity to help turn this around. Using our wonderful technology, the environment will grow a healthy society which in turn creates a truly create a dynamic innovative economy for all.

*in harmony
with nature,*

We need to act now before it is too late. What do you think I am doing this for - my health? I AM and for yours to.

Thank you so much for your concern

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Re: HR – 114 and HCR – 132

From: Kyno (Nancy) Ravelo

Thank you for this resolution. I pray that this will be the vehicle to educate and legislate for the health and safety of our state.

I support the recommendations of Betty Martini and Jade Bruhjell, for the obvious reasons of justice and the expedient ridding of our food of these dangerous substances.

I myself have been a victim of aspartame. I awaken in the night with rapid heartbeat and extreme anxiety. Imagine yourself in the peace of your dream state, experiencing such a violent attack to your body. Torn between creating an uproar at 2:00 AM and accruing an enormous medical bill, I turn to pray and the healing breath as was taught to me by my kupuna. My symptom subsided and I was able to sleep. I traced this incident back to the innocent ingestion of some chewing gum my grand daughter gave me.

I realize that we as citizen have a choice to select foods that are healthy for us. The public is becoming more and more aware of this as basic necessity. Unfortunately, our choice of food was conditioned from our childhood, leaving us at the temptation's door at many of our meals. We need appropriate guidance. This issue has already begun the inquiry to help us strengthen our decisions about what we put in our bodies.

Again, mahalo for your concern, we truly are all responsible for one another.

Forever striving for greater awareness, Kyno (Nancy) Ravelo

MITEST 111

TESTIMONY FOR HCR 132 – ASPARTAME WORK GROUP

Wednesday, March 12, 2008 @ 11:00PM

House Health Committee

LATE TESTIMONY

Dear Honorable Chairman Green & Members of the Health Committee,

I am testifying in support of this resolution but would like to recommend the following amendments to change the members of the Aspartame Work Group as follows:

“Representative appointed by the Speaker (no change)

Senator appointed by the President (no change)

Director of Health or designee (no change)

President of Mission Impossible International or representative (no change)

President of the Hawaii Society of Naturopathic Physicians or designee (no change)

President of Hawaii Medical Assn or designee (new)

President of American Heart Association of Hawaii or designee (new)

President of Hawaii Kidney Foundation or representative (new)

President of Hawaii Health Foundation or representative (new)

~~President of Healthy Hawaii Coalition or representative (new)~~

Two community representatives as agreed upon by the appointed Representative and Senator (modified)

To support the Work Group’s review, information to be reviewed shall be provided by the Calorie Control Council, the American Beverage Association, Mission Impossible International, and any other organizations or individuals willing to contribute. Information shall be requested and provided within 90 days of approval of this resolution. The Director of Health shall provide necessary resources such as meeting room and copying machines to support and publish the review.”

The above changes are considered necessary to provide non-industry funded group members and facilitate an objective review. The Director of Health, although considered a bias member based on previous testimony submitted in opposition to bills to ban aspartame, should still be represented since any adverse findings or label changes may require immediate notification of the public.

Mahalo for considering this resolution and having this hearing.

Adrian Chang

Retired Nuclear Engineer

Cell: 227-9763

