

House District 35, 37, 40,
41, 42, 44

Senate District 9

**THE TWENTY-FOURTH LEGISLATURE
HAWAII STATE LEGISLATURE
APPLICATION FOR GRANTS & SUBSIDIES
CHAPTER 42F, HAWAII REVISED STATUTES**

Log No: 28-0

For Legislature's Use Only

Type of Grant or Subsidy Request:

GRANT REQUEST - OPERATING

GRANT REQUEST - CAPITAL

SUBSIDY REQUEST

"Grant" means an award of state funds by the legislature, by an appropriation to a specified recipient, to support the activities of the recipient and permit the community to benefit from those activities.

"Subsidy" means an award of state funds by the legislature, by an appropriation to a recipient specified in the appropriation, to reduce the costs incurred by the organization or individual in providing a service available to some or all members of the public.

"Recipient" means any organization or person receiving a grant or subsidy.

STATE DEPARTMENT OR AGENCY RELATED TO THIS REQUEST

AND PROGRAM I.D. NO. _____

1. APPLICANT INFORMATION:

Legal Name of Requesting Organization or Individual:

Dbas: CENTRAL PACIFIC YOUTH ATHLETIC CLUB,
INC.

Street Address: 2176 LAU WILIWILI ST., KAPOLEI
HI 96707

Mailing Address:

2. CONTACT PERSON FOR MATTERS INVOLVING THIS APPLICATION:

Name WALTER CARVALHO, JR.

Title Executive Director

Phone # (808) 960-4341

Fax # _____

e-mail toughmanhawaii@yahoo.com

3. TYPE OF BUSINESS ENTITY:

- NON PROFIT CORPORATION
 FOR PROFIT CORPORATION
 LIMITED LIABILITY COMPANY
 SOLE PROPRIETORSHIP/INDIVIDUAL

4. FEDERAL TAX ID #: _____

5. STATE TAX ID #: _____

6. SSN (IF AN INDIVIDUAL): _____

7. DESCRIPTIVE TITLE OF APPLICANT'S REQUEST:

Providing at-risk children and youth opportunities to participate in constructive athletics and educational activities.

(Maximum 300 Characters)

8. FISCAL YEARS AND AMOUNT OF STATE FUNDS REQUESTED:

FY 2007-2008

FY 2008-2009 \$ 250,000

9. STATUS OF SERVICE DESCRIBED IN THIS REQUEST:

- NEW SERVICE (PRESENTLY DOES NOT EXIST)
 EXISTING SERVICE (PRESENTLY IN OPERATION)

SPECIFY THE AMOUNT BY SOURCES OF FUNDS AVAILABLE AT THE TIME OF THIS REQUEST:

STATE \$ 0

FEDERAL \$ _____

COUNTY \$ _____

PRIVATE/OTHER \$ 0

TYPE NAME & TITLE OF AUTHORIZED REPRESENTATIVE:

AUTHORIZED SIGNATURE

Walter Carvalho, Jr., Executive Director

NAME & TITLE

1/30/08
DATE SIGNED

Application for Grants and Subsidies

I. Background and Brief Summary:

- A. A brief description of the applicant's background: Central Pacific Youth Athletic Club, Inc. (CPYAC) has worked with the at-risk children and youth of Hilo, Puna, and Hamakua Districts for more than 6 years serving more than 600 participants.

Prior to becoming a 501-C-3 non-profit organization on December 1, 2004, under the leadership of Walter Carvalho, Jr., the organization served hundreds of at-risk children and youth by providing them with opportunities to participate in constructive athletics and educational activities, with the outcome of participants' raising their academic achievement to a new higher level, and especially establishing a record of achievement of abstention from substance abuse by all participants.

From August, 2004 to September, 2006, CPYAC has assisted 320 participants from Hilo, Puna, and Hamakua Districts.

For program year 2007 to 2008, CPYAC has relocated to West Oahu and assisted a minimum of 400 children and youth in their challenges toward achieving the academic and athletics goals set forth by each participant.

CPYAC volunteer staff composed of parents, college and secondary school students has increased to more than double of previous years for assisting with tutorial, as well as, athletic activities thereby, reducing school violence and enhancing academic achievements by students.

B. Goals and Objectives:

Goal: To have enabled children and youth to realize their fullest potential to live positive and productive lives.

Objectives: To have accomplished the following within the 24-month project period for a minimum of 500 at-risk children, youth, and parents:

1. 80 percent of the participants will have improved their academic performances, as measured by quarterly report cards and by monitoring progress records kept from beginning to end of project period.
2. 70 percent of the participants will have demonstrated improvement in physical fitness as measured by progress reports kept of each participant by the physical fitness instructor.
3. 95 percent of the participants will have demonstrated an understanding of the detrimental effects of substance abuse by abstaining from abuse of drugs as

measured by pre and post tests and records kept of each participant for the project period.

4. 80 percent of the participants will have demonstrated improvement in basic life skills as measured by pre and post tests and by observation rating records kept for each participant.
5. 90 percent of the participants' family will strengthen the family unit with reduction of family violence as measured by pre/post test method and observation rating records maintained throughout the project period.

C. Public Purpose and Needs to be Served:

1. Public Purpose:

- Reduction of incidence of substance abuse among children, youth, and parents.
- Reduction of school violence and juvenile crime.
- Improvement in physical fitness and academic performance of children and youth.
- Strengthening of the family unit by parent participation in the development of children and youth to become contributing citizens in the community in their adult life.

D. Problems and Need:

Problems:

1. Annual published report of academic performance of children and youth of Hawaii, especially pertaining to West Oahu, ranks exceptionally low in primary, middle and high schools.
2. Substance abuse by children, youth, and parents ranks exceptionally high in West Oahu.
3. Family Violence (Child/Spouse Abuse) and school violence rank one of the highest in the State for West Oahu.

Need:

1. There exists a critical need to make available after-school programs to provide at-risk children and youth with opportunities to participate in meaningful and challenging activities of physical fitness and life skill learning through fostering self-concept, motivation, and incentive.

E. Description of Target Population to be Served:

1. A minimum of 500 at-risk children and youth ages, 6-22, who are underachievers in academic performance with low self-esteem and low commitment to school work; who exhibit anti-behavior; and who come from low-income families.
2. Parents of the at-risk children and youth.

F. Description of Geographic Coverage:

1. The program will serve at-risk children, youth, and parents of West Oahu, covering the first, second, and third representative districts where Food Stamp recipients, TANF population and low-income residents are the highest in the County.

G. How Requested Funds Will Permit the Community to Benefit:

1. The program will contribute toward the realization of a safe and drug-free community, the reduction of school violence and crime and the improvement of academic performance by children and youth to benefit the total community.
2. The program will strengthen the family unit which will reduce family violence, as well as, aggressive behavior toward family members and others contributing to a safe and secure community.

II. Experience and Capability

A. Necessary Skills and Experience

1. Walter Carvalho Jr. Has coached sports in Hilo High and St. Joseph High for 9 years. He has also coached little league for more than 20 years. He has over 20 years of experience as a sports coach for youth. 8 persons beside Mr. Carvalho have rendered services to CPYAC for the last six years.
2. Mr. Carvalho has relied on dedicated volunteer staff consisting of health professionals, educators, and athletic trainers.
3. Financial matters have been the responsibility of the volunteer bookkeeper who is also a board member.
4. Preparation of work plans has been the responsibility of on duty staff. Substance abuse education and prevention sessions were scheduled on a regular weekly basis. Monthly staff meetings addressed issues and concerns and individual student progress. Quarterly reports forwarded to the Executive Director and reviewed at staff meetings. Recommendations adopted at meeting assigned to the appropriate staff for implementation. Minutes of meetings filed and reviewed for follow-up.

B. Quality Assurance and Evaluation

The evaluation methodology is operational and experiential, consisting of monitoring day-to-day activities, data collection, records keeping and file maintenance.

- Process evaluation measures the adequacy of resources and activities of the project to ascertain attainment of intermediate outcomes, reviewing linkages between these measurements and the final intended outcome.
- Final evaluation consists of review and compilation of all past progress reports and data collected for inclusion in final report showing analysis of successes and shortcomings, if any, and how these were solved and final year-end data.

Measures to be used to track project outcomes include:

- Academic Performances: Report Cards
- Physical Fitness: Charting completed by physical fitness instructor detailing progress, need for improvement, etc.
- Substance Abuse Education: Pre and post tests administered by instructor.
- Acquisition of life skills: Pre and post tests, file comments by staff.

Achievement of objectives will be accomplished through monitoring of individual participant's progress, communication between staff at monthly meetings, timely interventions and implementations of recommendations.

C. Facilities

- Facilities are located at 2176 Lau Wiliwili Street, Kapolei, HI 96707, space for academic and athletic activities consisting of 11,250 sq. ft.

III. Personnel: Project Organization and Staffing

A. Proposed Staffing, Staff Qualification, Supervision and Training.

1. Proposed Staffing:

- Executive Director: Responsible for management of programs assisted by a core of volunteers with experience in accounting, physical fitness, education, and mental health.
- Fiscal Officer: Responsible for organization's fiscal accountability.

- **Administrative Assistant to the Executive Director:** Besides administrative work involving correspondences, supervises the clerical work such as data collection and records keeping.
- **Health Services Coordinator:** Coordinates and schedules routine physical examinations of participants on a monthly basis.
- **Academic Services Supervisor:** Schedules and coordinates athletic activities of individualized sports, such as boxing, wrestling, weight-lifting, jujitsu, etc.
- **Employment Services Coordinator:** Coordinates job placements for participants, such as summer work, part-time, and full-time jobs.

2. Staff Qualifications and Experience

- All staff positions described in paragraph 1, Proposed Staff above are filled by experienced personnel who for the past 6 years demonstrated to a high degree their qualifications in working with disadvantaged children and youth.
- Most, if not all, of the staff have been volunteer workers for the past 6 years with dedication and motivation to improve the quality of life for children and youth and still continue to serve in applicant's program.

3. Supervision and Training

- **Supervision:**
- **Training:**
The resource persons, namely board members and other qualified persons provide expertise and assistance instaff training as follows:

Kyle Bartholomew who has a BA Degree in Sociology volunteers an hour daily to assist with the tutorial program.

Dr. Ernest Bade, M.D., physical examination of participants on a monthly basis to insure participants' physical fitness to engage in sports.

Dr. Bernard Carvalho, a psychologist, administers psychological evaluation once or twice a month of each participant.

Mary Bowman, a certified dietician, provides evaluations and dietary workshops twice a month.

Segio Mamone, a certified lifeguard and CPR instructor, works as a supervising coach and field supervisor for in school participants.

Jaoa Sampio, a black belt Jujitsu instructor, teaches Brazilian Jujitsu twice a month to the coaching team.

Marc Angelo, School-based Behavioral Health, Intensive Support Program (ISPSBBH) State Department of Education: Provides therapeutic treatment of youth with various diagnosis ranging from attention deficit hyperactivity disorder, conduct disorder, bipolar, and depression.

B. Organization Chart

See attached.

IV. Service Summary and Outcomes

A. Description of Scope of Work, Tasks, and Responsibilities

1. Scope of Work

- a. Central Pacific Youth Athletic Club will focus on new program participants between the ages of 6-25, from predominantly low-income disadvantaged household in East Hawaii. The rationale for accepting the wide age range of students is to focus on positive achievements in multiple domains (i.e., academic achievement, home and community) as a deterrent against drug use.
- b. After school program activities include academics and physical activities. Individual preference will determine the activity of choice. However, the proliferation of drugs and lack of physical education assure the need for expanding after school programs for all organizations.
- c. Applicant requires new members to attend the initial registration. Members receive a tour of the facility, a review of the program, its expectations and rules, and sign necessary consent and waiver forms. Our activities seek parental involvement and keep parents abreast of their child's development, progress and issues and concerns that surface and encourage observing and/or participating in daily sessions.
- d. Parents who request more intense participation, are trained in the organization's policies and procedures and assist in areas they feel most comfortable. The organization's current corps of volunteers include parents of participants. One of the effects of parental involvement is the sense of pride and self-esteem felt by child and parent. Another by-product is the bond and sense of accomplishment creates a more stable family environment.
- e. An academic and fitness assessment of the student will be conducted during the initial visit and an individualized work plan created to chart the student's progress in the program.

- f. The first six (6) months of the program focuses on basic physical fitness, health education, substance abuse prevention and education, academics and stress management. After the third month, participants will enter the second phase of the physical fitness program and learn advanced skills.
- g. Participants must attend a minimum of three days per week for three-hour sessions. A typical session during the academic year would include ½ hours for academic (homework and/or tutoring), ½ hour of stretching, one (1) hour of physical fitness activities, and (1) hour skill building activity. A specific drug prevention component offered on the early dismissal day. The schedule will adjust during the vacation period to incorporate more fitness and pro-social projects.
- h. The primary goal of the program is to provide children and youth with the tools to realize their fullest potential and live positive and productive lives.

2. Tasks and Responsibilities:

We provide a facility for youths of all ages, nationality, and gender. We assist children and youth in occupying their free time with extracurricular activities, preventing and decreasing teenage pregnancy, truancy, underage smoking, drug and alcohol abuse statistics within targeted communities.

Tasks and Services provided:

- Counseling focused on Drug Abuse and Health issues.
- Emotional support for our "at-risk" youths of the community.
- Homework tutorial assistance of all grades and ages.
- Physical Fitness Program: Guide exercise: Cardiovascular and aerobic training, boxing/kick-boxing, Jujitsu, Taekwondo, baseball, basketball, and softball conditioning.
- Summer and after-school program activities.
- Credited course for high school students.
- Access to computers/internet.
- Community Services for Youth.
- Applicant's Program Guidelines.

Academic Center:

Students in the Academic Program must attend 2-3 days a week. Homework assignments is mandatory, no one is allowed to meander during this time. (1 hour)

Assignments must be completed and reviewed before starting of athletic activities.

Students attending academic program are required to maintain a 2.5 GPA throughout the school year.

Tutorial assistance is provided to all students in the program who are in need of assistance at all times.

Parents/guardians have the responsibility to remain in contact with CPYAC regarding their child's progress in school.

CPYAC is responsible in contacting parents/guardians with concerns/comments that may occur with child's academic program and progress reports.

Reading is fundamental to the program, students are encouraged to read a book in their free time.

Athletic Program:

Students will start their physical workout with daily exercises that is mandatory before starting anyother physical fitness workout (i.e. boxing, kick-boxing, jujitsu, weight lifting, etc.)

Parents must make the overseeing staff member aware of any ailments and restrictions that their child might have.

Equipment used by students must be put away properly.

3. Projected Timeline: There is no established timeline. Enrollment in program is on a day-to-day basis. New participants undergo procedures as mentioned under 1.c., Scope of Work above for year round recruitment.
4. Outcomes: To have accomplished the stated objectives for a minimum of 250 at-risk children and youth, and parents with the program period as follows:
 - A. 80 percent of the participants will have improved their academic performances, as measured by quarterly report cards and by monitoring progress records kept from beginning to end of project period.
 - B. 70 Percent of the participants will have demonstrated improvement in physical fitness as measured by progress records kept of each participant by the physical fitness instructor.
 - C. 95 percent of the participants will have demonstrated an understanding of the detrimental effects of substance abuse by abstaining from abuse of drugs as measured by pre and post tests and records kept of each participant for the project period.

- D. 80 percent of the participants will have demonstrated improvements in basic life skills as measured by pre and post tests and by observation rating records kept for each participant.
- E. 90 percent of the participant's family will have strengthened the family unit with reduction of family violence as measured by pre/post test method and observation rating records maintained throughout the project period.

V. Financial

See attached budget forms.

VI. Other

1. Litigation: None
2. Licensure or Accreditation: Not applicable.

BUDGET REQUEST BY SOURCE OF FUNDS
(Period: 2008 - 2009)

Applicant: HCEOC

BUDGET CATEGORIES	Total State Funds Requested (a)	(b)	(c)	(d)
A. PERSONNEL COST				
1. Salaries	34,500			
2. Payroll Taxes & Assessments	5,589			
3. Fringe Benefits	5,451			
4. Stipend/Fringe/Taxes	14,850			
TOTAL PERSONNEL COST	60,390			
B. OTHER CURRENT EXPENSES				
1. Airfare, Inter-Island	2,200			
2. Independent Audit				
3. Insurance	1,500			
4. Lease/Rental of Space	70,000			
5. Mileage	1,840			
6. Postage, Freight & Delivery	370			
7. Publication & Printing	4,200			
8. Repair & Maintenance				
9. Staff Training				
10. Supplies	10,000			
11. Telecommunications	4,000			
12. Utilities	15,000			
13. Data Processing	2,500			
14. Scholarships	38,000			
15. Transportation	6,000			
16. Lease/Rental of Equipment	16,000			
17.				
18.				
19.				
20.				
21.				
TOTAL OTHER CURRENT EXPENSES	171,610			
C. EQUIPMENT PURCHASES	18,000			
D. MOTOR VEHICLE PURCHASES				
E. CAPITAL				
TOTAL (A+B+C+D+E)	250,000			
SOURCES OF FUNDING		Budget Prepared By:		
(a) Total State Funds Requested	250,000	WALTER CARVALHO JR (808) 966-4341		
(b) Other Source	181,073	Name (Please type or print) Phone		
(c)		[Redacted Signature] /30/08		
(d)		Signature of Authorized Official Date		
TOTAL REVENUE	431,073	WALTER CARVALHO, JR. - EXECUTIVE DIRECTOR		
		Name and Title (Please type or print)		

Applicant: CENTRAL PACIFIC YOUTH ATHLETIC CLUB

PERIOD: 2008 - 2009

PERSONNEL PAYROLL TAXES, ASSESSMENTS, AND FRINGE BENEFITS

TYPE	BASIS OF ASSESSMENTS OR FRINGE BENEFITS	% OF SALARY	TOTAL
PAYROLL TAXES & ASSESSMENTS			
Social Security	As required by law	As required by law	3,500
Unemployment Insurance (Federal)	As required by law	As required by law	
Unemployment Insurance (State)	As required by law	As required by law	1,286
Workers Compensation	As required by law	As required by law	2,045
Temporary Disability Insurance	As required by law	As required by law	581
SUBTOTAL			7,412
FRINGE BENEFITS:			
Health Insurance			4,026
Retirement			3,202
SUBTOTAL			7,228
TOTAL:			14,640

**DECLARATION STATEMENT
APPLICANTS FOR GRANTS AND SUBSIDIES
CHAPTER 42F, HAWAII REVISED STATUTES**

The undersigned authorized representative of the applicant acknowledges that said applicant meets and will comply with all of the following standards for the award of grants and subsidies pursuant to section 42F-103, Hawaii Revised Statutes:

- (1) Is licensed or accredited, in accordance with federal, state, or county statutes, rules, or ordinances, to conduct the activities or provide the services for which a grant or subsidy is awarded;
- (2) Comply with all applicable federal and state laws prohibiting discrimination against any person on the basis of race, color, national origin, religion, creed, sex, age, sexual orientation, or disability;
- (3) Agree not to use state funds for entertainment or lobbying activities; and
- (4) Allow the state agency to which funds for the grant or subsidy were appropriated for expenditure, legislative committees and their staff, and the auditor full access to their records, reports, files, and other related documents and information for purposes of monitoring, measuring the effectiveness, and assuring the proper expenditure of the grant or subsidy.

In addition, a grant or subsidy may be made to an organization only if the organization:

- (1) Is incorporated under the laws of the State; and
- (2) Has bylaws or policies that describe the manner in which the activities or services for which a grant or subsidy is awarded shall be conducted or provided.

Further, a grant or subsidy may be awarded to a non-profit organization only if the organization:

- (1) Has been determined and designated to be a non-profit organization by the Internal Revenue Service; and
- (2) Has a governing board whose members have no material conflict of interest and serve without compensation.

Further, the undersigned authorized representative certifies that this statement is true and correct to the best of the applicant's knowledge.

CENTRAL PACIFIC YOUTH ATHLETIC CLUB, INC.

(Typed Name of Individual or Organization)


(Signature)

WALTER CARVALHO, JR.

(Typed Name)

1/30/08

(Date)

Executive Director

(Title)